

IN EXCESS



Valhalla 1995

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IN EXCESS

Valhalla 1995

Woodbridge Senior High School

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Woodbridge, VA 22192

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Enrollment: 2945, Vol. 31



Robert Santing

Just for kicks. With "My Sharona" from the *"Reality Bites"* Soundtrack blasting over the speakers, the Vikettes, 78 legs strong, kicked up and excessive number of legs during their halftime performance at the Homecoming game. They had an award-winning season, beginning with NCA, a summer camp held at the University of Virginia. They received awards for the best routine prepared at home and for the captains' ability to work together, as well as individual awards. The team captains and ambassadors hosted Starmakers, a camp over the summer that helped coach teams from across the country on trends in dance. The officers and ambassadors also traveled to New York to participate in the Macy's Thanksgiving Day Parade. In addition to camps and competitions, the Vikettes also participated in Feed the Homeless, a volunteer charity program that helped to provide and cook food for the homeless.

Exceed All Limits

Extreme Overpopulation Proves 2's Company, 3,000's a Crowd

M

ore people, more classes, more rules, but no increase in available space. As a result of the over population, one-way pods were introduced to move traffic quicker and to reduce tardies. X Due to the excess of student drivers and no increase in the number of spaces, the administration imposed new parking regulations. Sticker prices increased to \$30 and a cap was put on the number sold. Sophomores could not purchase stickers and juniors had to be involved in activities everyday to be eligible to purchase one. X On the national scene, Chuck Robb and Oliver North launched excessive personal attacks in the Virginia Senate race while Independent Marshall Coleman dealt with the issues. On July 5, excessive flooding forced 35,000 people in the Midwest to flee their homes, and 400,000 acres of crops to be destroyed. Excessive media coverage of the O.J. Simpson trial caused people to lose interest in the case. X

"Left, left, left right left." Keeping time to the music, 1,800 toes tap to the beat as the "Mighty Viking Marching Band" marches in the Homecoming Parade. The parade began at Governor's Court and continued to the school, forcing the police to stop traffic along Old Bridge to allow it to pass. The marching band practiced an average of 10 hours a week, including practicing at rehearsals and performing at football games. They also attended a summer band camp for two weeks. At camp, their days lasted from 8 a.m. to 4 p.m., including shows in the morning, sectionals, and an hour-long full band practice. The marching band students' hours of work led them to have an award-winning season. They earned 2 superior ratings: one from the Woodbridge Viking Invitational, traditionally hosted by and held at the school, and one from a state competition held at North Stafford which made them eligible for Virginia State Honor Band.





Lights, camera, action! While at Prom, seniors Cyndi Briere and Steve Tefft film students entering Stouffers Concourse Hotel. The film was incorporated into an end of the year video that was on sale for \$12.



Excessively thick fog creeps in at daybreak and blankets everything for 24 hours. The Halloween fog provided trick or treaters with a mask to conceal their identities at the houses they visited.





Segall Majestic Photography

Exceptional People



Exceptional People

When Their Expenses Reach an Extreme, Students Adapt

Edinburg said "Change is inevitable," but exceptional people can adjust to change. Excessive changes in rules and inflation caused students to adapt. Five different bell schedules in one grading period prevented students from establishing patterns. Twenty-minute overlapping lunch shifts brought an excessive number of students into lunch areas each day. Classes were shortened to the minimum 45 minutes required for a Carnegie unit. **X** College applications and entrance testing fees reached an extreme. On the average, students took the SAT three times and applied to three colleges. The typical application fee was \$30 and testing fee \$20. The minimum cost for considering college entrance was \$150. Students turned to the support of their parents for these expenses. **X** Free time was expensive due to inflation so students rented movies for a combined \$3 rather than pay a \$5 a piece movie charge. This also saved gas money which reached an average of \$1.20 a gallon.

"... stand up, sit down, fight fight fight!" Armed with a homemade noisemaker, a soda can filled with rocks, and a shield, seniors John Lohr, Reshma Mirchandani, and Lauren Bailey demonstrate their enthusiasm by cheering for the team at the Homecoming football game. All three were members of the Plague, the new pep club. Members of the Plague sat on the 50 yard line, helping cheerleaders call cheers and running the Viking flag up and down the track, initiating the wave. The SCA founded the Plague to increase school spirit, to improve attendance at the games, and to encourage more student participation at games. Signs appeared during the first week of school, advertising for students to "Catch the Plague." Students did not know whether to get a vaccination or go to a meeting. The virus was not the epidemic the SCA had hoped it would be when student attendance and participation began to dwindle.

It was not just an Enchanted Evening inside, but outside as well. Senior Mandy Adams and Brian Orth view the night on a quiet terrace.



Segall Majestic Photography

There were other things to do besides dance. Senior Prom King Brion Dunlap and seniors Lewis Capolupo and Chris Luley spend time joking.



Segall Majestic Photography



Segall Majestic Photography

“

I don't wait for people to ask me to dance. I just start dancing myself, and if anyone joins me, then I'm dancing with someone!

”

— Michelle Dowdy, 11

Two to Tango

The techno beat of the song slowed to an end. People scattered to find their dates. The melodic sound of “Somebody” filled the air as couples led each other onto the dance floor.

Slow dancing gave dates time to be close, while dancing to fast songs let students express themselves.

“I'm not a good fast dancer, but when I do, it's with my girlfriends and we're out to have a good time. We just get

I became relaxed and let myself go with the music,” said junior Debbie Ward.

With the theme of “An Enchanted Evening” came the theme song, “Somebody,” by Depeche Mode. “It's a very sweet song and has been one

Enchanted Evening has Couples Dancing Through Night

Prom was a night to have fun, let loose, and dance. Stouffers Concourse Hotel hosted the Prom for the past 13 years.

Once the music began and the lights dimmed, dancing was the main attraction.

out there and laugh at ourselves,” said junior Princess Brandy Warren.

While on the dance floor, Prom-goers felt as if they were under the spotlight. “At first I felt timid, like I was being stared at. After a while

of my favorites for a long time,” said junior Beth Mickey.

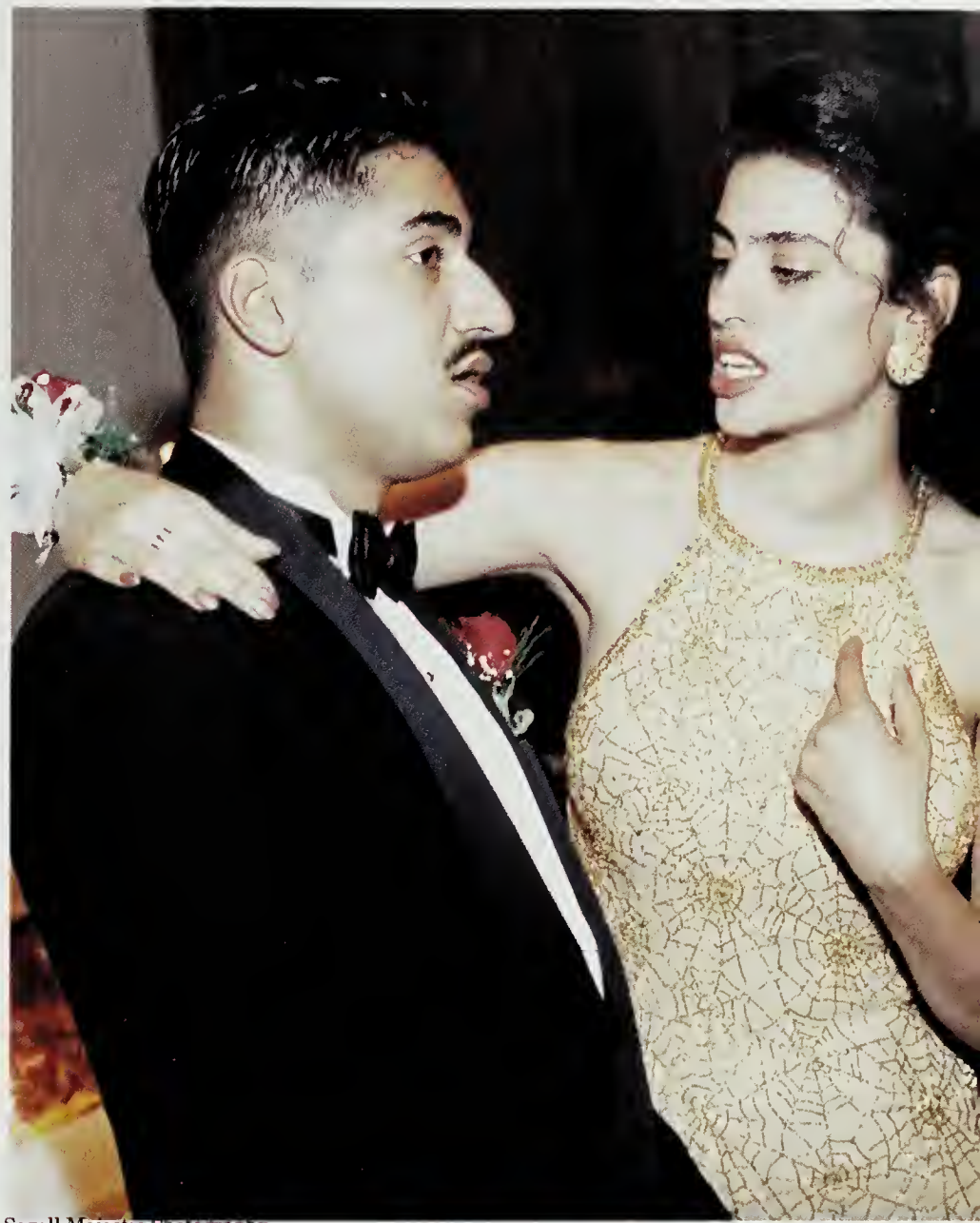
Whether dancing with dates or friends, Prom gave memories to be talked about years later.

by Rebecca Greenberg



The new title of Prince Royale went to junior Jeff Hummel. After the crowning came the traditional dance with the Princess, junior Heather James.

There was much to comment on at Prom. Senior Luma Elaker and her date take time to discuss the music and food. The main course served: shrimp!



Segall Majestic Photography



Segall Majestic Photography

For senior Lindy Jankura, this was the highlight of the evening. Jankura won title of Prom Queen. She was honored as a result of votes from her peers.



Segall Majestic Photography

With the music blaring on the dance floor, senior Tara Conrad and Brandon Ho take a break. Students were found relaxing with a friend and talking.

When do I turn the page? Sophomore Scott Baker holds the sheet music for senior Kari Lowery. Lowery accompanied senior Rebecca Jones on the piano.

Check out my diploma. Graduates Shane Lamond, Samantha Lance, David Lapham and Christina La Raia study the results of their achievements.



Segall-Majestic Photography



Segall-Majestic Photography



Segall-Majestic Photography

“

I went to graduation with my brother who has graduated. We sat on the hill so we wouldn't have to deal with the crowds.

”

— Karden Kelly,
10

'Cap'tivating

Jill Ann Zizzo. The audience cheered as the last member of the 641 graduates received her diploma.

“It was cool that my sister graduated last because she

while looking forward to their own graduation. “I enjoyed playing “Pomp and Circumstance” and other songs in the band and knowing that when I graduate the music will be played for me,” said junior Bobby Moore.

Welch. After the awarding of diplomas, recent graduates took their places among their band and choir classmates for one last song.

“At first I did not understand why the graduates were not in alphabetical or-

Graduation Ceremony Takes Seniors Over 'the Bridge'

just stood there and received her diploma and everyone applauded. I do not want to be with NHS for graduation so I can graduate last,” said sophomore Nick Zizzo.

Students watched their friends and peers graduate

Members of the music department said good-bye through song. “Singing at graduation made me feel closer to the graduating class, as if by singing I was giving a part of myself to the seniors,” said sophomore Kristina

der and I was confused as to when we (the band) played,” said junior Chris Capell. Parents, friends and relatives looked on as the graduates completed their passage to life after high school.

by Tiffany Paul



Can you believe it! We have graduated. While waiting for their classmates to graduate, Molly McEwan-Zdybowicz and Amy McGarry share their excitement.

"A Hero Lies in you." In accordance with the theme of the graduation ceremony, senior Rebecca Jones sings Mariah Carey's "Hero."



Segall-Majestic Photography



Segall-Majestic Photography

Hold still, just a few more pins. Senior Lee Ann Reaser helps senior Kelly Connison pin her cap on. Friends and family were helpful in preparing for graduation.



Segall-Majestic Photography

Aaaaaah yeeeeeah! After years of school, graduation day is finally here. Senior James Pierce walks on the field for the graduation ceremony.

Moments after she is named the Homecoming queen, senior Heather James is escorted down from the platform by her brother, sophomore Robbie James.

As he holds the wood still, senior Rodney Wilson watches Mr. Doug Pinion make a mark on it. They worked on the senior class float, a large Viking ship.



Segall Majestic Photography



Roberto Santiago



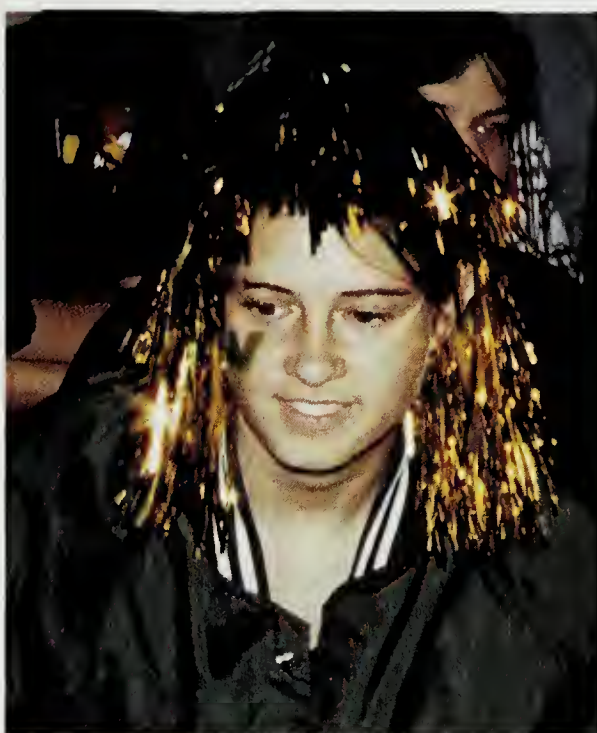
Segall Majestic Photography

As he gestures toward the field, freshman Kelly Carter talks to junior Quincy Conner. They discussed a slant play that the wide receivers were going to run.



Segall Majestic Photography

Groove to this! Sophomores Jason Brown and Jennifer Melendez dance together at the Homecoming dance. The theme was 'Good Times.'



Her wig a bright splash of gold in the crowd, senior Linda Gautreau leans down to talk to a fellow Plague member. They sat together to cheer at pep rallies.

As they catch disco fever, junior class officers Leighton Shank and Stephanie Feindt dance to "YMCA" on the junior class float. They chose the 70's as their decade.



Roberto Santiago

Time Travel

Three parachuters, looking like bats, floated down from the sky. The first skydiver landed in a flurry of orange and white parachute with a banner and the Homecoming game ball. With soft

very supportive of each other. I was really happy for Heather when they called her name," said Queen finalist senior Jodi Malinowski.

The seniors took a new approach to a float, choosing to use foot power to carry the

mel.

Students attending the dance chose alternative modes of dress to fit the theme, 'Journey Through Time.' "We dressed up in Renaissance costumes. It took me a while to convince

Student Go Overboard and Participate in Homecoming

thuds, the other two landed and the crowd burst into applause. Moments later the game that the Vikings went on to win 28-31 over Stafford, began.

Heather James was crowned queen of the Homecoming Court. "We were all

large wooden Viking ship and employing about 30 seniors to walk it. "We had a singing war while we waited to run around the stadium at half time. During the parade, we kept getting behind and we'd have to run to catch up," said senior Jen Hum-

Todd to do it, but we got great responses from everyone," said sophomore Tatiana Tarbutton.

Homecoming was a time of school spirit and different approaches to old traditions.

by Stephanie Hockman

“

I've never seen a high school that actually had a parade. I was impressed by the activities and school spirit.

”

— Tim Strouse, 9

In search of one of his father's flannel shirts, sophomore Evan Lyons rummages through his chest of drawers, where he often stashed borrowed clothing.

When deciding on what to wear, sophomore Chris Damada resorts to looking through his father's wardrobe when he can't find anything of his own.



Bridgit Kelley



Bridgit Kelley



Bridgit Kelley

Caught in a time warp! Sophomore Debbie Cloyd decides to wear an outfit to school, consisting of her grandmother's blouse and one of her own.



Bridgit Kelley

As he sorts through his father's clothes to find articles that suited him, sophomore Zach Young tries to answer the ageless question, "what should I wear?"



Kara Artz

Take a closer look! Sophomore Corinna Struckholz stands before the mirror in her room and selects a necklace that would complement her mom's sweater.

If the shoe fits, wear it! While observing the unique style of his father's shoes, sophomore David Stewart decides whether or not to wear them to school.



Bridgit Kelley

Wearing Out

Andrew Spalding opened the door to his parents' closet.

Rows of flannel plaid shirts and pants hung on hangers, just waiting to be worn. When they liked a particular article of clothing

socks and dress shirts from him when I have to go somewhere fancy," sophomore Andrew Spalding said.

Big sweatshirts, warm sweaters, and cozy flannel shirts were also among borrowed clothing. "I like to bor-

row my dad's flannel shirts

because they're big and roomy. I especially like to borrow one of his dark blue cotton shirts. I wear it to school or to sleep in. I feel very comfortable when I'm wearing it," junior Lisa Mitchem said.

Sometimes mishaps occurred while students were borrowing clothing. "I spilled Kool-Aid on my mom's white sweater. I got in trouble too! She said that I wasn't allowed to borrow anything

Students wear Parents' Clothes When They Tire of Their Own

or they wanted to wear something new, students borrowed their parents' clothes. "Sometimes I borrow my dad's overalls. He has these awesome twenty year old, really worn out overalls from Germany. I also borrow

row my dad's flannel shirts because they're big and roomy. I especially like to borrow one of his dark blue cotton shirts. I wear it to school or to sleep in. I feel very comfortable when I'm wearing it," junior Lisa

else of hers but she didn't stick to that because she likes to borrow my clothes too," freshman Rachel Bartley said.

Students borrowed clothes from their parents to create a style of their own.

by Kara Artz

Borrowing Clothes

“

Sometimes my mom and I share each others clothing; thigh-high boots and old hippie dresses. My mom has clothes from the sixties.

”

Rebecca Hatch,
10

Hang It Up

Pictures of Hollywood hunks such as Kevin Costner, Keanu Reeves, and Christian Slater filled students' lockers. Celebrity pictures were a common item found in lockers. "My locker partner put up all the decorations. there is a magnet picture of Kevin Costner and

said sophomore Katy Murphy.

The amount of decorations students had in their lockers depended on the amount of time they had to hang them. Although students seldom had time to hang decorations, they had time to stick up mirrors. "I only have a mirror in my locker. Every-

put up different decorations. We also have comics, stickers, and pictures," said junior Jenny Brondyk.

Neatness was a big priority in what students hung up inside their lockers. "I like my locker pretty and neat. My locker partner and I got in a fight because she didn't want to hang anything up.

Lockers Provide Students Creative Palettes

pictures of her as a baby," said junior No Souvanaratana.

Students were creative with their decorations and tried to pick a theme. "My locker is covered with comics. I have Calvin and Hobbes, Garfield, and the Far Side. When any comic comes out that I like, I hang it up,"

thing else in my locker is trash. I just do not have the time to hang anything else up," said junior Stephanie Thomas.

Decorations in student's lockers changed with the seasons. "My locker partner and I have tons of things. For Halloween, we hung a pumpkin up. For each holiday we

We finally agreed to hang up a mirror," said sophomore Heather Danforth.

The newly painted lockers went well with students' choices of locker decorations. The plain white provided a background which did not contrast with locker adornments.

by Rebecca Murphy



“

I like showing off my locker decorations to my friends.

”

— Hillary Hansen, 9

A Reese's pieces box gives junior Souky Sisouvong a creative item to hang up in her locker. New and original things gave students a break from the norm.



No Souvanaratana





After school, junior Tracey Watson reaches into her locker to get her books. Locker decorations provided students with a cheerful greeting after a long day.

Sports pictures fill the locker of senior Christy Britton. Sports superstars such as Pete Sampras, were one type of decoration hung in lockers.



Roberto Santiago



Roberto Santiago



"Join Young Republicans." Sophomore Doug Quad-er uses his locker as a way to recruit new members for the Young Republicans.



Roberto Santiago

As she looks at a picture in her locker, senior Kristen Zerkow remembers when it was taken. Pictures of boy and girl friends were a common item hung up in lockers.

"Did you see that play?" said sophomore Heather Mackintosh to her friends. Football games were a great place to meet and talk to friends.

Sophomores Debbie Cloyed and Katie Erlandson show their taste in fashion. Students often dress differently with friends to show individuality, but unity.



Roberto Santiago



Segal Majestic Photography

Freshman Cory Frasier and Mike Mosier run side by side in a cross country meet. Cross country is only one of the sport teams offered to students.

Speaking her mind senior Treva Greer makes her opinion known at the senior class meeting. This was one way for students to meet on a regular basis.



Roberto Santiago



Bridgit Kelly

Get Into It

The excessive population caused students to join clubs and play sports to feel part of the school.

"Last year was my first year at Woodbridge, I joined Cross Country early in the summer, that was probably the best thing I could have

"I joined the FBLA mostly because of the size, I was hoping to meet new people, FBLA is a very large group, but everyone seems to know each other," said junior Jonathan Olin.

Students did not always chose clubs because of their size. "I joined the Model U.N.

tional Honor Society, Beta, the foreign language Honor Societies, and the Varsity Club were for students with special accomplishments. Norsemen was a group for which a person had to go through a tryout process.

"I joined Norsemen because many of my friends

Students Search for Ways to Meet People in a Large School

done because it started before school so I knew people before the first day of school," said senior Josh Mayne.

Students chose to join clubs or sports in order to meet new peers. Clubs and sports met throughout the year.

because it was a much smaller organization, the environment seems to be more personal and that's what I wanted in a club. That way I feel you get to know the people better," said junior Matt Crane.

Not all the clubs offered were open to everyone. Na-

were in it and I hoped to meet many new people. It also makes me feel accepted," said junior Ryan Schnurr.

Due to the excess of students, activities served as a place to meet new people and to be accepted.

by Chris Meadows



Roberto Santiago



“

I joined band because you meet interesting people.

”

—Kyle Jones, 12

Senior Laura Deetz shares the spotlights with Garfield senior Bolivar Guerrero on the microphone. this is one way to make yourself known.

Fitting In

All Grown Up

He slid into his chair as the sensation of peace and quiet flooded his ears and filled his head. The sounds of a busy restaurant faded to the back of Lance Breeden's mind.

After a full day at school, he went straight to Pizza Hut where he scrubbed pans,

than experience as jobs in their related field were difficult to find.

Students who had already chosen a career started to work towards that profession. "I really want to be a writer when I finally get out of school. I am submitting to *Eddas* and plan to take all the creative writing courses

pursue when they got older. "I might be a PE teacher, or maybe a psychologist, or perhaps the manager of the Chuck E. Cheese I have been working at for the past four years," said senior Jeff Hummel.

Jobs and special talents helped students move in the right direction. Students

Students Chose a Career Path as They Move Towards Adulthood

made pies, and took orders for five hours. "I don't want to work in Pizza Hut all my life, and I don't want to buy the franchise. I'm just working for the money, not experience. I want to study to be an accountant or something in business," said senior Lance Breeden. Students worked for money rather

in high school and college," said freshmen Antigone Ambrose. Ambrose won the Editor's Choice Award for the National Library of Poetry.

While there were students who managed to find a career path that seemed to suit them, there were still students who were undecided as to a career they wished to

who had plans for the future spent their time working towards their goals. Students who did not have definite future plans, however, dabbled in several activities in order to explore their interests.

by Leslieanne Swanson



“

I want to be a doctor, that is clear. Getting to go to the school I want will be the hard part.

”

Emily Jackson
11

"You're in the Army now." Senior Nevin Hewlett carefully hangs up his ROTC uniform. ROTC was one way for students to get a taste of army life.



Roberto Santiago



Brian Davis



Being a rock and roll star is the dream of sophomore Chris Davis and his band. They practiced every day in the hope that one day fame and fortune would come.

In order to gain experience in her future career as a veterinarian, junior Kara Belcher washes a cat at the vet's office where she works.



Stephanie Hockman



Stephanie Hockman



Leslianne Swanson

Students sometimes worked for experience, but always for money. Helping a disabled person to her car, junior John Blair pushed the cart filled with groceries.

The career center is a place for underclassmen to find career information. Freshmen Summer Walker digs through brochures on possible career choices.

Getting There

The sound of car horns and revving engines filled the student parking lot. As the cars lined up at the traffic light, a pack of students walked home. Since driving was not always an option, students had to find alternative means of trans-

walking was the most common form of transportation. Another form included bike riding.

"I ride my bike every once in a while, mostly in the summer time when it is warm, otherwise I try to get a ride," said senior Chris Maher.

create and for insurance reasons.

Another form of transportation was the use of a motor scooter. "I don't have a driver's license, and I don't really enjoy pedaling my bike around town," said junior Jason Nugent.

The advantages of not

Students Without Cars find Other Means of Transportation

portation.

"I used to cut up through the path that runs from Valleywood Drive to the high school. Now because of the new elementary school, I have to walk all the way around to Old Bridge," said sophomore Nathan Fowler.

Because of the easy access,

"If I can't get my parents car, I ride my skateboard almost everywhere in Lake Ridge because it is so close, but I can't get anywhere too quick," said senior Mike Jones. Skateboarding was prohibited on school grounds and in other areas because of property damage the boards

driving a car around were not having to buy gas, or having to be everyone's chauffeur. The disadvantages were that they did not have the freedom to go wherever, whenever they wanted.

by Josh Mayne



“
I normally don't ride my bike that often unless it is summertime or I don't have a car.
”

Rosie Webber, 12



Stephanie Hockman

Free falling. Sophomore Hugo Tobias catches air on his bike. Students found thrills from bike riding on the way to their destinations.



Roberto Santiago



The trials of having to fix a bicycle or not having a car are an everyday thing to freshman Andrew Harrison. He knows the hardships of not having a car.

To make sure there were no problems on the road, senior Brent Bordeaux checks his bicycle before returning home from the shopping mall he rode to.



Bridgit Kelly



Bridgit Kelly



Bridgit Kelly

A form of transportation or a message to society? In today's world, people like sophomore Adam Graham are able to convey their style through their transportation.

Skateboarders proved that transportation can be fun as well as a way of getting places. Sophomore Evan Lyons is a prime example of this.

Here comes the Mighty Viking contender for the traditional Viking/Indian wrestling match. Senior Mickey Fong escorted freshman Tom Bishop out onto the floor.

"We're the best!" Throwing their arms up in excitement, juniors Michelle Dowdy and Audrey Newcomb help cheer on their class.



Bridgit Kelly



Seth Lowery

With all their might, freshmen Carly Jarvis and Lesslie Crane help pull the rope in the tug of war contest. At the pep rally, the students defeated the faculty.

He is crazy. He is excited. He is spirited. He is our mascot! It is Mr. Viking! He could be found at games and pep rallies cheering on students and fans.



Roberto Santiago



Roberto Santiago

Twist and Shout

The sound of the blaring music overwhelmed sophomore Sabrina Carpenter, as she opened the door to the gym for the pep rally. With students all around her chanting cheers to see which class was the most spirited, she searched

ent ways. "At pep rallies, when the music comes on, I start to dance and sing a little. I also do that when the band is playing. I just like to help cheer people on," said senior Keith Anderson.

The effort that was put into spirit was by the cheerleaders and administrators. They

olyn Stegon.

Not every student felt the same about school spirit, especially the upperclassmen. "The seniors don't have any school spirit. Our class is dead. If you go to home games, there are a lot more underclassmen than seniors," said senior John Sell-

Shout, Let it all out, Students are not Afraid to do Just That

amongst the sophomore class to try and find a seat with her friends. She soon found herself shouting with the others. Cheering and shouting was just one way that students showed their spirit.

The atmosphere at pep rallies and games got the students excited and made them express themselves in differ-

were the ones that got the students more involved. "The thing we as cheerleaders do to get the crowd more spirited is Bleacher Mania. This is when we do dance routines to the oldies. The cheers we do to this seems to get the crowd involved, because they either start singing or cheering along," said sophomore Car-

ers.

Winning the Spirit Stick was not a motivational tool for all. It was more the fact that you could get up and be a part of everything.

by Kellie Couch and Heather James



Roberto Santiago



“

The Dunk Contest at the pep rally was cool. We got up and cheered.

”

Rafik Gaber, 12

"Seniors at last!" Seniors Diane Bonham and Shawn Kim throw up their hands at a pep rally. Seniority gave them something to cheer about.

Perfect! Sophomore Katie Erlandson is pleased with the new clothes she has found at the Salvation Army. This was a common place for students to shop.

"I wonder if mom would like this dress." Junior Tom Panepinto looks for school clothes at the Salvation Army. He wore his newfound treasures to school.



Bridgit Kelly



Bridgit Kelly

Ahoy mate! Sifting through the pants rack at the Salvation Army, junior Chris Meadows searches for a trendy pair of corduroy pants to sport at school.

All bundled up in her thrift store sweater, sophomore Krysta Relyea catches a breath of fresh air after school. Retro clothing was considered in fashion.



Bridgit Kelly



Bridgit Kelly

Spendthrifts

Bell bottoms, old Levis, and butterfly collars came back in style and thrift shops were the best and cheapest places to find them. Students shopped at thrift stores, searching through racks of junk to find hidden treasures from past decades.

"Shopping at thrift shops

brought home bags full of clothing rather than only one or two pieces of clothing. "I always come home with a huge bag of clothes. I can buy anything I want because everything only costs a few bucks," said freshman Elizabeth Roque. Sweaters usually cost between three and five dollars, jeans and cor-

to find Mr. Rogers sweaters and really nifty pants is at the Salvation Army," said junior Matthew Buckley. Students went to thrift stores to find something to wear because they were cheap and close to home.

Bargain shoppers went to the Salvation Army, Goodwill Fashions, Bargain

Students Shop at Thrift Stores to Find Cheap and Nifty Clothing

gives you a good chance to find clothes that were in style a few decades ago that are coming back in style now," said freshman Katie Calvin. Students found authentic styles of clothes that they would never have found in department stores.

When they shopped at thrift stores, students

duroys cost between five and ten dollars, and shoes cost students about five dollars.

Students found different items to choose from at thrift stores. "I bought this really cool, ninety-nine cent hat, bell bottoms and a bunch of neat T-shirts at the Salvation Army," said junior Patrick Benton. "The best place

Hunters, Quantico Thrift Store, the Fort Belvoir Thrift Store and the ACTS Thrift Store when they bargain hunted. Thrift stores were cheaper and more convenient than the malls, which made them better places to shop.

by Summer Stewart



Bridgit Kelly



“

I like the idea of bringing two dollars to shop and buying ten items already broken in for you.

”

Wendy Bricker,
12

After a trip to the thrift store, sophomore Lisette Fee folds her "new" sweater. Vintage clothing proved to be trendier than what

As the World Turns

Despite the fact that students spent time studying, training, and socializing, they found time to keep up with current events.

National stories which received attention included a second Woodstock and the trial of OJ Simpson for the alleged murder of his wife.

International strife was evident as Cuban refugees flooded the United States, and civil war broke out in Haiti, Rwanda, and Bosnia.

ing to study things in the classroom and then see how they play out in the real world," said senior Jonathan Luedke.

Students had conflicting reactions to these events. "Every time I turn on the television, there was a special on the OJ Simpson trial or more mud-slinging political ads for the elections. It gets a little old after the same stuff over and over again," said junior Marissa Jarvis. On the other hand, students looked at the positive as-

Informed Students Bring a New Prospective into the Classroom

On the local scene, a small aircraft crashed into the White House and caused a stir in presidential security.

Whether students watched the news, listened to the radio, or read the paper, knowledge of current events increased their ability to contribute in classes.

Science and history teachers required students to keep journals of current events which depicted changes in these fields. "I find myself watching the news all the time now. It has become automatic because I need three news stories each week for my government class. It's interest-

pects of keeping informed. "Keeping informed about the world around you is one of the most important things you can do at this point in your life. The way you feel about the situations in the news today will shape the way you act tomorrow," said junior Lauren Woodcock.

Students who followed the news brought a new perspective into the classroom by becoming politically active with voting or simply keeping informed.

by Rebecca Woodcock



Associated Press

After six decades of suspicion, one handshake between Israeli Prime Minister Yitzhak Rabin and King Hussein of Jordan showed that peace in the Middle East seemed more than a dream. The historic peace agreement was hosted by President Clinton.



Associated Press



Associated Press

"When I first found out about Woodstock, I really wanted to go. It was too expensive and I had no way to pay for it." Andrea Lozinak, 11

"It was great having old bands play in the same concert as the new bands. They played a good variety of all types of music." Nicole Whitfield, 10

"I think it was all something put together just to make money. You can't recreate the past — nothing could be like the 60's." Marshall Bishop, 12

"I wish I could've gone. I've always wanted to mudwrestle, but never found a situation where it was socially acceptable." Teresa Pelletier, 12

The "Mudpeople" take to heart the spirit of Woodstock 1994. It resembled the original concert all the way down to the fans. Thousands of fans were met with mudslides and overcrowding. Old and new bands converged on stage to the delight of the dedicated crowd. Cranberries, Joe Cocker, Melissa Ethridge, Bob Dylan, Red Hot Chili Pepper, and Salt 'n Pepa were just some of the performers at hand at the 1994 Woodstock. Fans traveled across the country to participate in the concert for peace and love in the 90's.

"The Cuban refugee situation will create serious problems for the future generations in areas of labor and housing." Jennifer Dunn, 9

"We have refugees fleeing a regime; but we don't welcome them. We have a duty to shelter those people who are fleeing." Laura Williams, 12

"Some sort of system needs to be set up to control immigration. America can't accept all those who want to come over." Rebecca Murphy, 12

"We have enough trouble in this country. The situation must be dealt with at the source not the results." Elizabeth Heisey, 11

Tens of thousands of people brave the high seas in makeshift boats to escape the Cuban dictator, Fidel Castro. The flood of migrants into Florida and the interception of thousands of boats daily by the Coast Guard increased the awareness of the situation nationwide. Cuba and the United States struck a deal. President Clinton agreed to admit at least 20,000 Cubans a year if Fidel Castro promised to halt the flight of people. However, the situation is getting more urgent as more refugees sacrifice everything to head to the US.

A World Affair



“Woodstock sounded like a good idea, but it wasn't organized and turned out a mess.”

Aaron
Mc Connell,
12



“The situation in Florida as a result of the Cuban refugees is a mess. We should send them back.”

Brent
Maloney, 12

A World Affair



“ I was shocked to find that the security is so bad. Next time, it could be a terrorist bomb.

”

Krissy
Tonneson,
11



“ Americans should have better things to worry about than the OJ Simpson trial.

”

Rachel
Diaz, 12



Associated Press

Full scale war was barely avoided by a deal struck by former President Carter and leaders of the military coup. About 20,000 troops landed on Haiti to ensure safety to the exiled democratic leader.

“Military intervention doesn’t make a democracy. The U.S. people are not willing to commit to a long-term presence.” Sarah Sanchez, 9

“We should just leave the situation alone. We have too many problems in our own country to try and help the world.” Reggie Ray III, 12

“I think there is a definite need to help, but we shouldn’t kill our own people. There must be some other way out.” Kathie York, 11

“Someone needed to step forward and control it. As a major world power and human beings, we have an obligation.” Mike Sims, 12



Associated Press

Who hasn’t heard about the OJ Simpson trial? The “Juice” was a role model for millions of Americans. However, nothing could prepare him or his fans for the role he played in 1994.

“The OJ Simpson trial is just a farce. If it was any other person, no one would care and pay attention to it.” Robbie Berger, 12

“This trial is blown out of proportion. All the evidence is mixed up. Someone is trying to frame him.” Nuatu Tseggai, 9

“He is innocent. It’s a conspiracy against the black man. The media should just leave him alone.” Sicely McCants, 10

“I think OJ is innocent, but he won’t get a fair trial because of the amount of media coverage. He’ll be in jail for a long time.” Nate Barfield, 12



Associated Press

Nobody is quite sure why Frank Corder took the notion to steal a small plane near Baltimore and crash it into the White House lawn shortly before 2 a.m. on Sept. 15, 1994. He was killed instantly.

"A person trying to assassinate a Republican wouldn't try to crash a plane into them. Only crazy ones go after Democrats." Eric Dobbs, 12

"The President is always in danger from psychos. An airplane dropping on his house isn't going to make much difference." Matt Barrack, 10

"I was surprised to hear that someone could get that close to the President without the security being able to stop him." Sara Lyng, 11

"With the plane crash and shootings at the White House, I'd say Clinton is going to be assassinated before his term is over." Kelly Ames, 11



Associated Press

Despite the efforts of a United Nations peacekeeping force, the civil war ravaged Bosnia-Herzegovina. The conflict is complicated and savage. In two and a half years of fighting 200,000 people died.

"There is no excuse for persecution on basis of religion. It is wrong to stand back and watch the second Holocaust." Ace Allak, 12

"The civil war in Bosnia is confusing. I do know that we shouldn't allow people to kill a group just for their religion." Sherri Giasson, 9

"The United Nations is backing down too much to confused adolescents with AK-47's." Roberto Santiago, 12

"The U.S. should intervene because if we don't do something now the problem will increase and too many people will die." Heather McConnell, 9

A World Affair



“

The United States has no right to get involved in Haiti. We should pull out by March.

”

Jennifer Girtten, 12



“

Just when you think the crisis is coming to an end, the Serbs drop a bomb or something.

”

Mike McNamara, 12

Relatively Trendy

According to *Webster's Collegiate Dictionary*, a trend is "a general movement towards a current style or preference." Students looked to models in magazines and television for current trends. "When I think of trendy, people in plaid come to mind. I think of models in magazines and the people I see in the hallways who are all dressed up and decked out," said freshman Katherine McAllister.

For students the "current styles or preferences" were

native bands started. So many students look at those styles and try to mimick them," said junior Aaron Hewitt. "When I think of major fashion and trends, I think of New York City. All the shops and stores and everything new comes from New York City," said senior Toni Reinhart. Seattle and New York City, although located on opposite ends of the United States, offered styles and trends which influenced students. "Trends are different in different areas. Being trendy right now is about being

Students View Trends and Where They Came From Differently

not only set by models in magazines, but by fellow students. "Trends are really just images . . . Different people follow the trend of what they want to be. Some people like the skater style or the prep style so they dress like the skaters or the preps do. Trendy is what you want to be," said junior Kurt Camealy.

Students had similar views on where trends came from. Seattle, Washington and New York City, New York were said by students to be the main places where trends originated. "Seattle is where a lot of the rock and alter-

an individual. We look to the super models, who are extremely trendy, for ideas and we follow styles in magazines to an extent, but then we put our own twist on them," said sophomore Chris Maguire.

From New York to Seattle and magazines to television, students got ideas for trends and yet, what students viewed as trendy was completely relative.

by Kendalynn Newsham



Roberto Santiago

Compare and contrast! Freshman Barbara Gryder and sophomore Claire Johnson express different views on trendy clothes. Claire liked the always trendy T-Shirt and jeans, while Barbara found herself in a more retro look. Trends were relative for students.

In's and Out's



Roberto Santiago

"What should I watch?" Senior Jennifer Bugg shuffles through the TV Weekly looking for a show that sparks her interest. After her search she decided to watch the new show *Party of Five*. Jennifer enjoyed television shows with drama but also liked some comedy shows.

"I think comedies show a unique perspective on life. They make one laugh and that is a good feeling." Eric Greiling, 12.

"Comedy sitcoms are great. Laughter is a terrific stress reliever. *Home Improvement* is the best show." Jacki Hawkins, 12

"I am such a *Beverly Hills 90210* addict. I have to watch it. But I never watch *Models Inc.* That show is cheesy." Karden Kelly, 11

"My most favorite TV show is *Doctor Quinn Medicine Woman*. I like old-fashioned shows like that." Julie Burns, 9



Kendalynn Newsham

AAAH! Time for a break! Senior Angel Bruck breaks the monotony of her sociology homework to read a good book. Angel liked to read books with action, adventure, and romance all together.

"VC Andrews is my favorite author. Her books leave you hanging so you'll go buy the next one." Amanda Kelly, 10

"Dean R. Koontz writes books that are full of death, gore and violence. That stuff is appealing to me." Jason Nugent, 11

"*The Firm* is a great book because it is so climactic. I love books that are really exciting." Jessica Kelly, 10

"Reading historical novels is boring. I enjoy romance novels. They're better than history books." Nerry Cruz, 11



“

The show, *Roseanne*, reminds me of a typical family. A lot of kids like it for that reason.

”

Julie
Baker, 11



“

Stephen King books are not for everyone, but I really love suspense so I read his books.

”

Robert
Albrecht,
11

In's and Out's



“So many people dye their hair, but my hair is natural, straight and easy to fix for school.”

”

Tirzah
Schaefer,
11



“It’s about being different. I like bell-bottoms and weird clothing.”

”

Nicholas
Bland, 9



Seth Lowery

Check out that hair! Sophomore Robert Collins looks over a biology worksheet while also attracting looks from fellow students. Robert’s hair was the object of second glances and double takes among classmates. His large hair was a way for him to express himself.

“Hair is longer and people have become more original with their hair styles. I see a lot of afros and dread locks.” Ben Clark, 9

“I see a lot of girls curling their hair like the models in the magazines do. It’s very stylish.” Cecilia Riek, 9

“Short hair is really in. I see more and more people with shorter hair styles. Also people have dyed hair, too.” Lisa Rizo, 9

“People don’t change their hair color to natural colors anymore. I see lots of really wild ones like, green.” Jeremy Young, 11



Roberto Santiago

“I have nothing to wear.” Senior Lori Dowling rummages through her dresser drawers in hopes of finding the perfect outfit for school the next day. Original clothes were important to Lori and searching for the perfect outfit was only part of the fun.

“Everyone used to roll up their jean cuffs really tightly, but the new style is loose pants worn baggy.” Jeff Hummel, 12

“Girls wearing pants with suspenders is kind of new. It is a conservative style but trendy, too.” Adria Goldsmith, 11

“Grunge is big now. Everything is oversized and non-matching. If it looks like you just rolled out of bed, it’s okay.” Amy King, 12

“I noticed how a lot of girls are wearing short skirts and those really long, over the knee socks.” Steve Finney, 11



Kendalynn Newsham

Fast-forward! Sophomore Scott Newsham fast-forwards through the beginning of *Star Wars*, his favorite movie of the *Star Wars* Trilogy. Scott liked the action and adventure of *Star Wars* and also enjoyed movies like *Speed* with Keanu Reeves and the movie *True Lies*.

"I love suspense and mystery movies. One of the best I've seen lately is *Clear and Present Danger*." Ramona Miller, 10

"Comedies are great movies to watch with friends because they make you laugh and it feels good to laugh." Katherine Hodge, 12

"I like Disney movies because they are not scary and I don't wet my pants when I watch them." Asher Haines, 11

"*The Santa Clause* is a really great movie. It's really creative and Tim Allen is so funny." Suzanne Sears, 12



Roberto Santiago

So many choices! Sophomore Mike Milliken looks through his CD collection for something to listen to while he does his homework. Music that he listened to while doing his homework was hard rock or heavy metal which he also liked to listen to while running or exercising.

"Alternative is good, but I love classic rock. Especially Led Zeppelin and The Doors." Kristin Dellermann, 12

"I definitely don't like heavy metal. It is too loud and I can't understand the words at all." Jessica Baddox, 11

"I listen to everything, especially the Eagles, and Alabama. They are really mellow and sing about reality." David Graham, 12

"Irish drinking songs are cool. They are easy to sing along with and they are really funny." Robert Karhnak, 12

In's and Out's



“Comedies with Julia Roberts are big. I enjoyed her in *I Love Trouble*.”

”

Julia Wright, 10



“I listen to hard core, which has anti-drug and anti-racist messages.”

”

Regina Cunningham, 10

Bosom Buddies

Fun times, sad times, and happy times. That is what friendships were full of. "I was in my friend's room hanging out with her, when all of a sudden something landed on my shoe. It scared me, so I moved my leg. Then my shoe flung off and hit my friend square in the forehead. She just sat there staring for the longest time," said senior Jennifer Bugg.

Whether friendships were groups of friends or just one

life easier. "My friend is someone who can make me smile even when I'm down," said senior Erin Murphy.

Other things involved in friendships were honesty, love and advice, and being there for one another. "I value assurance most with my friend. Whenever I'm having a problem, I know he will be there to give me advice, and at least keep my mind off of it," said junior Sam Gammon.

"My friends have always been there for me during

Friends Stick Together Through Thick and Thin

on one, guys and girls had a sense of belonging. "I prefer to hang out with a small group of friends because I tend to be shy and get ignored around large groups," said senior Kimberly Shires. Since friendships were unique in themselves, they tended to attract different types of people.

Students had enough problems to worry about — homework, family life, and work. A good friend helped take their minds off things. Friends also knew who to rely on when they were in a rut. They definitely made

hard times. They are there when nobody else is," said junior Latiska Robinson.

Friendships came in different packages. Whether it was girl/boy, or girl/girl, or boy/boy, students enjoyed the diversity. It all depended on the way one interacted with others. Whatever relationship was preferred, there was an inner connection in the friendship that was not found in just anyone.

by Jodi Malinowski and Heather James



Bridget Kelly

Before school, sophomore Adam Graham, senior Renier Fee, and junior Amiee Toth hang out together while waiting for the bell to first period to ring. This gave the three of them a chance to relax and talk together before the day began.



Bridgit Kelly

Twin brothers and also best friends, juniors Kevin and Kelly O'Brien fall asleep "in each others arms" for an after school nap. Being close helped make their family life easier.

"My friend Alex and I have been friends for so long because we share similar senses of humor." Chris Capell, 12

"Brian and I are two of a kind. We always know what the other one is thinking, and look out for each other." Heather Garka, 12

"My friend understands me even when I make no sense, and she's always there if I have a problem." Rachel Levy, 11

"All of my friends share similar interests. And the trash-talking about playing basketball never ends." Bobby Moore III, 12



Kara Artz

During study hall, sophomores Julie Foxworthy and Devon Tice talk seriously, about events that happened. Trust was a must for friendships.

"My best friend and I have been friends for eight years. I needed something she was always willing to give." Sherrel Brogden, 12

"My closest friends and I are kind of crazy, loud, full of ideas, and really easy to get along with." Christina Stokes, 12

"My friend just listens to me and is really easy to talk to. She is always there for me." Carol Hood, 11

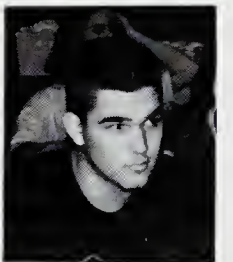
"We are a lot alike. She likes making things, and I like art, so we expose each to different tastes." Beth Tomchek, 9

Stand by Me



“Honesty is very important. There's nothing to a friendship without it.”

Catherine Craig, 12



“Communication has got to be the most important value in a friendship. It's needed to survive.”

Nevin Hewlett, 12

Stand by Me



“
When you
t r u s t
someone,
the worst
thing one
can do is
break that
trust.

”

Bryant
Roque, 12



“
Friends
k n o w
when to
leave you
alone and
when to
h a n g
around.

”

Jason
Knepper,
12



Roberto Santiago

After class, seniors Alison Melton and Mark Jackson meet up with each other. Being friends first really helped their friendship develop into a relationship based on trust.

“The thing I value most about my girlfriend is that she is not only my girlfriend, but my best friend.” Patrick Richardson, 12

“Relationships give people the chance to experience the other ways and differences of the other sex, and companionship.” Adam Reinhart, 11

“What makes our relationship work, is the way I can come to him whenever I have a problem and need to talk. He’s my best friend.” Dorie Pi, 10

“The best part about being in a relationship is getting to know someone that is so different from myself.” Summer Stewart, 12



Leshianne Swanson

“Is this show okay?” asks freshman Tommy Quimby to freshman Lisa Swanson. The two enjoyed hanging out together and have been good friends for awhile.

“Having both guy and girl friends are both fine. It just depends on his or her personality.” Marissa Jarvis, 11

“Girl relationships are best because girls make better friends. They also listen to problems better than boys do.” Chris Maher, 12

“Guys can give you the other side to problems with relationships. They are also great listeners.” Sarah VanWinkle, 10

“You need the guys to hang out with, and you definitely need the girls to listen to you.” Charles Gallion, 12



Seth Lowery

Good friends, freshman Jennifer Cooper, Evelyn Stone, and Melissa Ritenour help each other out on the freshman banner. Being friends helped them make it through the year.

"You can have a better time with a lot of friends. But more fights can form, causing one to choose sides." Colleen Gray, 10

"It's better to have a large group of friends. That way there is always something for us to do." Kevin Flanagan, 11

"With groups of friends, you can get to know people well, but sometimes people can be excluded." Andrea Flanagan, 10

"With groups of friends, you get to do different things. There are also different personalities to bring into the group." Jason Wild, 11



Roberto Santiago

Pep rallies were places for friends to meet up with each other and sit back and relax for an hour or so. Seniors Liz Cackowski and Heather Farley did just that.

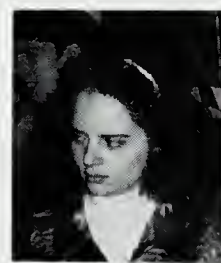
"My friends and I always talk about guys. But we also talk about what we're going to do, and sports." Sarah Falcona, 9

"Every time my friends and I get together, we always talk about guys, and gossip of course!" Kristin Gartner, 10

"With my friends, we talk about things we've done and also all the things we hope to do." Justin Klotz, 10

"Teachers seem to be the highlight of our conversations. But we also talk about the things that are going on." Angie Gress, 10

Stand by Me



“

My best friend loves to talk and is willing to do anything when I need her.

”

Dawn
Gleichner,
12



“

The worst thing a friend can do is to betray my trust. I find that important.

”

David
Graham,
12

Just an Odd Ball

With his friends cheering him on, senior Renier Fee placed second in a skating competition sponsored by Wavedancer Surf Shop in Springfield, Virginia. Not all sports were school sponsored, students participated in unusual ones outside of school. The 90's has given rise to an array of sports. Besides the classic football and basketball, students spent time practicing unique athletics.

No scheduled practices, coaches, or eligibility rules

ment," said senior Don Whitfield. Sports taught self-reliance. "Horseback riding isn't the kind of thing you can do with a large group. It's just something where you better yourself," said junior Jackie Evans.

The season proved to be a factor in determining when students could participate in their sport. There were sports that required sand, surf, or snow. "I've been sandboarding for four years. A sandboard is kind of like a small snowboard. You get on and slide down the dunes,

On the flipside, Students Play Uncommon and Uncanny Sports

were the advantages to participating in unsponsored activities. Students had the freedom to do as they pleased. "Hacky-sacking is like juggling a small ball with your feet. I hack during lunch, after school, or any spare time that I have. It's something to do when you're just standing around," said sophomore Dave Stewart.

Sports were individual or required teamwork. "I've met some cool people through paintball. You learn to work with the guys on your team. You need to anticipate what the other guy is thinking, so it helps your judge-

or jump over the tumbleweed," said junior Jeremy Lind. "Since my family skis, we go to different places. I've been to Colorado and Pennsylvania. It takes up my whole Christmas break," said junior Tracey Watson.

Sports did not necessarily have to be school sponsored in order for students to participate in them. As a change from the norm, students expressed their individuality by taking part in athletic activities that were uncommon.

by Caritta Lee



Roberto Santiago

To plan a strategy, senior Rob Baker points out directions to sophomore Jay Brinson. Teamwork was critical to play paintball. The object of the sport was to capture the opposing team's flag without getting hit by a paintball. They played to relieve the stress of school.



Roberto Santiago



Stephanie Hockman

"I began taking riding lessons when I was 12. My parents bought me my horse, Remington, for Christmas when I was in eighth grade." Teri Wade, 12

"Riding is challenging since you're always trying to move up levels to fulfill your goals. There's no cut off point." Cameron Day, 11

"I'm really attached to horses. I grew up around them. Once they get to know you, it's like having another pet." Katie Meeks, 11

"It has taught me determination and persistence. I hope to be an equine veterinarian. Caring for horses is a constant job." Holly Pelot, 9

While waiting to warm up, junior Elizabeth Cowardin and her horse, Arion, study the cross country course. At each practice, Cowardin warmed up Arion for 10-30 minutes. Before riders placed the bridle and saddle, otherwise known as tack, on the horse, they needed to brush them down, so their skin would not become irritated. After the lesson was finished, the riders walked out the horses until they were not hot anymore, and their breathing had returned to normal. Cowardin practiced for about two hours a day at Cedar Ridge Horse Center.

"My hacky sack is like an extension of me. It's all faded, and has holes because I use it all the time. It's always with me." Alex Taylor, 9

"It's a great thing to do, but with everyone doing it now, it takes away from the original fun." Micah Turnquist, 12

"Last year, I met a lot of people hacking at lunch. I think hacky sacking is fun and passes time when you're bored." Matt Myskowski, 12

"It's a cool game because its accepted if you mess up. It's also something to do whenever I have time." Keith Schilling, 12

While freshman Steve Labus waits for the hacky sack to be passed to him, freshman Matt Howell practices his footwork. Hacky sacking required students to practice tricky moves in order to keep the hacky sack in the air. Students made adjustments to the size of the hacky sack to make it softer. "To take out the beads, poke a hole in the hacky sack to make it mushy," said sophomore Nick Leon. Students met their friends after school or during lunch to play in the hallways, outside on the school steps, or in the parking lot.

Off the Wall



"
I race Go Karts because I get the thrill of auto racing without the costs.

"

Giehl
David
King, 12



"
Surfing is a way of life and a philosophy. When you're out there, everything is in place.

"

Amanda
Blodgett,
12

Off the Wall



“
Water-ski-
ing is fun
and differ-
ent, be-
cause it
feels like
y o u ’ r e
walking on
the water.
”

Tera
Lerch, 10



“
S k i m -
boarding
is pretty
cool, once
you get it
right. It
takes a lot
of practice.
”

Chris
Wilson, 11

“Hockey gives me a way to release everything. If I need to settle anything, I settle it on the ice.” Derek Bosco, 11

“It teaches you to work with others. I’ve met a lot of people through hockey. It’s fun and helps with exercise.” Brian Linn, 11

“Hockey’s fun, because it’s a physical sport. I’ve met a lot of people from all over the state of Virginia.” Jorge Urrutia, 9

“It’s taught me teamwork. You have to work so closely with people that you have to make the best of what you have.” Andy Arendando, 11

To make sure his equipment is ready for his next game, senior Carlos Urrutia cleans the face shield and makes sure it does not have any scratches. Besides a helmet, ice hockey required players to have a hockey stick, ice skates, gloves, hockey pants, and shin, elbow, and shoulder pads. Up to 500 dollars was spent on new equipment. Urrutia upheld a unique tradition which involved wearing a certain article of clothing that he wore to practice and to games for the whole season. The hockey season started in September and ended in March.

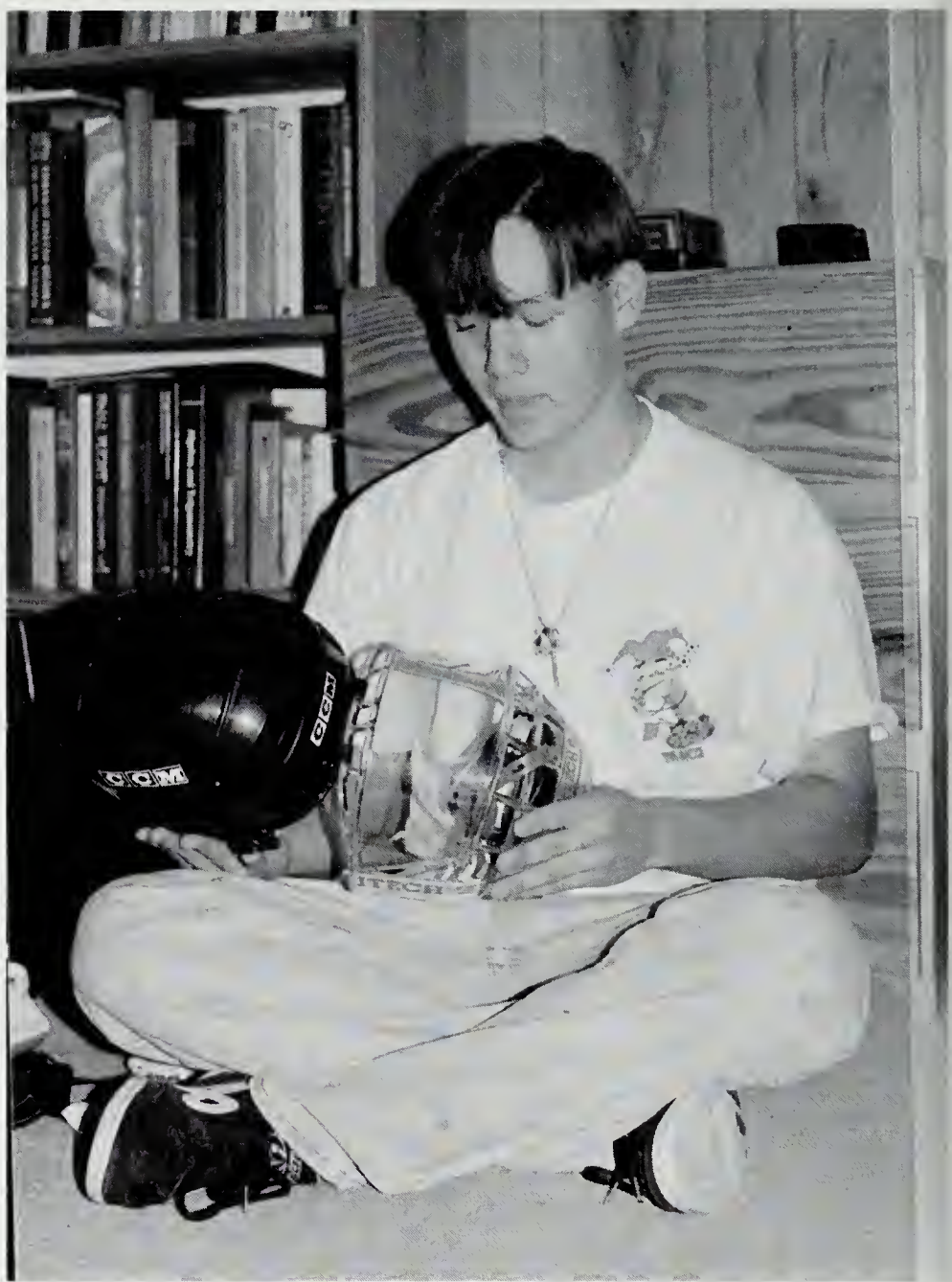
“It’s really a good sport for all ages, because it is good for endurance, flexibility, and muscle tone.” Angi Delboy, 10

“I think tae kwon do is a rewarding sport not because it’s better than any other, but because it can be practiced for a lifetime.” Matt Hicks, 11

“Judo instills discipline, confidence, and teamwork. It is a highly competitive sport and can be dangerous.” Kevin Kalmus, 12

“It is the study of the mind and focus of the body. They are exercises which maintain relaxation and flexibility.” Cedric Thomas, 12

Caught in midair, junior Domanique Kanouse executes a front kick. Karate required mental as well as physical strength. It built self-esteem and self-discipline because it took up time and energy. Karate also conditioned the body, since flexibility, power, and overall body strength were important in controlling movements. Kanouse took classes at Power Kix, which was off of Opitz Blvd. and Route 1. Last year, she began competing and has won trophies. Kanouse enjoyed sparring, which was a type of controlled fighting.



Bridgit Kelly



Stephanie Hockman



Roberto Santiago

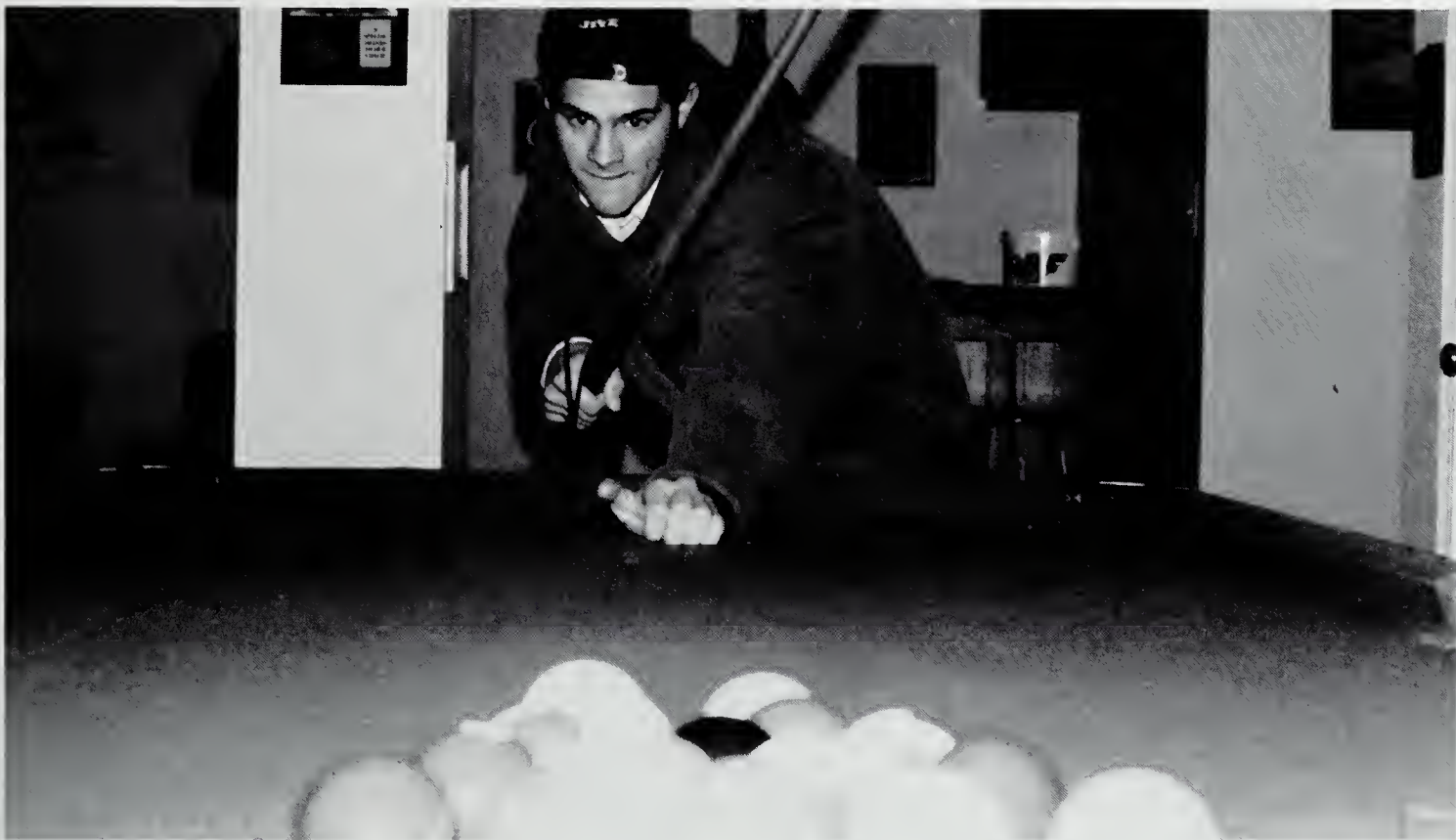
As he cleans dirt off his snowboard, junior Chris Carroll examines the graphics on his snowboard. The graphics on a snowboard evolved to resemble the characters found on skateboards.

"I think it's a really good sport, because when you fall, it doesn't hurt. You can catch on really fast." Zach Young, 10

"It's a challenge to do new tricks and stuff, but I mainly do it for fun." Nathan Moorleghen, 9

"You do your own thing. It isn't a contest to see who's better. You're just out there for yourself." Brent Kincade, 10

"After flying down a mountain, the adrenaline and excitement hits you all at once. It's a great rush." Rob Pity-Williams, 10



Roberto Santiago

Seconds after hitting the cue ball, sophomore Danny Wittmann watches anxiously as the balls scatter. The object of billiards was to put the balls in the pockets by hitting the cue ball.

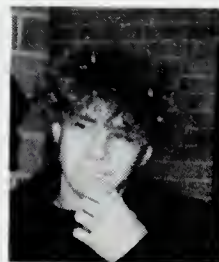
"It's a pretty good game that takes a lot of discipline, focus, and coordination. It helps relieve stress." Adam Trott, 10

"It takes a lot of strategy. You can't just hit the balls everywhere. You have to aim." Brian Valencia, 11

"Pool is a fun way of killing time with your friends after school or during the weekends." Matt Sova, 11

"Anybody can play. Learning the rules is the hardest part. Basically, it's fun to play with friends." Ben Chapman, 11

Off the Wall



“Skating takes coordination. We're sponsored by our ambition. It's a way of life.”

”
Peter Graham, 11



“Volleyball is difficult to play, since 90% is mental, while 10% is physical.”

”
Gerardo Portela, 11

Constant Cravings

Students had to eat. Just what they ate was the issue. Along with the different personalities among 3,000 students, came different diets.

From peanut-butter addicts to junk food fanatics to health food nuts to vegetarians, students had different moods for foods.

Funny memories came to mind as students revealed their stories and opinions about foods they liked, hated, or avoided. "When my friend and I were eating JELL-O, I told her a really funny story. Her mouth was full until

to burn off the carbohydrates and can make use of the protein for my muscles as I sleep," said senior Damon Stewart. Also, students maintained a healthy diet for other commitments. "I try to stay in shape because I am a volunteer firefighter," said junior Kathie York.

Junk food fanatics weren't hard to find. If students ate junk food, whatever they got their hands on is what they ate. "If it is bad for you, I have eaten it. Health food is nasty. Why eat like a rabbit?" said junior Chris Goodchild.

From Addictions to Funny Food Memories Students' Have Moods for Foods

she bursted out laughing. JELL-O came out of her mouth and nose!" said senior Suzanne Ritchie.

Students had conflicting attitudes about food. "I like eating, especially dinner. After an exhausting day it really soothes my belly," said junior Shannon Pyktel. However, this positive attitude towards food was not shared by every student. "I don't like to eat. Food just doesn't appeal to me," said junior Heather Dofner.

Athletes commonly fell into the health conscious category. "By keeping to my strict diet, my body has all day

Not only did diets consist of healthy, junk, or vegetarian foods, but ethnic meals as well. "My parents are from Puerto Rico. So, every night we have a different Spanish dish. It's part of our culture," said junior Angela Pi.

Whether the students' diets were a choice or a tradition, each student had his or her own preferences, all of which contribute to diversity.

by Kellie Couch



Roberto Santiago

"What should I eat for a snack?" Freshman Misty Dowling searches through her refrigerator to try and find some food to fulfill her cravings. Should she give in to her junk food desire, be good and eat a carrot, or will her secret addiction take priority?



Brian Davis

Every night No Souvanaratana whips up a new ethnic dinner, all of which originate in Laos, a country next to Thailand. A meal usually consists of herbs, soy bean, and rice with every meal.

"We eat a lot of German and polish food. I love when my mom makes Sauerbraten, a German dish. It's great." Sandy Motyleski, 10

"My Sioux Indian grandfather ships us fresh buffalo meat each year. Most don't get to eat grilled buffalo meat." Andrew McCoy, 10

"We eat a lot of spicy rice dishes, like Biryani (chicken and rice). It's a connection to my homeland." Adil Kahn, 12

"I'm learning how to cook all these Indian dishes—a way to keep in touch with my cultural background." Karishma Mirchandani, 12



Robert Santiago

Chow-downs often produced fond and funny memories. Taking advantage of a free minute, Senior Class President, Heather Farley, sneaks a bite of pizza at the senior class meeting.

"After I wouldn't let my little sister play with us, I felt an oozy feeling on my hair and face; it was honey!" Micah Haines, 12

"I pulled the mixer out of the bowl of mashed potatoes while it was running. Potatoes flew everywhere!" Craig Rechkemmer, 11

"I used to wake up really late and go drink pickle juice. I would do this every night." Jennifer Quick, 11

"I got in trouble for blowing on my meatball to cool it off. So, I waved the fork instead and flung it in my lap." Heather Roy, 10

Dish it Up



“

My favorite kind of food is Italian. I like the sauces and all of the cheese.

”

Becky Gale, 12



“

After I drank hot tea I sneezed and it flew out everywhere. It was really hot too!

”

Teresa Franklin, 11

Dish it Up



“
I like to get healthy food, but my dad does not want to be-
cause he thinks I do not need it.
”

Jennifer Hummel,
12



“
I was raised a vegetarian. I've never even thought anything of it. It's a way of life.
”

Ernesto Reynolds,
12

“My diet is a way of life, not a fad. My goal: body fat down to 4% while keeping as much muscle as possible.”
Damon Stewart, 12

“During the season my diet is rice cakes, pasta, and saltines. It's part of the commitment to rowing.” Steve Perry, 12

“I love eating vegetables; carrots, broccoli, corn, cucumbers. It's healthy plus I get a lot of endurance.” Jo Souvanaratana, 9

“Opting for something healthy gives me a lot more energy for those late night school assignments and cheer-leading practice.” Krista Ludwig, 12

A nice green garden salad fit in nicely to senior Kellie Couch's eating habits. “I've always been really conscious of what I eat, and I guess really picky! At home we've got both extremes: my younger sister would rather eat a Snickers and a Coke for lunch (or for that matter — 3 times a day!) I work out and eat for self gratification. I feel so much better about myself.” Strict diets were also followed by athletes committed to a sport. Pasta, rice, fruits, and vegetables were usually what diets consisted of. Fast food was a last resort.

“Vegetarianism is more to me than “no meat.” It's caring about animals; it's caring about your body. It's a life-style.” Stephanie Pardo, 11

“I don't eat meat because I can't stand the fact that I'm eating an animal. Plus I don't like it much.” Casey Powell, 10

“It's not as difficult as some people think. It's just a lot of natural foods — it's all about veggie burgers and tofu!” Angelique Smith, 11

“My parents are really supportive. They buy me a lot of special foods. I guess I'm pretty hard-core, but not quite vegan.” Jeremy Nowak, 11

Kelly O'Brien takes his life-style a step further than vegetarianism. Aside from not eating meat products, vegans don't eat any dairy products or anything made from animals. For strict vegans, this includes honey, silk, leather, wool, etc. Various groups are established to try to abolish use of animals for clothing, testing, and entertainment. Such groups include the People for Ethical Treatment of Animals and the Animal Liberation Front. They believe that humans should not benefit from animals no matter how insignificant they may seem; it's unnatural.





It's Value Meal #1 that puts a smile on freshman Michelle Couch's face. "It's McD's and candy that gets me up in the morning, like satisfying that carbonated craving at 7 a.m. with a coke!"

"Chocolate ice cream and potato chips together — yum! I also eat Taffy and candy bars as often as I can." Adrienne Montanari, 11

"When I go on a junk food craze, I'll get a whole box of Ho-Ho's and finish them off!" Carole Woolley, 12

"I never miss a lunch — all cup cakes and chips. Who would want to miss any of that?" Lynley Intellini, 9

"Whenever I get the munchies, I crave those pink sugar wafers. I know they're junk, but they are the best." John Evans, 11



Fun Fruits in the morning, as a seventh period snack, and after school! Junior Meredith Weaver's addiction was over the chewy fruit snacks she could pop in at any time, any flavor.

"I gotta have my pop tarts. I went to Italy and forgot them, so I called my dad and he mailed a package!" John MacNeil, 11

"Not a day goes by that I don't have my cereal. I just won't feel right if I don't have it." Quentin Johnson, 10

"Every night at 7 p.m. and every morning at 3 a.m. I have my mint chocolate chip ice cream. Yes — I'm addicted!" Jason Mehaffey, 10

"I'm addicted to Mountain Dew. I drink it every morning, and If I don't have my Mountain Dew, I won't be awake!" Chris Timm, 12

Dish it Up



“

I prefer junk food over health food because it tastes better.

”

Jeremy McDonald,
12



“

I eat peanut butter at breakfast, lunch, and dinner; and whenever my stomach wakes me up.

”

Jeffrey Nielsen,
11

Due to arthroscopic surgery on his knee, sophomore Justin Worriow is unable to walk without crutches. Accidents left students dependent on others for help.

With some difficulty, freshman Jeff Cuellar attempts to flip through the current issue of *American Rowing*. Everyday activities proved challenging for the injured.



Roberto Santiago



Leslianne Swanson



Roberto Santiago

“
All of my friends
seem to get into
one accident af-
ter another. I
don't know if I'm
lucky or what,
but I never get
into accidents.
”

Tom
Huntington, 11

Is it Broken

Crash! The sound of cracking glass and crunching metal echoed through the neighborhood. “I was driving home from practice. I was not paying attention and found myself heading

Students who drove told similar stories. “My first accident was after a Halloween dance on Oakwood Dr. I was driving our family van and trying to pass my friend. I took the corner too sharp and hit the curb. I blew two

manage to hit things with my mountain bike. I hit a parked van in the rain one night. I hit it so hard I collapsed a lung. A month later I hit a fence and wound up on crutches,” said junior Sean Tracy.

Accidents Occur Indiscriminately

straight for my friend's steel bumper. I didn't have time to stop and smashed right into his truck. It didn't even scratch his truck, but my whole front end was crumpled,” said senior Jeremy McDonald.

tires,” said senior John Gian-doni. Student driving accidents were the result of carelessness and inexperience.

Of course, students managed to have uncommon accidents from seemingly normal activities. “I always

Accidents, whether major or minor, occurred. Fortunately the ones that did occur were not serious and were not expensive.

by Mads Hansen



While trying to ignore the pain, junior Matt Smith works on his physics. Student athletes had to deal with injuries and still keep up with their studies.

It was about this far away when I noticed the other car," said junior Ashley McKelvy. Car accidents were caused by inexperience and students not paying attention.



Tiffany Paul



Roberto Santiago

Because of a minor collision, senior Steve Perry tries to keep his hood from flying up by using a bungee cord. Students found ways to cope with accidents.



No Souvanaratana

As she walks around the back of the car, junior Susan Lutes points out the result of a "fender bender". Minor damage cost too much to bother fixing.

Sweatshirts in the second drawer, socks in the first. Sophomore Chris Rose folds his clothes and puts them away. Doing laundry was one house chore guys did.

So shiny he can see his reflection. Sophomore Jason Halloway polishes his family's dining room table. Dusting was not a very strenuous task.



Julie Foxworthy



Roberto Santiago



Roberto Santiago

Men at Work

“
I hate doing work
around the house
because's it al-
ways so gross. I
always get stuck
doing the dis-
gusting jobs, like
the bathroom.
”

Mike Luley, 10

With sweat glistening on his back, sophomore Rickey Black grunted as he pushed his lawnmower up the hill in his yard. “I’m the only guy in my family so I have to do all the hard stuff

have to clean the house, inside and out. I listen to my Jimi Hendrix CD to keep my mind off the work,” said Leiby.

One of the reasons guys did housework was as a gift to their mothers. “Last

Guys don’t always do housework for free, bribes were often required. “The only way my mom can get my brother to do anything is to pay him,” said freshman Lisa Greiling. Some guys received up to \$50 a week for

It’s not Just for Girls Anymore — Guys do Housework Too

— mowing the lawn, moving furniture, fixing things,” said Black.

Guys often had to do the manual labor around the house. To make the work go by quicker, sophomore Brad Leiby listened to his favorite music. “Every other week I

Mother’s Day, I made my mom breakfast in bed and cleaned the house for her. It was a lot of work but she really loved it,” said junior Jon Publicover. By doing little chores around the house, guys made the women they love feel special.

chores.

Housework isn’t for girls anymore. Guys are helping out, whether it’s for money or gifts.

by Julie Foxworthy



"This is so disgusting!" Sophomore Arthur Lambros grumbles about having to clean the toilet. Housework wasn't always a pleasant task for guys.

Scrub-a-dub-dub! Sophomore Hector Cerda had to finish washing the dishes before he was allowed to go out at night.



Roberto Santiago



Stephanie Hockman

A rest from his chops. Senior Jon Jones piles the wood he just finished chopping. Guys were often stuck with the backbreaking jobs around the house.



Stephanie Hockman

A tedious job. Sophomore Jon Adams tries to vacuum his stairs as fast as possible so he can get paid. Money was an incentive to get the job done.

On the way home from school, seniors Andrew Dillon and Blair Brown wait to leave the parking lot. It took 10 to 15 minutes to wait for the buses to leave.

While piling their bags into the car, senior Chris Capell and junior Jeff Haines discuss whether or not to go grab a bite to eat or to go home.



Bridgit Kelly



Roberto Santiago



Roberto Santiago

Is there anymore room? Senior Kelly Christian-son overlooks junior Leighton Shak as he puts his books in the trunk. Small cars limited the size of trunk space.



Roberto Santiago

Open the door! Juniors Marc Barriteau, Brad Nance, and Jeremy Lind wait for the car doors to open, so they can hurry up and get home.



Roberto Santiago

Ready to go home, Seniors Jay Kincheloe and Joe Herman discuss who is going to drive tomorrow. Students carpoled in order to save time and gas.

"What are you doing after school?" asked senior Ahmad Raofi to sophomore Abdul Ahmed. Students discussed last minute plans in the parking lot.



Stephanie Hockman

Ride Share

Listening to the roaring sound of her engine as she started her car, Lisa thought to herself how nice it was to be able to carpool to school instead of having to ride the bus.

student parking lot. Plus, I get to talk to my friends before school," said junior Lisa Bellamy.

When carpooling, students did not have to worry about following the bus rules that were posted at the front of

senior Sheila Franco.

The noise of side conversations came with riding the bus. "Carpooling is better than the bus, because it isn't crowded or noisy. Besides, I can't relate to much on the bus," said junior Mike Ham-

Students Pack in to Avoid Buses and Walking

Carpooling gave students the opportunity to save money as well as more time to socialize with friends. "It's better for gas and it cuts down on the number of cars in the

the bus. "When driving, you can do anything you want and listen to any type of music. You don't have to worry about anyone telling you to sit down or stop talking," said

ilton.

Carpooling allowed friends the opportunity to get together and discuss the day.

by Heather James and Diana Wilson

“

I really hate having to give all my friends a ride home, especially since nobody pays me gas money. It's such a pain.

”

Tara Butler, 12

As junior Sean Urban fights insomnia, he takes advantage of the extra time to practice playing his guitar. Students used their musical talents to pass the time.



Michele Bidelsbach

While freshman Dawn Cleary sleeps an extra five minutes, the snooze alarm is about to go off. The snooze button was a popular feature on student alarm clocks.



No Souvanaratana



No Souvanaratana

“
I never have a problem falling asleep. After morning and afternoon practices I’m so tired that I fall asleep instantly.
”

Matt Smith, 11

Rise 'n Shine

Somnambulism, according to *Webster’s Dictionary*, is “walking while one is asleep.” At times, students found it hard to wake up and to stay awake. Students used a variety of techniques to

keep tired students from sleeping in late. Placing the alarm on the opposite side of the room forced students out of bed. Brave students also tried cold showers to get them awake.

Those solutions were good

three periods,” said sophomore Vicki Kalmus.

After a day of school, there were students that found they needed something to help them wind down to get to sleep. “I need to listen to 95.5 FM to help me get to

Students use Different Techniques to Wake up and Fall Asleep

wake up early for school each morning. “My mom had to shake me awake every morning. If it wasn’t for my mom, I would never make it to school,” said sophomore Chris Clay.

Multiple alarms helped

enough to get students out of bed, but students required something extra to keep them awake in school. “I need coffee in the morning. I drink at least three cups every morning. Without it I would sleep through the first

sleep. Without it I stay up all night tossing and turning,” said freshman Jeff Cuellar.

Both waking and sleeping proved difficult for busy students.

by Mads Hansen



"Reading *Benjamin Franklin* helps put me to sleep," said junior Jessica Nees. Reading in bed was a technique used by students to help them go to sleep.

Before going to bed at night, Tatiana Tarbuton makes a quick phone call. Students made late night phone calls to say good night and to ask questions about homework.



Stephanie Hockman



Roberto Santiago

As senior Renieer Fee does his homework, he also gets into the music playing on his headphones. Loud music kept him from falling asleep before homework was done.



Michele Bidelsbach

While working late on his A.P. History homework, junior Josh Dakon puts off sleep. This was the case for students who decided that homework comes before sleep.

Wrong Number

As a ringing phone broke the silence, junior Jason Wild sprinted to the phone to catch it before the caller was lost.

"I always seem to be in the oddest places when the phone rings. In the shower, outside, or doing something I can't leave," said freshman

phone, but in another sense it's bad because my parents know everyone that calls my house," said junior Loren Coulter.

Students with phones had to endure the problems that came along with owning one.

"My phone in my room rings very loudly, so when someone dials the wrong

ties or special interests.

"One year for Christmas my uncle bought me a duck phone, because of my love of ducks. It quacks instead of ringing. It always ended up waking me up at night so I only ended up having the duck phone for about one week. It's now down in the basement, out of commis-

Students Dealt With the Pros and Cons of Owning Their own Phones

Hilary Hansen.

While having a phone in their room at their disposal made it easier to catch calls, students didn't always have that privilege.

"I don't have a phone in my room which in one sense is a good thing because I don't always have to run to catch the

number or prank calls my house during the middle of the night and wakes me up. I can never seem to get back to sleep, which is extremely annoying," said junior Tom Huisking.

Some phone manufacturers made phones that expressed students' personali-

sion," said junior Jim Grube.

Communication in today's society is a necessity for high school students to survive the daily hassles they had to endure in their lives.

by Chris Meadows



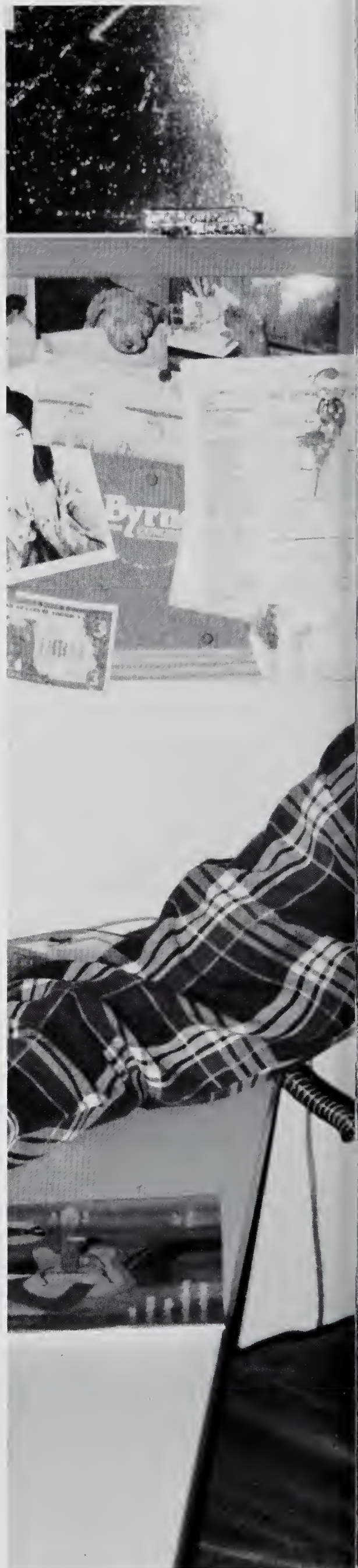
“
I often find myself talking on the phone to my friends, I always get yelled at.
”

Rusty Johnson
11

"What did you say?" Senior Kyle Jones talks to a friend on the phone while getting a snack. Cordless phones enabled students to walk around while they talked.



Stephanie Hockman

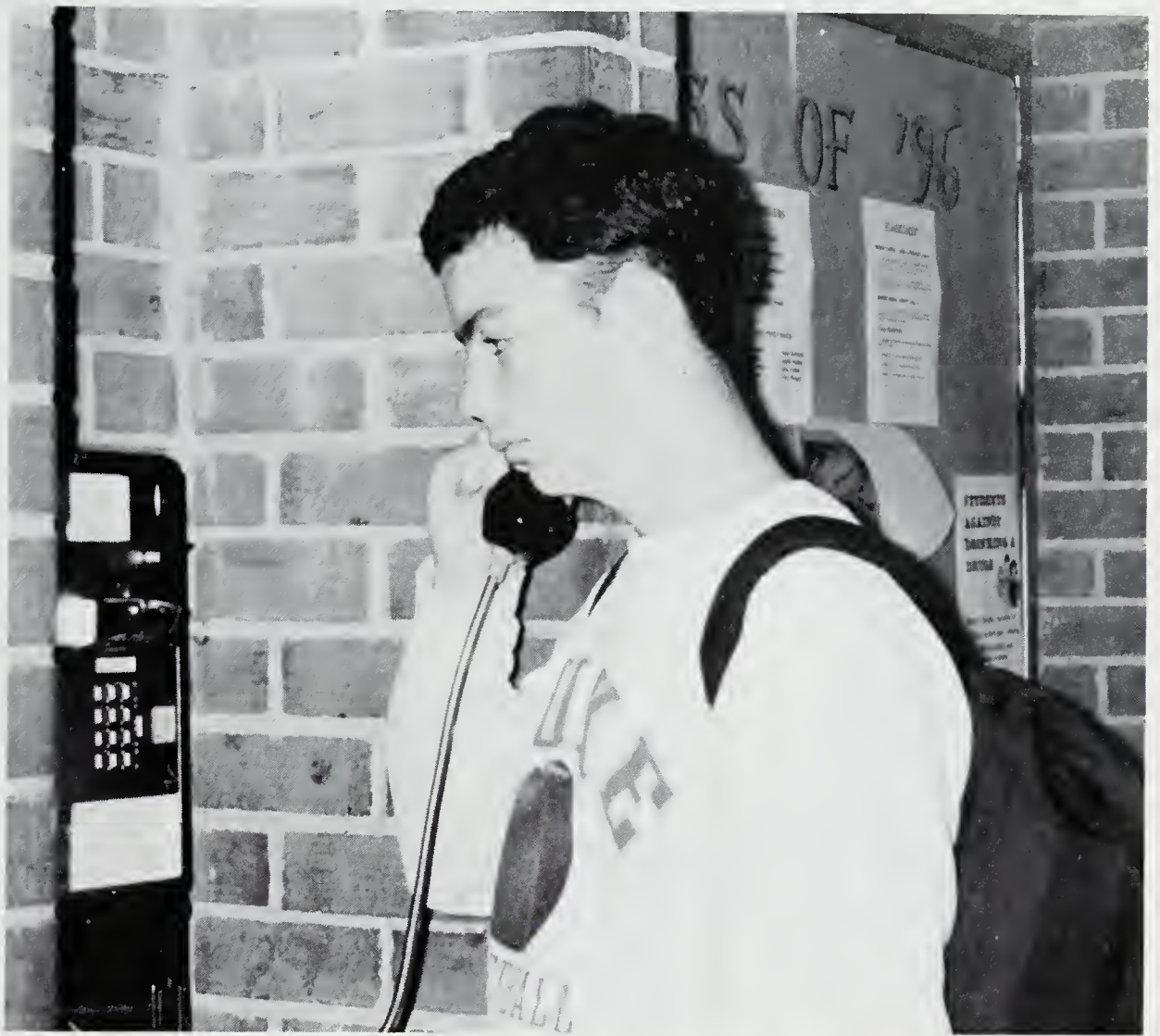


Michele Bidelsbach



"What movie do you want to see on Friday?" says senior Todd Breland, sitting in his room making plans with a friend for the upcoming weekend.

While calling his dad for a ride home, freshman Graham Moore waits patiently after he attended math tutorial after school on Tuesday.



Michele Bidelspach



Roberto Santiago



Roberto Santiago

While working on a math problem, junior Audrey Newcomb's father teases her about being on the phone for so long with a friend she has seen all day.

While reading *Guitar Magazine*, sophomore Chris Davis discusses an article he is reading on a new band in the Washington DC area.

With steam rising, freshman Meghan Anderson stirs a pot of spaghetti. When there was nothing to eat, students made their own meals.

After cheerleading practice, freshman Melissa Hunt bakes a cake for her dad's birthday. Students decided to pass on cakes from the store and baked their own.



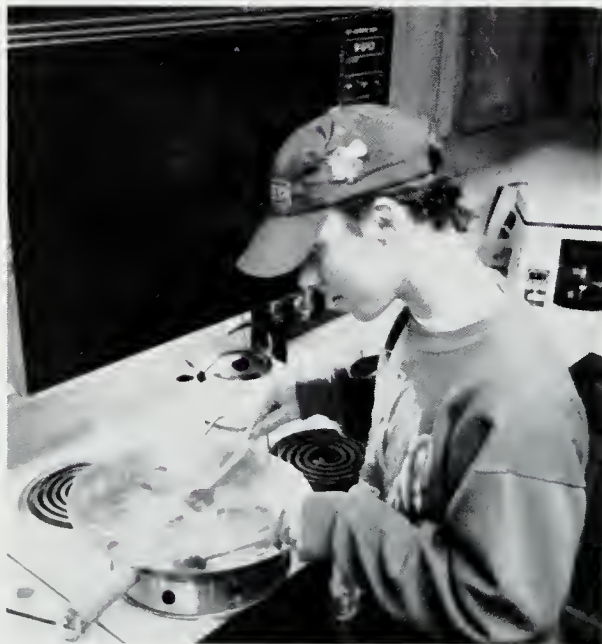
Roberto Santiago



Stephanie Hockman

Hot! Hot! Senior Elisabeth Moore carefully removes chocolate chip cookies from the sheet trying not to burn herself. Students were cautious when cooking.

"Stir fry is my specialty," says senior Jeremy McDonald. Students experimented with goods from different countries, which gave them new flavors to work with.



Leslianne Swanson



Roberto Santiago

Home Cooking

The aroma of spaghetti sauce began to spread. It started from the kitchen, then the scent of tomatoes, basil, and garlic filtered throughout the entire house. When parents could not cook, or if they did not want to, they asked their children to do the job. "I started bak-

students who knew that cooking was not for them. "I really can't cook even though I try. I am so bad that I burn Spaghetti O's and my macaroni and cheese is always watered down. One time I made a pumpkin pie and I forgot to add the spices. It ended up tasting like raw pumpkin and no one wanted

If students wanted to learn more about cooking, they watched cooking shows to obtain a better knowledge about food. "I love the TV show 'Yan Can Cook.' The chef, Yan is hilarious. He tells these funny jokes while chopping up shrimp to prepare unusual Chinese creations. The audience is always

Students go out to Kitchen to Prepare Themselves a Snack

ing when I was little, but when my mom got sick I had to prepare dinner. I found that I liked cooking, but there is more planning involved. My favorite dish is vegetarian lasagna which is healthier than my mom's." said junior Claire Fontenot.

While there were students who could cook, there were

to eat it," said junior Andrea Littig.

Chefs followed recipes, but students decided to make up their own concoctions. "If I need dinner and there is nothing else to eat, I throw everything into a frying pan and hope it turns out okay," said freshman Erynne Brotherton.

laughing," said senior David Graham.

Whether they followed recipes or decided to create new dishes, students entered the kitchen and attempted to cook. Students took the philosophy of chef Yan who said, "If Yan can cook, so can you."

by Kelley Curtin



Roberto Santiago



“

I love to cook gourmet meals. My favorite easy to cook dishes are manicotti and lasagna.

”

Christy Britton,
12

Mmm, Mmm, Mmm. Senior Sean Gilhooly enjoys a breakfast burrito for his morning meal. Microwaveable foods were quick and easy to prepare.

In order to make things run more smoothly, senior Heather Thorstad passes sophomore Deanna Thorstad lotion. Time was precious while sharing a bathroom.

Sisters, junior Sara and senior Katie Lyng put a crew poster up in their bedroom. Sharing bedrooms allowed students to decorate with different personalities.



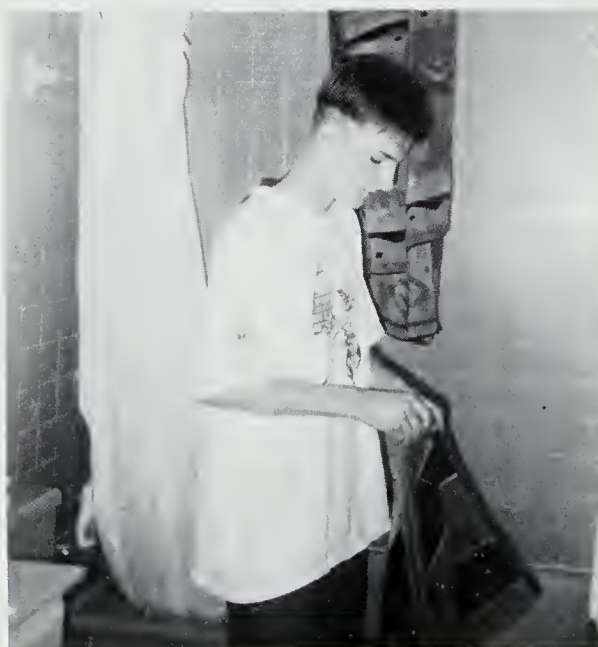
Heather James



Heather James

"Move out of my way!" Senior John Giandoni and his sophomore brother, Will, try to make room for each other as they brush their teeth.

Sharing a bathroom often meant cleaning up after each other. Sophomore Brad Leiby hangs up the towel that his sister threw on the floor.

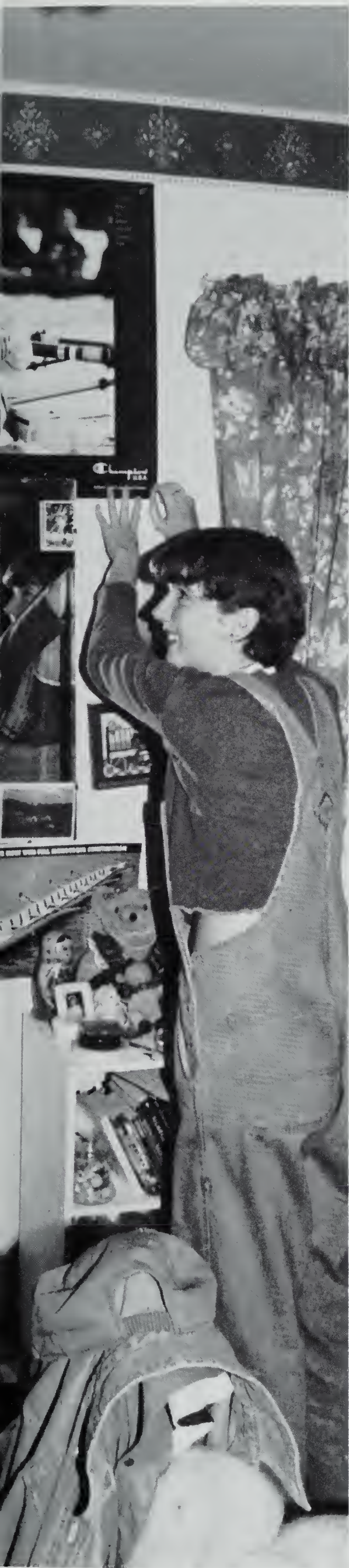


Heather James



Summer Stewart

No Vacancy



This is my room space and this is yours.

For large families sharing bedrooms was not uncommon. "I have nine brothers and sisters, and right now I share a room with my five brothers and my three sisters sleep in another room.

have experiences that those with their own room did not experience.

Sharing a bathroom resulted in trials and tribulations between siblings. "It gets annoying at times when my sister and I both end up wanting to brush our teeth at the same time. And then

"I hate having to share a bathroom with my sister. We wake up at the same time, so she always runs to get the bathroom first. I always end up having to take my shower in my parents' bathroom. I hardly consider it my bathroom, too, because I never get to use it. It'll be nice next

Students Sharing Rooms Promotes Togetherness as well as Friction

We have a total of five bedrooms, so we've left the other three open. We use those for a library, a TV room, and a playroom. I don't mind this arrangement, it works great," said senior Micah Haines.

Sharing a room with siblings allowed students to

when she hangs some of her laundry up on the shower rod and then I have to move it," said freshman Chris Hockman.

When siblings wanted to use the bathroom at the same time, someone had to adjust by either waiting or using a different bathroom.

year when she is gone so I can actually use my bathroom and not my parents'," said sophomore Robbie James.

Whether students shared rooms or bathrooms, it gave them a chance to be together.

by Heather James



Becky Graham



“

I hate when my sister takes a shower late at night, and then by the time I get to all of the hot water, it is used up.

”

Kristin Legore,
11

Sisters who shared bathrooms helped each other get ready to go out. Senior Jenny Gray braids sophomore Colleen Gray's hair before school.

Yellow Naped Amazon parrots need to be shown attention or they chirp loudly. Junior Danielle Detwiler pets her parrot to keep it quiet.

Slippery and smooth, senior Eric Dobbs tries to hold his snake still, preventing it from getting loose and slithering around the house.



Tiffany Paul



Tiffany Paul

Lizards run and hide under things so sophomore Mark Christinson keeps his pet up on his shoulders so it will not take off and run beneath the couch.

Pets need to be shown they are cared for and senior Ann Marie Phillips knows this and pets her guinea pig which whines unless he is given attention.



Michele Bidelsbach



Brian Davis

Pet Peeves

The sound of trash spilling all over the kitchen floor followed by the pitter patter of little feet pulled Mike away from the TV. He soon found that his pet had created a mess once again. Man's best friend, yes, but pets sometimes had their annoying

"I have a parrot whose name is Spartan, he is always flying around the house and I have to chase him down, which is not very easy, plus I have to clean up the mess he makes," said Rainey.

"My cat does not make a mess or bother me too often

whose name is Gus and when I get home from school if I don't play with him he starts to bark and whine. It can get really irritating after a while. I just can't believe how spoiled he is," said Lynn.

Students seemed to agree their pets are worth the an-

Just Like People, Pets Exhibit Their Own Personalities

sides too. From constant whines that someone had to listen to, spoiled pets bothered students when they weren't given enough attention.

Students had these kinds of trials with pet care. Senior Jason Rainey had pet problems of his own.

but whenever my friends come over he always scratches them on the leg and then runs away," said senior Jody Sherwood.

Instead of having cat problems, sophomore Katie Lynn had problems with her pampered little pup.

"I have a little white dog

noyance that they create. Although they had sometimes proven to be nuisances rather than lovable friends.

Students endured the troubles of pet care much like their parents endured the troubles of raising them when they were little.

by Josh Mayne



Michele Bidelsbach



“

I hate it when I'm all ready to go to bed and my dog, Kirby, wants me to get up and let him out.

”

Naviere Hall, 12

Pets come with a lot of responsibility as sophomore Todd Yoho knows. Yoho brushes his dog regularly or else his fur gets all matted up.

As he puts his books in his '93 Geo Storm, senior Sung Pak laughs at a friend's comment. His parents bought him the car so he could drive to work over the summer.

On the road again, senior Jenn Scott opens the door of her brand new Saturn. Her grandfather bought her the car to replace her old brown Toyota.



Roberto Santiago



Roberto Santiago



Bridgit Kelly

“My favorite car would be a 1989 black Volkswagon Jetta. I love this car because it has a cool build and they are dependable.”

Bernard
Callands, 12

Hot Wheels

Driving down the road, sun shining, and wind blowing through her long blond hair, senior Kara Wesley imagined she was driving down to the beach instead of to school. “I love my red Cab-

Students became attached to their cars due to decorations or license plates. Others liked their cars not because they were flashy or expensive, but because the car had a unique feature. These features ranged from car stere-

on. As your buttocks is warmed, your mind comes to peace and ease. They are especially great for long trips. The only hazard is that you might fall asleep because you are so comfortable,” said senior Dan Abe.

Cars, More Than Transportation, it's a Status Symbol

riolet. Especially since I can take the top down and feel the wind rushing by me; music blasting and hair blowing. I just love the feeling of freedom,” said Wesley.

Students had many reasons for loving their cars.

os to paint jobs.

One student favored his car because he had seat warmers in the front seat that heat up to help on the cold and dreary winter mornings. “The feeling is insatiable when the heat is turned

Students loved their cars. Decorations such as bumper stickers and cat tails that hung from gas tanks added personality.

by Leslieanne Swanson



Cars often express their owner's personality. Senior Skye Fleming stands by his car with its original design which reflected his own creative ingenuity.

At the end of the school day, senior Caritta Lee unlocks her GMC Jimmy. She inherited the rugged vehicle from her father when he bought a new car.



Roberto Santiago



Roberto Santiago

The resulting product of many year's hard work is senior Chris Loucks' classic Camero. Loucks and his dad worked together to assemble the car piece by piece.

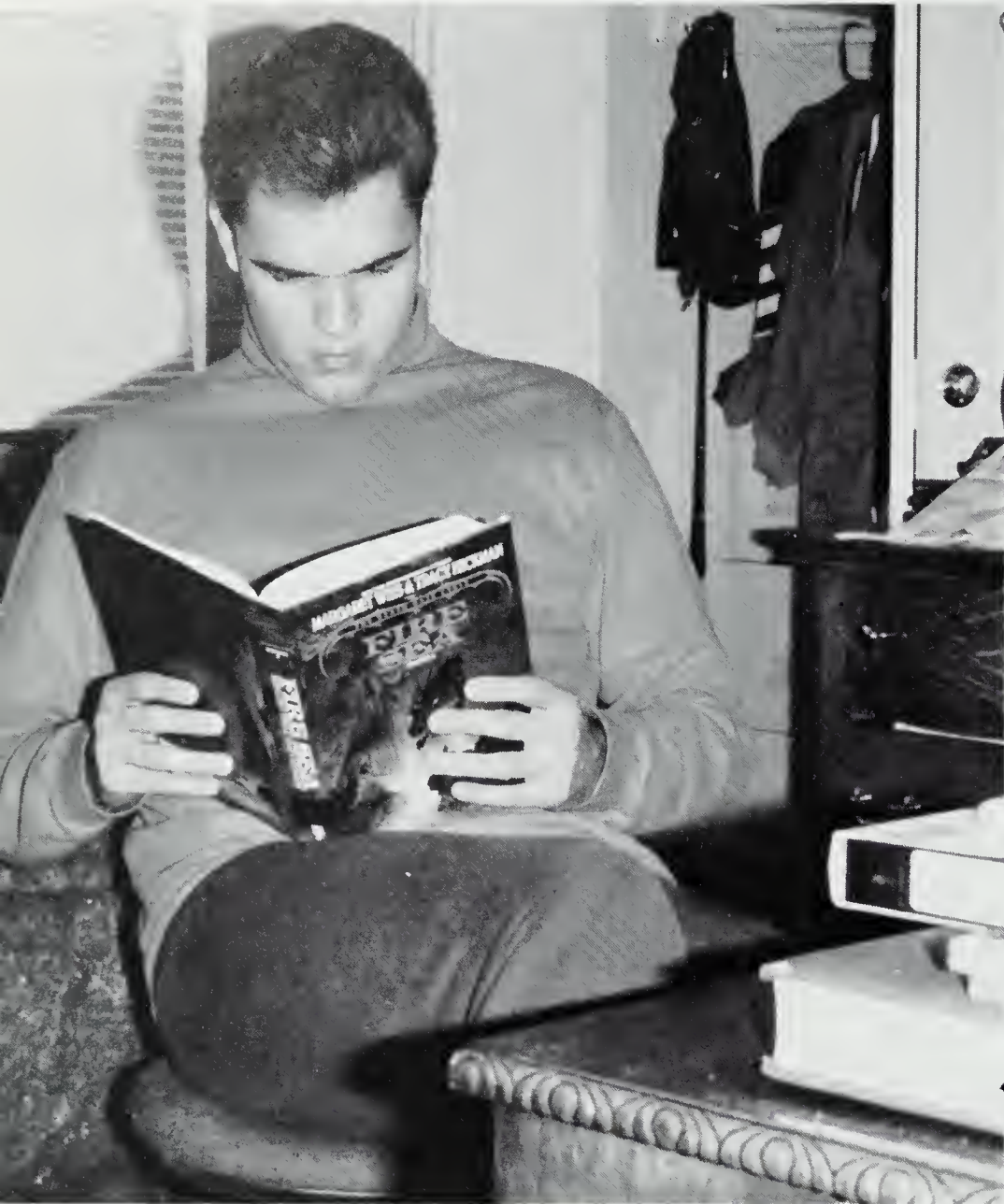


Roberto Santiago

A surprise birthday present turned out to be a brand new Plymouth Neon for senior Kevin Kalmus. After driving a big truck the new car was a pleasant surprise.

After learning about the reading quiz on *Fire Sea* tomorrow, senior Nevin Hewlett tries to finish the book, preferring the book to the movie.

The decision not to read the book was easy for senior Rachel Wahlquist. Students got credit in Biology II for watching *Jurassic Park*.



Roberto Santiago



Roberto Santiago



Roberto Santiago

Sophomore Chris Davis decides to take the easy way out by watching the movie, *Grapes of Wrath*, instead of reading the book.



Roberto Santiago

Instead of reading a book, senior Corey Stockwell takes his sister, freshman Amy Stockwell, to see a movie.



Roberto Santiago

To avoid being stuck reading the entire book in one night, freshman Jilian Camuti reads her book while catching a breath of air.

Freshman David Leckrone opts not to read the book or watch the movie. Instead he takes a break by reading, *Sports Illustrated*.



Roberto Santiago

Visual Aides

It was eleven o'clock, the paper was due the next day, and the book had not been read. The search for the Blockbuster card began. This was a common occurrence among seniors due to lack of time and

was no reason to read the book if they could watch the movie. "I try to watch the movie every time I'm assigned a book, because I don't have the time or motivation to read the book. Now I'm supposed to be reading

"My teachers have seen the movies and know the inconsistencies of the movie," said senior Robert Karhnak.

Seniors who decided to pull all-nighters and read the book, generally did better than those who just opted

“
Due to lack of time, I had to go against my principles and watch *Moby Dick* instead of reading the book. I paid for it later with my grade.

Chris Pratt, 12

”

Students Decide Whether to Read Books or Watch Movies

preparation.

"Tarrah Holly and I watched *To Kill A Mockingbird* because we were having a quiz the next day and hadn't read the book," said senior Stephanie Glad.

Seniors decided that there

Beowulf, and if there was a movie for it, I would have seen it already," said senior Mike Small.

Seniors who needed more accuracy and detail than they could get from a movie were forced to read the book.

to watch the movie. When making the grade cut into sleep, time spent with friends, and extracurricular activities, seniors took shortcuts.

by Summer Stewart



Roberto Santiago



Extreme Close-Up

Students Pack in Tight like an Excess of Peas in a Pod

W

hen the bell rang on September 8, 2,945 students poured into the halls creating an excess of people. The school was built to house only 2,600. The population increased by 100 students even with the May cap on student transfers. ✕ The overcrowding led to the construction of six new classrooms and an extra minute between classes which ended the day at 2:08. ✕ Mr. Judson Walker, 16 security cameras and more administrative aides were added to ensure safety. Both Mr. Alan Ross and Mrs. Benita Spears were full-time Freshman administrators with Mr. Tim Healey and Mr. Jim Little helping. Mr. Rob Benson became full-time aide for sophomores, Mr. Will Robinson for juniors, while Mr. Eddie Campbell saw all seniors. ✕ Mr. Wes Bergazzi tackled the position of Activities Director overseeing 43 teams and 52 organizations. ✕

In preparation for Homecoming festivities, junior Stephanie Feindt spray paints beer bottles red to be used as decorations for the Saturday dance. Star Trek. A jukebox. Disco. A Viking pirate ship. What do all of these things have in common? All four were on display as Homecoming floats when the Vikings took a "Journey Through Time." The senior class traveled into the distant past in a Viking ship they carried in the parade. With "YMCA" blasting out of speakers, the juniors recreated the 1970's by discoing throughout the parade. Clad in poodle skirts and saddle shoes, the sophomores bebopped beside a jukebox. Instead of traveling to the past, the freshmen journeyed into the future, dressing in costumes and playing music from *Star Trek the Next Generation*. The excess of participation in preparing for Homecoming banners, floats, and for the dance, was the greatest ever.

Tackling it From the Top

The Senior Class Spends Year Working Toward Common Goal of Graduation

B

ursting at the seams, in size and in spirit, the senior class anticipated graduating and moving on to life after high school. The seniors exceeded all bounds. At homecoming, they nominated 53 girls for queen. ✕ They also faced excessive expenses for their final year in high school. The class worked together all year, planning and raising money for graduation. Individually, they raised and saved money in order to handle the many costs of the senior year. ✕ They had to pay \$20 each time they took the SATs, from \$20 to \$60 per college application, \$30 for a parking sticker and at least \$100 for senior pictures. They also had to purchase graduation announcements and a cap and gown, in addition to paying for their own entertainment along the way. ✕ Seniors saved so they would have the money to make their last Homecoming and Prom the best ever. The seniors worked hard to meet expenses and to make their final year in high school exceed all that came before it.



Senior Class Officers Heather Farley, Jenn Scott, Brian Davis, Lisa Wright, Jeff Hummel.



**Danny Abe
Julie Ackerman
Harvey Acuesta
Andrea Adams
Rebecca Adams**



**Maehan Ahmadi
Azhar Allak
Daniel Allen
Dirron Allen
Kathryn Allen**



**Jennifer Alvarez
Luis Alvarez
Kalombo Amani
Mugeni Amani
Marcelo Angulo**



**Alexander Anzueto
Kris Apo
Imer Argueta
Katie Austin
Tanya Bacon**

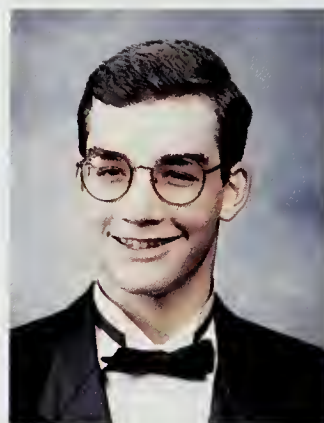
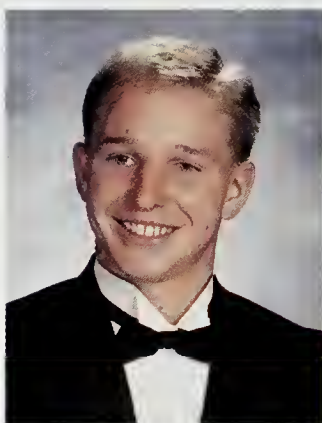


**Lauren Bailey
Michael Bain
Robert Baker
Robin Baker
Belinda Balderas**

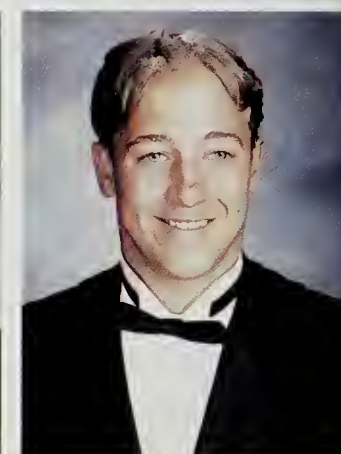


**Brandy Baldwin
Suba Bannister
Kevin Barbier
Nathaniel Barfield
Stephen Barnes**

Olivia Barr
Aaron Barrett
James Barrett
Andrew Basehoar
Jeffrey Bass



Jason Baumgardt
Karl Bayrer
Christine Beck
Joseph Bender
Robert Berger



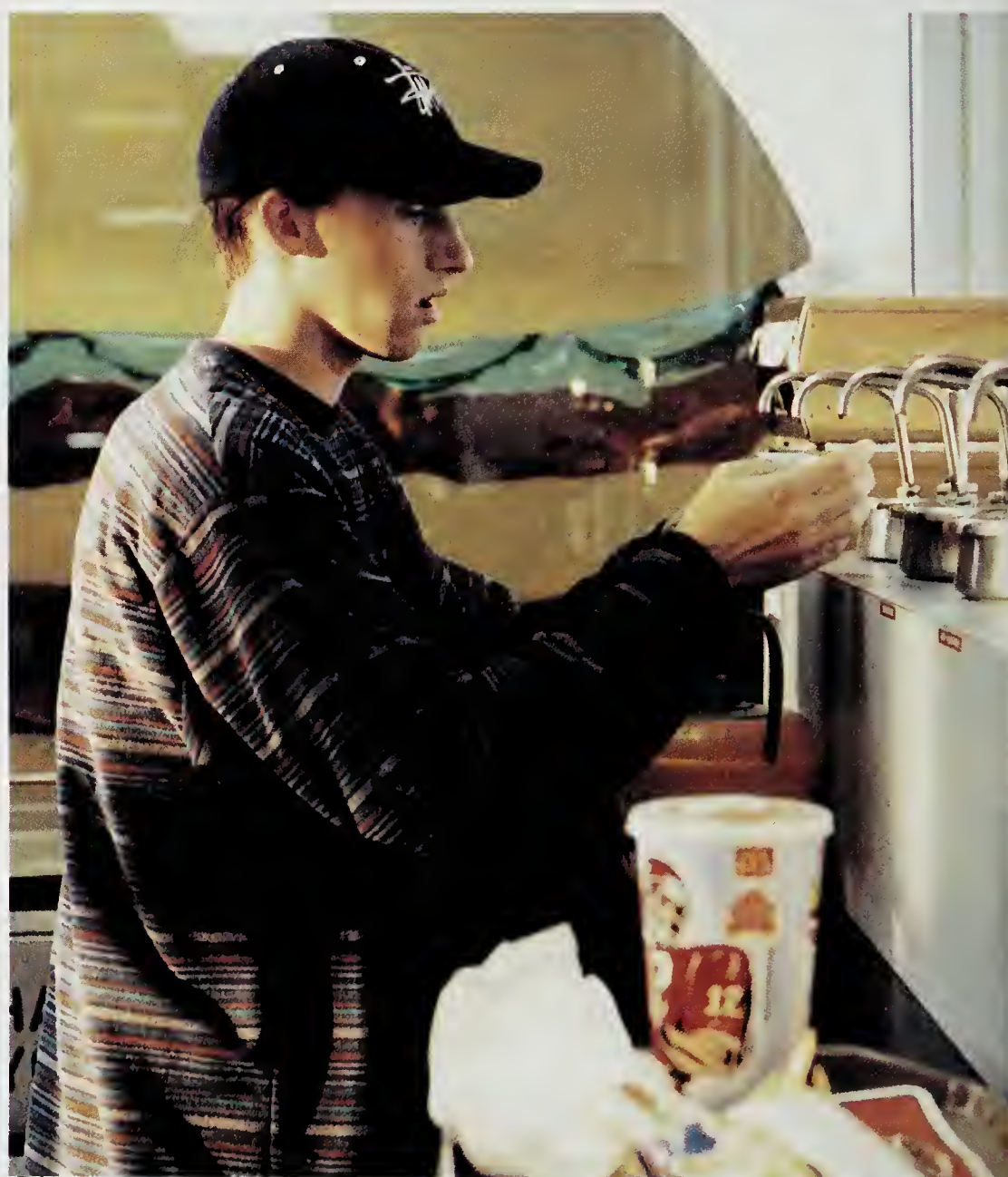
Jennifer Berry
Margo Berry
Kelly Bevins
Michele Bidelspace
Tina Biron



Roberto Santiago

"Can I please have a medium coke and a number two Value Meal?" On his way to a college meeting, held at school, senior Don Whitfield decided to go through the drive-thru window to get a quick bite to eat. The addition of a new McDonald's near Chinn helped make food runs quicker.

"Only two more little containers to fill with ketchup. Then I'll be done." Senior Pat Richardson stopped at McDonald's to get his dinner. Going to get food at a fast food restaurant instead of eating at home, gave seniors the chance to get out of the house and to be with their friends.



Roberto Santiago

Seniors Barr-Brinson



**Marshall Bishop
Troy Bishop
Ujee Bishop
Jose Blackshear
Amanda Blodgett**

**Nwanna Bolding
Diane Bonham
Brent Bordeaux
Lucy Borrás
Douglas Boulter**

**Lance Breeden
Christina Brehm
William Breland
Wendy Bricker
Daniel Brinson**

Quick Change

Always on the go, Seniors Debate Whether to get Take-out or Delivery

As Christy Britton pulled up to the intercom, she rolled down her window and all she could hear was a blurred voice underneath the loud static.

Seniors ordered food or went to get takeout from a fast food place. They found that the best time to order food was after school or late at night. "I order fast food a lot. I go after school or around 1 a.m. when I'm coming home. I always go to Wendy's, because if you don't get a receipt, you get your food free," said senior Chris Neblett.

Ordering food during study sessions pro-

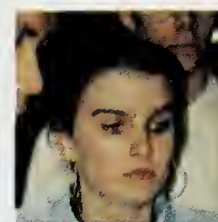
vided seniors with a break. "Whenever I'm with a study group we always order a Big Foot pizza. It makes the studying more interesting," said senior Amy Burns.

Money played an important role for seniors that were on a limited budget. "I like going to Taco Bell, because it's cheap. You can walk in with hardly any money and walk right out with like eight tacos," said senior John Curran.

Whether it was takeout or delivery, both were a quick way to find food.

by Heather James

“My mom and I order chinese from Hunan Imperial quite a bit. We always order pork fried rice and egg rolls.”



**Jaime Castle
senior**

“We order in on Sundays. We always get pizza or chinese food.



**Michele Bidelsbach
senior**

This way it's easy for my mom and we can watch TV.”

Split Decision

All Jazzed up, Seniors tap Their way Into a Ripple of Leaps, Kicks and Pirouettes

E

urope, Asia, Africa, Australia, and North America — a twelve month trip around the world. After fifteen years of dance training Julie Ackerman earned herself the trip. “Instead of going to school next year, I am traveling with a dance cast from *Up With People*. I auditioned for one of the seven hundred spots worldwide and was accepted,” exclaimed senior Julie Ackerman.

Spending hours in a studio taught seniors dance skills and gave them an opportunity to interact with people. “Working with dance groups at different levels teaches me characteristics about myself and what I am capable of doing,” said senior Tammy Tavares.

Tammy was a captain of the Vikette Dance Team as well as a leader at her dance studio.

Besides learning about themselves, seniors learned about different cultures. “Dance makes you be-

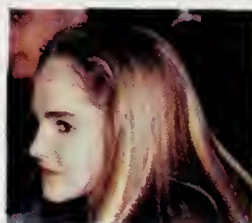
come a more well-rounded person because you meet people from different backgrounds. In ballet class you do not even realize you are learning a foreign language until all of a sudden it hits you that you can speak French because of the dance terms,” said senior Ebony Singleton.

Seniors expanded their education in dance classes. However there were sacrifices and prices to pay. “Because of ballet I have had tendonitis in my ankles for two years. Sometimes it hurts when I am on pointe, but I deal with it because of my love of dance. It gives me a chance to exercise and express myself,” said senior Theresa Debban.

Dance classes offered seniors new opportunities. Students found a creative way to cool down after school work and stress. For Vikettes, dance classes were an asset to school practices.

by Tiffany Paul

“When I was 16 my dance teacher wanted me to get a feel of a real audition so she took me to audition for the musical *Cats*.”



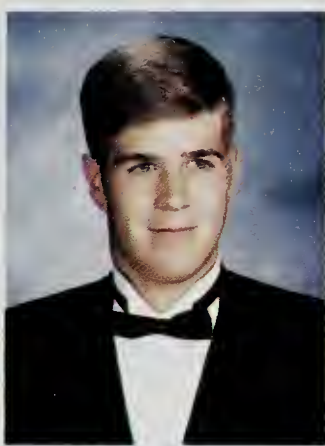
Stephanie Morris
Senior



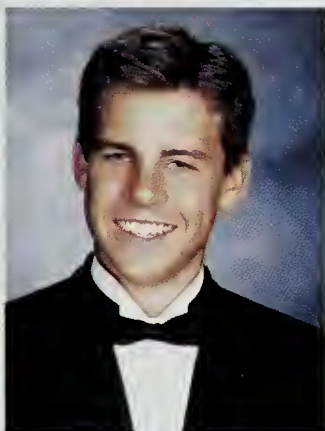
Thirteen ... fourteen ... fifteen ... sixteen. Getting ready for dance class seniors Sarah Flanagan, Heather James, and Karen Shull do the splits. Stretching was important so they would not pull a muscle dancing. The three took dance classes every Thursday night at the Steppin' Out Dance Studio. They were part of the company's dance troupe that competed several times during the year. They performed jazz and lyrical routines.



Seniors Brisbois-Castle



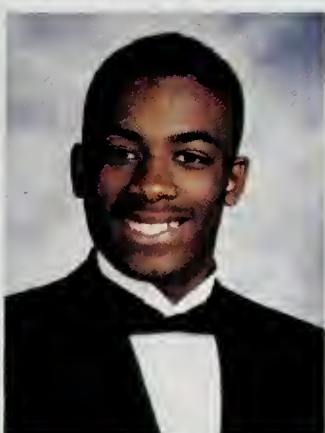
**Jennifer Brisbois
Christy Britton
Benjamin Brletic
Wendy Broadus
Sherrell Brogden
Shoshannah Brooks**



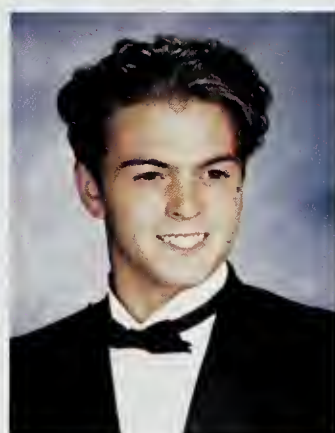
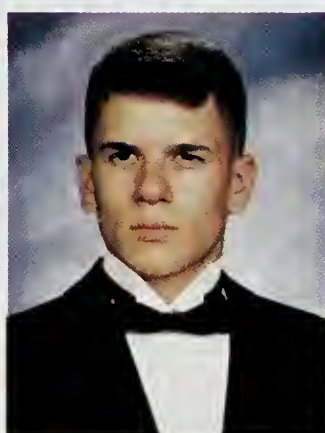
**Melissa Broome
Meredith Brotherton
Blair Brown
Daniel Brown
Angela Bruck
Erika Brummett**



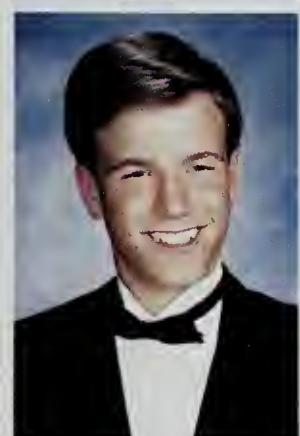
**Jennifer Bugg
Jessica Buhidar
Anthony Buige
Amy Burns
Tara Butler
Monty Bynum**



**Maricela Cabrera
Elizabeth Cackowski
Bernard Callands
Christine Callaway
Kristopher Calvert
Taylor Campbell**



**Vanessa Cantave
Michael Cantu
Christopher Capell
April Capps
Joel Caradine
Brian Carino**



**Christopher Carlsen
James Carney
Jorge Tony Carpio
Tiasha Carter
Christopher Cashioli
Jaime Castle**

While getting ready for her bed-time routine, senior Heather James cleans her contacts with saline solution. Seniors had to make sure their contacts were carefully disinfected to ensure that germs would not remain in the contact for the next day. Dry contacts often meant that the contact would rip or fall out of the person's eye.

"Ouch my eye hurts," senior Kendalynn Newsham thinks to herself as she tries to adjust her contact lens. Seniors got dirt or an eyelash in their contacts and had to readjust or take them out to fix the problem. Wearing make-up also presented a problem to contact lens wearers.



Heather
Thorstad
Senior

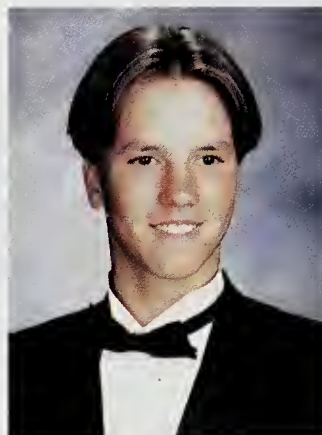
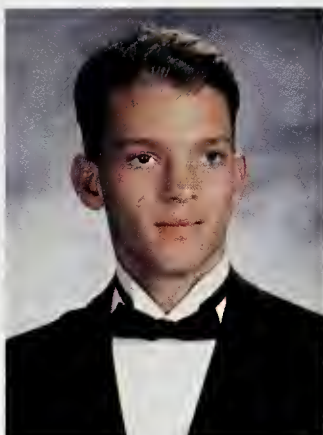
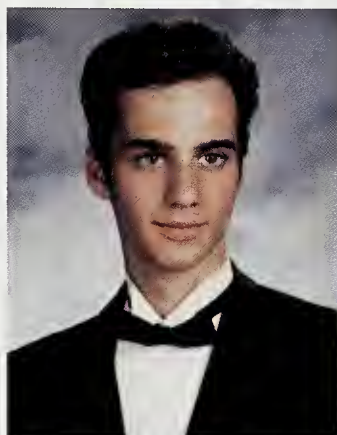
“ I lost my contact at the pool, but luckily I found it. My biggest fear is that someday I will lose my contact and will not be able to find it. Then I will be forced to wear my glasses. ”



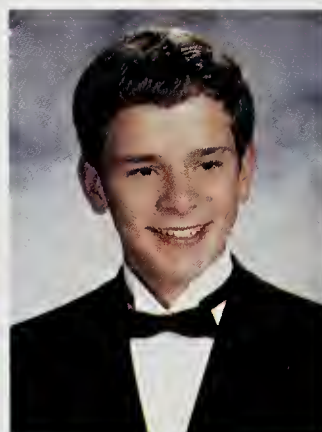
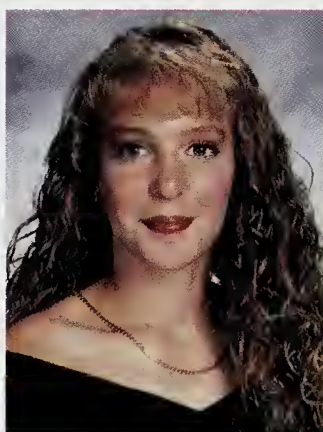
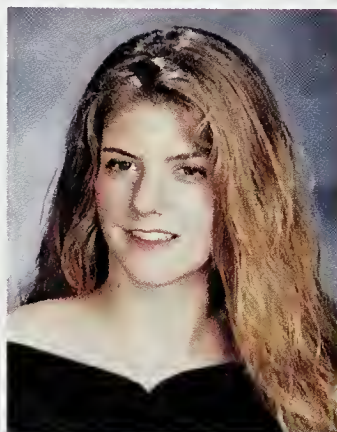
Christy Britton



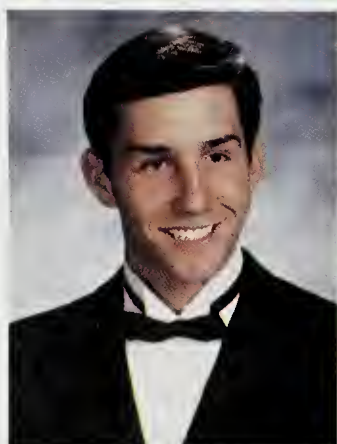
Ernest Chapman
Stephen Chapman
Alexander Chemerys
Sheraz Choudry
Kelly Christianson



Devon Clark
Loretta Claytor
Daniel Cleary
Mark Clifton
Shannon Clouden



Alex Cogswell
Stacey Coleman
Robert Conrad
Jeffrey Cook
Kellie Couch



Seniors Chapman-Davis, Jeffery



No More 4 Eyes

S

enior Michele Bidelspach fell to her knees. She groped gently on the floor to find her dropped contact.

Seniors did not always have plain clear contacts. They would choose from colors such as green, bright blue, and deep brown. "I had green contacts and clear ones. One day I was in a rush and accidentally put one color in each eye. I walked around school all day like a freak. People thought I had weird eyes," said senior Leslieanne Swanson.

Not only was losing a contact a problem, but also the chance of ripping caused seniors to become distraught. "Late at night I was cleaning my contacts, and I looked down at my hand. I had ripped one while trying to

Seniors Have the Option of Wearing Contacts or Glasses

clean it. It was an awful feeling because I knew I would have to pay for it," said senior Sarah Flanagan.

"I prefer contacts over glasses because I can see sharper and I don't like the way I look in glasses. Disposable contacts are low maintenance so I just pop them in and when I am done I just throw them away," said senior Steve Perry.

Some seniors vowed to stick with glasses forever. "I ripped one of my contacts. I was cleaning with my finger in the palm of my hand when my nail ripped the edge. I got so angry that now I only wear glasses," said senior Cindy Lizano.

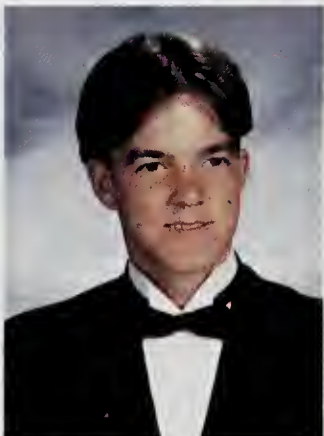
by Christy Britton



**Carlos Cordova
Reggie Craft
Catherine Craig
Michael Crippen
Molly Cundy**



**Brian Cunningham
Jessica Cunningham
John Curran
Kelley Curtin
Sarita Cutte**



**James Dail
Aisha Daniels
Cameron Daniels
Brian Davis
Jeffery Davis**

Contact Lenses

Computer Age

Library Jumps Into Twentieth Century

Exchanging Card Catalogs for Computer Hard Drives

A

ll that could be heard throughout the library was the rustling of pages, the beeping of computers, and the dropping of change into the xerox copier.

Going to the library meant having to be prepared. If the students forgot anything once they were there, they had to borrow it from another student or go home to get it. "I never carry change. I hate the noise it makes, but I always end up needing it for the xerox copier, and none of my friends ever have any change," said senior Jimmy DeGenova.

Besides the xerox machine, the library also supplied seniors with computers. They carried Apples, IBMs, games, and tutorial programs. "I used to only use the computers in the library to play this game, Civilization, but now I use them to type my reports because of the good word

processors they offer," said senior Jeremy McDonald.

The library also had books for the students to use. They had non-fiction, fiction, and a special room for containing reference books. "Sometimes I go to the

library to read. It's a good stress reliever, but most of the time I'm cramming projects in the reference section. That's certainly not a stress reliever," said senior Jodee Reish.

Students had libraries outside of school that they could choose from: Chinn Regional library, Potomac library, and George Mason's library. "I use it for school work and small projects, but for large projects I end up using Chinn library. It just has more sources," said senior JoLee DeMott.

Due to an excess of students the library remained

open for extended hours on Tuesdays and Thursdays.

by Chris Meadows

“The library is a source of frustration for me, I don't know how to use the computers very well so I always give up.”



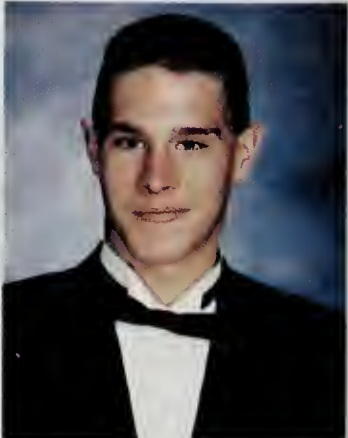
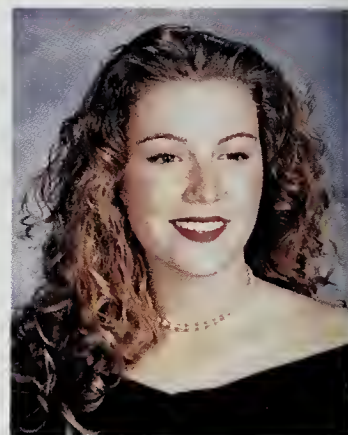
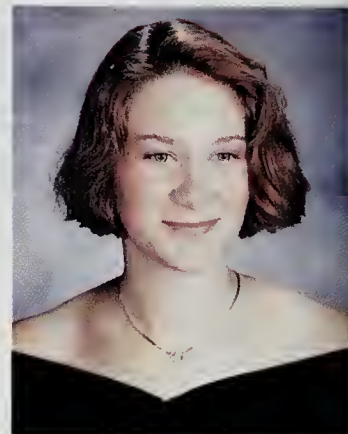
Liz
Cackowski
Senior

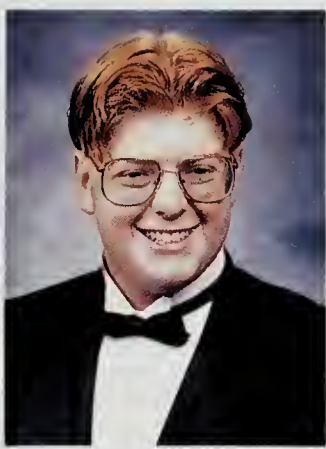
Making use of the library's facilities, senior George Rey works on an English essay. The school library was open from 7:15 a.m. to 3:00 p.m. every school day. Besides using the word processors on the computers, students could also use tutorial programs, educational games, and all different types of software. Librarians were also in the library, available to help those students who were less computer literate.



Seth Lowery

Seniors Davis, Shaneeka-Elliott





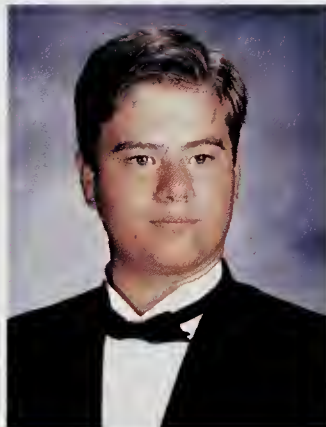
**Shaneeka Davis
Tyra-Lyn Dayanan
Catherine Deadman
Robert Deaso
Theresa Debban
Paul DeBruhl**



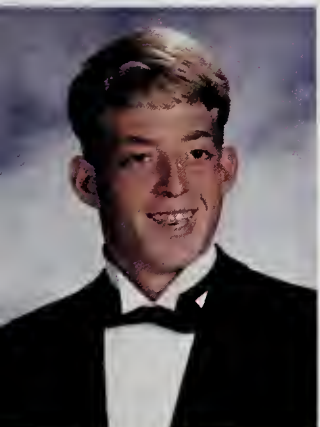
**Laura Deets
James DeGenova
Henry DeLeon
David DeLeonardis
Kristin Dellermann
Leyla Delrosario**



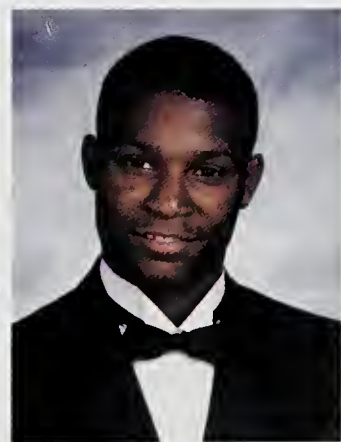
**Joanna DeMott
Gertrudiz DePaz
Bryce C. Detwiler
Kathryn Diaz
Nicole Dietze
Andrew Dillon**



**Rosangela DiManto
Lisa Dixon
Eric Dobbs
Dean Dockery, Jr.
Timothy Donnelly
Adrian Donovan**



**Heather Donovan
Erin Doughty
Lori Dowling
Jamie Dugan
Danielle Dumas
Rian Duncan**



**Sean Dunnegan
Kimberly Eckert
Christopher Edwards
Rashal Edwards
Michael Elliott
Raymond Elliott**

Home Sweet Home

T

he radio
blasted
"Blister in
the Sun" by
the Violent
Femmes.
Dirty dishes
filled the
sink. Clothes

laid sprawled out all over the
floor. This was a definite sign
that the parents were gone
and the students were home alone.

Whether parents were working or out of
town, students experienced what it was like
to be on their own. Seniors discovered what
peace and quiet was really like. "I was left
alone for one month when my parents were
out of town. All I did was work, but it was
nice to come home to a quiet house," said senior
Aaron Barrett.

Students Spend Time Alone, Free From the Rules of Their Parents

Besides working, students
found other things to occupy
their time. A common thing
was to have friends come
over to keep them company.
"My parents left me alone for
three days and I ended up
hanging out with my friends
the entire time," said senior
Jenny Brisbois.

Staying home alone was
not always glorious. Stu-
dents had to make their own meals. "When
my parents work late I have to find some-
thing to eat. I live off of macaroni and cheese
and oatmeal creme pies," said senior Renee
Fox.

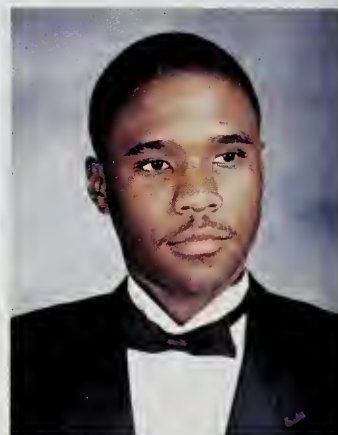
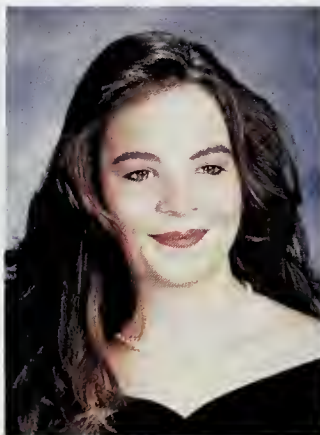
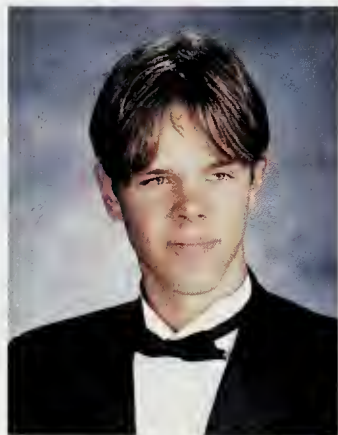
When left home alone, students did begin
to miss their parents, but that did not stop
them from having a great time.

by Rebecca Murphy



Bridgit Kelly

**John Ellis
Shannon Elsis
Dennis Emison
Earl Ercoline
Taino Esannason**



**Otto Escobar
Eusi Evans
Kathleen Fallon
Heather Farley
John Farrell**



**Torrance Farrington
Anthony Faulds
Renier Fee
Christine Feindt
Norman Feniza**



Seniors Ellis-Fua



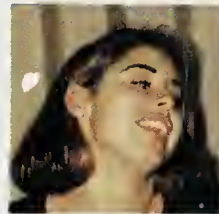
With his parents out of town and time on his hands, senior Micah Turnquist flips through an old family album. Turnquist noticed a picture of his parents and wondered how they were doing. After a few days without the company of their parents, students got lonely.

Finally, time to just kick back and relax. Senior Jimmy DeGenova does just that. While reading *People* magazine, DeGenova talked on the phone with friends. Although his parents left him a list of things to do around the house, DeGenova chose to ignore this and spend his time relaxing.

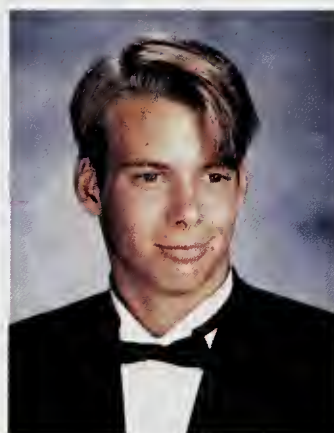
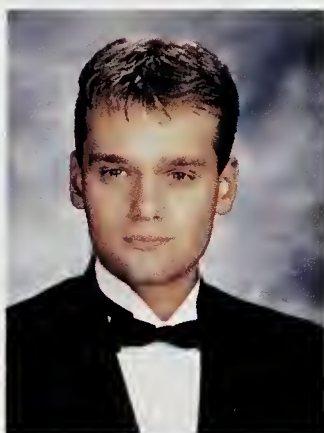


Bridgit Kelly

“ Being home alone is a great time for me to catch up on my school work. The peace and quiet help me concentrate on what I am doing. I end up getting better grades when I am alone. ”



Tara Plummer
Senior



Leanna Ferguson
Giorgio Fernandes
Azish Filabi
James Fink
Daniel Flaherty



Sarah Flannagan
Skye Fleming
Nancy Floode
Derek Forest
Wendy Fouts



Renee Fox
Sheila Franco
Carol Frazier
Kenneth Frederick
Alvin Fua

Oldies but Goodies

Senior Naviere Hall falls exhausted onto her couch for her favorite TV reruns. With remote control in hand, she was immovable until her favorite shows finished. *MacGyver* and *Saved By The Bell* were her favorite reruns. Seniors performed this daily ritual, and they got hooked on shows and watched them every day.

"I loved to watch *Who's The Boss* when it was on weekly and now I watch it every day to remember my favorite episodes," said senior Sayeda Kaisken.

Reruns like *Full House* and *The Fresh Prince of Bel Air* were on both in primetime and in syndication.

Reruns were shows that seniors watched when they were younger. *The Brady Bunch* was popular. "The Brady's are the coolest family of all time. All their problems were always solved and everything

goes back to normal," said senior Tanya Bacon.

Not all seniors had time to watch their favorite reruns. "I'm usually too busy to watch my favorite shows," said senior Michael Taitt. But most seniors found the time for a half an hour of relaxation.

Comedies gave seniors a chance to relax and laugh. "I love to get together with my friends and watch *Saturday Night Live* reruns. I like the old ones because they're funnier than the new ones," said senior

Rebecca Woodcock. "The older the reruns are, the funnier they are," said Woodcock.

Overall seniors watched sitcom reruns every chance they had.

by Brad Leiby



Karen Kelley
Senior

"I really love to watch *Mork and Mindy* and *Star Trek* because they were so different

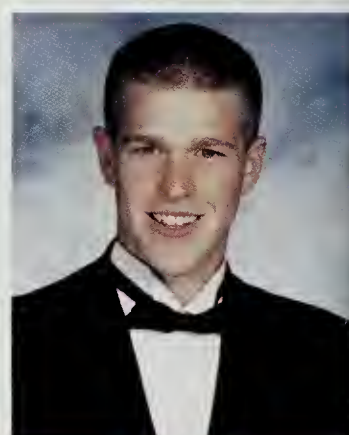
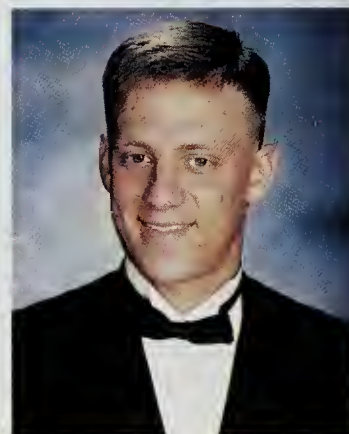
from the rest of the shows that were on during the same time period."

This is the true story of seven strangers picked to live in a loft... Senior Tamica Green watches reruns of *The Real World*. The show aired daily at 5:00 p.m. on the Music Television (MTV) channel 44 of Columbia Cable. Green even ate dinner in front of the TV to avoid missing her favorite reruns.



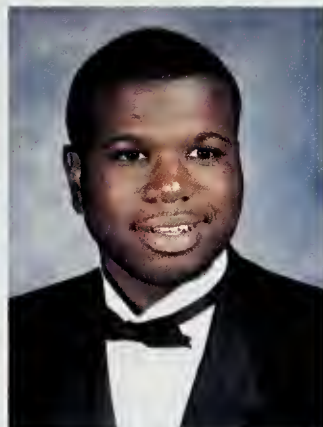
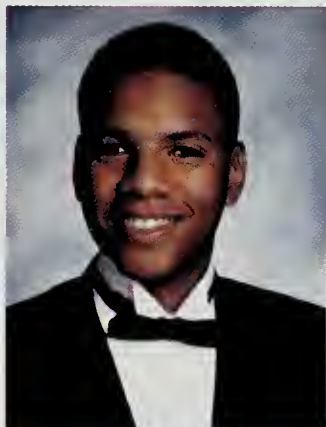
Seth Lowery

Seniors Gaber-Guerrero, Pedro





**Rafik Gaber
Marcus Gadson
Gina Gaeta
Rebecca Gale
Charles Gallion
Gisella Gambini**



**Paul Gamino
Heather Garka
Emmanuel Garrett
Faith Garrett
Michael Garrett
Tameka Garrett**



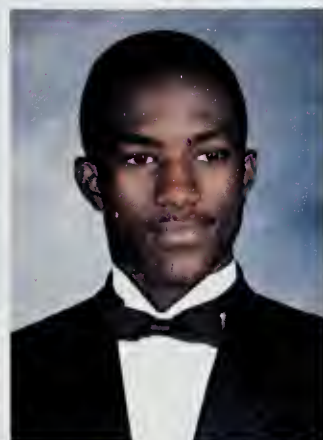
**Barry Gauch
Linda Gautreau
John Giandoni
Sean Gilhooly
Jennifer Girten
Stephanie Glad**



**Dawn Gleichsner
Gregory Golliday
Mariella Gomez
Marta Gomez
Ariel Gonzalez
Chanda Gorman**



**David Graham
Rebecca Graham
Julie Granahan
Eve Gravely
Eric Gray
Jennifer Gray**

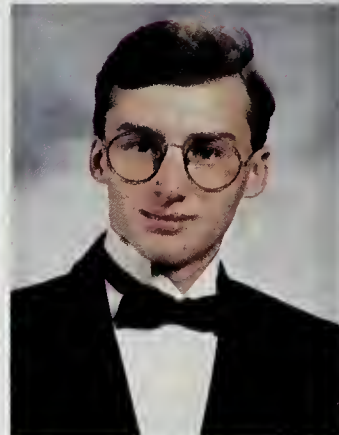


**Tamica Green
Treva Greer
Eric Greiling
Noah Grieco
Marcus Griffin
Pedro Guerrero**

Sandra Guerrero
Gwennaëlle Guillas
Matthew Gundy
Regina Gunther
Elba Guzman



Micah Haines
Daniel Hale
William Hale
Kelly Hall
Lando Hall



Naviere Hall
Mads Hansen
John Harmon
Andrew Harned
Clivis M. Harris III

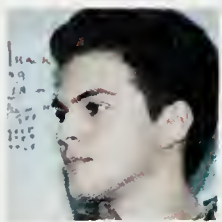


R.J.
Witherell
Senior

“The bus may not be the greatest thing in the world, but when your car breaks down, it beats walking a mile to school.”

It's the Cheesiest

When the Battle for Spaces Gets Intense,
Seniors Drop the Keys and Head to the Bus



Brian
Carino
Senior

“Riding the bus on field trips was the only time it was fun, otherwise I think that I would have never ridden the bus.”

T

en people huddled in the rain under one umbrella. Finally the cheese wagon rumbled by, billowing black clouds of diesel smoke. “I need a parking permit,” the senior said to himself.

Due to the excess of students parking in the student parking lot, even seniors had to ride the bus to school. Seniors decided that even though they were upperclassmen it really didn't matter how they got to school. Riding the bus was a way to get to school safely, avoid bumming rides, and avoid the crowded parking lot. “I ride the bus because I have no

other transportation and I hate trying to bum rides off of other people,” said senior Tony Faulds.

“When I first moved here in the 10th grade I had to ride the bus because I did not know anybody that drove,” said senior Ryan Yoho. As students got older they got their own cars, and with a 30 dollar year-round parking sticker they could park in the student parking lot.

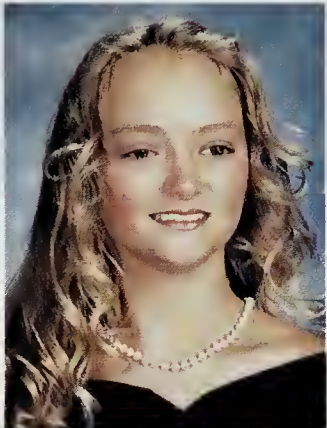
Students debated which was worse, waiting for the bus or a parking sticker.

by Krista Clearwater

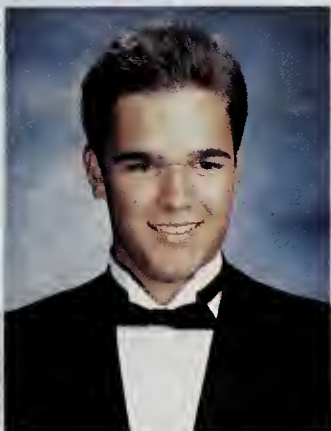
Seniors Guerrero, Sandra-Hoffman



**Tanakia Harris
Daniel Harrison
Evay Harvey
Beverly Hatfield
Jacquelyn Hawkins**



**Matthew Hayes
Andrea Heid
Kelly Hengst
Matthew Henry
Joseph Herman**



**Nevin Hewlett
Melissa Hinkle
Stephanie Hockman
Katherine Hodge
Darrell Hoffman**



Seth Lowery



Seth Lowery

At the end of the day, senior Blanca Vargas sits on the bus and stares out the window. Shouts from underclassmen drifted up from the back of the bus as a squabble broke out over a seat. Seniors used their time on the bus to relax and as an opportunity to take a break after school before starting homework.

Finally, a chance to catch up on some light reading. Senior Shelly Piazza and junior Jennifer Gross make the most of their bus ride home. The bus ride provided ten to fifteen minutes of uninterrupted time to relax. Seniors riding the bus were halfway home before seniors who drove themselves were even out of the parking lot.

Riding the Bus

Peace of Mind

S

enior Shelly
P i a z z a
sighed as she
s l u m p e d
down onto
her bed after
a long day of
school and

work and relished the fact that she finally had some time alone. "I have to spend time by myself because it keeps me sane," said Piazza as her head sunk lower into her pillow, almost disappearing from view.

Seniors had difficulty finding moments of solitude each day. With school, work, parents and siblings, seniors developed techniques to ensure they wouldn't be bothered. "I just practice my clarinet. That generally keeps people away," joked senior Kim Shires. Ra-

With Their Busy Lives, Seniors Struggle to Find Some Time Alone

chel Diaz tried a different approach. "I go running around Lake Ridge to help relieve the stress of everyday life," said Diaz.

Seniors took time alone to participate in the activities they couldn't do around others. From doing homework to practicing sports, seniors had no trouble finding something to fill quiet time.

"When nobody's home I turn up all the radios in the house really loud and listen to my Boyz II Men," said senior Tara Butler.

So whether they spent their time alone practicing an instrument, jogging, or dancing to their favorite tunes, seniors re-gained energy after spending time alone.

by Julie Foxworthy

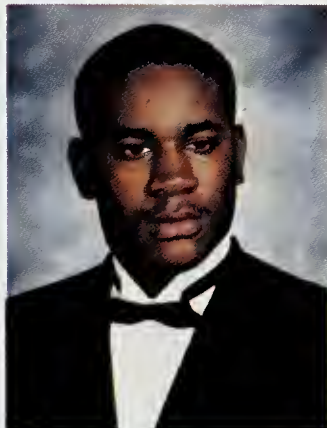
Bridgit Kelly



**Maurice Holbert
Catherine Jamie
Holliday
Crystal Holliday
Tarrah Holly
Maggie Horn**



**Jevon Howard
Martonio Howard
Lisa Hudson
William Hudson
Lindsay Hughes**



**Kenneth Huling
Jeffrey Hummel
Jennifer Hummel
John Husar
Lora Huston**



Seniors Holbert-Jones, Courtney



Up in the air, senior Ernie Chapman grabs his skateboard and goes flying. Ernie went to Lake Ridge Middle School to skate on the steps and sidewalks. Skating at the school gave him a chance to better his abilities and spend some time alone. Doing something physical was a good way for seniors to relieve stress.

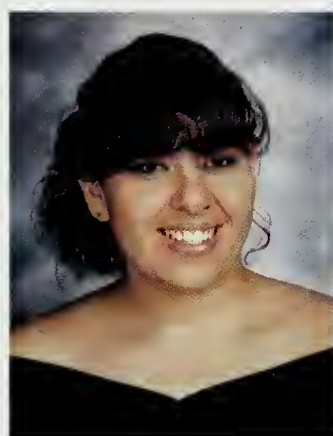
While resting comfortably on her bed, senior Stephanie Joseph works on her homework. Stephanie used homework as an excuse to retreat into the peace and quiet of her bedroom in order to escape the stresses of everyday living. Escaping into a bedroom or basement was a favorite senior hideaway.



“It’s hard to find time alone as a senior with work and school and everything. It’s important to find time alone because it helps you find yourself in case you’ve forgotten who you are.”



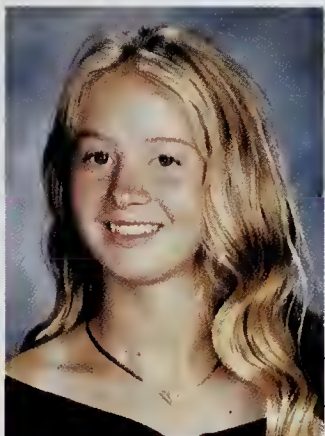
**Pat
Grieco
Senior**



**Vernetta Hygh
Tracy Irion
Mark Jackson
Tiffany Jackson
Amy Jahnke**



**Heather James
Kelly James
Scott Jaquays
Shelli Jendrossek
Elizabeth Jessee**



**Amy Jewell
Heather Johnson
Matthew Johnston
Amy Jones
Courtney Jones**

DeShay Jones
Jonathan Jones
Kyle Jones
Michael Jones
Michael Jones
Natalie Jones



Patrick Jorgensen
Stephanie Joseph
Erin Jurich
Sayeda Kaisken
Kevin Kalmus
Allison Kaplan



Robert Karhnak
Parham Kassaie
Christopher Keefe
Karen Kelley
James Kerr
Sheraz Khalid



Ghezal Khalili
Adil Khan
Dong Kim
Jason Kincheloe
Scott Kines
Amy King



Giehl David King
Traci King
Shannon Klakowicz
Jason Knepper
Mary Ellen Koleszar
Melissa Kulig



Marie-Louise Kunad
Toi Kyles
Janel Labus
Sandra LaFond
Talia Lake
Nicole Lamond



Serving Time

Seniors Come Face to Face With Reality as They Pay the Price for Indulging in a Little Mischief

Around the corner and down the stairs a five year old Kelley Curtin ran from her mom and the infamous wooden spoon. "When I got into trouble as a little kid, my mom used to chase me around the house with the wooden spoon. Sometimes she would take a while to catch me," said senior Kelley Curtin.

Seniors found their punishments harder to take the closer they came to graduation day. Getting the car taken away was the most dreaded form of punishment received by seniors. "My mom grounded me from the car and took my license away just because I got a speeding ticket," said senior Julie Wise.

Not every incident resulted in some kind of punishment. Students also heard lectures. "[My parents] would talk to me for hours about trust and how to be

responsible," said senior Laura Williams. Along with a lecture, students found themselves bogged down with a new line of chores. "My parents believe the best form of torture is housework. They plan my whole Saturday around cleaning the house. Most of the time it entails scrubbing the kitchen floor, cleaning all the bathrooms in the house, and then cleaning out the ice-box. It's a nightmare," said senior Jackie Smith.

My parents like to assign odd jobs as a punishment. One time I had to clear out the



Steve Perry
Senior

garage and hose it down.

Not all punishments were handed out by parents. Teachers also played their role in the punishment of seniors in an effort to create model citizens. "When we get caught chewing gum, my teacher has us do a little French song and dance," said senior Summer Stewart. Even though punishments seemed harsh, seniors found ways to survive.

by Leslieanne Swanson

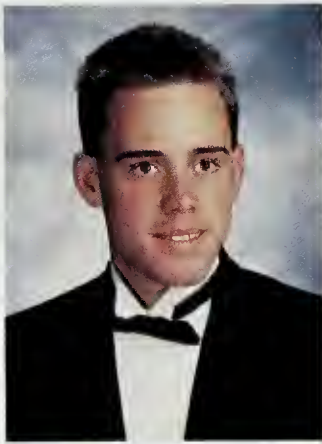
"Whistle while you work . . ." senior Heather Johnson cleans her bathroom mirror as the final step in cleaning the bathroom. Seniors found themselves cringing while fulfilling the punishment handed out by their parents. Students' rooms were often filled with televisions and stereos which made being restricted to their rooms no big deal. Parents found the best way to punish was by assigning their kids dreaded household chores.



Scott Lowery

Punishments

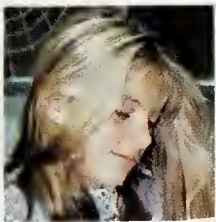
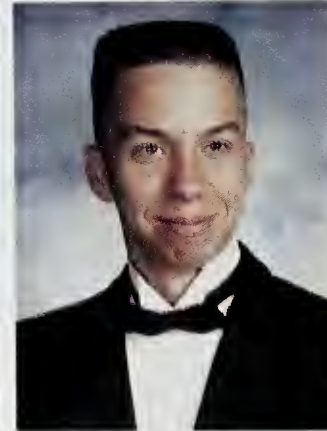
Charity Lane
Matthew LaRoche
Heidi Lattin
Stephen Leahy
Caritta Lee



Dwayne Lee
Eliza Lehr
Brian Libby
Robert Lipp
Denise Lipscomb



Cindy Lizano
John Lohr
Roy Lombard
James Long
Nicanor Lopez



Brandy
Stevens
Senior

“ I have been sent out every holiday to find an open grocery store for last minute items my parents forgot to get. ”



Mieke
van Leeuwe
Senior

“ Safeway is the best place to buy frozen yogurt because they have a wide selection to choose from. ”

Paper or Plastic

Seniors Made Trips to Grocery Stores for Their Parents and Their Personal Needs

U

p and down the aisles Kendalynn Newsham wandered searching for oregano, the key ingredient to her mother's spaghetti sauce. Parents asked their children to go grocery shopping for them. "I work at Giant and my parents always send me to buy milk and eggs for them while I'm working, as if I don't carry enough groceries for other people," said senior Robert Lipp.

When parents needed extra help to either push the cart or to load groceries, they asked their sons or daughters to come along. "I go with my mom when she shops because I put

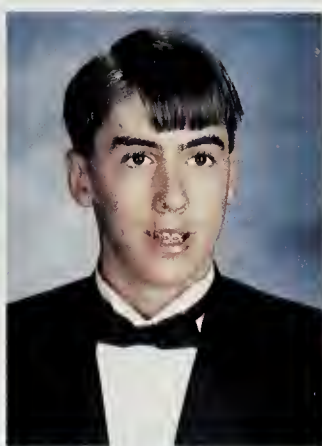
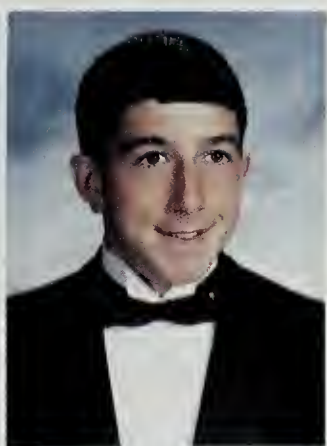
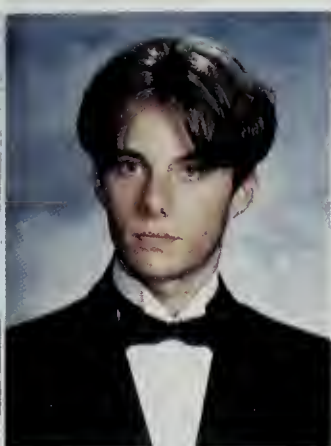
the groceries in the car. While I'm there I always make sure she goes down the chip aisle," said senior Rodney Wilson.

While they shopped, students made grocery shopping an entertaining experience. "The only fun part is riding the grocery cart. You rest one foot on the cart and push off with the other. It's like riding a scooter," said senior Heather Johnson.

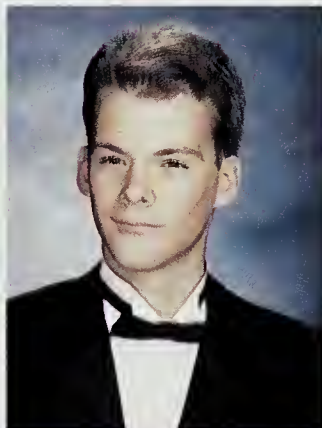
Whether racing down the aisles in a cart or helping their parents, seniors found their way around the grocery store.

by Kelley Curtin

Seniors Lane-Maniwang



**Justin Lord
Christopher Loucks
Mary Lowney
Michael Lozier
Krista Ludwig**



**Jonathan Luedke
Sansana Luemrung
Kathryn Lyng
Sean Lynn
Heather Macdonald**



**Heather MacFarlane
Christopher Maher
Jodi Malinowski
Brent Maloney
Jo-Marie Maniwang**



Stephanie Hockman



Stephanie Hockman

"Which one has more fat?" asks senior Janel Labus as she stands in Weis Supermarket trying to decide between Kellogg's Nutri-Grain bars and Low Fat Granola bars. Seniors went grocery shopping to pick up products that their parents would not purchase.

"Should I get sour cream or barbecue?" wonders senior Jo Marie Maniwang as she holds both bags of potato chips in her hands. When seniors had cravings for their favorite junk foods, they immediately rushed to the grocery store themselves.

Grocery Shopping

Foreign Tongues

B

onjour! Mo-
shi Moshi!
Hola! Halo!
As every
year goes by,
students
broadened
their hori-

zons to different countries by speaking over two languages. Being multilingual is not exactly common, yet it's not rare either. The majority of students that are multilingual were born into families where their first language isn't necessarily English, while some of the students were forced through their school to take another language.

There were also those that just wanted to expand their knowledge. "I didn't exactly have the choice of speaking English but I am

Students Communicate Using More Than Two Languages

very glad I had to because I would have never had the opportunity to come to America," said senior Janett Ostergaard.

Students expressed the benefits that came along with being multilingual: they were more culturally aware of different countries and were also able to comprehend things. But their confusion was just

the same, especially for the foreign exchange students. "Here it is difficult to understand Spanish, but I get the basic idea," said senior Marie Kunad.

Communicating through languages can open new doors to almost any situation or event. It could come in handy when you least expect it.

by Jodi Malinowski

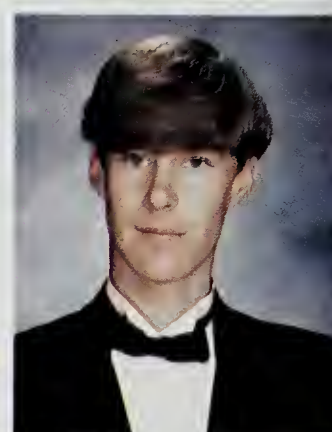


Summer Stewart

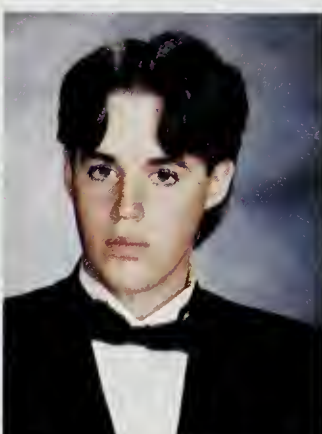
Kakisha Manuel
Erik Manzanares
Dwayne Mason
Elizabeth Mason
Paul Mason



Tabetha Mason
Franklyn Matthews
Josiah Mayne
Stefanie McCloskey
Aaron McConnell



Sean McCorkle
Douglas McCray
Brian McDonald
Jeremy McDonald
Heather McDonnell



Seniors Manuel-Mirchandani

Lunch is the time that senior John Farrell and his girlfriend, senior Veronica Taica, can meet to catch up on events that are going on in their daily lives. John, who spoke Spanish fluently, made communicating with Veronica easier, since her first language was Spanish. John had been studying Spanish for over four years.

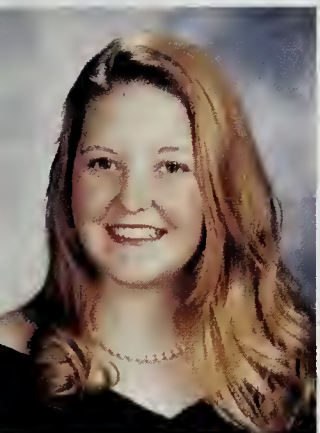
After a long day at school, senior Gwennaëlle Guillas enjoys a relaxing time at Marielouise Kunad's house. Together, they made and ate grilled cheese sandwiches. Gwennaëlle fed the extras to Marielouise's cat as it interrupted their study time. Studying together made the time go faster and also enjoyable for the both of them.



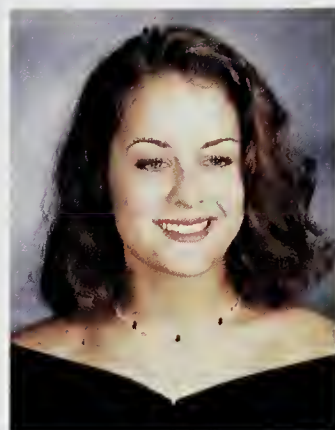
“ My family speaks Korean. Korean is my first language, then English, and then Spanish. I feel that being multilingual is equal to being multicultural, having the benefits of both worlds.



Sung Pak
Senior



Molly McGee
Travis McGee
Passion McGrew
Gena McKinney
Heidi McKnight



Kyle McKnight
Jeremy McLaughlin
Michael McNamara
Anthony Medaglia
Alison Melton



Kingsley Mensah
Lorielle Meriweather
Robert Meyerson
Karishma Mirchandani
Reshma Mirchandani

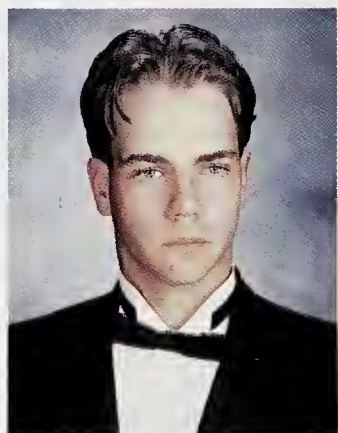
Wathen
Montgomery
Amy Moody
Bobby Moore
Heather Moore
Elisabeth Moore



Richard Moore
Jena Moorleghen
George Morris
Stephanie Morris
Carey Morrow



Shawn Mullen
Adam Mullins
Jill Mummert
Erin Murphy
Rebecca Murphy



Stephanie Hockman

ZZZZ! Senior Ricky Popp tries to catch those last five minutes of precious sleep before it is time to wake up and watch his favorite info-mercial "Buns of Steel" and professional wrestling. Ricky lay wrapped in the warmth of his flannel pajamas on a bright fall morning in September, oblivious to the bustling world outside his window.

Wanna see you sweat! Senior Dan Flaherty rummages hurriedly through his overstuffed gym bag in hopes of discovering a little extra space for his dirty soccer shoes. He stood barefoot, dressed in his grungiest practice clothes and rushed to get ready for the 10:00 a.m. practice for the club soccer team he was on.



Stephanie Hockman

Seniors Montgomery-Ostergaard



Matthew Myskowski
Christopher Neblett
Kimberly Neel
Kebra Negash
Robert Neill

Jessica Nelson
Andrew Newhouse
Kendalynn Newsham
Allison Nichols
John Nichols

Heather Nolton
Micaela Obando
Kathleen O'Neill
Christina Orr
Jeanette Ostergaard

Going, Going, Gone

Constantly on the Go, Seniors Take Advantage of Sleep on Saturday Mornings

And you say, stay." Jenni Bugg's clock radio blast the lines of Lisa Loeb's song, "Stay" at 8:30 a.m. on an early Saturday morning. The words of the song are what seniors really wanted to do on Saturday morning. "The perfect Saturday morning would be waking up at any time I want to and not going to work or anything," said senior Earl Ercoline. Seniors had busy schedules that didn't stop on the weekends. "I get up at 7:30 a.m. on Saturdays for cross country meets. Actually I don't mind that much because it's kind of fun to hang

out with my friends and stuff," said senior Chris Loucks. Seniors spent their time on Saturday mornings going to work and athletic events.

Seniors without busy schedules used their Saturday mornings to catch up on sleep. "On Saturday mornings I usually recover from Friday nights by sleeping late and watching *The Smurfs*," said senior Damon Stewart.

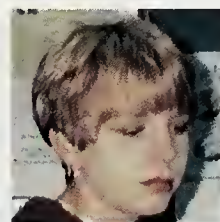
Between work and extra-curricular activities, seniors kept busy on Saturday mornings, but when they had the time, seniors chose to sleep late on Saturday.

by Kendalynn Newsham

Saturday Mornings

93

“On a typical Saturday morning, I sleep in a bit then I get up and clean the house so my parents will let me go out at night.”



Amy
Jones
Senior

“I hear the alarm go off and sleep drive to the school to watch videos of Friday's varsity football game.”



Reggie
Craft
Senior

Linda Overby
Brice Owens
Sung Pak
Alex Perez
Andrea Perez
Stephanie Parker



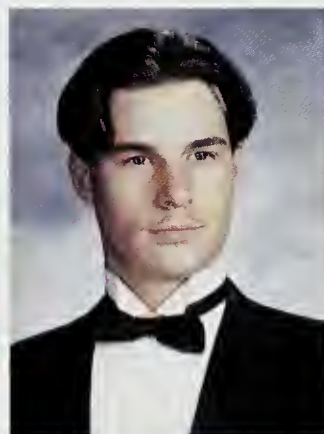
David Paroskie
Christina Patrick
Shannon Patterson
Tiffany Paul
Christina Paz
Teresa Pelletier



Betsy Perkins
Jonathan Steve Perry
Heather Phelps
Ann Marie Phillips
Shellise Piazza
John L. Pitts



Richard Pitts
Tara Plummer
John Pope
Richard Popp
Elizabeth Portell
Michael Powers



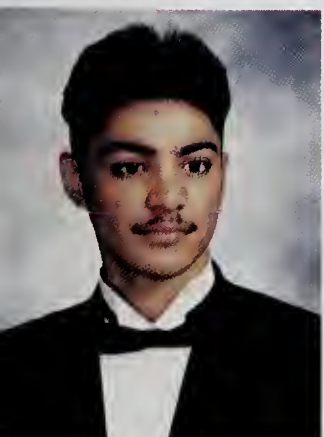
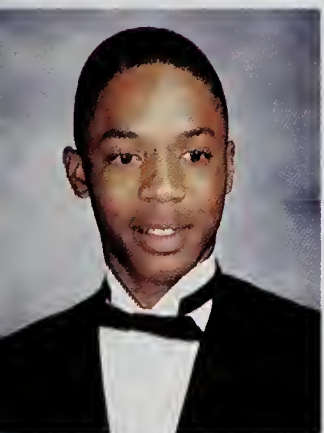
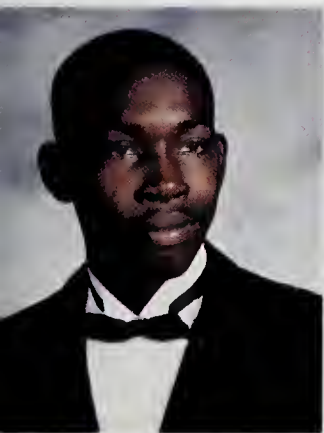
Christopher Pratt
Maria Prudencio
Marta Prudencio
Sherie Purefoy
Mariana Quackenbush
Rasheed Quash



Jeffrey Quinn
Jason Rainey
Rodney Ralph
Jennifer Ramsey
Allen Rankin
Ahmad Raofi



Seniors Overby-Raofi



Taking a Chance

"This could be your lucky day!" Seniors tried their hand at winning by entering raffles, playing bingo and scratching lottery tickets.

"The most I've won is \$5. I was playing the *Hidden Treasure Scratch* card game at Safeway. I thought that was cool," said senior Lori Dowling.

Besides money, seniors won other items. "I won a door prize once. It was a camera, one of those instant Polaroid kinds," said senior Leslie Wilkerson.

Seniors tested their luck by playing games. The more challenging the game, the harder they tried to win. "I was at the shooting range with my aunt and I shot down a Barney Rubble thing. I won a stuffed crow! It took me ten bucks but I finally did it. The

thing was probably only worth fifty cents, but it was fun!" said senior Becky Shreve.

Sometimes seniors entered raffles and contests without knowing the prizes. "When I was a little kid, we went to a gardening shop and I entered a raffle. I was 7 and everyone else was 40. They called my name over the intercom, saying that I had won. They gave me two free bags of grass seed!" said senior Taylor Campbell.

From money to grass seed to stuffed animals, students tested their chances in hopes of winning. Whether scratching a lottery ticket, playing games, or entering a raffle, students participated in contests.

With Odds Against Them Seniors Tried Their Luck With Games of Chance

by Kara Artz



Seth Lowry

"I was at home listening to the radio and had the opportunity to call in to DC 101 and name a 'mystery tune.' I was caller number ten and won \$50 for naming the song."

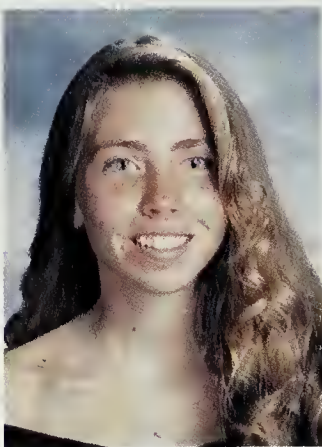
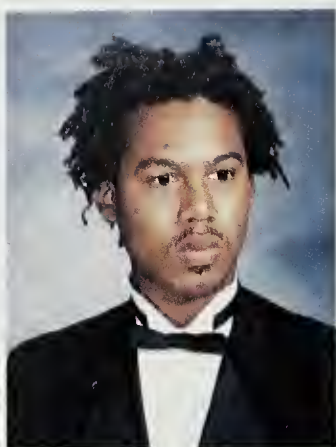


Dylan Jones
Senior

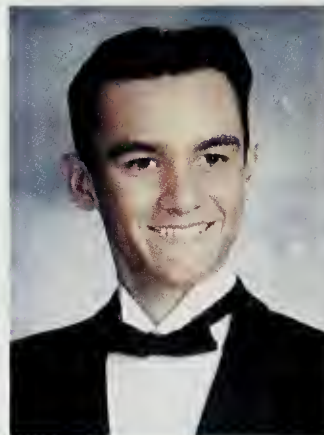
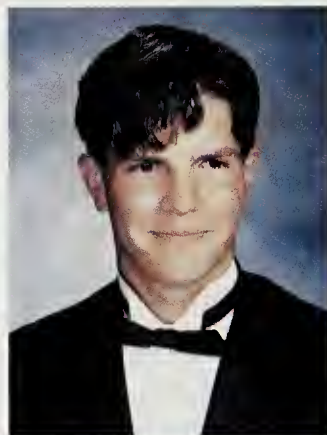
"It could happen to you." As she sits on the EDDAS couch downstairs, senior Laura Deets takes time out of her busy day to test her luck by scratching off a lottery ticket. Friends or family members periodically bought lottery tickets for her when she was at the store.

Winning Money

Reginald Ray
Stephanie Redmon
Hope Reed
Emily Reid
Ragean Reigle



Toni Reinhart
Jodee Reish
Christopher Remer
Rafael Rey, Jr.
Jenny Reyes



Mathew Rice
Jamie Richardson
Michael Richardson
Patrick Richardson
Rocky Riffle, Jr.



Melissa
Broome
Senior

“I tend to laugh while reading. If I don’t watch myself, I will start agreeing with the characters and talk to them”

Escape Reality

Seniors Live Out Fantasies and Immerse Themselves in New Worlds Through Books



David
Nichols
Senior

“For the characters, I think about if the book was made into a movie, who would play the parts of the characters.”

T

he room was filled with silence as Melissa escaped the realities of her world and entered another. Reading allowed seniors to travel to different time periods, leaving their worlds behind, and becoming the characters in the story.

Parents or siblings passed their enjoyment of reading to a child or younger sibling. “When I was little my mom would read to me before I went to bed, and when I was able to read, I read to my sister,” said senior Jessica Buhidar.

Seniors who enjoyed reading branched out

and read more than just books. “I like reading magazines because their articles parallel my life and I can relate to them,” said senior Michael Garrett.

Reading offered seniors a slightly out of the ordinary way to pass their time. “Reading gave me another way of enjoying myself without watching TV or playing video games,” said senior Eric Gray.

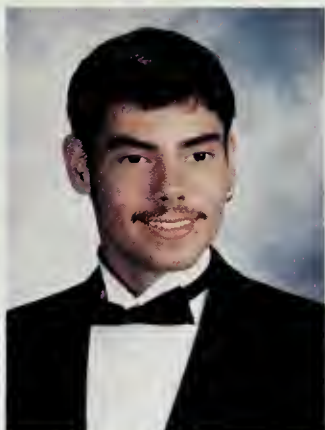
Whether reading was a hobby adopted in childhood or a unique way to pass time, seniors read to relax and to escape into a fantasy world.

by Diana Wilson

Seniors Ray-Santiago



Stephen Riley
Suzanne Ritchie
Debbie Rivera
Kristi Rock
Dayana Rodriguez



Yulissa Rojas
Bryant Roque
Mike Roseto
Charlethia Ross
Linda Ross



Leslie Royston
Christine Rush
Farrah Sampson
Tanema Sanders
Roberto Santiago



Roberto Santiago



Roberto Santiago

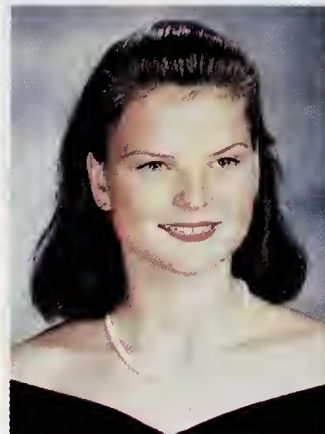
Involvement in the suspense of a John Grisham novel, *The Client*, senior Stephanie Hockman takes time out from her job as a cashier at a Crown Books Store to satisfy her thirst for reading. Hockman enjoys working for Crown Books because of the discounted, or free books, she was able to receive.

Readership is as reading does. Taking a break from her school day, senior Maggie Horn decides to read the book adapted from the movie *Forrest Gump*. Horn used her time during lunch to read in order to escape the work of the school day.

Thomas Saucerman
Amy Saunders
Michael Saure
Keith Schilling
Kevin Schilling
Stephanie Schmidt



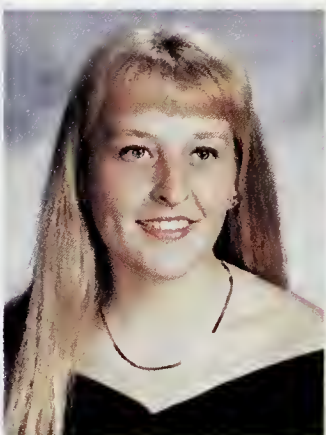
Thomas Schoegler
Joshua Schoon
Jennifer Schwarz
Tiffany Schwentner
Seth Scofield
Jennifer Scott



Suzanne Sears
Stephen Secrist
Melissa Seitz
John Sellers
Sydney Sentman
Michael Shanks



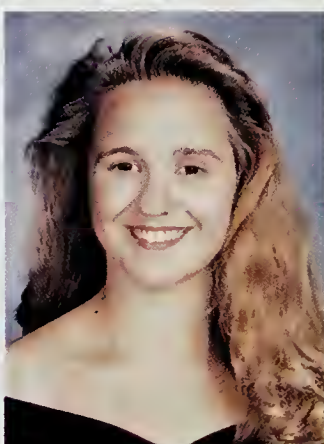
Justin Shartzter
Keri Shaw
Noelle Shaw
Shenandoah Sheftz
Lisa Shimel
Kimberly Shires



Rebecca Shreve
Karen Shull
Johnathan Simmons
Jason Simpson
Michael Sims
Shannon Sing



Ebony Singleton
Daniel Sisco
Sarah Lynn Slatcher
Aaron Slusser
Michael Small
Jacqueline Smith





'My Dog Ate It'

Creative Minds Emerge as Students Come up With New Excuses Day After Day

One by one, the students trickled into the office. Each clutched a note and soon a line formed. On any given day, seniors could be found flowing into the office for early dismissals and tardy passes. For attendance and unfinished homework, seniors became well-versed in giving excuses.

Seniors had common excuses that usually seemed to work. "I have a whole list of excuses that I use to get out of homework. But I'm always careful not to use the same one with the same teacher. The one that I always use is that I had a problem with my computer," said senior Sean Lynn.

Seniors had excuses prepared for emergency situations. "You can only use this excuse in extreme cases. I say that I left my purse in the last classroom and I had a lot of cash in it. Then, I'm free to go to my locker for homework or

a project," said senior Tiffany Winston.

On the other hand, seniors believed honesty was the best policy. "I find that if you are truthful with the teachers, they will usually listen. It's when you start talking about the dog or aliens that they ignore your problem," said senior Marc Angulo.

Excuses didn't always concern homework. Early dismissals required creative excuses as well. "I like to use the doctor's appointment or the feeling sick excuse. It happens to everyone and isn't suspicious sounding," said senior Heather McDonnell.

With the increase in security and the excess of students, seniors found teachers less and less sympathetic to their excuses. It was necessary to come up with different excuses for every situation.

by Rebecca Woodcock



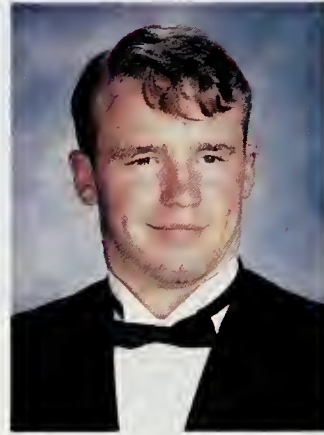
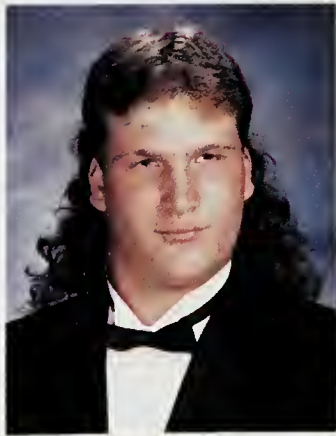
Colin Deaso Senior

"I told my teacher that I walked to school and my bookbag fell open. All my papers flew across Old Bridge Road."



"I have to leave because ..." At the office, senior Jenny Reyes uses a creative excuse to obtain an early dismissal pass. A day in the life of a senior would not be complete without the use of one or two excuses. They were vital for everything from homework to tardies. Seniors were constantly kept on their toes by the secretaries in charge of early dismissals. New, different excuses were necessary for getting these passes.

Seniors Saucerman-Smith



Amy Sutton
Senior

“ I do chores in my house, so my parents give me money when I need it. My boyfriend just pays for everything else.”



Lance Breeden
Senior

“ If I don't work, I don't drive. I pay for my insurance and I don't get allowance. My only choice is to work.”

Buck Starts Here

With the Ever Present Need for Money,
Seniors Find Creative Ways to Get It

D

omino's paychecks piled on the desk . . . parts of a Safeway uniform stuffed under the bed . . . babysitting money crumpled on the dresser. Getting money was a priority for seniors.

A need for money forced seniors to look for creative sources. "I saved my money from my job in an account. I need to pay for Homecoming, but what I really want is to buy a truck," said senior David King.

A job was one source for money. Seniors who wanted even more money opted for more than one job or worked extremely long hours.

"I have one job, but I work six days a week, 35 hours in all," said senior Stefanie McCloskey.

Parents were another source. "If I need any money, I just take it from my parents. They find out when they look in their wallets," said senior Kyle Jones.

Mooching was met with mixed emotions. "I feel guilty when I borrow money from my friends. They nag me and I don't like having to pay them back," said senior Becky Gale. Money was one thing of which seniors wished they had an excess.

by Rebecca Greenberg

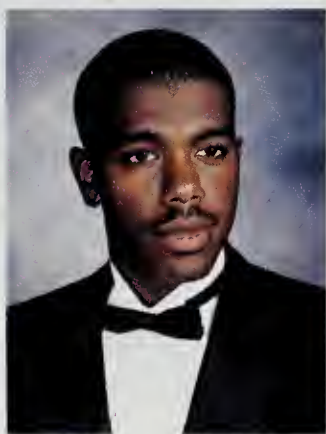
Seniors Soto-Thomas, Darrell



**Courtney Summy
Amy Sutton
Amy Swann
Leslianne Swanson
Lisa Swanson**



**Ivan Tabb
Jose Taica
Veronica Taica
Michael Taitt
Tammy Tavares**



**Derrick Taylor
Cedric Thomas
Daneeka Thomas
Dante Thomas
Darrell Thomas**



No Souvanaratana

She has tags in her hand but money on her mind. Senior Wendy Broadus drudges through another mundane day on the job at Nordstrom Rack at Potomac Mills. While schoolwork was important, having money to spend was equally important.

With the deft hands of an experienced salesperson, senior Tanya Bacon arranges clothes on the racks at No Name in Potomac Mills. While spending the day rearranging clothes was not her favorite activity for a Saturday afternoon, come payday it was all worthwhile.

Needful Things

After an all nighter and a tiring day of school, all senior Jeff Hummel wanted to do was take a break. Grabbing his walkman, Hummel walked out to his backyard and collapsed on his hammock. As he gently rocked, Hummel fell asleep.

Between school, jobs, meetings, or practices, there was little time to escape from it all. When time allowed a break, seniors looked for sources to help them unwind. "I do not like depending on other people. My car gives me the freedom to do as I please when I want to do it. Also, it allows an escape from this boring town," said senior Ace Allak.

Seniors Could Not Live Without Their Simple Bare Necessities

Seniors used music to escape from the pressures of everyday life. "I cannot live without good music. If I want an adrenaline rush, I will put in *Green Day*, or if I am in a mellow mood, I put in *Mazzy Star*. No matter what, music makes me relax," said senior Todd Breland.

Seniors also turned to each other to help relieve stress.

"I cannot live without my friends because they always cheer me up and make me laugh when I am in a bad mood," said senior Kathleen Fallon.

From cars to music, seniors each found something they could not live without to help them deal with the stress of being a teen.

Caritta Lee

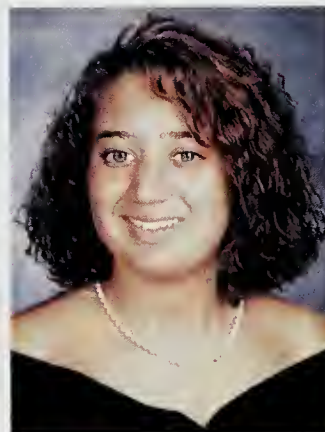
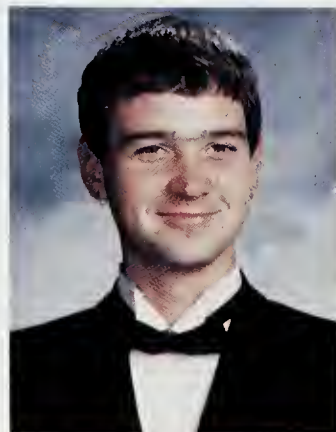
Roberto Santiago



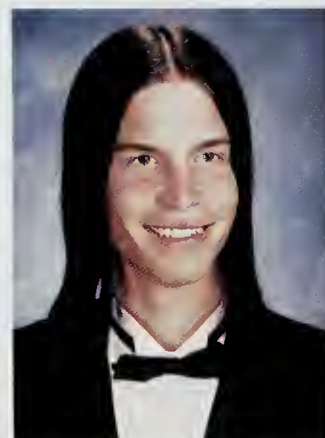
Teddra Thomas
Barrett Thompson
Iris Lee Thompson, Jr.
Jarrett Thornton
Heather Thorstad



Christopher Timm
Patrick Todd
Amy Torre
Carita Towns
Olga Troyanskaya



Mary Turner
Miranda Turner
Micah Turnquist
Catherine Ullman
Sabra Unterzuber



Seniors Thomas, Teddra-Waller

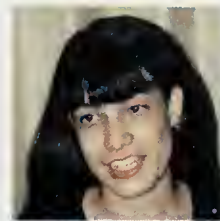


As she labors over polishing her car, senior Christina Paz waxes it to make it shine. Paz received her '93 Geo Tracker for Christmas last year. After her father borrowed her vehicle for a few weeks, Paz realized how much she depended on it in order to survive. Paz drove herself and her friends to school and to crew practice everyday.

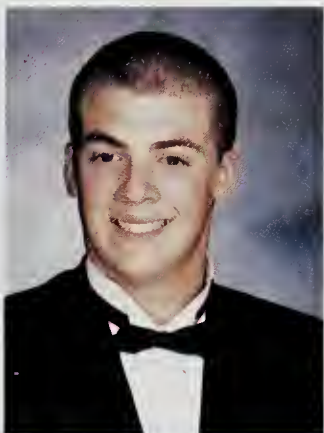
"I cannot believe that! Are you serious?" Phone in hand, senior Courtney Jones paces around her deck. Her disbelief showed clearly on her face as Jones listened attentively to the events that occurred to her friend, Kathy. Since Jones did not have a phone in her room, she retreated to her deck to gain privacy.



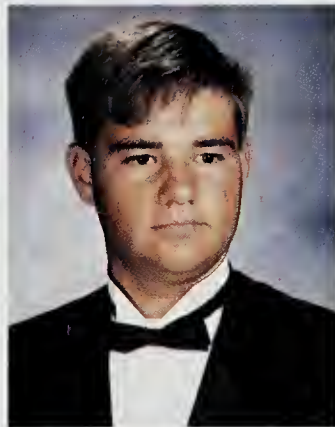
“ Something I cannot live without is the phone. I am always on it. As a matter of fact, one of my friends says he is going to get me call waiting for my birthday, since he can never get through. ”



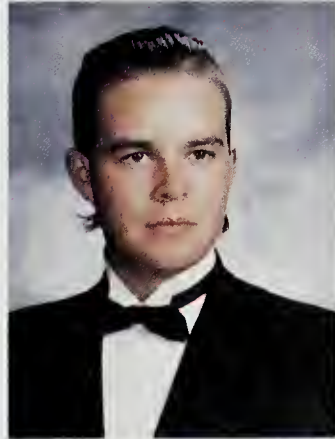
Roseangela DiManto Senior



**Bharati Uppin
Carlos Urrutia
Mark VanGorder
Caroline VanLeeuwe
Peggy VanMullekom**



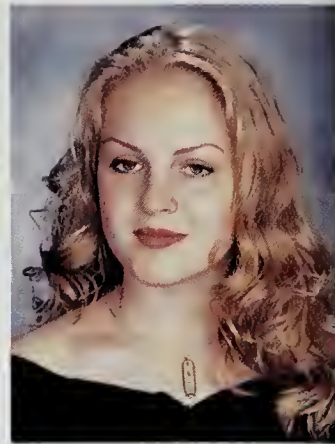
**Blanca Vargas
Neil Vaughn
Elizabeth Vernon
Franklin Villagomez
Mark Volzer**



**Teresa Wade
Derrick Wafford
Rachel Wahlquist
Alicia Walker
Timothy Waller**

Cannot Live Without

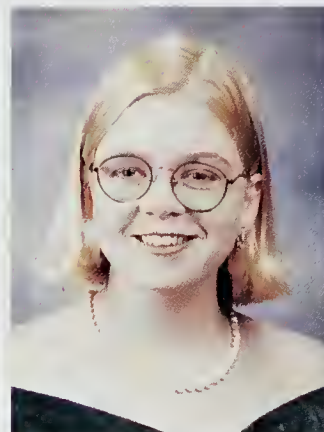
Cerina Wanzer
Debbie Ward
Erin Vargas
Sabrina Wariner
Brandyne Warren
Tanya Warren



Colleen Watson
Suzanne Watson
Eric Weatherholtz
Hayden Webb
Rosilee Weber
Christopher Wells



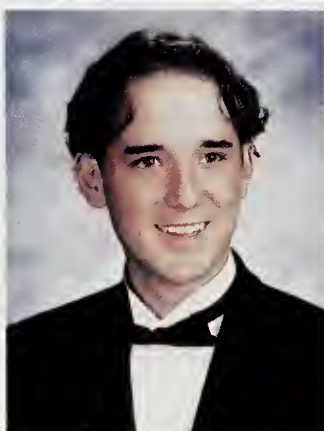
Kara Wesley
Jacob Wheaton
Donald Whitfield
Leslie Wilkerson
Kendra Williams
Laura Williams



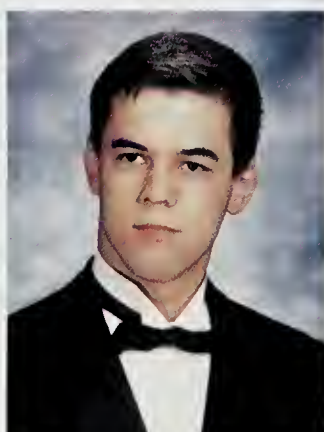
Loree Williams
Shanna Williams
Kristina Wilson
Robert Wilson
Rodney Wilson
Tiffany Winston



Julie Wise
Ryan Witherell
Rebecca Woodcock
Rachel Woolfolk
Carole Woolley
Lisa Wright



Marc Yarborough
Thomas Yarwood
Ryan Yoho
Raquel Zelaya
Kristin Zerkow
Alexander Zharinov



Seniors Wanzer-Zharihov

Be All You Can Be

Military Brats Speak up About the Challenges

and Affects of Growing up in a Military Household

F

or some, it is the only way of life. For some it is a hassle. For some it is the opportunity to see the world. And for some it is their future. Seniors have been subjected to the perils of military life.

Being part of a military family influenced students to either pursue the military as a career or avoid it. "I definitely want to pursue a career in the military. It's a good honest profession, and there aren't too many of those now-a-days," said senior Jamie Holliday. Not every student in a military family felt the same. "I don't want to pursue any aspect of the military; I don't like moving so much and having to adjust each time. I also don't like all the rules and regulations," said senior Franklyn Matthews.

A common association with the military way of life was the continual moves. Seniors saw this as an advantage. "I think the Army is the best bet. I've lived in Germany, South Korea, and all over the states, where else do you get the privilege of seeing

your country?" said senior Roberto Santiago.

Seniors also felt that moving around was more of a hassle. "It's nice to start over, but I'm always leaving my friends and having to adjust to a new place. On the other hand, moving has made me more resilient, more sociable," said senior Kendalynn Newsham.

Seniors had the opportunity to travel all over the world: from Uruguay to Peru to Germany to learn new cultures and languages. Military life also appealed to seniors as careers. "You're never alone. You always have team members, like a second family. I used to watch the marines when I was young, and I always knew that I wanted to fit into that unit," said senior Joel Caradine.

Although moves were frequent and adjusting was difficult, military life provided seniors with the opportunities to see new places, learn new languages, and experience new cul-

tures. As kids it was the only way of life they knew, and for some, it was a goal for their future.

by Kellie Couch



Renier
Fee
Senior

“Living in Uruguay, Panama, and Japan gave me a chance to see different societies and different ways of thinking.”



Roberto Santiago

A military Academy education was Jamie Holliday's goal. Much of her time was dedicated to applications to the Naval Academy in Annapolis, the Air Force Academy in Colorado, and the Coast Guard Academy in Connecticut. West Point is not one of her choices. Holliday has been exposed to the military life since she was young. Because of her father's military profession, she has experienced the benefits, such as living in Japan.



Roberto Santiago

While inspecting his multi-colored fruit roll-up, senior Eric Greiling wonders how they make this chewy fruit snack. Pre-packaged snacks were a favorite of seniors who were rushed in the mornings. Another alternative for rushed seniors was packing their lunches at night. It made hectic mornings easier to deal with.

A healthy alternative to the school lunches was a home packed meal. Seniors Laura Williams and Amy King brought well balanced meals of fruit, peanut butter and jelly sandwiches, and fruit juice. A healthy lunch was essential for seniors to function in school and in after school activities. A healthy meal left students full of energy and ready to tackle the problems they may incur later as the day went on.



Roberto Santiago

Seniors

Out to Lunch

Seniors Make the Decision of Whether or Not to Bag or Buy Their Lunches

The aroma of greasy fries and over-cooked pizza filled the air. Pizza, french fries, and a carton of milk were the staples of seniors' diets. "It does me good. I mean, I don't care what I eat. It's quantity not quality that I care about," said senior Brian Cunningham. Students looked to relieve hunger rather than satisfy taste.

Seniors who did not choose to buy their lunch had to stick with what their mothers packed or what they had packed themselves. Seniors found special surprises in home-

packed lunches. "My mommy makes my lunch every morning. She even writes notes on my napkins to say 'Hi' to me and my friends," said senior Betsy Perkins.

Health-conscious seniors took control of their own lunches. "I make my lunch every morning. I try to eat well and avoid greasy foods," said senior Shelli Jendrossek.

It didn't really matter what seniors ate as long as they got out of class and had the opportunity to relax and talk with friends.

by Mads Hansen

“The school should at least allow seniors to go off campus for lunch. That way we could eat what we feel like.”



Marc Angulo
Senior

“Last year I really didn't care for the new lunch shift because it seemed shorter, but this year I'm used to it.”



Diane Bonham
Senior



Roberto Santiago



Roberto Santiago

While selling calendars and literary magazines for EDDAS, senior Livie Barr samples school food. Seniors went to the senior lounge to enjoy the taco bar on Mondays and Thursdays, where they could make their own taco salad for \$2.50. Seniors welcomed this change from the ordinary school lunch.

Hurrying at the end of "D" lunch, senior Kevin Kalmus tries to finish his pizza. Students often bought their food at the end of the lunch shift because of the long lines in the cafeteria. Adding a fourth lunch shift helped the situation with long lines, however students were only left with 20 minutes to eat.

Up Close and Personal

Dan R. Abe Norsemen: 9, 10, 11, 12 (Fire Marshall); Baseball: 9, 10 (J.V.), 11, 12 (Varsity); Newspaper: 10, 11, 12 (Assistant editor); Wrestling: 10, 11, 12.

Julie A. Ackerman J.V. Volleyball: 9, 10; Drama: 9, 10, 11; FBLA: 9, 10, 11; Newspaper: 10, 11; Sign Language Club: 11, 12; Teen Counseling: 11, 12; SADD: 9, 10.

Andrea Adams Drill Team: 10, 11 (Commander); JROTC: 11, 12 (Executive Officer); Varsity Track: 10; Debate: 10; SCA: 10; NFL: 10, 11, 12.

Rebecca L. Adams Cosmetology: 11, 12.

Maehan Ahmadi DECA: 11; FBLA: 9, 10; Spanish Club: 9.

Daniel J. Allen German Club: 10, 11, 12.

Kathryn E. Allen Sign Language Club: 12; Vikings Against Drugs: 9, 10, 11; Choir Council: 12.

Jennifer D. Alvarez FBLA: 12.

Kris Apo Drama: 10; Plague: 12.

Katie C. Austin FBLA: 9; Science and Ecology Club: 9, 10, 11; Drama: 10, 11, 12; Viking Chorale: 10; Concert Choir: 11, 12; Woodbridge Singers: 12; NHS: 11, 12; Tri-M: 11, 12 (Treasurer).

Lauren A. Bailey German Club: 10; Spanish Honor Society: 10, 11, 12 (Treasurer); Drama: 10, 11, 12; Thespian Society: 11, 12 (Secretary); Choir: 9, 10, 11, 12; Choir Council: 11; Sign Language Club: 11, 12; Tri-M: 10, 11, 12; Plague: 12.

Michael A. Bain Floor Hockey: 9; Basketball: 9; Special Olympics: 11, 12.

Robert J. Baker NHS: 11, 12; J.V. Soccer: 11.

Robin A. Baker DECA: 10; FBLA: 9; Mediation: 10.

Nathaniel M. Barfield Football: 9, 11, 12; Bas-

ketball: 9; Varsity Club: 12; Spanish Club: 12; FBLA: 9, 10, 11, 12.

Stephen E. Barnes J.V. Baseball: 9, 10; Varsity Baseball: 11, 12.

James M. Barrett Science and Ecology Club: 11, 12; Computer Club: 11; Model UN: 12; Crew: 10.

Aaron W. Barrett J.V. Football: 10; Indoor Track: 10; Varsity Soccer: 11, 12.

Jeffrey J. Bass Football: 9, 10; J.V. Baseball: 9; Crew: 10, 11, 12; FBLA: 11, 12; NHS: 11, 12; Model UN: 12.

Margo L. Berry FBLA: 12; Crew: 9.

Michele P. Bidelsbach Yearbook: 11 (Junior Academics Editor), 12 (Editor in Chief); NHS:



Julie Wise
Senior

ketball: 9; Varsity Club: 12; Spanish Club: 12; FBLA: 9, 10, 11, 12.

11, 12; Spanish HS: 10, 11, 12; Forensics: 11; Debate: 10; Orchestra: 9, 10, 11, 12; VA. Girls State: 11.

Tina I. Biron FBLA: 11.

Marshall Bishop Computer Club: 9, 10, 11, 12; Science and Ecology Club: 11; Model UN: 11, 12; NHS: 11, 12.

Troy A. Bishop J.V. Baseball: 10; VICA: 12.

Jose M. Blackshear Drill Team: 12; JROTC: 10, 12.

Nwanna C. Bolding FBLA: 9, 10, 11, 12; Sign Language Club: 12; Spanish Club: 11.

Diane M. Bonham German Club: 9, 10, 11; NHS: 11, 12 (Treasurer); Crew: 10, 11, 12; Model UN: 12; Key Club: 9; FCA: 12.

Lucy A. Borrás Choir: 9, 10, 11, 12; FBLA: 12; German Club: 10; Track: 10.

Craig Boulter Soccer: 10.

Lance M. Breeden FBLA: 11, 12; Pep Club: 9, 12; NHS: 11, 12; J.V. Football: 10; Science and Ecology Club: 12; Model UN: 12.

Christina M. Brehm

“I hate being in a big school because you can’t move one inch without bumping into someone. When you finally get to your class, you’re so mad it becomes a bad day.”

Varsity Band: 9; Concert Band: 10; Symphonic Band: 11, 12; Marching Band: 9, 10, 11, 12.

William T. Breland FBLA: 11, 12.

Wendy L. Bricker Leo Club: 9, 10, 11, 12; Volleyball: 9; Teen Counseling: 11, 12; Norseman: 11, 12.

Christy Britton Varsity

Choir: 9; Outdoor Track: 9; Indoor Track: 9; Field Hockey: 10, 11, 12; Yearbook: 10, 11 (Clubs Editor), 12 (Academics Editor); Young Republicans: 11; Teen Counseling: 11.

Wendy S. Broadus Freshman Basketball: 9; JV Basketball: 10; JV Softball: 9, 10; Varsity Softball: 11, 12; JV Field Hockey: 10; Varsity Field Hockey: 11, 12; Varsity Band: 9; Women’s Concert Choir: 10, 11, 12.

Shoshannah T. Brooks FBLA: 11, 12; Ecology Club: 12.

Melissa V. Broome Beta Club: 11, 12; NHS: 11, 12; SNHS: 10, 11, 12; EDDAS: 11; Science & Ecology: 11, 12; Young Dem.: 11, 12 (Sec.); Teen Counseling: 12.

Blair W. Brown FBLA: 10, 11; Golf: 11, 12; NHS: 11, 12; Valkyrie: 10, 11, 12.

Daniel C. Brown JV Soccer: 9; Varsity Soccer: 10, 11; TV Club: 10.

Angel L. Bruck Viking Chorale: 9; Women’s Concert Choir: 10; Concert Choir: 11, 12 (Choir Counsel); Woodbridge Singers: 12; Tri-M: 10, 11, 12; All-County Chorus: 10, 11, 12; District Chorus: 10, 11, 12; Honors Choir: 12.

Erika D. Brummett Crew: 9; FBLA: 10; Cosmetology: 11, 12 (Sec.); SCA Rep.: 11.

Kiera G. Bryson Teen Counseling: 11; SADD: 9, 10, 11, 12; Key Club: 11; MUN: 11; Thespians: 10; Science & Eco. Club: 10, 11; Homecoming Committee: 9, 10; Class President: 9.

Jennifer A. Bugg Symphonic Band: 9, 10, 11, 12; Marching Band: 9, 10, 11, 12.

Jessica D. Buhidar Crew: 9, 10, 12; Marching Band: 9, 10, 12.

Amy L. Burns Vikettes: 9, 10, 11 (Capt.), 12 (Capt.); Choir: 9, 10, 11, 12 (Woodbridge

Singers); Varsity Club: 10, 11, 12.

Tara Butler Color Guard: 9, 10, 11, 12 (Capt.); Teen Counselor: 11, 12.

Monty Bynum FBLA: 9 (VP); DECA: 10 (Officer); NHS: 9 (Officer).

Elizabeth Cackowski Tennis: 9, 10, 11, 12 (Capt.); Soccer: 9, 10; Newspaper: 11 (Sports Editor); Drama Club: 10, 11, 12; NHS: 11, 12; Beta: 11, 12; Thespians: 11, 12.

Bernard Callands Football: 10; FBLA: 11.

Christine Callaway Marching Band: 9, 11 (Section leader), 12 (Section leader); Debate: 10; Band: 9, 10, 11, 12; Drama Club: 12; Teen Counseling: 11, 12.

Kristopher R. Calvert Basketball: 9; Boys Volleyball: 9, 10.

Taylor E. Campbell Varsity Band: 9; Concert Band: 9; Symphonic Band: 10, 11, 12; Marching Band: 9, 10, 11, 12 (Section Leader); Winter Guard: 9; Young Democrats: 9, 10, 11, 12 (Vice Pres.); FHS: 12; NHS: 11, 12; Tri-M: 10, 11, 12; All-County Band: 10, 11, 12; All-County Orchestra: 10, 11, 12; All-District Band: 10, 11, 12; All-District Orchestra: 11, 12; All-State Band: 12.

Vanessa R. Cantave Key Club: 10; Gymnastics: 10, 11; Teen Counseling: 11, 12; SCA: 12; Cheerleading: 12.

April D. Capps Football Manager: 10; Choir: 9, 10.

Joel P. Caradine Cross Country: 10; Swim Team: 10; ROTC I: 11 (Platoon Leader, Color Guard Commander, Raider Team XO); ROTC II: 12 (Male Drill Team Commander, Battalion Commander, Raider Team Commander, Color Guard Commander); SCA: 11 (Rep.).

Brian L. Carino Key



Sherie Purefoy
Senior

“I don't like going to this large of a school. I moved here from a small school and the crowds here overwhelmed me. It was hard to meet people.”

Club: 9, 12; *Valkyrie*: 10, 11, 12 (Photography Editor); JV Baseball: 9, 10; Norseman: 11, 12; NHS: 11, 12; Young Repub.: 12.

Chris D. Carlsen Cross Country: 10, 11, 12; Indoor Track: 9, 10, 11, 12; Outdoor Track: 9, 10, 11, 12; Varsity Club: 10, 11, 12.

James J. Carney Forensics: 10, 11, 12 (Co-Captain); Student Congress: 10, 11, 12 (Vice Pres.); Tennis: 9, 10, 11; Sym. Band: 9, 10, 11, 12; Drama: 11, 12; SCA: 10, 11, 12 (Pres.); NHS: 11; NSHS: 11, 12; Golf: 11, 12; Academic Team: 10, 11, 12; Beta Club: 11, 12; Gov. School: 11.

Jaime S. Castle Volleyball: 9; FBLA: 12; DECA: 12.

Alexander M. Chemerys Crew: 9, 10, 11, 12; Varsity Club: 11, 12.

Sheraz Choudry Science & Ecology Club: 11, 12; Spanish Club: 11, 12; Computer Club: 9, 10, 11, 12 (Pres.); Lacrosse: 12; MUN: 12.

Loretta E. Claytor Varsity Band: 9; Sym. Band: 10, 11, 12; Marching Band: 10, 11, 12 (Section Leader); All-District Band: 11; All-County Orch.: 10; Solo & Ensemble: 9, 10, 11, 12; FBLA: 10, 11, 12; Varsity Gymnastics: 9, 10; Swim Team: 11, 12; SCA: 11 (Rep.).

Daniel S. Cleary German Club: 9, 10, 11, 12; Computer Club: 9, 11, 12; MUN: 12; Crew: 9,

12; Swimming: 10, 11, 12.

Peter A. Cogswell NHS: 11, 12; Beta Club: 11, 12; FHS: 11, 12; *Valkyrie*: 11, 12.

Stacey M. Coleman Swim Team: 9.

Jeffrey R. Cook NHS: 11, 12; Beta Club: 11, 12.

Kellie M. Couch Orchestra: 9, 10, 11, 12; Beta Club: 11, 12; NHS: 11, 12; German Governor's School: 11; Yearbook: 11, 12 (Business Editor).

Maurice R. Craft Varsity Football: 11, 12; Spanish Club: 11, 12; Varsity Club: 12; Electronics Club: 10, 11, 12 (President).

Catherine L. Craig Vikings Against Drugs: 10, 11, 12.

Michael C. Crippen Concert Choir: 11, 12.

Robert C.R.W. Cruise African-American Student Union: 11, 12.

Molly A. Cundy Softball: 9; FBLA: 10, 11; Varsity Softball: 10.

Kelley C. Curtin Yearbook: 11, 12; Field Hockey: 10, 11, 12 (Captain); Soccer: 9, 10, 11, 12; Basketball: 9, 10; NHS: 11, 12; Beta Club: 11, 12; Spanish Honor Society: 11, 12; Varsity Club: 11, 12; Teen Counseling: 11, 12.

James C. Dail T.V. Productions: 10, 11, 12; Crew: 10, 11, 12.

Cameron W. Daniels Lacrosse: 9, 12; Plague: 12; Model United Nations: 12.

Brian Davis Spanish Honor Society: 11, 12; Beta Club: 11, 12; NHS: 11, 12; Drama Club: 10, 11, 12; Thespian Society: 11, 12; Key Club: 11, 12; Spanish Club: 11, 12; FBLA: 11, 12; Class Historian: 12; Crew: 9, 11; Cross Country: 10, 11, 12; Indoor, Outdoor Track: 10.

Tyra-Lyn S. Dayanan J.V. Volleyball: 10.

Theresa J. Debban Marching Band: 9, 10, 11, 12 (Drum Major); Band: 9, 10, 11, 12; French Honor Society: 10, 11, 12; All-District Band: 10, 11, 12; All-County Band: 11, 12; NHS: 11, 12; Beta Club: 11, 12; Drama Club: 10, 11, 12; Thespian Society: 12.

Paul DeBruhl Track: 10, 11, 12.

David J. DeLeonardis Varsity Crew: 9, 10, 11, 12; Varsity Club: 10, 11, 12; Key Club: 10, 11; Science and Ecology Club: 10, 11, 12.

Joanna L. DeMott Volleyball: 9, 10, 11; Crew: 10; Debate: 10.

Gertrudiz Y. DePaz Choir: 9, 10.

Kathryn R. Diaz Marching Band: 10, 11, 12; Indoor Track: 11, 12; Outdoor Track: 10, 11, 12; Symphonic Band: 11, 12; Newspaper: 11, 12 (Ad, Business Manager); Spanish Club: 11.

Andrew Dillon Student Congress: 10, 11, 12; Drama Club: 11, 12; NHS: 11, 12.

Rosangela C. Dimanto Science and Ecology Club: 9, 10; Spanish Club: 11; Spanish Honor Society: 11, 12 (Treasurer, Vice-Pres.); Newspaper: 10, 11 (Paste-up Editor); Orchestra Boosters: 9, 10, 11.

Eric J. Dobbs Orchestra: 9, 10, 11; Debate: 10, 11, 12; MUN: 11, 12; Spanish Honor Society: 10, 11; Computer Club: 10, 11, 12 (Secretary).

Dean C. Dockery, Jr. German Club: 10, 11, 12 (Vice President); Science and Ecology Club: 11.

Tim M. Donnelly N.H.S.: 11, 12; Beta Club: 11, 12; Norsemen: 11, 12; SADD: 11, 12; Newspaper: 11, 12 (Managing Editor).

Adrian R. Donovan Science and Ecology Club: 12.

Jamie R. Dugan FCA: 9; Track and Field: 10; DECA: 11, 12; Crew: 12; Swim Team: 12; Women's Select Choir: 12.

Danielle C. Dumas N.H.S.: 11; French H.S.: 11; Key Club: 10; Young Republicans: 11; Varsity Choir: 9; Viking Chorale: 10; Concert Choir: 11, 12; Teen Counselor: 11.

Sean M. Dunnegan Crew: 9, 11; Art Club: 9; ROTC: 11, 12.

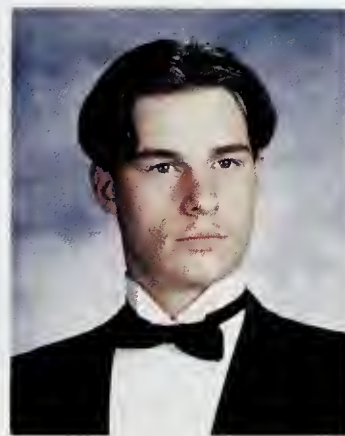
Shannon A. Elsis Cosmetology: 11, 12.

Dennis L. Emison N.H.S.: 11, 12; Varsity Baseball: 10, 11, 12; J.V. Baseball: 10; Teen Counseling: 11, 12; FBLA: 12.

Mike D. Garrett FBLA: 12; Cultural Affairs: 10, 11, 12; Track: 9; Science & Ecology: 9, 10.

Barry P. Gauch II Varsity Baseball: 9, 10, 11, 12 (Captain); Varsity Football: 10, 11, 12 (Captain); Freshman Basketball: 9; Viking Chorale: 9; Concert Choir: 10, 11, 12; Woodbridge Singers: 11, 12.

Linda M. Gautreau FBLA: 9, 10, 11, 12;



John Pope
Senior

Jennifer J. Girten Varsity Choir: 9; Viking Chorale: 10; Concert Choir: 11, 12; Consonance: 12; Sign Language Club: 12.

Stephanie M. Glad Swimming: 10; SCA Rep.: 9, 11; Teen Counselor: 11, 12; Debate: 10; Crew: 9, 10, 11, 12.

Dawn M. Gleichsner FBLA: 12; Gymnastics: 9, 10, 11, 12; Varsity Volleyball: 10; Science Ecology: 9, 12; Varsity Club: 10, 12; Yearbook: 10; Pep Club: 9.

Greg B. Golliday Volleyball: 10.

Chanda J. Gorman Tri-M: 10, 11, 12.

Rebecca L. Graham NHS: 11, 12; Cross Country: 10, 11, 12 (Captain); Indoor Track: 9, 10, 11, 12; Outdoor Track: 9, 10, 11, 12; Beta: 11, 12; Spanish NHS: 10, 11, 12; Varsity Club: 11, 12; Choir: 9, 10, 11, 12; Yearbook: 10, 11, 12 (Sports Editor).

Julie E. Granahan Key Club: 10, 11, 12; Teen Counseling: 11, 12; SADD: 12.

Eric Gray Football: 9, 10; Varsity Golf: 12; Model U.N.: 12.

Jennifer L. Gray Band: 9, 10, 11, 12; Indoor

“Directly in front of the social studies pod is always the most crowded place in the school. It's a mosh pit.

It's almost like Lallopa-looza all over again.”

Basketball: 10; Volleyball: 10; MUN: 12; SCA Rep.: 10.

Sean M. Gilhooly Cross Country: 9, 10, 11; Track: 9, 10, 11; Varsity Club: 9, 10, 11.

Track: 9, 10, 11, 12; Outdoor Track: 9, 10, 11, 12; Cross Country: 10, 11, 12; Varsity Club: 11, 12; Teen Counselor: 11, 12; FBLA: 11; J.V. Cheerleading: 9.

Tamica M. Green J.V. Cheerleader: 9; Varsity Cheerleader: 11, 12; Outdoor Track: 10.

Treva A. Greer FBLA: 10, 11, 12; Gymnastics Manager: 11; Varsity Cheerleader: 11; Class Executive Council: 12; J.R.O.T.C.: 11 (Drill Team); Varsity Club: 12.

Eric D. Greiling Band: 9, 10, 11, 12; Marching Band: 11, 12; NHS: 11, 12; Beta: 11, 12; FHS: 11, 12; Drama Club: 11, 12.

Noah P. Grieco Varsity Orchestra: 9; Concert Orchestra: 10, 11, 12; Symphonic Orchestra: 11, 12; Science Ecology Club: 12.

Matthew J. Gundy Beta: 11, 12; NHS: 11, 12; SNHS: 10, 11, 12; Golf: 10, 11, 12.

Regina M. Gunther SADD: 9, 10; Volleyball: 9, 10; Basketball Manager: 9, 10; DECA: 9, 10, 12; Track Manager: 9, 10.



Joe Herman Senior

“ I like the fact that this is a big school because so many kids from different middle schools go here. I get to see all of my old friends and how they changed.”

Daniel C. Hale Crew: 9; Drama Club V.P.: 10, 11, 12; Thespian P.: 10, 11, 12; Cross Country: 11; Model U.N.: 11, 12; Forensics: 11; Plague Founder: 12; SCA: 12.

William M. Hale Drama: 10, 11, 12.

Naviere K. Hall Student Council Pres.: 9; Drama: 9; Concert Choir: 9, 10, 11, 12; Woodbridge Singers: 12; Varsity Basketball: 10; Cross Country: 12; NHS: 11, 12; Beta: 11, 12.

Mads C.M. Hansen III Crew Captain: 9, 10, 11, 12; Cross Country: 11, 12; Varsity Club: 10, 11, 12; Yearbook: 12; Key Club: 9; Teen Counseling: 12; Norsemen: 12.

John C. Harmon Football: 9.

Andrew M. Harned Crew: 10, 11, 12; FHS: 11, 12; NHS: 11, 12; BETA: 11, 12; Yearbook: 11; Cross Country: 12; Plague: 12.

Daniel B. Harrison Cross Country: 9, 10; Swimming: 9, 10, 11, 12; Lacrosse: 9, 10, 11, 12; MUN: 12.

Evay O. Harvey AASU: 9, 10, 11; Basketball: 9, 10; FBLA: 9, 10, 11; Football: 9, 10, 11; FHA: 9, 10.

Matthew T. Hayes Marching Band: 9, 10, 11, 12; Crew: 10, 11; MUN: 12.

Andrea K. Heid Pep Squad: 9, 11; Softball: 9; SCA Rep.: 11; FBLA: 11; Spanish Club: 12.

“ I like the fact that this is a big school because so many kids from different middle schools go here. I get to see all of my old friends and how they changed.”

Matthew W. Henry NHS: 11, 12; BETA: 11, 12; FHS: 10, 11, 12; Varsity Soccer: 9, 10, 11, 12; Homecoming Court: 11; Prom Court: 11; Varsity Club: 11, 12; FBLA: 10.

Joe Michael Herman Orchestra: 9, 10, 11, 12.

Nevin R. Hewlett Crew: 9; MUN: 11, 12; Sign Language Club: 12.

Stephanie J. Hockman Forensics: 10, 11 (Secretary), 12 (Captain); Yearbook: 11, 12 (Peo-

ple Editor); FBLA: 9, 10 (Secretary), 11 (Vice President); NHS: 11, 12 (Vice President); BETA: 11, 12; SCA Rep.: 11; German Club: 9, 10, 11; GHS: 10, 11, 12; Teen Counseling: 11, 12; Key Club: 10.

Damian T. Hoeflinger Swimming: 9, 10, 11, 12.

Darrell A. Hoffman Ecology Club: 10; Art Club: 10; JV Soccer: 9, 10 (Co-Captain); Varsity Soccer: 11, 12; Indoor Track: 9, 10, 11, 12.

Crystal D. Holliday FBLA: 9; Key Club: 10; Cosmetology: 11, 12 (Vice Pres.); VICA: 11, 12.

Jamie Holliday Cross Country: 9, 10, 11, 12; Indoor Track: 9, 10, 12; Outdoor Track: 9, 10; Crew: 11, 12; FBLA: 11; EDDAS: 11; Varsity Club: 9, 10, 11, 12; Teen Counseling: 12.

Maggie Horn Pep Club: 9; Drama: 9, 10, 12; Choir: 9, 10, 11, 12; Choir: 9, 10, 11, 12; Tri-M: 10, 11, 12; EDDAS: 11; Young Democrats: 10, 12.

Jevon Howard Football: 9, 10, 11, 12; Track: 11, 12; Wrestling: 12.

Martonio Howard Football: 9, 10, 11; Basketball: 9; TV Club: 9, 10, 11, 12.

Lindsay Hughes Crew: 9, 10, 11; Choir: 9, 10, 11, 12.

Kenneth Huling Volleyball: 9, 10, 12; Drama Club: 10, 11, 12; Art Club: 9.

Jennifer Hummel Cheerleading: 9 (Capt.), 10; SADD: 10, 11 (V.P.); NHS: 11, 12 (Pres.); Spanish NHS: 11, 12; BETA: 11, 12; Key Club: 10; Choir Council: 12 (V.P.); All-County Choir: 10, 11, 12; District Choir: 10, 11, 12; All-State Choir: 11; Youth Salute: 11; Tri-M: 11, 12; Teen Counselor: 11.

John Husar Football: 10, 11, 12; Baseball: 10, 11, 12; Basketball: 9; Teen Counselor: 11, 12; SCA: 9.

Lora Huston Cheerleading: 9, 10, 12; FBLA: 11; Spanish Club: 11; SCA: 11.

Tracy Irion Orchestra: 9, 10, 11, 12; Tri-M: 10, 11, 12.

Tiffany Jackson Band:

10, 11, 12.

Amy Jahnke FBLA: 12.

Heather James Varsity Club: 10, 11 (Sec.), 12 (Pres.); Yearbook: 10, 11 (Academics Editor), 12 (Student-Life Editor); Vikettes: 9, 10, 11 (Capt.), 12 (Capt.); NHS: 11, 12.

Scott L. Jaquays German Club: 9, 10; Crew: 11, 12.

Heather L. Johnson Crew: 9, 10, 11, 12; Swimming: 9, 10, 11;



Katherine Hodge Senior

“ Since this is a big school, everyone has to be social. I’d rather be in a large group of friends, but right now, I’m wandering on my own. I’m a loner.”

NHS: 11, 12; Ecology: 11, 12.

Matt W. Johnston Baseball: 9, 10, 11, 12 (Capt.); Norsemen: 9, 10, 11, 12 (Vice Pres.).

Courtney L. Jones Varsity Club Orchestra: 9; Sym. Orch.: 10, 11, 12; Varsity Soccer Mng.: 11; Ecology Club: 12.

Jonathan L. Jones Marching Band: 9, 10, 11, 12 (Section Leader); BETA Club: 11, 12 (Pres.); NHS: 11, 12; SHS: 11, 12; Teen Counseling: 11, 12.

Patrick B. Jorgensen Marching Band: 9; Art Club: 12; Pep Club: 11; Plague: 12.

Michael J. Jones II Wrestling: 11.

Natalie N. Jones Track Manager: 9, 10; FBLA: 12.

Erin C. Jurich Marching Band: 9, 10, 11, 12; Concert Band: 11; Varsity Band: 9, 10; Winter Guard: 12.

Allison E. Kaplan Varsity Cheerleading: 11, 12; NHS: 11, 12; BETA

Club: 11, 12; Teen Counseling: 12.

Chris K. Keefe Wrestling: 9, 10, 11, 12; Norsemen: 10, 11, 12; Football: 9, 10.

Karen J. Kelley Drama Club: 9, 10, 11, 12; Thespian Society: 10, 11 (Secretary), 12 (V. Pres.); Plague: 12; NHS: 11, 12; BETA Club: 11, 12; Spanish Honor Society: 11, 12; Girl Scouts: 9, 10, 11, 12.

Ghezal Khalili FBLA: 9, 10, 11 (Parliamentarian); Leo Club: 11.

Sheraz Khalid FBLA: 12.

Adil A. Khan Key Club: 9, 10, 11, 12; Science and Ecology Club: 10, 11, 12; Computer Club: 9, 10, 11, 12; Drama Club: 10, 11, 12; Model UN: 11, 12 (Sec. General).

Jason P. Kincheloe Drum Line: 9, 10, 11, 12; Outdoor Track: 10.

Scott M. Kines JV Football: 10; Marching Band: 9.

Amy E. King Varsity Band: 9; Concert Band: 10; Symphonic Band: 11, 12; Marching Band: 10; NHS: 11, 12 (Secretary); Ecology Club: 9, 10 (Secretary), 11 (President), 12 (President); National French Honor Society: 10, 11; All-District Band: 11; EDDAS: 11, 12; BETA Club: 12; Music Honor Society: 11, 12; National Salute: 11.

Giehl D. King VICA: 11,

12.

Traci Lynn King Volleyball: 9, 10.

Shannon R. Klakowicz Youth Club: 11.

Mary Ellen Koleszar Marching Band: 10, 11; Science Club: 10; FBLA: 11, 12.

Missy A. Kulig TV Club: 10; DECA: 12.

Toi C. Kyles Indoor Track: 11; FBLA: 11; Band: 9; AASU: 9, 10, 11; Aide: 11, 12.

Janel V. Labus Norsemen: 10, 11, 12 (Treas.); Class Officer: 10 (Treas.); Leo Club: 11, 12; Varsity Cross Country: 9, 10; Indoor Track: 9; Varsity Club: 12; Varsity Field Hockey: 12.

Charity E. Lane Sign Language: 12; Teen Counseling: 12; Softball: 10.

Heidi E. Lattin FBLA: 10, 12; NHS: 11, 12; SHS: 12.

Matthew D. LaRoche Basketball: 9, 10; Baseball: 9, 10; FBLA: 11; ROTC: 12 (ISG).

Stevie E. Leahy J.V. Soccer: 10, 11.

Caritta M. Lee Crew: 9, 10, 11, 12; Science and Ecology Club: 10, 12; Spanish Honor Society: 11, 12; Beta: 11, 12; NHS: 11, 12; Varsity Club: 11, 12; Field

11, 12; Track: 11; Varsity Club: 12.

Kevin C. Lichty EDDAS: 10, 11, 12 (Fiction Editor); Band: 9, 10, 11.

Robert F. Lipp JROTC: 11, 12 (S-1 BNAdjutant); Football: 9, 10.

Denise M. Lipscomb Sign Language Club: 12; FCA: 12 (Huddle Director).

Cindy M. Lizano DECA: 10, 11, 12; SCA: 9, 10.

John C. Lohr FBLA: 12; Plague: 12.

James R. Long Soccer: 9, 10; Norsemen: 11, 12; Football: 9; Indoor Track: 12 (All-Net); Outdoor Track: 12.

Chris M. Loucks Cross Country: 11, 12; Indoor Track: 9, 10, 11, 12; Outdoor Track: 10, 11, 12; Varsity Club: 11, 12.

Krista M. Ludwig J.V. Cheerleading: 9, 10 (Captain); Varsity Cheerleading: 11, 12 (Captain); All County Choir: 11, 12; District Choir: 10, 11, 12; Leo Club: 11, 12; NHS: 11, 12; Beta: 11, 12; Tri-M: 11, 12.

Kathryn A. Lyng Crew: 9, 10, 11, 12; Swimming: 9, 10, 11, 12; NHS: 11, 12; Beta: 11, 12; Varsity Club: 11, 12; Choir: 9, 10; Cross Country: 12.

tor-in-chief); NHS: 11, 12; Crew: 9, 10; Drama: 10, 11, 12; Science and Ecology Club: 11.

Jodi K. Malinowski Marching Band: 9, 10, 11; Symphonic Band: 9, 10, 11, 12; Swim Team: 11; NHS: 11, 12; County Band: 11; District Band: 9, 10, 11; Journalism: 11; Yearbook: 12.

Brent M. Maloney Leo Club: 9, 10, 11, 12; Norsemen: 10, 11, 12; Young Republicans: 10, 11, 12; Teen Counselor: 11, 12; Newspaper: 11, 12.

Jo-Marie R. Maniwang Volleyball: 9, 10, 11, 12; Model U.N.: 11, 12; SADD: 11; Teen Counseling: 11; Varsity Club: 12; Ecology Club: 11, 12; Beta: 10, 11, 12; NHS: 11, 12; Spanish Honor Society: 11, 12.

Elizabeth R. Mason Key Club: 9, 10; FHA: 10, 11; Vikings Against Drugs: 10, 11.

Franklyn G. Matthews FBLA: 9, 10, 11, 12; Executive Council: 11, 12; SCA Rep.: 9, 10, 11, 12; African American Student Union: 10.

Josiah D. Mayne NHS: 11, 12; Lacrosse: 9; Soccer: 9, 10; Tennis: 10; Cross Country: 11, 12; Crew: 11, 12.

Stefanie McCloskey FBLA: 9, 10, 11; Volleyball: 9, 10; TV Club: 11.

Doug I. McCray Jazz Ensemble: 9, 10, 11, 12; Marching Band: 9, 10, 11; German Club: 9.

Jeremy A. McDonald Crew: 9, 10, 11, 12; Science and Ecology Club: 12.

Heather R. McDonnell Leo Club: 10, 11; Field Hockey: 9; Track: 10; Field Hockey Manager: 12; Teen Counseling: 11.

Molly McGee Crew: 9; Key Club: 10.

Gena R. McKinney FBLA: 10, 11; Gospel Choir: 11, 12; Teen Counseling: 11; ROTC Drill Team: 11, 12; Debutante: 12.

Kyle L. McKnight JV Baseball: 9; Varsity Baseball: 10, 11, 12; SADD: 9; Norsemen: 9, 10, 11, 12; Art Club: 9, 10; Newspaper: 10 (Entertainment Editor), 12.

Michael L. McNamara Tennis: 10.

Tony J. Medaglia Ger-

man Club: 9, 10, 11, 12 (Pres.); German H.S.: 10, 11, 12 (Pres.); Beta Club: 11, 12; Key Club: 11, 12 (Pres.); Sym. Band: 10, 11, 12; Marching Band: 12; JV Soccer: 9, 10; NHS: 11, 12; Boys' State: 11; Gov. School: 11.



Chris Maher
Senior

9, 10 (Co-Capt.); JV Cross Country: 11; Varsity Girls' Basketball Mgr.: 11; FBLA: 11, 12; NHS: 10, 11, 12; Beta Club: 11, 12; Track: 9, 10; Homecoming Chairman: 10.

Chris C. Neblett Cross

“I sort of like that this is a big school. There are a lot of different people and because there are so many people, there is a great diversity among them.”



John Harmon
Senior

“It's really annoying that the school is so crowded. I'm always late because of the traffic in front of the social studies pod. It's always crowded there.”

Hockey: 11, 12; Teen Counselor: 11, 12; Yearbook: 12.

Calvin D. Lee Drama: 9, 12; Art: 9, 12; Spanish: 9, 10, 11, 12.

Eliza Lehr Volleyball: 10,

Sean S. Lynn Varsity Soccer: 9, 10; NHS: 11, 12; Beta: 11, 12; EDDAS: 9; Spanish Honor Society: 11, 12; Secretary: 9.

Heather M. MacDonald EDDAS: 11, 12 (Edi-

Alison M. Melton EDDAS: 12 (Poetry Ed.); NHS: 11, 12; Beta Club: 11, 12; Spanish HS: 11, 12; Science and Ecology Club: 9; Drama Club: 10, 11, 12 (Secretary); Thespians: 11, 12; Teen Counseling: 11, 12; SCA: 9, 10, 11, 12 (Rep.); Class Sec.: 10; Class VP: 11; JV Girls' Soccer: 9, 10.

Karishma Mirchandani DECA: 11, 12; FBLA: 10; Band: 9; Model U.N.: 11.

Amy Moody TV Club: 9, 10, 11, 12.

Heather S. Moore Gymnastics: 9, 10, 11, 12; Cheerleading: 12; Key Club: 9; Outdoor Track: 11, 12.

Mary Elisabeth Moore Cheerleading: 11, 12; Key Club: 10; Teen Counseling: 11, 12; Drama Club: 11, 12; SADD: 12; Woodbridge Ambassador: 10.

Stephanie L. Morris Vi-kettes: 12.

Jill D. Mummert DECA: 12.

Erin P. Murphy Band Council: 9 (Sec.), 10 (VP); Student Council: 9 (Sec.), 10 (Sec.); SCA: 10 (Treas.); JV Basketball: 9, 10 (Co-Capt.); Varsity Basketball: 10; Varsity Cross Country:

Country: 9, 10, 11, 12; Track: 10, 11; Wrestling: 9, 10, 11, 12; Varsity Club: 11, 12.

Robert A. Neill Football: 9, 10; Volleyball: 10, 11.

Jessica L. Nelson Boys' Basketball Mgr.: 9, 10; Girls' Softball Mgr.: 9; SADD: 10, 11; SCA: 11 (Rep.); Teen Counseling: 11, 12; Women's Concert Choir: 10.

Andrew W. Newhouse Varsity Lacrosse: 9, 10, 12 (Capt.); FBLA: 10, 12; MUN: 11, 12; Key Club: 12.

Kendalynn S. News-ham Band: 9, 10, 11, 12; Marching Band: 9, 10, 11, 12; District Band: 11; Yearbook: 12; Forensics: 9.

Allison L. Nichols Leo Club: 10, 11; Cheerleading: 9, 10 (Capt.), 11, 12; Norsemen: 11, 12; NHS: 11, 12; Key Club: 10; Crew: 10.

Michelle S. Obando FBLA: 9, 10; Art Club: 9, 10, 11.

Kathleen A. O'Neill Crew: 11; Leo Club: 12.

Brice Owens Golf: 12; SCA: 10; Newspaper: 12.

Sung Pak Debate: 9, 10, 11, 12; Computer Club: 9, 10, 11, 12; NHS: 11, 12; Beta Club: 11, 12;

Spanish HS: 11, 12;
Sci. and Eco. Club: 9,
10, 11; Key Club: 9.

Stephanie D. Parker
Gymnastics: 9, 10, 11,
12; Track: 9, 10.

Christina M. Patrick
DECA: 12.



Michael Powers
Senior

Shellise L. Piazza Or-
chestra: 9, 10, 11, 12;
Tri-M: 10, 11, 12 (V.P.);
EDDAS: 12.

John L. Pitts Football:
11; Basketball: 12.

Richard L. Pitts Drama
Club; Plague: 12.

“Since
there are so
many people,
you cannot
stand back in
the shadows.
You have to
work harder to
distinguish yourself and
show through all the
people.”

Shannon A. Patterson
FBLA: 9, 10, 11, 12;
Drama Club: 9, 10, 11,
12; African American
Student Union: 10, 11,
12; Thespian Society:
11, 12; Signet: 9, 10,
11, 12; WSHS Gospel
Choir: 11, 12 (Pres. Di-
rector); FCA: 12; Me-
diation: 10, 11; Volley-
ball: 9.

Tiffany L. Paul Vikettes:
9, 10, 11, 12 (Ambas-
sador); Yearbook: 11,
12 (Organizations Edi-
tor); NHS: 11, 12; Beta
Club: 11, 12; Drama
Club: 10, 11, 12; Thes-
pians: 12; Teen Coun-
seling: 11, 12; Varsity
Club: 10, 11, 12; Art
Club: 10; Plague: 12.

Christina C. Paz FBLA:
10, 11; Crew: 9, 10, 11,
12 (Captain); NHS: 11,
12; Spanish Honor So-
ciety: 11, 12.

Jonathan S. Perry
Crew: 9, 10, 11, 12;
Cross Country: 10, 11,
12; Varsity Club: 10,
11, 12; Indoor Track:
10.

Ann Marie Phillips De-
bate: 10, 11, 12; Class
Officer: 10 (Historian),
11 (Pres.); Marching
Band: 11; EDDAS: 12;
Volleyball: 9; SCA: 10,
11, 12 (Rep. and Exec-
utive Council); Tri-M:
11, 12.

Nathan W. Phillips
Football: 9, 10.

Tara M. Plummer Swim
Team: 9, 10, 11, 12;
Crew: 10.

Richard K. Popp March-
ing Band: 9, 10, 11, 12.

Beth A. Portell Volley-
ball: 9, 10, 11, 12; Bas-
ketball: 9, 10, 11, 12;
Soccer: 9, 10, 11, 12;
Varsity Club: 11, 12;
SADD: 10, 11, 12; Teen
Counseling: 11, 12.

Michael A. Powers
FBLA: 9, 10, 11; Sci-
ence and Ecology Club:
10; Plague: 12; Key
Club: 12.

Chris C. Pratt Crew: 9,
10, 11, 12; MUN: 11
(Pres.); Varsity Club:
10, 11, 12; Key Club:
10, 11; Ecology Club:
11, 12; SADD: 10;
Cross Country: 11, 12;
Track: 9, 10; ROTC: 11,
12.

Sherie M. Purefoy NHS:
11, 12; Volleyball: 10,
11 (Manager); Teen
Counseling: 11;
Plague: 12; Science
and Ecology Club: 12;
SADD: 11.

**Mariana E. Quaken-
bush** DECA: 12.

Rasheed J. Quash Bas-
ketball: 9, 10; Track: 9;
Varsity Football: 12;
Varsity Club: 12;
Homecoming Court:
11; TV Club: 10, 11, 12.

Allen D. Rankin Foot-
ball: 9, 10; Indoor
Track: 10; Drama

Club: 10, 11, 12; Thes-
pians: 11, 12; ROTC:
11, 12; Yearbook: 11.

Ahmad W. Radfi Span-
ish Club: 11.

Reginald D. Ray Orches-
tra: 9, 10, 11, 12; Dra-
ma Club: 10, 11, 12;
Thespians: 11, 12
(Treasurer); Spanish
Honor Society: 10, 11,
12.

Hope N. Reed Basket-
ball: 9.

Emily M. Reid Crew: 9,
10, 11; Indoor Track: 9;
Cross Country: 10.

Toni M. Reinhart Var-
sity Band: 9; Concert
Band: 10; Symphonic
Band: 11, 12; March-
ing Band: 9, 10, 11, 12;
Drum Major: 12.

Christopher B. Remer
Athletic Training: 9,
10, 11, 12.

Jamie M. Richardson
Varsity Band: 9; Con-
cert Band: 10, 11; Out-
door Track: 10; FBLA:
12; COE: 12.

Michael J. Richardson
Marching Band: 9, 10,
11, 12; Jazz Band: 11.

Suzanne N. Ritchie
Crew: 9, 10, 11; Key
Club: 9, 10; Science
and Ecology Club: 12;
Leo Club: 12.

Dayana Rodriguez
MUN: 11; ROTC Drill
Team: 12; Spanish
Club: 11; FBLA: 11;
SCA Rep.: 11.

Linda L. Ross Varsity
Field Hockey: 10, 11,
12; Band: 9.

Leslie A. Royston Cross
Country: 9, 10, 11; In-
door Track: 9, 10, 11;
Outdoor Track: 9, 10,
11; Varsity Club: 10,
11, 12; Sign Lang.
Club: 12; Teen Cour-
seling: 11, 12.

Farrah R. Sampson
Marching Band: 9, 10,
11, 12; Indoor Guard:
9; SCA: 10 (Rep.);
Spanish Honor Socie-
ty: 10; Tri-M; Sign
Language Club: 12.

Tanema M. Sanders
Cosmetology: 11, 12.

Roberto Santiago Cross
Country: 9, 10, 11, 12;
Indoor Track: 9, 10, 11;
Outdoor Track: 9, 10,
11; Outdoor Track: 9,
10; JROTC: 11, 12
(Squad Leader, BN S-
2); Yearbook: 11, 12
(Photography Ed.);
NHS: 11, 12; BETA
Club: 11, 12; SHS: 10,
11, 12; FBLA: 11.

Amy E. Saunders
Marching Band: 11, 12
(Drum Major); Sym-
phonic Band: 9, 10, 11,

12; All District Band:
9, 10, 11; All District
Orchestra: 9, 10, 11;
All County Band: 9, 10,
11; All County Orches-
tra: 9, 10, 11; All State
Band: 11; Tri-M: 11,
12; NHS: 11, 12; SHS:
11, 12; Governor's
School: 11.

Michael A. Saure Cross
Country: 9, 11, 12; In-
door Track: 9, 10; Out-
door Track: 9, 10;
Crew: 11, 12; Ecology
Club: 9, 10; Concert
Orchestra: 9; Sym-
phonic Orchestra: 10,
11, 12; Winter Crew:
11, 12; Varsity Club:
12.

Joshua A. Schoon Crew:
9, 10; Plague: 12.

Tiffany C. Schwentner
SADD: 10, 11; Tri-M:
10, 11; Teen Counsel-
ing: 11, 12; Varsity
Choir: 9; Women's
Concert Choir: 10;
Concert Choir: 11; SCA
Rep.: 10.

Jennifer D. Scott JV
Volleyball: 9; Varsity
Volleyball: 10, 11 (Co-
Captain), 12; Varsity
Basketball: 9, 10, 11,
12; Varsity Softball: 9,
10; NHS: 11, 12; SHS:
11, 12; SCA: 9 (Treas.),
11 (Treas.); FBLA: 12;
Beta: 11, 12; Varsity
Club: 10, 11, 12.

Stephen C. Secrist JV
Football: 10; SCA Rep.:
11; Varsity Football:
11, 12.



Eric Weatherholtz
Senior

full and I get stuck in the
crowd.”

John Sellers Art: 9, 10,
11, 12; Journalism: 9,
10, 11, 12; Crew: 9.

Keri M. Shaw Soccer: 10,
11, 12; Basketball: 10,
11, 12; FBLA: 11;
Spanish Club: 11.

Noelle A. Shaw March-
ing Band: 9, 10; Varsi-
ty Band: 9; Concert
Band: 10; FBLA: 11;
Varsity Club: 12; JV
Softball: 9; Varsity
Softball: 10, 11; Teen
Counselor: 11.

Kimberly M. Shires
Marching Band: 9, 10,
11, 12; Tri-M: 11
(Treasurer); EDDAS:
11, 12; Teen Counsel-
ing: 11, 12; All-Dis-
trict, All-County Band:
10, 11, 12; All-State
Band: 11.

Rebecca L. Shreve Key
Club: 10; FBLA: 10, 11,
12; Color Guard: 12.

Karen C. Shull Vikettes:
9, 10, 11, 12 (Captain);
Varsity Club: 10, 11,
12; NHS: 11, 12; Beta
Club: 11, 12; Spanish
Honor Society: 10, 11,
12; Concert Choir: 10,
11, 12; Woodbridge
Singers: 11, 12; Varsi-
ty Choir: 9.

Jonathan T. Simmons
Football: 12.

Jason T. Simpson
Marching Band: 9, 10,
11, 12.

Michael E. Sims Cross
Country: 10, 11, 12; In-
door, Outdoor Track:
10, 11, 12; J.V. Soccer:
9; Varsity Club: 11, 12.

Shannon L. Sing Crew:
9, 10, 11, 12; FBLA: 10;
Mentor: 10; Mediator:
10; Swimming: 10
(Manager); Varsity

“There are
too many peo-
ple for the size
of our school.
I'm always late
to my classes
because the
halls are so

Club: 11, 12.

Ebony L. Singleton
FBLA: 11; SCA Rep.:
12; Gospel Choir: 11,
12; Concert Choir: 10;
Black Student Union:
9, 10, 11, 12; Track: 11.

Maria C. Soto Science and Ecology Club: 11; FBLA: 9, 10, 11; Key Club: 11, 12; NHS: 11, 12; Spanish Honor Society: 11, 12 (Secretary); Indoor Track: 9, 10.

Christine E. Stemmermann Varsity Choir: 9; Women's Choir: 10; Concert Choir: 12.

Rayna A. Stengel German Club: 10, 11; ED-DAS: 11, 12 (Editor).

Brandy C. Stevens J.V. Soccer: 9; Varsity Soc-



Christine Beck
Senior

“There is never an opportunity to meet everyone, the people in the hall are a bunch of strangers. It’d

be nice if people could know me and I could know them.”

cer: 10, 11, 12; Key Club: 9, 10, 11, 12 (V.P.); NHS: 11, 12; Spanish Honor Society: 11, 12.

Damon Stewart FCA: 12; Wrestling: 9, 10, 11, 12 (Captain).

Summer A. Stewart Soccer: 9; Softball: 9; Basketball: 9; Crew: 10, 11, 12; NHS: 11, 12; FHS: 12; Key Club: 11; Yearbook: 12.

Jared N. Stroup Football: 9, 10, 11; Outdoor Track: 10, 11, 12; Indoor Track: 11, 12.

Amy E. Swann Field Hockey: 9, 10.

Leslianne Swanson FBLA: 10; Swimming: 9, 10, 11, 12; Crew: 11, 12; NHS: 11, 12; Teen Counseling: 11, 12; Exec. Council: 11; Ecology Club: 11, 12; Varsity Club: 11, 12; Homecoming Court: 11.

Cedric D. Thomas Drama Club: 11, 12; Art Club: 11.

Teddra N. Thomas Indoor Track: 9; SCA: 10 (Rep.); Exec. Council:

10; Varsity Choir: 9; FBLA: 10; DECA: 12; *Valkyrie*: 12 (Features Ed.).

Barrett M. Thompson Football: 9, 10; Baseball: 9, 10 (Capt.); Soccer: 9, 10 (Co-Capt.); Computer Club: 10; Spanish Club: 10 (Treas.).

Jarrett A. Thornton FBLA: 10, 11, 12 (Sec.); Eco. Club: 10; NHS: 11, 12; SHS: 11.

Heather L. Thorstad Beta Club: 11, 12;

en's Concert Choir: 10; Concert Choir: 11, 12; Consonance: 12; Teen Counselor: 11, 12; Spanish NHS: 10, 11, 12; NHS: 11, 12; Tri-M: 10, 11, 12 (Hist.); Pres. Choir Council: 12.

Carlos M. Urrutia Choir: 9, 12; Festival Choir: 9; Wrestle: 9; JROTC: 10; Volleyball Man.: 11; MUN: 11, 12; Teen Counselor: 11, 12.

Neil E. Vaughn Norsemen: 10, 11, 12; Boys' Varsity Soccer: 10, 11, 12.

Franklin E. Villagomez Football: 9.

Elizabeth M. Vernon Latin Club: 9; French Honor Society: 11, 12; N.H.S.: 11, 12; Beta: 11, 12 (Secretary); Swim Team: 10, 11, 12; Model U.N.: 12.

Mark J. Volzer J.V. and Varsity Soccer: 9, 10; Varsity Football: 11; N.H.S.: 12; French Honor Society: 10, 11, 12.

Teri M. Wade J.V. Cheerleading: 9, 10; Norsemen: 11, 12; DECA: 11.

Derrick Wafford Varsity Tennis: 10, 11, 12; FBLA: 11, 12; Varsity Club: 12.

Alicia Walker FBLA: 9, 10, 12; Sign Language Club: 12.

Ray R. Walker Freshman Football: 9; VICA: 11, 12.

Timothy E. Waller Golf Team: 10; Chess Club: 10; Berlin Against Drugs: 9; Science and Ecology Club: 12.

Rachel L. Wahlquist Drama Club: 10, 11, 12; Thespian: 12; Marching Band: 10, 11, 12 (Section Leader); Tri-M: 11, 12; Indoor Percussion: 9; NHS: 11, 12; Beta Club: 11, 12; French NHS: 10, 11, 12 (Secretary).

Cerina A. Wanzer Freshman Volleyball: 9 (Co-Capt.); Varsity Volleyball: 10, 11, 12 (Captain); Varsity Gymnastics: 10 (MVP), 11; Varsity Outdoor Track: 10, 11, 12; Varsity Club: 11, 12; NHS: 11, 12; Beta Club: 11, 12; Art Club: 12.

Tanya M. Warren NHS: 11, 12; Beta Club: 11, 12; Sci. and Ecology Club: 10, 11, 12 (Pres.); Tri-M: 10, 11, 12 (Historian); Varsity Orchestra: 9; Ens. Or-

chestra: 10, 11, 12; Latin Club: 9.

Eric W. Weatherholtz Football: 10, 11, 12; Track: 10, 11, 12.

Hayden R. Webb Track: 9; FBLA: 10, 11; VICA: 11, 12.

Rosilee Weber Concert Choir: 12; Track: 9, 10, 11, 12; Volleyball: 9, 10, 11, 12; NHS: 11, 12; Beta Club: 11, 12; Varsity Club: 11, 12.

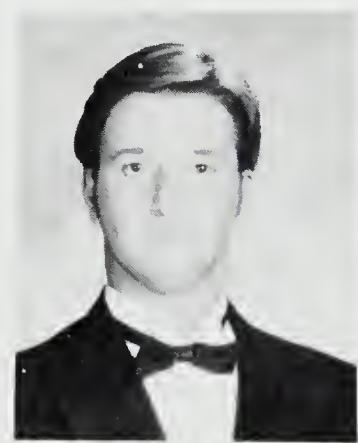
Kara S. Wesley Vikettes: 9, 10, 11 (Ambass.), 12 (Ambass.); Choir: 9, 10; *Valkyrie*: 10, 11 (Paste-up Ed.); SHS: 11, 12; Varsity Club: 12.

Leslie S. Wilkerson FBLA: 11, 12; Marching Band: 12; Winter Guard: 12.

Kendra Y. Williams Band: 10, 11; Cosmetology: 11, 12; AASU: 10, 11.

Laura A. Williams Crew: 9, 10, 11, 12; NHS: 11, 12; Beta Club: 11, 12; Swimming: 9, 10, 11, 12; Ecology Club: 12.

Shanna M. Williams DECA: 12.



James Kerr
Senior

Counseling: 11, 12; Beta Club: 12; SADD: 12; Plague: 12.

Rebecca E. Woodcock Field Hockey: 9, 10, 11, 12 (Capt.); Track: 9; Crew: 10, 11, 12; Basketball: 9, 10; Swimming: 11, 12; NHS: 11, 12; Beta Club: 11, 12; Sci. & Eco.: 10, 11, 12; Teen Counseling: 11, 12; Varsity Club: 11, 12; Yearbook: 12.

Thomas A. Yarwood Key Club: 12; Wrestling: 12.

Ryan D. Yoho Student Congress: 11, 12 (VP); Academic Team: 11, 12; NHS: 11, 12; Beta Club: 11, 12; Young Repub.: 11, 12.

Raquel F. Zelaya FBLA: 11; Spanish Club: 12.

Kristin M. Zerkow FBLA: 10, 11 (Treas.), 12 (Pres.); NHS: 11, 12; SHS: 11, 12; JV Soccer: 9, 10, 11 (Capt.); JV Basketball: 10; JV Volleyball: 9, 10, 11 (Capt.); Varsity Volleyball: 12; Choir Council: 11 (Rep.).

“You get to meet people from different cultures, like exchange students and military kids. The drawback is that it’s easy to get lost in the crowd.”

Rodney J. Wilson Wrestling: 9, 10, 11, 12; Orch.: 12 (VP); German Club: 9; Plague: 12; MUN: 12.

Tiffany L. Winston Track: 10, 11; FBLA: 12; Basketball: 9, 10, 11, 12.

Julie M. Wise Drama Club: 9, 10, 11, 12; FBLA: 11; NHS: 11, 12; SHS: 11, 12; ED-DAS: 9, 10, 11, 12 (Asst. Ed.-in-Chief); Key Club: 12; Teen

One Step From the Top

Junior Class Makes Plans for School

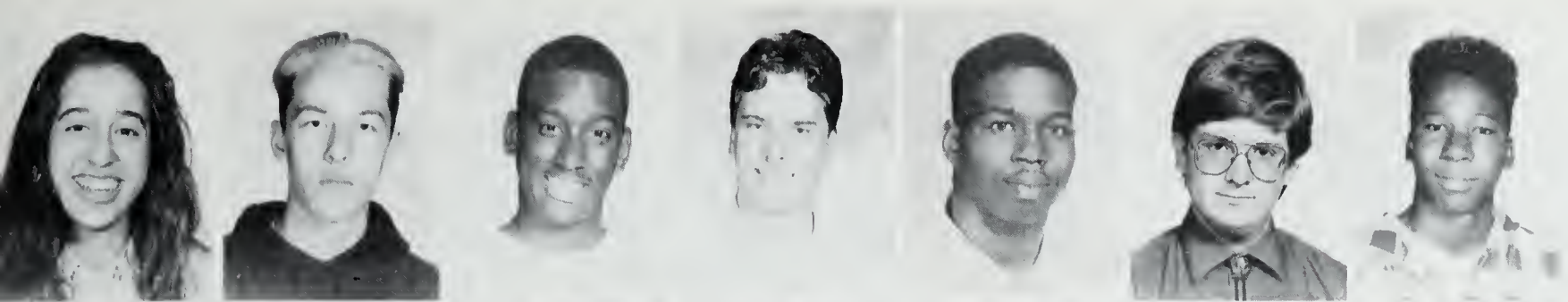
Activities and for Its Own Future

Bombarded with an excess of responsibilities, members of the junior class made decisions about their future and school. ✕ As upperclassmen, the juniors faced the prospect of finally going to Prom without being invited by an upperclassman, but they also had to raise the money and sponsor the final dance of the year. In the fall, they worked on the Homecoming dance and participated in the festivities with a disco float modeled after the seventies. ✕ In addition to all of the fun, the juniors faced increased academic pressures as they were able to take their first advanced placement classes. These classes caused the juniors to think about their college plans and prompted them to take their SAT's. Juniors also faced changes as all junior teachers were teamed with another teacher. This kept the students with the same people for two of their classes. ✕ Juniors prepared for the day at the end of the year when they would finally become seniors, the highest rung on the ladder. ✕



Junior Class Officers No Souvanaratana, Nick Zizzo, Huma Zaidi, Blair Lockamy.

Juniors Abadir — Burke



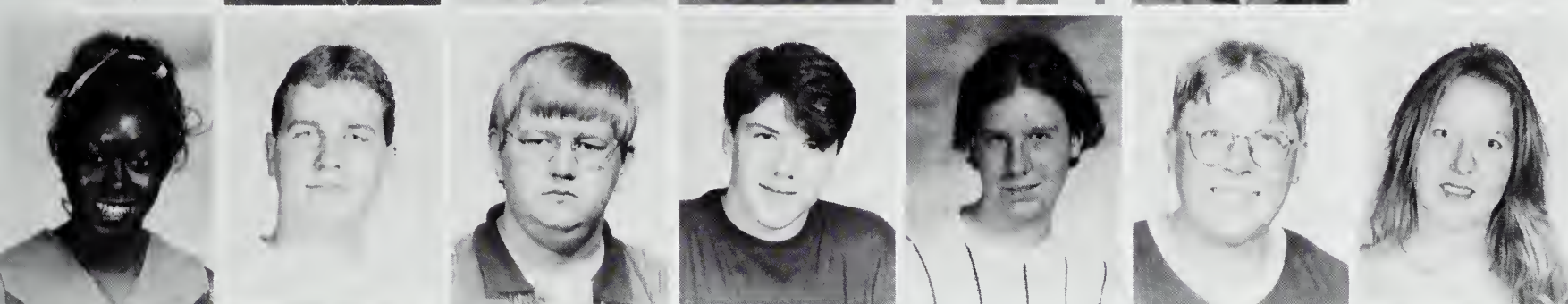
Nadia Abadir
Billy Adams
Pedro Adams
Robert Albrecht
Corey Albright
James Alexander
Kenneth Allen



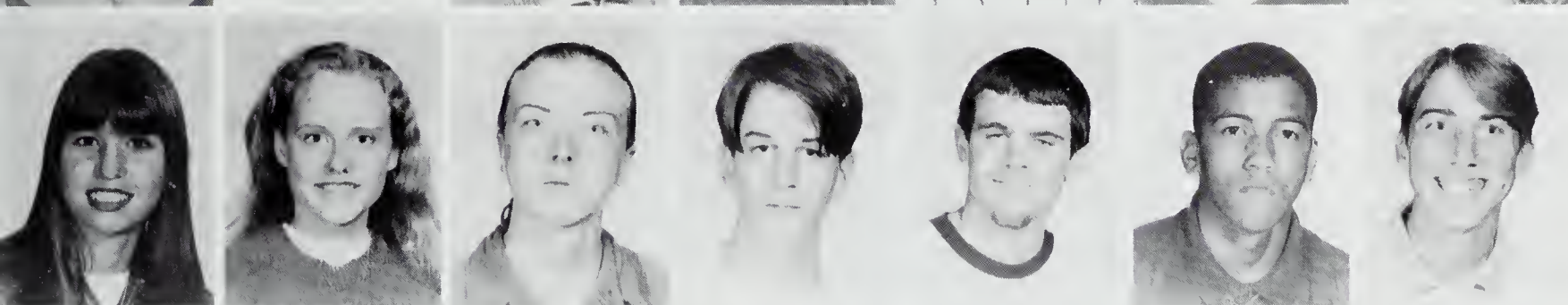
Diana Alvarez
Zerlesht Aman
Kelly Ames
Brian Anderson
Ross Anderson
Sara Anderson
Tracee Anderson



Fatima Aniteye
Hugo Argueta
Adil Ashraf
John Atkinson
Michael Avenick
Joann Bailey
Shannon Bailey



Melissa Baker
Scott Baker
Taylor Bareford
Mike Barnett
Marc Barriteau
Matt Bass
Leigh Bearor



Kara Belcher
Lisa Bellamy
Patrick Benton
Jeff Bernard
Rob Bird
Gerard Blackshear
John Blair



Nicole Bolton
Christopher Bond
Derek Bosco
Adam Boudreau
Dan Bowerson
Steve Bowman
Maria Bravo



Lakisha Braxton
Tara Brennan
Jennifer Briere
Jenny Brondyk
Michael Brooks
Alicia Brown
Donald Brown



Duane Brown
Karen Brown
Matthew Buckley
Michele Buckley
Lisa Buco
Kevin Bull
Mary Burke

Beast to Beauty



Going to the Extremes in Order to Maximize Beauty Results

Maximum beauty results achieved by juniors who undertook strange beauty rituals that sometimes made humans look like creatures from another planet. Mud masks were a popular weekly treatment.

Mud masks were either homemade from oatmeal and honey or the popular store bought brands. "I like to use St. Ives products when it comes to washing my face. Their clay mineral masks are the best. They are mint green that turn you into a giant blue smurf while on, but leaves your face tingling and fresh once off," said junior Megan Tierney.

Other beauty rituals took up an entire day. While some beauty products made girls look weird, other rituals were normal everyday activities. But juniors took extra time for extra beauty. "Saturdays are my

days for sleeping in, and when I get up I spend the next two hours to myself. I take a bubble bath, use a treatment on my hair, and a mask for my face. When I am done I feel fresh and renewed for the rest of the week," said junior Mary Varrieur.

While girls indulged in strange beauty processes, the boys felt they were lucky because they did not have to. "Guys don't really do any strange rituals. I consider us lucky because all we have to do is jump in and out of the shower, run our fingers through our hair and we are done," said junior Michael Sands.

Whether juniors spent hours, days, or simply a few minutes on beauty preparation, both ladies and gentlemen agreed that looking their best was important. However, the way to achieve maximum good looks was not always agreed upon.

by Leslieanne Swanson



Liz
Heisey
Junior

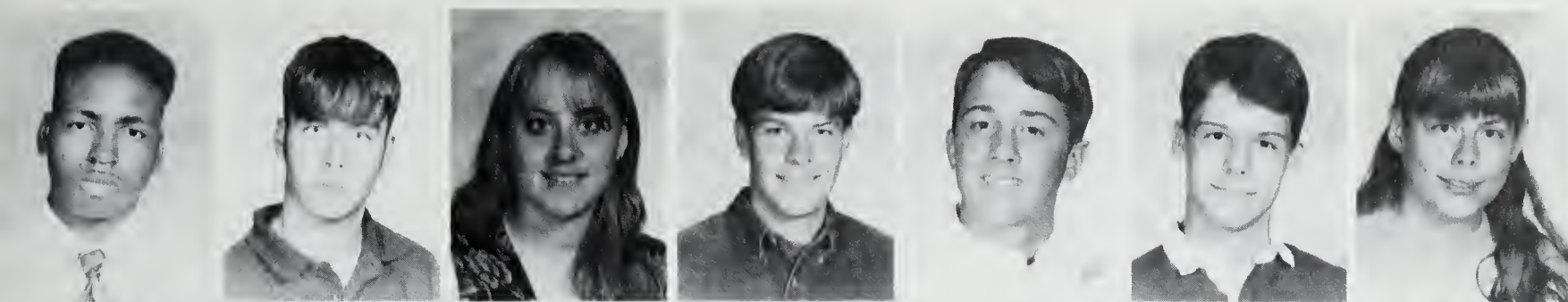
“When I take a bath I love to use these bath beads from the Bath and Body Works. They are filled with oil that make your skin extra soft. The oil only comes out when you put them into the water. My favorite is strawberry.”

Mud masks are the key to clear and beautiful skin. Junior Amy Majewski agrees with this advice and spreads the mask over her face. Once taken off she will have smooth skin.

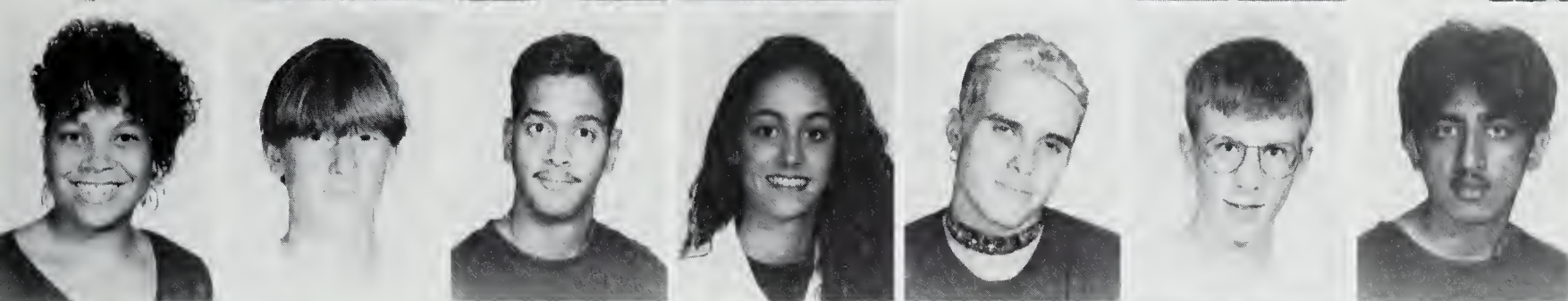


Roberto Santiago

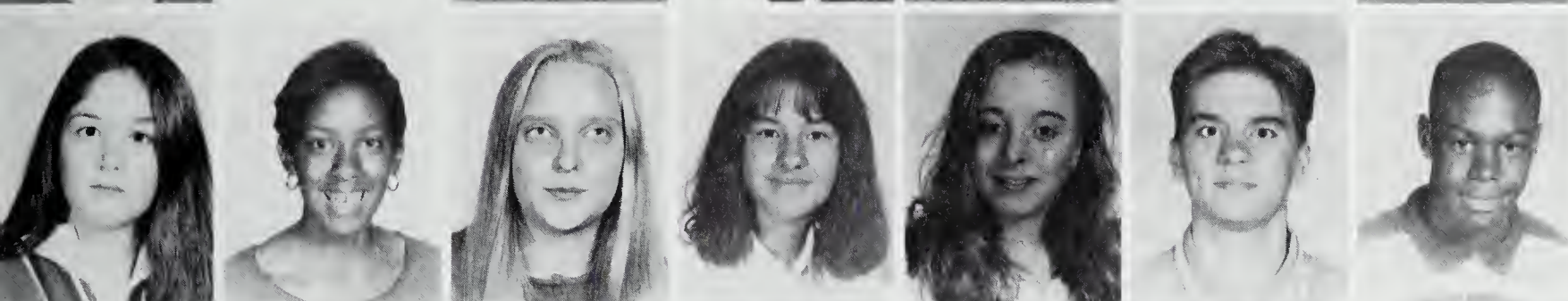
Juniors Burton — Eagles



Erik Burton
Desmond Byrd
Robert Callender
Sarah Calvin
Kurt Camealy
William R. Camuti
Rexford Card
Jessica Carr



Chris Carroll
Bridget Carter
Joseph Carwell
Jason Casazza
Lili Castilla
Sam Chandler
Ben Chapman
Qasim Cheema



Angie Christman
Stacey Christopher
Crystal Clarke
Beth Clifton
Sara Coe
Jenn Collins
Daniel Collinsworth
Quincy Conner



Lindsay Conrad
Aneesah Cooper
Kenya Cooper
Tenise Copeland
Dawn Cornell
Loren Coulter
Allison Cowan
Elizabeth Cowardin



Stacey Craft
Scott Cramer
Matthew Crane
Jessica Crespo
Nery Cruz
Rufino Cubias
Christian Custodio
James Cyphers



Jacob Dakon
Joshua Dakon
Peter Danieli
Paul Darr
Angela Davis
Reggie Davis
William Davis
Phil Dawson



Cameron Day
Patricia Delacruz
Kim Delmonte
Aaron Demory
Danielle Detwiler
Lachey Deyo
Kevin Dise
Matthew Dodson



Heather Dofner
Eric Donohue
John Dooley
Dennis Dorsey
Michelle Dowdy
Alexis Derzek
Jim Dutrow
Ross Eagles

Open wide! Junior Candice Payne concentrates on putting a chicken wing in her mouth without getting barbecue sauce on her face. Juniors hung out at Brittany's to eat and watch T.V.



Jeremy
Lind
Junior

“I think the perfect TV dinner is Hungry man with turkey, mashed potatoes with gravy and mints.**”**



Roberto Santiago

Chow Time

E

ight o'clock came around as the microwave dinged. Matt ran to the microwave, grabbed his dinner, and ran downstairs to settle in front of the TV. It was another dinner in front of the tube.

Homework was a factor to consider in deciding whether or not students had time to eat dinner with their family. "When it comes time to eat dinner, I just take my plate and utensils and head up to my room to either finish up my homework or just enjoy the taste of entertainment," said junior Jennifer Torre.

Watching a movie on TV with friends came before dinner and family. "I love to watch movies while eating dinner because my friends are usually over. We usually end up hav-

ing food fights, which is the greatest, but I always have to clean up afterwards," said junior Kelly Ames.

At times students don't like eating dinner with their family because they have nothing to talk about. "I can't stand the silence at the dinner table with my family, so I always eat while watching TV, or I'm out eating at a friends house," said junior Andy Pillifant. "I really don't mind eating dinner with my family. The only time

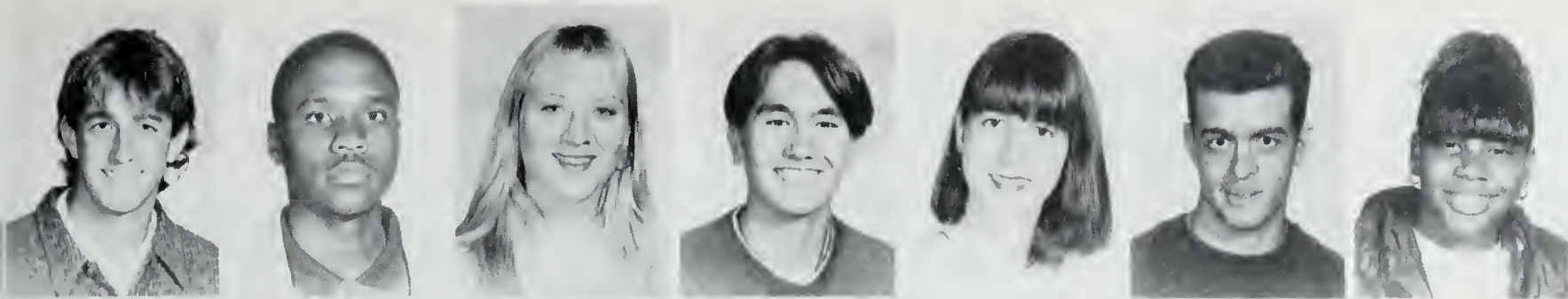
I don't is when they have something nasty, so then I go and watch TV," said junior Gerardo Portela.

Due to the excessive amount of homework students received every night, they found out that dinner was an interrupting period during the day. So they ate dinner while doing homework.

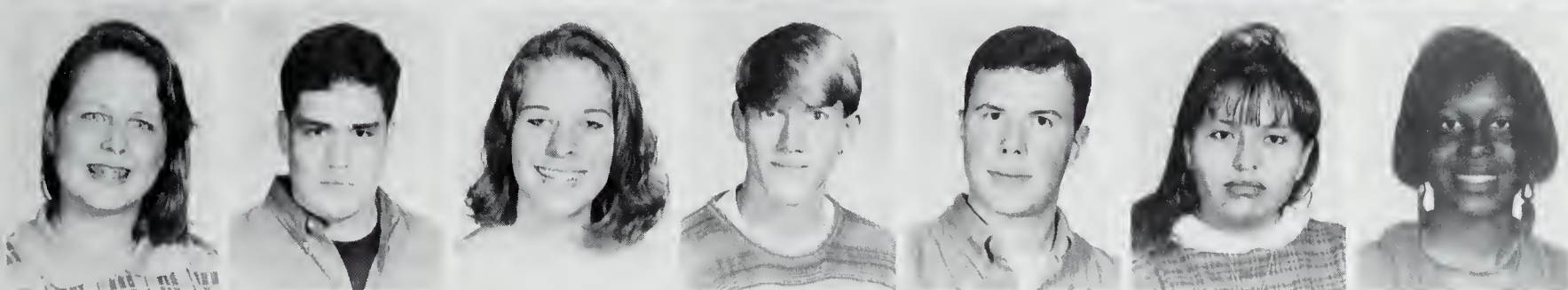
by Terri Greer

Breaking Away Long
Enough to eat Dinner
is Hard to Do

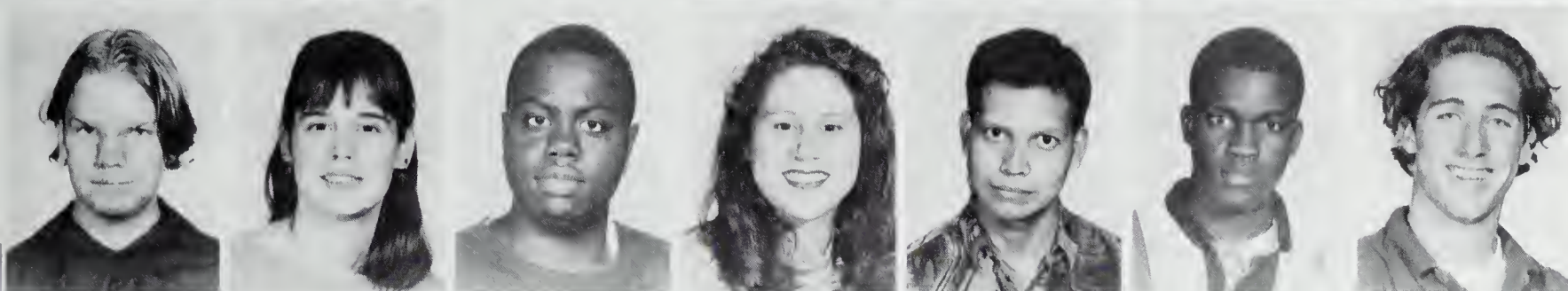




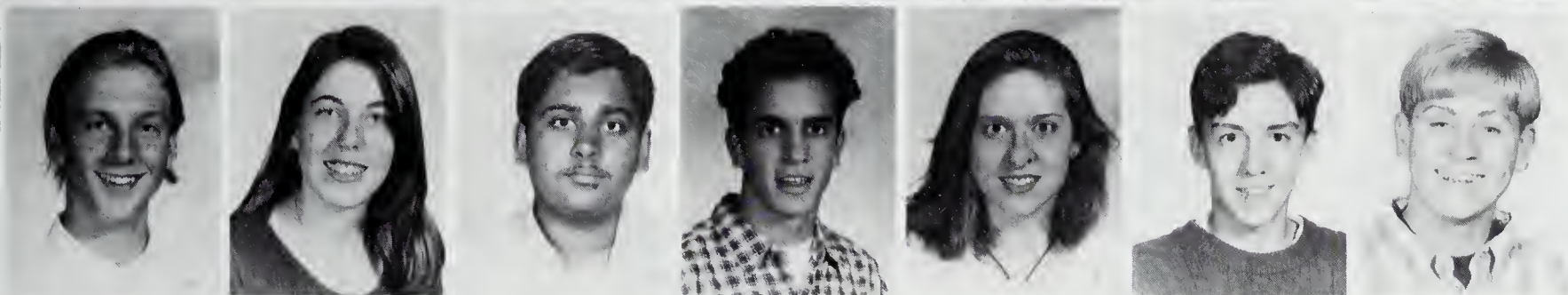
MaryKate Edmiston
Brad Edwards
John Egeland
John Epperly
Taino Esannason
Jacqueline Evans
John Evans
Jaime Ewasiuk
Patrick Fallon
Nickelle Farlow



Shannon Farrell
Michael Favila
Nicole Feinstein
Stephanie Feindt
Christopher Ferguson
Niki Ferguson
Stephen Finney
Kevin Flanagan
Wendy Flores
Denise Fluitt



Mickey Fong
Claire Fontenot
Chris Ford
Brian Forsyth
Teresa Franklin
Michael Frazier
Karla Fuentes
Noe Fuentes
Tim Fuller
Sam Gammon



John Garnish
Bryan Gauch
Joseph Gautreau
Nicolas Genest
Corrie Gerdis
Imran Ghaznavi
Jeff Giasson
Angela Gibbs
Jeremy Gillespie
Jason Gleaton



Stephanie Gleichsner
Stefanie Gogerty
Adria Goldsmith
Eduardo Gomez
Romina Gonealves
Chris Goodehild
Taly Goode
Jeff Gotherman
Peter Graham
Richard Granger



Mia Gray
Ronald Grayson
Rebecca Greenberg
Shaun Greer
Tanya Gregory
Steve Gress
Jennifer Gross
Jim Grube
Jody Guerrero
Miguel Guerrero

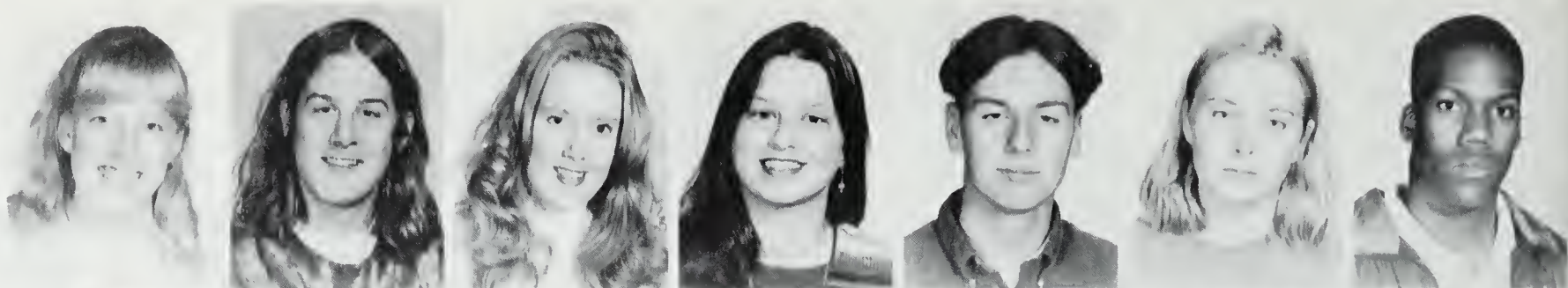


Vinenta Guevara
Yousaf Gul
Amit Gupta
Erika Gutierrez
Yennis Guzman
Paul Hagen
Asher Haines
Mike Hamilton
Jennifer Hansen
Sean Harrington



Chris Harris
Laura Harris
Stephanie Harris
Chris Hatcher
Michael Hawk
Deyannia Headley
David Heaton
Jason Heil
Elizabeth Heisey
Jason Helling

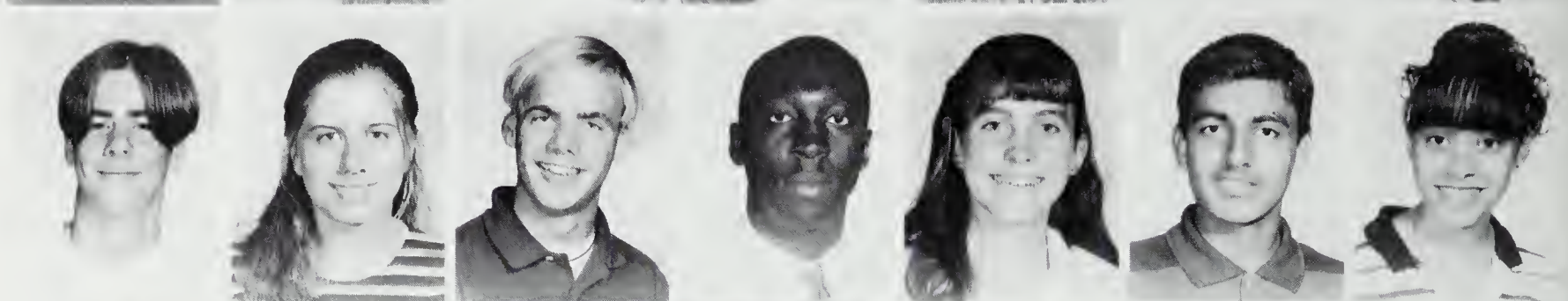
Kimberly Helmandollar
 Jeremy Henderson
 Heather Herman
 Jillian Herzog
 James Hewitt
 Janice Hibbard
 Demetrius Hicks
 Matthew Hicks
 Barry Hill
 Joaquina Hocog



Donald B. Hoffman Jr.
 Nathan Holmes
 Carol Hood
 Thelma Hottle
 Tami Howard
 Erin Howell
 Crystal Hudgins
 Rachel Hudson
 Kristin Hufford
 Lisa Hughes



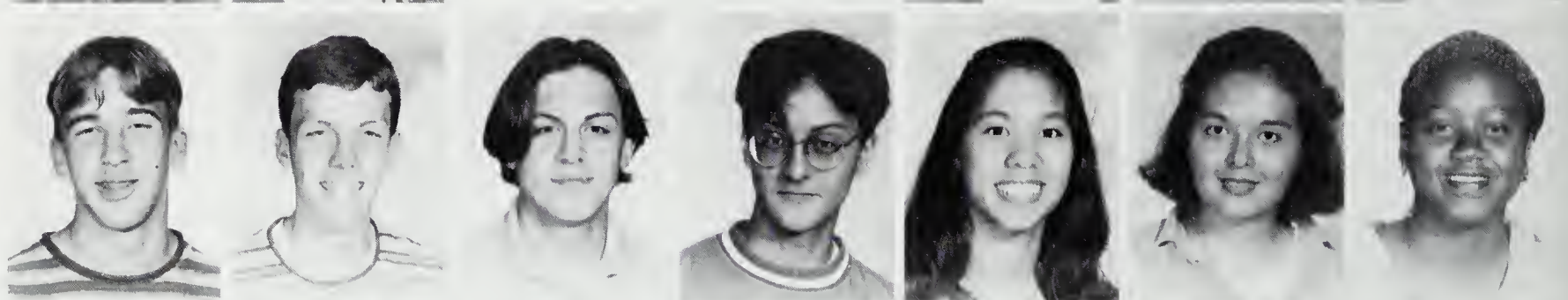
Tom Huisking
 Stephanie Humbarger
 Tom Huntington
 Anthony Iheme
 Jennifer Anne Isherwood
 Yasser Islam
 Sarah Izaguirre
 Elliott Jackson
 Emily Jackson
 Marissa Jarvis



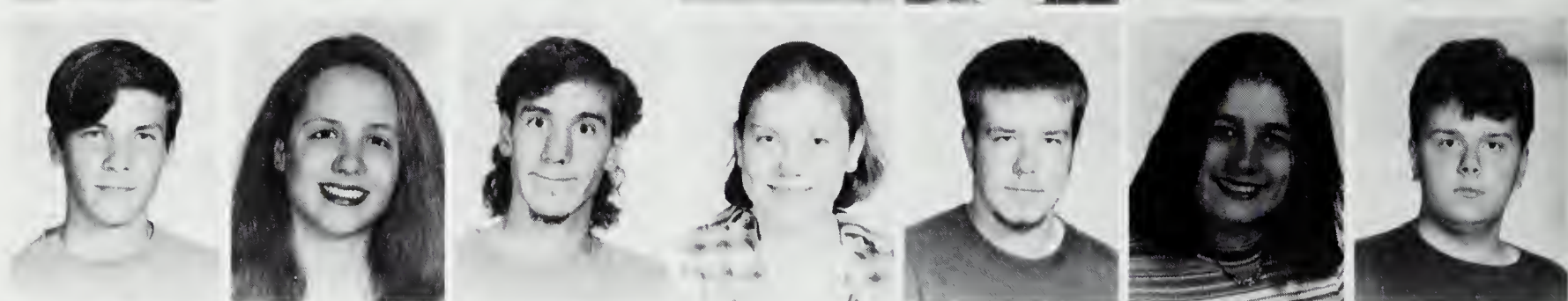
Monica Jennings
 Angela Jensen
 Temeka Jerden
 Christian Johnson
 Kenneth Johnson
 Jillian Johnson
 Kimberly Johnson
 Rusty Johnson
 Allison Johnston
 Aunray Jones



Chris Jones
 Steven Jones
 Mark Kaetzel
 Lucius Kahng
 Lori Kam
 Domanique Kanouse
 Satta Karmo
 Colleen Karnas
 Susan Katzbeck
 Alison Keehan



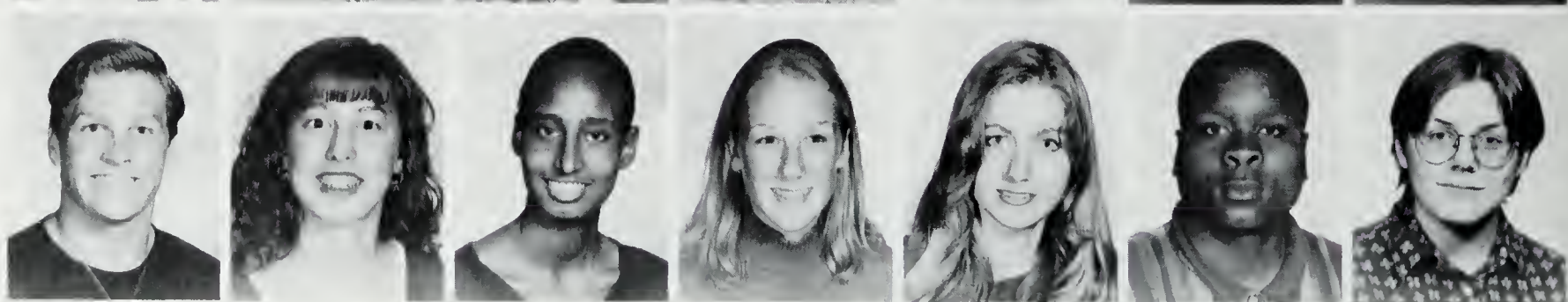
Ryan Kelley
 Amanda Kelly
 David Kelly
 Karden Kelly
 Erie Kennedy
 Evelyn Kennedy
 Harry Kerns
 Phillip Kessell
 Michelle Killik
 Hesuk Kim



Benjamin King
 Shaun Knepper
 Cheryl Kreis
 Jamie Kutchman
 Kurtrease Lafate
 Christopher Lambert
 Nicole Lapp
 Ronald Larson
 Antonio Lavarello
 Allison Leckrone



Justin Lee
 Kristin Legore
 Mekedlawit Lemessa
 Leslie Lenyi
 Rachel Levy
 Taj Lewis
 Heidi Ley
 Umeeka Lightfoot
 Joseph Lighthill
 Joshua Lighthill





Roberto Santiago

As he tightens the spark-plug on his father's Chevy Nova, junior Brodie Marrow keeps the cars running in good condition. Brodie's father had a collection of five vintage Novas.

“The only thing I can do is check my oil. Anything else and I have to take my car into the shop.**”**



Jason Heil
Junior

Jiffy Lube

W

hether it is a hobby or a job, fixing cars was a useful skill. Juniors with automotive know-how had an advantage over those students with no idea how to rotate their tires, or even how to check the oil.

Advantages for those with automotive skill were obvious. "I drive a Camero. Repairs can be real expensive. I'm able to avoid that and keep it in good shape; to get the girls," said junior John MacNeil.

These students were also able to help friends when problems arose.

Ways in which these students acquired their skills were through class, from their fathers, or by experimenting on their own. "My dad used to work on race cars. I just learned from him. Now I do it as a hobby and fix up my own car," said junior Scott Cramer. Students also learned on

their own. "I started out fixing dirt bikes and got interested in cars. They aren't too different. I learned quickly and even used to work as a part-time mechanic fixing old trucks," said junior Dean Dickerson. The other way in which they learned and improved on their automotive knowledge was in the classroom. Students with an interest in cars took Auto Mechanics I and II.

Students who were knowledgeable in car repair were able to work as part-time mechanics after school and were able to make money while doing something they

enjoyed. It was a skill that could be used to attain a well-paying full-time job straight out of high school.

For those who chose not to make automechanics a career, it was still a useful skill that could be used their whole life and help prevent paying expensive repair bills.

by Mads Hansen

Juniors Enjoy Working on Engines and Fixing up Cars

K.C. Lim
Jeremy Lind
Brian Linn
Andrea Littig
Blair Lockamy
Cordi Lockamy
John Logan
Michelle Looney



Andrea Lozinak
Danielle Luberecki
Haley Lucas
Susan Lutes
Sara Lyng
John MacNeil
Jessica Maddox
Amy Majewski



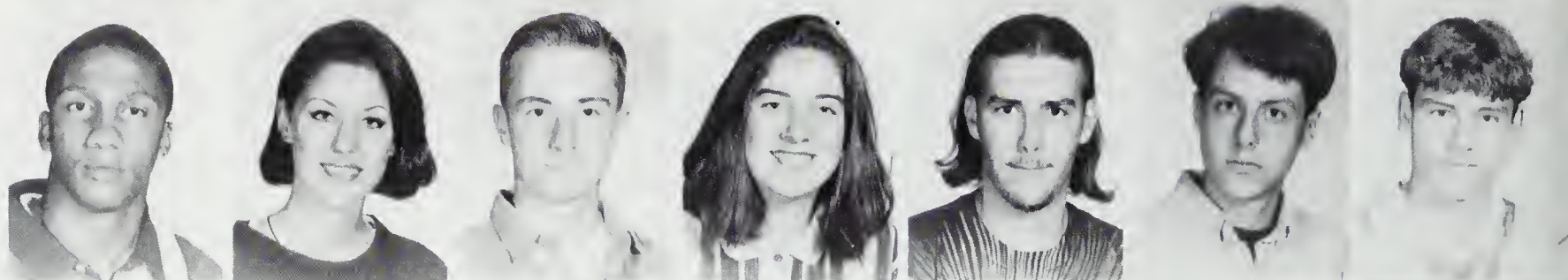
Crystal Majors
Phillip Majors
Guarion Malave-Lopez
Kristen Mandley
Kakisha Manuel
Erik Manzanares
Ena Marquez
William Marrow



Steve Marshall
Jose Martinez
Nnamdi Martyn
Michelle Matthews
Andrew McCary
Jim McClaren
Marc McCombs
Jennifer McCrary



Laurence McKay
Ashley McKelvy
Scott McKeown
Megan McQuade
Patrick McWilliams
Chris Meadows
Daniel Medina
Katie Meeks



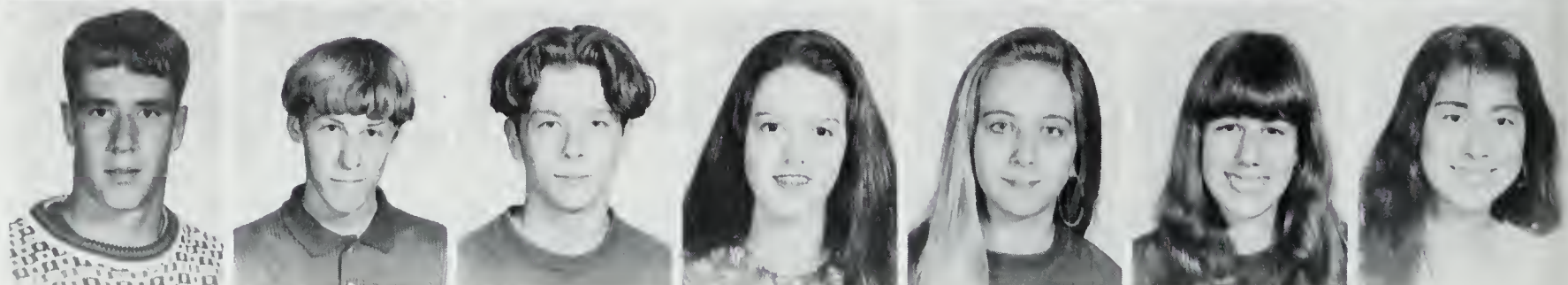
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Cassandra Merck
Harnet Meresie
Beth Mickey
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Adrienne Montanari

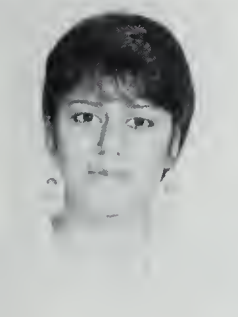
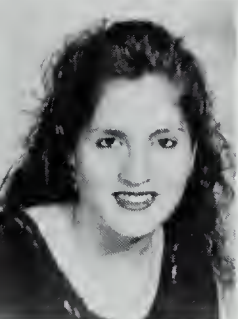


Jillian Moore
Lisa Morcy
LaMea Morris
Robert Morrison
Jason Moss
Mary Moton
Chris Motsek
Angela Mullins



John Mumley
Patrick Murray
Joe Mustachio
Natalie Myers
Theresa Mylechrairie
Veronica Najjum
Rachel Nakamura
Aditi Nangia





Stepping Out

Fashion Conscious Students Dress up to Paint the Town Red

As the door bell rang, junior Kelly Sakai was still not ready for her date. She quickly finished up and ran downstairs to meet her date.

Not all dates started on time.

"I am hardly ever ready on time for my dates. I always just mess around until about an hour before my date and then I have to rush, I guess I just have poor time management," said junior Natalie Myers.

Whether it was jeans or slacks or a skirt or a dress, students wore comfortable clothes. "When I go on a date I usually get dressed up in slacks (khaki) and a button up shirt. I always try to look nice when I go out, it makes her feel a lot better," said junior Ryan Schnurr.

Juniors had different ideas about what dressed up meant.

"I always dress up when I go out, whether it looks dressed up or not to other people," said junior Jennifer Torre.

The occasions students dressed up for differed, from going to the movies to a formal family occasion.

"Basically the only time I get dressed up is when we have a special occasion in the family," said junior Adam Reinhart.

Dressing up was an opportunity for students to feel part of the adult world. It also gave students a chance to show their personality through the clothes they wore.

by Chris Meadows



Bridgit Carter

“Dressed up to me is basically just a nice pair of jeans a tee-shirt and a button-up shirt that I leave unbuttoned. My friends always argue with me about what dressed up is but I just tell them the stuff I wear expresses me.”



Mickey Fong
Junior

While making sure his buttons were aligned correctly, junior Taly Goode gets ready for a night on the town. Students took time to ensure that they dressed comfortably.

It's Snowing



C Strange and Eccentric Collections Replace Stamps and Coins

oke bottles, stuffed animals, hats, Garbage Pail Kids, and match books. These were the things juniors collected. Juniors had eccentric collections that weren't comprised of just stamps and coins.

Collections reminded juniors of things or people in their past. "I have saved all the petals of all the flowers given to me. I keep them in a basket on my nightstand. It holds sentimental value," said junior Andrea Lozinak.

A special interest could inspire a collection. "I collect anything that has to do with sports; anything from baseball cards and football cards to *Sports Illustrated* magazines. I have every *Sports Illustrated* since 1984," said junior Aaron Rogozinski. A person's collection often revealed what was important in the collector's life.

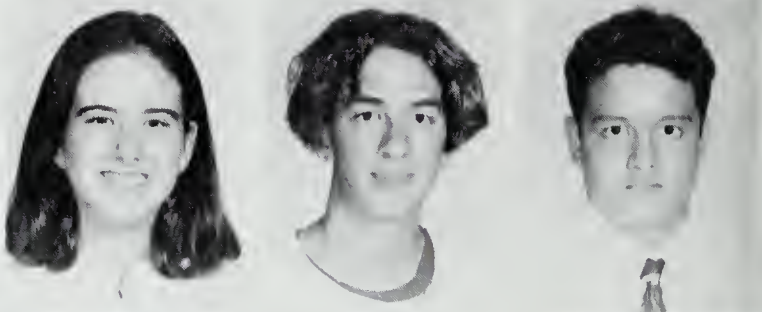
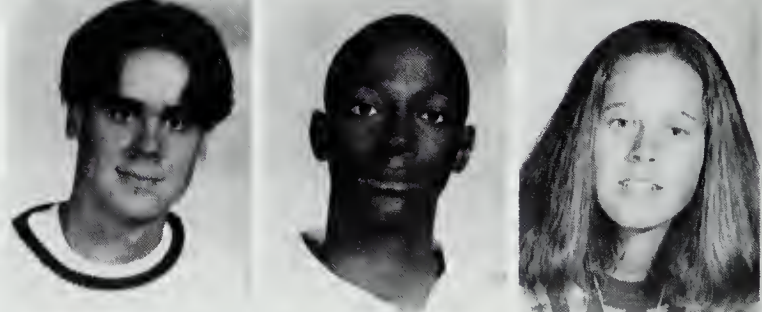
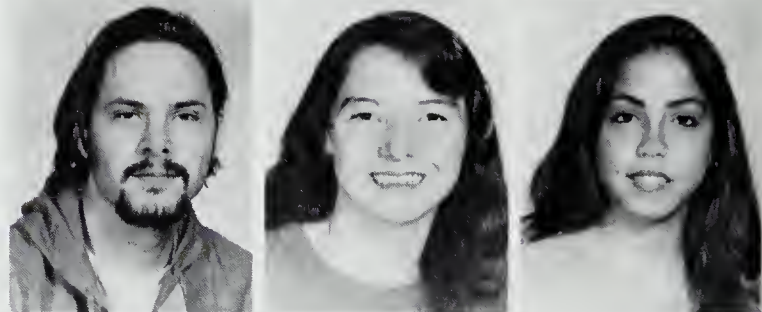
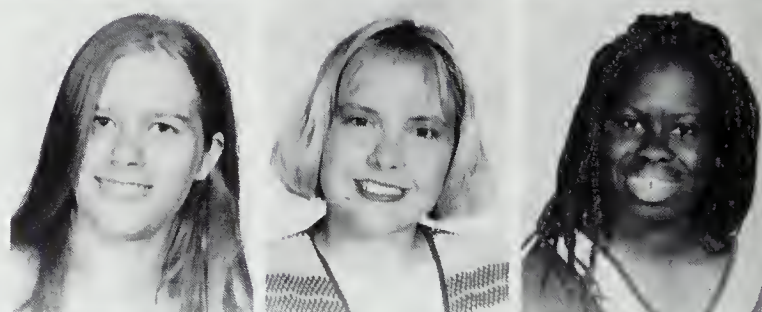
Collections could also prove to be very valuable. "I collect antique soft-

ball equipment and memorabilia. I have a bat, two masks, and a glove that are all over twenty years old. It's hard to find early year softball items," said junior Macy Price.

Collections were not necessarily expensive or valuable, but were unique. "I have a lot of stuffed animals. I got them from all over Europe; mostly Germany, though. They are different from the generic stuffed animals from America," said junior Kelly Sakai.

Showing it off was half the fun of having a collection. The other half was collecting. "I collect old coke bottles, I have to look all over for them, because the really neat ones are rare and hard to find," said junior Kevin Dise. The collections, whether they were valuable or not, were special to the collector.

by Mads Hansen



Ben King
Junior

“I once knew a guy who collected lawn mowers.

His whole backyard was full of lawn mowers.”

As junior Stephanie Thomas shows off her Mickey Mouse snow globe, she remembers that it was given to her for Christmas. Thomas had a collection of Disney snow globes.



No Souvanaratana

Juniors Nees — Rogozinski



Jessica Nees
Elizabeth Nelson
Steve Nelson
Jason Nevitt
Audrey Newcomb
Adam Newcomer
Jeffrey Nielsen
Jared Nishimoto
Donovan Novotnik
Jeremy Nowak

Jason Nugent
Heidi Obando
Kevin O'Brien
Avel Ochoa
Adam Oh
Darren Ohle
Jason Ohs
Jonathan Olin
Jonathan Olszyk
Luis Ortiz

Nathan Osburn
Morgan Pace
Melissa Paden
Claudia Padilla
Ann Palmer
Tom Panepinto
Melanie Park
Danielle Parker
Maryline Patten
Andrea Payne

Marleah Peabody
Rebecca Peavyhouse
Yema Pekanyande
Griselda Pena
Brent Perry
Marcus Perticari
Susan Peters
Adam Petersen
Davim Peterson
Carolyn Phillips

Nathan Phillips
Angela Philyaw
Angela Pi
Gabe Picard
Maggie Piczak
Andy Pillifant
Colin Pinkston
Shabnam Pirnahad
Roni Plate
Jeff Poertner

Gerardo Portela
Jamie Porter
Macy Price
Jonathan Publicover
Sharika Purnell
Shannon Pyktel
Monique Quarles
Jennifer Quick
Analiz Quineche
Jocelyn Quitariano

Shauna Rader
Kit Rash
Craig Rechkemmer
Jay Reedy
Justin Reedy
Brian Reese
Danny Reese
Adam Reinhart
Mary Rekas
Eric Renfro

Sarah Reynolds
Tricia Ricciuti
Brian Richards
Kyeisha Richardson
Latisha Richardson
Ashley Rinehart
Joshua Rock
Jessica Rodriguez
Aaron Rogozinski
Gary Rojas

Clean It Up

T

Juniors Find Organizing Their Clothes Doesn't Last too Long

he scene: A room cluttered and crowded with clothes. The mission: To organize it. Like all students, juniors were faced with the task of organizing their clothes to keep their rooms neat. Keeping their clothes this way was not always as easy as it sounded.

"My closet is neat every once in a while. I put it in order of usefulness; dresses on the left, sweaters on the shelf, and jeans and tee-shirts on the right where I open the closet door," said junior Jessica Carr.

The closet was not the only area where juniors tried to arrange their clothes. Other places were dressers, cabinets, shelves, and even chairs. "I put wrinkly stuff on hangers and old, worn shorts that hang together by a thread in a cabinet. Everything else is in baskets in my closet," said junior Marleah Peabody.

Of course, not all juniors were able to keep this routine. Once clothes were put on the hangers, they quickly found their way off. "My twin and I share our clothes, but they're rarely organized. They start out in our closet, but eventually our clean clothes land in one pile on the floor and our dirty clothes are in another pile," said junior Jacob Dakon.

Juniors even chose not to organize their clothes. "I don't organize my clothes at all. It's all laying everywhere; on my floor, on my dresser, on my bed. They clutter up my floor and make it impossible to walk in my room," said junior Nadia Abadir.

Juniors were either successful or not in organizing what they wore. Their clothes were seen on hangers in the closet, or in piles on the floor.

by Rebecca Greenberg



Reddona
Rudy
Junior

“It's by how much I wear them.

The clothes I wear the

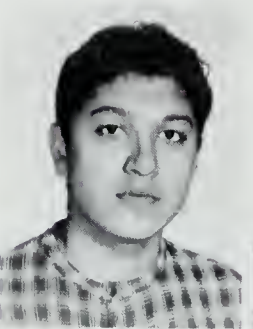
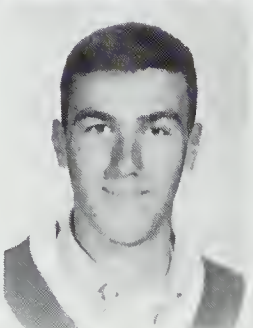
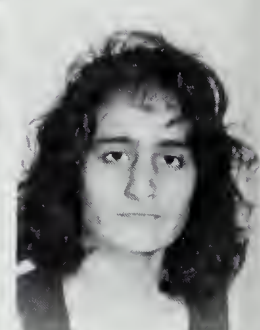
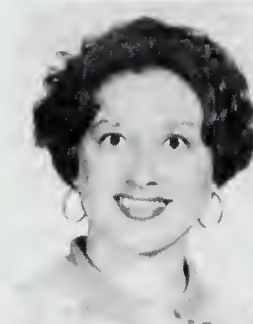
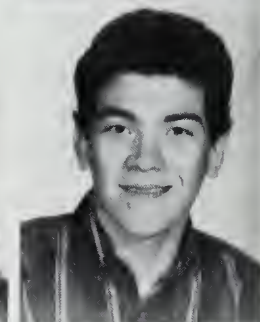
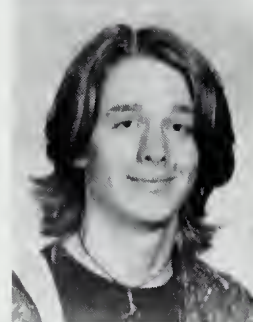
most are in the middle of my closet.

”



Time to put the clothes back where they belong! Junior Danny Reese spends time cleaning his closet. Danny organized his clothes by placing them on separate shelves.

Stephanie Hockman



Juniors Romano — Tolson



Kristin Romano
Stackin Rosario
Megan Rossi
Laura Rosynck
Latisha Rowe
Michelle Ruch
Sahrina Rude
Redonna Rudy
Michael Rush
Brandy Rutledge

Patrick Sachs
Kelly Sakai
Jaime Saldana
Mary Saldana
Sheyla Salinas
David Salisbury
Jose Salmcron
Melissa Salzer
David Samuhel
Alissa Sanchez

Krystol Sanchez
Silver Sanders
Mike Sands
Angela Santiago
Jeff Sarmac
Tirzah Schaefer
Ryan Schnurr
Trisha Shoeck
Jennifer Schuller
Monika Scott

Carmen Scriva
Kristin Sellner
Hamida Shafiq
Inayatullah Shafiq
Leighton Shank
Shubh Sharma
Joshua Sharp
Andy Shaw
Rosemary Shields
Karen Shimel

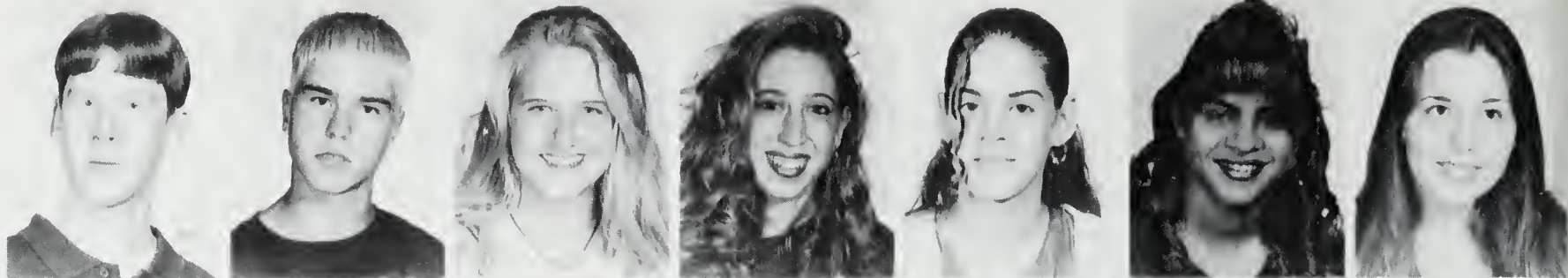
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Chrissy Sieg
Vicki Silguero
Louis Simmons
Tamorre Simpson
Brian Sipes
Kirstin Sipes
Souky Sisouvong
Angelique Smith
Chrissy Smith

Matthew Smith
Yvette Smith
Brian Smothers
Adam Soos
Robin Soto
No Souvanaratana
Alisha Sowells
William Spicer
Matthew Staats
Lucy Stakes

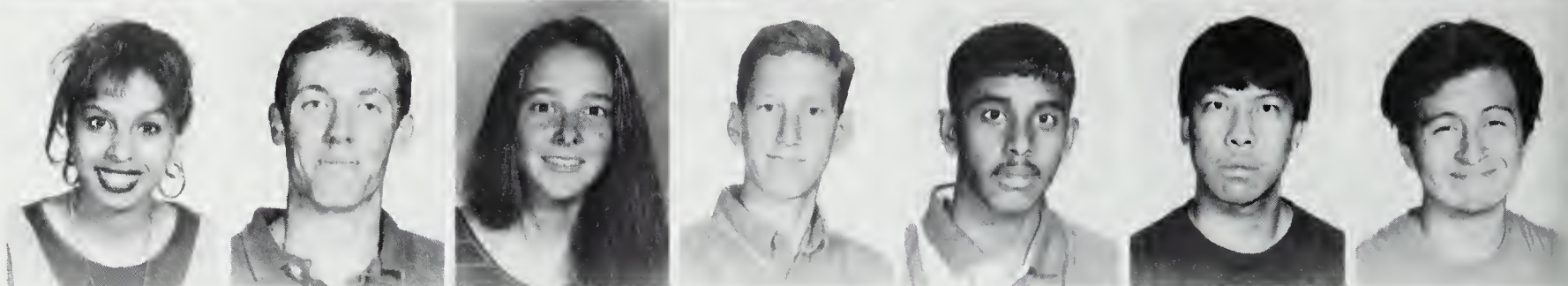
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Matt Stillwell
Shannon Stocks
Caryn Stroup
Elizabeth Studebaker
Nichole Summers
Matthew Sweesy
Tameika Sykes
Robert Symczak

Mirwais Taj
Jay Taylor
Chris Thai
Siriporn Thayaprasat
Stephanie Thomas
Megan Tierney
Patrick Tierney
Tanya Tilgner
Alicia Tisdale
Steven Tolson

Michael Tomlinson
Nathan Tomlinson
Krissy Tonnesen
Jennifer Torre
Jennifer Tossas
Nicole Tossas
Aimee Toth
Amy Trott
Matt Trotta



Semret Tseggai
Jarrod Tullo
Kim Tupper
Brian Turner
Prashant Uppin
Vatsant Vajirapinyo
Brian Valencia
Suzan Vanover
Cary Vargas



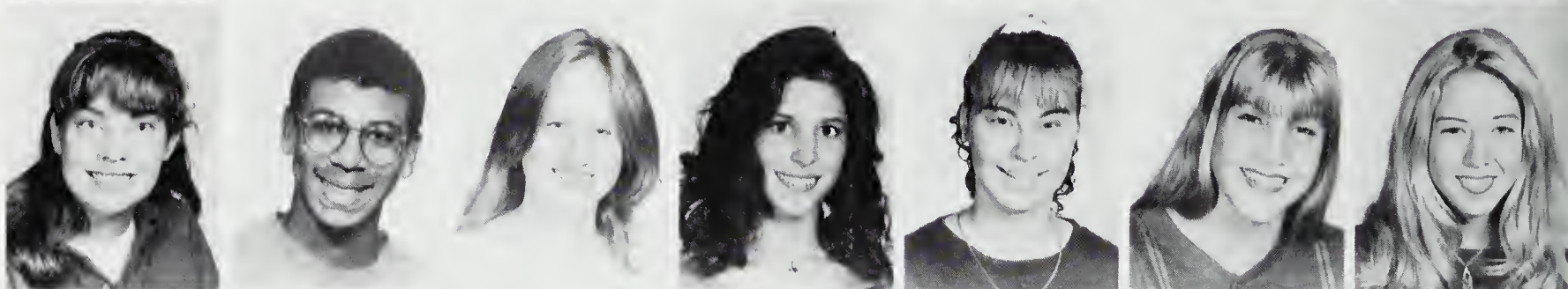
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Mary Varrieur
Mario Velez
Jerry Vidal
Mayela Villarreal
Amy Vincent
Timothy Vincent
Daniel Vitug



Christina Vogel
Jennifer Walawender
Katreshia Walker
Katherine Walters
Laura Walton
Joshua Warren
Tracey Watson
Jason Weaver
John Weaver



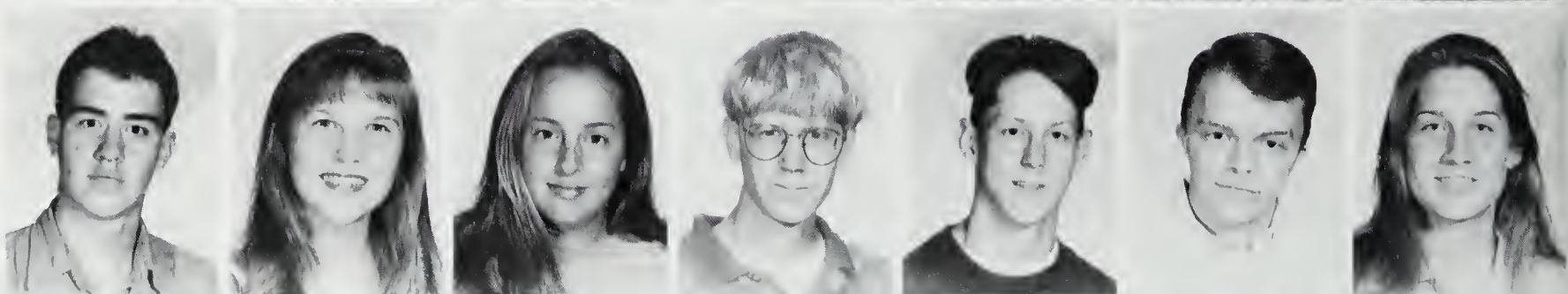
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Jason Weddington
Amber Weir
Kristina Welch
Suncha West
Brandee White
Kym White
Megan White
Kim Whitlock



Jason Wild
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Derrick Wilhite
Natasha Williams
Normeka Williams
Robert Williams
Christian Wilson
Diana Wilson
Sarah Wilson

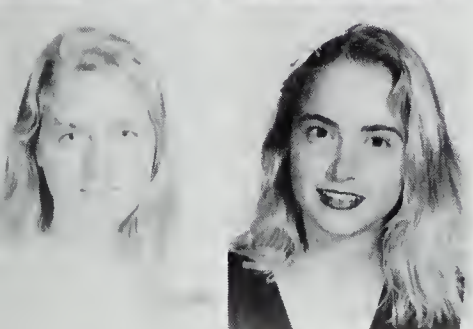
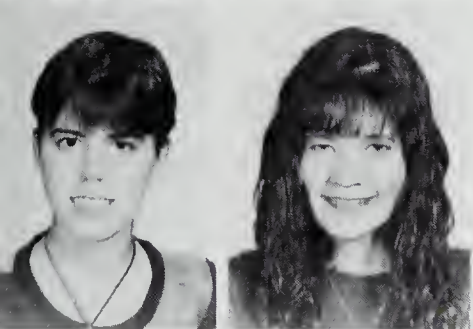
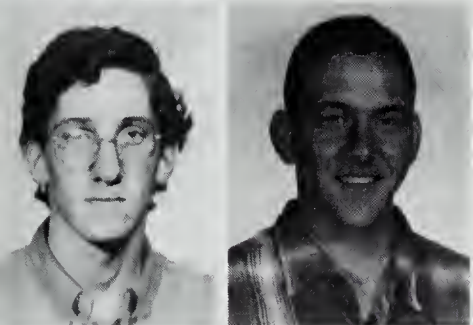
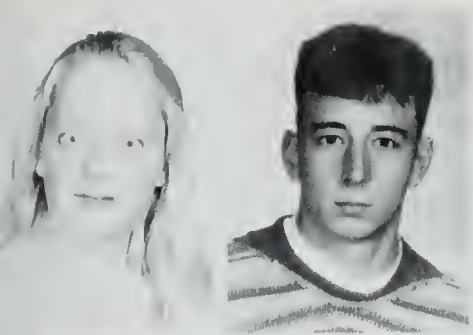


Rick Windsor
Theresa Wiseman
Lauren Woodcock
Bryan Woolard
Eric Woolfenden
Greg Wright
Nicole Xanten
Kathie York
Colleen Young



Jeremy Young
Wanda Young
Tom Youngbluth
Huma Zaidi
Jonathan Zarkauskas
Sandra Zepeda
Nicholas Zizzo
Abdul Ahmed





Just Stuff It

W Juniors Stuffed Textbooks With old Papers, Passes, and Notes

When junior Ashley Rinehart dropped her book in the hall, papers flew everywhere. Old passes, notes passed during class, old quizzes, old tests, and old assignments covered the floor. Juniors found it easier to stuff their textbooks rather than spend time to organize their notebooks. "I put old math assignments in my math book because I do not need a notebook for that class. It makes it hard to close sometimes, but it is better than carrying a notebook," said junior Jessica Carr.

With stuffed textbooks students had to worry about papers falling out of their books and cleaning up the mess. "I put lots of papers in my books and usually when they are sitting on my desk, I bump them and the papers fly out. It's really annoying but I'm too lazy to put them in a notebook," said junior Marleah Peabody.

Not only was a mess a consequence of filling textbooks with papers, another long term problem was textbook fees. Teachers com-

plained that stuffing books ruined them and would charge students for damages. "My English teacher yells at me when she sees my book. She gets mad that I put papers in it because she's afraid I am ruining the binding," said junior Redonna Rudy.

To avoid the fees and messes, juniors kept organized and put their papers in their notebooks. "It bugs me when I am not organized, I like all my papers to be in my notebook. It makes the textbook less bulky and I know where to find the papers I need," said junior Jennifer-Anne Isherwood.

Juniors could either be organized and use notebooks, but most chose to stuff their books. "I put my papers in my books instead of using a notebook. There is no need to waste space with the burden of notebooks when you can just put your papers inside your book," said junior Chris Meadows.

by Christy Britton



Bridgit Kelly



Jessica Nees
Junior

"I put papers in my books;

it is easier,

but just a little bit

more messi-

er."

A book full of papers, junior Katie Meeks looks for an old assignment. Juniors stuffed textbooks with old papers which caused the problem of not being able to find anything.

Stuck in the Middle

No Longer the Youngest Class, the Sophomores Order Class Rings and Learn to Drive

Surrounded on all sides by other classes, the sophomores still managed to distinguish themselves. They underwent new experiences and changes due to the excessive number of students in the school. **X** For Homecoming, the sophomores designed a float around their fifties theme. Sophomores who were looking to the future also took PSAT's in order to get experience in that form of test taking. They ordered class rings, their first true step toward becoming upperclassmen. **X** An effect of the large population on the sophomores was the changes in the parking sticker policy. Sophomores took their driver's education through their P.E. classes, and they also had to pay \$125 for the service because it was too expensive for the school to provide free lessons to the students. But, due to the large population, sophomores were not able to receive parking stickers for any reason, and were unable to exercise their newfound driving skills. **X**



Sophomore Class Officers Jennifer Blanton, Bridgit Kelly, Kim Newell, Jennifer Gray, Tatiana Tarbutton. Not pictured: Bianca Smith, president.

Sophomores Abe — Borey



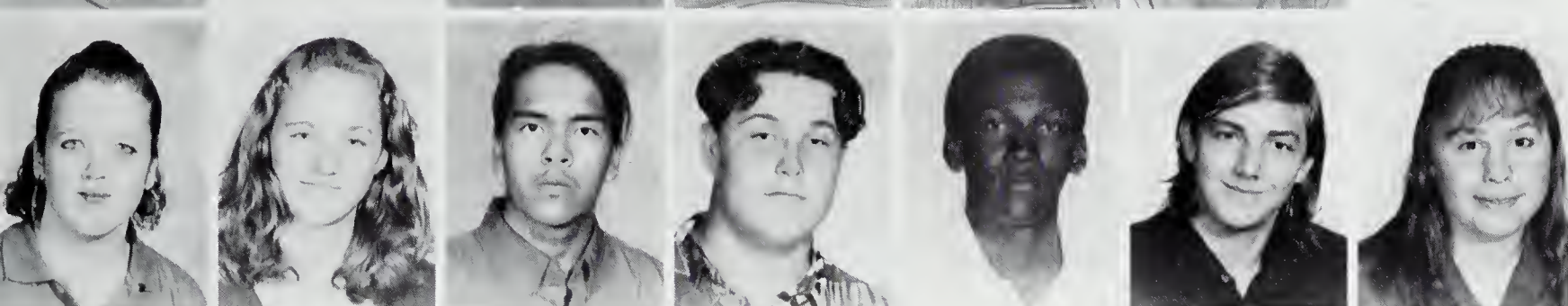
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Jonathan Adams
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Kristy Aiello
Al-Otaibi Mohamed



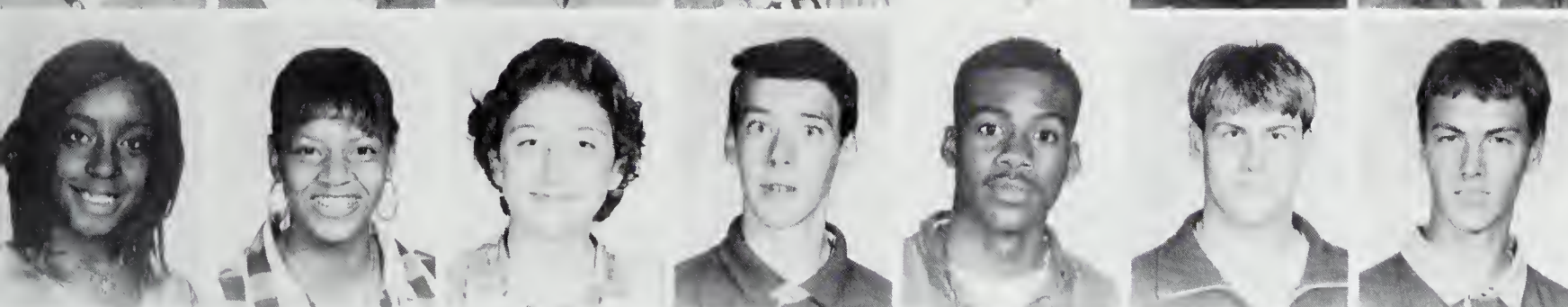
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Wais Amani
Ali Amini
Chrissy Anderson
Nikki Anderson



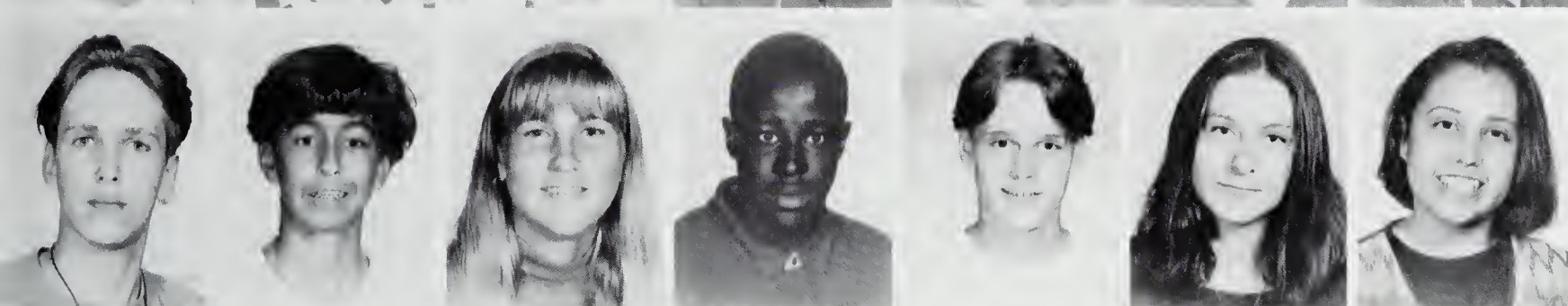
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Milton Arnett
Steve Arnold
Kara Artz
Michael Atkinson
Kareen Babb



Jamie Bailey
Julie Baker
Leonel Balderas
Jason Ballentine
Cody Banks
Daniel Barger
Jennifer Barnett



Alysia Barton
Qiana Battle
Olivia Bauman
Jeremy Beall
Eric Belle
Anthony Bello
Christopher Bennett



Chris Benson
Casey Bepko
Melissa Bernacki
Rutherford Berry
Brian Bevans
Katrina Bielefeldt
Christina Bihun



Riehey Black
Brian Blackburn
Peggy Blackmon
Patriek Blake
Ziomara Blanco
Don Blanton
Jennifer Blanton



Roderiek Blaylock
Christine Bohannon
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Jeff Bombick
Lisa Bond
Katie Bordeaux
Sara Borey

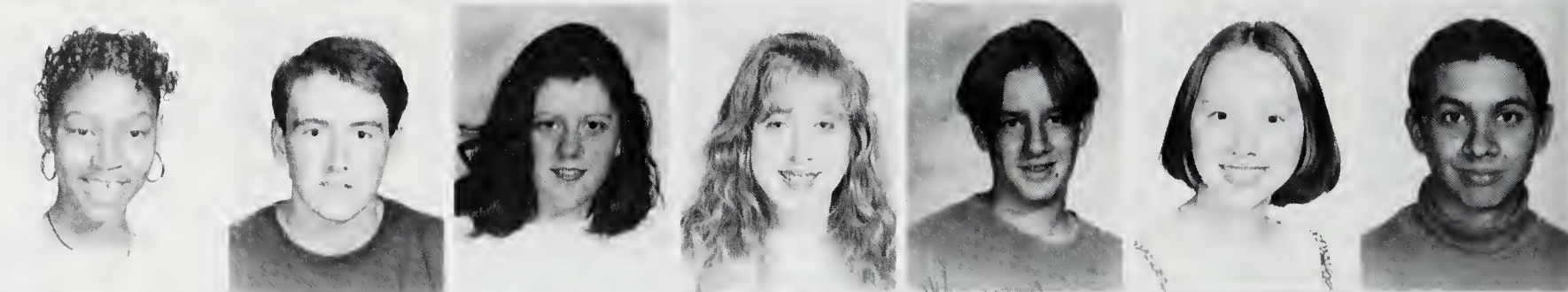
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Danny Brock
Sandra Brock



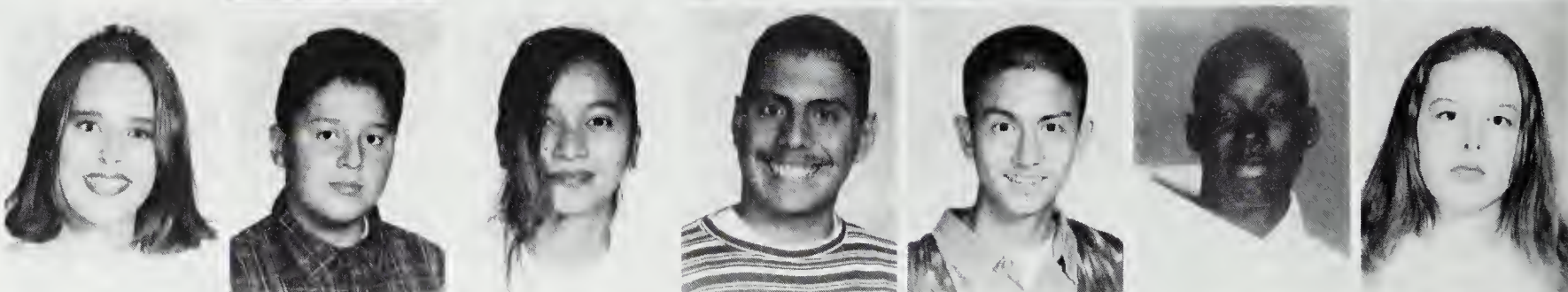
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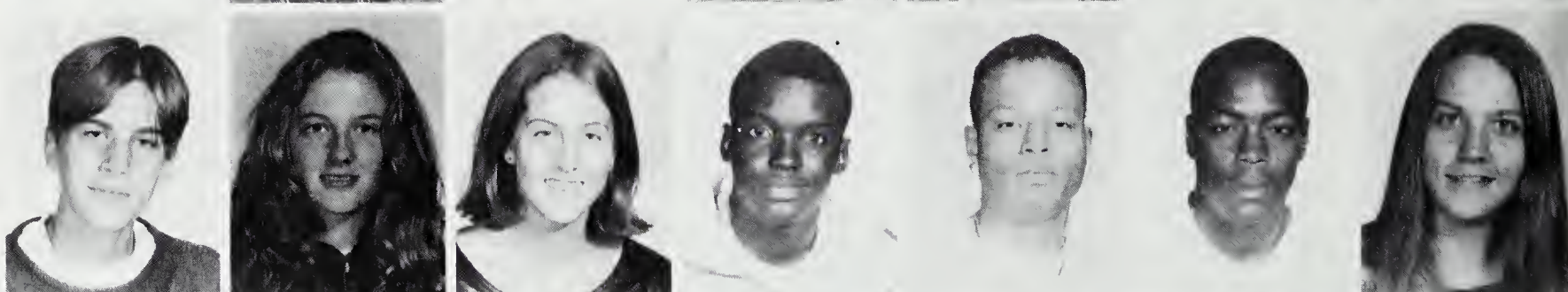
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Stacey Campbell
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Mike Carter
Margaret Carter
Steven Carwile



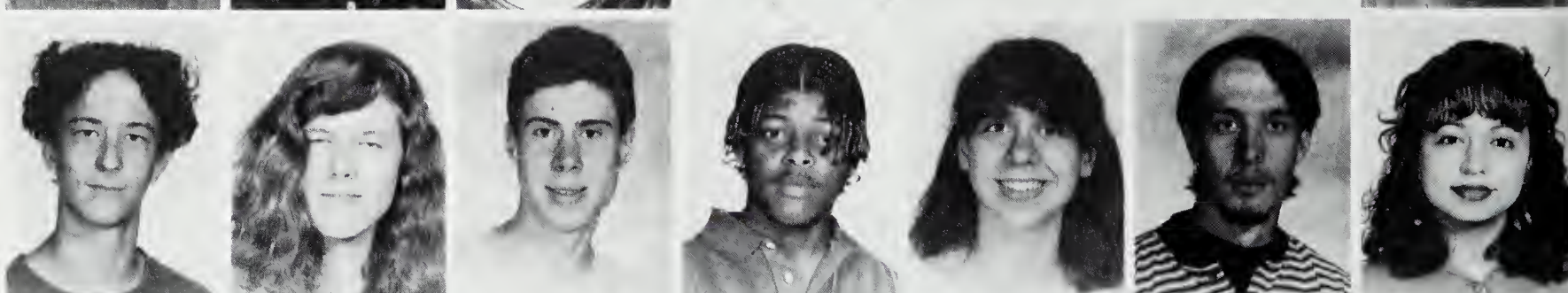
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Shawn Cheeseman
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Saima Choudry
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Joseph Claudio



Christopher Clay
Krista Clearwater
Debbie Cloyed
Derek Clubbs
Cory Coates
Tyrone Coates
Carmine Colagrande
Luis Colato
Carlos Coleman
Erica Coleman
Jason Collier



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Edward Cornwell
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Travis Cronk

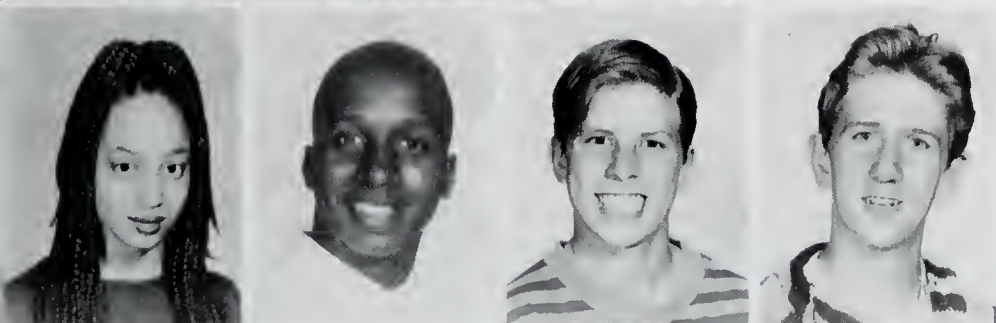
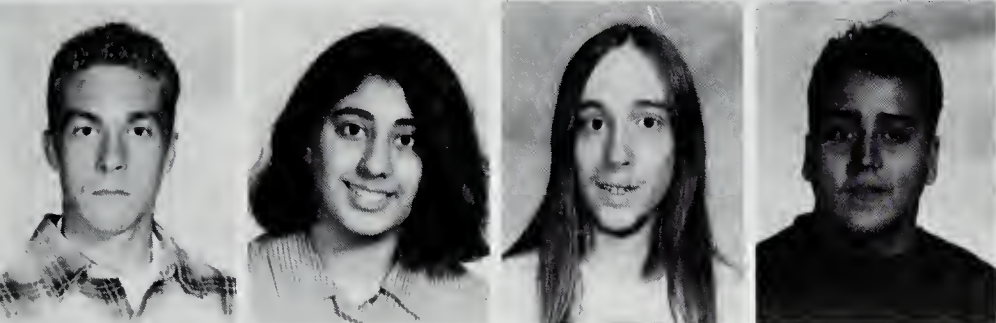
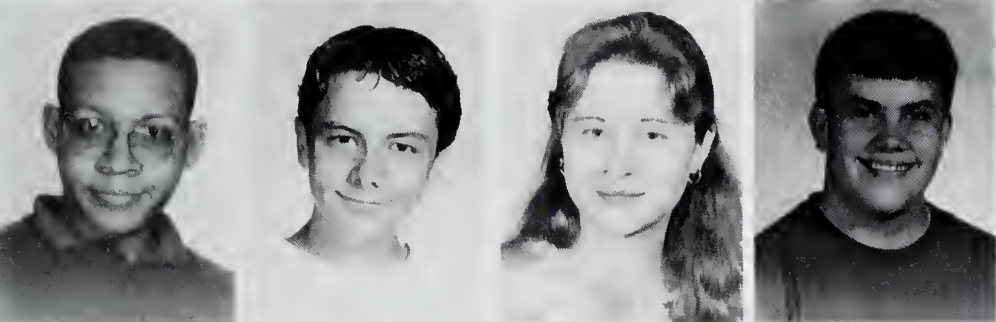


Brian Crowley
Dyhalma Cruz
Ryan Cummins
Danielle Cunningham
Regina Cunnigham
Kristine Curran
Mercedes Cutte
Amy Cyphers
Sara Dail
George Dakon
Teke Dalot



Kenji Dandy
Heather Danforth
Jason Daniels
Stephanie Daniels
Sarika Darshan
Jean Dauphin
Chris Davis
Donna Davis
Marques Davis
John Deaton
Thomas Deem





"Which pair should I wear?" Sophomore Blair McVeigh chooses a pair of socks from her collection. A wide array of colors, and shapes of socks were found in sophomores' drawers.



Jodi Malinowski

Sock Shock

Sophomores Wear Socks

to Fit Their Styles

T

high highs, knee socks, electric blue argyles. These were sophomores' favorite types of socks to wear. In the past it was white, plain socks that were the fashion, but crazy socks of any length or color became the fad.

Coordinating socks with an outfit was the goal for students. "My favorite pair are the Rudolph socks that I wear during the holidays. But I also always wear socks that coordinate with my outfits," said sophomore Stacey Campbell. An outfit was not complete if it did not match from head to toe.

The use of crazy socks made a loud fashion statement. Sophomores were able to express themselves quietly. "I only get socks with designs and argyles on them. It's funny, I seem to get more compliments on my socks than anything else that I am wearing," said sophomore Jennifer Hurley.

By wearing socks, sophomores were able to express their individuality and fit their own personal style, along with matching their outfits.

by Jodi Malinowski

"Congratulations on your success!" Sophomore Jennifer Pfaff was greeted by Mrs. Lil Keys when she got her academic letter. Students lined up according to guidance counselors to receive their awards.



Roberto Santiago

Gimme a W

Hard Work Finally Pays off for Sophomores

T

hey work hard to complete the homework. They study hard to make the grade. Finally, sophomores received recognition for their academic excellence.

An academic pep rally was held on Tuesday, November 15. Eighty-four sophomores were congratulated for their hard work and persistence throughout their freshman year.

This was their first year eligible for an academic letter. "I appreciated the fact that the faculty recognized all the students that worked hard over the year," said sophomore Justin Worriow.

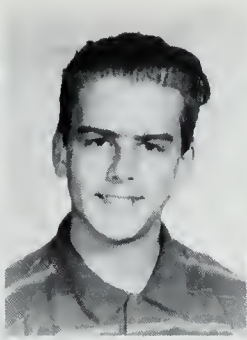
Sometimes academic excellence was overlooked, but the pep rally was a time for people who did well in school to get the acknowledgement they deserved. Once sophomores earned their letters, they were eager to show them off. "I'm planning on buying a letter jacket for my academic letter," said sophomore Chris St. Germain.

The pep rally was not only a celebration, but a motivator as well. "Being recognized for my academic achievement makes me want to continue working on my studies," said sophomore Kara Artz. That night sophomores proved their smarts.

by Rebecca Greenberg



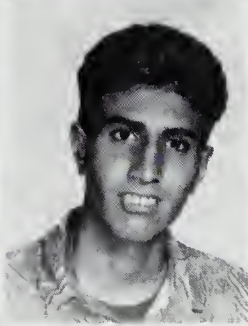
Sophomores Delboy — Hendrickson



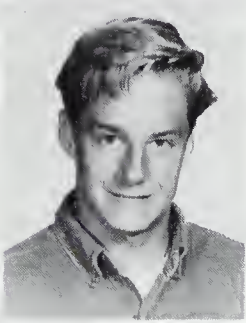
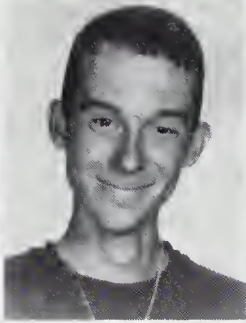
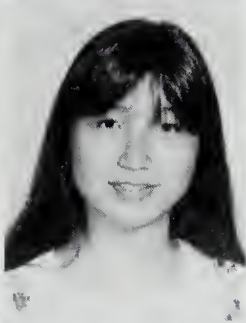
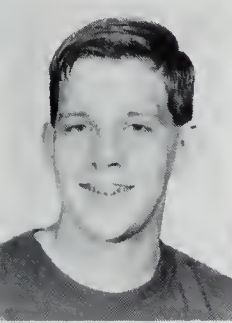
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Franci Delcid
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Robert Demott
Angela Dennie
Shane Denoyce
Patrick Derr
Emantia Dewitt
Shawn Dickerson
Brent Dickinson
Paul Dittamo



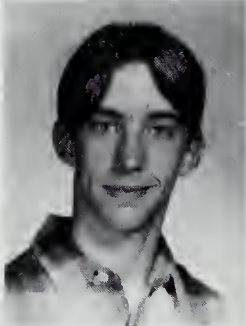
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Monica Edwards



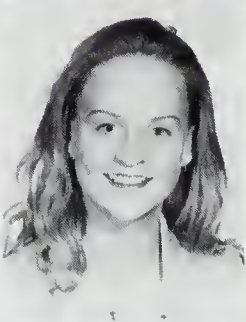
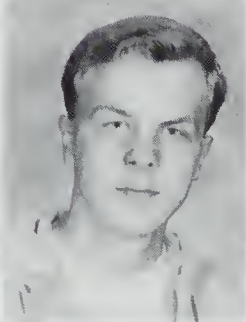
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Mohammad Faiz
Nicole Faulds
Eric Fay
Lisette Fee



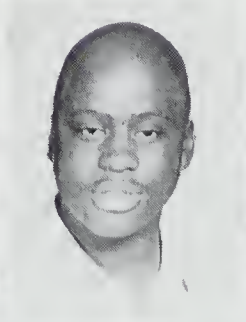
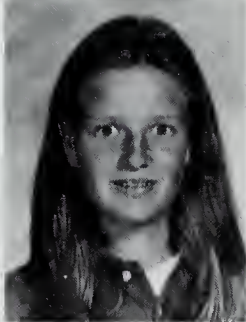
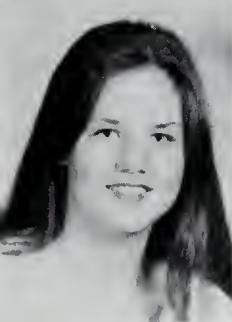
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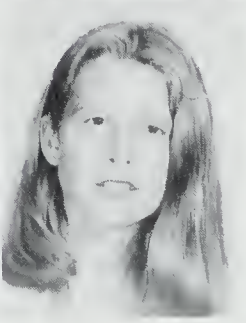
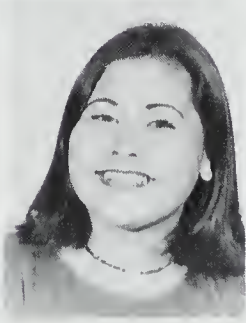
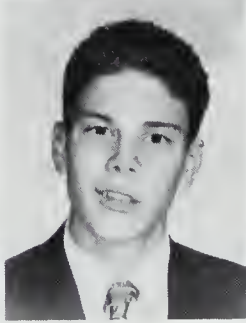
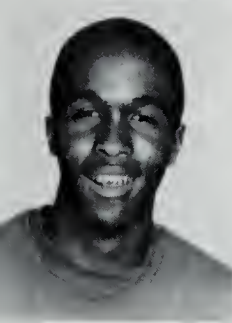
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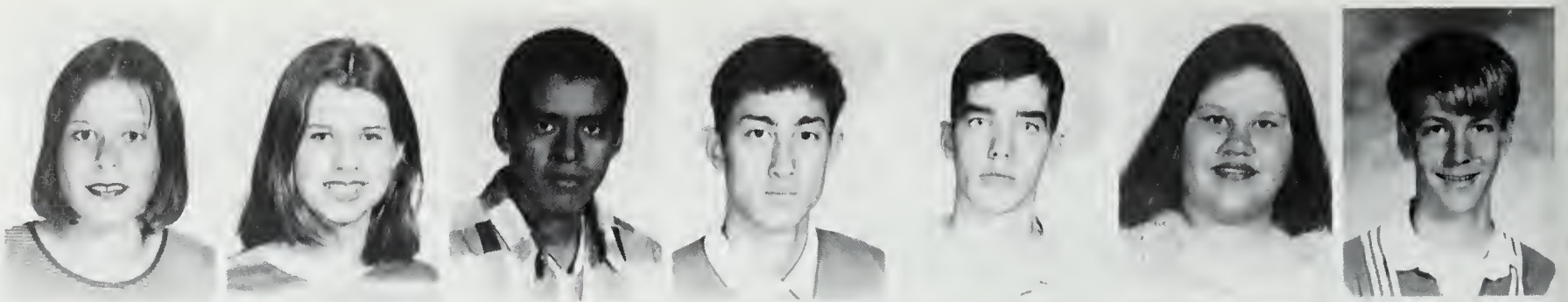


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Brenda Guzman



Gabe Hagos
Lisa Hale
Chrissy Hansen
Clarence Harrell
Brian Harris
Veronica Harsley
Megan Haskins
Romanno Head
Derrick Heffner
Carmela Henderson
Leighann Hendrickson

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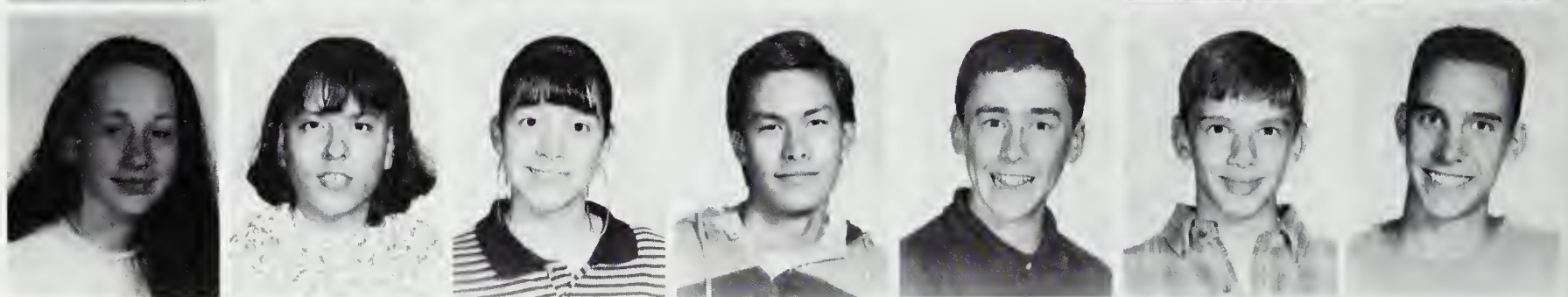
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Tamula Hubbard
Rodger Hudson
Edward Huffman
J. Ryan Huling
Matt Hunt
Jennifer Hurley
Josh Ingerski
Adrienne Ingram
Ted Ingram



Jill Inskeep
Susana Iturregui
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Robbie James
John Jankowski
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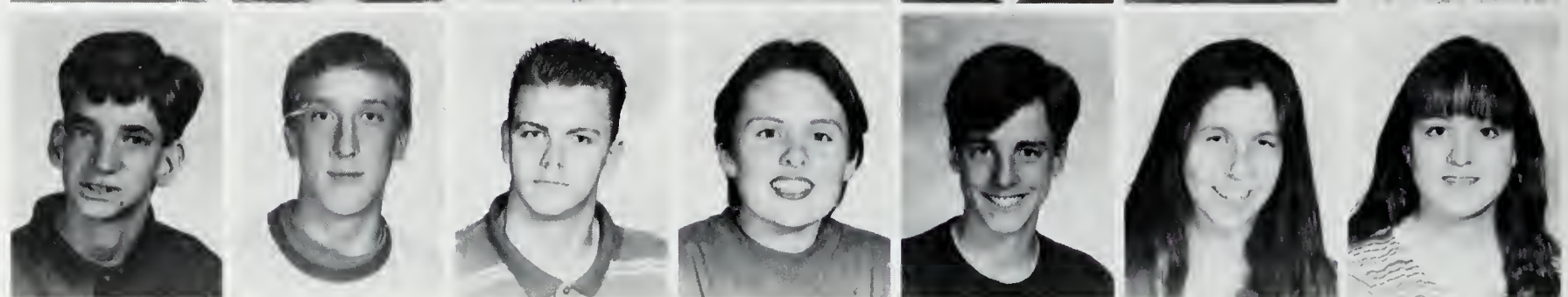
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Brian Kane
Mondul Kao
Steve Kapfer
Robbie Karnbach
Marti Kaufhold
Bridgit Kelly
Jason Kent
John Kidder



Jeremy Kiehl
Brent Kincade
Joshua King
Melissa King
Justin Klotz
Doris Kolovos
Melissa Kooyoomjian
Colin Kreutzer
Max Kruschka
Matthew Krycinski





Dear Diary

Sophomores Express Themselves Through Personal Journal Writing

Locked in concentration, sophomore Suzanne Stewart sat on her bed, propped up by pillows. Evenings appeared to be the best time to express feelings about the past day's events. "I have a daily diary for my high school years and I write down all my thoughts each day," said Stewart.

Sophomores kept diaries as a way to record moods and relieve stress. "I keep a journal because it's easy to express my feelings on paper. Sometimes it's easier to write down my feelings than to say them" said sophomore Sara Dail.

Friends shared diaries by doing joint journal writing. "I keep a journal with my freind. We write down

all the fun and embarrassing things that have happened to us so we can keep track of everything in case we forget," said sophomore Melissa Bernacki.

Students disguised their diaries to hide them from parents and prying siblings. "I wrote the word 'French' on the front of my log so no one will get nosey. My mom really thinks it's my French notebook. I'll be in big trouble if she decides to learn French," said sophomore Stacey Campbell.

Sophomores recorded events, thoughts and personal feelings in diaries that they could call their own.

by Kara Artz



Roberto Santiago

Keeping Track! Sophomore Alexis Tompkins takes time out from each evening to write in her journal. Entries served as ways to record feelings and events, to look back on later.

Keeping the Ties

Sophomores Learn About Being the Oldest Child in the Family

The extra space at the dinner table and an empty, spotless room mirrored the empty feeling of students left at home when older brothers and sisters went to college. With new responsibilities on their hands and new doors opened, sophomores' lives changed when their older brothers and sisters left for college.

When eldest siblings left, sophomores inherited the position as "oldest child in the household." This position brought advantages, like bigger rooms or easier access to the car. "Chris is leaving for college next year and I'm not going to miss fighting with him. I'll get his room and the car, and maybe we'll get along better when he's farther away," said sophomore Mark Pratt.

One aspect that sophomores did not miss about having an older brother or sister at college was fighting. "In the past two years since Trevor has been gone, my fighting skills have decreased, but I do have

a lot less bruises," said sophomore Scott Newsham. Students and their brothers and sisters threw fewer punches when there were more miles between them.

More work around the house was a downside to life without an older sibling at home. "Now I have responsibilities since Andre left. Watching him play football is one thing I miss, but I don't miss being picked on," said sophomore Damon Pelletier. The new responsibilities that fell into the hands of sophomores made them miss the companionship of an older brother or sister.

Although there were negative aspects of having a sibling at college, like the extra chores around the house, students missed their sibling's company after awhile. But, they kept in touch through phone calls and letters and took advantage of the positive aspects of having a sister or brother at college, which were easier access to a car and the empty seat at the dinner table.

by Summer Stewart



Amy
Stedman
Sophomore

“ I just like having Valerie around to talk to and everything.

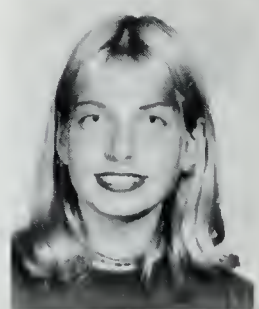
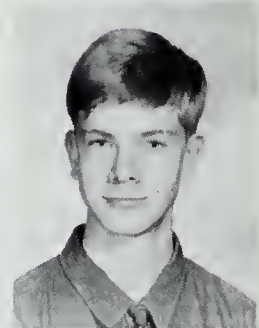
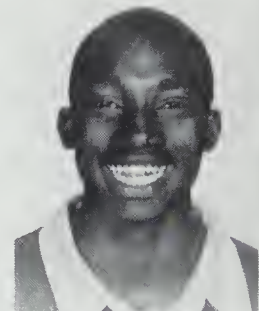
When she comes home we get to hang out and go shopping, and she's teaching me to drive a stick. ”

Bonds are strengthened between sisters Debbie and Cheryl Rothlein as they spend time together talking. When siblings were home from college, students were able to ask about college life.



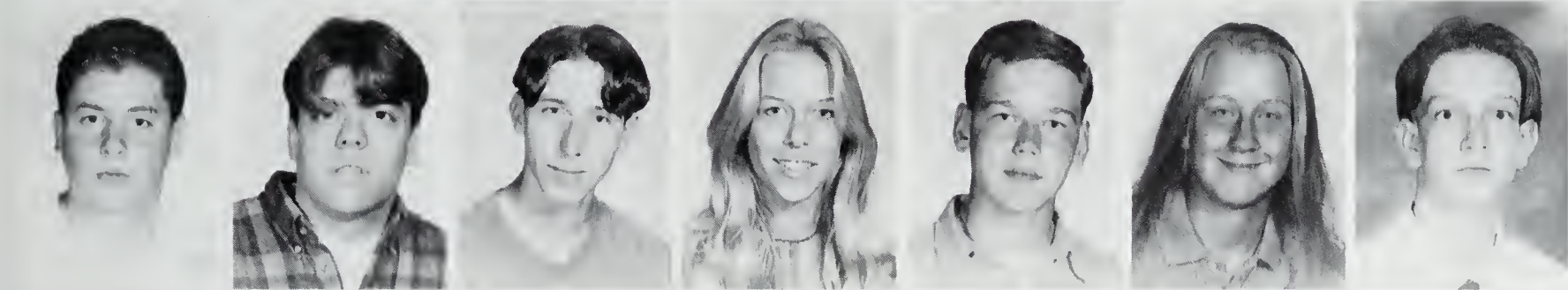
Roberto Santiago

Sophomores Kuhn — Mehaffey





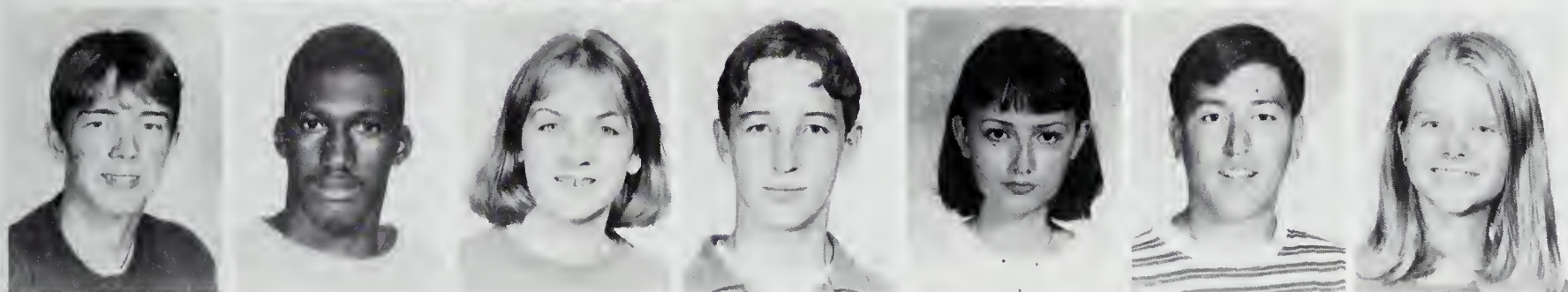
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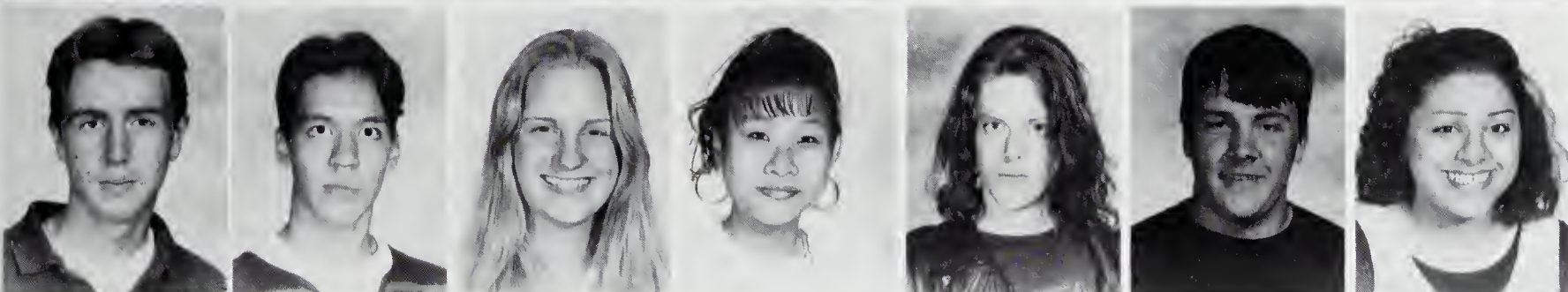
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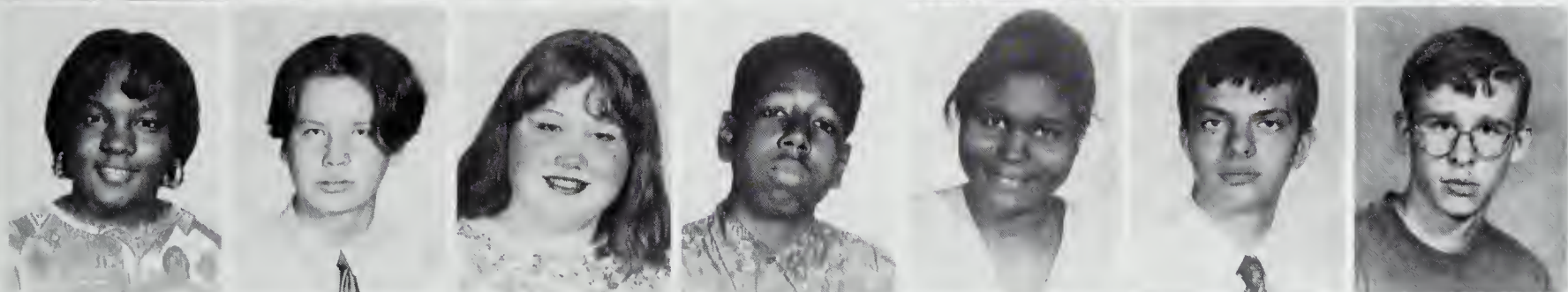
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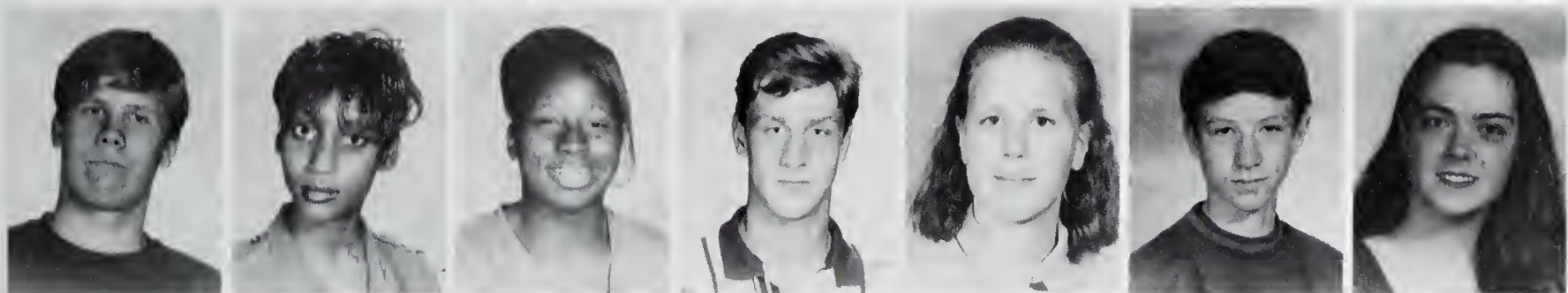
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Derek Luther
Katy Lynn



Morgan Lynn
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Lara Mahony
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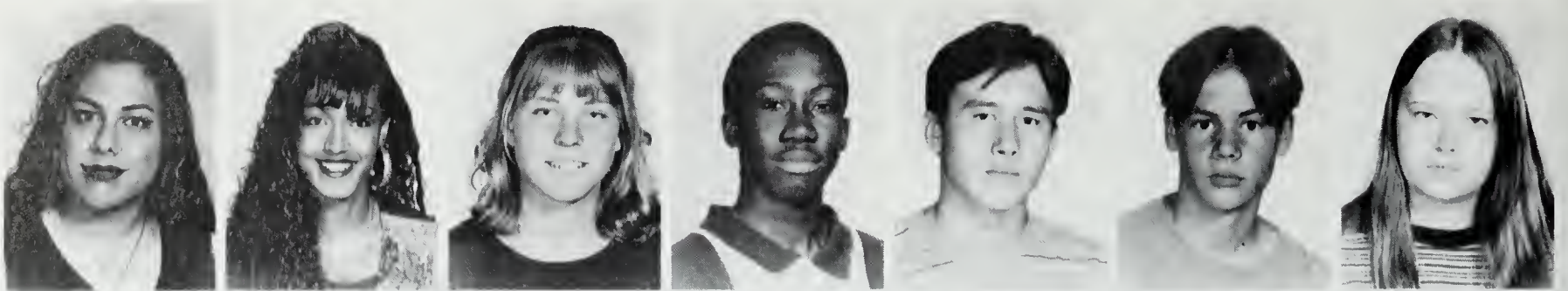


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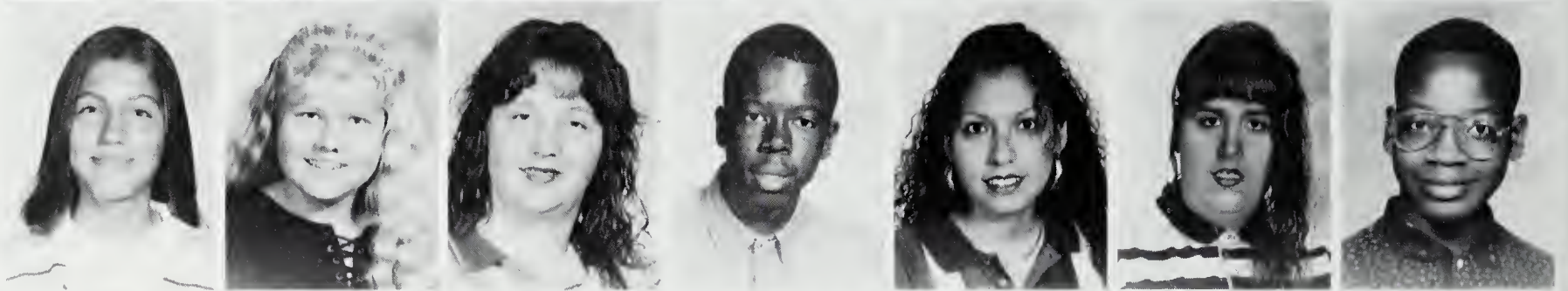


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Jason Mehaffey

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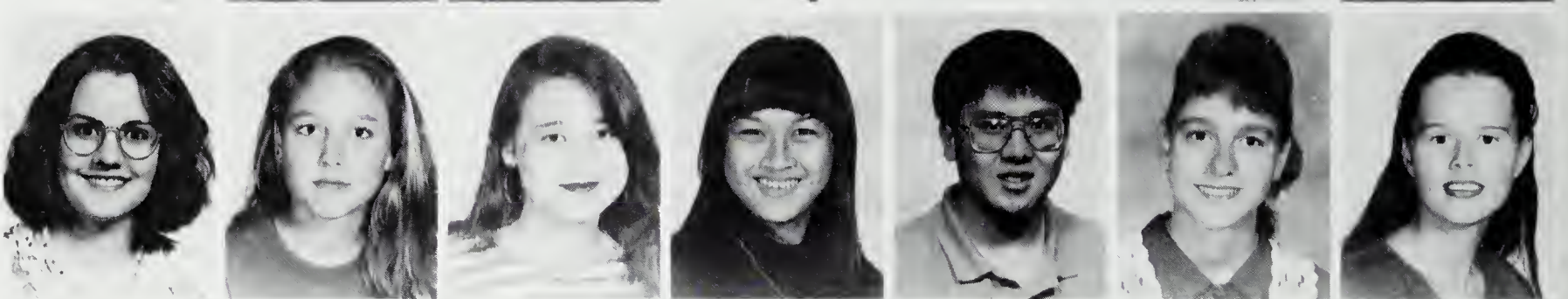
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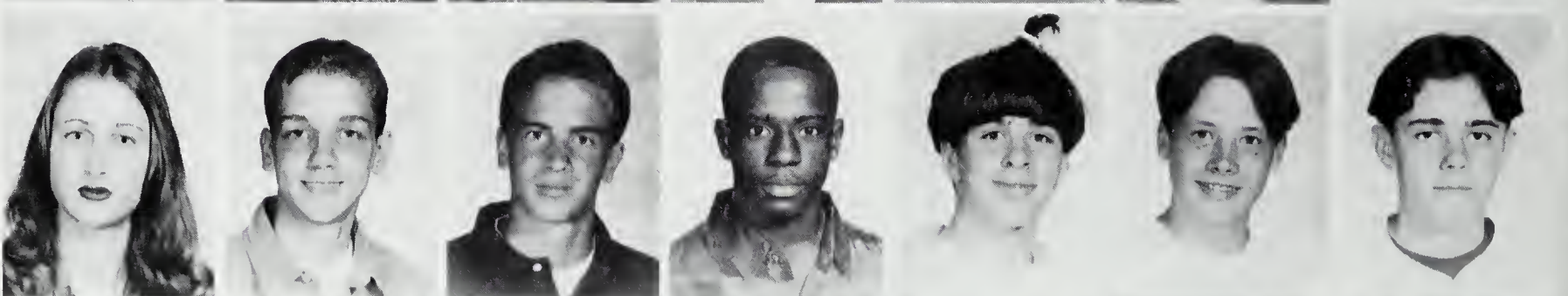
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Matthew Nowlan
Kevin O'Brien



Lance O'Byrne
Chris Olds
Shannon Olguin
William Olmsted
Andrew Ormes
Lindsay Owens
Nick Paciejewski
Linda Pak
Sarah Palmer
Jocelyn Park



Jennifer Parker
Tommy Park
Jeremy Parsels
Rufus Patterson
Allen Pedigo
Noah Peery
Michael Peirce
Mamie Pekanyande
Damon Pelletier
Gustavo Perez



Heather Perkins
Jimmy Perry
Meghann Peterlin
Shane Peterman
Greg Peters
Shannon Peverill
Jennifer Pfaff
Lang Pham
Kevin Phillips
Scott Phillips



Dorie Pi
Kevin Pick
Steven Pittman
Christopher Plummer
Nicole Podolak
Sherry Poling
Thomas Polon
Michelle Porcelli
Francisco Portell
Casey Powell





Tidy Bowls

T

Bathrooms and Closets are Active Environments for Pet Peeves

he shower was hot and reviving. The shampoo lathered, until a sudden and shocking frigid stream rushed through the shower head. Then, the closet door was jammed open with piles of shoes and dirty clothing. Bathrooms and cluttered closets created pet peeves among students. "I hate it when I'm showering and we run out of hot water or when someone else turns on the sink and no water comes out of the faucet," said sophomore Massa Abe.

Messy bathrooms annoyed students, and siblings contributed to the lack of cleanliness. "I hate it when my brother pees on the toilet seat. He spits on the mirror. He leaves towels

and globs of toothpaste everywhere. It's so annoying," said sophomore Brooke Taylor.

Students had to arrange the clothing in their closets a certain way to eliminate pet peeves. "In my closet everything has to be facing the same way on their hangers. If not, I'll go through and fix it. That's the way I am, it just gets on my nerves. It's also easier to take the clothes out of the closet that way," said sophomore Meghann Peterlin.

Untidy bathrooms and closets made it harder to find things and interfered with daily routines due to pet peeves.

by Kara Artz



Roberto Santiago

Neat freak! Sophomore Stephanie Daniels sorts through the aggravating stockpile of accessories around her sink. Each Sunday, Daniels cleaned up to prepare for a new week.

One of the Boys

Entering the Lockerroom, Sophomores Follow Sports on TV

Pizza, Coke, chips and dip, and a big screen television. The Colorado vs. Notre Dame football game was on and excitement was in the room. Amidst the roar and cheer of voices, she sat.

Girls enjoying sports was nothing new. In fact, sophomore girls had favorite teams they followed throughout the sports season. "I never miss a Bulls game! Although I watch games by myself, it is still really exciting. The action keeps me interested," said sophomore Laurie Samuels.

Not only were students who played sports, fans, but the bonding opportunity sophomores felt it provided was another reason. "My grandma and I watch sports together. We especially keep up with the Washington Bullets and the Redskins. I think it is a good way to really bond with her," said sophomore Chanel Thomas.

The specific players were another reason that students watched or followed sports. "I enjoy keeping up with the Washington Bullets and the Detroit Pis-

tons, because of certain players. Besides the game itself being interesting, some specific players look good just playing ball! One of them is Chris Webber on the Washington Bullets," said sophomore Tara Boudreaux.

When sophomores watched sports with their family, it became violent. "My brothers, dad, and I used to watch football all the time. My dad and I cheered for our favorite team, the Chicago Bears, and if they won, we would jump on my brothers because they wanted the opposing team to win," said sophomore Amanda Lewis.

Sophomore girls watched sports to socialize, to bond with family members, and to cheer on teams and players. "I watch most sports, but it doesn't necessarily mean I like them. I enjoy watching and learning about other sports, besides the ones I already play. It helps me appreciate all sports, not just the ones I focus on like soccer and field hockey," said sophomore Rae Melvin.

by Kellie Couch



Sabrina
Carpenter
Sophomore

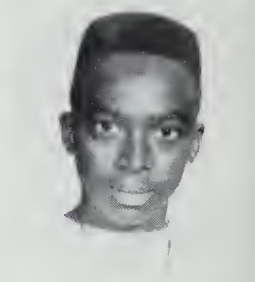
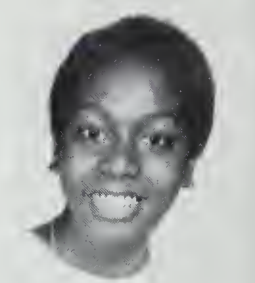
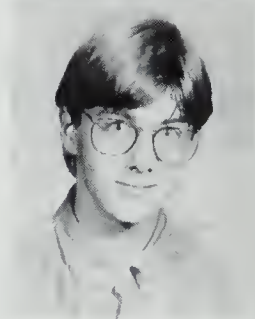
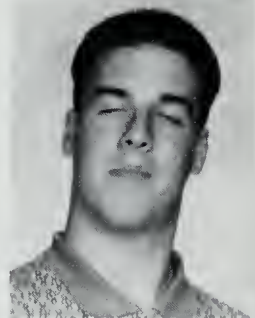
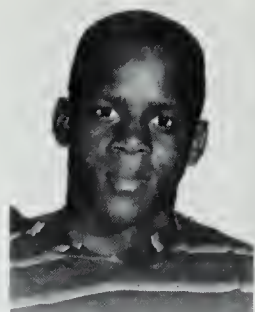
“I like to watch college football, especially the Florida State Seminoles. I was brought up to support the team and I watch them whenever I get the chance. **”**

"My dad and I always watch sports together. We have fun keeping up with our favorite teams." Lindsay Northup and her father flip through the newspaper as they check up on sports.



Summer Stewart

Sophomores Prather — Signore





Lee Prather
Mark Pratt
Misty Pyper
Douglas Quaderer
Kevin Quigley
Leslie Quinn
Alexa Raimondi
Tanaisa Rainey

David Ralph
Mike Ranck
Jean-Michele Rebeilleau
Lindsay Reed
Thurman Reid
Eric Reifsnyder
Bill Renton
Lindsey Rial

Daniel Rice
Benjamin Rickard
Aaron Rigney
Laurie Rihner
Maylen Rivera
Sara Roach
Lynn Robbins
Latricia Robertson

Khilia Robinson
Bryan Roca
Daniel Rodriguez
Gabriel Rodriguez
Luanne Rodriguez
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Jerry Rosemin
Nancy Rosenow

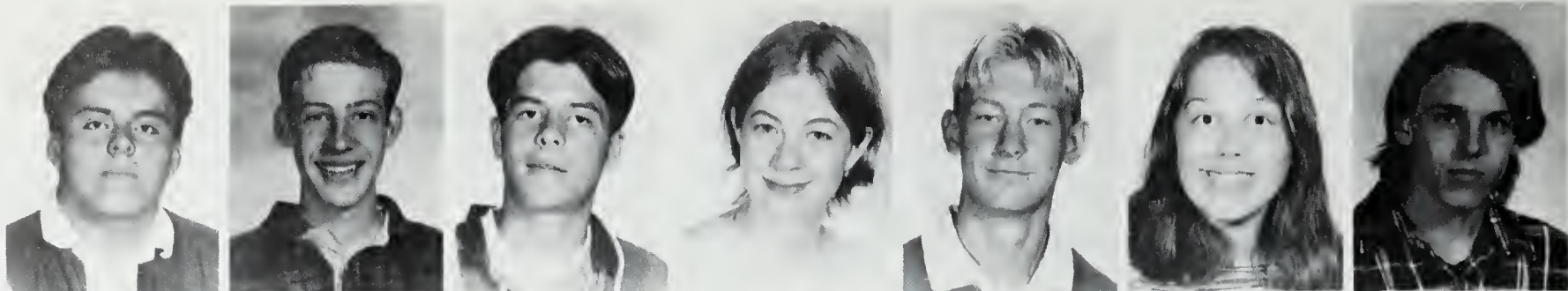
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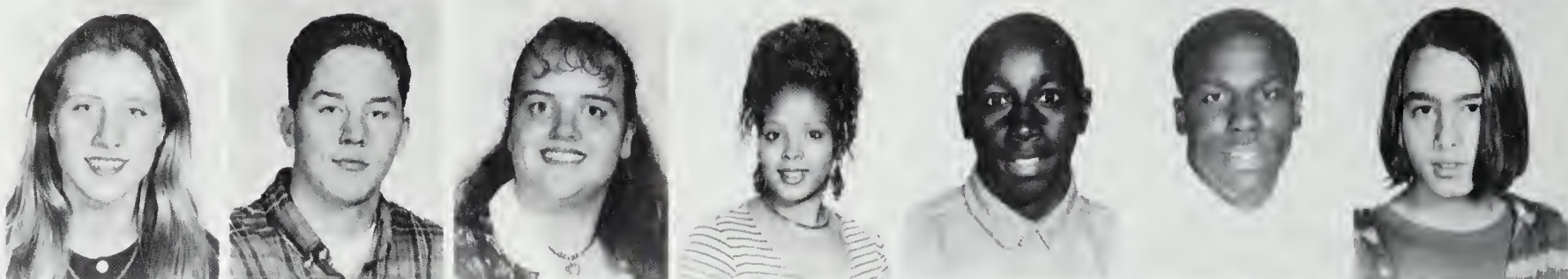
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Natalya Shaw
Marie Sherman
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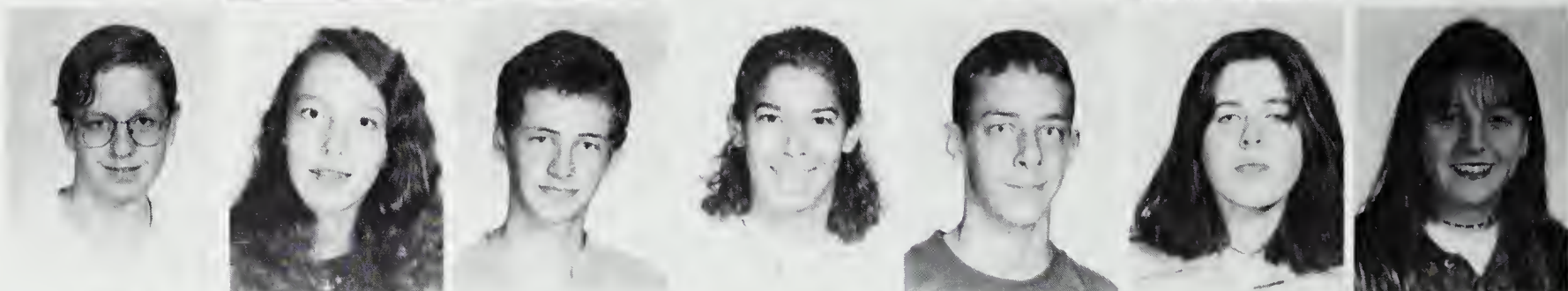
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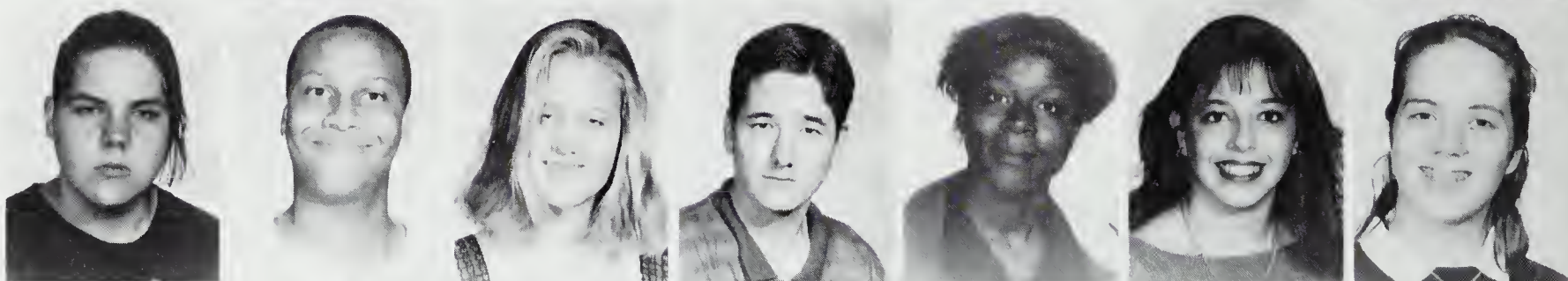
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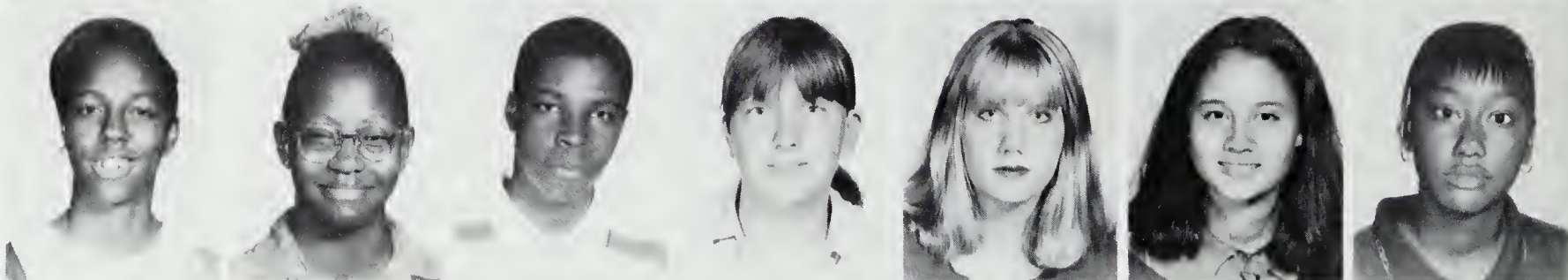
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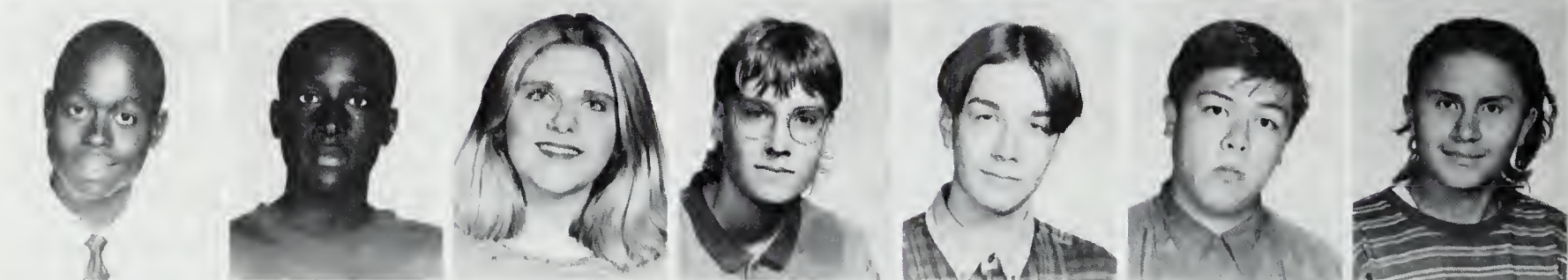
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Shawn Thompson
April Thurber
Devon Tice
Melissa Tierney
Leslie Toler
Brock Tomlinson
Tonya Togans
Alexis Tompkins



Robin Towns
Byron Traylor
Renee Trimbur
Justin Trinkes
Lakota Trivett
Jason Trogon
Cesar Turcios
Christopher Tyndall
Brian Underwood
Liz Underwood



Erin Vangorder
Sarah Vanwinkle
Rob Varner
David Veasey
Amelia Vernon
David Via
Maricelle Vicced
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Sandra Villatoro
Juan Viveros

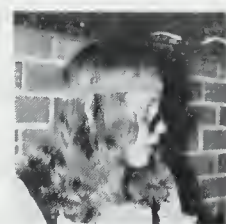




Roberto Santiago

As Kristy Aiello and Lisette Fee talked things over, the hot topic was not bookbags. However, Fee decided to express her individuality by decorating her bookbag with patches and pins.

“I think it’s neat that people can decorate their bookbag to fit them. Everybody is different. **”**



Claire Johnson
Sophomore

In the Bag

The hallways overflowed with three thousand students. The mass jammed into the pods and through the breezeway. However, sophomores found ways to make their presence known. Bookbags with beads, stickers, buttons, and drawings made them stand out from the crowd. “I have beadflowers and a birdpin on my bookbag. I wanted to look different from the person standing next to me,” said sophomore Lisa Hale.

Decorations included specific designs that only the owner of the bookbag knew. “My friends and I write messages back and forth on my bookbag. So, now its covered with jokes and names that nobody except us recognize,” said sophomore Kristine Curran.

Decorations also had hidden

meanings. “I used white out to draw a picture of my best friend. It turned out pretty good, but she’s saying something that’s an inside joke,” said sophomore Krista Clearwater.

However, the most common way to decorate a bookbag was to use flowers, beads, and pins. “I have flowers all over my bookbag. A bunch of my friends and I have the same pin that says ‘US Rowing’,” said sophomore Victoria Kalmus.

Sophomores Show Off Their Creativity by Decorating Bookbags

Those students that didn’t decorate their bags still noticed the trend. “I don’t put anything on my bag, but I’ve seen a lot of people with flowers and stuff on theirs,” said sophomore Kodi Smith.

In a school where it seemed easy to get lost in all the numbers, the sophomore class did their best to break away from the norm. The most visible way was to decorate their bookbags.

Rebecca Woodcock

Backpack Decorations

Mario Viveros
Mike Voss
Eugene Wade
Kimberly Walker
Nicholas Wallace
Laura Walsh
Hope Ward
Candice Ware



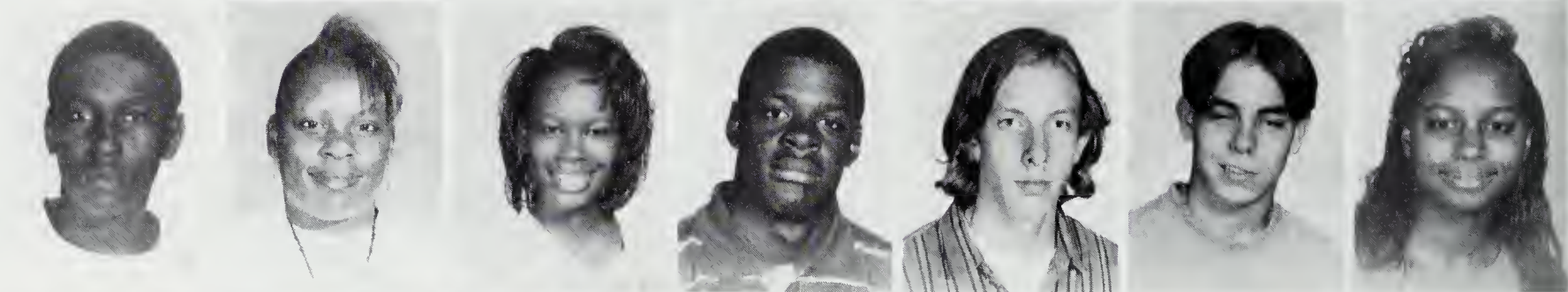
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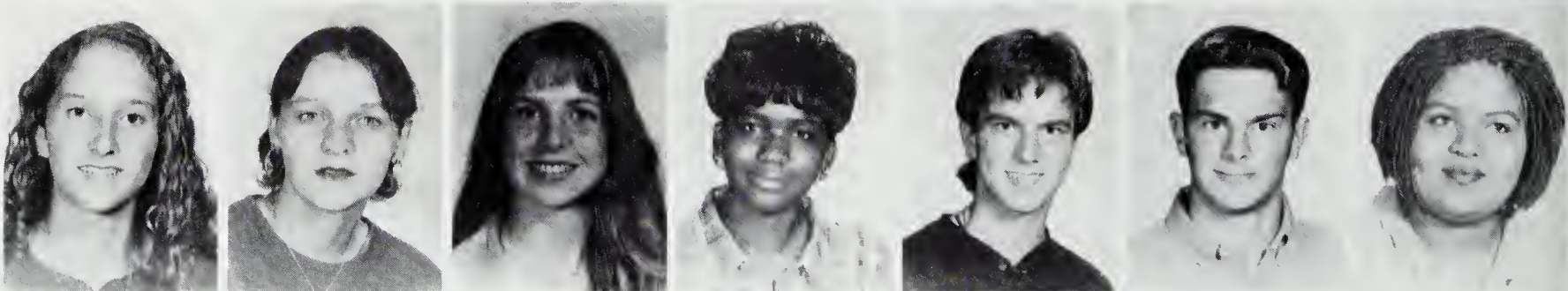
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Chawnta Whitney
Charles Wilkinson



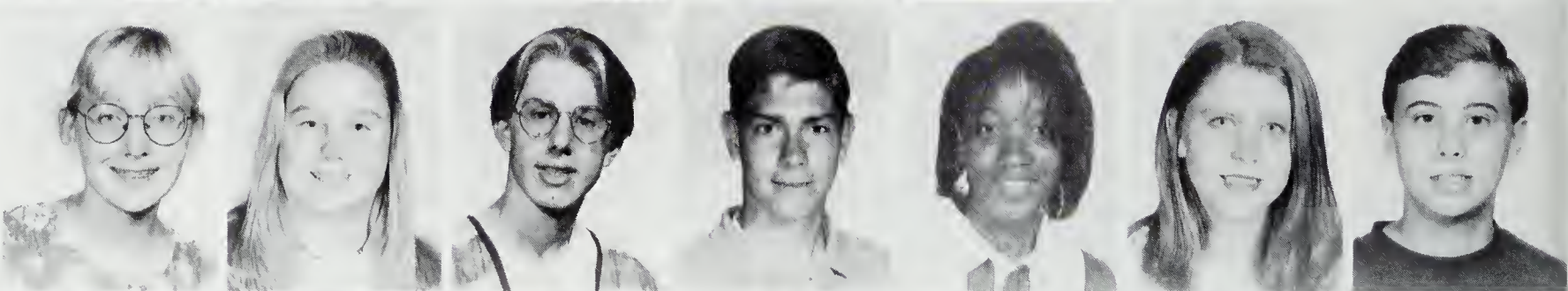
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Deidra Williams
Devoyne Williams
Michael Williams
Paul Williams
Robert Williams
Shawana Williams
Shameka Williams



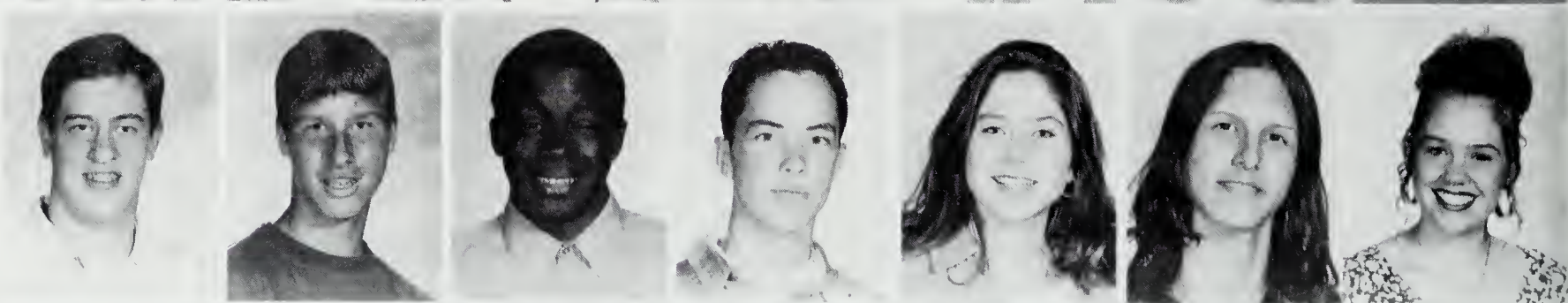
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Ruth Wilshere
Shena Wilson
Brian Windland
Daniel Wittmann
Ebony Wooden
Joe Woods

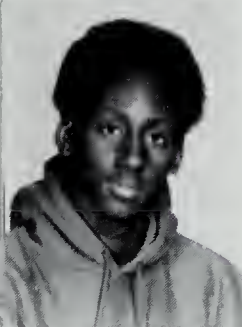
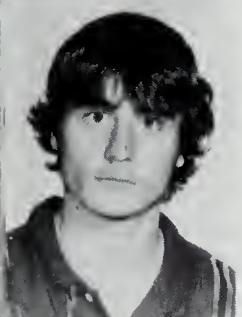


Katie Woodside
Kristen Woolfenden
Evan Wooten
Justin Worriow
Amber Wright
Julia Wright
Brian Wurster
Steffany Yamada



Todd Yoho
Doug Yopp
Leroy Young
Ryan Zell
Stephanie Zerkow
Greg Zumbrook
Shannon Kirby
Dowiett Snyder





Jam Session

Musical Sophomores Display Their Talent Outside of School

T

he sounds of the garage band warming up were like a gang of cats fighting next to a dying cow. Abruptly it stopped and they began to play. The song was Nirvana's "Come As You Are."

Sophomores decided to try their hand at musical instruments after school. "We have a ukulele. I had to teach myself to play at home since they don't offer something like that in school. It's cool because it's kinda like the viola," said sophomore Jenny Williamson. Students used their free time in the afternoons to learn to play instruments that weren't popular enough to be taught in school.

Sophomores also proved to be eclectic in their choice of instruments. Students found that one in-

strument wasn't always enough. "I've tried a lot of different instruments but I've never taken lessons or anything. Right now I play guitar, but I'm interested in learning to play bass. I'll probably just teach myself," said sophomore Mike Milliken. Once students learned to play one instrument they found it easier to learn to play another. Musicians played instruments inside and out of school.

Whether they played one instrument or many, sophomores proved one thing. They were extremely diverse in their musical tastes and talents.

From pianos to electric guitars, Nirvana to Bach, students enjoyed experimenting with the many different kinds of musical instruments that weren't offered in school.

by Julie Foxworthy



Bridgit Kelly

“ I love to play these really cool bongo drums my mom got. I just listen to songs from the radio or tapes and try to follow along with the rhythm. I improvise a lot but I still can't figure out the drum part for Green Day's 'Longview'. ”



Kara Artz
Sophomore

Plink. Plank. Plank. Sophomore Angie Gress concentrates on her E flat major scale. Sophomores worked to develop their musical talents outside of school by practicing daily.

Breaking Boundaries

Freshmen Go Where They Have Never Gone
Before Through Their Size and Experiences

Surpassing all previous classes in size, the freshmen started the year with 910 students in their class. ✕ The first year of high school was a time of adjustment and new experiences for the largest freshman class ever. The freshmen set records due to the size of their class. They tied the seniors in the Homecoming float competition with their 'Journey' into the future theme.

They also amassed more referrals than all other classes combined. ✕ With their first year of high school, freshmen had to face changes typical to an experience in a new school. Teachers had higher expectations than the students had faced in middle school and there was the new tardy policy with which to contend. The young class had to look up, literally and figuratively, to the taller, older students and adjust to a sea of new faces from other middle schools. There was also the sheer size of the school that they had to navigate as they made a place for themselves in the numbers of their class. ✕



Freshman Class Officers Domenique McLaurin, Erin Quaderer, Melissa Ritenour, Shirley Andorful.

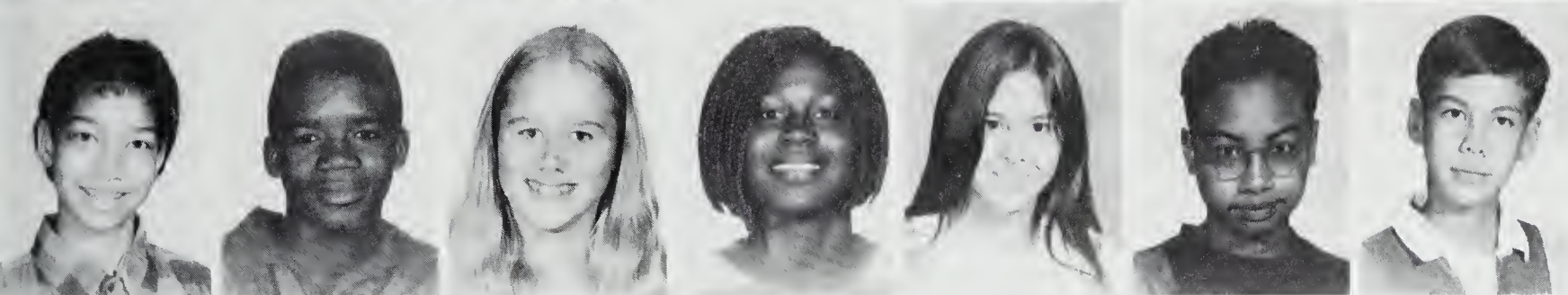
Freshmen Abrams — Berney



Josh Abrams
Ana Acosta
Melanie Agosta
Patrick Ahern
Jay Ainsworth
Chris Alexander
Jason Alexander



Richard Alexander
Jacki Allen
Krishawn Allen
Sean Allen
Carlos Amaya
Kristin Ambery
Antigone Ambrose



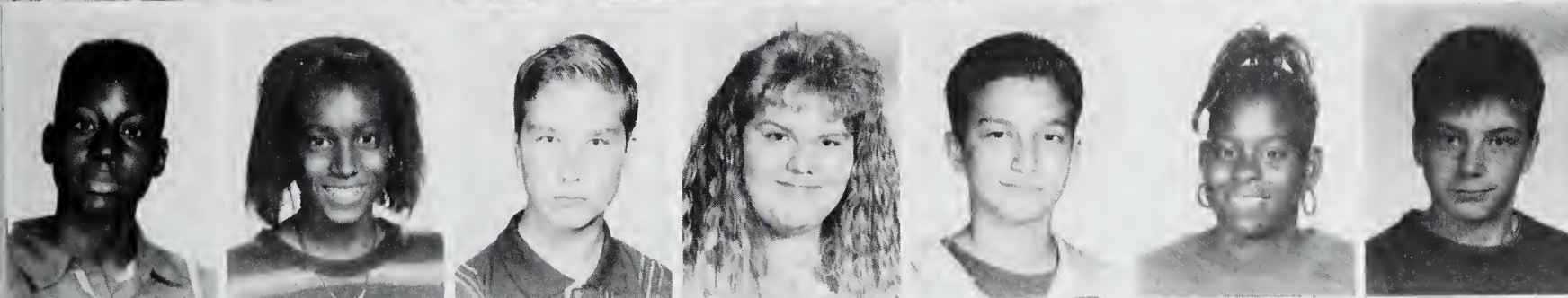
Aletia Anderson
Ivory Anderson
Meghan Anderson
Shirley Andorful
Angela Anniballi
Gilbert Apacible
Blaine Apo



Zane Archer
Jeff Atkinson
Daniel Avenick
Vernae Avery
Melissa Ayers
Sulliman Azizi
Sean Azzarano



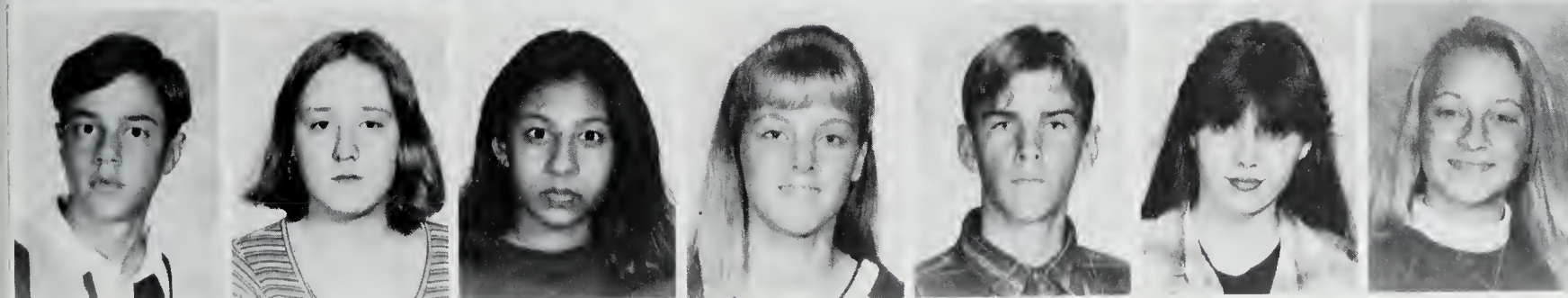
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William Bacon
Shannon Baily
Heather Baker
Holly Baker
Kevin Bako
Simon Baldwin



Vince Baldwin
Autumn Baltimore
Stephen Banas
Carly Barbour
Jorge Barcia
Nieka Barfield
Michael Barnes

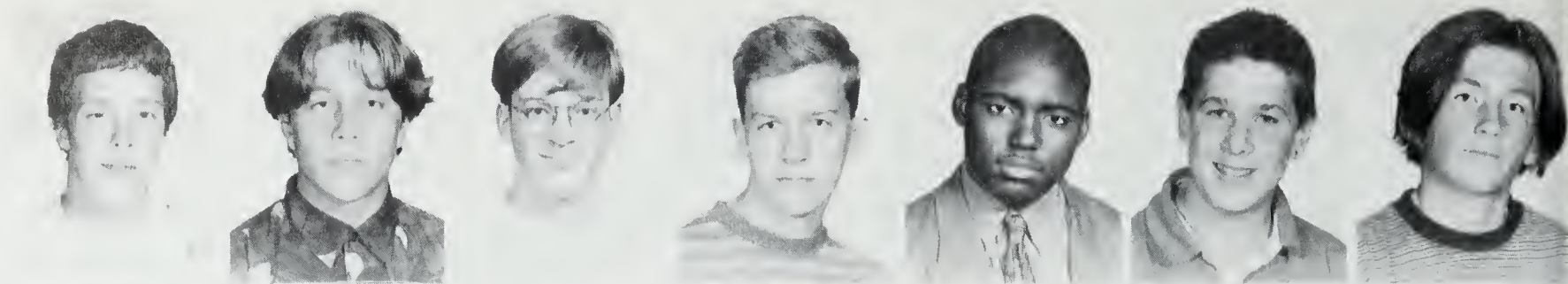


Shane Barnett
Dwayne Barnhill
Colleen Barry
Rachel Bartley
Adam Bartol
Adam Basehoar
Andrew Bass



Kirk Baugher
Tammy Beaty
Rabia Beg
Melissa Bennett
Michael Bergazzi
Pam Berliner
Maren Berney

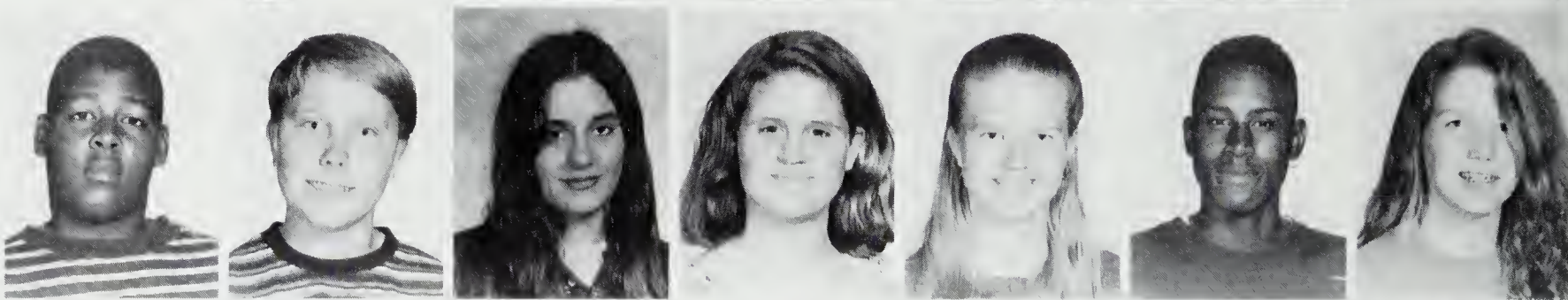
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 Anthony Bertrand
 Keith Bevins
 Sean Bies
 Jason Bing-Grant
 Charlie Bird
 Eli Bischoff
 Tom Bishop
 Mattieu Bissell
 Ashley Blair



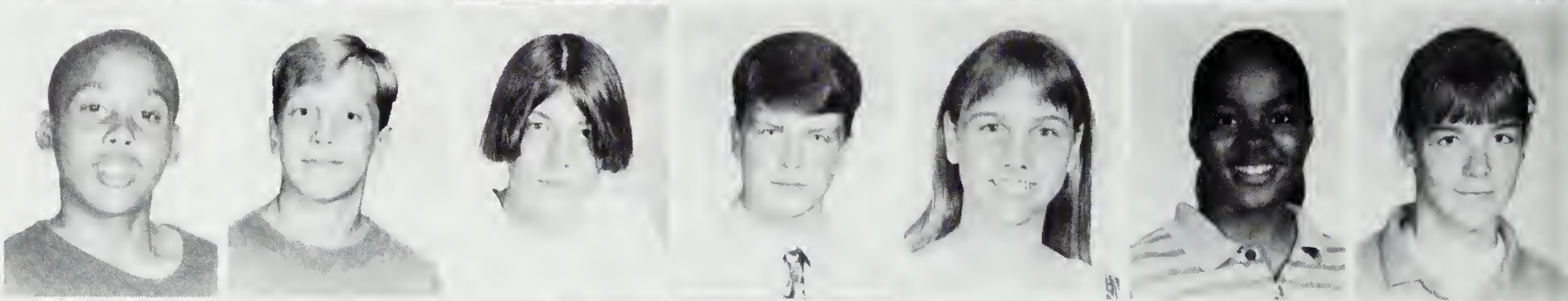
Johanna Blanco
 Kristy Bland
 Nick Bland
 Christopher Blok
 Monica Bonner
 Patrick Bonneville
 Lynda Boone
 Misti Bowers
 Greg Bowman
 Katie Boysen



Tarik Bragg
 Zell Brandon
 Christina Briceland
 Jacklyn Bringle
 Melissa Broadus
 Dante Broady
 Erynne Brotherton
 Shannon Brown
 Shaun Brown
 Shaun Brown



Steve Brown
 Sean Bruck
 James Buchanan
 Scott Buchanan
 Sandra Buckley
 Patrice Buckmon
 Jennifer Budney
 Erin Bulger
 Lena Burkett
 William Burkett



Julie Burns
 Derik Burrows
 Contessa Bush
 Crystal Bush
 Johnny Butcher
 Boyce Butler
 Terry Butler
 Shannon Cade
 Katherine Callahan
 Carlton Calloway



Carrie Calvin
 Catherine Calvin
 Ferron Camp
 Anthony Cantolupo
 Emily Campbell
 Jillian Canuti
 Allen Card
 Tamarisk Cardwell
 Christina Carroll
 Kierre Carroll



Darryl Carter
 Dennis Carter
 Kelly Carter
 Stephany Carter
 Tashiba Carter
 Kristen Castagna
 Emil Castro
 Sharon Cetel
 Cheryl Chan
 Jason Chan



Charles Chapin
 Angela Chapman
 Yeny Chavarria
 Deyen Chavis
 Jason Cheeks
 Raza Cheema
 George Chiasson
 Jason Childs
 Taneisha Chisolm
 Karon Choates





Dating Game

Freshmen Take to the Magazine

Racks to Test Themselves

If you were shopping with your boyfriend, would you a) let him pick out all your clothes, b) ask his opinion but buy only what you really like, c) use him as a clothes rack. Jen Patullo took a moment to think about the question from a magazine quiz before she chose C. The magazine told her she was overbearing, which made her laugh. "Sometimes I cheat just to get a weird answer; I don't take them seriously. None of the answers really relate to you even when you do take the quizzes seriously," said Patullo.

Freshmen took the quizzes for different reasons than the publishers intended. The quizzes provided entertainment more than advice. Even

though the quizzes served mostly for entertainment purposes, they sometimes offered good advice. "I often take the quizzes just for fun, but sometimes they give you good advice on anything from fashion to friends," said freshman Sherri Giasson.

But most freshmen agreed that the quizzes had no real value other than for fun. "I like to read the quizzes because the questions are always so ridiculous. I can not believe that girls take them seriously," said freshman Rudy Jones. Whether or not the quizzes were taken seriously, freshmen never missed a chance to read them.

by Leslieanne Swanson



Leslianne Swanson

"Are you a snob?" Freshmen Lisa Swanson, Cecilia Riek, Julie Burns, and Katie McAllister crowd around *Teen* magazine to find out if they are snobby or not.

Magazine Quizzes

"I can't believe that just happened!" As freshman Jo Souvanaratana waits for his ride to school, he decides to make time go faster by reading his comic book.



Kenny Villagomez
9

"I collect comics for fun. I've been collecting for a few years now."



No Souvanavatano

Animaniacs

Flash, Superman, Batman, Ghost Rider, Spiderman, Warlock, Venom, and Fantastic Four were titles of comic books that freshmen read.

Freshmen had comic books for various reasons, such as for collections, or for the money that they were worth. "I collect all kinds of comics; Image, Marvel D.C., etc. I go and buy about two or three a month of each brand. I'm not really into collecting, but I'm more in it for the money. I'm looking at it as an early a retirement plan," said freshman Mike McGraw.

However, outside of reading comic books as a collector's item, some read them for enjoyment during their spare time. "My younger brother

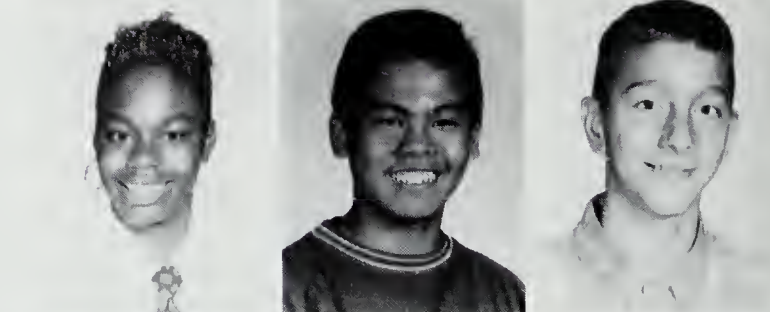
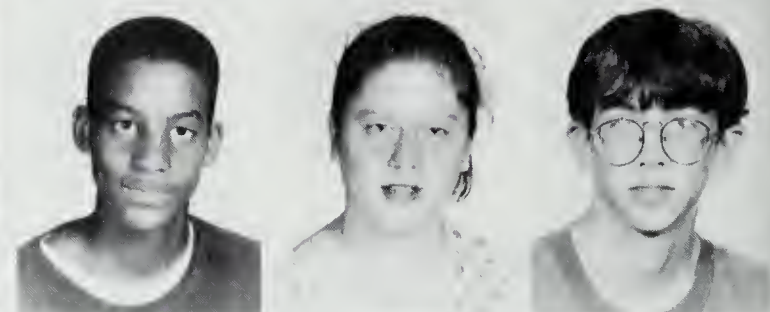
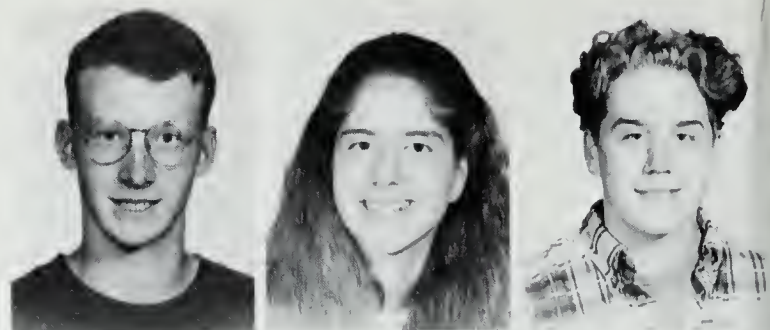
reads comics about two or three times a week. He reads them because he has no life. Although he does collect some of the older books. He reads all different kinds," said freshman Carla Tomlin.

For the freshmen class, they had different comics to choose from. They ranged from adventures to comedy, to thrillers. "I have read so many different kinds of comic books. I've read

everything from *Superman*, to *Ghost Rider*, to *Batman*. I really enjoy reading them," said freshmen Isaac Crouch.

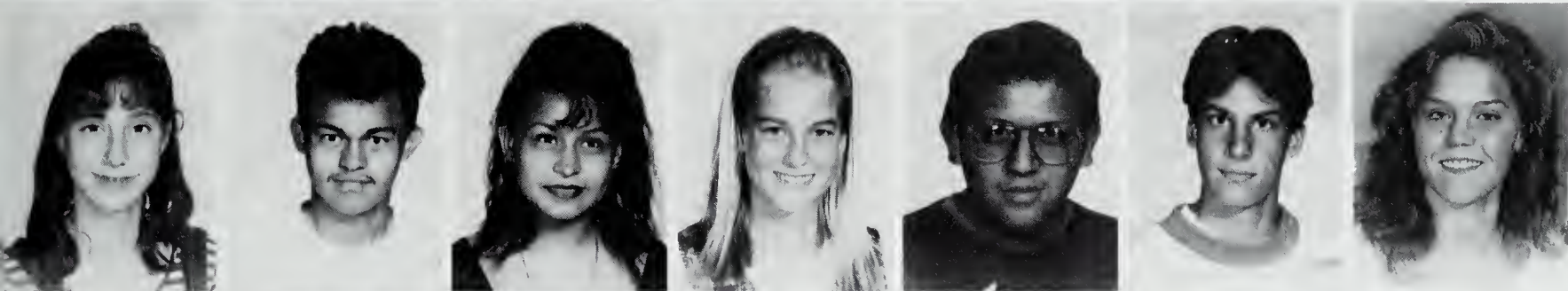
Whether it was for the simple enjoyment of just reading comic books, or the collection, freshmen found time to read the variety of comic books that were offered.

by Heather James





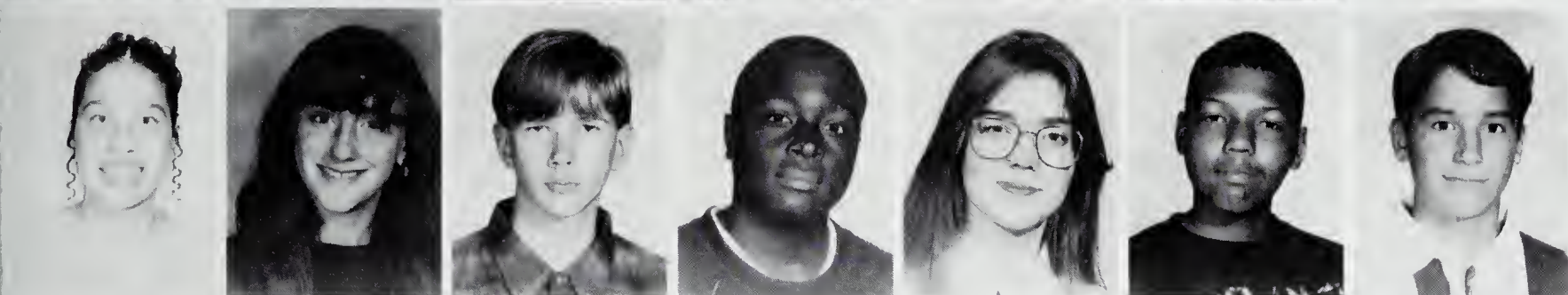
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Courtney Christman
Benjamin Clark
Jose Claros
Jamal Clay
Dawn Cleary
Marlena Clemons
Tracy Clemons
Laura Clifton
Joey Coates



Mary Coates
Shemikia Coates
Alicia Cobb
Karen Cochran
Alfredo Colato
Maritza Colato
Sara Beth Cole
Victor Colindres
James Collinsworth
Katherine Combs



Michael Compton
Christine Connally
Paul Conti
Trenard Conyers
Ryan Cook
Tracee Cook
Jennifer Cooper
Kim Cooper
Natasha Copeland
Nicole Correia



Deandre Cotton
Michelle Couch
Jim Cowardin
Charleen Cox
Brandy Coyle
Richard Craddock
Delonte Craig
Lesslie Crane
Robert Crawford
Nathan Creech



Matthew Crippen
Brian Crisler
Steven Crone
Matt Cronin
Isaac Crouch
John Crutchley
Juan Cruz
Hugo Cubias
Jeff Cuellar
David Curfiss



Johnas Curry
Meggan Curtin
Christine Custodio
Darlene Dadras
Kerry Daley
Matthew Danielsen
April Davis
Howard Davis
Joey Davis
Latasha Davis

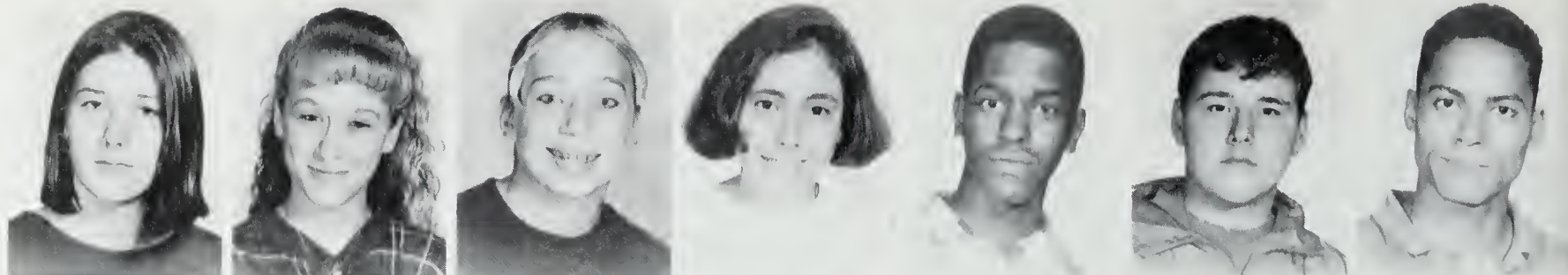


Nicholle Davis
Walter Dayanan
Andy Dean
Rose Deaso
Shelley Decrane
Catherine Dees
Angela Dejesus
Susanna De La Cruz
Mark Delcourt
Philip DeLeon



Sussy Depaz
Melissa Derr
Windy Deshasier
William DeShazer
Kiernan Diamond
Joshua Dickenson
Kathryn Diehl
Desi Dietlein
Theresa Dietrick
Benjamin Dobbs

Ashley Dofner
Michelle Dotson
Kelly Doughty
Misty Dowling
Carl Drummond
Wesley Dudding
Justin Dudley
Christie Duerr
Sharrod Dumas
Dawn-Marie Dunn
Jennifer Dunn



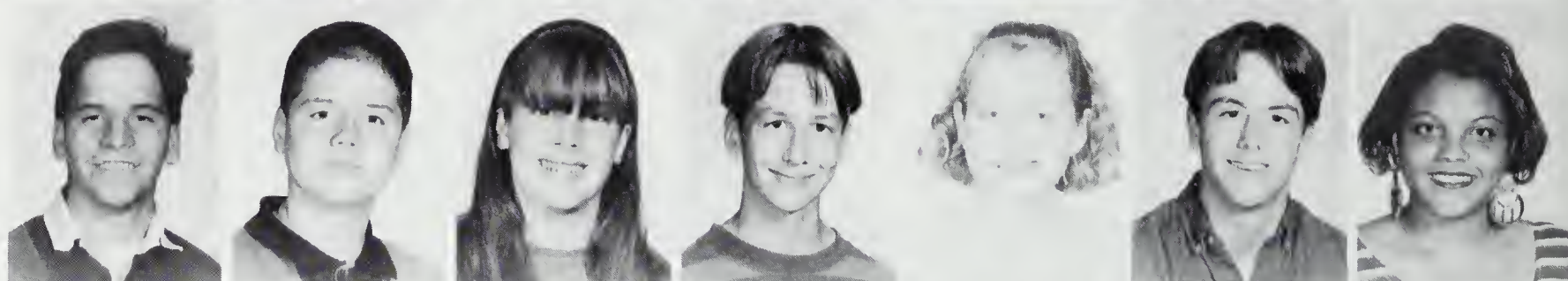
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Robert Dwyer
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Tyree Ellison
Richard Embrey
Tinsley Embrey
Marianela Enriquez
Ben Erdtmann
Nate Erdtmann
Juan Escobar
Laini Evans



Lawton Evans
Randy Eyler
Kevin Fahy
Nina Faison
Sarah Faleona
Kathleen Farley
Monique Farquharson
Januari Farrell
Megan Farrell
Monica Fereovie
Bobby Ferguson



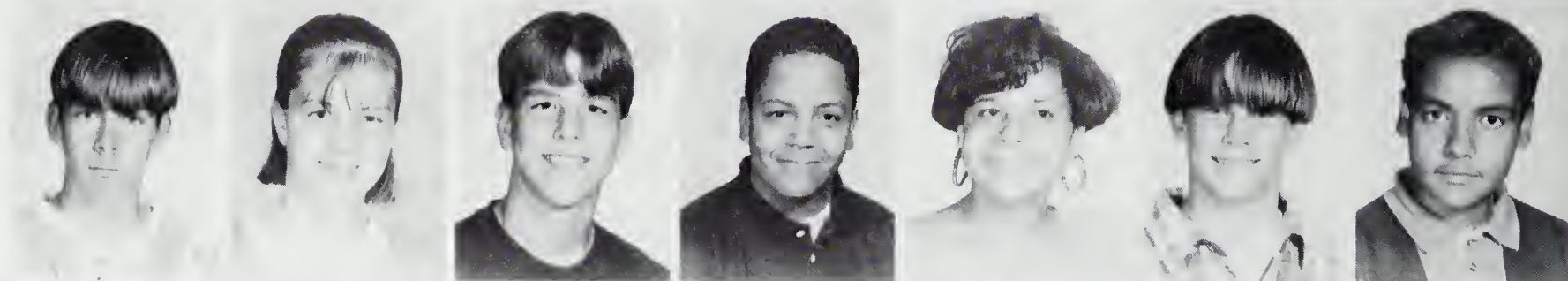
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Thomas Finn
Kimberly Fisher
Will Flannagan
Jasmine Fletcher
Lorenzo Fletcher
Nancy Flores
Yovani Flores
Scott Fogarty



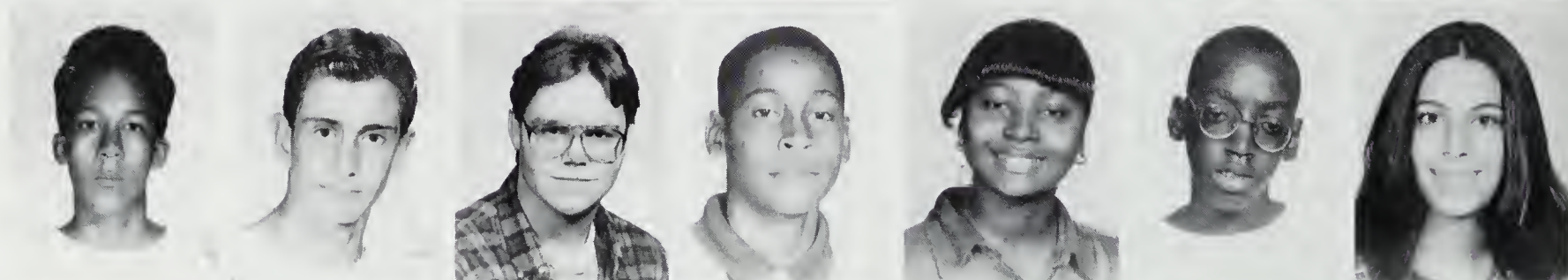
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Ronnie Forshee
Bill Forshay
Connie Foster
Allison Fox
Peter Franco
Cory Frasier
Matthew Frazier
Rita Frazier
Brodie Freer



Erie Fridenstine
Jennifer Fuger
Robert Fulkerson
James Furbush
Cassiopeia Gage
Joseph Gallagher
Freddie Garcia
Qiana Gardner
Nicole Garing
Logan Garretson
Antoine Garrett

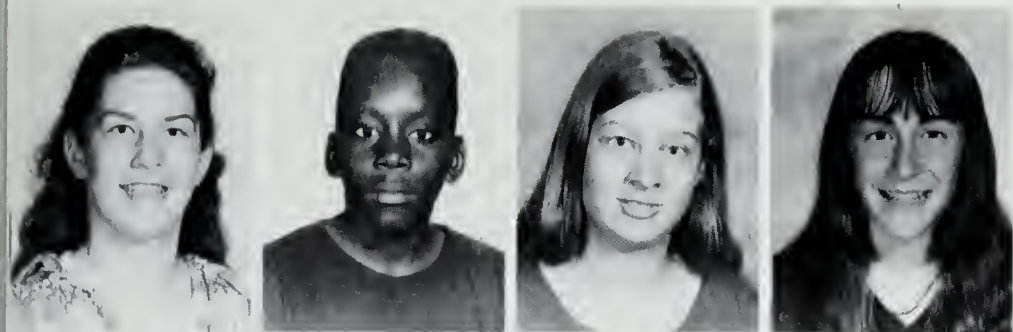


Mark Gautier
William Gautreau
Carl George
David George
Tashieka Gerald
Robert Gerard
Sherri Giasson
Derrick Gibson
Audra Gilbert
Rob Gileau
Mary Gilhooly

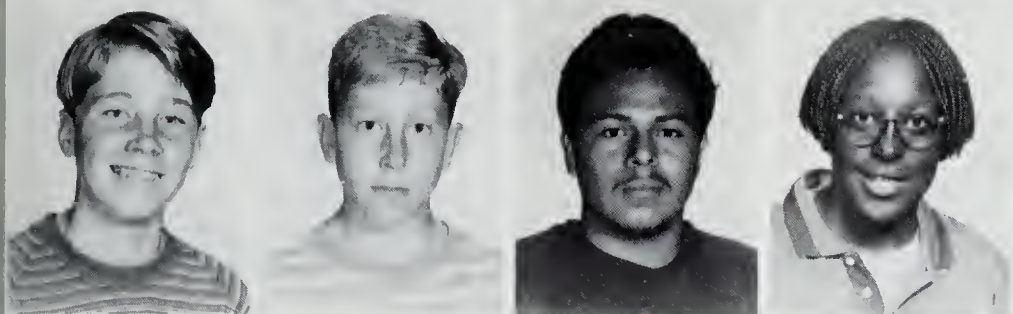


James Gillespie
Jason Gillette
Shauna Gilley
Travis Girard
Derek Glassman
Alison Goff
Erick Gomez
Precious Gooding
Ryan Gordon
Cynthia Gore
April Goss





Can I borrow this? Freshman Julie Burns goes through senior Amy Burns' closet. These sisters shared similar tastes in clothing and borrowed each others' clothes for school.

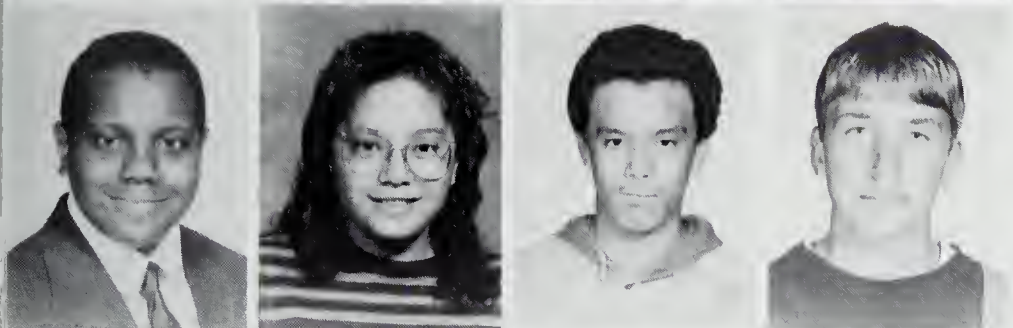


Bridgit Kelly



Swap Meet

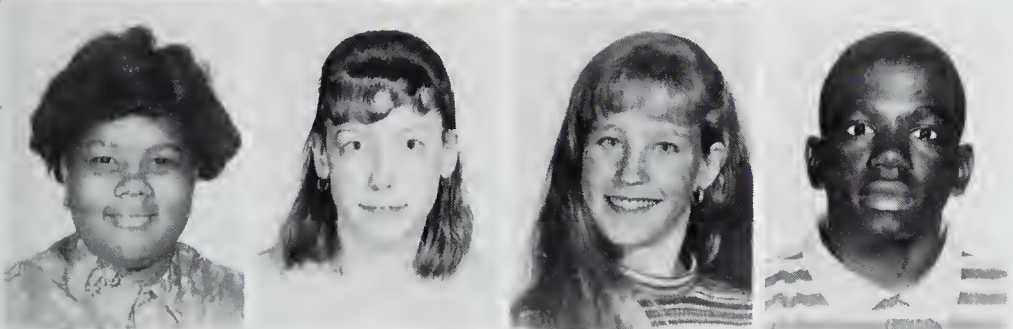
Siblings' Clothes Give Freshmen More Options



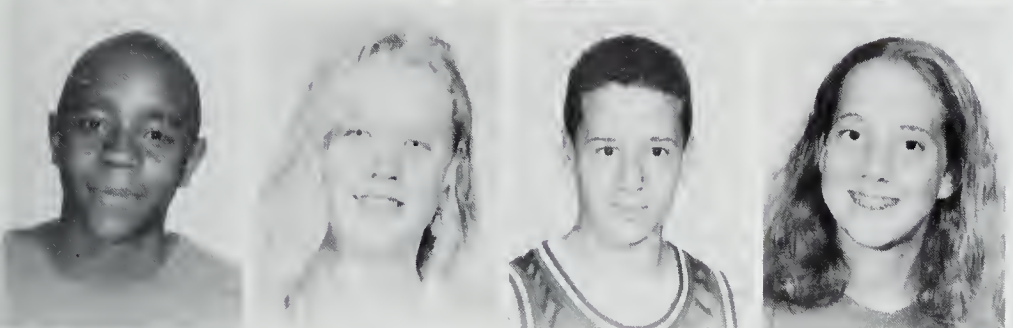
Cautiously, Allen Card crept into this brother's room. His brother was not home so this was his opportunity to borrow his clothes.



"I sneak into my brother's closet when he is working so he does not know about it. I wear his Rusty tee-shirts, and jeans because my clothes are dirty," said freshman Allen Card.



Freshmen borrowed siblings' clothes to expand their wardrobe without doing laundry and purchasing new clothes. "I needed a sports team shirt for spirit week so I borrowed my brother's 49ers shirt. His Sambas are comfortable so I wear them to play soccer with my friends," said freshman Jennifer Myers.



While borrowing clothes from their brothers and sisters, freshmen had to protect their own closets from siblings. "What is hers is mine and what is mine is mine," said freshman Kara Legore.



Freshmen took advantage of having brothers and sisters by borrowing their clothes. Thanks to their siblings, freshmen expanded their wardrobes.

byTiffany Paul

Borrowing Sibling's Clothing

Sharonda Grace
Bill Grandy
Kelly Gray
April Grayson
Cheryl Greenway
Michael Gregory
Lisa Greiling
Avery Griffin
Ed Grimm
Leila Grimm



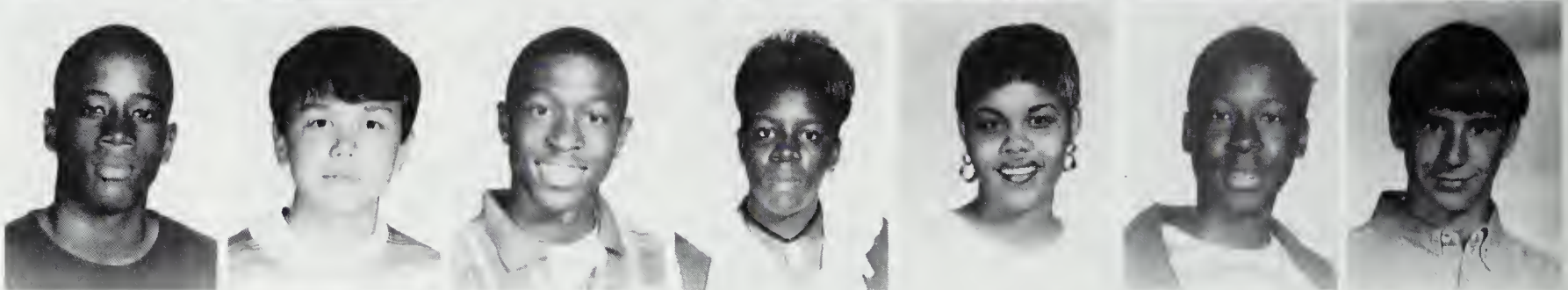
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Alejandra Guerrero
Jose Guevara
Boyd Gunnell
Sumit Gupta
Barbara Gutridge
Ronald Guzman
Michael Gygi
Randy Gygi
Anthony Hailey



Rachel Haines
Jimmy Hale
Christina Hamrick
Melissa Handy
Hilary Hansen
Lisa Hantjis
Sarah Hardesty
Scott Harmon
Jonathan Harper
Nashunda Harper



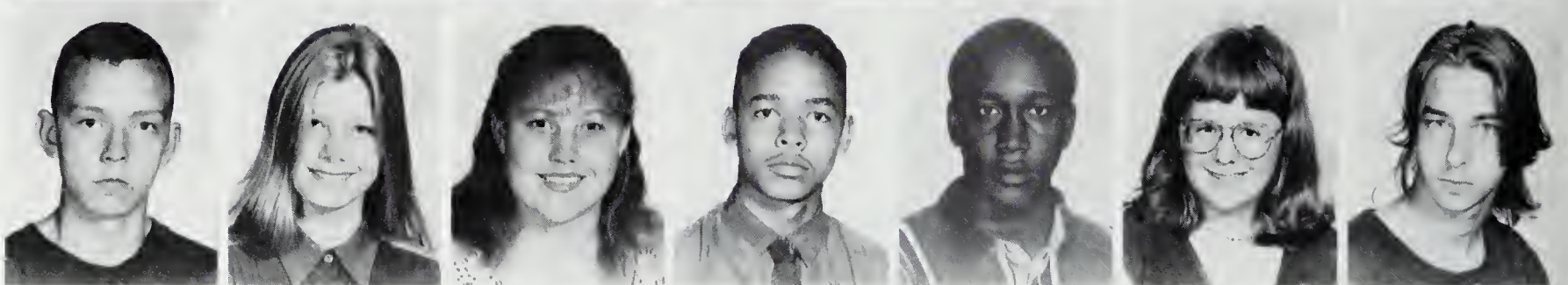
Vaughn Harrell
Andrew Harrington
James Harris
Marsha Harris
Tamika Harris
Tia Harris
Andrew Harrison
Rodney Harvey
Elizabeth Hein
Adonis Hernandez



Jose Hernandez
Juana Hernandez
Olga Hernandez
Wes Hibbard
Craig Hicks
Alan Hilton
James N. Hobson
Christopher Hockman
Joshua Hoertz
Carrie Holder



Bert Holliday
Tiffany Holliday
Barbara Holowecki
Chase Honaker
Shaun Hopkins
Laura Hoppe
Tim Horrocks
Chris Horton
Darell Horton
Laura Hottle



Michelle Houchins
Matt Howell
David Hoyt
Reggie Hubbard
Frank Hudoba
Tim Hudson
Crystal Huffman
Norwood Hughes
Sean Humbarger
Melissa Hunt



Justin Husar
Patricia Hwang
Perry Iguel
Rowland Itheme
Brian Ingram
Jill Ingram
Lynley Intellini
Donnie Irby
David Isherwood
Michael Iverson





Name Game

Students Argue the Pros and Cons
of Having a Common Name

M

rs. Scott called roll. "Jennifer?" Four voices responded, "Here!" Students found it fun but a little bit annoying to have other people with their name in the same class as them.

There was a large number of classes that had students with the same name. "In my class there's three of us in a row alphabetically that all have the same name. The teacher is always getting confused. It's a pain and embarrassing when she calls on a different Elizabeth and I answer," said freshman Elizabeth Roque. With the rising number of students in the freshman class, it was only logical that classes would have peo-

ple with the same name. "It's really annoying. People will call my name in the hall but it will be for a different Jen. Then the next time they'll really call me and I won't turn around," said freshman Jen Looney.

There were also advantages to having a common name. "When we have a substitute teacher we trade seats so we can talk to our friends and the substitute will never know the difference," said freshman Shannon Pettit. Freshmen found ways to turn a problem into an opportunity.

Whether they liked it or not freshmen had to deal with having a common name everyday.

by Julie Foxworthy

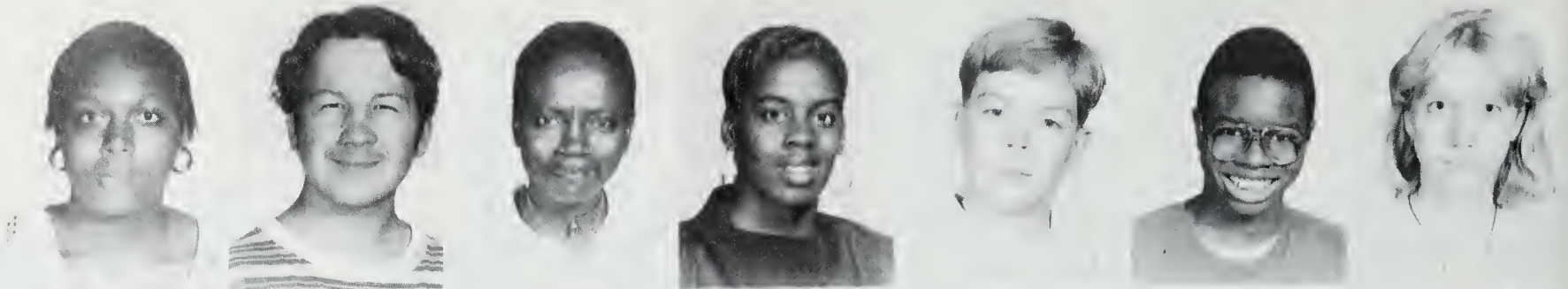


Bridgit Kelly

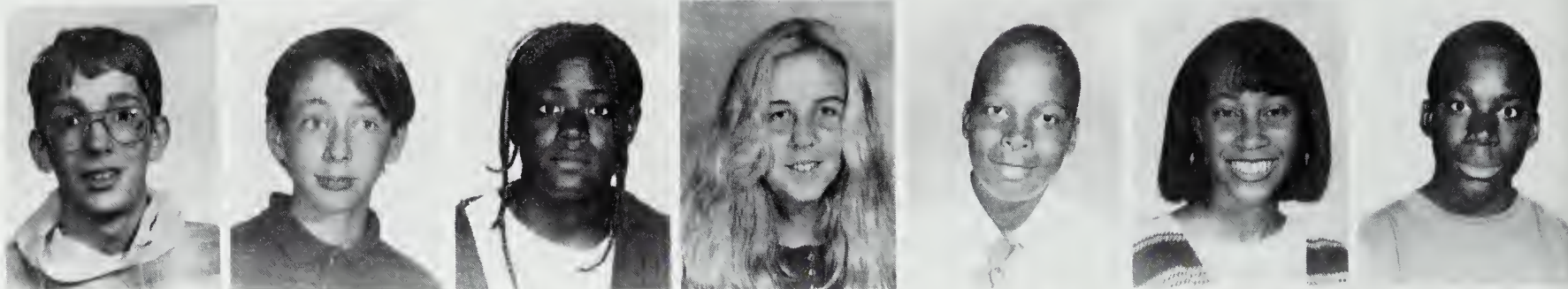
Double take. Freshmen Rachel Price and Rachel Bartley both raise their hands when their teacher calls out "Rachel." Having the same name as another student created a problem.

Same Names

Jessica Jackson
Timothy Jackson
Cynthia James
Tena James
Michael Janicki
John Jarrell
Carly Jarvis
Eva Javins
Harold Javins
Ryan Jennings



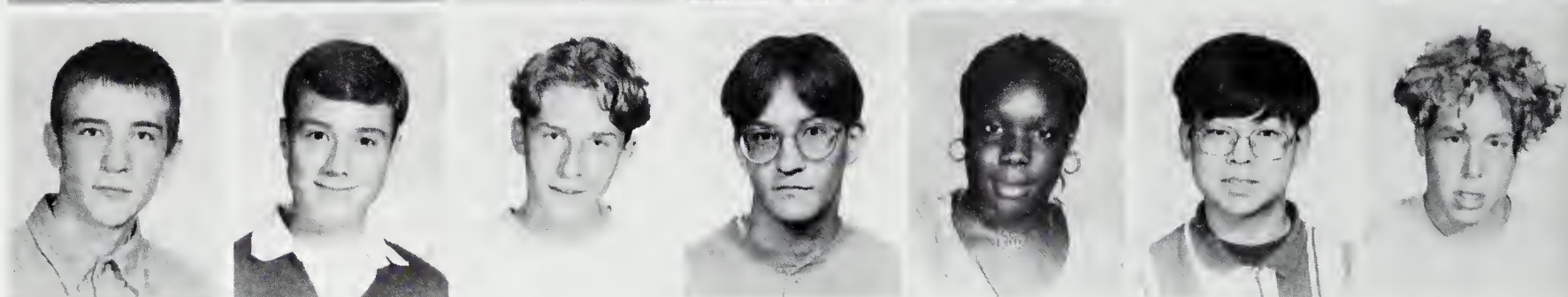
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Roy Johns
Alicia Johnson
Amanda Johnson
Bennie Johnson
Carrie Johnson
Derrick Johnson
Doug Johnson
Ebony Johnson
Jimmy Johnson



Joseph Johnson
Levar Johnson
Mitch Johnson
Robert Johnson
John Jones
Josh Jones
Larry Jones
Nikole Jones
Rudy Jones
Spencer Jones



Toby Jones
Daniel Jordan
John Journell
Can Kahng
Ernestine Kamanda
Adam Kamihara
David Kaplan
Brian Karnbach
Heidi Kashtock
Nikki Katial



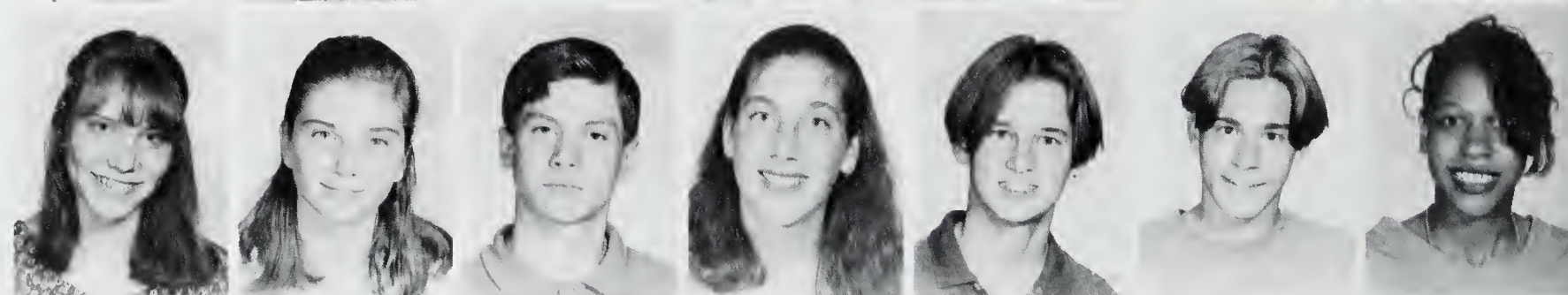
Tania Kawasaki
Barbara Kelleher
Katie Kelley
Laura Kelley
Scott Kelley
Sean Kelley
DJ Kelly
Shannon Kelly
Tammy Kelly
Jennifer Kesner



Tonya Kern
Daniel Kessell
Johnny Khalaf
Un Kim
Lisa Kimble
Elizabeth Klatt
Kevin Kleinman
Jeffrey Knapper
Lisa Knepper
Paul Knick



Amy Kosiek
Sarah Kotchman
Brian Krach
Sarah Krimkowitz
Mike Kutchman
Stephen Labus
Chennel Lafate
Nick Lamb
Mark Lance
Sarah Lane



Jason Laurion
Colleen Leavell
Stephanie Lebrun
David Leckrone
Kara Legore
Claude Legrand
Tim Lehockey
Karla Lemus
Mike Lemers
Damien Lewis



Freshmen Jackson, Jessica — Lewis, Damien



Becky Graham

Before Indoor Track practice, freshman Katie McAllister sorts through her gym bag for her track clothes. Athletic lockers were used to store both practice and gym clothes.

“My cross-country coach gave me a locker because I was always at practice. **”**



Alex Taylor
Freshman

Locked Up

As freshman Kristen Nicosia opened her athletic locker during her fourth period gym class, she looked sympathetically at her friends who had to cram their stuff into the small lockers. Athletic lockers were normally a privilege given to upperclassmen due to the lack of lockers. However, some freshmen received them because of their active participation in sports.

“I really need my sports locker. I run cross country—which starts in the summer and participate in a sport all the way through the spring. The upperclassmen don’t really care as long as they have enough room,” said freshman Mary Gilhooly. Freshmen found that upperclassmen had no problem with them having a locker.

Not all freshmen received a locker.

“I don’t understand why Vikettes don’t get lockers. We practice just as much as other teams. Plus, we last longer than one season. I have a hard time fitting everything in my gym locker,” said freshman Tracy Clemons.

Not caring was the attitude some freshmen took. “Golf doesn’t get lockers. I don’t really care because we don’t practice at school. I keep my stuff at home,” said freshman Nick Bland.

Freshmen use of lockers included storing clothes to keeping sports equipment. “I need a sports locker with all of my football equipment. I try to keep

my gym clothes out of there — they smell,” said freshman Travis Girard.

The privilege of having an athletic locker depended on the sport and the coach, not the necessity. Active freshmen were more likely to receive a locker.

Freshmen Have the Privilege of Athletic Lockers

by Becky Graham

Athletic Lockers

Jessica Lewis
Mitch Lewis
Heather Ley
Heather Ley
Kevin Libby
Steve Lim
Bethany Lindberg
Joshua Lindquist
Yahaira Llenas
Jessica Lock
Michelle Lohr



Jeri Longino
Jennifer Looney
Christian Lord
Chris Lowe
David Lowery
Kelley Luciano
Badee Luckittaro
Rebecca Ludwig
Werner Luebke
Erin Lyga
Erin Lyle



Roberta Lyne
Sean Lyng
Casey MacFarlane
Jeff MacKinnon
Jillian Maggard
James Mainey
Cindy Mair
David Mannings
Jessica Mantelero
April Manuel
Chris Manzo



Constance Marshall
Angela Martin
Jennifer Martin
Talaya Martin
Janeth Martinez
Monica Martinez
Tungi Martyn
Lashelle Mason
Jose Matta
Daniel Maurer
James Maurer



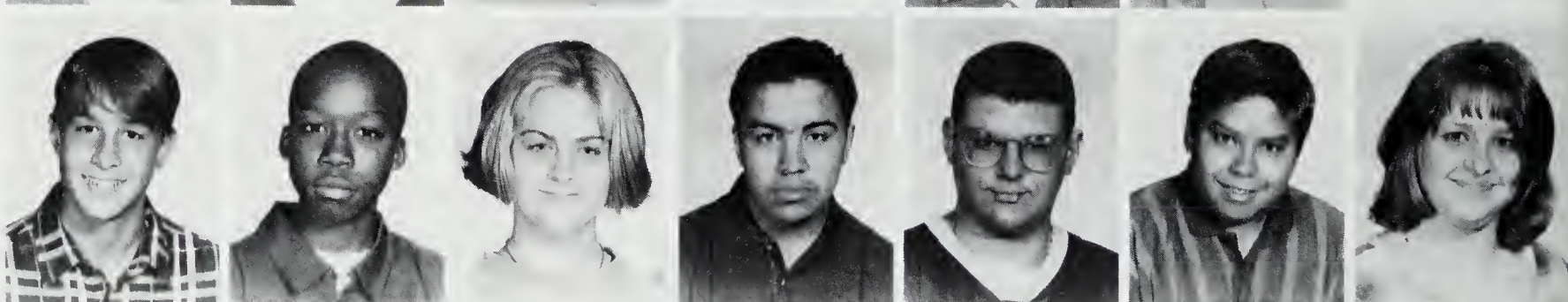
Melissa May
Joshua Mayo
Katie McAllister
Lelsey McAlpin
Christina McClain
Paul McClaren
Heather McConnell
Delvon McCormick
Sara McCrary
Nicolette McDaniel
Shaun McDonald



Errol McEachron
Ian McEwan
David McGarry
Michelle McGrady
Michael McGraw
Shannon McGuire
Sam McIntyre
Domenique McLaurin
Anita McNab
Shannon McPhilips
Mary McWilliams



Paul Medaglia
Jerome Meeks
Megan Meeks
Leo Mendoza
Eric Merck
Douglas Merino
Terra Merrbach
Billy Messenger
Laura Messenger
Melissa Metzler
Trevor Michealson



Charlene Middleton
Ajeenah Miller
Anne Miller
Candace Miller
Harry Miller
Todd Miller
Melissa Milligan
Rick Mills
Garey Minor
Tanea Mitchell
Solitaire Moffett





Shiny happy shoes. With multi-colored glitter sparkling from her shoes, freshman Christy Briceland shows Shannon McGuire the new art on her feet.



Roberto Santiago

Fancy Feet

Freshmen Turn Their
Plain Canvases into Art

Rainbow shoe laces, Saint Patrick Day's shoes, glitter, and designs. Through the year, freshmen styled the halls with their decorative shoes. From phone numbers to hearts to the rainbow shoelaces, the shoe seemed to fit each student's personality. "I've decorated shoes on Saint Patrick's Day by putting green dots on them. I also tried putting glitter and gold hearts on my Keds but they looked really stupid so I never wore them. I decorated them because they looked so boring by themselves," said freshman Jennifer Tindall.

Freshmen took measures to get the fashion statement that they wanted. They used rainbow shoe laces, festive shoes during the holidays, along with smiley faces. "I put phone numbers on my shoes because it is easier than writing them on paper. When I get bored in class, I draw lines and smiley faces on my shoes with whatever marker is around," said freshman Tamarisk Cardwell.

Whatever type of shoes freshmen wore, it fit their own personal style. Since style was looked at from head to toe, shoes were still included.

by Diana Wilson & Jodi Malinowski

Decorating Shoes

All Tacked Up

Freshmen Look up to Favorite Celebrities on Their Walls

After finishing her homework, freshman Patrice Buckmon didn't know what to do. As her eyes traveled around her room, they spied a magazine. Soon she was buried in a mountain of magazine cut-outs of her favorite stars.

Freshmen used cut-outs from magazines to decorate the walls of their rooms. "My walls were always so plain, so I decided to cut famous people out of magazines, like Jodeci and Snoop Doggy Dogg," said freshman Cassi Gage.

Posters also served as mementos. "There's a poster of Boomer Esiason in my room. The Cincinnati Bengals are my favorite team since I used to live there," said freshman Andy

Trotta.

Besides sports figures, students hung up pictures of their favorite movie stars. "I have cut-outs from magazines like *Seventeen* and *Allure*. I have pictures of guys like Christian Slater and Brad Pitt. They make my room more interesting compared to how boring it could look without them," said freshman Jen Looney.

Pictures of models also filled students' walls. "I like fashion, so I cut out models wearing clothes I like and put them on my wall," said freshman Carrie Forgas.

As a source of decoration, pin-ups gave freshmen rooms a sense of individuality and a splash of color.

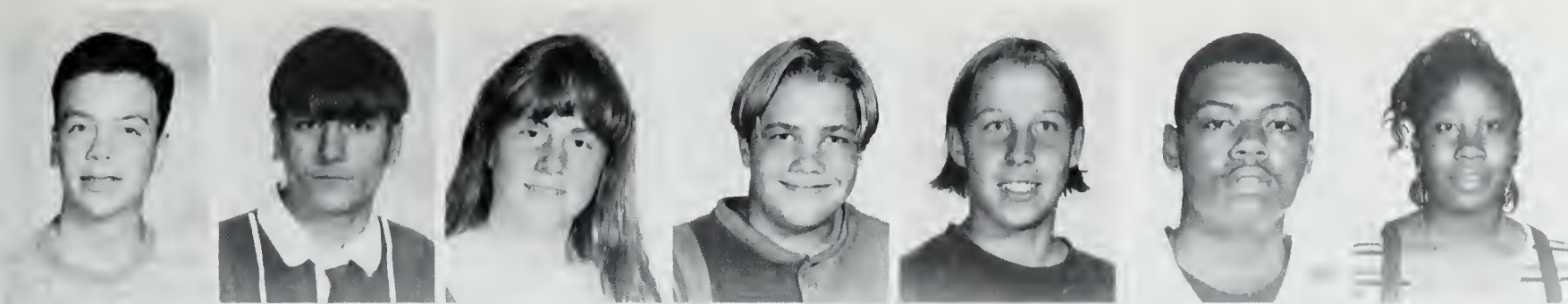
by Caritta Lee



Bridgit Kelly

Surrounded by pictures she has collected, freshman Kathy Diehl remembers hanging out with her friends. Besides photos, Diehl also had posters of her favorite bands.

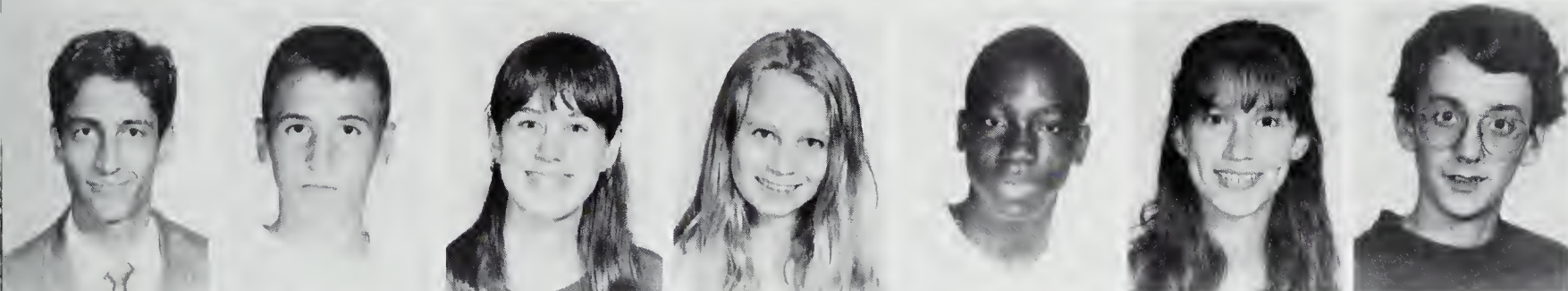




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Chrissy Moore
Graham Moore
Jason Moore
Meghan Moore
Wes Moore
Nathan Moorleghen
Deshawn Morgan
Chequena Morris



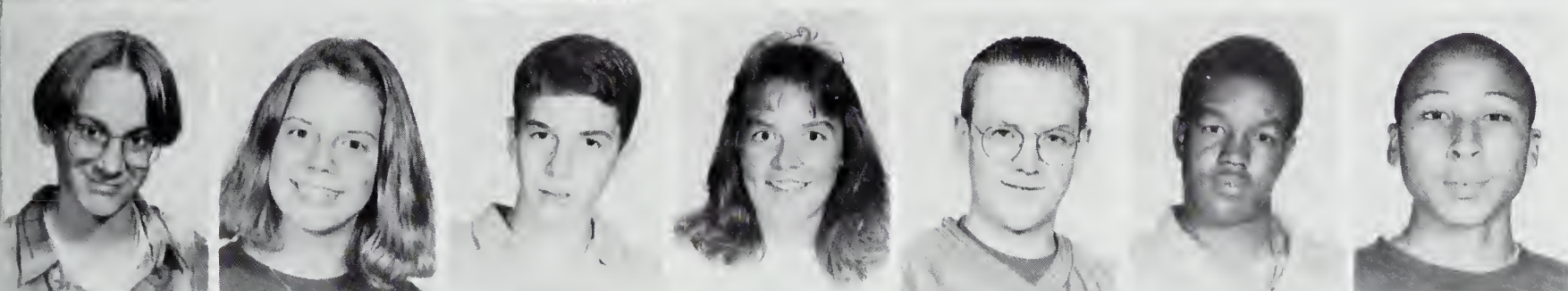
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Keith Mosier
Shauna Moten
Diana Moxley
Kelley Muldoon
Brandon Murray
Charles Myers
Jennifer Myers



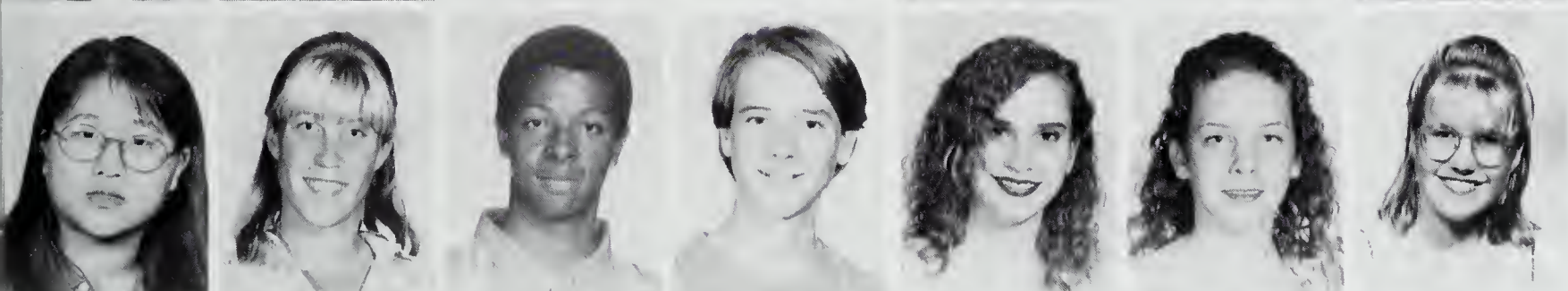
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Dan Najum
Nahaku Nathaniel
Hamayon Nazarei
Mike Nazionale
Julie Nelson
Maronetha Nesmith
Colecus Neuhooff
Kimberly Nevitt
Justin Newcomb



Justin Newcomer
Astria Newman
Shaun Newman
Scott Newsham
Paul Nichols
Kristen Nicosia
William Niepmann
Angel Nixon
Louis Normandin
Cory Northington



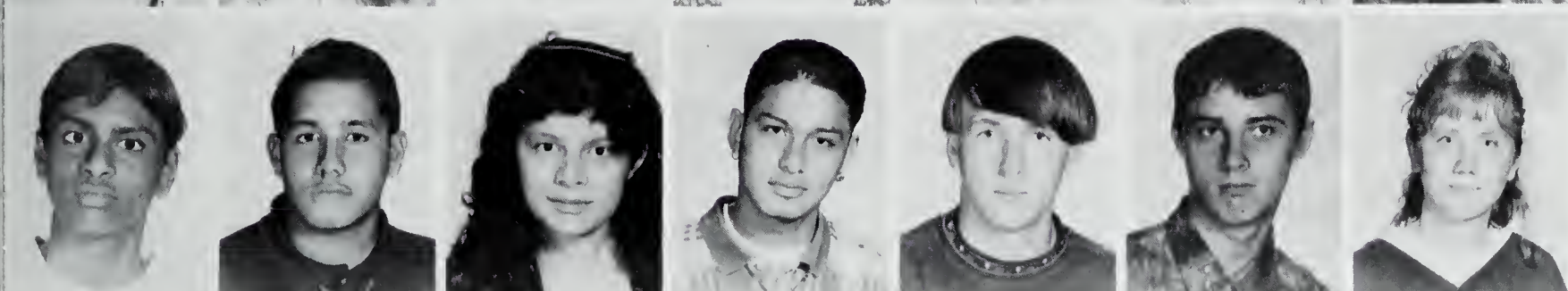
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Joey Novotnik
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Jennifer Opsut
James Osburn
Chris Overby
Myles Overton



Jeremy Owens
Amy Panek
Dana Panepinto
Vicki Park
Brooke Parker
Robert Parker
Brian Paroskie
Heather Parsell
Rebecca Passion
Stephanie Pate



Jennifer Patrick
Steven Patten
Toni Patterson
Jennifer Patullo
Lindsey Paul
Barry Payne
Kathy Paz
Carl Pearsall
Melissa Pearson
Beth Pedigo



Helen Peeler
Holly Pelot
Cinidie Perdomo
Anthony Pereira
Angel Perez
Karla Perez
Nelson Perez
Bill Peters
Aubrey Petitt
Shannan Petitt

Out of Sight

Magic Eye Puzzles are Pictures

That are More Than Meets the Eye

A kaleidoscope of different colors disappeared and an elephant slowly came into focus. *Magic Eye* puzzles were pictures of different shapes, of different colors, and when students stared at the pictures, images appeared. “*Magic Eyes* are really cool, it’s just the way the image jumps out at you,” said freshman Brian Karnbach.

Freshmen had different ways to see the images which the *Magic Eye* pictures produced. Students either looked at the reflection of the light, or they crossed their eyes. “The way I see the image is to pull it really close to my face and cross my eyes. Then, I slowly pull it away, while still crossing my eyes,” said freshman Elizabeth Roque.

While there were freshmen who could see the hidden image, there were those who could not. “It’s confusing because I can’t see the picture and everybody else can,” said freshman Monika Martinez.

Whether the hidden image appeared or not, *Magic Eyes* entertained freshmen until their eyes went out of focus.

by Kelley Curtin

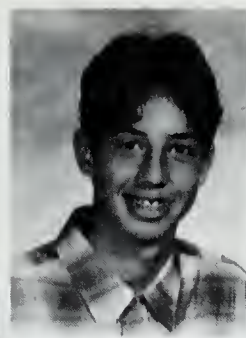
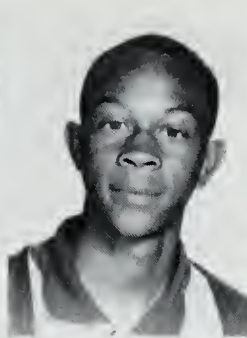


Roberto Santiago

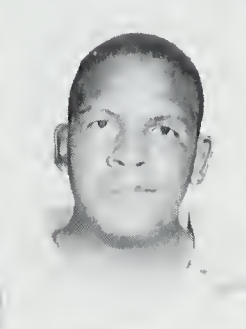
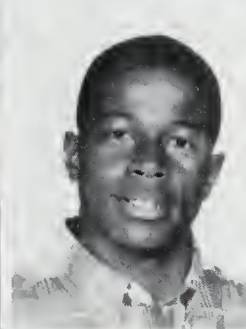
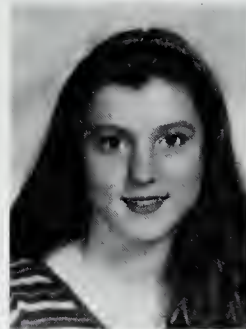
While staring intently at the picture, freshmen Katie McAllister, Evelyn Stone, and Jennifer Pattulo try to see the image. It took patience to see the hidden object.



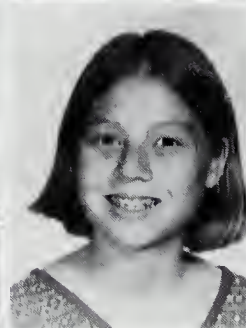
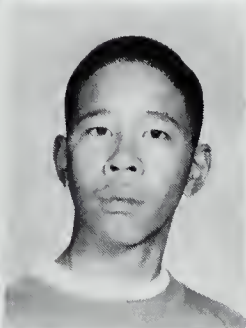
Freshmen Pettey — Sharma



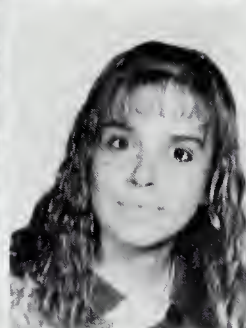
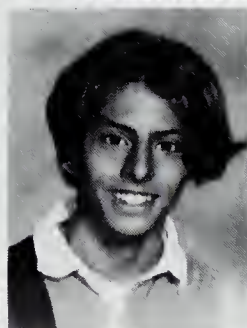
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Benjamin Plummer
Aubrey Poe
Luis Ponce
Stephen Pond



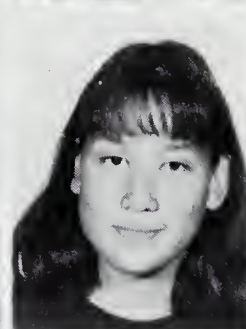
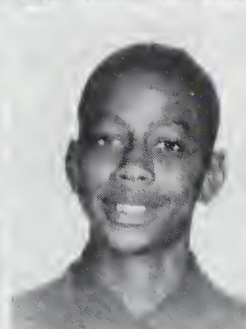
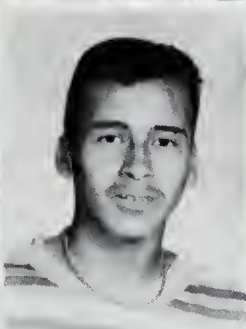
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Le'resa Prather
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Angelo Queen
Tommy Quimby



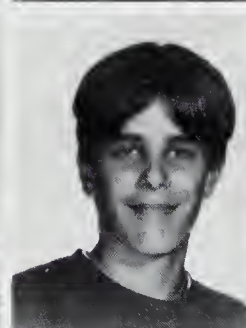
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Jason Ravinski
Makubani Reel
Wambaki Reel
Kimmy Reese
Ronetta Reid
John Reish
Anna Rexrode



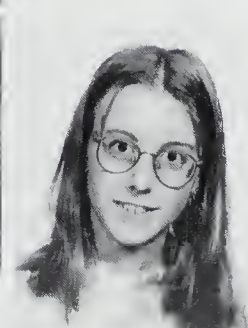
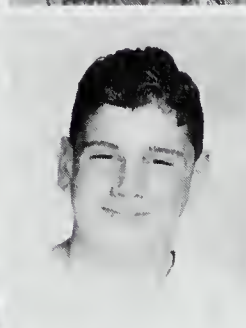
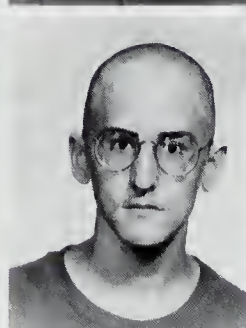
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Matt Roach
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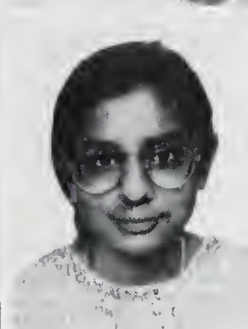
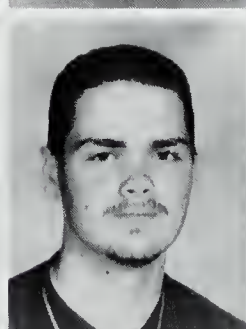
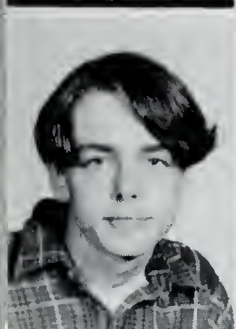
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Concepcion Robles
Scott Rodkey
Dusti Rodriguez
Nick Rodriguez
Dashawn Rodriquez
Rachel Rogozinski
Melton Roper
Elizabeth Roque
LaSanta Roquemore



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Chanise Ross
Jason Ross
John Rowe
Baisakhi Roy
Ariel Ruejas
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Rosa Sales
Josh Salzer
Sarah Sanchez

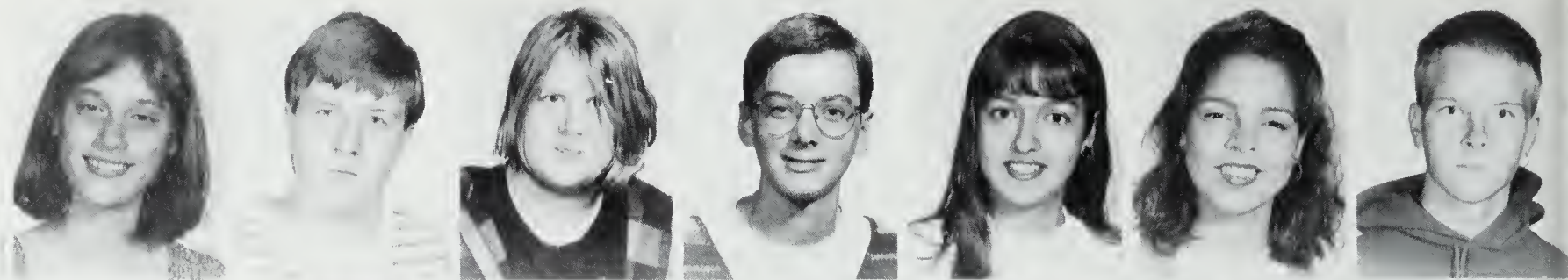


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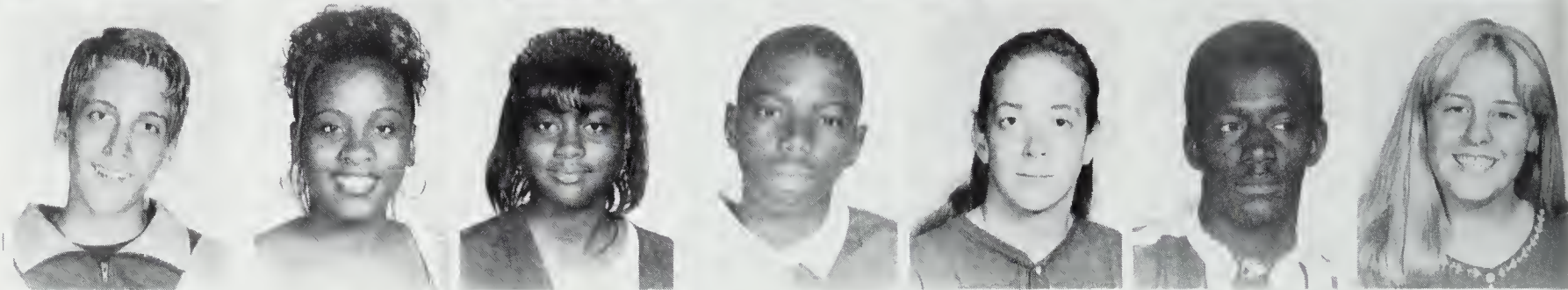


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Jason Showalter
Keith Shrader
Adam Shreve
Kalina Sidon
Maria Sierra
Adam Graham
David Sigmund
Jennifer Sikorski
Julie Silva



Johnny Simmons
Sara Sempson
Aleta Sims
Broderick Sims
Kate Skeele
Tyrone Skinner
Stacy Slonaker
Brian Smith
Chris Smith
Meghan Smith



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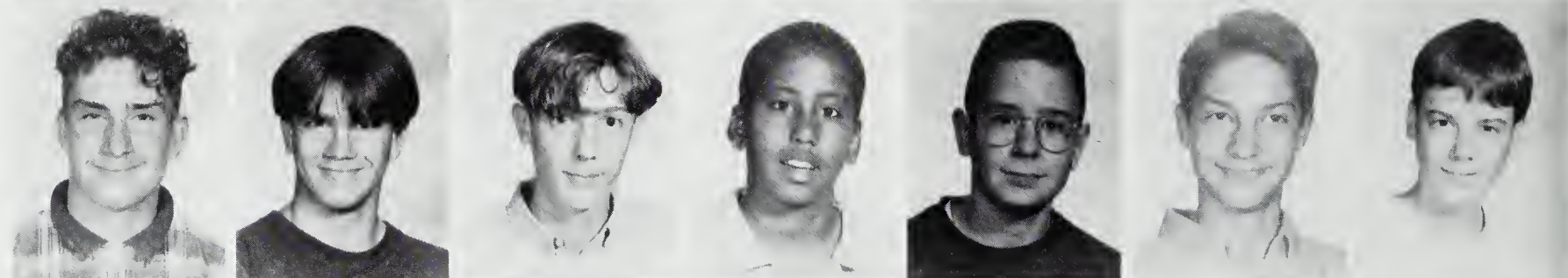
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Kevin Stogner
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Erin Stringer
Tim Strouse
Dallas Surber



Maria Vargas
Linda Vaquerano
Shawn Van Wagnen
Matthew Van Leeuwe
Vatchara A. Vajirapinyo
Jorge Urrutia
Russell Urquhart
Jeremy Urban
Joel Unger
Ryan Turner



Mike Turner
Tony Turchiano
Andrew Tullo
Nuat Tseggai
Andy Trotta
John Tripp
Stephen Trinkes
Ian Tracy
Susan Tomlinson
Carla Tomlin



Elizabeth Tomcheck
Stacy Tolliffe
Mae Toia
Jenn Tindall
Hector Tinajero
Tanya Tiller
Deanna Thorstad
William Thomas
Felicia Thomas
Duane Thomas



Daniel Thomas
Lisa Thibault
Darri Thayaprasat
Rosie Taylor
Jennifer Taylor
Alex Taylor
Shannon Tate
Patrick Swedock
Tamara Swanson
Lisa Swanson





Settling In

I

Freshmen Experience the Effects of High School Life

Incoming freshmen had to deal with the pressures of changing from middle school to high school. Along with the change in school came a new life for the freshmen students.

High school was different from middle school in several ways and the freshmen had to deal with the changes. "It is a lot stricter in high school, you can't talk in class or do anything without getting in trouble. The school is especially hard on hall passes. They always want to know where, when, and why you are going someplace," said freshman Jay Ainsworth.

In addition to a new discipline code,

the freshmen class had to deal with a new grading system. "Grades in middle school were given as 4, 3, 2, 1, 0 which was a lot easier than the grading system here which is done with percentages," said freshman Stacy Slonaker.

"Grades in high school are much harder because one zero will kill your grade," said freshman Tamarisk Cardwell.

Adapting to a new environment produced excessive strain for freshmen. Some of the changes they faced were one-way pods, tighter security, and thousands of new faces.

by Josh Mayne

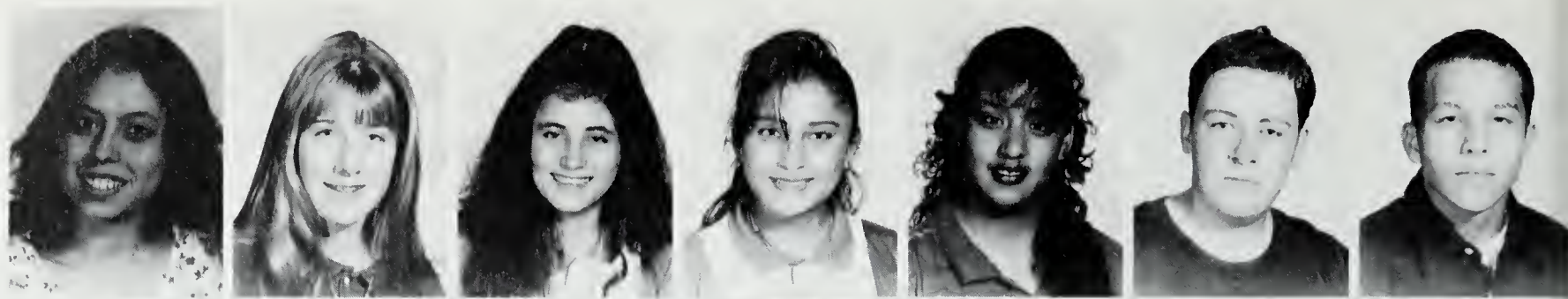


Segall Majestic Photography

Adapting to high school is very hard as freshman Dawn-Marie Dunn knows as she purchases tickets to the homecoming dance, hoping to meet new and interesting people.

Adapting

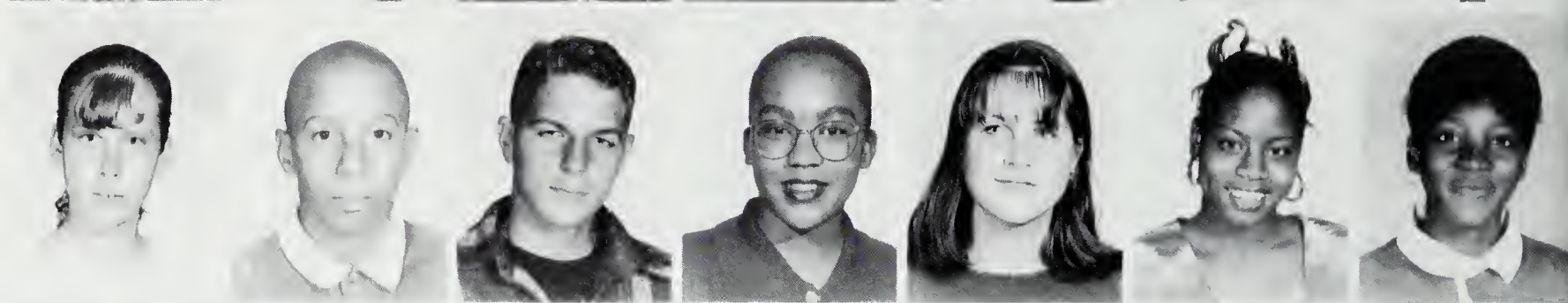
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 Batina Walker



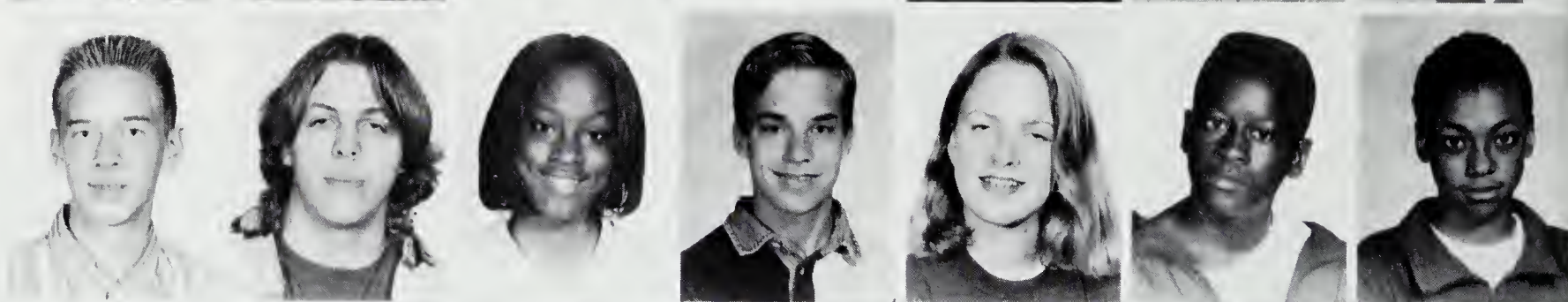
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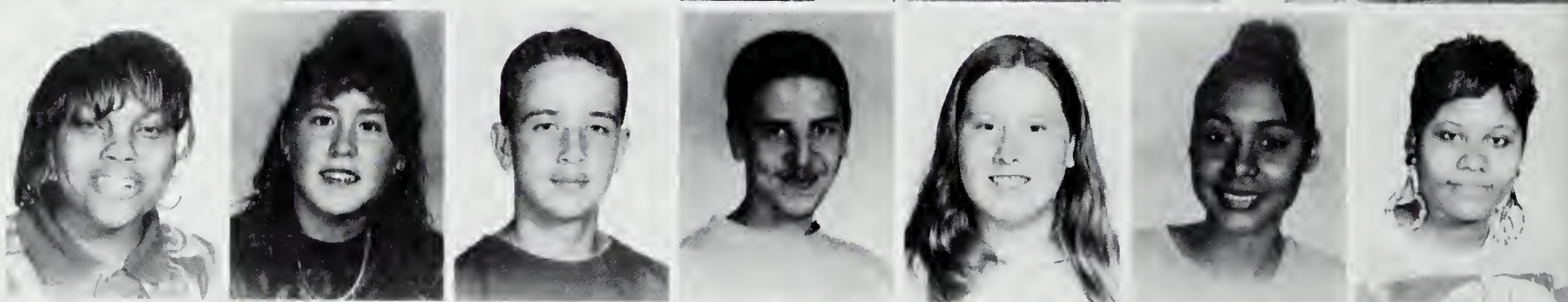
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 Adam Weddington
 Jennifer Welch



John Welch
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 Todd Westgate
 Melanie White
 Roy White
 Worrdehl Whitehead
 Josh Whitham
 Jennifer Whitmore
 Shamah Whitney



Sameerah Whitney
 Crystal Wiles
 Ben Wilhite
 Dominic Willenbring
 Tibetha Willett
 Angel Williams
 Crystal Williams
 Ernest Williams
 Jerome Williams
 Lindsay Williams



Mike Williams
 Sarah Williams
 Starkisha Williams
 Justin Wills
 Jennifer Wimple
 Andrew Wood
 Kristin Worley
 Tiffany Yates
 Jason Yehle
 Ed Young



Zach Young
 Shenika Youngblood
 Rehan Zaidi
 Jackie Zambrano
 Candice Zeitz
 Nuria Zelaya
 Jorge Zepeda
 Christina Zeranski
 Joanne Zimbardo
 Sarah Ray





School Ties

W

Freshmen Attend the Same School

Their Parents Graduated From

oodstock. The summer of peace and love. It was 1969 and

Gary Clemons and his 300 classmates had just graduated from high school. Twenty-nine years later, his daughter Tracy will graduate from the same school.

"I was born in Utah and we moved here because of a job. Ironically, it was the same area my dad grew up in and we happened to move into Woodbridge's district," said freshman Tracy Clemons.

While the Clemons' family did not intend for Tracy to attend the same school her dad did, the Ainsworth family planned it. "I wanted to go to the same school that my mom did. She remembers Mrs. Drake from

when she used to be her English teacher," said freshman Kim Ainsworth.

When freshmen's parents were in high school, the school was different. "The biggest change my mom has seen is the podding," said freshman Josh Jones. There was only one cafeteria and a classroom above it before the school got to be so large.

Things have changed both in school and in society since freshmen's parents were in school. Some things will always remain the same and some things will come and go. Some things, like Woodstock, are destined to return.

by Tiffany Paul and Kendalynn Newsham



Bridgit Kelly

That is my dad! Freshman Marlana Clemons looks through the school's 1966 yearbook, looking for her dad's senior picture. Old yearbooks were kept in the yearbook room.

Parents who Went to WSHS

Leaders of the Pack

Faculty Enforces New Rules and Adjusts Old Ones to Suit the Large Student Body

L

arger than life, the faculty and administration taught and guided the overflowing student population. The teachers had to contend with changes as their class sizes grew. ✕ With the increase in students, teachers faced new problems and challenges. They had to figure out where to sit students when they ran out of desks in their classrooms. They were also teamed with other teachers in order to maximize teaching time and allow them the flexibility to plan double periods and seminars if they chose. The overcrowding forced teachers to move from classroom to classroom in order to teach because there weren't enough classrooms to accommodate the number of teachers that was needed. They were also called upon to enforce the new one-way pod and locker schedule rules. ✕ Twelve new faces popped up among the faculty. Mr. Bergazzi took over as the Activities Director and a familiar face, Mrs. Fruits, took over as Music Department Director for Mr. Benson who became an administrative aide. ✕



Administrative Staff Back Row: Mr. Eddie Campbell, Mr. Jimmy Little, Mrs. Pamela White, Mr. Wes Bergazi, Mr. Rob Benson, Front Row: Mr. Alan Ross, Dr. Karen Spillman, Mr. Jackie Watts, Mrs. Benita Spears.





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Ms. Dec Allen Algebra II, Consumer Math
Mrs. Linda Bell Drivers Education, Health P.E. II; Senior Class Head Sponsor
Mrs. Kathy Bermann Accounting, Intro to Business, Keyboarding Applications; FBLA
Mr. Jim Bish 20th Century History; Norseman
Mrs. Susan Bona-Bonacquisti Health PE II, Drivers Education; Gymnastics Coach
Mrs. Cheryl Bonat Algebra II, Applied Algebra; Senior Class Sponsor

Mrs. Loretta Bryant-Kline Peer Relations, Discovery of Foods, Foods for Entertaining, Interior Design, Clothing; Junior Class Sponsor
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Mr. James Burdick Custodian
Ms. Deborah Cahill English 10, English 9
Mrs. Carol Carpenter Guidance Counselor H, J, Y; National Honor Society and Beta Sponsor
Mr. W.T. Carreiro Guidance Counselor D, G, V
Ms. Margo Caton Attendance Officer

Mrs. Elizabeth R. Catron English 10, English 11
Mr. Lawrence Cifranic Industrial Cooperative Training
Mr. Tom Cindric AP Physics, Physics I
Mrs. Carole Clark Guidance Counselor O, S
Ms. Melissa Cole Sign Language Interpreter
Mrs. Ginger Collier Earth Science; Senior Class Sponsor
ISG Gerald Cox JROTC; Male and Female Drill-Team, Rifle Team, Raiders

Ms. Susan Cunningham AP English, English 9, European Travel Sponsor
Mr. Jeff Custer Health PE II; Cross Country Coach, Indoor Track Coach, Outdoor Track Coach
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Mr. Ed DeLeonardis Geometry, Applied Geometry
Ms. Torie Derrickson World Studies I
Mrs. Gwendolyn DiCroce Art

Ms. Mary Dillon Sign Language Interpreter
Mr. Mike Dominguez Spanish II, Spanish III; Spanish Club Sponsor
Ms. Linda Dorsey Earth Science; Senior Class Sponsor
Mrs. Edwina Drake English 9, English 12; SCA Sponsor, Senior Class Sponsor
Ms. Sharon Drake Applied Algebra, Geometry
Mrs. Beverly Ellis AP History, American Studies I
Mrs. Pamela Emert Child Development, Relations

Ms. Pam Coan Epler World Studies I, American Studies I, Vikette Dance — Drill Team Director
Mrs. Gail J. Farmer English 12, English 11; Senior Class Sponsor, Mentoring Program Coordinator
Mrs. Debra Farris Learning Activities
Mr. Mark Faust American Studies II; Model United Nations Sponsor
Mr. Lewis Forrest Learning Activities; Girls Freshman Basketball Coach
Mrs. Marlene E. Forrest-McLaurin Learning Activities; Junior Class Sponsor
Mrs. Dana Fruits Varsity Choir, Women's Concert Choir, Consonance; Music Department Head

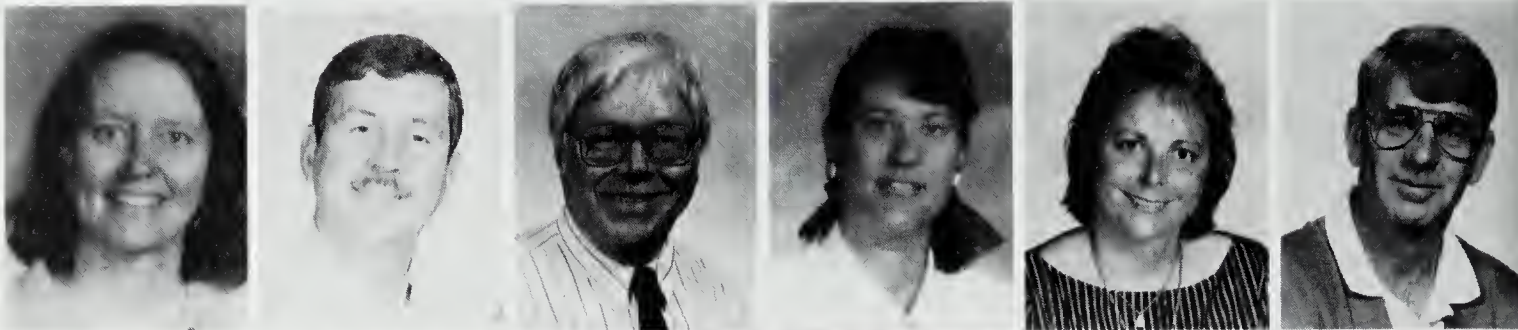
Mrs. Beverly Furman Bookkeeper
Mrs. Margaret Fuson Resource Teacher Aide
Ms. Mary Gaines American Studies I
Mr. Fred Gale Algebra I, Functions Trigonometry
Mrs. Glorine W. Gholson Keyboarding Applications, Business Management/Law, Office Systems; FBLA Sponsor
Ms. Jeanne Gibson Custodian
Ms. Sally Gilman Algebra I, Geometry; Girls Varsity Basketball Coach

Mr. Haig Gojekian Library Media Specialist, Librarian; Football Coach, Indoor Track Coach; Outdoor Track Coach
Ms. Lydia Gonzalez American Studies II, AP Government; Mentoring Program Coordinator
Mrs. Eva Goode English 10
Mrs. Patsy Grimes AP English, GEMS; Gifted Coordinator
Mrs. Ellen M. Guillen Cooperative Office Education, Information/Word Processing, Keyboarding; FBLA Sponsor, Business Department Head
Mrs. Cathy Hailey English 11, Creative Writing I & II; Eddas Sponsor
Mr. Kenneth F. Hailey AP Studio Art; Art Department Head, Eddas Sponsor

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 Mrs. Mary Ann Hardebeck Reading Resource; Junior Class
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 Ms. Debra J. Harrelson Athletic Training, Advanced Physical
 Education, Athletic Trainer
 Ms. Sandra Hatfield Sign Language Interpreter
 Mr. Tim Hcaley English 12, English 9; Football Coach, JV Baseball
 Coach
 Mr. Bud Hearne Varsity Orchestra, Concert Orchestra, Symphonic
 Orchestra
 Mrs. Michelle Heindrichs Learning Activities, Compensatory
 Skills



Mrs. Julie Hicks Algebra III, Trigonometry, Prob Stats. Discreet
 Math, Geometry
 Mr. Jim Hines Varsity Band, Jazz Band, Beginning Band,
 Marching Band, Piano
 Mr. Craig Horwatt Learning Activities
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 Mrs. Cindy Hummel Guidance Secretary
 Mr. William Hurst Health PE I
 Mrs. Pattie Hutchinson Receptionist, Switchboard Operator



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 Mr. Cecil T. Jarman Biology, Science Department Chair, Football
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 Mrs. Patti Kemp Computer Science I & II, Functions/Analytical
 Geometry



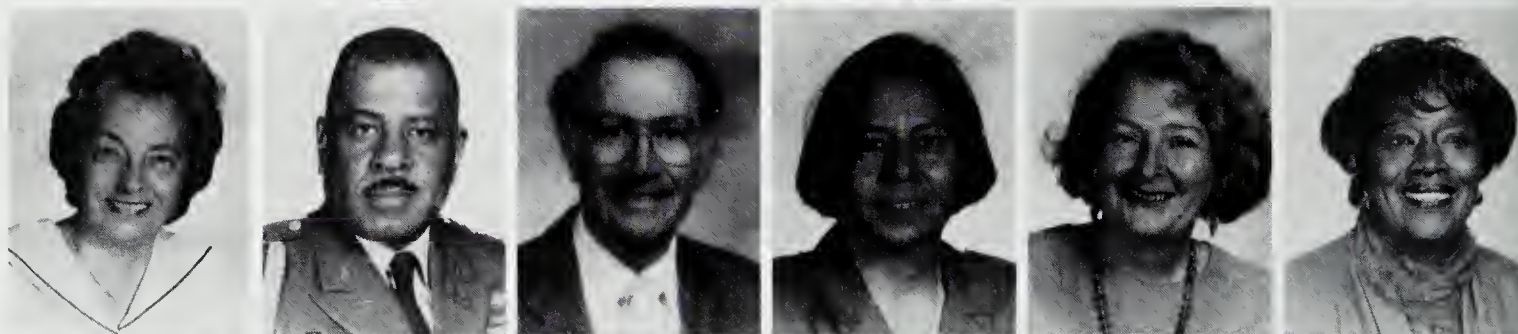
Mr. Mike Kenney Social Worker
 Mr. Bruce R.J. Kliwinski Learning Activities, Indoor Track
 Assistant Coach
 Ms. Bethany Korgan Spanish I, Spanish IV, Spanish Club Sponsor
 Ms. Linda Krimmer Computer Accounting, Keyboarding, Business
 Computer Applications, FBLA Sponsor
 Ms. Judy Kyle Spanish I & II
 Sra. Latham Spanish I & II, Spanish Honor Society Sponsor
 Ms. Rose Lee Interior Design, Independent Living, Life
 Management



Mr. Herb Levin English as a Second Language I & II
 Mr. Larry Livingston Auto Technology I & II; Principal's Advisory
 Chairperson, Football Chain Crew
 Mr. Robert Loftus World Studies I, Model United Nations Sponsor
 Ms. Jean C. Lusardi Chemistry; Junior Class Sponsor
 Mr. Jeff Madorma Geometry, Algebra I, Virginia Math League
 Sponsor, Tutorial Coordinator
 Ms. Mahafkey Speech Therapist
 Mr. Allen Main Printing I & II, Graphic Communications; Football
 Chain Crew



Ms. Cynthia Mann Substitute Teacher
 LTC Franklyn G. Matthews JROTC II, Drill Team, Color Guard,
 Raiders
 Mr. Howard McAllister Communications Technology, Technical
 Drawing, Power and Transportation Technology
 Ms. Zayda McCorkle Spanish II, Spanish V
 Mrs. Anne McDow French II, French V; Foreign Language
 Department
 Mrs. Mary P. McLaurin Biology I, Chairperson Student/Staff
 Recognition Committee
 Dr. Karen McPherson AP Government, Comparative
 Government/Economics; Muslim Student Association Sponsor



Ms. Susan L. Mealiea Chemistry I, Consumer Chemistry
 Mr. Sam Medore Health & PE I
 Ms. Marjorie Meyerle English 10, English 11
 Mrs. Mary H. Miles AP American History, American Studies 1;
 11th grade Gifted Coordinator
 Mr. Don Miller Health & PE II; Assistant Football Coach
 Mrs. V.H. Mitchell English 11, English 9
 Mrs. Lorraine Montanari English 12, English 9



Mrs. Dawn L. Moulen English 11, Photojournalism; Boys Crew
 Coach, Yearbook Sponsor
 Mr. Thomas Moulen Physics I; Head Crew Coach
 Ms. Betty Mountjoy Chemistry
 Mrs. Debra Myles Cosmetology I & II, Cosmetology Club Sponsor,
 VICA Sponsor
 SGM Joe L. Neely Junior Reserve Officer Training; Girls
 Exhibition Drill Team, Girls Regulation Drill Team, Color Guards
 Mrs. Dorothy Nelson RN School Nurse
 Ms. Florence Noonan English 9, English 10





Teeney Bopper

Teachers Show Pride by Dressing up for Spirit Week

White crisp shirt, blue jeans rolled up high, white socks, penny loafers, and a bow in her hair English teacher Mrs. Anne Webster was dressed for Spirit Week. Dressed as a fifty's bopper Webster participated in decade day and showed her spirit.

Students were not the only ones to show school spirit, faculty also did their part by dressing up, going to sporting events, activities, and promoting school pride.

"I go to as many activities as possible to support the school and the students," said Mrs. Julie Hicks.

Not only did faculty have fun showing their school spirit, but it also helped to evoke a sense of spirit in

their students. Teachers dressed for spirit days in order to set a positive tone for their students. "I think it is sad that there is so little school spirit because everyone is missing something very special. At one time people were very proud that they went to Woodbridge Senior High School and it made school a lot more fun and enjoyable," said Mrs. Edwina Drake.

Teachers showed spirit and pride. Dressing up for spirit week brought a sense of unity to the staff and school. "Faculty tends to have more school spirit than the student body. School spirit creates a sense of belonging amongst the students and the teachers," said Mrs. Gail Farmer.

by Christy Britton



“ This year for spirit week I dressed as a hippie. I wore a tie-dyed shirt, and colored glasses. I can not expect students to be enthusiastic if I'm not. Teachers need to generate a positive attitude to have positive students. **”**



Dr. Karen McPherson
Teacher

With a pen in hand, American Studies teacher, Mrs. Beverly Ellis, sports clothes of a fifty's teen on decade day for homecoming spirit week.

Musical Chairs

Assigning Seats Allows Teachers to Separate Talkative Students

Chit-Chat! The students' chatter in Mrs. Cheryl Bonat's seventh period Algebra class began to get louder and louder. She announced to the class to settle down or she would change their seats. In order to reduce talking and chatter in classrooms, teachers opted for assigned seats or seating charts. "I'm on my third seating chart with some of my classes. I try to separate the talkers, but as soon as I do, they find new people to talk to," said Mr. Andrew Stanley.

Teachers' choices to have seating charts or free seating depended on the teacher's personality. "Since this is high school, I feel we are all big kids now. Students should be able to seat themselves," said Mr.

Mark Faust. Personal preferences of the teachers played a part in whether students sat in assigned seats or not.

Another reason teachers chose assigned seats over open seating is due to the grade of students. Underclassmen were more apt to have seating charts. "I like my students in neat, tidy rows. It makes things a lot easier with my freshman classes," said Mrs. Gail Burda.

Teachers used seating charts to set the tone of a learning environment. Reasons classes were put into seating charts were rowdiness, the personal views of the teachers, and if the class being taught was an underclassmen class or an upperclassmen one.

by Kendalynn Newsham



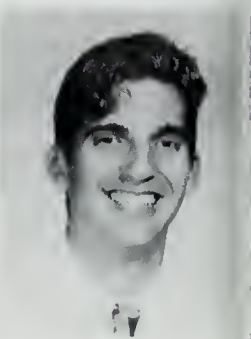
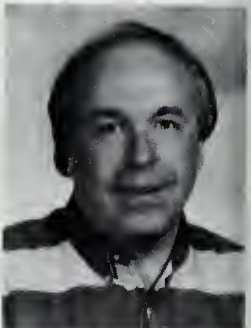
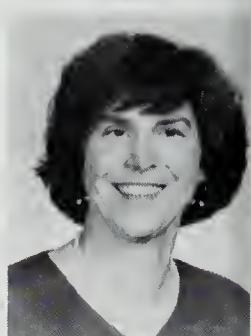
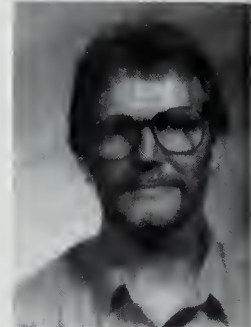
LTC Franklyn
Matthews
JROTC

“I don't
assign seats. If
talking gets out
of hand I change their
seat. **”**

This is your last warning! Mrs. Elsie Woodland takes authority in her Algebra III class to stop the talking among students. Mrs. Woodland kept her students in seating charts.



RobertoSantiago





Ms. Lori O'Farrell Biology I; Cheerleader Coach
Mrs. Susan T. Ohle Spanish II, Spanish III; SCA Sponsor, Senior Class Sponsor
Mr. Michael G. Pallo Technical Drawing, Drafting I, Drafting II, Drafting Club, Assistant Baseball Coach
Mrs. Sue Parker Keyboarding, Data Processing I & II; FBLA Sponsor
Mrs. Joan Pennline Earth Science, Oceanography
Mrs. Kim Perkins Introduction to Business, Keyboarding Applications, Accounting; Head FBLA Sponsor
Mr. Jim Petrus American Studies II

Mr. Walter Piepke Art I, Art III, Art IV, Art V, German IV/V; Junior Class Sponsor
Ms. Ellen Pierce Data Specialist
Mrs. Harriet Pinckard Guidance Counselor C, T; Key Club Sponsor
Mr. Douglas Pinion Biology I, Biology II
Mr. Joe Potente English 10, English 9
Ms. Alison Prevost Hearing Impaired Resource; Sign Language Club Sponsor
Mrs. Greta Raines English 9, English 12

Mr. Jim Rodgers Drivers Education; Cross Country Coach, Indoor Track Coach, Outdoor Track Coach
Mr. Jon Rose German I, German II, German III; Delta Epsilon Phi Sponsor, German Club Sponsor
Mr. Alan Ross Freshman Class Administrator; Freshman Class Sponsor
Mrs. Linda Ross School Psychologist
Mrs. Delores Roy Administrator of Instruction
Mrs. Cheryl Sagers Art; Art Club Sponsor
Ms. Joan Schmechel Secretary

Mrs. Virginia Schoegler Sociology; Junior Class Sponsor, Vikette Dance — Drill Team Assistant Director
Ms. Gretchen Scortia French I, French II
Ms. Cathy Scott Algebra I, Algebra II/Trigonometry
Ms. Deborah Sehl Keyboarding Applications, Accounting, Introduction to Business
Ms. Karen Simpson Sign Language I & II; Sign Language Club Sponsor
Mr. Albert Smith Speech and Drama I & II, Theatre Productions; Thespians Sponsor, Drama Club Sponsor
Mrs. Patti Smith Secretary

Mrs. Andrea Sparks-Brown Applied Biology, Biology
Ms. Kalyn Speades English 10
Mrs. Benita Spears Freshman Administrative Aide; Step Team Sponsor
Dr. Karen C. Spillman Administrator of Instruction
Ms. Anne Marie Sprague Biology I; Cheerleading Coach
Mr. Andrew R. Stanley World Studies I & II; Yearbook Little Helper, Norsemen Sponsor
Mr. Charles Staunton Spanish I, Spanish II

Mr. Rick Stockdale Guidance Director
Mrs. Rebecca Sundberg Copy Center Specialist, Switchboard Operator
Ms. Lisa Tinsley English as a Second Language Teacher Assistant
Mrs. Catherine Turner English 10, English 11, Debate and Forensics Faculty Sponsor, English Department Head
Ms. Kathryn Voehl Chemistry I AP Chemistry; Junior Class Sponsor, Science Fair Coordinator
Ms. Nancy Vogt Functions/Trigonometry, Geometry
Mrs. Josephine Volzer French III, French IV

Ms. Jeanne Warner English 9, English 10; GT Coordinator 9th grade
Mr. Casper Whetzel Custodial Manager
Ms. Pamela P. White Principal
Mrs. Elizabeth Whitham Resource Teachers Aide
Mrs. Cynthia Wild Health & PE II
Mrs. Clara Wittmann Office Systems, Introduction to Business, Keyboarding Applications; FBLA Sponsor
Mrs. Elsie Woodland Algebra II, Algebra III/Trigonometry

Mr. Michael Yeatts World Studies I, American Studies II, Varsity Club Sponsor, Boys Soccer Coach
Dr. James Young Chemistry I, Consumer Chemistry; Science and Ecology Club Sponsor
Mrs. Maria Zuniga Applied Geometry, Algebra I
Mr. Nick Zurko Applied Algebra, Computer Science I, Computer Math



Roberto Santiago

Experts Say . . .



Experts Say...

Exceeding all Bounds and Limits, Students Break the Mold

T

he halls burst at the seams and the classrooms were not far behind. Due to the overcrowding of students, 1,500,000 copies were xeroxed in the copy center for the fall of 1994 alone, the size of the average physical education class ballooned to 38, and a textbook shortage occurred in all areas. X

The shortage, however, was not reserved for only textbooks. The student populations increased by 150 students, but no additional English or History teachers were added to the faculty. The JROTC program marched 218 cadets strong, creating a need for the addition of a new instructor, First Sargent James Cox. The business department renamed and renumbered all rooms, confusing all returning students. X College and career preparatory English classes and senior accelerated history classes were taken away, forcing students to choose between AP or accelerated English class and the heterogenous grouping. X

Medieval banners hang in the hall of the "manor" as junior John Dooley and senior Kelly Hengst review their characters' personal history at the Woodbridge Singers' Madrigal Feast during intermission. The feast, a performance of Medieval songs, stories, and an authentic meal, was held on December 3 and 4. The Woodbridge Singers began to prepare for the Madrigal Feast before the school year began, devoting an excess of 40 hours in all to their performance. They practiced every day during fifth period with only a lunch break and were required to attend all-day practices on weekends. As the performance drew closer, the singers invented both a name and a personal history for their character. They linked the class through marriages and shared their stories with the audience during intermission. In addition to the feast, the Singers attended the International Music Festival in Boston, Massachusetts.

PLUGGED IN! WITH HIS WALK-man on and his head supported by a bus seat, senior Roberto Santiago relaxes on the way to the VHSL conference on October 22-23. The conference provided students a chance to learn basic yearbook skills. The staff stayed overnight at the Hyatt Richmond.

AT A NIGHT SESSION ON OCTOBER 26, junior Bridgit Kelly types her senior stats. The staff held two sessions to organize 3000 mug shots for the people section. The 45 minute class period did not provide enough time for the staff to complete all they needed to do.

AT THE NEW STUDENT ORIENTATION on August 30, adviser Mrs. Dawn Moulen shows senior Stephanie Hockman how to use the new camera. Senior Tiffany Paul guards the cash box. The addition of four new cameras allowed more staff members to become involved with the picture taking process.



Michele Bidelsbach



Roberto Santiago



Roberto Santiago

The Editors



Michele Bidelsbach
Editor-in-Chief



Christy Britton
Academics



Kellie Couch
Business



Tiffany Paul
Organizations



Kara Artz
Computer



Julie Foxworthy
Computer



Stephanie Hockman
People

Academics

COPYCATS

Staff Members Spread the Word



Layouts scattered all over the floor, typewriter keys flying, and cries of distress were heard from the yearbook room. Deadline day had arrived and dismayed staff members and editors rushed to make the deadline. The staff has not missed a deadline in ten years.

Deadlines raised the stress level for staff members and editors. In order to deal with the pressure, staffers found stress relievers. "One day, Roberto Santiago and I were so frustrated. He had just gotten a new flash. We started having a flash fight. It was near my deadline and I had to relieve my stress somehow," said senior Stephanie Hockman.

Students had to learn to manage their time. "I learned to finish my things early. It takes a lot of time to put the whole layout together. I always start right away. It makes everything smoother during deadline time," said senior Caritta Lee.

Even though the class was stressful, 20 new students on a 29 member staff decided to take the class. "I took year-

book because I thought it would be a break. I thought it would be different from a regular academic class. I think it is fun to put the book together, but I did not know it would be so time consuming," said junior Rebecca Greenberg.

The staff received awards that represented the quality of their work. They won four top honors from state and national associations that included an All-American, Trophy class, and two first places. Five members also traveled to a five-day rigorous training camp at Gettysburg College to train in yearbook techniques. Two members received honors; Stephanie Hockman, Outstanding Designer/Section Editor, and Tiffany Paul, Outstanding Copy Writer.

In excess was the theme of the book. That meant excessive deadlines, extra work, as well as the excitement of making a book.

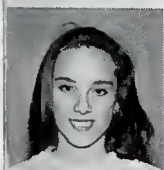
by Becky Graham



Roberto Santiago
Photography



Becky Graham
Sports



Heather James
Student Life



Yearbook Front Row: Diana Wilson, Elizabeth Phan, No Souvaranatana, Christy Britton, Summer Stewart, Tiffany Paul; **Second Row:** Michele Bidelspach, Stephanie Hockman, Kendalynn Newsham, Kara Artz, Julie Foxworthy, Brad Leiby, Kellie Couch, Roberto Santiago; **Third Row:** Mrs. Dawn Moulen, Becky Graham, Heather James, Josh Mayne, Mads Hansen, Chris Meadows, Jodi Malinowski, Rebecca Greenberg, Mr. Drew Stanley; **Back Row:** Bridgit Kelly, Caritta Lee, Leslieanne Swanson, Kelley Curtin, Rebecca Woodcock, Rebecca Murphy, Krista Clearwater, Terri Greer.

EXTRA EXTRA

The Valkyrie Newspaper Tells All

EXTRA EXTRA

We want doughnuts! This may sound appealing, but to the *Valkyrie* staff writers this was much more than just a snack to soothe their stomachs. Doughnuts were the reward for journalism students after a deadline. "Although it takes time, and many late nights before a deadline, seeing the issue come out makes up for all the hard work," said junior Brian Richards.

This produced an award-winning newspaper. Editors-in-chief, editors, and staff writers all contributed to the 25¢ *Valkyrie* that was sold every month. However, a new leadership was in control, two males. Ryan Witherell and Marcus Gadson were the first male co-editors-in-chief that the *Valkyrie* has had while under the direction of Mrs. Anne Webster. "We tend to be more laid-back than past chief editors, but no matter what, the job always gets done," said senior Marcus Gadson.

The paper informed and incorporated the entire student body. By including topics about alcoholism to eating disorders and providing space for students' opinions and editorials, involv-

ing the mainstream of students was accomplished. "We interview everybody, from students to the faculty. It gives us a chance to be upclose and personal," said junior Chad Vargo. New features, such as Alex Cogswell and Blair Brown's column added extra spice to each issue. "Like fine wine, our column improves with age. It gets dirtier and more humorous," said senior Alex Cogswell.

The newspaper staff won the George H. Gallup from Quill & Scroll award Trophy Class from VHSL and the best Newspaper in VA from SIPA. On March 28, the *Valkyrie* received a Silver Crown which ranked it in the top 5% of newspapers in the nation.

Students read the newspaper as each issue came out. "With teenagers being the writers, students can get a more realistic view on life," said senior Brice Owens. It was the support of the entire student body that made the *Valkyrie* newspaper work. Oh, and don't forget about the doughnuts!

by Jodi Malinowski



Roberto Santiago

The Editors



Marcus Gadson
Co-Editor in Chief



Ryan Witherell
Co-Editor in Chief



Jon Sellers
Art Editor



Kara Belcher
Arts & Entertainment
Editor



John Blair
Copy Editor



Adam Soos
Copy Editor



Blair Brown
Circulation Editor



Alex Cogswell
Circulation Editor



Brian Richards
Editorial Editor



Teddra Thomas
Feature Editor



Kara Wesley
Layout Editor



Tim Donnelly
Managing Editor



Jeff Hummel
Managing Editor



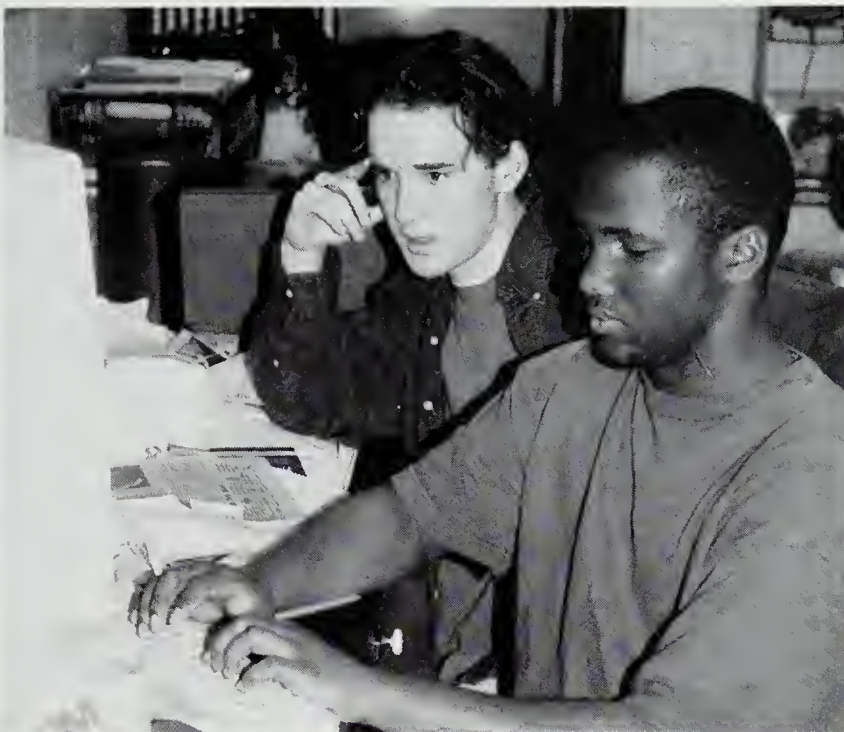
Dan Abe
News Editor

Academics



"HOW DID THIS PICTURE TURN out?" senior Brian Carino asks himself while developing film. Carino was the only photographer on the *Valkyrie* newspaper staff, and was always on the run. Though being a photographer was time consuming, Carino enjoyed going to special events that took place through the year.

HMMMM . . . HOW CAN WE SAY this? Senior Editors-in-Chief work on editing the *Valkyrie* newspaper. Seniors Ryan Witherell and Marcus Gadson were the first editing team in which both editors were males. Editing took a lot of time and dedication, which meant late nights during monthly deadlines.



Bridgit Kelly

ATTENTION! SENIOR JENNIFER Schwarz is painting a poster for the Publication Package which included *Eddas*, *Valhalla*, and the *Valkyrie* for only fifty dollars. Painted posters advertising for the newspaper was one way the *Valkyrie* got students' attention. Once a month, new posters came up and old ones down.



Seth Lowery



Chad Vargo
Paste Up Editor



Brian Carino
Photography Editor



Alison Keehan
Sports Editor



Steve Finney
Sports Editor



Front Row: Meredith Weaver, Kara Wesley, Janel Labus, Michelle Looney, Ashley McKelvy, Lili Castilla, Kara Belcher; **Second Row:** Christian Wilson, Rachel Diaz, Tracey Watson, Dan Abe, Tim Donnelly, Jeffrey Hummel, Nicholas Zizzo; **Third Row:** Chad Vargo, Alex Cogswell, Steve Finney, Ryan Witherell, Kyle McKnight, Brian Carino, Brian Richards, Anne Webster; **Back Row:** Kevin Bull, Blair Brown, Brice Owens, Teddra Thomas, Alison Keehan, Marcus Gadson, John Sellers, Huma Zaidi, John Blair

WITH PEN IN HAND, SENIOR Jennifer Conner responds to a poem. Everyone on the Eddas staff discussed the poems submitted for possible publication in the magazine to decide which ones would be appropriate for the magazine. This was a first step in putting the magazine together.

OOOH, AHHH! THE DECISION of which pieces of artwork were put into the *Eddas* magazine and calendar was one of the entire staff. Senior Rayna Stengel displays Ryan Witherell's "Silence" for the *Eddas* members to look at. The critical selection of artwork made *Eddas* an award-winning literary magazine.



Roberto Santiago

HOT OFF THE PRESS! SENIORS Mark Clifton and Devon Clark sell *Eddas* magazines, calendars and the "Night Jar" (the new zine produced by Eddas). Selling magazines and calendars were essential to raise money for the production of the magazine. Extra profits were put towards putting color in *Eddas*.



Bridgit Kelly



Bridgit Kelly

The Editors



Heather MacDonald
Co-Editor-in-Chief



Brandy Warren
Co-Editor-in-Chief



Kristin Dellermann
Art Editor



Mark Clifton
Computer Layout
Editor



Alex Pare
Music Editor



Livie Barr
Photography Editor



Mickey Fong
Poetry Editor



Alison Melton
Poetry Editor



Rayna Stengel
Poetry Editor



Devon Clark
Prose Editor



Lorianne Dowling
Prose Editor

Academics



MELTING POT

The Diversity of Students Is Exposed

Beautiful artwork, thought-provoking poetry and melodious music filled the pages of the *Eddas* magazine. The magazine and Creative Writing represented students' talent in art and literature.

Eddas displayed the artistic abilities of the student body rather than only the academic abilities. "*Eddas* is supposed to represent the thoughts and feelings of the entire generation of the school. It does not encompass only the ideas of the rich, or only the blacks or whites, or only the brains, but of the whole school," said co-editor, senior Heather MacDonald.

One aspect that was new to *Eddas* was "The Night Jar," a zine that displayed samples of the artwork and literature in the *Eddas* magazine and calendar. "Zines are for basic propaganda, to get people interested in the *Eddas* magazine and calendars. They are supposed to be trendy so that people will want them and we can make a little fast money to put towards producing the magazine and maybe putting some color in it," said senior Kris-

tin Dellermann.

Creative Writing and *Eddas* required open minds and flexibility. "The people on the *Eddas* staff are distinctive. Background doesn't matter, just ideas. We all have our own goals and thoughts, which leads to a more diverse magazine," said senior Rayna Stengel.

The efforts of the staff lead to a trophy class at the Virginia High School League Conference, All-Southern at Southern Interscholastic Press Association, a First Place at American Scholastic Press Association, a silver medal at Merlin's Pen, and an All-American at National Scholastic Press Association.

Eddas was more than just a "collection of Old Norse poems," as defined by Webster's Dictionary; it was a magazine that portrayed the generation of the students. It showed their ideas and emotions through their artwork, literature, and music.

by Summer Stewart



Heather Farley
Prose Editor



Kevin Lichty
Prose Editor



Kim Shires
Prose Editor



Leanna Ferguson
Submissions Editor



Eddas Front Row: Reyna Stengel, Leanna Ferguson, Heather MacDonald, Brandy Warren, Kim Shires, Livie Barr, Heather Farley; **Middle Row:** Kristen Dellermann, Kilea Robinson, Debbie Cloyed, Catherine Deadmon, Mark Clifton, Mike Avenick, Mr. Hailey; **Back Row:** Mickey Fong, Mondul Kal, Alex Perez, Jamie Kutchman, Keith Schillen, Becky Gale, Mrs. Hailey.

IT'S ACADEMIC

With New Teachers, Academics get a Fresh Look

Social Studies

Despite being overcrowded, the Social Studies department never let the excess number of students affect their teaching. Teachers adjusted to the large number of students in their classes by changing their teaching so every student could receive individual help but the class would not suffer.

Social Studies gained two new teachers: Mr. Andrew Stanley and Mr. Mike Yeatts. This was their first year teaching.

"The most interesting thing that has happened this year was in the government classes. They held a mock election during the real elections this year," said Mr. James Bailey. Mr. Bailey was the social studies department head.

Sociology was a popular class among seniors. Sociology provided students the ability to learn about social behavior, organizations, and institutions of people. Social studies offered different classes for different people. The goal was to allow all students to learn about the world.

Brad Leiby

"EXCUSE ME SIR, I HAVE GOT A question." Question in mind and pen in hand senior Tory Farrington raises his hand to ask a question in his American Studies class. Directions for tests weren't always clear so students sometimes had to clarify any questions they had to prevent doing the wrong thing.



Roberto Santiago



“ I enjoy doing the poetry units in English class. I like studying them to find out exactly what they mean. Nicole Faulds, sophomore ”



“ Learning about the history of the world and all the cultures that have been here, is really fascinating to learn about. Andre Williams, senior ”

Academics

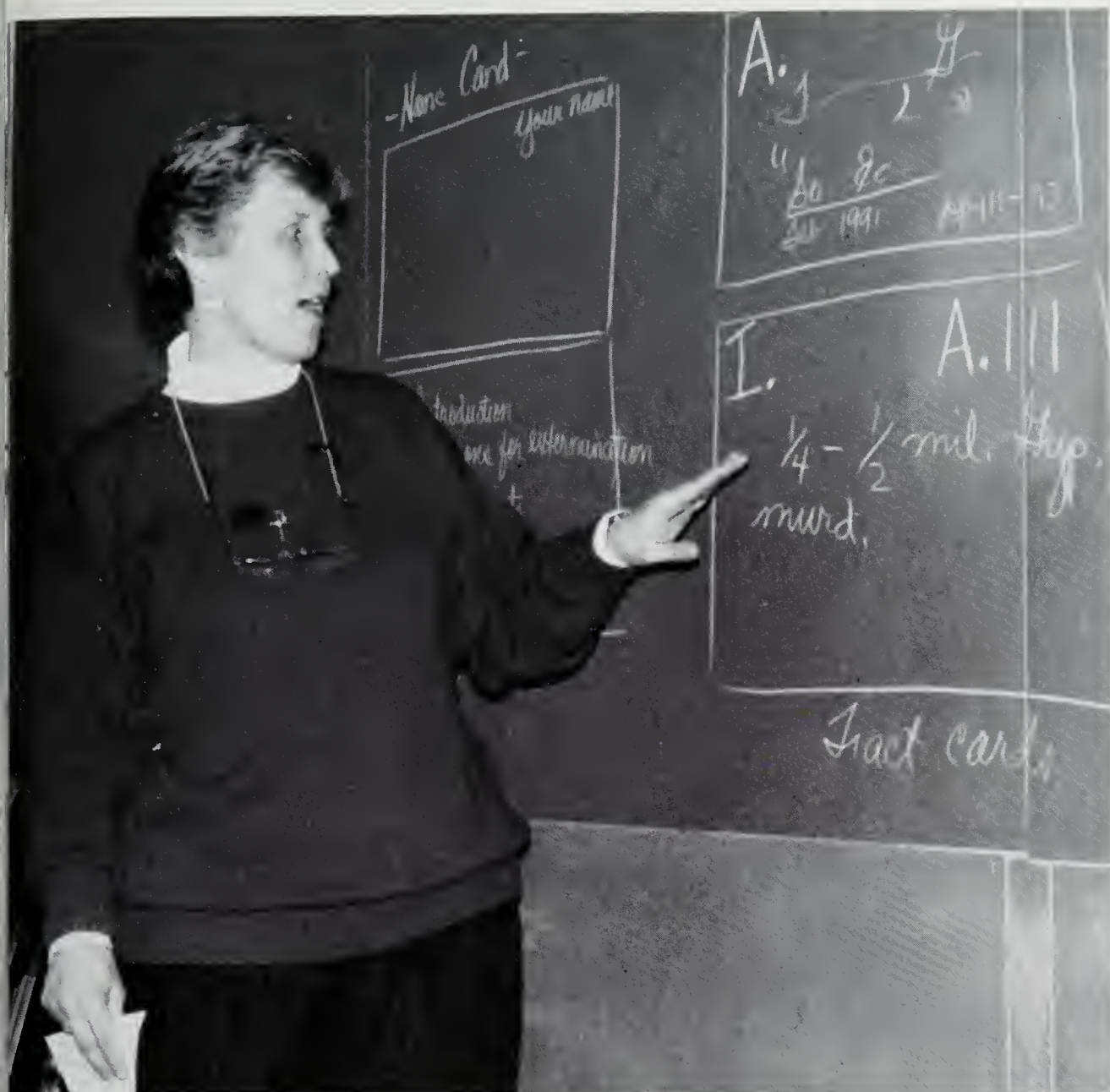
English

The biggest change in the English department was the addition of new textbooks. The department purchased \$70,000 worth of new textbooks for eleventh and twelfth graders. Also, to go along with these new textbooks, they started a new curriculum to prepare students for their S.A.T.'s.

"We are probably the most spread out department. We have classes in the cafeteria, and in the business department. There isn't a pod that doesn't have an English class," said department head Mrs. Cathy Turner. Since students had to take English all four years, finding room to put the students wasn't easy.

The teachers met together every Monday morning. They discussed weekly announcements as well as instructional ideas. These meetings were new this year and helped the teachers focus on helping the students learn better.

GLASSES OFF, ENGLISH teacher Mrs. Jeanne Warner explains to her freshman class about the drawings and writings she wrote on the chalkboard. She told them about using notecards to help them with their story writing. Students used them to help organize their writings in proper order.



Roberto Santiago

Vocational

The vocational department focused on helping the community. "We have a lot of students taking vocational classes and they really like to help out in Woodbridge," said Mr. Howard McAllister.

The vocational department offered many different classes on car repair, electronics, and printing.

WITH SMILES ON THEIR FACES, freshmen Robert Johnson and Ryan Turner wrap up wire after their electronics class in order to stay neat and organized. In electronics, students learned about technology and its applications by solving problems using electronic equipment.



Bridgit Kelly



“ I took electronics because I like to put things together and it is the basis of everything in our society. **”**
Doug Windland, sophomore



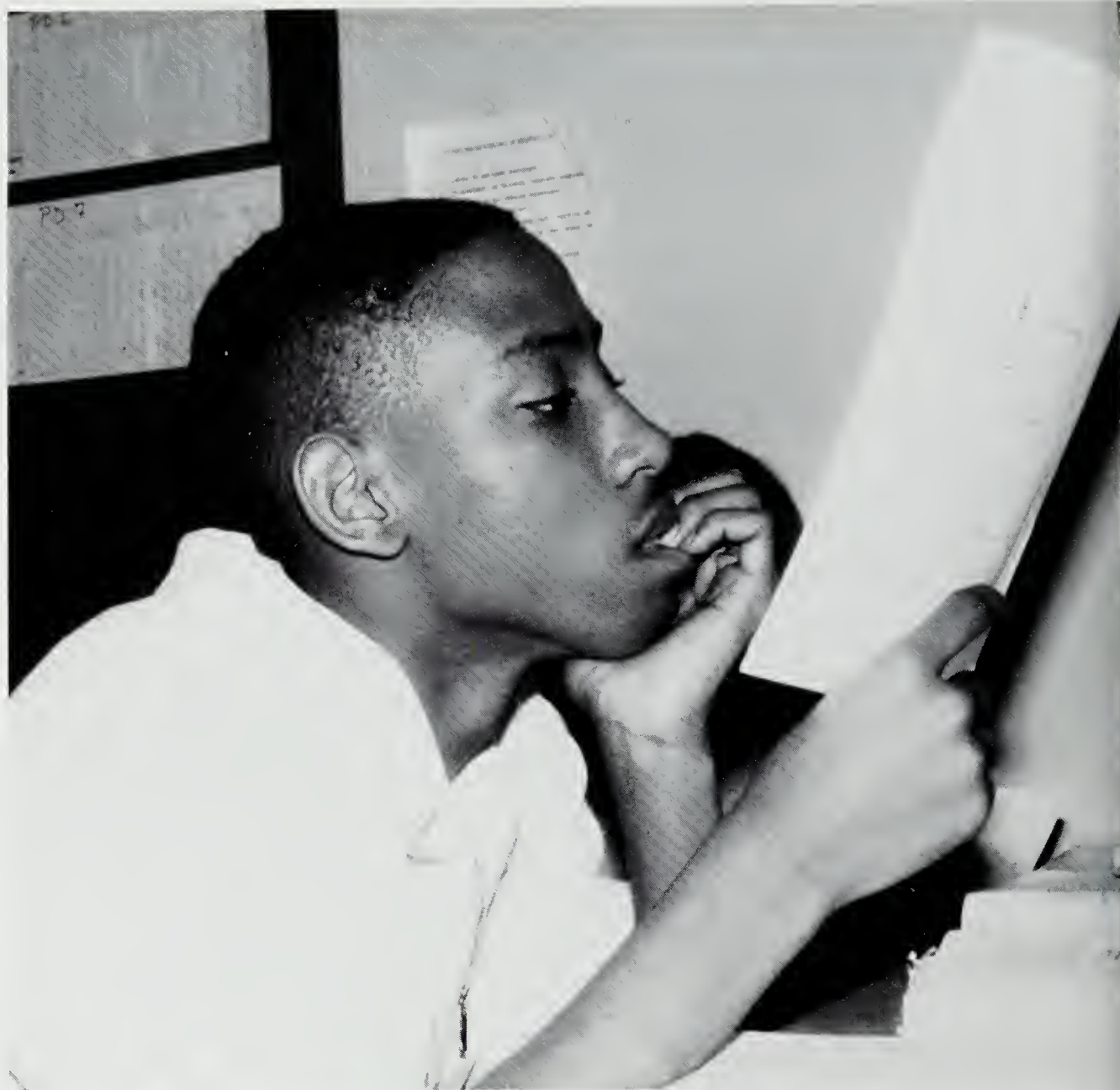
“ My favorite class to teach is Business Computer Concepts because the kids learn a great variety of skills. **”**
Mrs. Linda Krimmer

Foreign Language

The foreign language department prided itself in being able to help students understand the language. "My Spanish teachers have really helped me learn how to speak properly. I enjoy being able to carry a conversation in a different language," said sophomore Rebekah Donahue.

The department offered Spanish, French, German, Latin, and Sign Language for up to five years. This allowed students to almost speak the language perfectly and learn about its culture.

WITH EYES FOCUSED, JUNIOR Ron Grayson studies his Spanish exam, as his class goes over it. His teacher, Mr. Michael Dominguez, made sure that his students understood their mistakes so they wouldn't make them again. The exam consisted of 200 multiple choice questions.



Roberto Santiago

Science

The science department had the largest pod and the greatest number of students so more teachers were needed to fill the classes. Mrs. Andrea Sparks-Brown and Mr. Tom Moulen were added full time.

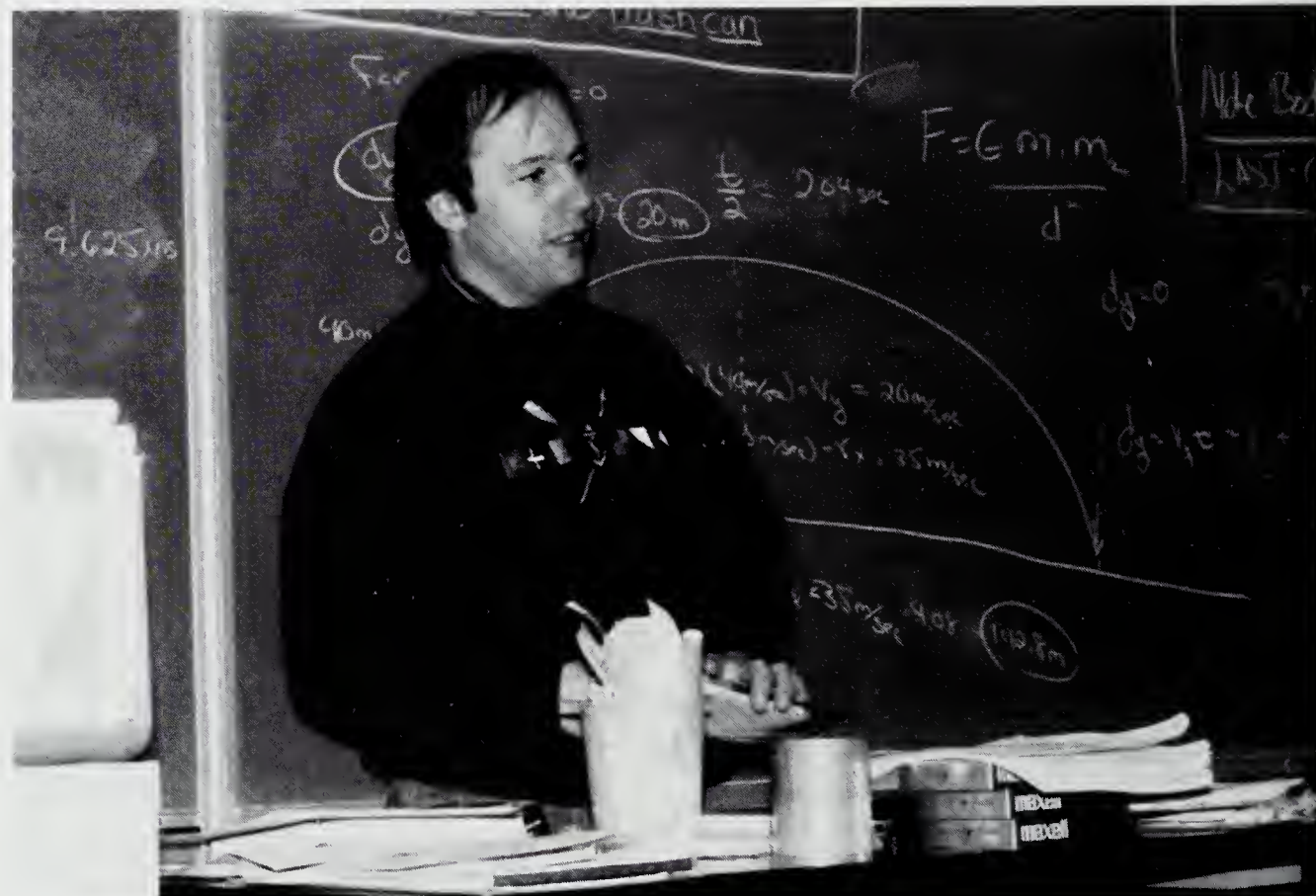
"The science department offers a wide variety of classes, like Biology and Physics. Most classes are a required course but we have a lot of science electives," said Mr. Cecil Jarman, the department head.

"I like my science class because we do a lot of labs and things that let us work with our hands. I learn a lot more and better that way," said sophomore Casey Powell. The science curriculum provided students the ability to do labs and it gave the students a different approach to learning that other classes did not offer.

The science department offered students a chance to learn about the physical world, and how it works. Whether students were dissecting a frog, using the computers, or mixing a dangerous chemical, the science department offered a unique way to understand science.

Brad Leiby

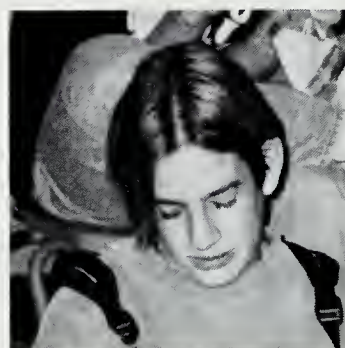
WITH ENERGY, MR. TOM MOUlen lectures his class with the help of his chalkboard. Teachers found it easier and better for the students to write important things down rather than to just say them. This gave students something to visualize.



Roberto Santiago



“ I like doing labs in Science because working with a partner and trying to figure something out is a lot of fun. ”
Paul Bransford, sophomore



“ I hate memorizing things for my Spanish class. It's a lot of hard work and it's very tedious and boring. ”
Cast Caporletti, sophomore

OVERLOAD

More People and More Classes Push Departments to the Limit



Roberto Santiago

Math

With growing attendance, the math department remained the same. "Math really hasn't changed this year compared to the other departments. We have no new classes and the curriculum has no changes," said Mr. Edward McClure.

High level math classes required the use of graphing calculators for doing the work. These calculators were \$100 dollars but they provided students the ability to perform tough and complex problems.

Other kinds of math classes were also popular. Computer math taught students BASIC programming language to help them solve problems. This class helped refine a student's understanding in math.

The highest math offered at Woodbridge was Calculus BC. This advanced placement course prepared students for their Advanced Placement Exam of the College Entrance Board.

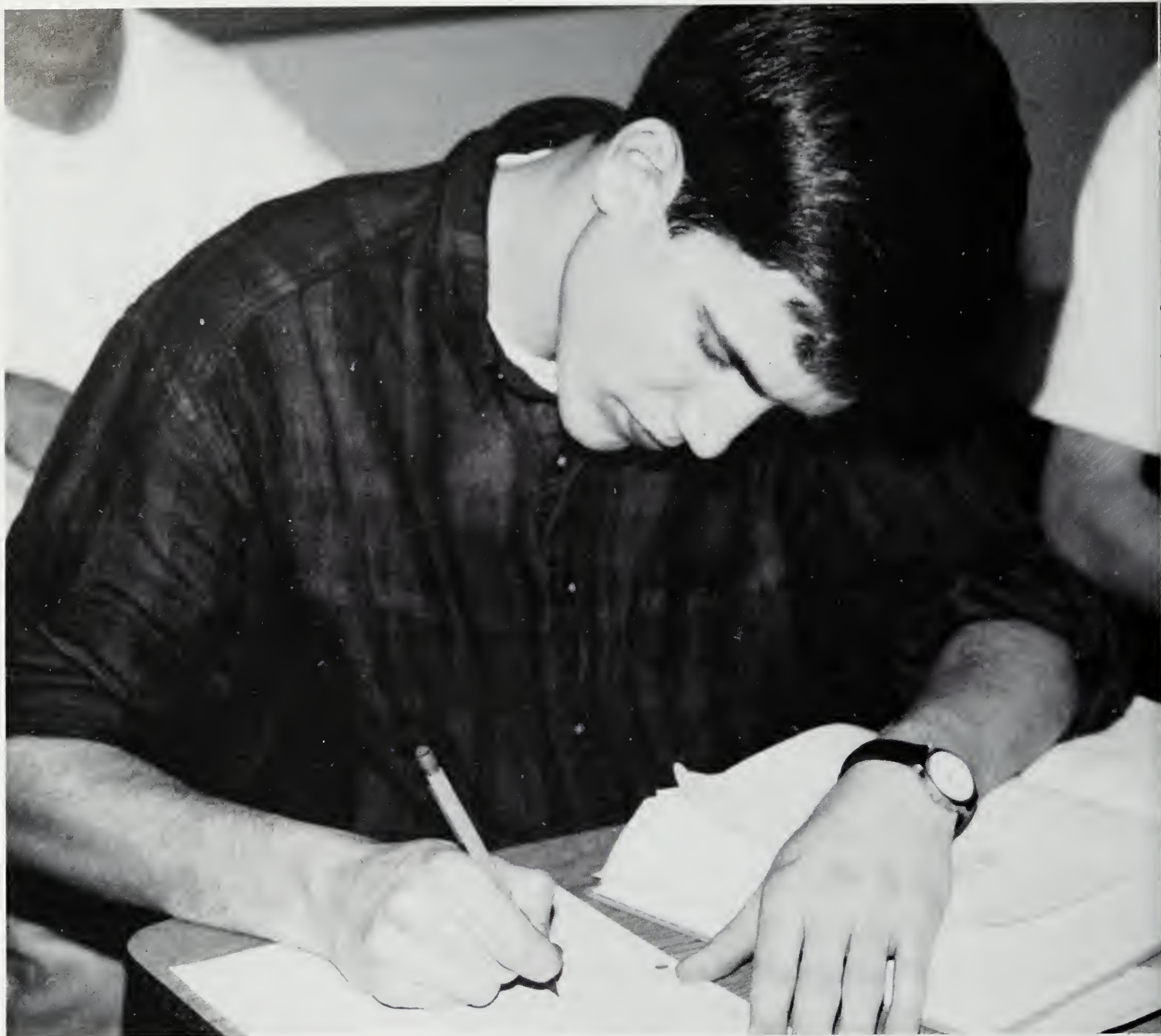
WITH THE UTMOST CONCENTRATION, sophomore Morgan Lynn works on her Algebra II homework with her calculator in Ms. Penelope Brindley's class. Ms. Brindley allowed her students five to ten minutes everyday to work on their homework so she could answer their questions about their previous night's homework.



“ In Spanish class we barely speak any English. It's so hard to understand everything my teacher says.
Mickey Fong, junior ”



“ We are forever using calculators in my math class. Everything we do is based on using a calculator.
Leslie Lenyi, junior ”



Bridgit Kelly

HUNCHED OVER HIS CALCULUS homework, senior Jim Carney hums a tune to himself. Humming and tapping his fingers helped Carney concentrate, but annoyed the students that sat by him.

ALTHOUGH HE USUALLY watches television while working on his homework, senior Sean Lynn found that he could work without this aid when he had assignments in school.



Josh Mayne

Academics

WHISTLE WHILE YOU WORK

Students Try Interesting Methods When it Comes to Studying

Soft music filled the room and only the occasional turn of a page interrupted the peaceful sounds. Students found that complete silence was more of a distraction than noise when it came time to study. "The only way I can get any homework or studying done is when I am alone in my room. I settle into my big bean-bag chair and play Enya in the background to give me inspiration," said senior Shannon Clouden.

Students devised new ways to study to break the monotony, but at the same time made sure the work got done. The more conventional means of studying were pushed aside to reveal new tricks. "I am not a visual learner, so I have to hear things over and over again to remember facts. One way I do this is to make a recording on a tape and replay it when I go to bed at night and when I am getting ready for school

the next morning," said freshman Jessica Jackson.

Even though parents did not always approve, TV became a way for students to keep on going when assignments were long or did not require much attention. "I have a short attention span and homework bores me quickly. Most of the time I listen to the radio or watch TV. I am entertained and am less likely to put away my homework before it is done," said sophomore Stephen Brown.

Students realized that studying and homework was a way of life and had to learn to accept it. But students came up with their own weird study quirks to help them get through the long vocabulary lists and math problems.

by Leslieanne Swanson



“When I study, I have to sit on my bed. I place a pillow on my lap for support of my books. Also I must have absolute and complete silence.

Sophomore
Angie Gres ”



“I don't study as much as I used to. But when I need to look things over before a test, I study in the car on the way to school. That way it is still fresh.

Senior
Sheraz Choudry ”



“I like to turn on all the lights, TV, and radios in the house when I study. My mind tends to wander too much without all the noise.

Freshman
Shannon Baily ”



“I got to use a note card for my chemistry exam. I copied notes for 12 essays and drew diagrams on a 4X6 card. I had to write so small I could barely read it.

Sophomore
Amelia Vernon ”



“When I study, I make sure my door is shut and locked. Then I turn up the radio full blast. If I don't, I will fall asleep doing my homework.

Sophomore
Andrew Shaw ”

WHAT'S HAPPENING

From the 104th Congress to Woodstock, Students Are There

Current events were twelve pages long and covered over a month's worth of news. The logs were more than the average homework assignment. They involved reading an article, writing a summary on it, and then giving a personal opinion about the topic.

"My teacher said current events would help me on my essays and she was right. They enabled me to bring in a lot of outside information to the class," said senior Andrew Harned.

However, there were some drawbacks to the assignments. "The one thing you cannot do is fall behind on the current events logs, otherwise it is almost impossible to finish all twelve of them," said senior Jeff Bass.

Other students found the degree of difficulty to be outweighed by what they had learned. "The current events allow you to express your own personal thoughts on the issues that the world faces," said senior Rex Archer.

Unlike most homework, current events made students aware of current topics. "I never realized how much stuff actually takes place in the world before I did current events," said senior Stephanie Glad.

In the end current events turned out to be a real learning experience for students instead of just another homework assignment.

by Josh Mayne



Roberto Santiago

CURRENT EVENTS ARE OFTEN enjoyable for some students including junior Sam Gammon. He not only gets his current events logs done but writes about topics he likes.

IT'S HARD TO FIND THE RIGHT article for the current events logs as senior Alex Zharinov knows. As he looks through the library's resources trying to find an article.



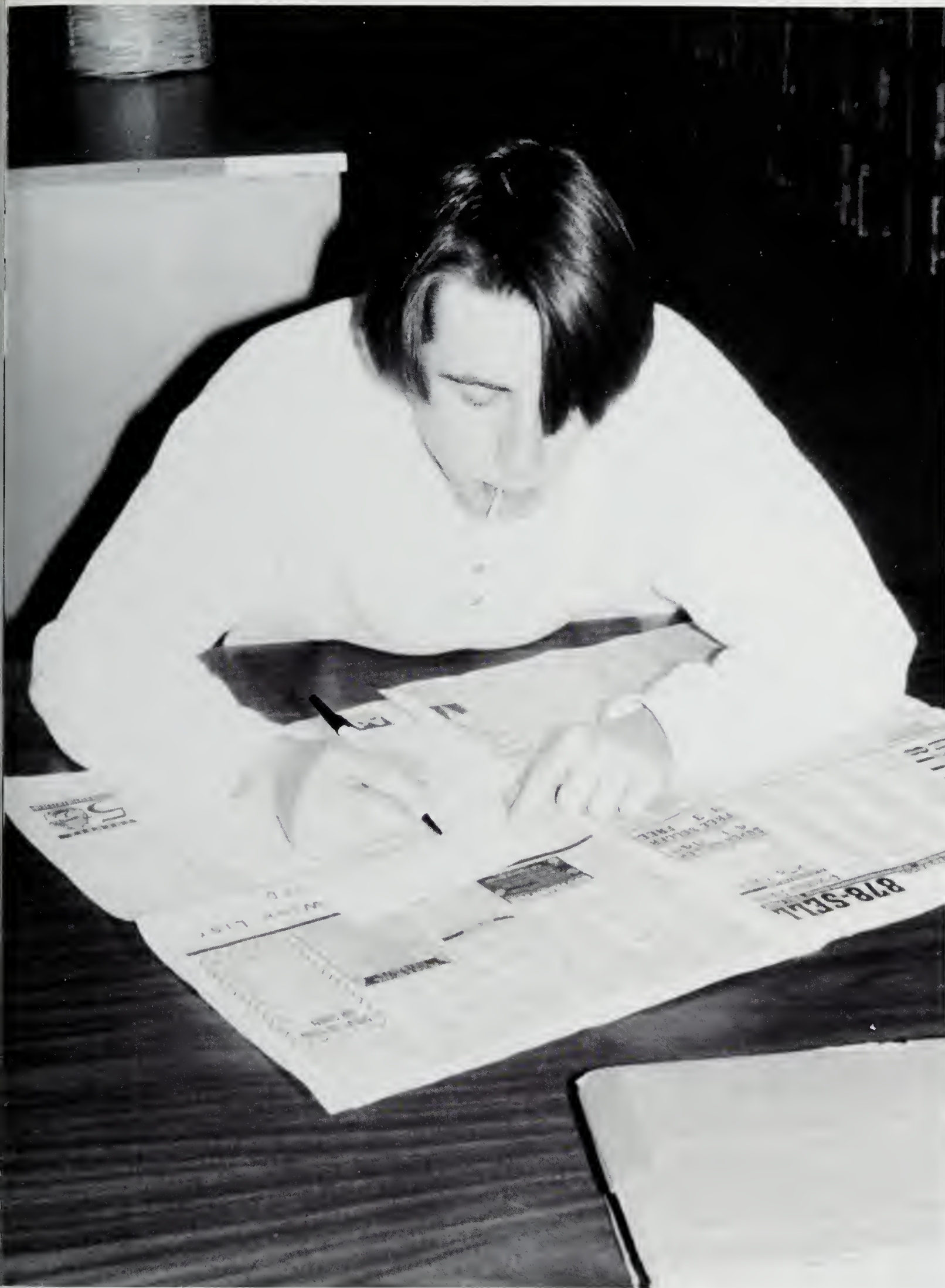
Roberto Santiago

“Current events were tough to get done especially in the amount of time that is given to finish them. Senior Kris Apo”

“Current events really make you take time to read the news that is going on in the world or else you won't get a good grade. Senior Brent Maloney”

“Current events are okay but they are a lot of work to learn about something that I already know about. Senior Mary Lowney”

Academics



Roberto Santiago

STAYING AT THE LIBRARY FOR long hours is no surprise for senior Brian Cunningham. He finds himself spending more time than he would like on current events

“ The current events give me a lot of information I would not normally know. I think they help students learn a lot. ”
Senior Mark Volzer

“ Most of the time I am able to bring the facts I learned reading the current events into our class discussion no matter what it is. ”
Senior Tanya Warren

“ The assignments on current events have taught me many things about how the world around us really works. ”
Sophomore David Stewart

Current Events

AFTER ENTERING A GEOMETRY equation into her TI-82 graphing calculator, sophomore Carolyn Stegor uses the answer to complete her class work. Graphing calculators helped students visualize equations and see the answers. Seeing it on the calculator helped students check their answers.

IN AN ATTEMPT TO FINISH HIS homework in class, sophomore Jon Salisbury is aided by his graphing calculator. Calculators helped speed things up by reducing the amount of steps that had to be written out on paper. The only bad side to this was that if the answer was wrong it was hard to figure out why.



Summer Stewart



Summer Stewart



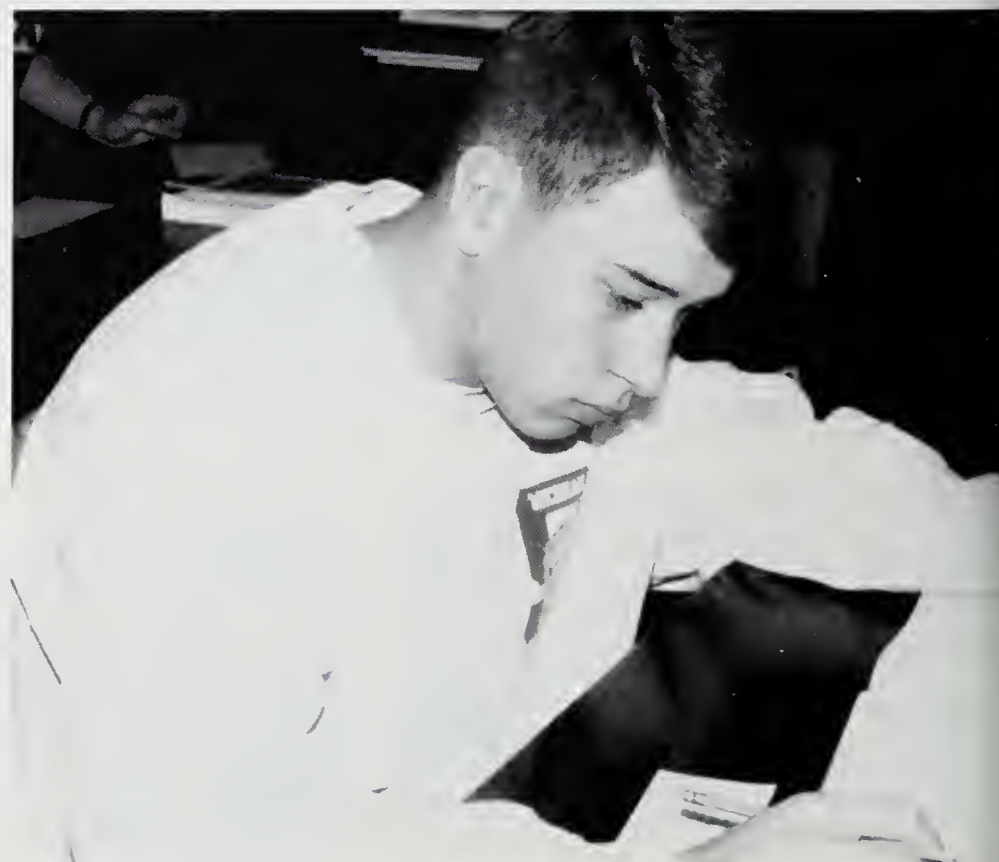
“What’s great about math is that it is something that can benefit someone their whole life.”

John Husar senior



“Math is interesting to me because it’s a challenge. It’s something that doesn’t come easy.”

Adil Khan senior



Roberto Santiago

Organizations



EASY AS PI

Students Have A Knack for Numbers

Calculus, Physics, Computer Science, Probability and Statistics, and of course graphing calculators. All of these things relate to math. Students that excelled or had a fondness for them were referred to as math brains. These students enjoyed math class and learning math. "Math has always been fun for me. I think it's because I'm a left-brained person. I like to know that there will be a correct answer and that if I do it right, it will be the same as everyone else," said senior Jonathan Luedke.

Students who planned a career in math took more than basic math classes. "I'm going to be an engineer, so the more math I take the better prepared I will be for college. Math is very logical and exact. No opinions are involved. That's why I like it," said senior Tony Medaglia.

Younger students still had reasons for taking math classes, even if they had not thought about how it would benefit them in the future. "I guess I take higher math because I have finished lower math. I will most likely

be taking college math courses my senior year. My mom's a math teacher and I guess that probably explains my ability," said sophomore Matt Hicks.

Along with advanced math courses comes advanced calculators. Graphing calculators were common, and in some classes, required. Graphing calculators provided a way to help visualize complicated concepts. They also performed tasks that would take too much time to write on paper. "I like to use my graphing calculator as much as everyone else because it simplifies some of the math work. However, I do believe you should still know how to do things on your own so that you understand what's going on. If you can comprehend what the math is doing it is a lot easier," said senior Mike Jones.

Specific, right or wrong answers are what made math classes enjoyable for math brains.

By Mads Hansen



WHILE CALCULATING PHYSICS equations for Mr. Moulen's first period physics class, junior Adam Reinhart uses the book. By referencing old problems students were able to figure out how to solve new physics equations. Note cards were also useful reference tools. Physics required the use of many different equations.



WITH DEEP CONCENTRATION on the task at hand, junior Steve Gress assembles a device that will test the principle of momentum and the effects of friction. The Physics experiment took large amounts of time and space. In order to conduct these lengthy experiments, it became necessary to take the labs outside.

Bridgit Kelly

“ I love going outside for labs. It’s just like a mini field trip. I dropped eggs from the bus tunnel in my physics class. Meredith Weaver, 11 ”

“ We dropped all sorts of objects from the bus tunnel to measure gravity and see how much they are affected by wind resistance. Monique Quarles, 11 ”

“ I shot bottle rockets in the air for Physics. We put water in a bottle and then attached an electric tire pump. It shot almost above the building. Aaron Slusser, 12 ”

Academics

TAKE IT OUTSIDE

Students Move Into the Hallways and Outdoors to Have Labs



Bridgit Kelly

It's a bird! It's a plane! No, it's an egg carefully embedded in cotton dropped from the bus tunnel. "We had to make sure our eggs didn't break or we would fail. I filled a shoe box with cotton balls, wrapped the egg in tissues and then put it in the box. It didn't break," said senior Mark Vangorder.

Physics classes took work outside. "In all of Mr. Cindric's classes, we had a contest to see who could generate the most power. Volunteers weighed themselves and ran up the stairs," said junior Fatima Aniteye.

Physics was not the only class to test scientific concepts by taking

them outdoors. "In Oceanography, my class went outside to find our position on Earth by using the sun," said senior Adrian Donovan. Earth Science classes followed suit and went outside the classroom. "In my class, we burned paper with a magnifying glass to see how strong the rays of the sun were or something," said senior Eric Weatherholtz.

Whether students dropped things, ran up stairs, or watched the sun, labs conducted outside allowed students to get away from the normal school day.

Rebecca Woodcock



Roberto Santiago

CAREFULLY CHECKING THE sun through the Sextant, senior Mike Small finds the angle of the sun. He used this information to determine the latitude of his position. In Oceanography class, Small learned that captains of ancient vessels used the Sextant to navigate.

"THINK FAST!" JUNIORS CARYN Stroup and Nichole Summer test their response time in physics class. A visual aid helped students understand the difficult problems involved in the laws of physics. However, due to inclement weather, labs originally scheduled for outside were held indoors.

“One of the very first things we did in my physics class was to go outside and throw balls around. We had a lot of fun even if we had to learn later on.”
Kristin Zerkow, 12

“We had a contest between other Physics classes. We could fold a paper anyway without adding or subtracting anything. The one that stayed in the air longest won.”
Mark Vangorder, 12

“In my Oceanography class, we went outside to measure our position in relation to the sun. It was fun to go outside after being stuck indoors all day.”
John Lohr, 12

Outside Labs

ART ATTACK

A.P. Art Students Get Ahead on Life

According to Webster's New World Dictionary, art is "the making of things that have form or beauty." This was exactly what the twenty students of Mr. Kenneth Hailey's fifth period Advanced Placement Art class did. The artwork that the students worked on went into their art portfolios. The art portfolios took dedication, skill, and patience. With only one advanced art class, students found the class challenging. Only students that were serious and willing to spend extra time were able to take the class. "Preparing a portfolio for A.P. Art is hard work. Aside from the actual artwork, you also have to spend time after school. But the possibility of getting college credit is worth all the work," said senior Jared Stroup.

Not only did art portfolios make up the students grade, they also helped students who wanted to pursue a career in art, get into college. "The art portfolio takes time. But since I'm considering a major in graphic arts, the score I get on it might help me

get into Virginia Commonwealth University," said senior Ken Huling.

The art portfolios consisted of three main focuses: concentration, breadth, and quality. Students had to include all three to be accepted. One problem for students was finding their main focus. Magazines, paintings, and old photographs helped the students find focuses.

The art portfolios benefited serious art students. They kept students on their feet, and taught them responsibility by making deadlines and keeping their imaginations running. Yet sometimes the students felt overwhelmed. "Art portfolios can be a pain sometimes. It takes so much time and work, that if you don't keep working you'll never get it done," said junior Lucius Kahng.

Putting ideas onto paper was harder than it looked for the art students. The finishing pieces were of high quality, and made the students' art portfolios truly a piece of art.

by Jodi Malinowski



Summer Stewart



Tom Huisking

"WHAT DO YOU THINK OF this?" senior Summer Stewart asks senior Mike Small his opinion on her artwork. Working together and asking each other's opinion helped make their artwork what it was. Sitting together made A.P. Art enjoyable and demanding for Stewart and Small.

FIRE! HAVING AN INTEREST in art since he was young, senior Ken Huling works on an art project assigned "Play-on-Words." Huling would work on his assignments continuously until he was happy with it. Ken Huling's goal was to major in art and to pursue a career in art.



Roberto Santiago

AUGHHH! JUNIOR PETER Graham's artwork screams out to him. Graham made sure that his art was full of emotions and feelings. Though completing an art project took time, it was the finished product that mattered. Graham's art portfolio was full of his best works, from the beginning to the end of the year.

"WHAT SHOULD I DRAW?" senior Kristin Dellermann asks herself. Finding an idea was the hardest part in beginning an art project. Dellermann made sure that her art portfolio only consisted of her own ideas and talents. A.P. Art gave her a chance to be creative and to put her ideas on to paper.



Summer Stewart

“ Working on an art portfolio provides the skill in displaying your artwork to the real world. ”



Colleen Young Junior

“ Art portfolios give me a chance to turn an idea or mental picture into something abstract. ”



Tom Huisking Junior

ON A HIGH NOTE

Music Classes Give Opportunity to Make Friends, Start Futures

Accidentals, chords and minor scales. What do these words have in common? They are all basic terms used in music classes such as Music Theory, Guitar and Piano.

"A lot of kids don't even know that Music Theory is a class here, or else they think it is an easy 'A.' It's not easy, but I've become a better violinist because of it," said junior Danielle Detwiler. Music classes offered students the chance to improve upon not only their understanding of music, but also their playing ability on instruments outside of the class.

Small class sizes allowed for kids to form close friendships. "I took Music Theory because I'm in orchestra and I thought it might help me, but

it's become much more. We are like a family. We always help each other out," said Junior Michelle Killick.

Besides Music Theory class, music appreciation was a class offered. "I want to major in music in college and I thought music appreciation sounded interesting," said senior Chrissy Brehm.

Music classes gave students a break from regular curriculum classes. Students valued the importance of music classes. "By taking guitar class, kids can find their hidden talents. I know I want to continue playing guitar as a hobby," said sophomore Josh Warren.

by Kendalynn Newsham



Kendalynn Newsham

WHO SAYS THIS STUFF IS EASY? Sophomore Bobby DeMott concentrates intently on playing the correct notes on his guitar in third period guitar class. Students found it difficult to pay attention to and understand their music while trying to place their fingers in the correct positions on the neck of the guitar.

QUIET EVERYONE; MUSICAL genius at work! Senior Sayeda Kaisken places her fingers gently on the keys of the electronic keyboard in third period piano class. Electronic keyboards were an economical and easy way for students to learn piano basics without the problems of space regular pianos would cause.



Roberto Santiago

“ I am one of three Music Theory II students. We have class with Theory I students, but we do more advanced things like write our own music. ” Amy Saunders, senior

“ We started out learning about basic chord progression and moved on to more difficult things. I'm in choir and Theory has helped me greatly. ” John Dooley, junior

Academics

“ Since I plan to major in music education in college, Music Theory is important. The subject is not very difficult and it helps to know music. ” Beth Clifton, senior.



Roberto Santiago

KEEP IT SLOW AND SIMPLE! Mr. Jim Hines, piano and band teacher offers tips on how junior Harry Kerns can improve his piano playing ability. Small class sizes allowed for students and teachers to interact and develop a repore. Students learned to read treble cleff music and basic finger positions.

“ I’ve learned about key signatures and cadences. It is easy to learn in Theory Class because it’s a relaxed atmosphere and we learn while we have fun. ”
Eric Fay, sophomore

“ Music classes, like guitar, add to the curriculum at school. Instead of normal band or orchestra, students can get a new perspective. ”
Dan Lowe, sophomore

“ It’s a relaxed environment with no pressures. sometimes we get off the subject and get a little crazy so overall it’s a calm class. ”
Tom Panepinto, junior

Music Classes

TO BE DIFFERENT FROM HER classmates, junior Natalie Myers chose to be a god instead of a civilian for her Latin costume. Students that took Latin had to make a costume of their choice and present it to the class as preparation for the fashion show in March.

DRESSED AS A ROMAN CENTURION, junior Eddie Alexander explains his costume to his class. It took three weeks of effort to be accurate as possible for his presentation. Alexander's time was well spent when he won first place in his Latin class's costume competition.



Stephanie Hockman



Stephanie Hockman



“ I made Rum cake for the French party and it was a disaster. It tasted fine, but it was crumbly. ”

Missy Baker Junior



“ In Spanish, we had a Christmas party and everyone brought in either Spanish or junk food. ”

Casey Powell Sophomore



Mrs. Kate Dail



FOREIGN AFFAIR

Students Enjoy Foreign Holidays

With graham crackers, gummi bears, cherry licorice, M&M's, and peppermint patties scattered about, sophomore Heather Roy iced a graham cracker to create walls for her gingerbread house. The German classes made this dessert as part of their Christmas celebration.

"Making the gingerbread houses was really messy, but I had fun anyway because we talked and there was food to eat while we made the gingerbread houses," said Roy.

Foreign Language celebrations provided students with the opportunity to taste foods they had never tasted before.

"Making foods for class and eating the foods others brought in for class gave me an understanding of how food is prepared in the Spanish countries. I got to try food that was different from what I'm used to, like this salsa I tried was really spicy," said freshman Barbara Gryder.

To celebrate the Epiphany, a major French holiday, French classes celebrated the Feast of the Three Kings by having a cake. A surprise candy baked into the cake and the

person who gets the piece with the candy was made the King of the class.

"The King had to wear a crown for the class period and makes a toast, and whatever the King does, the class has to do it also. Like if the King stands up, the class has to stand up also," said junior Claudia Vargas.

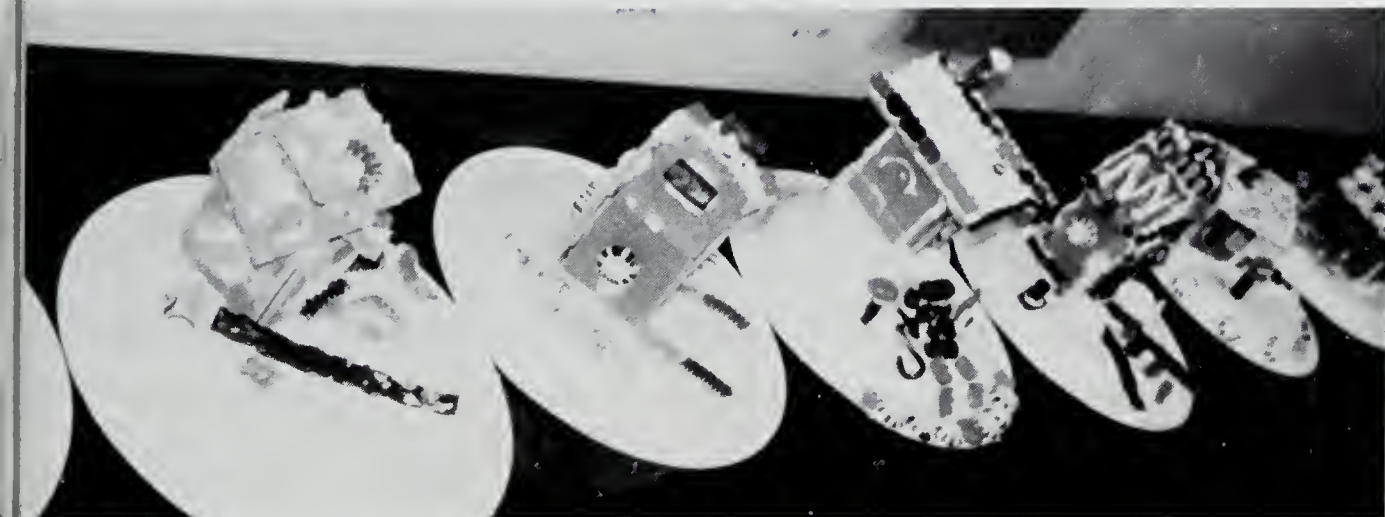
The Latin classes had a Roman feast in March. Everyone sat in the style how the ancient Romans sat, and feasted on Roman foods.

Mrs. Kate Dail's ESOL classes did not celebrate a foreign country, instead they celebrated their own countries. The students brought in a dish that was special to their country and presented it to their classmates.

"I felt proud to share my dish to my class of what I eat in my own country, and to talk about it to my class," said junior Jocelyn Quitoriano.

Cultural celebrations provided students with a different twist from the academic rigors of the typical school day.

by Diana Wilson



Mr. Jon Rose

LOST IN THOUGHT, FRESHMAN Hector Tinajero samples a variety of foods, like the chicken mole on his plate, at the ESOL Christmas party held in Mr. Herb Levin's classroom. Tinajero brought enchiladas, a popular food in his native country of Mexico, for the party.

TO SHOW OFF THEIR CREATIVE talents, junior Chris Harris and sophomore Steve Dockery displayed their gingerbread houses along with the classes' gingerbread houses. The classes voted on the best gingerbread house. Students took home their creations either to be thrown away or to be devoured by their families.

Foreign Language Celebrations

WITH HIS HAND TOUCHING HIS foot, senior Rodney Wilson attempts to stretch out his calf muscle. Stretches taught in Advanced PE could be used to warm-up before practices and games, not just before PE. Students took what they learned in class and used it outside of Advanced PE.



Bridgit Kelly

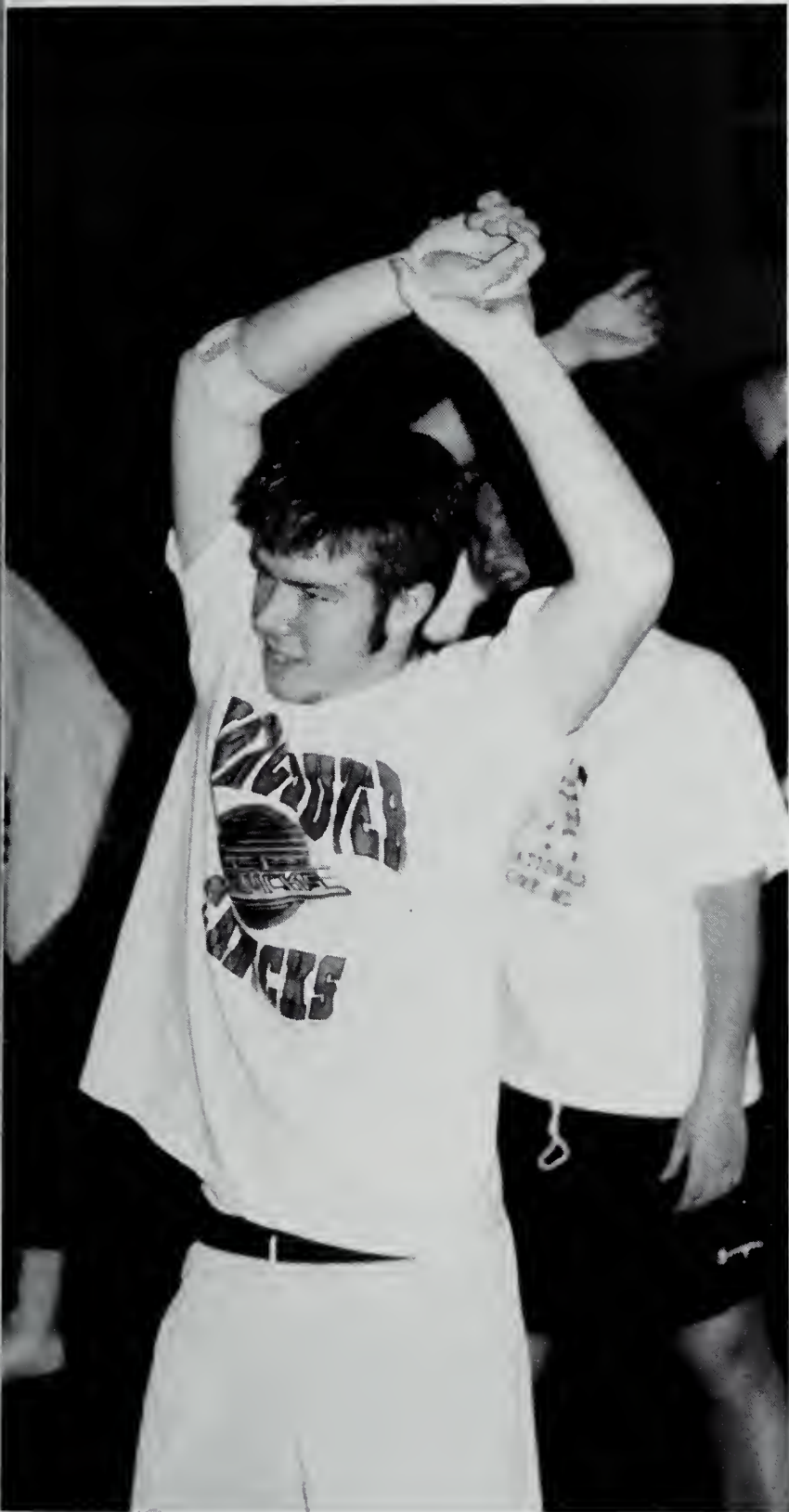
“ I like playing football because I get to learn a new sport. Since we learn the positions and plays in PE, I know what they’re talking about on t.v.
Freshman Jenn Dunn ”

“ Athletic Injury is a good class to take because you not only learn how to fix injuries, you also learn how to prevent them.
Senior Bharati Uppin ”
Academics

“ I like the freedom we have in PE while playing basketball. We can shoot baskets, have a game of HORSE, or we can divide into teams.
Sophomore Matt Lehr ”

CLIMATE A BREAK

Athletic Training and PE Classes Relieve Strains of the Day



Bridgit Kelly

As she wrapped a thin strip of beige spongy material around her classmate's wrist, senior Heather McDonnell thought, "Control the Pre-Wrap." Students took Athletic Injury and Advanced PE to take a break from their usual classes. Athletic Injury, consisting of four days of class and one day of PE, allowed students to learn how to diagnose and prevent athletic injuries. "At a volleyball tournament I had to wrap a few wrists and fingers. I use what I've learned in class to help myself and others," said senior Kristin Zerchow.

Discussions in Athletic Injury, led by athletic trainer Miss Debbie Harrelson, ranged from the different colors of a bruise to how steroids affect

the body. "We've learned a lot about the bones and taping, but we've also learned many things valuable to the athlete. Now I know how to warm-up in order for my body to be at the right temperature for the start of a game," said junior Michelle Matthews.

If students wanted more dress out days, they took Advanced PE. "We play some weird sports like crab soccer and scooter soccer. The variation of different sports keeps the class from becoming boring," said senior Jodee Reish.

Whether taping a finger, or rolling around on scooters, students learned by participating in class.

by Kelley Curtin



Roberto Santiago

STRETCH IT OUT! JUNIOR ERIC Kennedy raises his arm over his head. Advanced PE students did stretches, such as head rolls and leg lunges, which helped to prevent any injuries that could occur during class. Students needed to stretch before lifting weights or playing games.

AS MISS HARRELSON EXAMINES sophomore Chris Lee, senior Chris Remer looks on. Students who took Athletic Injury completed twenty hours of observation. By attending practices and games, students were able to see the specific injuries which pertained to the different sports.

“Advanced PE lets me forget about my other classes for 40 minutes. I can get exercise as well as take a break from a tough schedule.”

Junior Susan Lutes

“I like the discussions on how the body reacts to certain programs as well as learning about different bones, such as the phalanges, your fingers.”

Senior Rob Baker

“I enjoy Athletic Injury class because it involves the fields I’m interested in. I would like to have a career in fire-fighting and EMS.”

Senior Rick Moore

Athletic Injury/PE

CONCENTRATION IS WHAT senior Jamie Castle is doing while typing a paper for Mrs. Natale. Castle made sure she was typing a paper without any mistakes so she would not have to retype it. She had to retype less papers each day because she types every day from fourth period until 4 p.m.

WITH A SMILE ON HER FACE, junior Megan White can't wait to see how much she will get from her pay check. Part time jobs provided students with spending money which some used to buy gas, food, clothes, and car insurance. No matter what the need was, the money was spent before the next pay check.



Roberto Santiago



Terri Greer



“ I work in a court building. I like it because I get to pick my hours as long as I have 20 hours a week. ”

Molly Cundy Senior



“ I'm not working right now but I'm looking for a job in an office just to keep me busy. ”

Emily Reid Senior



Terri Greer



HEAD START

Students get Real World Experience

The bell rang as Pat ran out of the door to make it to work on time. Students left after fourth period to go to work. Having all the needed credits or just earning extra money prepared them for the future.

Students got jobs in Prince William county schools doing different jobs for the administrators. "I work for an elementary school; answering phones, filing papers, typing, and doing odd jobs in the office. From fifth period to the end of the school day I type and file papers, then from three to four o'clock I answer phone calls that are made to the school," said senior Brandy Baldwin. Working for the administration provided students with knowledge of how schools run.

Students even went to work without getting paid. "I work at a construction site building a house. I don't get paid for what I do, but I get three credits because I get out of three classes. I leave after fourth period and I return at 1:30. I like it because it gets me ready for the future

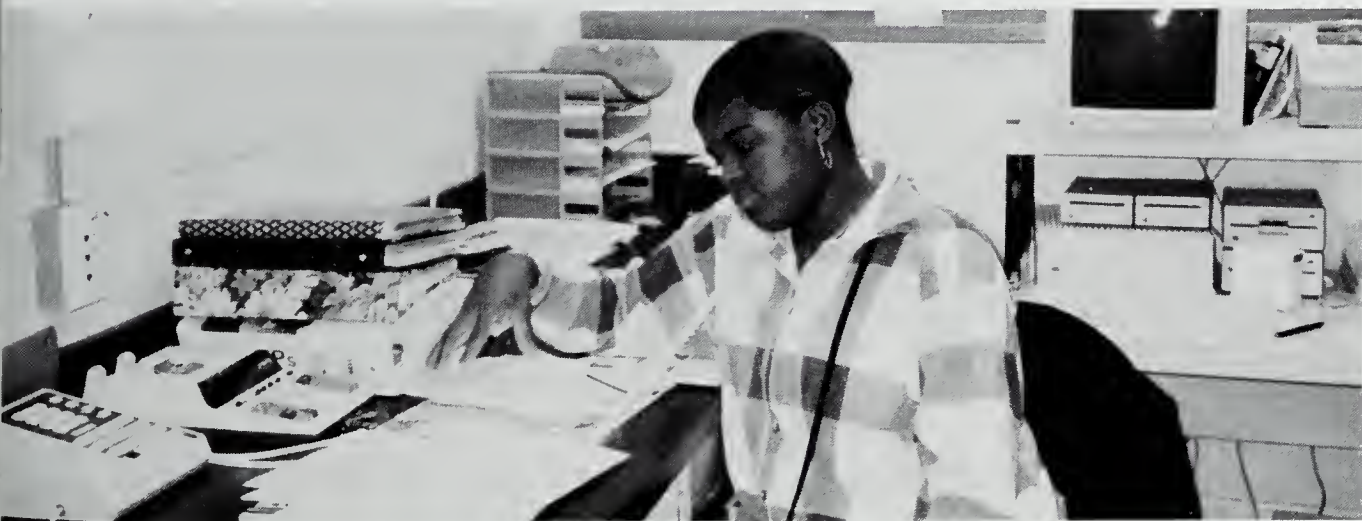
and also puts me one step ahead of everyone else," said sophomore Edward Cornwell. Students didn't mind the extra hard work as long as it puts them ahead in the future.

Earning a little spending cash is always a plus on the students list. Hard hours of work never hurt when it came to money. "I don't mind working extra hours as long as I get some money so I don't have to keep asking for it," said junior Ross Anderson.

Students who had enough credits to graduate found co-op courses a useful way to spend their time. "I took the co-op course because I had enough credits and I didn't want to take easy classes. This is better than taking classes you don't need," said senior Jamie Richardson.

Even though students worked the extra two or so hours a day, they always had money to spend. There were days that they didn't have to go or they had to go in late so it helped out when it came down to homework.

by Terri Greer



Terri Greer

WHILE LISTENING TO THE phone ring, senior Chris Keefe chews on his pen to lessen the tension. Keefe gets frustrated by the busy signal which means they can not get through to their customer's when they had to. Keefe could not wait until the ten rings were up or the customer answered the phone.

"HELLO HOW ARE YOU THIS evening," junior Yanina Berry says to a customer. Telemarketers used the phone as a way to contact potential customers and to make sales. Berry left school after fourth period to go to work and she spent her hours phoning her customers. She left work at 4 p.m.

Co-op/OER

COMPUTER BYTES

Computer Classes Offer the Chance to Learn What it Takes

The reflections of the student's faces on the blue computer screens shown brightly as they worked on their assignments for Data Processing.

"I went into Data Processing because I wanted to know how to use a computer well before I got out of high school," said senior Alex Chemerys.

Students learned how to repair in Engineering classes a variety of computer problems ranging from hardware problems to software problems. They used diagnostic tests to find the malfunctions. Students in Electronics I got the chance to create their own AM radio, and they learned how

to repair small appliances. Electronics courses gave students a variety of choices in that field.

"Some students thought that business classes were the easy classes and I could slack off in them but that isn't the case, they take a lot of know how and understanding to be successful," said sophomore Loni Fong.

Computers provide a helpful link to the corporate world. Getting an education in the use of computers could provide a good foundation for future employment.

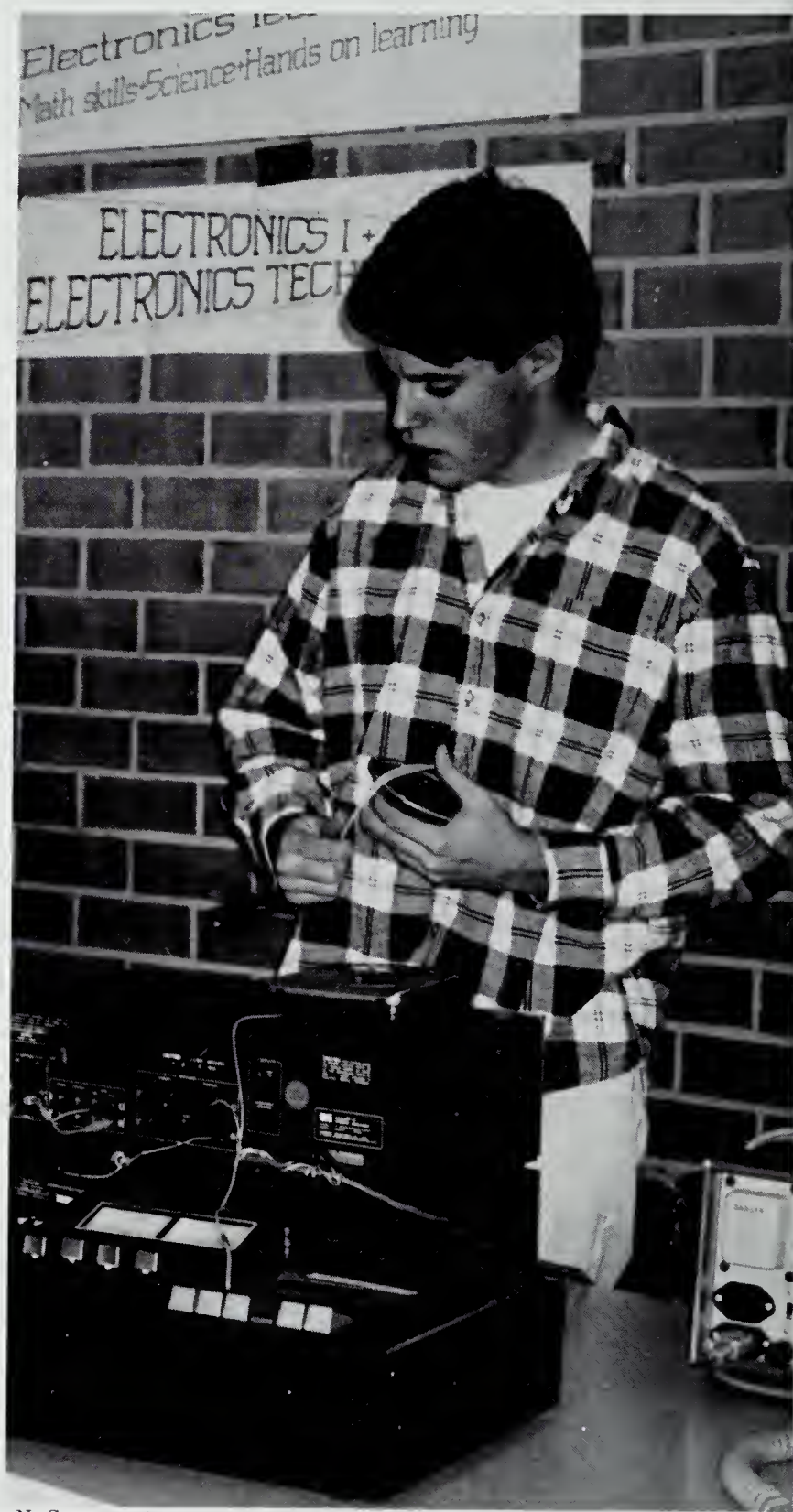
by Chris Meadows



Michele Bidelsbach

"HOW DO I DO THIS PROBLEM" senior Ahmad Dorsett and junior Lewis Ortiz work on a project they had for Data Processing. Data Processing dealt with the inner workings of a computer, such as the hardware of it. Word processing was a necessary skill to have in order to be successful in that class.

"WHAT A MESS THIS" SENIOR Brian MacDonald cleans up after showing students about the classes of Electronics One and Electronics Two. Vocational classes showed off their equipment to try to lure students in to the enjoyment of the respective classes.



No Souvanaratana

“ The keyboarding class I have taken has helped me greatly with the skills I will need to get a good career in the future. ”
senior Margo Berry

“ I am currently in keyboarding Applications and I feel now I can type with ease on any type of keyboard whether computer or not. ”
sophomore Regan Warren

“ I feel I will be prepared for my future ahead of me due to the electronical basis for tomorrows job market. ”
sophomore Candi Bushlow.

Academics



SENIOR DAVID DELEONARDIS explains the workings of his printer to students who passed by his station in the main lobby. Students of certain classes stood out in the lobby to advertise their class to other students in all four lunch shifts. This gave students a chance to see what was involved in the classes.

“ The business classes and FBLA, I feel have prepared me for the outside world for later in life and I’m only in 10th grade.
sophomore Melissa King.”

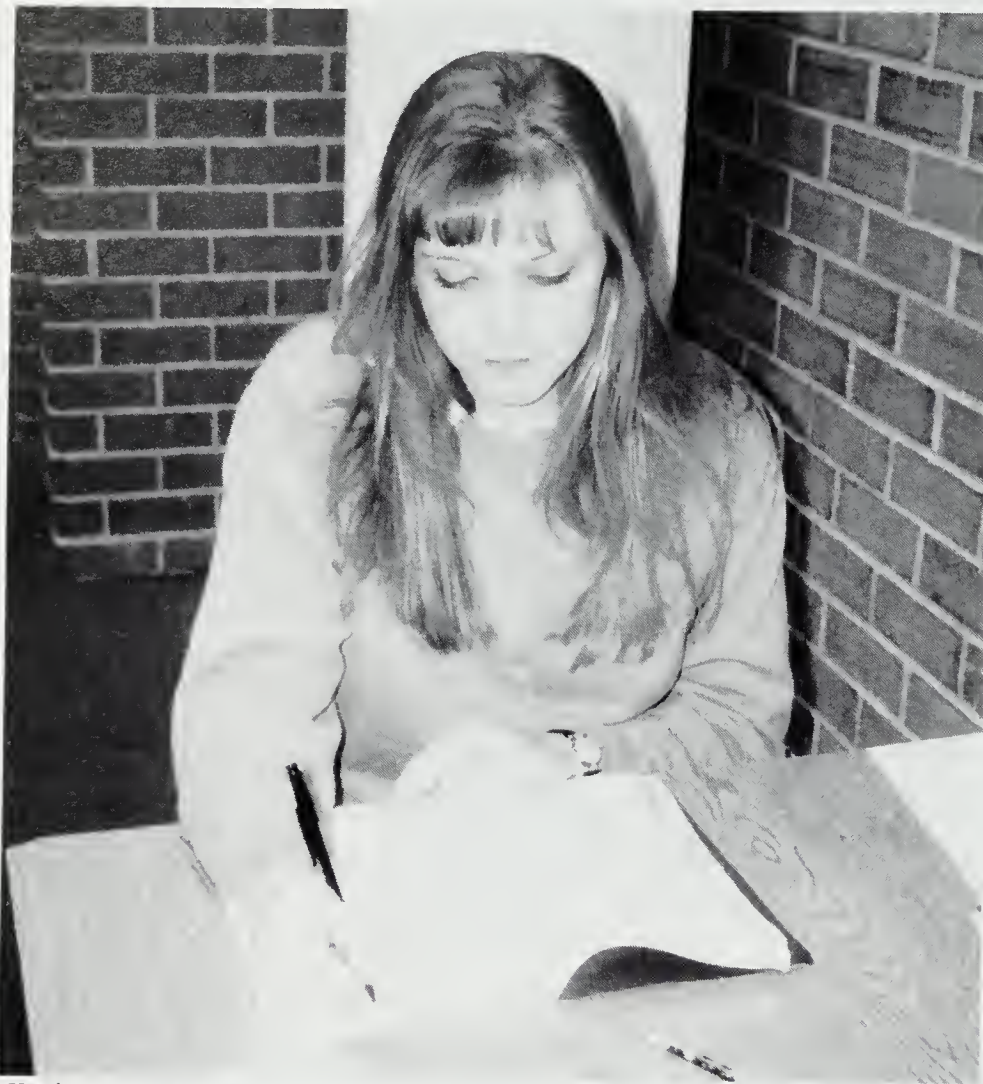
“ Keyboarding Applications was a pretty difficult class, I remember the time tests, its where you type as many words as you can in a minute.
junior Kara Belcher.”

“ My hardest class this year ended up to be Data Processing. I just don’t seem to have the typing skills it takes to get the job done.
junior Tom Youngbluth.”

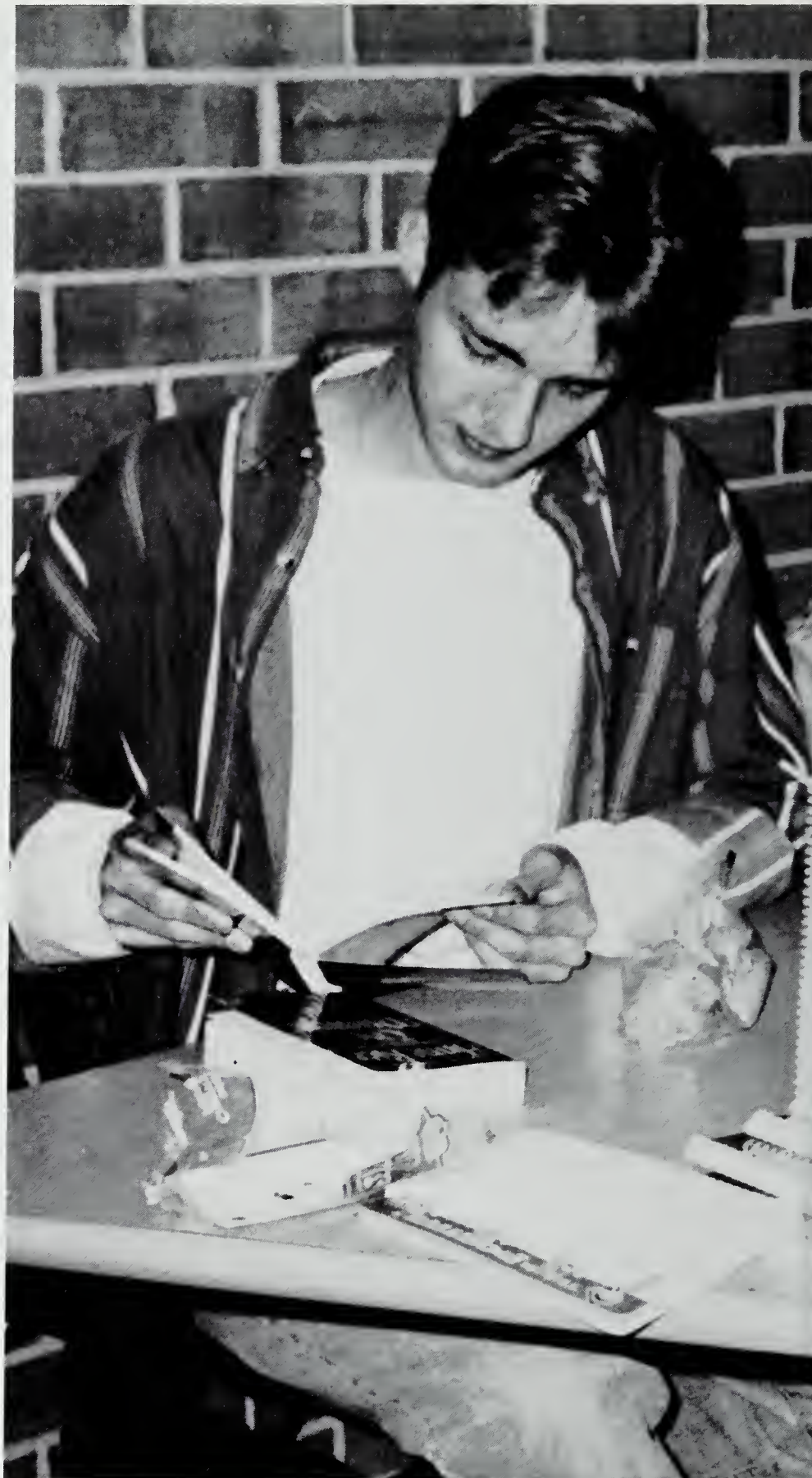
Computers

ORGANIZATION IS THE KEY TO success! Senior Kara Wesley flips through her planner to make sure she has written down all of her homework for her nights work. Students sometimes had to double check what their homework was, so once they got home they could get it all done.

WOW! THIS IS REALLY NEAT! Senior Dan Hale looks through the Woodbridge Planners that he was selling during lunch. The planners were sold for five dollars. They contained information dealing with math, science, English, and geography. They also gave info on how to manage time and on setting goals.



Heather James



Tiffany Paul



“ If I didn’t have my organizer, I’d only be able to finish what I would remember. ”

Maronetha Nesmith Freshman



“ My planner is messy! All I have to do is flip through it and eventually, I’ll find it! ”

Melissa Shank Freshmen



Heather James

PLAN AHEAD

Students Get Together With Planners

As the teacher started to assign the homework for the weekend, the students dug through their bags to find their organizers so they could record what they were to do. From a small memo pad to a Woodbridge planner to a Day Planner, there were ways that students organized themselves with planners.

A new item that the Student Council Association sold were the Woodbridge planners for \$5.00. These planners contained information on how to manage your time, setting goals, math, science, English, and geography. "I have one of these planners and I look at it every night to make sure I do all of my homework. I also use the formulas for math that they give," said senior Aisha Daniels.

"My Woodbridge planner is organized well, but I just don't always remember to use it. I usually remember what my homework is anyway, even if I don't write it in my book, but occasionally I'll forget it and have to do it the next day at school," said sen-

ior Brice Owens.

Not only were planners used as a way of keeping track of homework, but other ways were shown. "My weekly planner is my whole life. It has everything in it including all of the phone numbers I need which range from Parent-Tel to girls. Without it, I'm lost, very lost!" said senior Rasheed Quash.

"I just have a memo book to keep track of homework. By the end of the day, I'm not remembering any of my homework, so I have to write it down. It's hard for me to read what I wrote down, though, because I draw pictures and scribble all over the page," said senior Leslie Royston.

Whatever the type of planner students used, whatever they used them for, and how messy or neat they were, it did not really matter. It was the students own self-satisfaction that mattered most.

by Heather James



Roberto Santiago

WITH PLANNER IN HAND, JUNIOR Steve Finney checks off the Physics assignment that he just finished. For some students, keeping their planner right beside them was a necessity. This prevented students from forgetting to do their homework and aided them in getting everything accomplished.

WHAT DO I HAVE FOR HOMEWORK in math tonight? Trying to remember what he has for homework, senior Kenneth Frederick writes his assignment down so he wouldn't forget it once he got home. Planners served as reminders, as to what they needed to get complete for school.

Planners



TO PREVENT RATHEAD FROM escaping, junior Chris Ellis holds her with two hands. Rathead was a long-haired hamster who lived in Mrs. Joan Pennline's Earth Science and Oceanography room. Some other critters, like two guinea pigs, a Siberian hamster, fish, and water frogs lived there also.

Roberto Santiago

“ I’ve put Athletic Training to use in the trainer’s room. I’ve learned different ways to test for injuries and lots of treatments for athletes. ”
Jamie Holliday, 12

“ I take Sociology because I want a better perspective of my surroundings. It has opened my eyes to interact with other kinds of people. ”
Eric Valencia, 12

“ I took Spanish IV because I aspire to be multilingual so that I may have a better understanding of my culturally diverse community. ”
Christian Johnson, 11

Academics

PICK A WINNER

Electives Make it Possible for Students to Customize Schedules



Roberto Santiago

Sitting at her desk, sophomore Jennifer McNamara watched the flashing T.V. screen in her World Studies II class. She liked this class because she wanted to be informed about the world as well as the occurrences that took place within it. Electives gave students the freedom to choose any classes they wanted.

A busy schedule helped students determine which elective was right for them. "I like art because it's an easy class and I like to draw. Since I have a heavy workload, art is a way to help me relax," said senior Michelle Obando.

Students gained knowledge that prepared them for their futures. "I took printing because I would have the skills for a job in printing. It will

help me since I'll be a step ahead of people who weren't offered that class in their school," said senior Sean McCorkle.

Lessons learned in the classroom helped outside of school. "Sign language helps me a lot in my job at Nordstrom Rack because a lot of deaf people come there to shop. It is a lot easier for me to communicate with them," said senior Wendy Broadus.

Electives gave students a greater variety of class choices. By participating in these electives, students applied the concepts they learned to the present and the future, becoming rounded students.

by Caritta Lee



Roberto Santiago

HER HANDS FROZEN IN TIME, senior Rhi Sampson signs the word "boyfriend." Sampson had a job working with deaf children at Coles Elementary School while their parents learned sign language. Woodbridge was the first school to offer Sign Language as a course in Prince William County.

WHILE MAKING SURE THE TAG is tucked in, senior Jill Mumert adjusts the clothes to make the outfit look perfect. Clothing stores donated clothing, which was displayed in a showcase outside of the Fashion Merchandising classroom. Each spring, Fashion Merchandising sponsored a fashion show as part of its program.

“A.P. Art makes you focus on what you want to do and what you're good at. Everyone has a personal style and you develop it in this class.”
Michelle Looney, 11

“Creative Writing is a good class to take because it helps your writing skills. I recommend it for people who are highly interested in writing.”
Linda Ross, 12

“Drafting has given me an opportunity to experience the difficulties and challenges of the engineering and architectural world.”
David DeLeonardis, 12

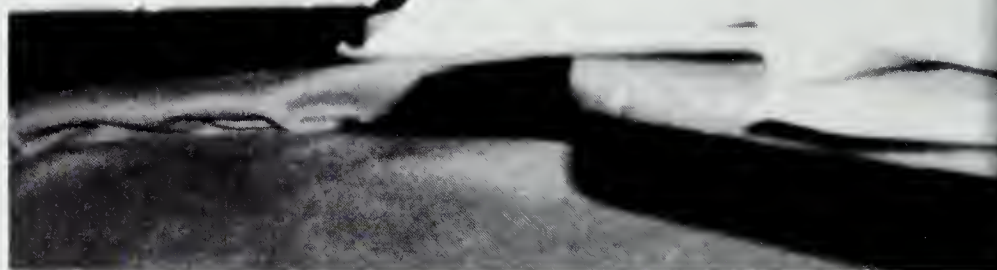
Electives

AS SOPHOMORE OLIVA BAUMAN looks over junior Inayatullah Shafig's shoulder Bauman makes sure that Shafig can understand his work and comprehend his own writing. Going to tutorials after school gave students a chance to catch up in their classes if they were absent.

WHILE MRS. VIVIAN MITCHELL helps sophomore Moe Sawaneh comprehend his English homework, Sawaneh concentrates on proper grammar and correct sentence structure. Practicing correct grammar and sentence structure was a fundamental part of English class.



Bridgit Kelly



Bridgit Kelly



“ Taking the Prep classes improved my SAT score tremendously. I’m glad I took them. ”

Nathan Gibson Sophomore



“ I went to tutorials to get help with math because I fell asleep in class and didn’t understand. ”

Bryan Gauch Junior



Bridgit Kelly

Academics



GET PREPPY

Students get Extra Help With SATs

As students found that classes got harder and they could not understand the facts, students had to attend special sessions to receive help. Study sessions on Tuesdays and Thursdays gave help to students who needed more understanding towards their class work. "I think that having the tutorials are great because you get help when you need it and you already have a ride home and don't have to call your mom or dad," said freshman Vivian Vargas.

Students also received help by hiring tutors who either held sessions at their own houses or traveled to their pupils' houses. "I paid ten dollars for two hours for someone to come over my house every other night and help me with my math work. I'm glad I got a tutor because now I understand a lot more and I know how to do my homework more of the time," said senior John Husar.

Student did not often think about taking preparation classes for the SAT's but when it all came down to wanting to go to college, students ap-

plied, paid, and went. In order to prepared for the SAT's, students took classes such as the Princeton Review. "I took the pre-SAT's to prepared myself and in order to achieve a higher score, so I read a lot of books. Luckily it will work when big time comes," said sophomore Page Henry.

After the lower classmen took the Pre-SAT's, students got a feel for the type of questions on the SAT's. "I'm glad I took the Pre-SAT's because I think it is good preparations for the real SAT's but I still feel that there is way too much emphasis on one test," said junior Eric Kennedy.

Studying for the Scholastic Aptitude Test and going to tutorial sessions for different subjects gave help to students when the final tests came along. Student were better prepared and understood more material for the class than before they went to tutorial sessions.

by Krista Clearwater

WHILE SENIOR JOHN FARRELL tries to explain the basics of oceanography to Patrick Todd, Farrell has to explain the purpose and the actions of volcanic eruptions. Students who took oceanography got an advantage in the "sea world" life because they learned about everything in that lives in the ocean.



WAIT A MINUTE

Students Let Their Work Linger Into the Last Second

Students that had stayed up all night finishing a project wandered the halls looking foggy and confused. Students that procrastinated drank cups of coffee and clenched Coke cans for support to stay awake during the day.

The excuses for saving work until the last minute seemed endless. "I procrastinate because I don't like doing homework. I have better things to do with my time than work," said senior Emily Reid. "I have so many other things I'd rather do, like exercising and going out, besides school work," said senior Janel Labus.

Procrastination either helped or hurt students in their work. "I end up doing my best work at the last minute when I'm pressed for time. I

had to do a biology paper in one night and got a "B" on it," said freshman Derik Burrows. Other students did not handle pressure as well. "I always wait until way after a project is assigned before I start it, and then I have trouble doing it at the last minute," said senior Traci King. Changing old habits of procrastination was easier said than done.

Tomorrow always seemed to come too soon for students who procrastinated on their homework and projects. Whether by late penalties or weary eyes, students always ended up paying for their procrastination in some way.

by Summer Stewart



Summer Stewart

AHHHH! I'VE GOTTA GET THIS done before next period! Senior Rebecca Murphy tries to finish her current events for her Advanced Placement Government class. Seniors scrambled to finish all of their current events on the last night. Late nights were common when seniors procrastinated.

STRESS MOUNTS AS SENIOR Christy Britton scrambles to get everything perfect for the upcoming yearbook deadline. Procrastination made deadlines difficult for the yearbook staff. By leaving big assignments until the last minute, students set themselves up for frustration in finishing their work.



Stephanie Hockman

“ I always like to go out and relax on the weekends, so I usually end up saving all of my homework until late on Sunday nights,” said freshman Kristen Nicosia. ”

“ Whenever teachers are assigning stuff, I don't even think about doing it until they remind me about it the day before it is due,” said junior Jon Olszyk. ”

“ I really try to get things done early, and then I lose my motivation because there is always something else I'd rather be doing,” said junior Aimee Toth. ”



FRUSTRATION DESCRIBES THE feeling of senior John Sellers as he works to finish his illustrations for the *Valkyrie* newspaper. Waiting until the last minute to finish his work brought on the pressure, but when it came down to deadline time, Sellers managed to pull through.

Roberto Santiago

“Long term projects that I get weeks in advance are last priority until the night before it is due. I don’t do that bad under pressure,” said freshman Deanna Thorstad.”

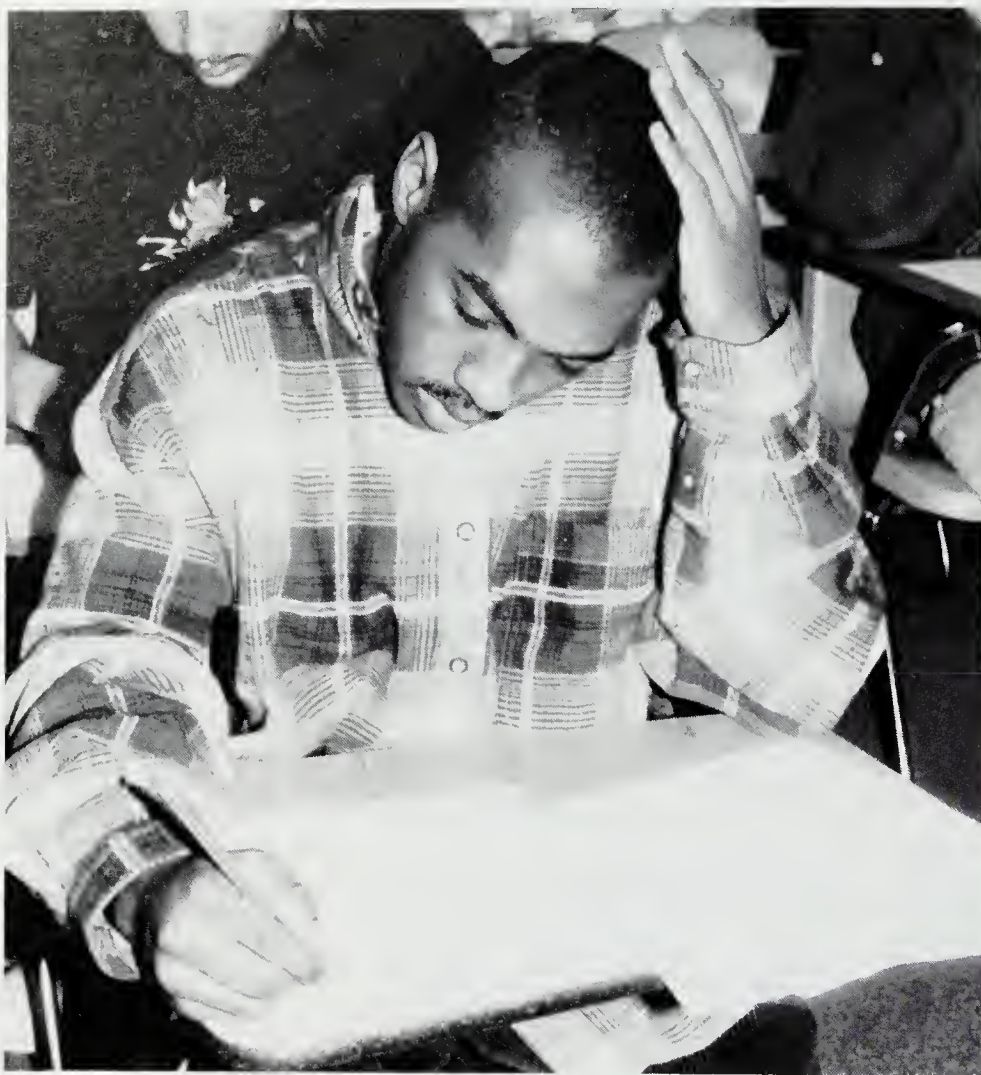
“I used to be a big procrastinator until the time I got a really bad grade on an important paper. Now I try to get ahead of things,” said senior Tim Donnelly.”

“I procrastinate on just about everything. During cross country and track seasons I just feel like relaxing on the weekends instead of doing work,” said junior Alison Keehan.”

Procrastinators

"YOUR STYLE OF THINKING and learning" was a test conducted to determine students' brain style. Junior Duane Brown answers questions which show if he was a right brain, left brained, or whole brained thinker. The test showed students which methods of learning are more effective for them.

"CONSERVATISM OFFENDS me: it is just another word for ignorance. My whole personality is a bit formless and unpredictable like my music," said senior Mark Clifton. Clifton finds creation easy. His creativity is expressed through the music he writes, which he refers to as "chaotic and formless."



Roberto Santiago



Roberto Santiago



“ I am just a dreamer! I love music and art, rather than any mechanical way of doing things. ”

Jamie Dugan Senior



“ I love discussions but I tend to control my feelings rather than being open and expressing them. ”

Eric Greiling Senior



Roberto Santiago

Academics



BRAIN DRAIN

Follow Your Heart... or Your Head??

Do you follow your heart or your head? Are you spontaneous or do you plan? Do you remember names or faces? The left half of the brain is generally responsible for the grammatical and denotative aspects of speech. On the other hand, the musical and emotional qualities of the voice are produced and comprehended by the right half of the brain. While students tended to possess both of these skills, a skew to one side was apparent.

The different characteristics that put a student in one of these categories was the way a problem was approached. "I choose to look to outside forces and answers based on emotion and color," said senior Heather Farley. However, students that considered themselves to be more left-brained had different ways of attacking a situation. "I would have to lay out all the ways to solve a problem. Then I work it out step by step to find the best way," said senior Ryan Yoho.

Students found their right or left

brain forces at work throughout the school day as well as free time. "I'm extremely right-brained. My music is chaotic and formless, my writing and art is random, and math is an alien concept to me. I guess my whole personality is a bit unpredictable and formless," said senior Mark Clifton.

Students commonly felt that an equal balance was present within their personalities. "I guess I have a right-brain philosophy backed up with left-brain logic! I love exploring my own ideas and always try to follow my heart. But, I have to have logic and good developed reasoning to back up what I say," said junior Kevin Bull.

"Left-brain and right-brain are just ways of thinking; ways of looking at a problem. I think everybody has a natural tendency to lean towards one side, but potential to change and see the other way of approaching a situation exists," said senior Andy Basehoar.

by Kellie Couch

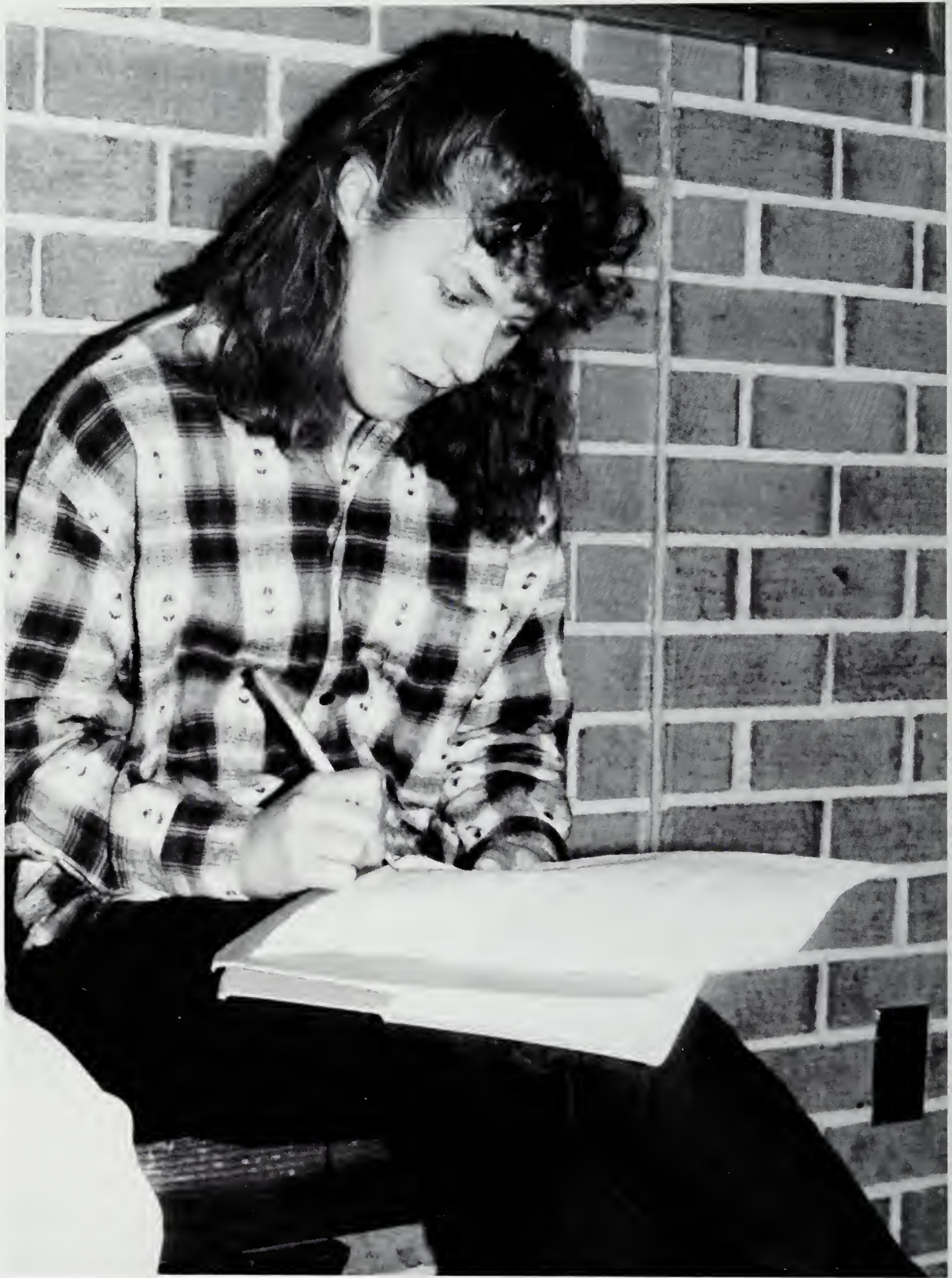


Summer Stewart

AFTER TAKING THE TEST TO find out his style of thinking, junior Shawn Dickerson reads up on the various characteristics that categorize students as either left-brained or right-brained. Dickerson's results indicated strong characteristics as right-brained with very little, if any, left-brain tendencies.

HER EMOTIONAL SIDE IS HARDLY hidden when you visit her bedroom. Senior Jodi Malinowski expresses herself and emotions by painting and decorating her room. Malinowski considers herself right-brained. She tends to follow her heart and express her excitements, be it through creativity or talk, is a must.

Left Brain/Right Brain



Roberto Santiago

DURING LUNCH, SENIOR ROSIE Weber makes the most of her time by reviewing for her Biology II exam. For Mr. Douglas Pinion's exam review, students answered a 300 question review sheet to help prepare themselves. Students were also allowed to use a three by five note card during the exam.

“ Basically, I try to write stuff down to help myself remember it. Before I take an exam, I try to get a good night's sleep and eat a good breakfast.

Katie Lyng, 12 ”

“ I just look my notes over and over again. Right before I take an exam, I try to think positive. If you study a lot, it's no big deal.

Thomas Yarwood, 12 ”

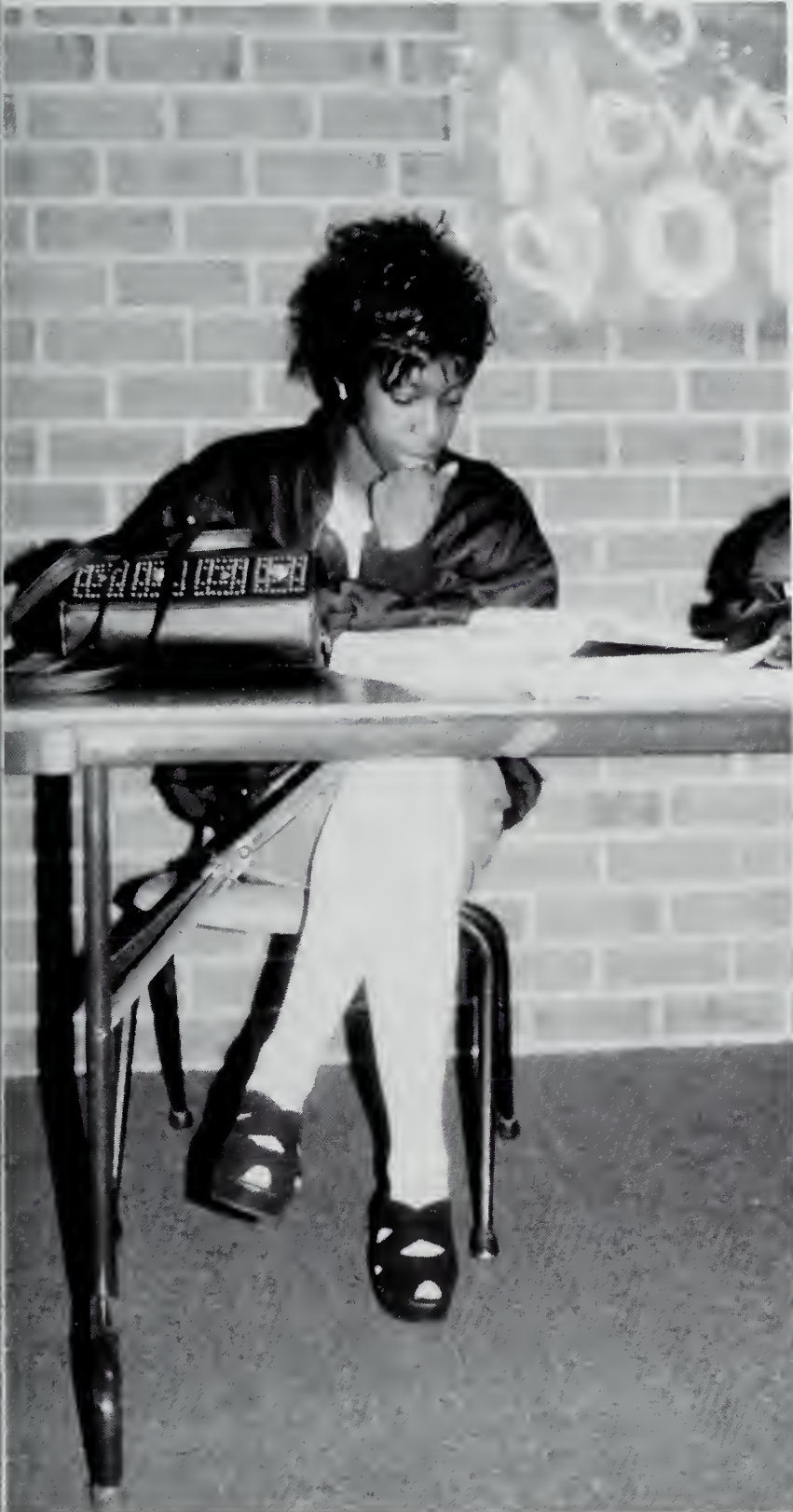
“ Most teachers want us to review on our own and come to class with our questions, but I think it's too hard. It's difficult to relearn everything.

Jamie Kutchman, 11 ”

Academics

CRUNCH TIME

Students Cram Their Craniums for The Mid-Term Crunch



Bridgit Kelly

Gazing in amazement at the enormous pile of notes, tests, and quizzes on her desk, sophomore Sara Dail shook her head in despair. Dail wondered how she could have learned this much material in one semester. She picked up her math book and attempted to solve the problems. Exam week did not look appealing.

To review for exams, students relied on others to help them prepare. "I remember stuff by writing things down. After I study, I have my parents quiz me on the material. I study with my parents because when I'm with my friends, we get too rowdy," said freshman Meghan Anderson. On the other hand, students found that studying with each other proved to be beneficial. "If you study with

other people, it's cool because if you don't know the information, they might be able to help you out," said junior Matt Trotta.

Students depended on food and music to help aid in concentration. "I just sit there with a ton of food around me and memorize all the material," said senior Jon Luedke. Listening to music also helped students. "I like to study with music, because if it's too quiet, I can't concentrate. I hear a lot of distracting noises. It helps me relax," said senior Ben Brletic.

Whatever technique helped them review the material, exam week was the ultimate test of study methods.

by Caritta Lee



Roberto Santiago

"DOUBLE, DOUBLE, TOIL AND trouble; fire burn and cauldron bubble..." While waiting for a friend after school, senior Maja Rollins carefully reviews the play *Macbeth* for her English exam. Besides *Macbeth*, Rollins also studied *The Canterbury Tales*, *Beowulf*, vocabulary, and sentence structure for her exam.

TEACHERS FOR A DAY, JUNIORS Semret Tseggai and Jennifer Walawender review the French and Indian War with the rest of the class. For the exam review in Mrs. Gretchen Surber's classes, students were divided into groups, assigned a chapter from their textbook, and discussed their chapter in front of the class.

“ I go over to my friend's house to study, but we end up doing other things. By the time we're ready to start studying, it's time for me to go home. ”
Steve Chapman, 12

“ I just take time off from the day and review. I can study what I need to study without other people. I can go in a place I need to work at. ”
Brooke Parker, 9

“ Teachers don't seem to get all the information that you need to study. It would be better if they helped you more individually. ”
Marc Yarbough, 12

Exam Review

PUTTING UP FLYERS FOR THE *Frankenstein* play, senior Adil Khan helps his teacher, Mr. Smith. Mr. Smith was the drama club sponsor and Kahn helped with drama club things during his aide period. In addition to hanging up flyers, Kahn also did things such as paint posters and sleep on the drama couch.

WITH HER FINGERS TANGLED in the web, senior Rebecca Woodcock pulls out the volleyball nets for Ms. Harrelson's P.E. class. P.E. aides performed a lot of physical tasks as well as mental tasks. They were asked to pull out the equipment for various sports performed during P.E. classes.



Stephanie Hockman



Stephanie Hockman



“ I aid for my English teacher. It's great because sometimes she bakes me cookies. ”

Leslianne Swanson, senior



“ I aide for the newspaper advisor's English class. I am also on the newspaper staff. ”

Michelle Looney, junior



Stephanie Hockman

Academics



HELPING HANDS

Teachers Get by With Help of Aides

Scrubbing down the dirty, algae-filled fish tank, senior Shannon Sing performed her morning task for her teacher. The job of teacher aide involved many odd, and sometimes strenuous tasks. "I aide for an Oceanography class and I have to do a lot of weird things. I have to clean fish tanks and animal cages," said senior Shannon Sing.

Students did homework for other classes as well as work for their aide periods. The extra time allowed students to catch up on unfinished work for other classes. "I like being a teacher aide. I get the chance to do the homework that I didn't finish the night before," said junior Laura Harris.

The aide period also gave aides the time to catch up on their sleep and rest. "I am an aide for a sign language class. When my teacher doesn't need me to do any work, I end up just falling asleep," said senior Charity Lane. The teachers did not mind what aides did as long as they would help when asked to.

Students aided for classes which their friends were taking. This led to socializing in classes. "I aide for Mrs. Allen's math class. It's great because the class is fun and a lot of my friends are in it," said junior Chris Ford.

The classes that students aided for were familiar to them because they had already taken the class. It was an advantage to take the class first because aides were familiar with the teacher and how the class worked. "I took Sign Language class last year and this year I am an aide for it. It helped to have already taken the class because now I know the teacher and how the class goes," said senior Jenny Connor.

Teachers needed students for various things such as filing, running errands, and cleaning the classroom. Whether students did work for their aide class or work for their other classes, their help was greatly appreciated by their supervisors.

by Rebecca Murphy



Stephanie Hockman

HANGING OUT IN THE TRAINING room, senior Chris Nebblett looks over the calendar to see when the next day off from school is. Nebblett was a P.E. aide for Mr. Lepore's P.E. class. The aides were needed in the beginning and end of class, but in between there was a little extra time for just hanging out.

"WHAT DO YOU WANT ME TO file this under." Senior aide Devon Clark files papers for Dr. McPherson's government class. Teacher aides were asked to do things such as filing for their teachers. Teachers appreciated the help that their aides gave them and found time to get other things finished.

Teacher Aide

KICK BACK

Students Turn to Study Halls for a Break in Their Workload

Pencils tapping on desks . . . feet shifting positions . . . pens scratching out words . . . students staring at the ceiling. No, this was not the scene of a class struggling through another endless test, this was the scene of sixth period study hall.

Study hall was a popular class. Students in any grade took it because it provided extra time to finish assignments.

"I take a study hall because I do gymnastics after school and have no time to do homework. Study hall lets me do homework that I didn't get done the day before," said freshman Kelly Doughty.

The only class rules in study hall were to be quiet and have something to do. "The quietness of study hall

really helps me concentrate on my work. After I've done all my class work, I either sleep or write notes to my friends," said junior Joaquina Hocog.

As the year progressed, study hall became more crowded with students who dropped classes. Other students were only waiting until the classes of their choice began. "Study hall gives me a break from my regular classes, but I'm just taking it until the second semester classes come," said junior Ray Calludo.

Study hall provided students with an excess of time that everyone enjoyed.

by Rebecca Greenberg



Bridgit Kelly

WHILE SOME STUDENTS ENJOYED the work time study hall permitted others enjoyed its serene atmosphere. Senior Tom Saucerman gaining back sleep that he missed the night before. Students took small five minute rests or napped through the entire period. Study hall was utilized in many different ways.

"JUST ONE MORE QUESTION and I won't have to do this at home!" Senior Carole Woolley finished her math homework in her seventh period study hall. Diligent students were able to get done most, if not all, of their homework in their study hall. This relieved the task of carrying home heavy books.



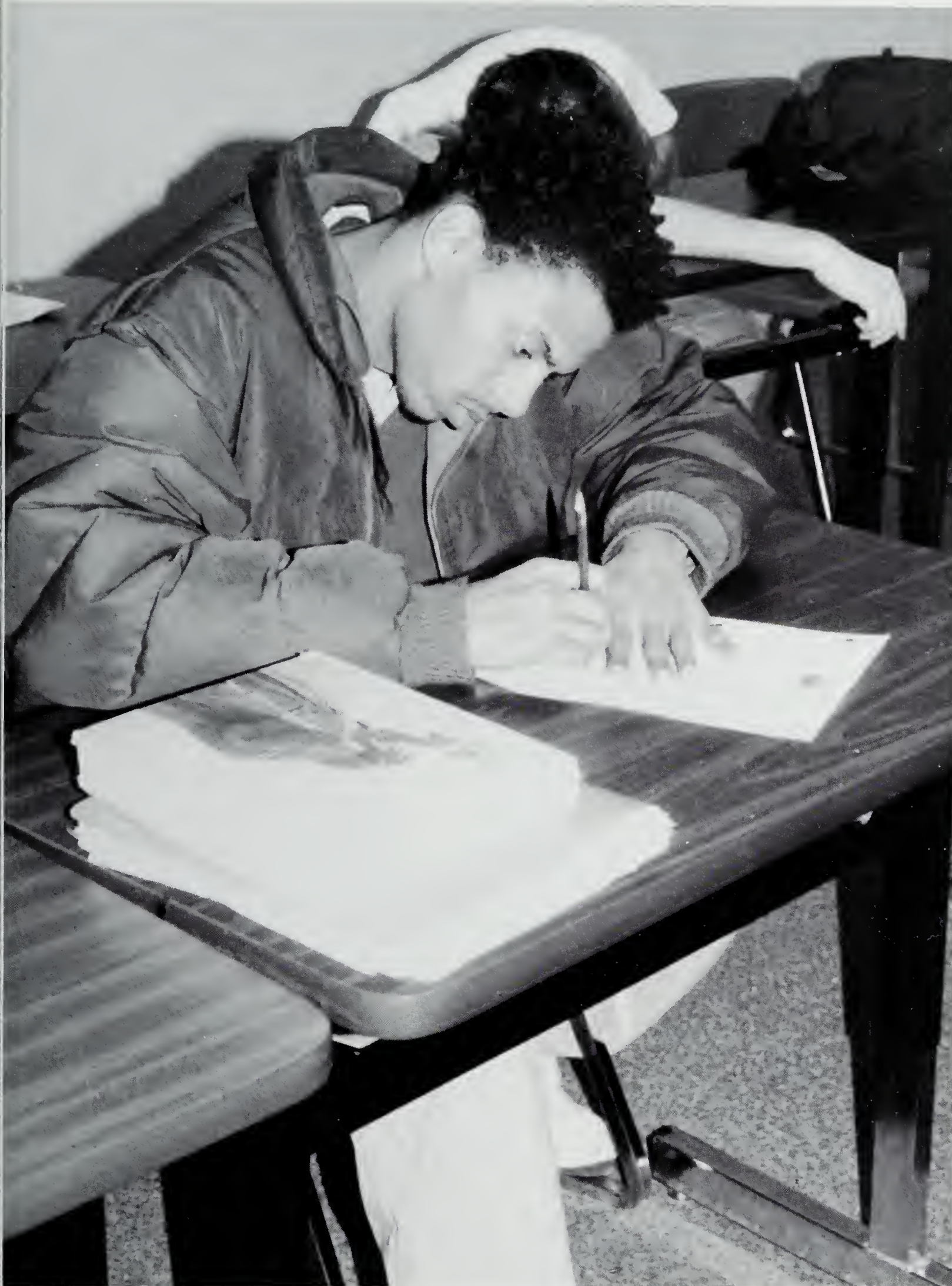
Bridgit Kelly

“ Study hall is cool because it gives you time to do your homework or whatever you want to do. You can also sleep and not get yelled at! Kristin Romano, 11 ”

“ I'm taking study hall because I hate taking homework home! I'm taking an AP class and it helps. It's also nice to sleep at the end of the day. Heather Phelps, 12 ”

“ I'm a guidance aid, but it's just like having a study hall because I get my homework done there. It's free time to do whatever you want. Ryan Gardiner, 10. ”

Academics



Bridgit Kelly

WITH ERASER IN HAND AND History book put off to the side, senior Dwayne Lee touches up on his drawing skills. Whether or not students had assignments to work on, they relieved the stress of their school day by drawing, reading magazines, or writing notes to friends. These were things not allowed in other classes.

“ I think that study hall helps me because I get more of my work done and can do my homework. It also lets me catch up on sleep from the night before. Bryan Gulli, 10. ”

“ I use my study hall time to finish my homework so I can leave my school work at school. Having it seventh period lets me relax at the end of the day. Angela Mullins, 11 ”

Study Halls

“ I’m taking study hall to sleep the last two periods of the day. It gives me a chance to relax after some of my more difficult classes and talk to friends. Jeff Quinn, 12. ”



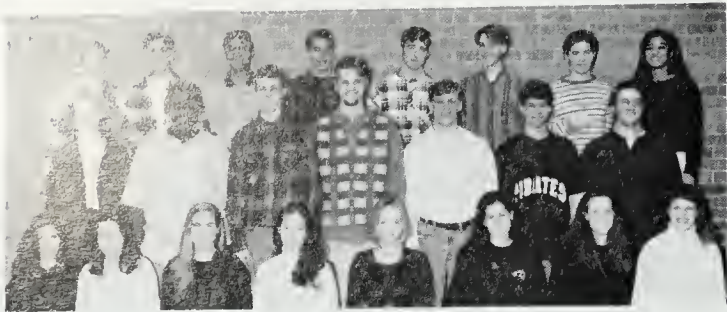


Expanding Interests

School Spirit Increases With the Formation of New Clubs

The Beach Boys urged students everywhere to “Be true to (their) school” and students did just that as participation in school-spirited organizations soared. Due to the excessive participation, new clubs formed, bringing diversity to the school. ✕ In stepping to the beat of a different drum, the step team at 48 stomps strong, performed for the first time at the winter pep rally on January 13. They were organized to explore different forms of dancing and to increase school spirit. The SCA founded the Plague, the new pep club, for the same reasons — to increase school spirit and to improve attendance at and participation in home games. ✕ Due to the need for money to sponsor the numerous extra-curricular activities, the School Board proposed an activities fee that would charge all students involved in school sponsored sports and clubs \$20. The mandatory one-time fee was voted down after the School Board hosted a meeting to discuss the issue. ✕

“Bah Humbug.” While performing Charles Dickens’ classic *A Christmas Carol*, senior Liz Cackowski, portraying Scrooge, reaches out to slap the hand of her employee, Bob Cratchit as portrayed by senior Shannon Patterson. The Drama Club spent over 65 hours preparing for *A Christmas Carol*. With the addition of Mr. Bill Bimber, a new director, the Drama club was able to perform more plays than ever before. Mr. Bimber and fellow director, Mr. Albert Smith overlapped the plays, holding auditions for one play while rehearsing actors to perform in another play. This overlapping technique allowed the Drama club to perform *Frankenstein* as the fall production, *A Christmas Carol* as the winter production, and *The Taming of the Shrew* as the spring production. They also performed two student-directed one-act plays for public viewing and the one-act play, *Rocking Horse Winter*, for competitions.



Woodbridge Singers *Front Row:* Kristina Welch, Jen Hummel, Betsy Perkins, Karen Shull, Kelly Hengst, Katie Allen, Katie Austin, Angel Bruck, *Middle Row:* Mrs. Gaylie Lund, Blair Lockamy, Steve Jones, Tony Faulds, Barry Gauch, Joey Card, James Kerr; *Back Row:* Amy Burns, Jeremy Gillespie, Jody Guerrero, Ariel Gonzalez, Sam Gammon, John Dooley, Scott Baker, Naviere Hall.



Consonance *Front Row:* Rachel Hudson, Sarah Palmer, Kelly Christianson, Sara Coe, Rachel Wahlquist, Chanda Gorman, Jennifer Girten; *Back Row:* Maggie Horn, Jamie Dugan, Redonna Rudy, Karden Kelly, Heather Thorstad, Sabra Unterzuber, Mrs. Dana Fruits.



Concert Choir *Front Row:* Allison Kaplan, Tamorre Simpson, Kelly Hengst, Lindsay Hughes, Michael Bain, Greg Wright, Michelle Brebnor, Maggie Horn, Lauren Bailey, Katie Allen, Katie Austin, Rachel Hudson, Heather Thorstad, Karden Kelly, Lauren Woodcock; *Second Row:* Sarah Palmer, Jamie Dugan, Marissa Jarvis, Marleah Peabody, Kelly Christianson, Harry Kerns, Rosie Weber, Rachel Wahlquist, Angel Bruck, Meghann Peterlin, Sara Dail, Redonna Rudy, Scott Baker, Krissy Tonnesen, Becky Graham; *Third Row:* Ryan Pick, Kareen Babb, Roni Plate, Chris Damanda, Betsy Perkins, Jen Hummel, Kristina Welch, Sabra Unterzuber, Chanda Gorman, Jennifer Girten, Krystal Wilson, Lucy Borras, Sandra Lafond, Jeremy Gillespie, Robbie James; *Fourth Row:* Christian Johnson, Blair Lockamy, Barry Gauch, Nevin Hewlitt, Steve Jones, Tom Youngbluth, Micah Turnquist, Jeff Poertner, James Kerr, Michael Crippen, Sam Gammon, Todd Breland, Gaylie Lund; *Back Row:* Jody Guerrero, Evan Wooten, Ariel Gonzalez, Noah Perry, John Dooley, David Terrill, Patrick Blake, Carlos Urrutia, Audrey Newcomb, Emily Jackson, Amy Burns, Krista Ludwig, Danielle Dumas, Naviere Hall.



Women's Concert Choir *Front Row:* Sara Roach, Rebecca Peavyhouse, Laura Rosynek, Wendy Flores, Shannon Stocks, Jessica Ruiz, Diana Roshandel; *Second Row:* Janna Coyne, Melissa Paden, Sandra Guerrero, Kendra Lowery, Chrissy Brehm, Beth Mickey, Sabrina Carpenter, Candess Bushlow, Jaime Ewasiuk; *Third Row:* Brenda Luzman, Yulissa Rojas, Vesta Nartey, Latina Thompson, Caryn Stroup, Veronica Najum, Nery Cruz; *Fourth Row:* Nicole Whitfield, Carol Hood, Stephanie Humbarger, Danielle Parker, Christine Seltphin, Victoria Spriggs, Lisa Massey, Jeanne Dunning, Dee Rodriguez, Wendy Broadus, Laura Deets; *Back Row:* Angela Dennie, Romina Lulishi, Maggie Piczak, Tammy Tavares, Heather Perkins, Shawn Cheeseman, Melody Seward, Alicia Tisdale, Renee Combs, Sarah Slatcher, Jessica Maddox.



Viking Chorale *Front Row:* Valerie Hogan, Amanda Boyle, Shannon Baily, Jill Ingram, Brooke Parker, Katie Farley, Elizabeth Rivera, Chantel Jones, Jennifer Welch, Kimberly Fisher; *Second Row:* Robert Martin, Raquel Zelaya, Joseph Signore, Ben Freer, Jerry Rosemin, Amelia Vernon, Tania Kawasaki, Sara Borey, Ali Amini, Stacy Slonaker, Melissa Hinkle; *Third Row:* Gaylie Lund, Jason Lewis, Keith Bevins, Paul Thalacker, Shawn Thompson, Mike Voss, James Gillespie, Brad Flowers, Derrick Heffner, Jason Childs, Jenna Smith; *Back Row:* Namdi Martyn, Monique Brown, Jason Holloway, Holly Baker, Desiree Noel, Melissa Pilifant, Nicole Miranda, Deidra Williams, Jennifer Cooper, Jennifer Blanton.



Varsity Choir *Front Row:* Carly Jarvis, Brian Jewell, Melton Roper, Shantar Sanders, Mildred Nunez, Connie Foster, Xiomara Blanco, Buffie Pyper, Tibethia Willett, Christina Bihun; *Second Row:* Susana Iturrequi, Kristen Nicosia, Tinika Montgomery, Tenise Copeland, Sarah Williams, Tamansk Cardwell, Shannon Kelly, Kristin Worley, Katherine Callahan, Crystal Wiles, David Kaplan; *Third Row:* David Via, Kevad Guinn, Lorenzo Fletcher, Reggie Hubbard, Norwood Hughes, Derrick Heffner, Delonte Craig, Jason Oiler, Christina Zeranski, Becky Ludwig, Jennette Schorsch, Umeka Lightfoot; *Back Row:* Allen Card, Allison Savon, Ernestine Kamanda, Sarah Lane, Batina Walker, Michelle Pettus, Vaughn Harrell, Crystal Huffman, Tashiba Carter, Ajoia Wescott, Lindsey Paul.



Varsity Choir *Front Row:* Walter Dayanan, Nichole Ford, Eryn Lyga, Sarah Falcona, Desi Dietlein, Kevin Bako, Meredith Trohanov; *Second Row:* Marisha Richardson, Josh Hartz, Nicolette McDaniel, Allie Solomon, Julie Silva, Derek Glossman, Lesslie Crane, Nicole Correia; *Third Row:* Monica Bonner, Bethany Lindberg, Jessi Jackson, Ronnie Fosshee, Daniel Hawkins, Dave Sigmund, Satta Karmo, Trevor Michaelson, Mrs. Gaylie Lund; *Back Row:* Megan Meeke, Chrissy Moser, Lisa Greiling, David Leckrone, Julie Burns, Shenikia Youngblood, Nuria Zelaya, Theresa Dietrich.



Roberto Santiago

Organizations

Lift Every Voice

Melody-Makers Raise Their Voices

Harmonious music of 13 women's voices flowed from the choir room as the new choir, Consonance, warmed up for its first performance. The first all-women's select ensemble was established to create a total of six choirs in the department. The ensemble was formed because females expressed an interest in having their own performing group. "I've been involved in choir all of my life. Being in an all women's ensemble creates a sense of family. We all share a common bond — music," said senior Sabra Unterzuber.

With six choirs, a choir council existed in order to ensure that the

needs of all choirs were met. All parts of every choir represented the choir council at meetings. "I'm the soprano representative for Viking Chorale. I go to the meetings to make sure we get what's best for our choir," said sophomore Nicole Miranda.

The largest choir, Concert Choir, with 88 members, had the experience of performing in front of the Chamber of Commerce because of their outstanding record. "It was a great experience as well as performance. It was an experience only choir could provide," said junior Jody Guerrero.

by Becky Graham



Roberto Santiago

In their debut performance, Consonance women sing "We See That Men Do Ever." Seniors Sabra Unterzuber, Jamie Dugan and Rachel Wahlquist wore their new dresses for the first time. The women helped design the dresses as well as name the choir.

"Mine eyes have seen the glory," sings the Concert Choir. The choir performed the Battle Hymn of the Republic at graduation as part of their final exam grade. All performances were mandatory and counted as 25 percent of the student's nine week grade.

It's D.C. al Fine

With a sweep of his baton, conductor Mr. Bud Hearne, cut off the orches-

Orchestra Begins Again With a new Conductor

like a breath of fresh air. His sense of humor really makes playing enjoyable," said freshman Melanie White.

tra. Suddenly his small white conducting stick flew through the air right into the cello section. Students screamed and bows went flying. The baton bounced harmlessly off a music stand and everyone started to laugh. As usual, Mr. Hearne was joking around with his students.

The orchestra members faced a new conductor, Mr. Hearne, who replaced Mr. Rob Benson when he moved on to become the tenth grade administrative aide. Mr. Hearne entered the orchestra program with a new teaching style. "Mr. Hearne is

that Mr. Hearne brought to the orchestra program was challenges. Students competed against each other for higher chairs. "We've never had challenges before, but it keeps everyone on their toes. Before you know it, you could be bumped back a chair," said senior Rachel Woolfolk.

The orchestra adjusted to a new teacher with different teaching styles than they were used to.

by Kara Artz and Julie Foxworthy

Tuning it up. Senior Sarah Lynn Slatcher takes time before the Christmas concert to tune a cello. Slatcher also conducted a song for the Concert Orchestra that night. Giving students a chance to conduct was one of the new ideas that Mr. Hearne introduced.



Michele Bidelspace



Michele Bidelspace



extraordinary people

Stefanie Kam

The high pitched hum of her cello resonated as Stefanie Kam tuned her cello. As a sophomore, this was Stefanie's sixth year in orchestra. While holding second chair, Kam also had the highest average in the class.



Concentration is the answer. Sophomore Amanda Bowles listens to her viola as she shifts up a high note. Students practiced the more difficult parts of their songs in order to warm up for the concert.

Backstage, sophomore Olinda Fuentes listens to her viola. Orchestra students had to use the stage as their classroom. The large open space was an asset with the growing number of students in orchestra. It was also helpful to rehearse as if it were a performance.



Julie Foxworthy



Symphonic Orchestra Front Row: Tracey Irion, Kellie Couch, Shelly Piazza, Rodney Wilson, Amy K. Majowski, Jocelyn Park, Michele Bidelsbach, Carolyn Phillips; **Second Row:** Joe Herman, Pat Grieco, Mike Saure, Christine Beck, Rebecca Gale, Nadia Abadir, Rachel Woolfolk, Laura Harris, Amy Sutton; **Third Row:** Mr. Bud Hearne, Josh Dakon, Steve Marshall, Jeremy Lind, Reginald Ray, Jason Nugent, Nathan Holmes, Courtney Jones, Heather Herman, Missy Baker, Michelle Killik; **Back Row:** Doris Kolovos, Linda Pak, Sarah Lynn Slatcher, Tanya Warren, Jacob Dakon, Sean Urban, Jennifer Isherwood, Danielle Detwiler, Lori Kam.



Concert Orchestra Front Row: Elizabeth Eldreth, Alexis Tompkins, Anitra Budd, Olinda Fuentes, Mary Varrieur; **Second Row:** Gina Cunningham, Jenny Williamson, Barbara Heritage, Jennifer Walawender, Brittany Lipinski, Heather Webber; **Third Row:** Mr. Bud Hearne, Lisa Bellamy, Pat Grieco, Dan Lowe, Sean Tracy, Erin Mitchell, Clinton Johnston, Danny Reese, Amber Lockhart; **Back Row:** Jessica Nees, Julie Foxworthy, Stefanie Kam, Corinna Struckholz, Kara Artz, Brooke Taylor, Stacey Campbell.



Varsity Orchestra Front Row: Laura Kelley, Joshua Gomez, Libby Klatt, Jeanette Richardson, Angela Anniballi, Melissa Handy, Melgares Jose, Kevin Libby; **Second Row:** Jennifer Whitmore, Susana De La Cruz, Marianela Enriquez, Rose Deaso, Laura Messenger, Melissa Derr, Matt Howell, Leo Acuesta, Un Kim; **Third Row:** Jonathan Harper, Rachel Haines, Cheryl Chan, Scott Buchanon, Josh Abrams, Mike Kutchman, Kristen Castagna, Beth Via, Justin Newcomb; **Back Row:** Mr. Bud Hearne, Dawn-Marie Dunn, Beth Hein, Shannon Pettit, Beth Tomchek, Shannon McGuire, Melanie White, Michelle Couch, Jen Looney, Mike Iverson.

A Little Fine Tuning

Transitions Prove Positive For Band

Two hundred and thirty jittery students gathered on the student parking lot on an early mid-August morning. Emotions ran high. Returning members were anxious, yet skeptical of marching under the direction of the new head director, Mr. Ed Jones. New marchers were simply nervous about not knowing anyone. "I love playing music and I guess that is why I've stuck with marching band and Symphonic Band through all the many changes. The band program has gone through a lot, but I think Mr. Jones is handling the transitions very well," said senior Matt Hayes.

"I don't think a lot of people know what we go through. One time the

buses never showed up to take us to a competition. We waited forever and ended up performing for our parents on the football field," said junior Megan McQuade. One thing the student body noticed was that the marching band practices were held in the student parking lot and not the softball field as in the previous seven years. This caused problems for students when they had to move their cars by 2:30 p.m.

Changes in the band program were disruptive, but allowed members of the symphonic, concert, varsity, beginning and marching bands to excel.

by Kendalynn Newsham



Roberto Santiago

Timing is everything. Sophomore Regan Warren waits for his entrance during the August band camp. Marchers learned the entire show, including marching and music. Practices were long and hard, but payed off when they got a superior rating at states.

Play it again, Jon! Senior Jon Jones and freshman Tim Strouse play their saxophones at a home football game. The saxophones played a solo in the half-time show during "The Muppet Show" Theme song. A blue muppet, Gonzo, made a special appearance during the song.



Roberto Santiago

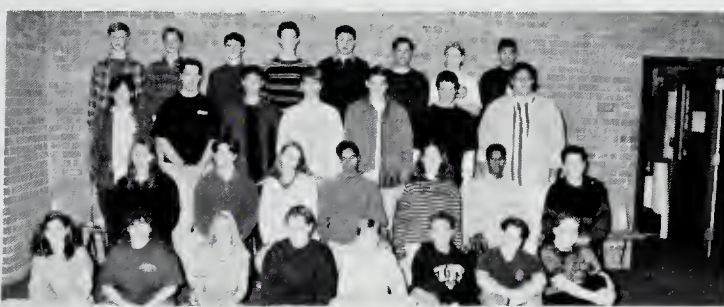
Organizations



Symphonic Band Front Row: Stefanie Gogerty, Ricky Popp, Kevin McChesney, Tony Medaglia, Chris Tyndall, Nick Genest, Jim Carney, Adam Reinhart; **Second Row:** Andy Shaw, Jason Kincheloe, Micah Turnquist, John Atkinson, Rachel Diaz, Mike Richardson, Jennifer Alltop, Sherrell Brogden, Aaron Hewitt; **Third Row:** Asher Haines, Mike Luley, Billy Spicer, John Bigman, Kurt Camealy, Taylor Campbell, Bobby Moore, Eric Greiling, Jason Simpson; **Back Row:** John Nishimoto, Claire Vanderlinden, Lance D'amato, Tom Panepinto, Sean Stone, Christine Callaway, Jacquelyn Hawkins, Rachel Wahlquist, Elizabeth Sisson.



Symphonic Band Front Row: Amy Saunders, Theresa Debban, Amanda Schroeder, Amy King, Toni Reinhart, Claudia Vargas, Beth Clifton, Chris Maguire, Rachel Levy; **Second Row:** Ann Marie Phillips, Matt Giannini, Jon Jones, Eric Fay, Mary Rekas, Colleen Karnas, Megan Rossi, Jennifer Hurley, Sydney Sentman, Kendalynn Newsham; **Third Row:** Chrissy Brehm, Ramona Miller, Tara Brennan, Mike Ranck, Alex Perez, Chris Capell, Douglas McCray, Kevin Flanagan, Jason Wild, Jodi Malinowski; **Back Row:** Loretta Claytor, Crystal Clarke, Angela Gress, Carol Hood, Jeremy Young, Matt Hayes, Kimberly Shires, Eusi Evans, Adria Goldsmith.



Concert Band Front Row: Heather Baker, Carolyn Stegon, Janna Coyne, Angela Martin, Dana Panepinto, Maria Vargas, Tina Brown, Katie Kelley, Jacqueline Evans, Lizzie Underwood, Erin Murphy, Jennifer McCrary, Jennifer Gray, Melissa Bernacki, Mark Pratt, Jennie Newell, Casey MacFarlane, Stacy Tolliffe; **Third Row:** Paul Medaglia, Blair McVeigh, James Mastro, Corey Moore, Adam Oh; **Back Row:** Jessica Buhidor, Allison Leckrone, Morgan Lynn, Tiffany Jackson, Stephanie Redmon, Tim Strouse, Rashal Edwards, Sarah Krimkowitz, Colleen Gray, Gwendy Lopez.



Concert Band Front Row: Megan McQuade, Rhi Sampson, Maren Berney, Samantha Gross, Sean Bruck, Ben Wilhite, Justin Wills, Ryan Pick; **Second Row:** Sarah Calvin, Will Flannagan, Jennifer Myers, Chanel Thomas, Emily Campbell, Ricardo Alexander, Motu Ta'amai; **Third Row:** Mike Ranck, Togy Dakon, Mike Hicks, Ed Grim, Regan Warren, Matt Rice; **Back Row:** Nathan Marsh, Adam Shreve, David Waters, Brian Crowley, Jonathan Publicover, Derek Luther, Tad Sutton, Armando Carrion.



Varsity Band Front Row: Stephanie Harris, Mark Delcourt, William Delshayer, Chris Najjum, Tomy Turchiano, Sean Humbarger, Steven Smith, Juan Cruz; **Second Row:** Cast Caporaletti, Eddie Alexander, Lisa Bond, Brian Karnbach, Laini Evans, Mario Viveros, Gina Cunningham, Kevin Pick; **Third Row:** Zach Young, James Collinsworth, Shaun Brown, Bryan Underwood, Adam Peterson, Myles Overton, Chris Motsek, George Chiasion; **Back Row:** Quadula Stanley, Charlie Wilkinson, Tara Boudreaux, Mandy Vida, Jim Cowardin, Mary Moton, April Thurber, Dan Rice, Tabatha Mason.



Varsity Band Front Row: Helen Beeler, Melissa Broadus, Julie Nelson, Elizabeth Rogue, Katie Calvin, Becky Shifflet, Cassandra Weddel, Jerry Don Vidal; **Second Row:** Kim Johnson, Lara Mahoney, Elizabeth Martin, Kristin Neffer, Sharonda Grace, Monique Quarles, Erica Selavka, Kimberly Kuhn, Misty Dowling, Leslie Quinn; **Third Row:** Jon Adams, Qiana Gardner, Patrick Murray, Steve Brown, John Rowe, Kerry Daley, Anne Miller, Monica Edwards, Jessica Lewis; **Back Row:** Jennifer Howarth, Barbra Holowecki, Sherri Giasson, Jimmy Gallagher, Shannon Tate, Billy Gautreau, Jeff Mackinnon, Shannon Brown, Carrie Calvin, Aleha Anderson, LaPorshia Washington.



Beginning Band Front Row: Ann Palmer, BJ Simpson, Jessica Crespo, Juan Viveros, Logan Garretson, Mary Gilhooly, Carmine Colagrande, Ellen Kelleher; **Second Row:** William Niepmann, Carlton Calloway, Daniel Hawkins, Januari Farrell, Joshua Mayo, Claude LeGrande, Jeremy Owens, Graham Moore, Robin Owens; **Back Row:** Corinne Hicks, Amy Panek, Amber Wright, Astria Newman, Jessica Pierce, Kelley Muldoon, Melissa Paden, Leila Grimm, Enn Lyle, Neal Hobson.

The shriek pierces through the auditorium as **Frankenstein**, played by sophomore **Chalmers Hood**, chokes the life out of **Elizabeth**, played by sophomore **Sarah Palmer**. The **Drama Club** and **Art Club** worked together on the play by coordinating the sets and the float.

The beautiful twinkle of music flows through the room. Topped with a festive Santa hat, sophomore **Ramona Miller** warmed up for the December 22 Christmas Concert. Several members of **Tri-M** came together as both the **Orchestra** and **Band** played in the concert.



Roberto Santiago



Michele Bidelspach



Drama Club Front Row: Tiffany Paul, Maggie Horn, Mickey Fong, **Treasurer** Shannon Bailey, **Secretary** Alison Melton, **President** Heather Farley, **Vice President** Kristin Dellermann, Kristina Welch, Danielle Cunningham, Katie Austin, Heather Thorstad; **Second Row:** Carly Jarvis, Leslie Crane, Don Blanton, Karen Kelley, Theresa Debban, Jacqueline Smith, Elizabeth Martin, Resha Mirchandani, Lauren Bailey, Julie Wise; **Third Row:** Josh Warren, Derek Luther, Brian Davis, Andrew Dillan, Jim Carney, Tommy Schoegler, Reggie Ray, Chalmers Hood, Marc Yarborough, Dan Hale, Eric Greiling, Mr. Albert Smith; **Back Row:** Amy Panek, Shannon Patterson, Liz Cackowski, Rosie Weber, Richard Pitts, John Vooley, Suzanne Stewart, Meghann Peterlin, Scotty Baker, Heather Macdonald.



Thespians: Front Row: Tiffany Paul, Mickey Fong, Theresa Debban, Lauren Bailey, **Vice President** Karen Kelley, **President** Dan Hale, **Treasurer** Reggie Ray, Heather Farley; **Middle Row:** Kelly Christianson, Andrew Dillon, Eric Greiling, Brian Davis, Jim Carney, Shannon Bailey, Mr. Albert Smith; **Back Row:** Kristin Dellerman, Resha Mirchandani, Liz Cackowski, Don Blanton, Rachel Wahlquist, Tommy Schoegler, Jacqueline Smith, Shannon Patterson, Alison Melton.



Art Club Front Row: Mrs. Cheryl Sagers, April Thurber, Brian Crowley, Leslie Quinn, Eddie Alexander; **Back Row:** Frank Moyer, Shannon Pettitt, Brian Karnback, Lena Burkett.



Tri-M Front Row: Chanda Gorman, **Secretary** Sabra Unterzuber, **President** Carolyn Phillips, Rebecca Gale, Amy Saunders, Eric Fay; **Second Row:** Lynn Slatcher, Betsy Perkins, Lauren-Alexis Bailey, **Treasurer** Katie Austin, Heather Thorstad, Rachel Hudson, Krista Ludwig; **Third Row:** **Vice President** Shellise Piazza, Joshua Dakon, Taylor Campbell, Steve Jones, Blair Lockamy, Heather Herman, John Dooley, Mrs. Gaylie Lund.



Roberto Santiago

Organizations

Voice, Hand and Heart

Art has no definition. It can take any direction the artist wants to go. I like to think of it as expressing emotion through some medium — paints, words, or musical tone — in such a way that it can be transferred to other people," said senior Lynn Slatcher. Drama Club, Art Club, and the honor societies Tri-M and International Thespian Society shared their love of the arts.

Members of the Drama Club and Thespians practiced everyday after

Students Display Their Artistic Talents With Music, Art and Dramatic Productions

school. These actors and actresses performed for the school and community. "Being the bride of Frankenstein was great! I annoyed Dan Hale during practice by wiggling my toes which should not happen because I play a corpse," said senior Heather MacDonald.

The clubs worked together to produce art. "Making floats and sets for Drama Club was neat. It brings a sense of satisfaction seeing some-

thing that the Art Club worked so hard on display," said junior Stephanie Gleichsner.

With other clubs joining together to help out, Tri-M brought together Band, Orchestra and Choir. "The best part about being in Tri-M is being around people who love music as much as I do," said senior Chrissy Brehm.

The love of all forms of Art became evident as the Drama and Art Club and the musicians worked together.

by Rebecca Woodcock



extraordinary people

Dan Hale

Dan Hale got involved in drama because it presented a challenge. Since then, he has been a prominent figure in the department taking on diverse roles. "It allowed me to bring characters out of the scripts and into life."

"Tiny Tim's crutch!" cried senior Liz Cackowski who played Scrooge in the Dec. 16 opening of "A Christmas Carol." Little did the audience know, but the crutch was missing. The mistake was played off well by the actors and actresses to the delight of the backstage.

Brownie in hand, Mr. Charles Staunton stops at the Foreign Exchange students' reception. The Spanish Honor Society held the reception in February to give the foreign students a chance to meet each other and students interested in foreign cultures.

Blow out the candles! Senior Eric Greiling leans over to extinguish a candle at the Beta Club inductions that were held in October. He was chosen as the member-at-large and assisted in installing the new officers and in inducting all the new members.



Michele Bidelsbach



Roberto Santiago



Beta Club Front Row: Erin Murphy, Lili Castilla, **Secretary** Elizabeth Vernon, **Treasurer** Matt Henry, **Vice-President** Amy Sutton, **President** Jon Jones; **Second Row:** Naviera Hall, Heather Thorstad, Rachel Wahlquist, Theresa Debban, Stephanie Hockman, Heather MacFarlane, Allison Kaplan, Jennifer Hummel; **Third Row:** Claire Fontenot, Rebecca Woodcock, Jon Luedke, Mary Rekas, John Blair, John Dooley, Sung Pak, Roberto Santiago; **Back Row:** Crystal Clarke, Maggie Piczak, Heidi Ley, Shannon Farrell, Jessica Carr, Qasim Cheema, Brandy Warren, Tiffany Paul, Caritta Lee.



Beta Club Front Row: Melissa Broome, Katie Lyng, Karen Shull, Kristina Welch, Megan Rossi, Chrissy Smith, Laura Williams, Karen Kelley; **Second Row:** Kellie Couch, Kristin Legore, Carolyn Phillips, Alison Melton, Debbie Ward, Mieke van Leeuwe, Cerina Wanzer, JoMarie Maniwang, Kelley Curtin; **Third Row:** Christine Beck, Rosie Weber, Catherine Deadman, Liz Cackowski, Jenn Scott, Eric Greiling, Andrew Harned, Brian Davis, Tony Medaglia, Sean Lynn, Shawn Kim; **Back Row:** Jim Carney, Alex Cogswell, Ryan Yoho, Shelli Jendrossek, Azish Filabi, Kevin Flanagan, Jeff Giasson, Colleen Karnas, Rebecca Greenberg, Emily Anne Jackson, Becky Graham.



National Honor Society Front Row: Theresa Debban, Karen Kelley, Amy Saunders, Erin Murphy, Noelle Shaw, **President** Jen Hummel, **Vice President** Stephanie Hockman, **Secretary** Amy King, Rosie Weber, Sherie Purefoy, Michele Bideslpach; **Second Row:** Tiffany Paul, Alison Melton, Blair Brown, Tammy Tavares, Karen Shull, Debbie Ward, Jo-Marie Maniwang, Cerina Wanzer, Mieke van Leeuwe, Laura Williams, Tiffany Winston; **Third Row:** Kelly James, Catherine Deadman, Renier Fee, Loriele Meriweather, Lance Breeden, Jon Luedke, Andy Basehoar, Jeffrey Cook, Mark Volzer, Brian Davis, Amy Sutton, Katie Lyng, Roberto Santiago; **Back Row:** Liz Cackowski, Rebecca Woodcock, Leslieanne Swanson, Rebecca Murphy, Kelley Curtin, Jim Carney, Summer Stewart, Jodi Malinowski, Brian Carino, Sung Pak, Heather Macdonald, Allison Kaplan.

Make the Grade

In the eerie darkness of the room, candlelight shone on the face of the student. She solemnly read a short speech and then lit a red candle as the new officers and members were inducted.

Beta Club inducted ninety-nine students to reward them for their academic achievements. "When we had Beta Club inductions in October, I had the opportunity, as an officer, to see how it works. I learned that each candle's color has a specific meaning related to the office," said senior Elizabeth Vernon.

In the foreign language honor organizations, students found that living so far from the culture they stud-

ied prevented them from truly participating in the culture. "I suggested that we visit Mardi Gras in New Orleans to experience French culture, but Mrs. Scortia refused. The prospect of being responsible for 25 high school students scared her. We have been relegated to watching French movies after school and eating crepes," said senior Rachel Wahlquist.

The academic honors organizations rewarded students that exceeded the standards and provided them with a chance to learn more about the foreign cultures that they studied.

by Stephanie Hockman

Students Reap the Benefits of Hard Work



Roberto Santiago

On the auditorium stage, Mrs. Carol Carpenter holds the Beta Club book open so junior Joey Card can sign in. The Beta Club held their induction for juniors and seniors in October. They had 99 members that had to maintain a GPA of 3.75 or better in order to remain in the club.



National Honor Society Front Row: Maria Soto, Rebecca Gale, Christine Beck, Heather MacFarlane, Brandy Stevens, Brandy Warren, Julie Wise, Melissa Broome, Kristin Zerkow, Heather McDonnell; **Second Row:** Kellie Couch, Carole Woolley, Rachel Wahlquist, Sabra Unterzuber, Heather Thorstad, Azish Filabi, Kristin Dellerman, Katie Austin, Naviere Hall, Sarah Flannagan; **Third Row:** Jon Jones, Jenn Scott, Elizabeth Vernon, Robert Baker, Taylor Campbell, Eric Greiling, Andrew Harned, Tony Medaglia, Sean Lynn, Josh Mayne, Shawn Kim; **Back Row:** Marshall Bishop, Heather Johnson, Shelli Jendrossek, Jeff Bass, Alex Cogswell, Andrew Dillon, Ryan Yoho, Matt Henry, Dan Flaherty, Becky Graham, Heather James, Jeff Hummel.



Spanish Honor Society Front Row: Heidi Ley, Brandy Stevens, Phoenix Adamson, Sung Pak, Maria C. Soto, Rosangela DiManto, Amy Saunders, Michele Bidelsbach; **Middle Row:** Mr. Mark Churchwell, Reshma Mirchandani, Sean Lynn, Jeff Giasson, Reggie Ray, Kevin Flanagan, Brian Davis, Mrs. Kathy Latham; **Back Row:** Maggie Piczak, Kristin Legore, Rebecca Greenberg, Kym White, Heather Herman, Theresa Franklin, Emily Anne Jackson, Shannon Farrell, Roberto Santiago.



French Honor Society Front Row: Mrs. Sue Scortia, Carole Woolley, Erin Vargas, Chrissy Smith, Rachel Wahlquist, Megan Rossi, Amy King, Kevin Bull; **Back Row:** Mark Volzer, Pepe Rodriguez, Jean Blair, Andy Harned, Taylor Campbell, Elizabeth Vernon, Matt Henry, Collen Karnas, Eric Greiling.

People and Politics

Imagine a room full of happy children laughing and smiling on a day they had imagined to be sad. Thanks to the help of the Student Council Association, the school managed to collect toys that were donated to Toys For Tots, the program that collected toys for underprivileged children. "The key to running these programs smoothly is by working together. We all get along and work really well with each other. I think it helps that we are all good friends," said Senior Class Treasurer Peggy VanMullekom.

The rise in school spirit also

showed how well the student government worked with the student body. "All of the SCA and Executive Council officers have worked hard together this year to keep the students involved in all Woodbridge activities. Spirit has been contagious," said senior and SCA president Jim Car-

ney. The SCA was not the only club that demonstrated group efforts when it came to politics. The Young Republicans and Young Democrats participated in government outside the school. Both clubs handed out fliers on election day, Nov. 8. Although the groups had to stand fifteen feet from the booths, students commented on how they felt like they had made a difference. "The Young Republicans is a good club. Even though I don't plan on being a politician, the club gives me a chance to be an active participant in government," said senior Scott Whitlock.

The student government and political clubs gave students the chance to learn about the political process.

by Leslieanne Swanson

Student Government Offers A Chance To Experience A Taste Of Politics



extraordinary people

Kelly Bevens

As Historian of the SCA, senior Kelly Bevens records in writing and photographs everything that happens throughout the year. She wanted to be involved in the SCA because she wanted to be a link for the students to the administration.

The new SCA president greets the upcoming freshmen and new students at an orientation held before the school year begins. Senior Jim Carney talked about the coming year. The job of the president was to act as a bridge between the students and the administration.



Roberto Santiago

Organizations

Roberto Santiago



Five is the magic number for senior Cliff Harris. At the senior class meeting, Harris decided that the Viking theme was the best choice for the homecoming float. Seniors attended the meetings to voice their opinions about issues and events such as homecoming and graduation.



SCA Front Row: Sherrell Brogden, **Executive Council** Dan Hale, **Secretary** Shelli Jendrossek, **Vice President** Jim DeGenova, **Treasurer** Peggy VanMullekom, **Historian** Kelly Bevins, **President** Jim Carney, **Executive Council** Azish Filabi; **Middle Row:** Jenni Gray, No Souvanaratana, Souky Sisovong, Ebony Singleton, Julie Wise, Heather Farley, Michelle Dowdy, Huma Zaidi, Christina Bull; **Back Row:** Allen Rankin, Shannon Bailey, Vanessa Cantaue, Nicholas Zizzo, Blair Lockamy, Brian Davis, Heather Herman, Angie Christman, Susan Lutes.



Young Democrats Front Row: Matt Henry, Micah Turnquist, Lisa Wright; **Back Row:** Melissa Broome, Azish Filabi, Taylor Campbell, Maggie Horn.



Young Republicans Front Row: Brian Carino, Brent Maloney, Rob Meyerson.

Speaking Words of Wisdom

Students Learn Research and Oration Skills Through Their Public Speaking

Silence in the room was complete. Two competitors looked at each other with grim determination on their faces as they prepared to debate.

After they conquered their fears, debaters learned from the experience. "I was petrified at my first tournament. Debate is not the sort of thing that you can just jump into. I did pretty bad at that first tournament. But at my second one, I had much better results and realized that improving isn't as hard as it looks," said sophomore Jill Inskeep.

Student Congress taught students speaking and research skills. "In English class, Student Congress has taught me to stand up in front of my class and give a speech. I've learned how to do research and put things together in a set time frame. It has also made me watch the news," said sophomore Andrew Ormes.

Public speaking activities also afforded students an opportunity to interact with students from different schools. "At an M.U.N. tournament

at George Mason H.S. in October, a delegate from Woodbridge got together with someone from another school and

they kidnapped the chairperson. They put colanders on their heads, turned the lights on and off and disco danced to imaginary music. It was really funny except for the dancing; it was painful to watch," said senior Parham Kassaie.

Whether the activity was debate or formal speech, students learned valuable skills.

by Stephanie Hockman

Stephanie Hockman

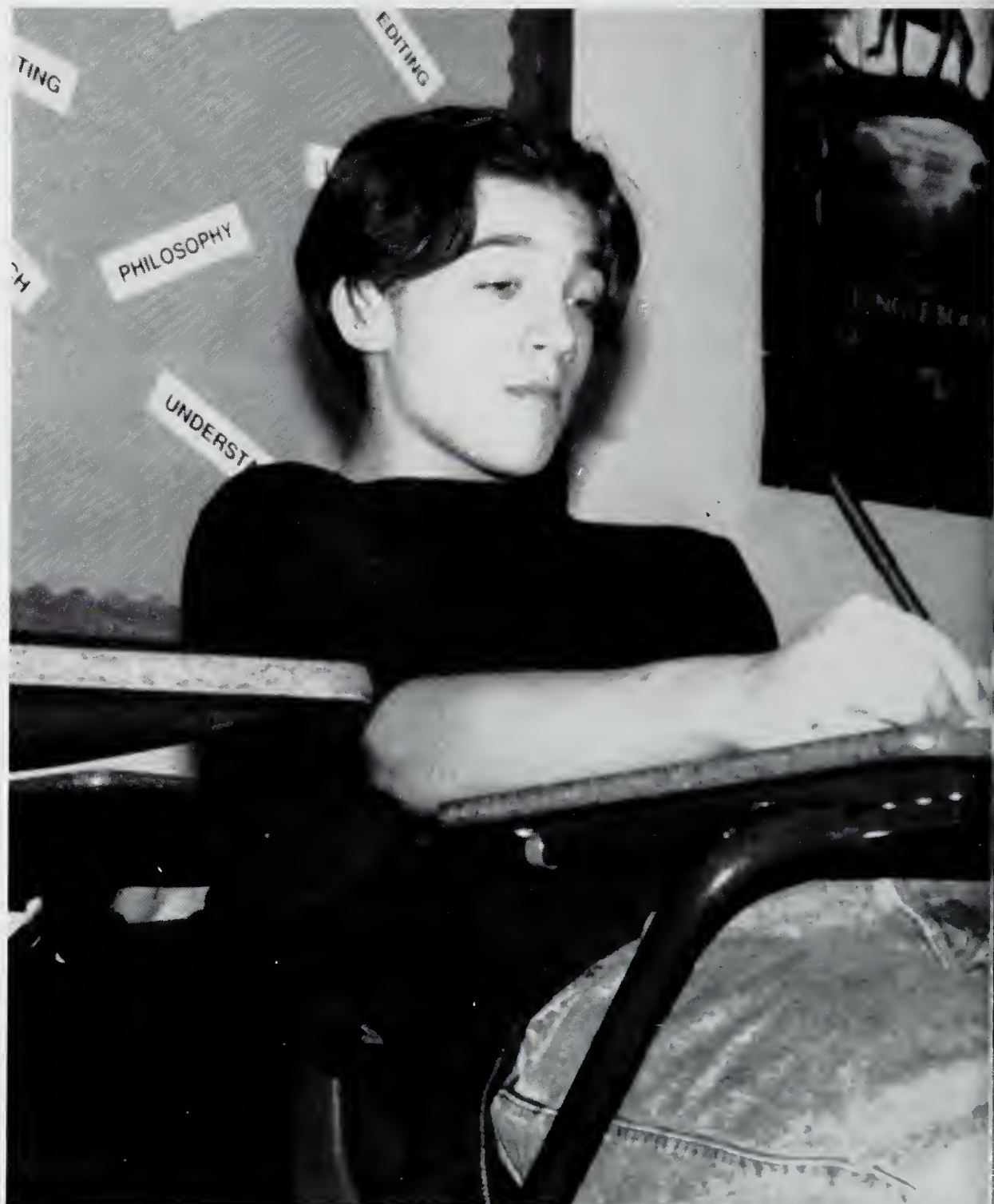


extraordinary people

Mégan Rossi

In the middle of the second round at a tournament in December, junior Mégan Rossi, to her dismay, found herself without a clue as to what the next words of her speech were. Rossi managed to remember her speech, though, and placed fifth.

A look of concentration on his face, sophomore Francisco Portell works on his debate case. Debaters spent hours doing research at the library and then perfecting their written cases at the meetings. The topics that the competitors had to research changed each month.



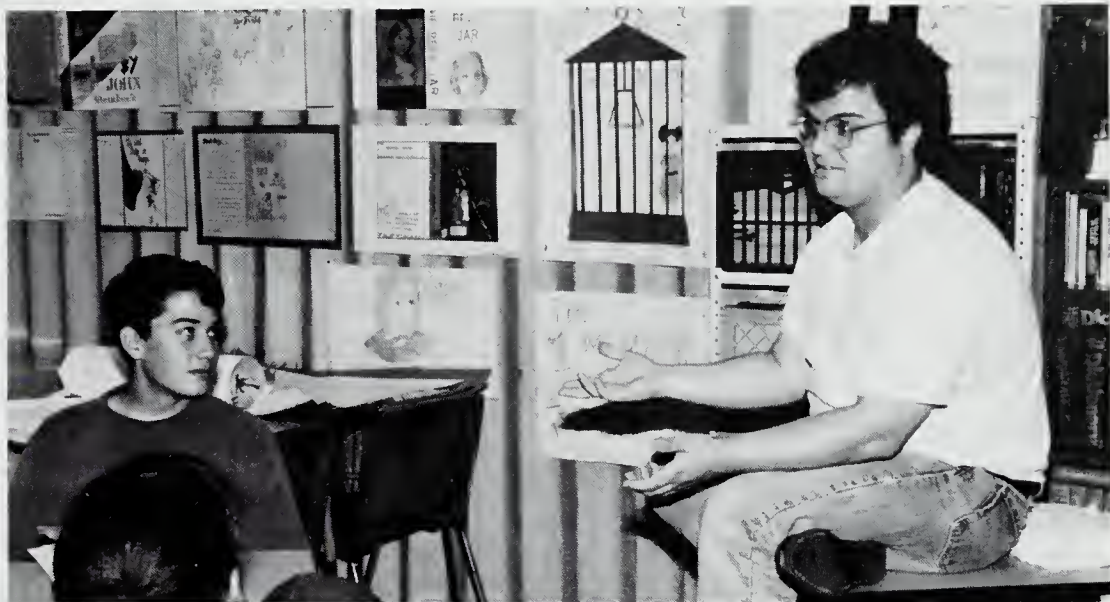
Roberto Santiago

Organizations



While listening to music on her discman, sophomore Khilia Robinson practices her poetry. She was sitting in the cafeteria at West Potomac for the December Forensics tournament. Before the first round of competition, students practiced their piece.

Students listen intently to the coach, Mr. Marty Nohe, as he tells sophomore Andrew Ormes how to incorporate hand gestures into his student congress speeches. This activity not only required research, but also the knowledge of how to captivate an audience.



Stephanie Hockman



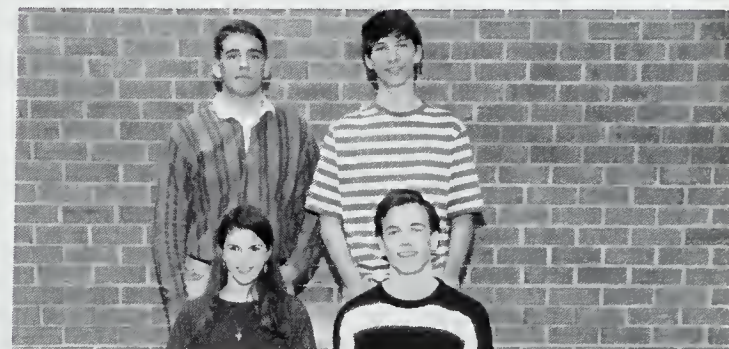
Student Congress and Forensics Front Row: Lieutenant Jim Carney, Mike Hicks, Mike Luley, Andrew Ormes; **Back Row:** Lieutenant Megan Rossi, Captain Stephanie Hockman, Khilia Robinson, Sarah Fetter.



Model United Nations Front Row: Dan Harrison, Deputy Secretary General Parham Kassaie, Jim Barrett, Jerry Rosemin, Susan Peters, Jessica Rodriguez, Scott Horneber; **Middle Row:** Mr. Robert Loftus, Anthony Iheme, Dan Hale, Undersecretary Matt Crane, Elizabeth Vernon, Linda Gautreau, Olga Troyanskaya; **Back Row:** Sherie Purefoy, Sherez Choudry, Eric Dobbs, Carlos Urrutia, Leighton Shank, Alexander Zharinov, David Leckrone.



Debate Front Row: Jill Inskip, Ann Marie Phillips, Kristin Buckstad, Brandy Warren, Julie Foxworthy; **Back Row:** John Curran, Eric Dobbs, John Blair, Kevin Bull, Sung Pak, Kevin O'Brien.



Academic Team Front Row: Theresa Debban, Jim Carney; **Back Row:** Ryan Yoho, Eric Greiling.

Front and Center

Not a single voice was out of unison or a step out of beat as the cadets chanted, "I don't know

what I've been told . . ." This chant, as well as others, could be heard as the Junior Reserve Officer Training Corps practiced marching and drills. JROTC taught students responsibility and leadership skills. "When we play games such as Man Hunt, it allows us to work together to help our teammates from being captured. I apply these leadership skills to athletics and to school," said junior Angela Santiago.

Students felt that the class was not only a chance to learn about the

Cadets Learn About Self Determination

military, but also helped them in their classes. "In JROTC we learn to read topographical maps which makes it easier to read maps in Earth Science and the wars we learn about are in our history classes," said freshman Ebony Johnson.

Besides the academic benefits, JROTC provided an opportunity for social improvement. "JROTC gives people a common ground where they can meet people of all kinds," said junior Ron Grayson.

Whether students learned about maps, wars, or marches, JROTC taught them discipline.

by Mads Hansen and Kelley Curtin

Present arms! Sophomore Max Kruschka explains to junior Ron Grayson and freshman Shannan Pettitt the proper way to salute. Cadets had to touch their hand to their eyebrow with the palm in sight. The fingers were cupped with the elbow parallel to the ground.



Roberto Santiago



Roberto Santiago



Color Guard Front Row: Batuna Marie Walker, Amy Stockwell, C/2Lt. Allison Leckrone, Tabettha Mason, Sgm. Joe L. Neely; **Back Row:** Phinix Lewis, Susan Katzbeck, Casey Morrow, Ron Grayson, Justin Lee, Justin Hoentz.



Raiders Front Row: Mike Lemus, Ben McKelvy, C/Ltc. Joel Caradine, C/Maj. David Graham, Douglas Quaderer, Leo Acuesta; **Middle Row:** 1SG. (Ret.) Gerald Cox, Ronald L. Grayson, Chris Harris, Steve Dockery, Charles Gallion, Justin Lee; **Back Row:** Scott Kelley, C/2Lt. Corey Stockwell, Terry Butler, Amanda Lewis, Valentin Sanchez, Nathan Fowler.



Commanding Staff Front Row: Heidi Ley, Prashant Uppin, Shannan Pettitt, CSM Mike Small, C/Ltc. Joel Caradine, C/Maj. Andrea Adams, C/Cpt. Roberto Santiago, Sandra Zepeda, Jennifer Howarth; **Back Row:** C/Cpt. Allen Rankin, Donald Hoffmann, Carey Morrow, C/Maj. David Graham, C/Cpt. Robert Lipp, Brian Davis, Justin Lee, Ben McKelvy.

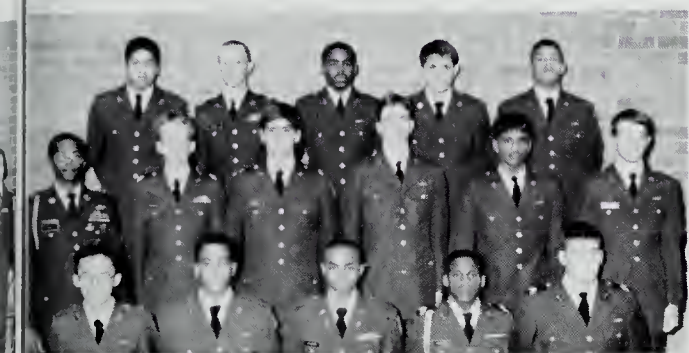


At the first annual Junior Reserve Officer Training Corps Dining In, senior Allen Rankin serves a chicken dinner to senior Andrea Adams. The Dining In was a formal dinner for JROTC cadets which consisted of chicken, roast beef, peas, mashed potatoes, and hot apple pie.

At the graduation ceremony, seniors Joel Caradine and Corey Stockwell and junior Angela Santiago and Susan Katzbeck present the colors. Not only were the flags presented at special ceremonies, but JROTC presented them at home football and basketball games as well.



Segall Majestic Photography



Male Drill Team Front Row: Leo Acuesta, Jason Gomez, C/2Lt. E. J. Jackson, Lee Prather, Douglas Quaderer, **Middle Row:** 1SG. (Ret.) Gerald Cox, Paul Thalacker, Steve Dockery, Michael Rush, Anthony Pereira, Scott Kelley, **Back Row:** Valentin Sanchez, Chris Ellis, Carl Pearskill, Rocky Riffle, Mike Lemus.



Female Drill Team Front Row: Sgm. Joe L. Neely, Hesuk Susan Kim, Ebony Johnson, Jenniffer Tossas, Gena McKinney, Tabitha Masen, Romina Goncalves; **Back Row:** Sandra Zepeda, Michelle McGrady, Attilah S. Jenkins, C/2Lt. Angie Christman, Angela Mullins, Ange Davis.



Rifle Team Front Row: Tim Strouse, C/Cpt. Allen Rankin, C/Cpt. Roberto Santiago, Allison Leckrone, **Middle Row:** 1SG. (Ret.) Gerald Cox, Eric Renfro, Amanda Lewis; **Back Row:** Jason Gibson, Carey Morrow, Scott Phillips, Max Kruschka.

Practicing a cultural dance at an African American Student Union meeting, senior Eusi Evans pays close attention to the moves she makes. The dance was just one example of the ways that members of AASU learned more about African culture.

Paying close attention to the sign language advisor, seniors Wendy Broadus and Jennifer Girtten practice the sign for boat. The Sign Language Club practiced their signs with each other at the club meetings in order to be able to communicate more effectively.



Roberto Santiago



Bridgit Kelly



AASU Front row: A.R. Jackson, Kingsley Mensah, Lee A. Prather, Veronica Harsley, Quadula Stanley, Monique Quarles; **Back row:** Ajoia Wescott, Monica Edwards, Robert W. Cruse, Blair Lockamy, Michelle Brebnor, Rachel Woolfolk, Carita Towns.



Sign Language Front row: Tommy Parker, Laura Rosynek, Tricia Ricciuti, Amelia Vernon, Jennifer Girtten, Wendy Broadus, Alicia Walker, Michelle Dowdy, Katie Allen, Shannon Stocks; **Second row:** Ms. Karen Simpson, Sabrina Rude, Robert Albrecht, Elizabeth Heisey, Shannon Sing, Marc Yarborough, Shannon Bailey, Charity Lane, Audrey Newcomb, Lisa Ann Mitchum; **Back row:** April Davis, Amy K. Majewski, Kim Whitlock, Kimberly Walker, Jennifer Conner, Denise Lipscomb, Kristin Legore, Rhi Sampson, Alicia Brown; Not pictured: Sarah Davis.



Spanish Club Front row: Jessica Maddox, Shannon Stocks, Raquel Zelaya, Cyndie Perdomo, Shannon Farrell, Teresa Franklin, Heather Herman, Matt Trotta; **Second row:** Erick Salmeron, **Secretary** Bianca Smith, **Historian** Jenni Gray, **Vice President** Heidi Ley, **Vice President** Brian Davis, Nicholas Zizzo, Marie-Louise Kunad, Jennifer Briere; **Third row:** Mrs. Korgan, Nate Barfield, John Farrell, Andy Pillifant, Tom Youngbluth, Gerardo Portela, Jason Moss, Christian Johnson, Tara Brennan; **Back row:** Marissa Jarvis, Danielle Parker, Michael Tomlinson, Lindsay Rial, Rebekah Donahue, James Dutrow, Ryan Cummins, Casey Powell, Chris Ford.

Organizations



Wee Bit O' Culture

Students Use Clubs to Learn and Practice Culture

The January 3 announcement for the Spanish Club echoed through the crowded hall followed by a reminder to check out the Kwanza display set up by the African American Student Union. The cultural clubs allowed students to learn and practice their different cultures.

The Spanish Club gave students learning Spanish the opportunity to practice speaking and to learn about the Spanish culture. "Learning other languages has many rewards and the Spanish Club is one of them. We learn a lot about the culture," said

senior Reshma Mirchandani.

The Sign Language Club received a good following for a first year club. "In the sign language club, I make friends by signing. It's good

because I love to sign," said sophomore Tommy Parker.

The Kwanza display was just one example of the efforts of the African American Student Union. "I like teaching others what I have learned by being involved with the club," said senior Lorielle Meriweather.

Clubs allowed students to explore their cultures as well as others.

by Rebecca Murphy



Stephanie Hockman

extraordinary people



Alicia Walker

Communicating by signing was easy for senior Alicia Walker. She had grown up being exposed to the deaf culture and she used her knowledge to help others involved in the Sign Language Club and classes.

At a Spanish Club meeting, seniors Alexander Zharinov and Brian Davis have a glass of fruit punch. The meetings for the Spanish club were fun and social as well as a learning experience. The club involved itself in teaching others about Spanish culture.

Culture Clubs

Little Helpers

Working with Woodbine. Red Cross Blood Drive. Wrapping presents. Counseling kids. Helping the environment. Trying to reduce the amount of drinking and drugs. Clubs participated in these activities to help the community.

Norsemen's big events were bringing Christmas presents to the children at Woodbine preschool, and then in the spring, sponsoring a Blood Drive. "I really like Norsemen because I feel like I've helped not only my school, but the community as well. It's a great feeling to know you've helped other people," said senior Jenn Schwartz.

SADD was a new club with a new name: Students Against Drinking

and Drugs. "Our goal is to cut back smoking on school grounds and to lower the amount of drinking and drugs," said sophomore Bianca Smith.

The Key Club participated in wrapping presents at Potomac Mills and ringing bells during the holidays to help disabled children. The Science and Ecology Club helped to get involved with the environment by recycling and giving trees on Ar-

bor Day.

Teen Counselors talked to middle school students to help ease the transition into high school.

Students benefited from the activities of the clubs.

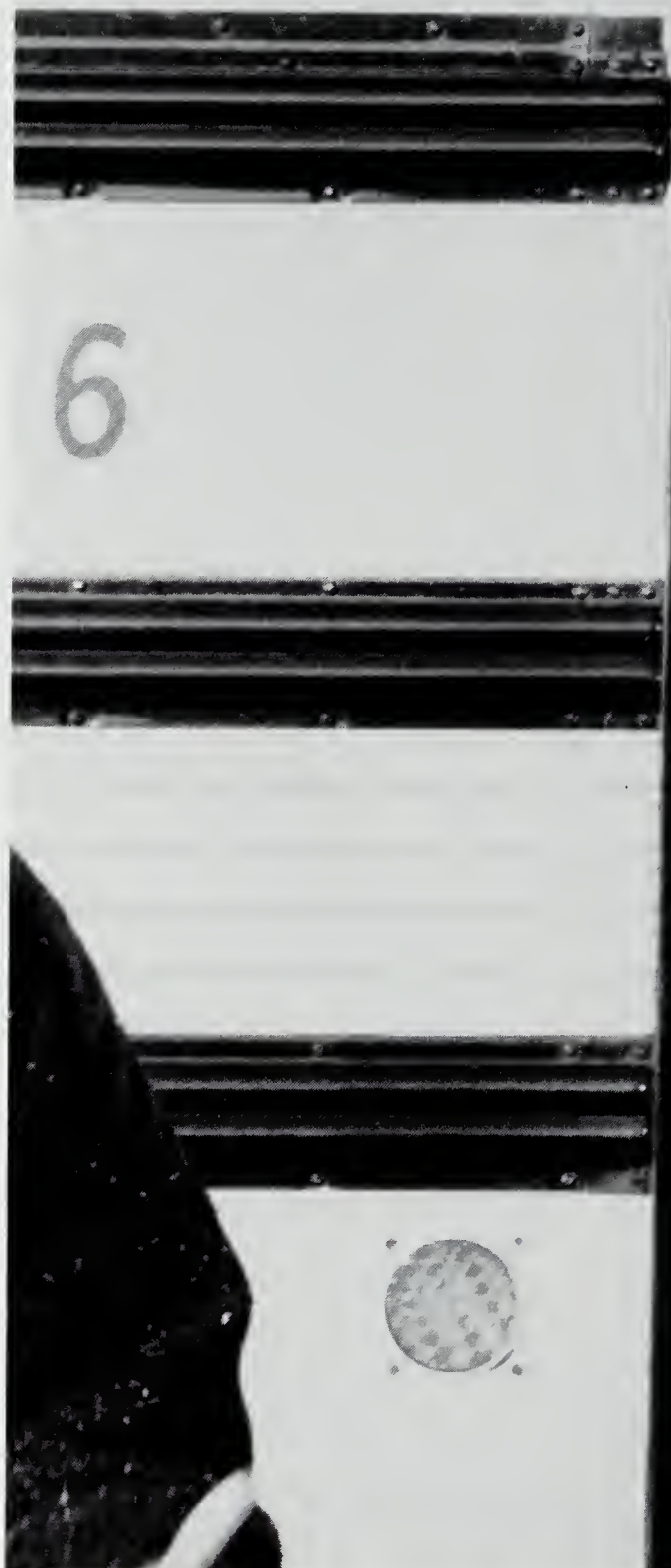
by Heather James

Students Help School and Community

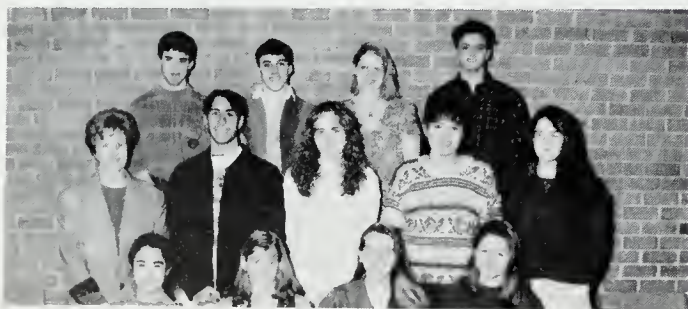
Here is some more information for you. Senior Stephanie Redmon, treasurer of the Key Club, passes pamphlets out to other members of the club. The Key Club participated in community service to help the school and the community.



Roberto Santiago



Mr. Andrew Stanley



Key Club Front Row: Christine Beck, Vice President Brandy Stevens, Treasurer Stephanie Redmon, Michelle Dowdy. **Middle Row:** Sponsor Harriet Pinckard, Nicholas Zizzo, Mary Rekas, Domonique Kanouse, Stacey Christopher. **Back Row:** Thomas Yarwood, Michael Powers, Jacqueline Smith, Brian Carino.



Science and Ecology Club Front Row: Jim Barrett, President Amy King, Namdi Martun, Tania Warren, April Davis. **Middle Row:** Sponsor Dr. Jim Young, Dawn Gleichsner, Melissa Broome, Jessica Maddox, Toi C. Kyles, Chris St. Germain, Cindy Lizano. **Back Row:** Michael D. Elliott, Michael Tomlinson, Danielle Parker, Heather Herman, Rebecca Greenberg, Angie Christman.

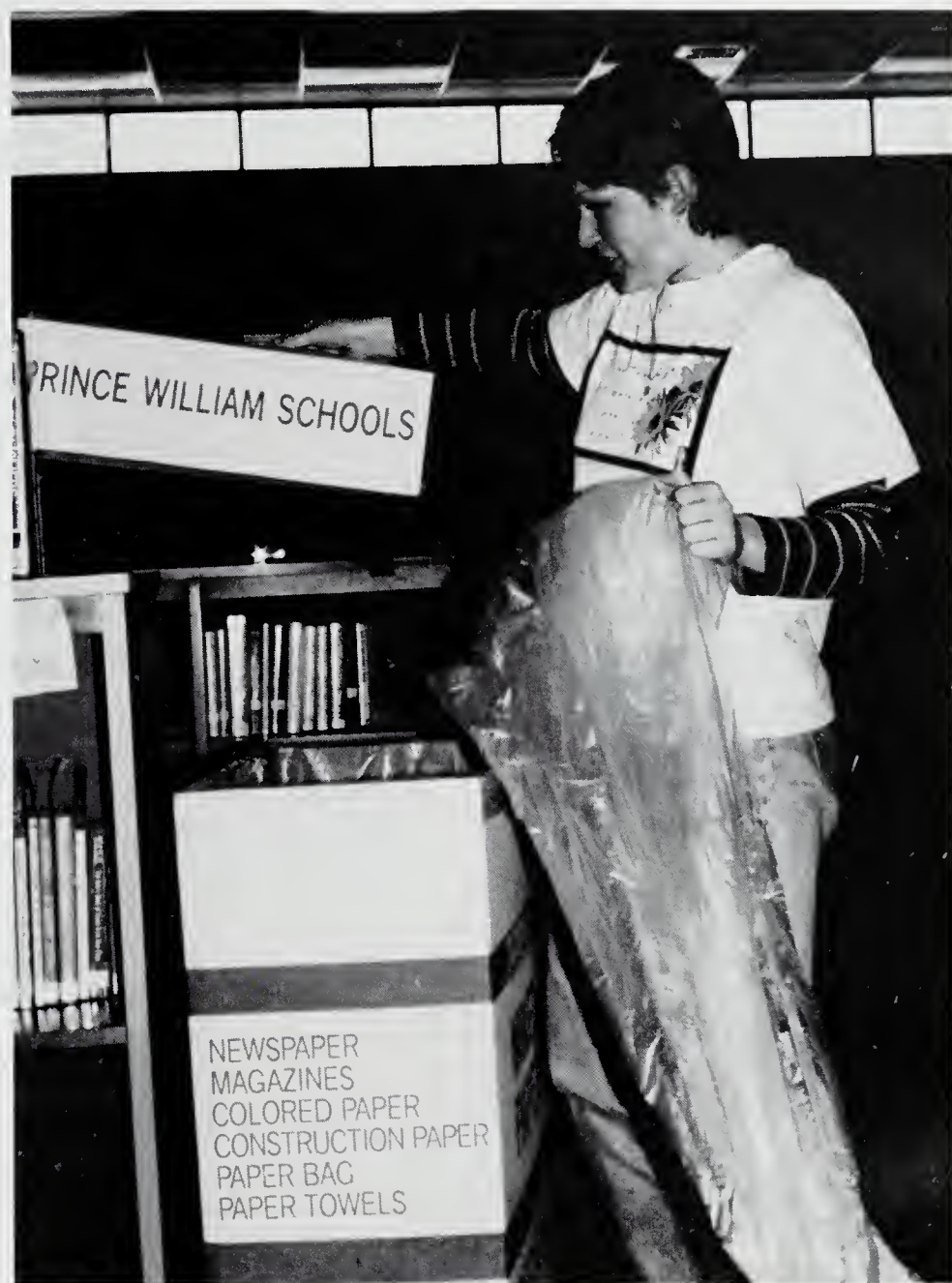


Norsemen Front Row: Rachel Nakamura, Michelle Dowdy, Andrea Littig, Ashley Rinehart, Michelle Looney, Lili Castilla, Alison Keehan, Jennifer Schwarz, Wendy Fouts, Susan Lutes, Paul Nichols. **Second Row:** Andy Trotta, Jen Looney, Shea Northup, Rebekah Donahue, Jenni Gray, Lindsey Rial, Adam Soos, Ryan Schnurr, Raleigh Sepkowski. **Third Row:** Jeff Gotherman, Matt Trotta, Tim Donnelly, Brent Maloney, Andy Hewlett, Jason Moss, Brant Sanderson, John Mumley. **Back Row:** Allison Nichols, Neil Vaughn, Kyle McNight, Brian Richards, Matt Johnston, Dan Abe, Marcus Gadson, Brian Carino, John Sellers, Joe Lighthill, Chris Keefe, Kym White, Wendy Bricker, Nathan Moorleghen, Masa Abe, Chad Snead.



Watch your step! Senior James Long steps off the bus with his big bag of presents for the preschool kids. Norsemen participated in giving gifts to the children at Woodbine preschool every year around Christmas time. This brought smiles to the children's faces.

Time to empty the trash! Junior Rebecca Greenberg empties the paper recycling bin for the Science and Ecology Club. Recycling the paper and the soda cans in the school was part of being in the club. Their main objective was to help the environment.



Roberto Santiago



Teen Counseling Front Row: Chrissy Brehm, Kelly James, Jen Hummel, Caritta Lee, Jo-Marie Maniwang, Mieke Van Leeuwe, Tiffany Paul, Alison Melton, Heather Thorstad, Sabra Unterzuber. **Middle Row:** Kristin Zerkow, Teddra Thomas, Tara Butler, Stephanie Glad, Shannon Sing, Renee Fox, Treva Greer, Patrick Richardson, Rhi Jampson, Ann Marie Phillips, Christine Beck. **Back Row:** Shelli Jentrossek, Peggy VanMullekom, Krista Ludwig, Sydney Sentman, Elisabeth Moore, Jon Luedke, Rebecca Woodcock, Shannon Patterson, Alison Kaplan, Julie Wise, Julie Granahan, Brandy Warren.

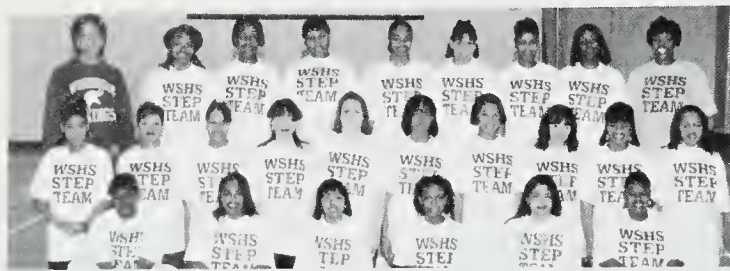


Teen Counseling Front Row: Karen Shull, Chris Cashion, Gena McKinney, Amy Torre, Heather Farley, Jeffrey Hummel, Ace Allak, Melissa Seitz, Lisa Swanson, Heather James. **Middle Row:** Barry Gauch, Colin Deaso, Brent Maloney, Lance Breedon, Jenn Scott, Suba Bannister, Jessica Nelson, Daniel Cleary, Shawn Kim. **Back Row:** Jeff Bass, Mads Hansen, Leslieanne Swanson, Kelley Curtin, Rebecca Murphy, Eusi Evans, Azish Filabi, Rosie Weber, Vanessa Cantave, Jacqueline Smith, Jennifer Gray.



SADD Front Row: Jessica Buhidar, Tiffanie Fermster, Maria Raofi, Nicole Feimster, Julie Granahan. **Middle Row:** Sponsor Theresa Mahmood, Carter Elmore, Barry Gauch, Heather Herman, Redonna Rudy. **Back Row:** Stacey Christopher, Marie-Louise Kunad, Bianca Smith, Elizabeth Mason, LaTrice Jenkins.

Looking to see what her teammates are doing, junior Latisha Rowe marches to create a beat for the Step Team. The team made their premiere to staff and students at the January 13 pep rally. Students experienced the change of entertainment that the Step Team brought.



Step Team Front Row: Kareen Babb, Carla Simpson, Monique Quarles, Devoyne Williams, Jessica Crespo, Tanaisa Rainey; **Middle Row:** Star-kisha Williams, Toi Kyles, Chennel Lafate, Latisha Rowe, Erika Brum-mett, Adria Goldsmith, Sherrell Brogden, Sarah Izaguirre, Lakisha Brax-ton, Robin Baker; **Back Row:** Mrs. Cheryl Robinson, Loriele Merriweather, Natasha Copeland, Contessa Bush, Nicholle Davis, April Goss, Tameka Garrett, Michelle Brebnor, Mrs. Benita Spears.



Varsity Club Front Row: Dawn Gleichsner, Susan Lutes, Kim Newell, Jim Dutrow, Beth Portell, John Mumley, Chris Neblett, Alex Chemerys, Brad Lewis, Debbie Rothlein, Michelle Ruch, Jeffrey Hummel, Stephanie Gleichsner; **Second Row:** Roberto Santiago, Shannon Farrell, Maggie Piczak, Natalie Myers, Jennifer Gray, Rosie Weber, Jodee Reish, Jamie Hol-liday, Becky Graham, Jennifer Isherwood, Susan Gibson, Sara Lyng, Shan-non Sing, Caritta Lee; **Third Row:** Tiffany Paul, Karden Kelly, Laura Ro-synek, Megan Rossi, Noelle Shaw, Debbie Ward, Tammy Taveres, Kristin Legore, Kristina Welch, Lili Castilla, Tricia Ricciuti, Karen Shull, Kelly Sakai; **Fourth Row:** Dennis Emison, Matt Smith, Mads Hansen, Brian Davis, Chris Carlsen, Steve Jones, Reggie Craft, Lee Thompson, Nate Bar-field, Jon Luedke, Resheed Quash, Jena Moorleghe; **Back Row:** Chris Meadows, Steve Perry, Michael Sims, Steve Finney, Nicholas Zizzo, Chris Loucks, Patrick Todd, Elizabeth Cowardin, Kelley Curtin, Rebecca Wood-cock, Amy Burns, Heather James, Sydney Sentman, Krista Ludwig, Ashley Rinehart.



Plague Front Row: Tiffany Paul, Jessica Maddox, Sabrina Rude, Shan-non Stocks, Christine Beck, Lauren-Alexis Bailey, Julie Wise, Parham Kas-saie; **Middle Row:** John Lohr, Marissa Jarvis, Danielle Parker, Michael Tomlinson, Jim Carney, Michael Powers, Tom Bishop, Dan Hale, Adrian Donovan, Chris Hatcher; **Back Row:** Stephanie Humbarger, Richard Pitts, Heather Herman, Huma Zaidi, Roberto Santiago, Sherie Purfoy, Shannon Bailey, Heather Farley.



Roberto Santiago

Organizations

Good Vibrations

The Plague cheered and painted posters. The Step Team performed routines at basketball games. The Varsity Club held bake sales to raise money. What

these three organizations had in common was promoting school spirit.

The Plague was a new club. Started by Mrs. Edwina Drake, it was similar to a pep club. They made signs for games, sat and cheered in one section at pep rallies, and attended games to support the teams.

Another new organization was the

Step Team, the first of its kind in the county. Co-sponsored by Cheryl and Will Robinson, they did routines that involved dance, step, and marching at basketball games.

interesting," said senior Toi Kyles.

The Varsity Club raised money to pay for athletes' varsity sports letters. "The fastest and easiest way to earn money is to have a bake sale.

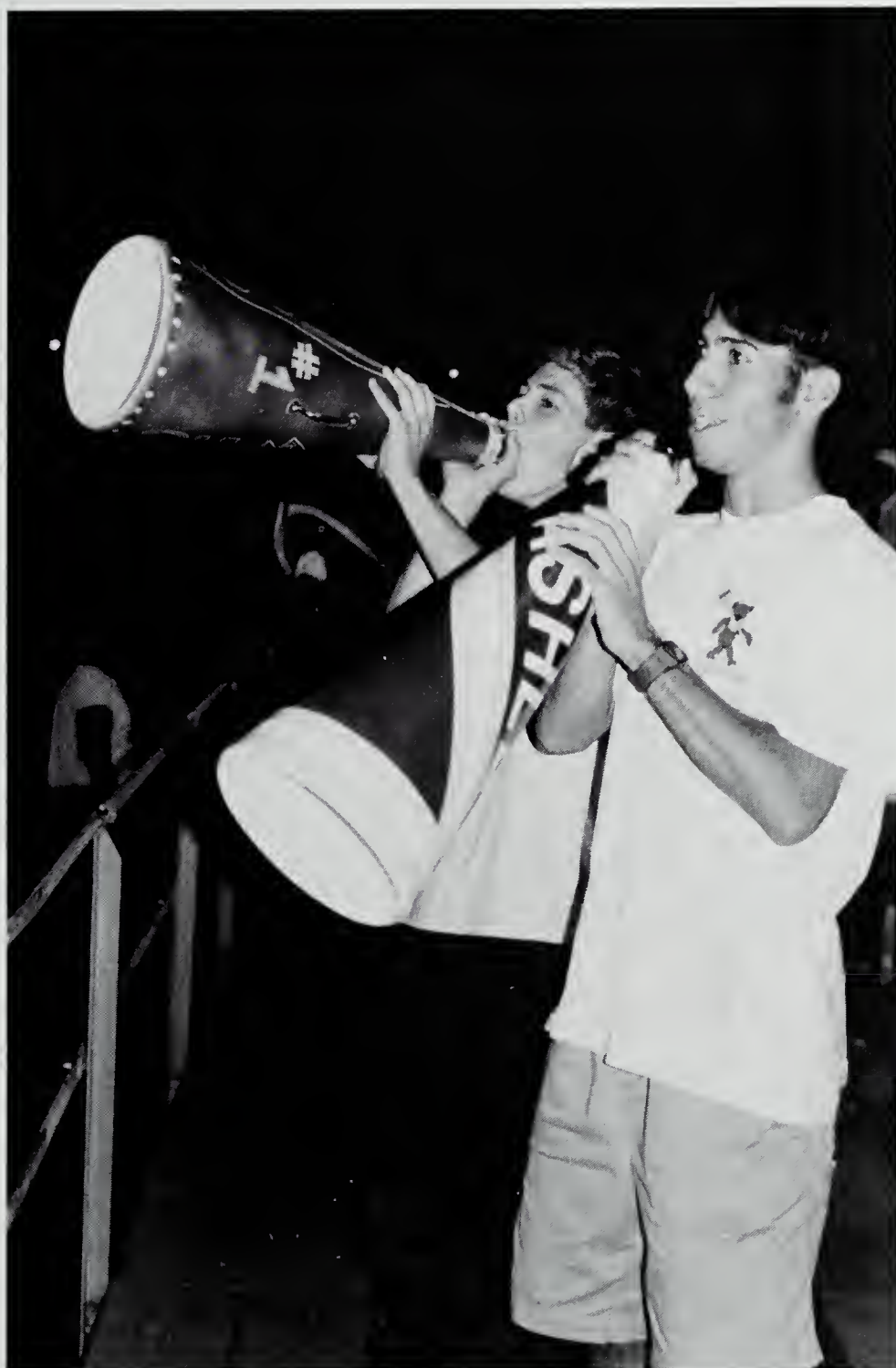
People are hungry and the baked goods are right there in the lobby," said junior Sara Lyng.

Spirit was felt in the form of vibrations on the gym floor. Along with the Step Team's excessive clapping and stomping came an excess of spirit.

by Rebecca Greenberg

All at Once They Cheer, Stomp, Bake and Help Promote School Spirit

The Step Team was a new way to get students excited and involved in spirit. "The Step Team was asked to be formed for three years. Not everyone can kick their legs up like the Vikettes, and with this you can make up your own beat. It's fun and



Roberto Santiago



extraordinary people

Sabrina Rude

Junior Sabrina Rude was a member of the Plague. She went to every home football game and even some away games. At the Homecoming game she painted her face, made noise makers out of cans, and gave support to the Woodbridge team.

Standing on the bleachers near the 50 yard line, senior Rob Karhnak and junior Nick Zizzo give their support to the football team. The Vikes were at Potomac High School and were about to score a touch down. The Plague traveled with the team to their away games.

Spirit

The smell of the solutions spread through the air as seniors Tamika Harris and Beth Jessee give another perm. Customers came into the school and the cosmetology students did their hair and make-up. Giving perms gave students a chance to practice beauty techniques.

While senior Kristin Zerkow writes out Valentine cards to children in the hospital, Zerkow makes sure that all the names are spelled correctly. FBLA was an organization that prepared students for the future and helped the needy on holidays and special occasions.



Bridgit Kelly



Roberto Santiago



DECA Front Row: Moe Sawaneh, Laura Montoya, Cindy Lizano, Lorie Williams, Mariana Quackenbush, Renee Trimbur, Stacy Campbell, Shanna Williams; **Middle Row:** Eddie Gowe, Martiene McCalls, Redonna Rudy, Dryannia Headley, Dennis Dorsey, Kyeisha Richardson, **Historian** Lonielle MeriWeather, Christina Patrick, Mrs. Kristen Cheatham; **Back Row:** Jamie Dugan, Teddra Thomas, **Vice President** Lisa Swanson, Sarah Fetter, Karishma Mirchandani, Jill Mumert, Ragean Reigle, Kareen Babb.



Cosmetology Front Row: Becky Adams, Leyla DelRosario, Tonema Sanders, Kebra Negash, Beth Jessee, Sharika Purnell, Sherry Paleng; **Second Row:** Tamida Shafig, Monica Carr, Devoyne Elliot, Shalonda Patterson, Kellie Smith, Kristen Mandley, April Suchland; **Third Row:** Mrs. Debra Myles, Erika Brummett, Tanakia Harris, Stacey Aaft, Alisha Sowells, Jennifer Schuller, Jennifer Gross, Shaneka Williams, Hope Reed; **Back Row:** Crystal Holliday, Cristina Sotelo, Tiasha Carter, Danita Stephenson, Kendra Williams, Beth Craig, Ebony Wooden, Shannon Elsis.



FBLA Front Row: Angela Dennie, Sara Vins, Jennifer Kesner, Joey Novotnik, DeAnna Thorstad, Amanda Johnson, Sharon Cetel, Brent Bortedux, Krysta Relyea, Sheraz Khalid; **Second Row:** Jonathan Ohir, Nathan Fowler, Susana Iturregui, Brian Davis, **Vice President** Reshma Mirchandani, **Historian** Melissa King, **President** Kristin Zerkow, **Reporter** Maria Raofi, **Secretary** Stephanie Zerkow, **Treasurer** Jason Nevitk; **Third Row:** Jeff Bass, Karl Bayrer, Brad Evlurido, Kevin Flanagan, Andy Hewlett, Shawn Thompson, Allen David Rankin, David McGarry, Steven Carwile; **Fourth Row:** Brian Crowley, Eddie Alezander, Chris Cramer, Steve Gress, LeVar Sykes, Jason Brown, Mike Carter, Todd Breland, Danny Wittmann; **Back Row:** Matt Cronin, Shannon McGuire, Heather Nolton, Craig Rechkemmer, Marie-Louise Kunad, Heather Herman, Lisa Shimel, Nick Raciejewski, Eddie Huffman, Brian Blackburn, Lee Thompson.

Organizations

Creative Minds

The solution's odor could be smelled throughout the school. Cosmetology was doing perms again. Cosmetology, DECA, and FBLA were a way for students to prepare for the future.

Cosmetology was a club for students who were interested in being beauticians. "Cosmetology is great because it gives me a lot of hands-on experience that is invaluable to my future as a beautician," said junior Randy Vanison. Cosmetology provided experience for students.

Getting jobs, new fashions, and long hard hours of community serv-

ice was what DECA's all about. "In DECA we did a section on job interviews. It helped me because I knew what to do and I got the job," said senior Loriele Meriweather.

Students Look Toward the Future

Students in FBLA prepared for a future in business by helping their communities. They helped the needy and children in the hos-

pital by giving them toys and candy to show that they cared. "I like FBLA because they do different things for other people," said sophomore Mandy Nelson.

Students found a place to lend a hand and prepare for their future.

by Krista Clearwater and Terri Greer



Mrs. Dawn Moulen

In order to promote the Future Business Leaders of America, freshmen Katy Calvin, Deanna Thorstad, Barbara Gryder and Rachel Bartley carry the FBLA banner. The four girls marched in the October 28 homecoming parade that was held annually before the homecoming game.



FBLA Front Row: Tonya Tiller, Leslie Toler, Shannon Olguin, Heather Welsh, Shabnam Pirahad, Vicenla Gueoaro, Maricilo Cabreraia, Michelle Sullivan, Christina Hamrick, Anita McNab, Alicia Walker, Lisa Hassey; **Second Row:** Candess Bushlow, Leigh Ann Hendrickson, Cherre Marshall, Semre Tseggar, Nuatu Tseggai, Rachel Nakamura, Luisa Andrade, Nicole Feimster, Elizabeth Martin, Tiffanie Feimster, Taneca Mitchell, Dan Peterson; **Third Row:** Rebecca Tamez, Donald Hoffmann, Arthur Lambrus, Chong Lee, Brent Kincade, Ahman Dorsett, Brian Blackburn, David Via, Dawn Gielchsner, Tyra-Lyn Dayanan, Rabia Beg; **Back Row:** Chrissy Moore, Angela Santiago, Johanna Izaguirre, Michelle Brehnor, Veronica Harsley, Kristen Woolfenden, Tera Lerch, Liz Underwood, Mandy Nelson, Alejandra Guerrero, Cusslopeia Gage, Shannon Ray.

FBLA Front Row: Evelyn Stone, Melissa Ritenour, Amy Jahnke, Jennifer Martri, Krystal Wilson, Elizabeth Rogue, Barbara Gryder, Kevin Kleinman, Matt Roach, Monique Quarles; **Second Row:** Patrick Richardson, Margo Berry, Dennis Emison, Lance Breeden, Nate Barfield, Anthony Iheme, Tameka Garrett, Tiffany Winston, Rachel Woolfolle, Rachel Rogozinski; **Third Row:** Amber Lockhart, Alysia Barton, Loriele Meriweather, Jenn Scott, Alexander Zheveduov, George Johnson, Hugo Cabigs, Cory Frasier, Chris Smith, Ryan Zell; **Back Row:** Chanda Gorman, Leslie Wilkenson, Stephanie Humbarger, Sabrina Rude, Jaclyn Bringle, Linda Gantreau, Krishaun Allen, Robert Gerard, Ryan Cummins, Teresa Franklin, Chrissy Sieg.

Electric Youth

While senior Otto Escobar was surfing the Internet for the Computer Club, junior Duane Brown was filming a volleyball game after school for TV Productions.

"TV Production teaches you a great deal about the workings of a TV and also the machinery that accompanies the job," said senior Cathy Ullman.

After school on Tuesdays, the

Learning Center," said senior Sheraz Choudry.

TV Production combined components of working TV broadcasting with the enjoyment of filming moments not to be forgotten.

"I joined the Computer Club so I could get a greater understanding of the advantages and limitations of operating a personal computer," said senior Reginald Ray.

TV Productions taught students about the uses of the cameras and receivers so they could operate the machines on their own successfully.

Students Learn Practical Skills With Computer and TV Productions

Computer Club could be found working in the library's computer lab. "I just joined the Computer Club because I feel later in life it will come in handy to me. This way, I won't have to end up going to Computer

These courses gave students the hands on experience they need to survive in today's world.

by Chris Meadows

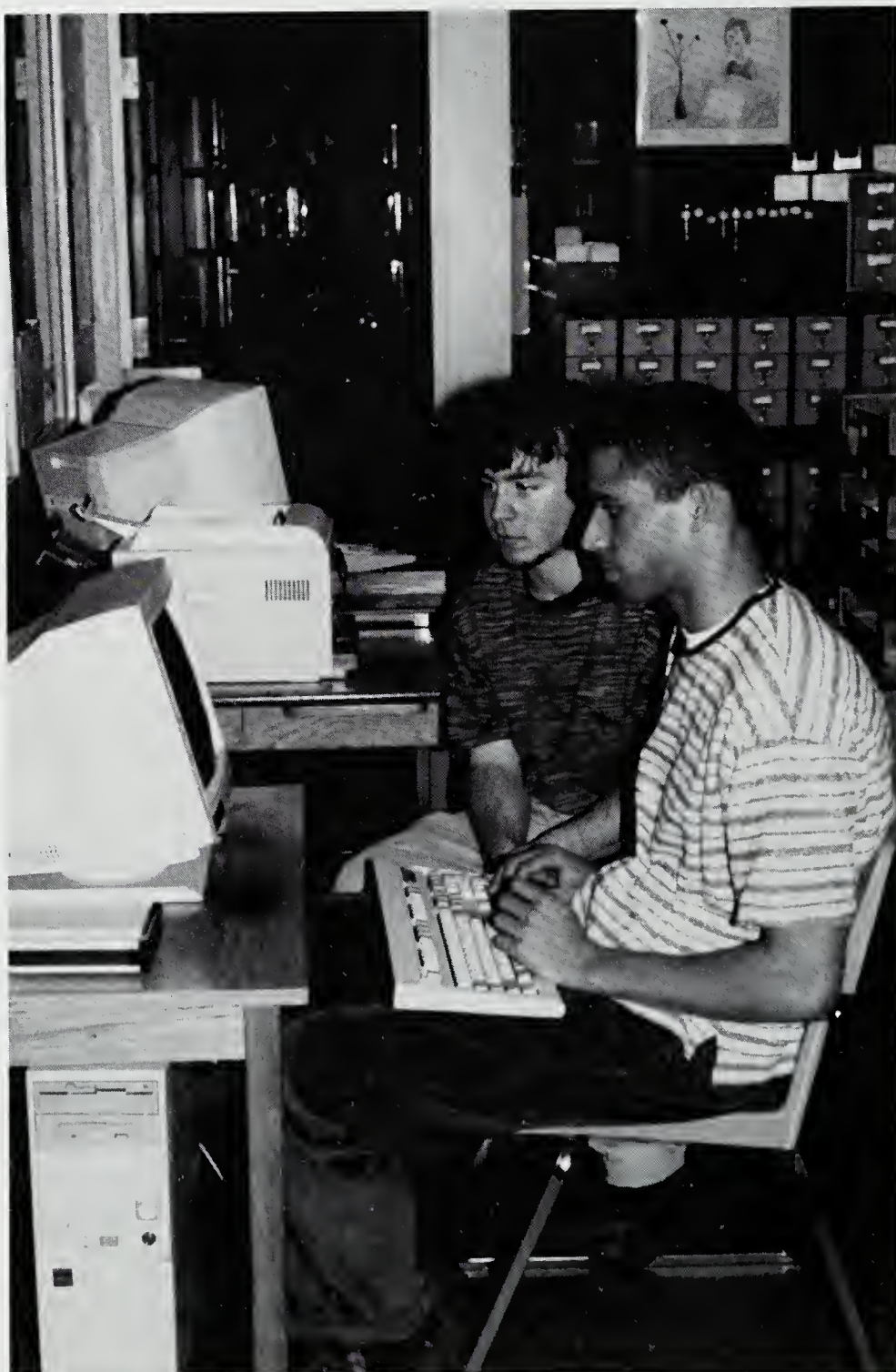


extraordinary people

Jeff Giasson

"I joined the Computer Club because I heard it was fun and I figured I had nothing to do after school. It also helps me with my typing skills and I understand the workings of the apple computers."

As juniors Stack-in Rosario and Robert Callender work on their program for the Computer Club, their compadres surf the Internet. The Computer Club offered a wide variety of activities for members, including games, Internet access, and the ability to create personal programs.



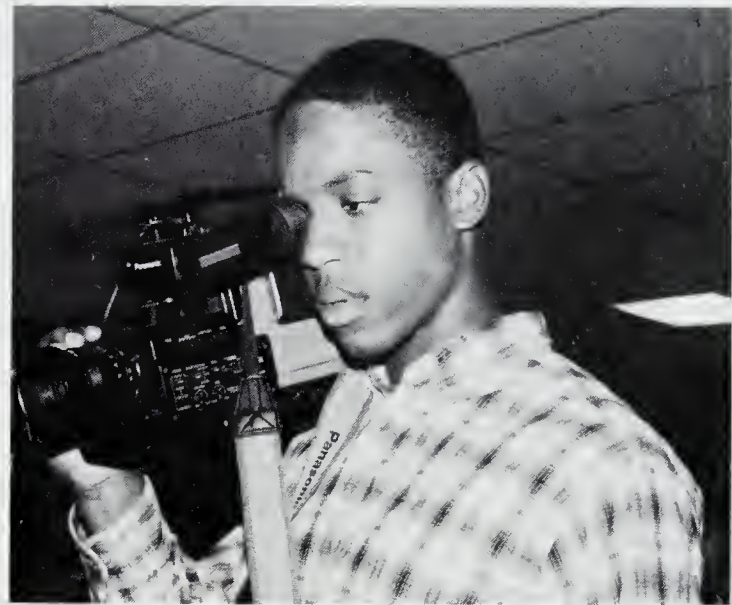
Roberto Santiago

Organizations



It is so hot out here. Junior Angelique Smith videotapes the graduation ceremony. Outdoor events were one of the many things students in TV Productions had to film. They also taped indoor sports, music concerts, drama productions and other special events.

Steady now. Senior Rasheed Quash holds the camera steady while focusing in on a friend. Clear, focused film was a must in TV Productions. Portable video cameras were one of the many tools students in TV Productions had to master as part of the class.



Seth Lowery



Computer Club Front Row: Dawn Jennings, Linda Gautreau, Amy Moody, Nikki Anderson, Scott Whitlock, Marissa Jarvis, Jenna Smith; **Second Row:** Duane Brown, Temeka Jerden, Rosemary Shields, Shannon Patterson, David Stewart, David Westgate, David Salisbury, Steven Carwile, Dawn Miller, David McPhillips, Tony Nguyen, Jennifer Barnett, Tracy Clemons, Peggy Blackmon; **Fourth Row:** Mr. Darin Jenson, Erik Burton, Jim Dail, Bryan Forsyth, Rasheed Quash, Dan Brinson, Jean-Micheal Rebeilleau, Yancy Ellis, Patrick Benton, Rickey Black, Cathy Ullman, Louis Normandin; **Back Row:** Angelique Smith, Mae Toia, Chanige Rogg, Azish Filabi, Aisha Scriber, Sam McIntyer, Jon Salisbury, Colin Kreutzer, Arthur Lambros, Mark Jackson, Eric Fallah.

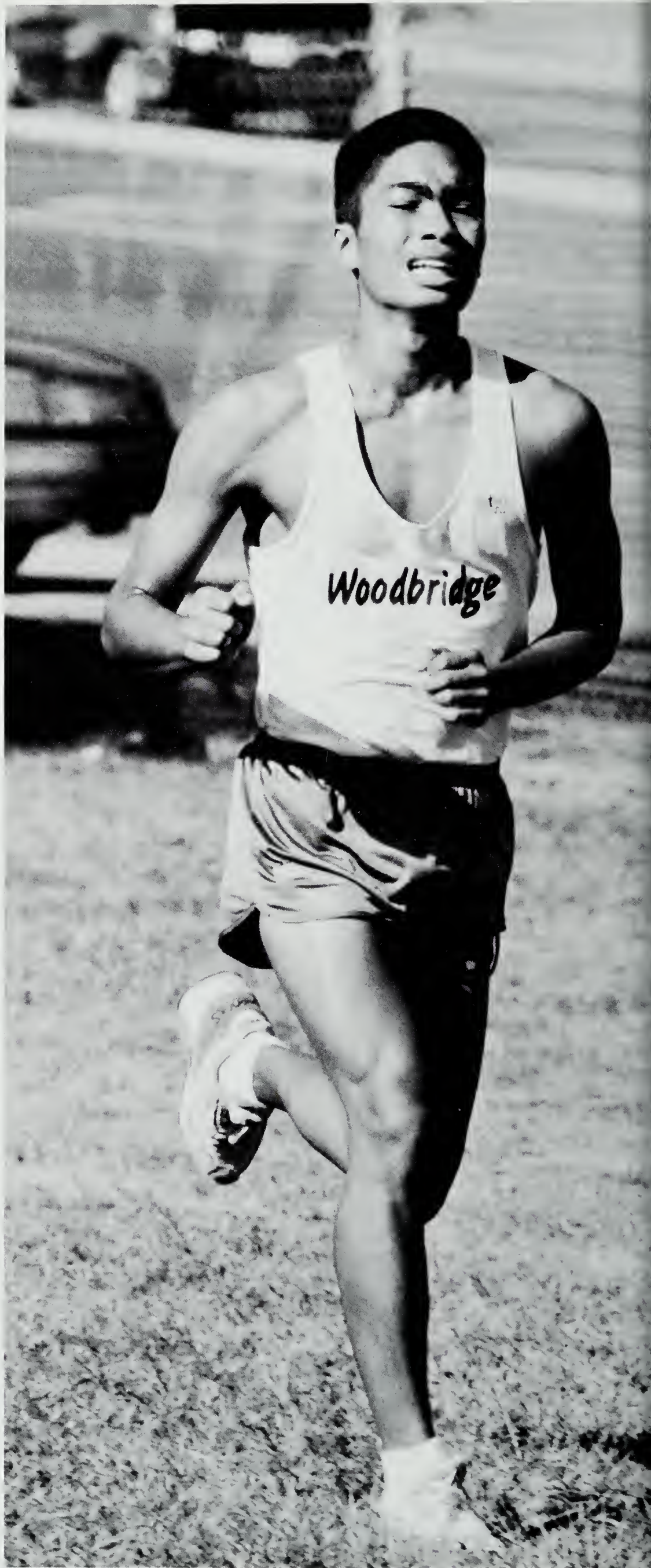


TV Production Front Row: Otto Escobar, Rob Calender, Kevin O'Brien, Leighton Shank; **Back Row:** Stockin Rosario, Reginald Ray, Sheraz Choudry, Jeff Giasson.

"Stroke. Stroke." With his face set in determination, freshman Anthony Bello rows during practice. Bello was a member of the Boys Freshman-Eight boat who won a bronze medal at the Northern Virginia Championships.



Nellamor Enriquez



Segall Majestic Photography



Excessive Force

Striding Right, Excessive

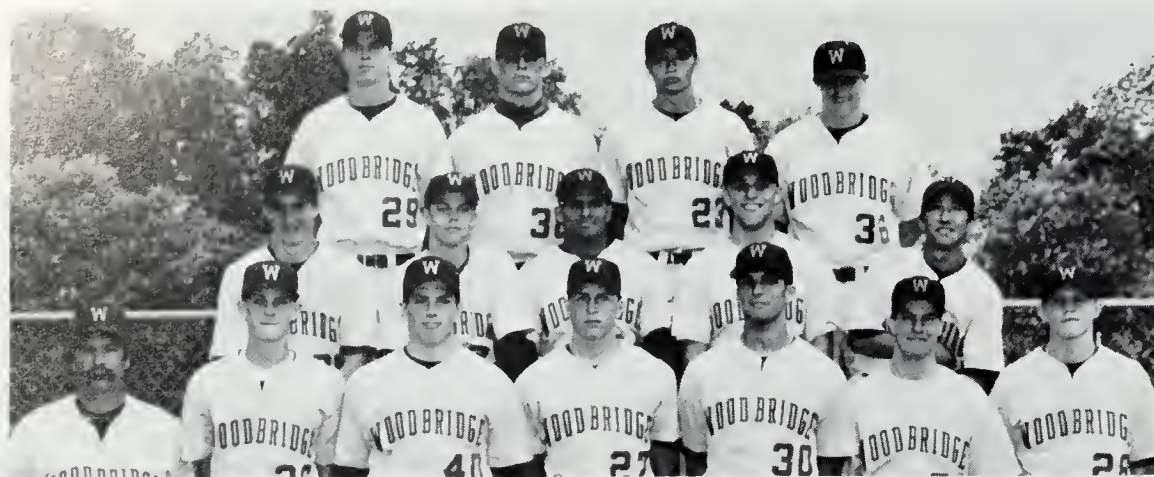
Changes Rock Sports Teams

A

s the Queen song "We Will Rock You" reverberated throughout both the crowded football field and the gym, the Vikings responded by sending 11 sports teams to Regional competitions and by advancing seven teams to State competitions. The Athletic department underwent change as five new coaches were hired: Mr. Paul Colangelo for Girls Tennis, Mr. Lou Lepore for Golf, Mr. Mike Petock for Girls Varsity Volleyball, Ms. Sally Gilman for Girls Varsity Basketball, and Mr. Billy Lanza for Boys Varsity Soccer. ✕ Change rocked the national sports scene as the baseball strike, which began on August 12, gripped the nation. It was the eighth work stoppage in baseball since 1972. ✕ Tennis star André Agassi cut off his trademark golden locks in exchange for a buzz cut after winning the U.S. Open. Greg Louganis, winner of a gold medal for diving at the 1988 Seoul Olympics, publicly announced that he was HIV positive. ✕

"Ain't nothing gonna break my stride. Ain't nothing gonna slow me down. Oh no! I've got to keep on moving." Senior Mike Saure runs the 3.1 mile race at the Garfield meet. The Cross Country team began practicing twice a day in early August, from 7:00 a.m. to 8:00 a.m. and from 1:00 p.m. to 2:00 p.m. When school started, however, practice was reduced to only once a day, lasting one and a half hours. Practice activities alternated, with runners spending two days lifting weights to build upper-body strength and three days running to increase speed and improve endurance. Runners were required to run ten miles a day, including weekends, jogging around the neighborhoods, from Mohican Road to Lake Ridge Park to Davis Ford Road. Their practice paid off, however, at the State meet in November when the boys placed fifth and the girls placed eighth. At the end of the season, each runner averaged an excess of 700 miles for the season.

Sports Divider



Varsity Baseball Front Row: Coach Richard Hilleary, Kyle McKnight, Nate Summers, Mike Zakio, John Husar, Richard Emison, Jason Moss **Second Row:** Steve Barnes, Dennis Emison, Emilio Perez, Danny White, Danny Abe **Back Row:** Lincon Burke, Barry Gauch, Lewis Capolupo, Matt Johnston

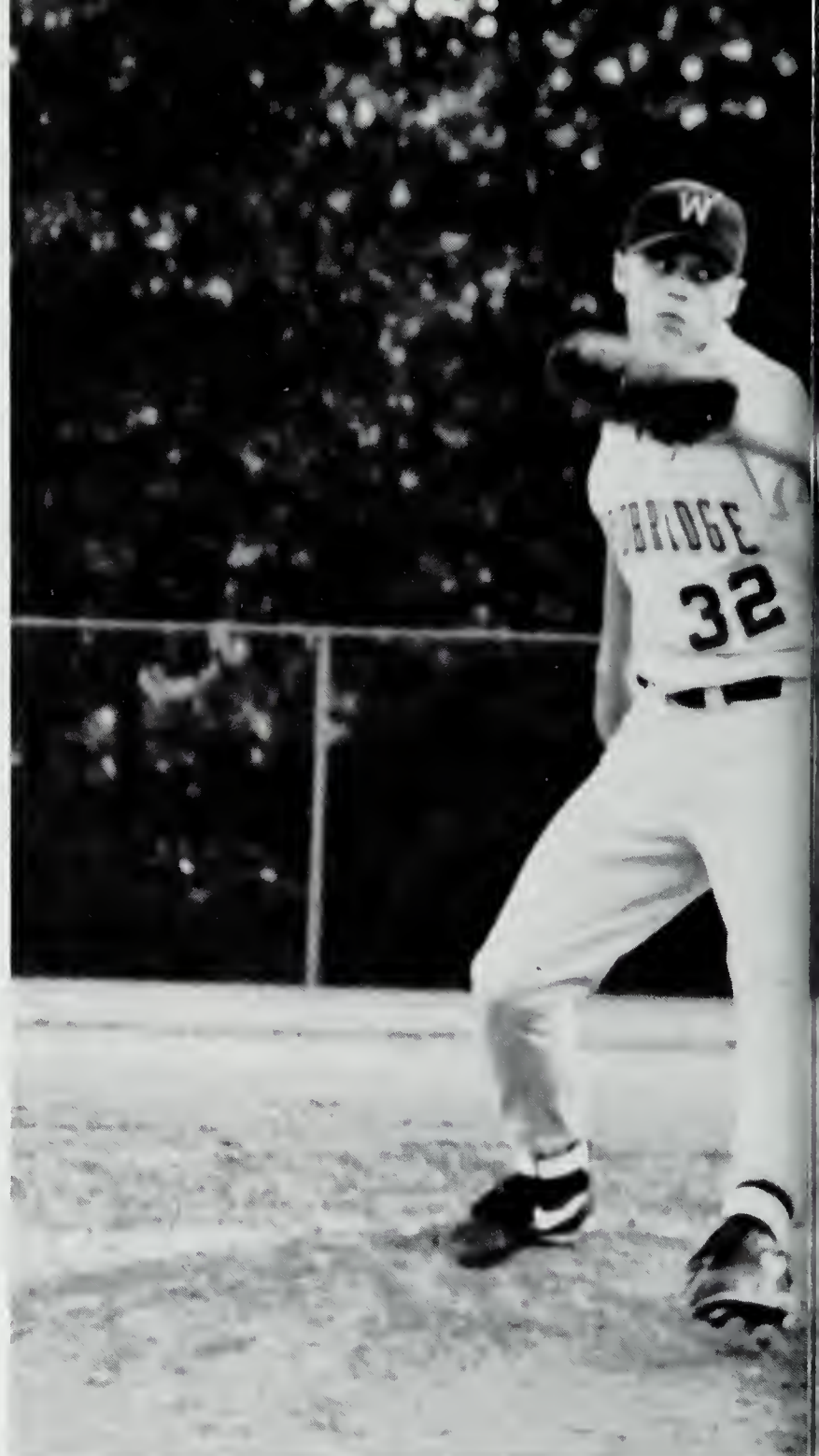


JV Baseball Front Row: Nick Leon, Masa Abe, Aaron Rogozinski, K.C. Lim, Matt Trotta, Justin May, Jarred Tullo **Back Row:** Brian Cole, Shawn Greer, Billy Gorman, Daniel Stewart, Chris Bennet, Bran Mquire, Tim Licata, Steve Pittman

W	Varsity	O	W	JV Baseball	O
11	Stonewall	6	6	Hylton	4
3	Stonewall	1	21	Stonewall	0
11	Stonewall	5	18	Brooke Point	5
10	Potomac	9	13	North Stafford	7
4	Potomac	6	10	Gar-Field	5
12	Potomac	5	21	North Stafford	10
	Championship		16	Brooke Point	1
6	Brooke Point	3	13	Osborn Park	4
4	Brooke Point	5	2	Potomac	3
17	Stafford	3	14	Hylton	3
11	Stafford	4	14	Stafford	4
8	Annandale	4	13	Fauquier	4
1	Osborn Park	0	8	Osborn Park	0
4	Osborn Park	3	12	Gar-Field	0
18	Gar-Field	12	12	Stonewall	11
4	Gar-Field	8	10	Potomac	2
11	Hylton	9	7	Stafford	4
1	Hylton	12	16	Season Record	1
14	Fauquier	11			
8	North Stafford	3			
11	North Stafford	4			
2	Halifax Regional	16			
16	Season Record	5			

COUNT ANOTHER

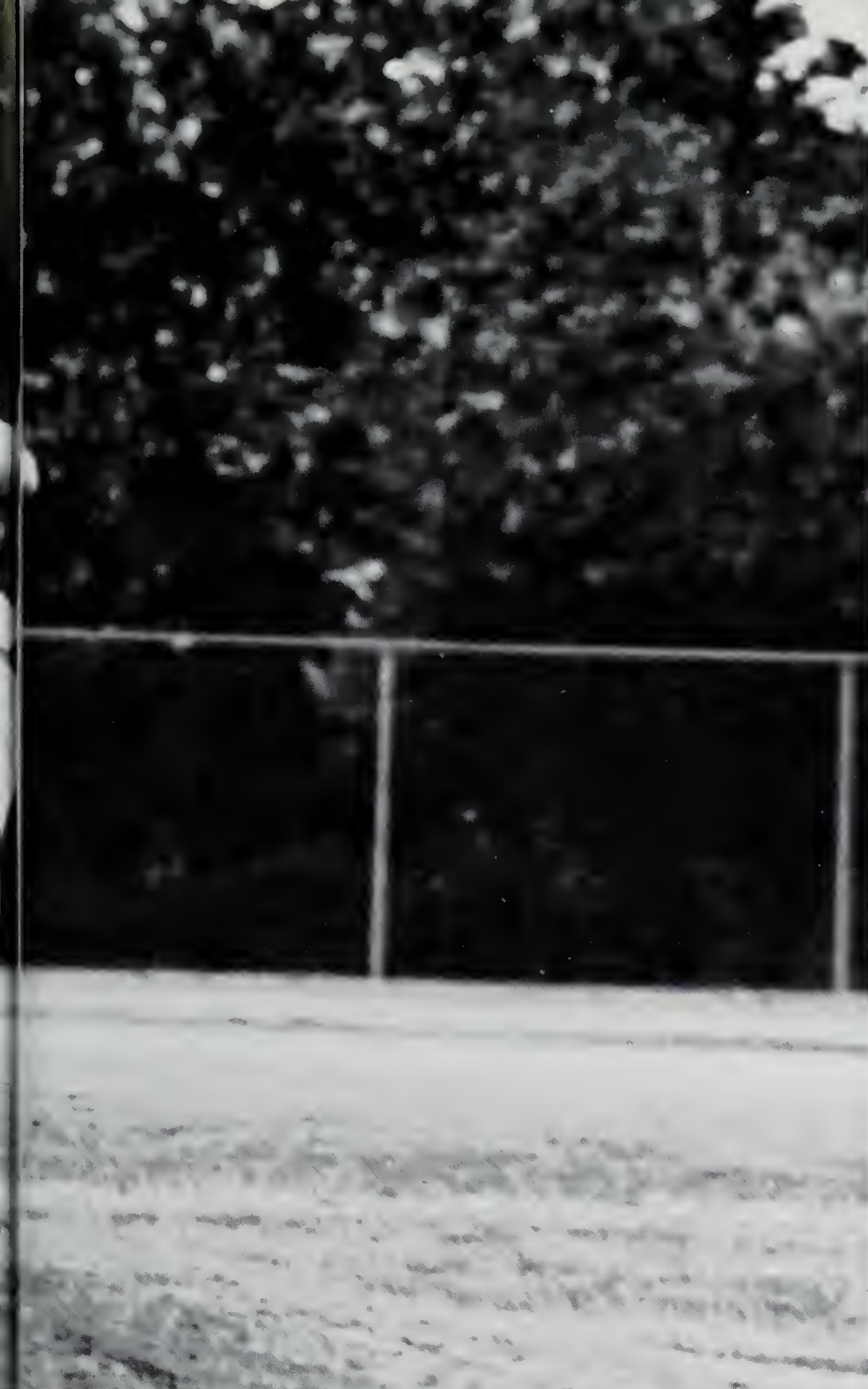
run for the Vikings! Freshman Tim Licata runs home, assuring the victory over Stafford. This victory added one to the win column in the JV's record of 16-1.



Nellamor Enriquez



Livie Barr



WITH STEADFAST

concentration, senior Danny White focuses on pitching the perfect strike. The team rotated pitchers every game to keep pitchers from pulling muscles in their shoulders.

CONCENTRATION

was the key to victory. Junior Dennis Emison takes a few minutes before the Potomac game to relax and concentrate on the strategies for the upcoming game.



Nellamor Enriquez

Next Batter on Deck

As the days got hotter and

the nights got brighter, the team took to the fields by taking the District championship title. The last time baseball held this title was 1990.

Before the game started everybody had to concentrate on the game. "I always go through the preparations of my game and concentrate on winning," said freshman Billy Gorman.

As the season progressed, five JV players moved up to varsity and found out that it was a more serious level of playing. "In a lot of ways playing varsity is much different than JV. This year the practices are much harder and longer mainly to get ready for tournaments; JV didn't

Three New Coaches and Three New Starters Make for a Winning Combination as both Finish

on top of District

have to play in tournaments plus, it is taken a lot more seriously. It is great, I enjoy playing so it is pretty much the same just at a higher level," said junior Danny Abe.

"We had a really great season. It was difficult at first because the players and coaches did not see eye-to-eye, but we were successful in what we wanted to accomplish, although we didn't make it to states, which was our main goal. Everybody played hard all year, that is all that counts," said junior Dennis Emison.

Due to the excessive amount of competition between teams, the teams spent over 560 dollars for fourteen to fifteen dozen balls, with each dozen costing 40 dollars.

With all new coaches and only three returning starters the varsity had a winning record of 15 wins and 6 losses. The JV had a winning record of 16 wins and only one loss.

by Krista Clearwater

AS THE BALL CROSS-

es the plate freshman Jeanne Nurthern squares around to bunt. Bunting was used strategically to advance the runners on base to scoring positions.

IN HER NEW UNI-

form, sophomore Michelle Matthews winds up for the pitch. The new uniforms provided pitchers with a looser, and cooler environment for easier pitching.



Roberto Santiago



Livie Barr

Just a Pitch Away

Face-Lifts Help Lift Team Spirit

The new, silver fence wound around the softball field. Inside the varsity girls wore their new uniforms and warmed up for the state championship game. This year the new look for the softball team went along with the new winning season.

The varsity girls went on to win second in the state tournament. The new uniforms helped contribute to the season. "We decided to get new uniforms because a lot of the area teams were

getting shorts, they are much cooler. We wear our socks up so we can slide into the bases," said sophomore Andrea Lozinak.

The new fence was also very helpful. It stopped balls from rolling down the hills and gave the players more room. "We were tired of balls rolling down hills and people trampling through the fields so we got a new fence," said junior Debbie Ward.

The junior varsity team also had a winning season. "I thought that we played re-

ally well as a team. We had a lot of enthusiasm for the game, and we were all supportive of each other," said freshman Erin Van Gorder. The biggest game for the JV was against longtime rival Gar-Field. "Our best game was when we played Gar-Field. We lost the first game to them and really wanted to beat them. I think we played our best game that day," said sophomore Stephanie Humbarger.

by Rebecca Murphy



Nellamor Enriquez



Girls Varsity Softball Front Row: Katy Murphy, Brandee White, Rebecca Murphy, Danica Dunkle;
Middle Row: Adrian Paune, Debbie Ward, Andrea Lozinak, Noelle Shaw, Stephanie Kodatt; **Back Row:** Talia Lake, Michelle Matthews, Heather Garka, Colleen Watson, Macy Price, Wendy Broadus



Girls J.V. Softball Front Row: Beth Nelson, Tami Howard, Morgan Lynn, Shelly Kodatt, Krista Clearwater, Rebecca Peavyhouse, Megan White; **Back Row:** Coach Tom Cindric, Amanda Lewis, Jeanne Nurthern, Stephanie Humbarger, Kristy Aiello, Chrissy Hansen, Kathleen Nurthern

W	Varsity	O
9	Brooke Point	0
6	W. Springfield	1
	Tourn.	
4	Hylton	3
5	Robinson	2
13	Stonewall	2
2	N. Stafford	1
2	Gar-Field	0
4	N. Stafford	1
7	Brooke Point	0
1	Osborn Park	0
18	Potomac	4
9	Hylton	1
12	Stonewall	3
1	Stafford	0
0	Gar-Field	4
21	Potomac	3
4	Stafford	1
6	Stafford	0
11	Stonewall	4
2	Gar-Field	0
0	Midlothian	2
19	Season Record	2

W	JV	O
9	Hylton	5
7	Robinson	11
13	Stonewall	2
9	N. Stafford	1
3	Gar-Field	9
16	N. Stafford	2
12	Brooke Point	4
16	Osborn Park	7
39	Potomac	4
4	Hylton	9
18	Stonewall	19
7	Stafford	4
12	Fauquier	6
9	Gar-Field	3
25	Potomac	3
19	Stafford	4
12	Season Record	4

"I have a lot of my friends on the softball team so I like to go to as many games as I can so I can support them. I also like the sport and enjoy watching my friends play. There have been a lot of exciting games. I was there at the state game cheering them on."

— Danielle Dumas, fan

HEY BATTER BAT-

ter swing! Sophomore Macy Price hits a single to right field. The girls spent practices in the batting cage working on their hitting.



Boys Crew Front Row: Matt Hayes, Chris Rose, Jeremy Urban, Colin Kreutzer, Alex Chemerys, Chris Condit, Matt Crane, Justin Klotz, Peter Smith; **Second Row:** Jeff Cueller, Loren Coulter, Chris Devine, Jeremy McDonald, Justin Foster, Chad Wallace, Jimmy DeGenova, Dave DeLeonardis; **Third Row:** Jeff Bass, Brad Nelson, Charlie Gallion, Chris Wells, John Megina, Chris Meadows, Bryan VanWinkle, John Varrieur, Robert Kahrnak; **Fourth Row:** Matt Smith, Mike Jones, Chris Clay, Anthony Bello, Jason Tremper, Rob Varner, Daniel Reese, Brian Anderson, Jim Grube, Ben Chapman; **Fifth Row:** Rob Wright, Coach Tom Moulen, Mads Hansen, Todd Yoho, Greg Peters, Tom Huntington, Nick Zizzo, Steve Perry, Josh Mayne, Brian Davis, Coach Angela Hart; **Back Row:** Chris Esterline, Chris Pratt, Scott Jaquays, Jim Dail, Kevin Kalmus, Sean Tracy, Matt Larsen, Steve Bidwell, Andy Harned, Coach Dawn Moulen.



Girls Crew Front Row: Heather Peters, Tara Kreutz, Darlen Berkowitz, Liz Jordan, Emily Reid, Caritta Lee, Heather Johnson; **Second row:** Kathleen O'Neill, Katie Erlandsen, Lauren Woodcock, Amhy Majewski, Liz Heisey, Lisa Bellamy, Jessica Nees, Katie Lyng, Jodie Reish; **Third Row:** Leslie Lenyi, Susan Peters, Crystal Clarke, Emily Jackson, Suzanne Stewart, Jennifer Patullo, Brianna Eads, Corinna Struckholz, Sara Lyng, Jamie Holliday; **Fourth Row:** Ashley McKelvy, Lindsay Hughes, Lisette Fee, Julie Baker, Kristen Woolfenden, Tera Lerch, Shannon Olguin, Victoria Kalmus, Laura Williams; **Fifth Row:** Molly Smith, Shannon Sing, Diane Bonham, Bianca Smith, Jessica Buhidar, Lane Pickell, Monica Winters, Kelly Hogan, Coach Milly Munoz, Jenny Sitnick; **Sixth Row:** Coach Ed DeLeonardis, Megan Tremper, Kym White, Debbie Cloyd, Coraline Gizard, Stacy Chirstopher, Stephanie Glad, Tarrah Holly, Jennifer Walawender, Coach Jim Bailey, Andrea Littig; **Seventh Row:** Christine Nelson, Summer Stewart, Suzanne Ritchie, Eve Gravely, Mary Varrieur, Kelly Ames; **Back Row:** Elizabeth McVeigh, Melissa Alderman, Christina Paz, Hilary Hansen, Leslianne Swanson, Rebecca Woodcock, Apryl Dunkle.

B	Junior Eight	G	B	Senior Eight	G	B	Lightweight Eight	G
1	Cherry Blossom	1	1	Cherry Blossom	4	1	Cherry Blossom	1
-	GW Invitational	5	3	GW Invitational	-	3	GW Invitational	4
3	Darrell Winslow	3	2	Darrell Winslow	3	2	Darrell Winslow	3
2	Charlie Butt	2	1	Charlie Butt	3	1	Charlie Butt	3
2	Occoquan Districts	3	4	Occoquan Districts	4	1	Occoquan Districts	2
2	NOVA's	-		NOVA's		2	NOVA's	4
9	Stotesbury	16	3	NOVA's	10	4	Stotesbury	10
7	Nationals	10	19	Stotesbury	12	5	Nationals	6
			8	Nationals	19			

THE GIRLS FRESH-

men eight row down the Occoquan on their way to the starting line for their race. This was a time to think about their race and to calm their nerves.



Melissa Holowecki



Melissa Holowecki



VARSITY EIGHT

rower senior Jeanne Ward removes her shoes while coxswain senior Heather Peters gets into the boat. The senior eight competed in heats at NOVA's.

THE FRESHMAN

eight practices the cut the cake drill. This drill required all eight rowers to be in synch to keep balance and keel in the boat.



Dawn Moulen

On the Rowed Again

More equipment, more

water time and more medals were big changes that happened for the crew team. With a new head coach, Mr. Tom Moulen, boats went farther and were brought to a higher level of competitiveness.

"More water time is my goal. More water time and increased intensity in practice are what will make the boats go faster. We wear our jerseys on Thursdays for team unity — we've never had that," said Mr. Moulen. To guarantee the boats more water time, the crew team did fund-raisers to raise money for new equipment.

Due to the changes made, five boats took home medals from the Northern Virginia Rowing Championships. "The feeling of a medal

Rowers Set a New Standard as the Program Overcomes Troubled Waters, Changes Bring a Better, More Victorious Season

around my neck as all worth the sweat and pain at practice," said junior Jim Grube, silver medalist, junior eight.

Although they did not medal, the women's senior eight qualified for semifinals at Stotesbury. "We had a great pep talk from Mr. Moulen before the race and decided that we wanted to do well. We pulled our hardest and caught Woodson, a boat that had killed us all season," said senior Christina Paz.

Boats qualified for finals at Nationals. "We missed Jefferson by a half-boat length at Nationals. We were happy because they had kicked

our butt the whole season," said junior Liz Heisey, junior eight coxswain. The lightweight men ended their season with a fifth place finish at Nationals.

Boats increased strength and aerobic capacity holding weekly competitions within the team. The boys team rowed an eight-mile leap frog and sprint competitions on the course.

The season ended with the first mixed boat row-a-thon.

by Summer Stewart

DEFENSE IS THE

key part of the game. Jeremy Lind defends the goal so Hylton's offense can't get the ball in the goal. The stick was used to score and take the ball away.

ON THEIR HANDS

and knees with the referee over them, sophomore Jeff Giasson tries to take the ball away from Brooke Point's face off man to start the attack.



Melissa Holowecki



Roberto Santiago



Roberto Santiago

PRACTICE OCCURS

where space is available. Sophomore Steve Gress and Rusty Johnson practiced offense and defense drills on the driver's ed range.

WITH THE BALL CRA-

dled, sophomore Chris Carroll tries to maneuver into Hylton's box for a shot on goal. Cradling helped the ball stay in the pocket.



Roberto Santiago

Check it Out

Increasing Popularity of Lacrosse Raises Team

The entire lacrosse season came down to the last thirty seconds on the game clock. Unfortunately the team ended short losing to Hylton 8-5.

Being friends off the field made communications on the field easier. "We've all been playing lacrosse since eighth grade, and so we know how each other plays, that really helps," said sophomore Jon Zarkauskas.

The new coaches, Mr. Ken Olson, Mr. Bill Clark, and Mr. Mike Sands coached both JV and varsity lacrosse. Having separate practices gave the

Numbers and Strengthens

Play

coaches time to think of the strengths and weaknesses such as passing. "Having a coach has helped us majorly. The new coaching style has added more strengths to both our offense and defense by giving us new plays," said sophomore Brad Nance.

Not being recognized as a Varsity sport received complaints from the players. "it's not fair that they choose to support golf, tennis, football, soccer, etc., but not lacrosse.

The lacrosse players put a lot of time and hard

work and should be recognized by the school for it," said sophomore Steve Gress. Since lacrosse was a club sport it was responsible for its own funding.

The top varsity offensive player was Jeff Giasson who had 104 ground ball pick ups 25 goals, and 11 assists. The top offensive person for JV was Chris Ford who had 4 goals and 1 assist. They were undefeated in the Independent Lacrosse Federation League.

by Terri Greer



Varsity Lacrosse Front Row: Tom Fong, Chris Evans, Chris Carroll, Jon Zarkarskas, Mike Sands, Rusty Johnson, Jason Knox; **Second Row:** Karle Clearwater, Chris Lay, Ryan Zell, Chong Lee, Carter Elmore, Earl Ercoline, Steve Kapfer, Jonathan Adams, Liz Gray; **Third Row:** Brian Cunningham, Scott Kennedy, Mike Hawk, Chris Wilson, Jeremy Lind, Steve Bress, John Weaver, Jeff Glasson, Zach Young; **Back Row:** Coach Mike Sands, Coach Bill Clark, Coach Ken Olson.



J.V. Lacrosse Front Row: Laura Rosynek, Chris Ford, Chong Lee, Brent Kincade, Dan Lowe, Regan Warren, Stephanie Lee; **Second Row:** Carolyn Stegon, Christian Johnson, Jeremy Seeley, Robert Damott, Marc Barribeau, Jonathan Adams, Chris Thai, Angie Gress; **Third Row:** Natalie Myers, Earl Ercoline, Dylan Jones, Brian Cunningham, Carter Elmore, Clint Johnston, Mike Luley, Brad Nance, Jenni Gray; **Back Row:** Coach Bill Clark

W	Varsity	O
20	Stonewall	0
11	Mount Vernon	5
16	Brooke Point	7
18	Arlington	0
23	N. Stafford	2
9	Hylton	2
4	Chantilly	9
11	Fauquier	1
5	Gar-Field	3
16	Loudoun	0
15	Osborn Park	0
14	Brooke Point	1
17	Fauquier	2
5	Hylton	8
12	Season Record	2

W	JV	O
1	Mount Vernon	4
3	Hylton	2
3	Chantilly	6
3	Bishop Treton	8
2	Annandale	5
4	Hylton	3
1	Season Record	5

Staying on Track

Freshman Robbie James started down the track as he waited for the starting gun. This was what he had been waiting for all season, a chance to win.

Everyday the track team, 122 people strong, practiced. Although at meets the whole team may not run together, they felt a bond. "Individual success doesn't depend on each and every other member of the team, but the guys look out for each other," said sophomore John Epperly.

Senior Bunting Cooper, who was voted most valuable player and whose 4 x 100 team finished second in state, knew what it took to win. "I have learned that actions speak louder than words. I have a lot of self confidence but I know when to leave it on the track," said Cooper.

The girls team made improve-

ments within the team. They had a number of talented freshmen that helped the team. "The good thing about freshmen is that they don't have any fear. All they know is that they need to carry a green baton

Runners Lace up Their

Shoes and Kick

Into High Gear

around the track at 125 percent until they reach their teammate. They aren't afraid of the other teams. They just get the job done," said senior Adrienne Tunstall. She placed 6th at states in the 200 meter dash.

"My biggest achievement was running with the guys on the 4 x 100 team. I'm really going to miss the three of them that are graduating. I won't have them there to get me up for the races. I'll have to do it myself," said freshman B.J. Lowery.

by Brad Leiby



Girls Outdoor Track Front Row: Roxanne Olivera, Diana Roshandez, Mami Pekanyande, Debbie Rothlein, Cicily McCants, Johanna Izaguirre, Yemma Pekanyande, Rachel Diez; **Second Row:** Katie Woodside, Shawanna Williams, Natalie Ponomaryoua, Melissa Bernaki, Heather Moore, Cerina Wanzer, Deshay Jones, Fatima Anitye, Amber Wright; **Third Row:** Amanda Shroeder, Meshaley Robinson, Adrienne Tunstall, Bridgit Carter, Stephanie Zerkow, Andrea Flannagan, Susan Gibson, Dorri Pi, Kim Jones; **Back Row:** Becky Graham, Laurie Olsen, Heather Thorstad, Jennifer Isherwood, Rachel Woolfolk, Ainara Gomez, Elizabeth Cowardin, Stephanie Bryant, Jeanne Dunning



Boys Outdoor Track Front Row: Frank Saldana, Maurice Holbert, Delvon McCormick, Jeff Hummel, Robbie James; **Second Row:** Andrew Sherman, Shawn Shields, Jared Stroup, Bunting Cooper, Russell Waller, Duane Brown, Roberto Santiago, Chris Neblitt, Chris Carlson; **Third Row:** Coach Little, Coach Custer, Pat Todd, Andre Bourdreaux, Steve Jones, Jevon Howard, B.J. Lowery, Matt Rice, Coach Rodgers; **Back Row:** Kenny Frederick, Hanson Jones, Chris Loucks, John Epperly, Ben King, Renier Fee, Mike Millikan, Chris Davis, Jeremy Beale, George Johnson

B	G
2nd Rappahannock	3rd
Relays	
2nd Vince Bradford	3rd
1st Caroline County	1st
6th Cedar Cliff	6
Relays	
3rd Robert E. Lee	12th
1st District	1st
7th Regional	6th
5th State	38th



Livie Barr



ONE INCH AT A TIME

Senior Eric Keehan stands on the mat and raises the bar to the height he wants. Pole vaulters have to time their runs perfectly to clear the bar.



Nellamor Enriquez

THE HOT WEATHER

forces junior Pat Todd, sophomore Steve Jones, and senior Russell Waller to take off their shirts during their jog. Weather can affect a runner's performance.



Livie Barr



Roberto Santiago

THE SKY'S THE LIM

it for senior Deshay Jones as she practices her long jump. Jones keeps her hands up so they won't hit the pit and affect the length of her jump.

WITH PERFECT,

form junior Heather Thorstad and senior Natalie Myers clear the hurdle in unison at a dual meet with Potomac and Stonewall. The two girls finished first.

WITH PADDED
hands, varsity player
junior Dan Flaherty
picks up a spare ball.
Dan rotated his posi-
tion as goalie with sen-
ior Jon Adkins and
sophomore Taly Goode.

HURRY UP, PRAC-
tice is about to start.
Varsity player sopho-
more Taly Goode gets
ready for practice by
lacing his cleats. The
team had practice eve-
ryday after school.



Bjorn Schmidt



Bjorn Schmidt



Nellamor Enriquez

I HAVE THE BALL.
varsity players senior
Steve Rossi and sopho-
more Jimmy Dutrow
battle over control of
the ball. Control was a
key skill during games
and practices.

WHO IS OPEN? JV
player sophomore Pat
Tierney looks for a
teammate to whom he
can pass the ball. He
positioned himself so
he would have a good
view of the field.



Livie Barr

Kick in the Grass

Soccer Teams Finish the Season With Changes

Two new coaches. Two different coaching techniques. The boys soccer teams had a continuous cycle of change.

One source of change was the May 6 varsity game against a visiting Russian team. Disputes between the two teams and the referee caused what *The Washington Post* deemed "a bench-clearing brawl" that ended the game. The team's conduct was deemed inappropriate by the administration. Due to their participation in the argument, all but six varsity players were replaced by JV players for the Gar-Field

After Controversial Encounter

With Russians

game.

"I wish we could have finished the season with the entire team and head coach. It is a shame that something intended for fun turned out negatively," said sophomore Adam Newcomer. JV Coach Walter Piepke and AP Mr. Alan Ross coached the team for the final games of the season.

"Even though we were the center of a bunch of negative media attention, we stayed strong and kept our focus on

the game. I think this is

one of the reasons we made it to the state tournament," said junior Matt Henry.

Heading into the post regular season, the team played for each other. They voted on everything and made group decisions.

"While we were in between coaches, the team lacked leadership. Each individual became a strength to the team," said junior Pat Richardson.

Despite the change and situation, the soccer team stayed focused on their performance.

by Tiffany Paul

W	Varsity	O
1	Monacan	0
2	Clover Hill	3
2	Centerville	1
2	Herndon	0
0	T.C. Williams	2
2	W. Springfield	0
2	Osborn Park	3
3	Potomac	1
2	W. Springfield	1
2	Fauquier	1
4	Stafford	0
6	N. Stafford	1
5	Brooke Point	1
0	Hylton	2
2	Stonewall	0
1	Russians	3
1	Gar-Field	2
4	Potomac	1
5	Stonewall	2
1	E.C. Glass	0
1	Gar-Field	0
1	Hylton	3
1	Midlothian	2
15	Season Record	8

W	JV	O
2	Stonewall	1
6	Osborn Park	1
1	Hylton	4
3	Fauquier	1
6	Stafford	0
1	Gar-Field	0
4	Brooke Point	0
5	N. Stafford	0
6	Nelson County	0
8	Season Record	1



JV Boys' Soccer Front Row: Ryan Cummins, Doug Quaderer, Kevin McChesney, Pat Benton, Arthur Lambros, Brent Dickerson; **Second Row:** Rufino Cubias, Rob Chandler, Chris Jones, Terry Hinkle, Brian Turner, Danny Medina, Mike Condon; **Third Row:** Manager Greg Kovach, Jason Kent, Rob Baker, Brian Blackburn, Jimmy Dutrow, Adam Soos, Jeremy Parsels, Steve Leahy, John Blair, Manager Brian Walters; **Back Row:** Jay Brinson, Andy Pillifant, Brian Gulli, Sean Lynn, Pat Tierney, Tom Youngbluth, John Mumley, Coach Walter Piepke.



Varsity Boys' Soccer Front Row: Jon Adkins, Taly Goode, Dan Flaherty; **Second Row:** Steve Rossi, Jason Helling, Steve Finney, Pat Richardson, Aaron Barrett; **Third Row:** Dave Mutarelli, Andre Silva, Andy Clark, Neil Vaughn, Matt Henry, Anthony Buige; **Back Row:** Adam Newcomer, Greg McAlister, Chris Luley, Darrell Hoffman, Chris Gray, Dan Brown, Coach Doug Pinion.



Girls Varsity Soccer Front Row: Renee Fox, Terri Greer, Lisa Tolin; **Second Row:** Shannon Farrel, Kim Newell, Carrie Blackburn, Karen Brown, Alexa Raimoindi, Susan Laver, Brandy Stevens, Page Henry; **Back Row:** Coach Rob Benson, Mgr. Courtney Jones, Susan Lutes, Angela Santiago, Jena Moorelegghen, Rebecca Lisack, Beth Protell, Nicole Bates, Kelley Curtin, Mgr. Sarah Howard.



Girls' J.V. Soccer Front Row: Rae Melvin, Kristine Curran, Karla Fuentes, Sheila France, **Second Row:** Coach Robert Loftus, Casey Powell, Kristin Zerkow, Nicole Whitfield, Jennifer Torre, Laurie Samuels, **Back Row:** Katy Lynn, Joy Justice, Melissa Tierney, Lindsey Rial, Sara Dail, Christine Bohannon, Nicole Condon

W	Varsity	O
3	Langley	1
2	Osborn Park	0
18	Potomac	0
2	Fauquier	0
4	Yorktown	0
4	Stafford	0
1	Hylton	1
2	N. Stafford	0
8	Cave Spring	0
9	Brooke Point	0
2	Hylton	1
14	Stonewall	0
1	Osborn Park	0
2	Gar-Field	4
10	Stonewall	0
4	Stafford	0
3	Osborn Park	1
9	Albermarle	0
1	Gar-Field	0
2	Mills Godwin	0
1	First Colonial	0
1	Robinson	2
22	Season Record	2

W	JV	O
5	Langley	0
3	Gar-Field	0
8	Osborn Park	0
10	Stonewall	0
0	Hylton	1
5	Fauquier	0
5	Gar-Field	0
4	Stafford	0
8	Brooke Point	0
6	N. Stafford	0
6	Osborn Park	0
10	Season Record	1



Livie Barr



Roberto Santiago

"IF THE BALL GETS

in the box get it out anyway you can. Just get it out," Coach Steve Smith said to defense player, seniors Rebecca Lisack and Nicole Bates.

DEEP IN THOUGHT

senior Rebecca Lisack juggles before the Brooke Point game. Juggling improved coordination, made it easier to trap and gave more control.



Nellamor Enriquez



PRACTICE MAKES

perfect. Senior Nicole Whitfield goes one on one with Coach Robert Loftus during a practice break. Mr. Loftus showed Whitfield how to protect the ball from defenders.

WITH HER EYE ON

the ball, junior Kelley Curtin practices her in step drive. Strong kicks helped land the ball into the back of the net for scores.



Roberto Santiago

One Second Season

With one second left, a player went down. The referee's whistle blew, a penalty kick was awarded to the opposing team. A player was tripped in the box. While placing the ball on the penalty line the tension began to build up among the players. The varsity team had defeated First Colonial 1-0 in the semifinal game to advance to this final game against Robinson.

The game ended in a 1-0 loss. "It was really hard being the goalkeeper, to think that you lost it for them in the last second of the game," said freshman Terri Greer. The loss in the final game ended their season with a 22-2-1 record, losing to Garfield in the regular season and to Robinson in the state finals.

Despite two Hundred Goals Scored Throughout the Season

One Scored in the Last Second

Determined Final Outcome

Help from their assistant coach, Mr. Steve Smith, allowed the team to overcome obstacles. Mr. Smith gave them hints on how to take advantage of their opponents' weaknesses and led them on a 15 minute run before each practice. "It was a very rewarding experience working with the girls on the team. They always worked hard at practice, yet we always had fun," said Mr. Smith.

The junior varsity ended their season with a 10-1 record. They scored 170 goals and only had one scored against them. "I had a good time

working with the team this year. All the girls have great potential. Even though we didn't break last year's record we came close. I think that says a lot," said freshman Rae Melvin.

Both teams finished on top at the end of the regular season play. The varsity earned a regional title and ended one goal away from a state title.

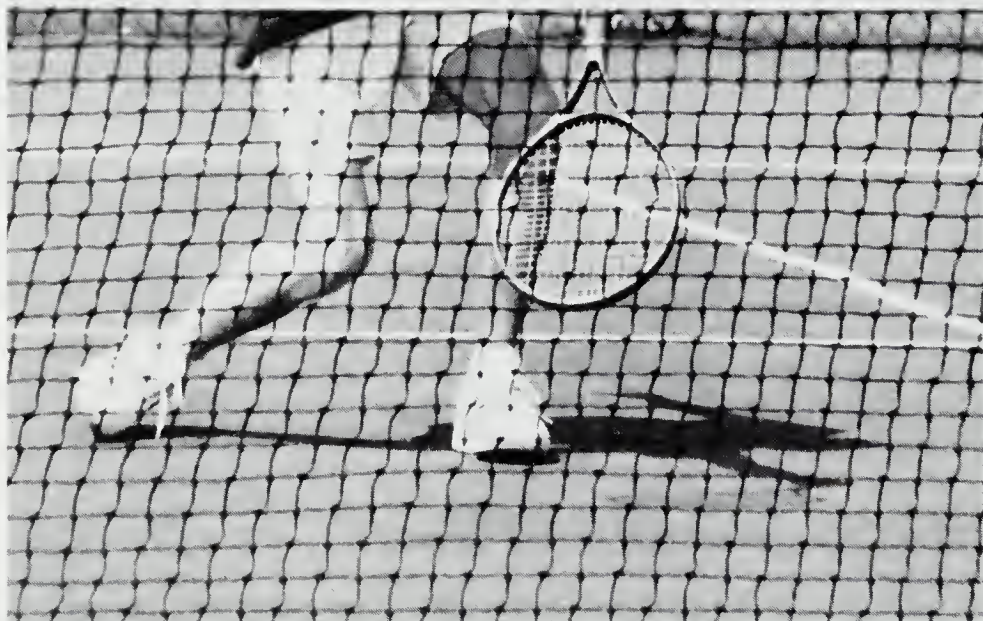
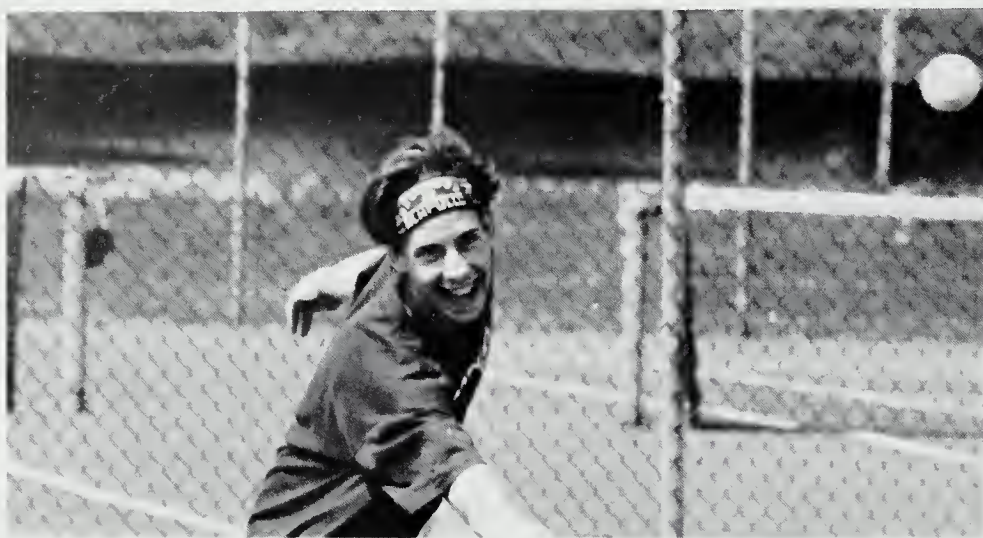
by Terri Greer

PRACTICE CAN BE

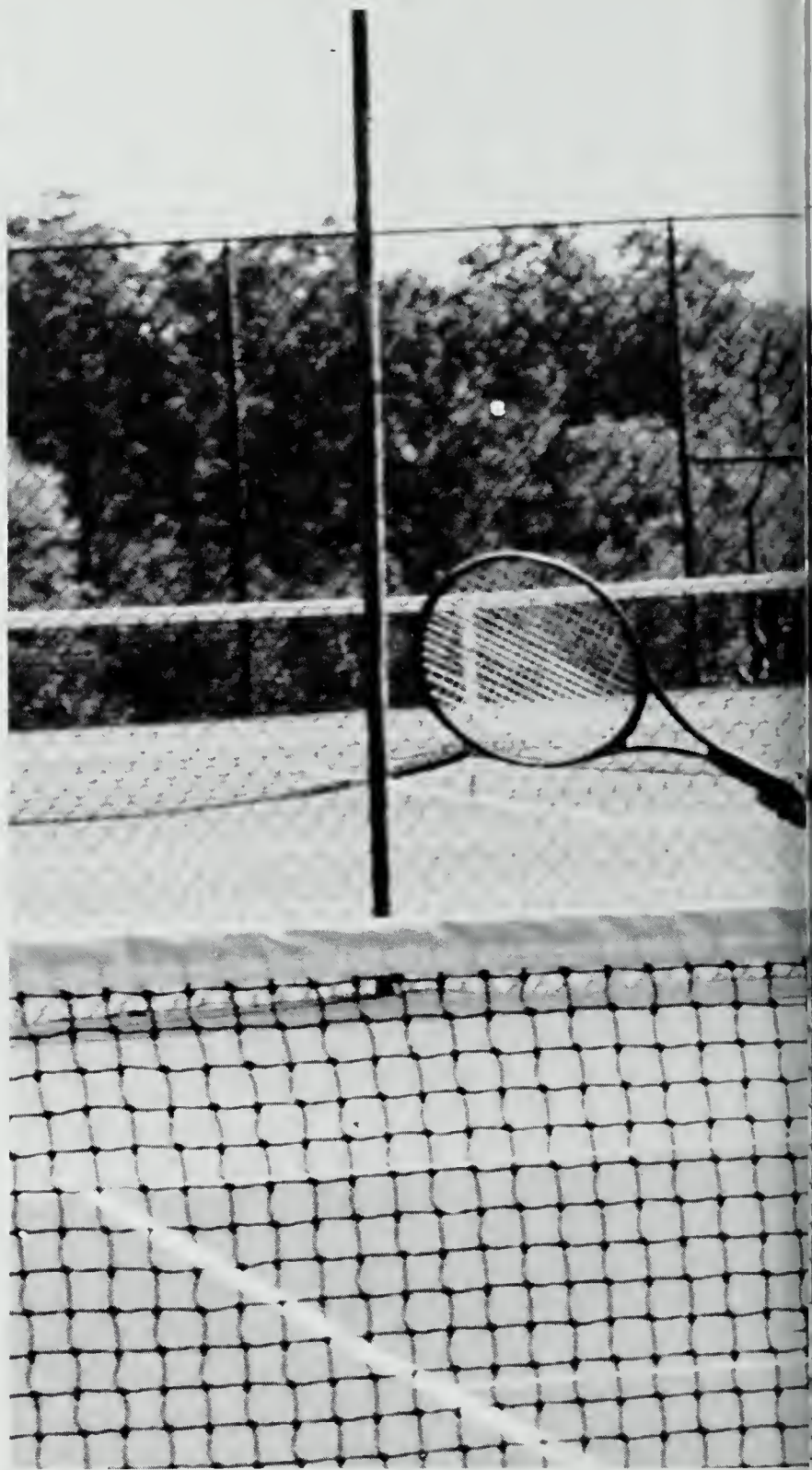
fun. Senior Rigel Woodside hits a forehand drop volley. He hit that shot because it was difficult for his opponent to return.

HIS ARM FULLY EX-

tended, freshman John Deaton watches to see where the ball he just hit will land. The ball landed in the court and he won the point in the practice match.



Nellamor Enriquez



Roberto Santiago

Match Made in Heaven

Boys go All the Way to Regionals

Two players hurried backwards. Both had their heads tilted back and their eyes glued to the ball flying in the sky. Their rackets were poised to hit the ball. They both swung and "whack," one racket connected with the ball, the other with a player's nose. Jim Carney and David Gignilliat came back from the injury to win one of the matches that contributed to the team's perfect 9-0 record in district play.

In order to make them team players, the coach had

the whole team help one person perform an activity. "During a practice, Wayne Crane forgot his jump rope and, not just him, everybody on the team went to Coach Forrest's room to get a jump rope," said sophomore Jason Nevitt.

Coach Lewis Forrest encouraged positive mental attitudes. "We got too hard on ourselves. If we made one bad shot, we would get very upset. At the beginning of the year, Coach Forrest said the only people who could

beat us were ourselves," said sophomore Jeff Gotherman.

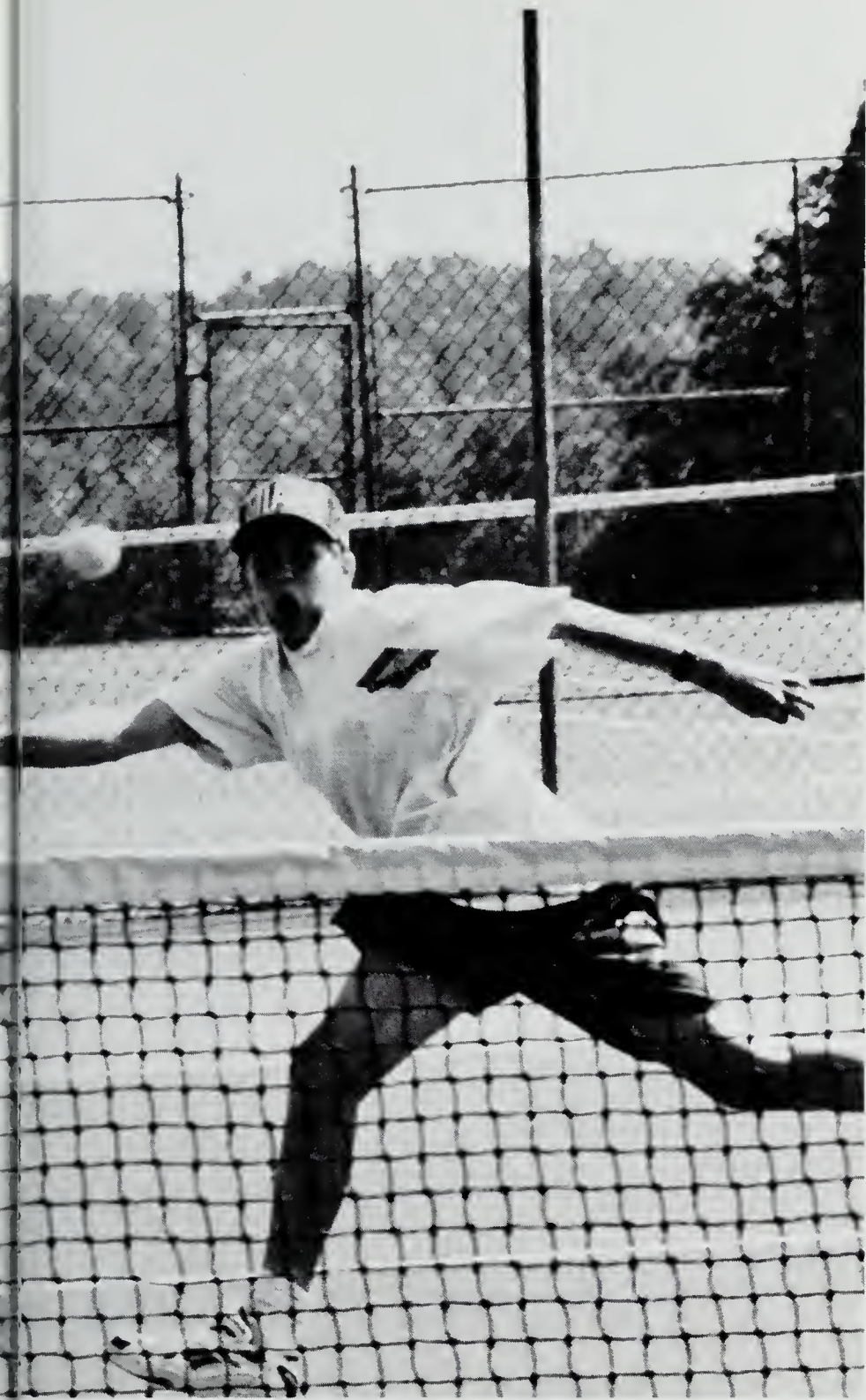
The team had traditions that they did to get ready for matches. "Before each match we stretched and did our Viking Pride thing and the coach gave us a speech. He watched the other team warm-up and he would tell us their weaknesses," said sophomore Jason Lovelace.

The team finished the season with a 15-2 record, losing to Mills Godwin in the regional tournament.

by Stephanie Hockman



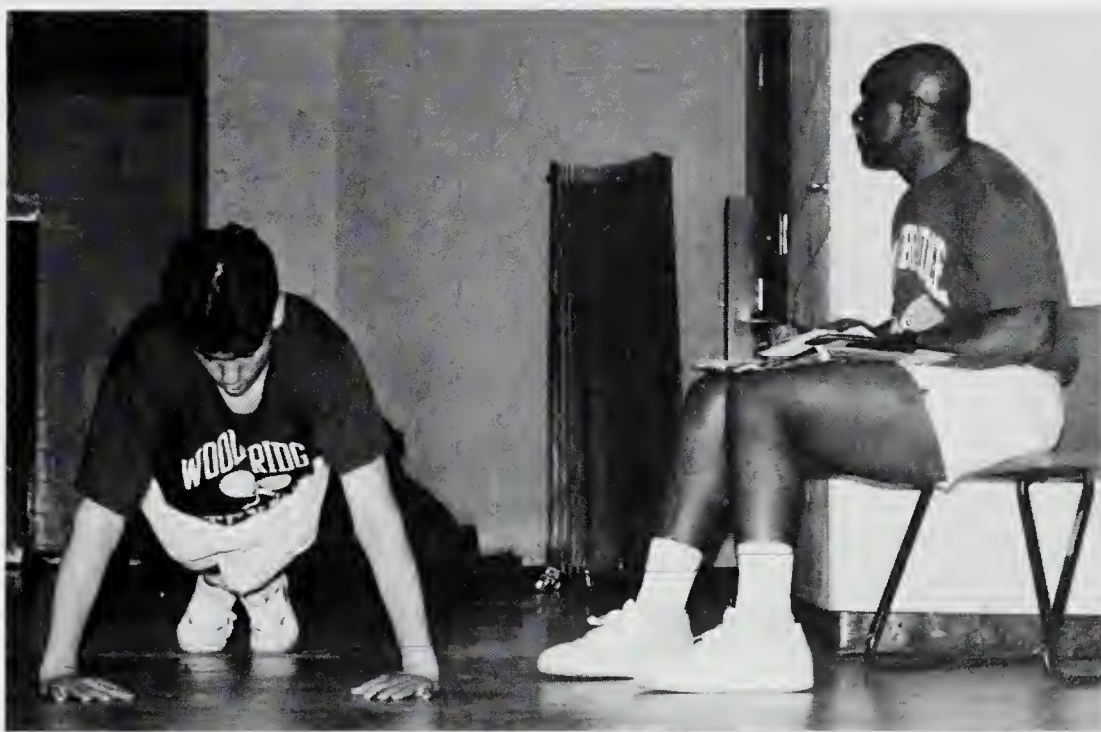
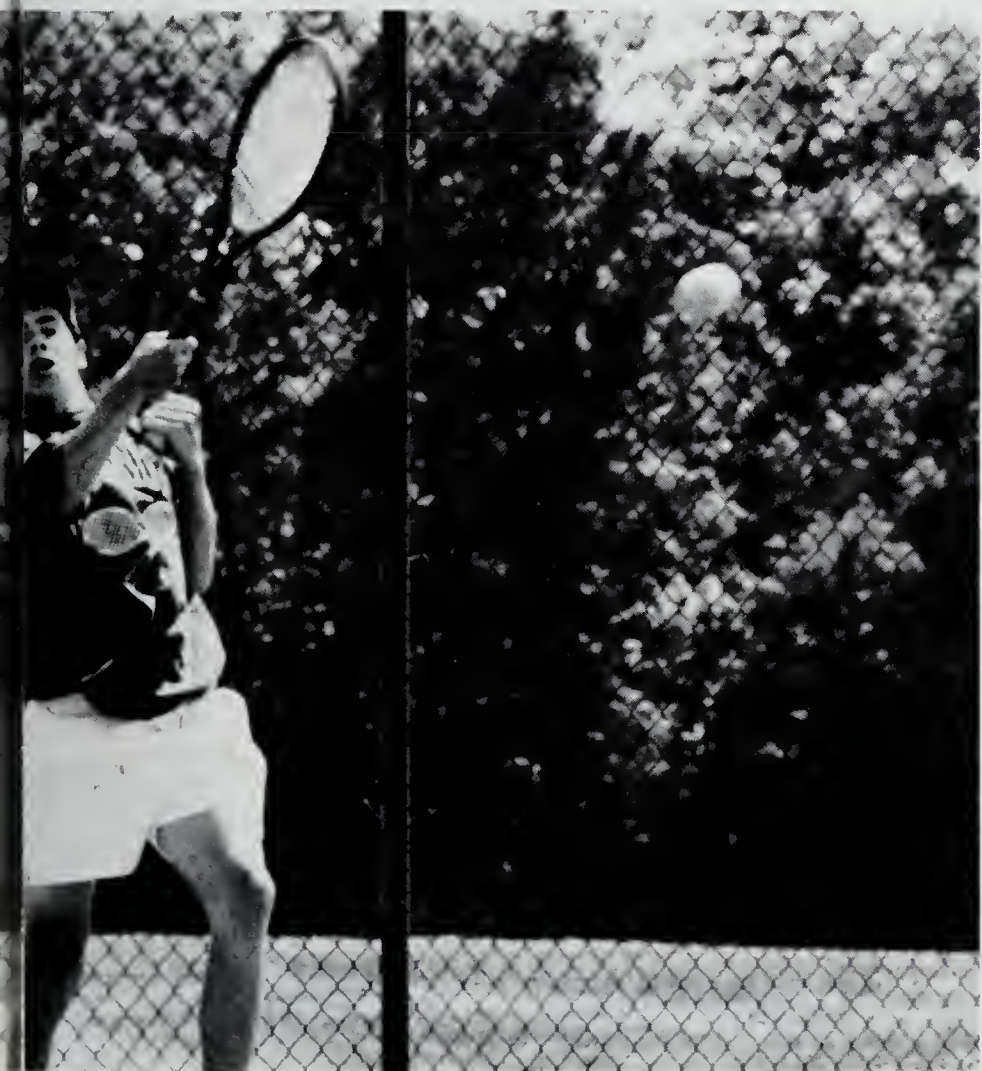
Nellamor Enriquez



Boys' Tennis Front Row: John Deaton, David Terrill, Steve Calayag, Jason Nevitt; **Middle Row:** Jason Lovelace, Jason Wild, David Gignilliat, Derrick Wafford, Prashant Uppin; **Back Row:** Jim Carney, Mike Persson, Rigel Woodside, Mark Hauser, Carey Morrow, Jeff Gotherman, Tom Huisking, Coach Lewis Forrest.

"The real excitement began when the final match ended and Jim Carney did his famous victory dance. This dance was a ritual for Jim and the team when the team won 9-0. At first, I was a bit taken aback, but after watching Jim dance, all that I felt was respect for his dancing ability. It's hard to describe, you'd have to see it."
— senior Tom Heddleston, fan

W		O
9	Obourn Park	0
9	N. Stafford	0
9	Stonewall	0
9	Stafford	0
9	Brooke Point	0
9	Potomac	0
9	N. Stafford	0
9	Stonewall	0
9	Stafford	0
9	Brooke Point	0
9	Potomac	0
6	Gar-Field	3
9	Stonewall	0
9	Stafford	0
9	Patrick Henry	0
4	E.C. Glass	5
3	Mills Godwin	6
15	Season Record	2



Roberto Santiago

WITH A LITTLE HOP, freshman David Terrill hits a forehand during a match. He watched the ball as it sailed over the net to make sure it would land in bounds.

AS PUNISHMENT for being late to practice, junior Carey Morrow does push-ups. Because it was raining, the team was forced to do their conditioning exercises inside.



Cross Country Front Row: Gwen Guillas, Mary Gilhooly, Dawn Cleary, Deanna Thorstad, Sara Lyng, Jodie Reish, Susan Gibson, Cecilia Riek, Hilary Hansen, Katie McAllister; **Second Row:** Jenny Gray, Ryan Schnurr, Roberto Santiago, Chris Neblett, Alex Chemrys, Robbie James, Keith Moser, Jeremy Beall, Naviere Hall; **Third Row:** Becky Graham, Steve Finney, Steve Arnold, Nick Zizzo, Doug Winland, Chris Davis, Kevin Fahy, Spencer Jones, Chris Meadows, Katie Lyng; **Fourth Row:** Megan Farrell, Michelle Dowdy, Jennifer Isherwood, Mike Milliken, Chris Clay, Chris Loucks, Chris Esterline, Andrew McCrary, Justin Worriow, Mads Hansen, Mike Saure, Jamie Holliday; **Back Row:** Coach Rodgers, Steve Jones, Chris Carlsen, Chris Pratt, Pat Todd, Ben King, Brian Davis, Josh Mayne, Matt Smith, Coach Custer.

All-District Team: Steve Arnold, Chris Carlsen, Steve Jones, Pat Todd, Chris Loucks, Chris Davis, Dawn Cleary, Katie McAllister, Jennifer Isherwood, Cecilia Riek, Becky Graham, Sara Lyng.
All-State: Dawn Cleary.

B	G
2 Lebanon Valley	7
3 Marion Inv.	3
1 U. of Maryland	1
5 Bull Run Inv.	12
5 Albermarle	12
5 Octoberfest	9
1 Districts	1
1 Regionals	2
5 States	8



Don King



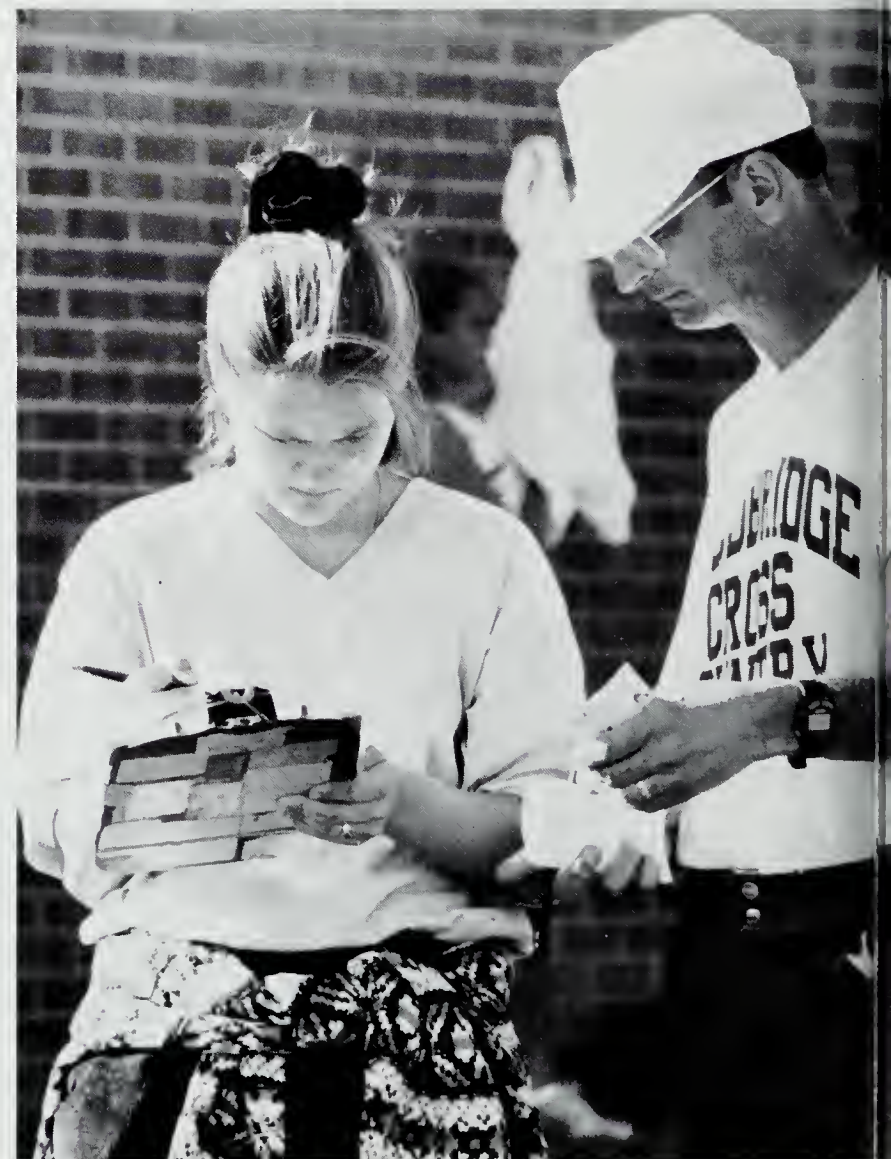
Brian Davis

BEFORE THE RE-

gional meet senior Mike Sims gathered with the guys for their pre-race ritual. The boys gathered for a word of prayer and to get everyone prepared to race.

"WHAT WAS HER

time?" Coach Rodgers asks manager Michelle Dowdy. The junior went to meets and practices to help out with times and setting up equipment.



Segall-Majestic



WITH A FEW MINU-

tes before her race, senior Becky Graham takes the time to say a quick prayer. Junior Jennifer Isherwood and Jamie Holliday look to Coach Rodgers for last minute strategy.

WITH A SMILE ON

his face sophomore Chris Davis passes the Stafford opponent. Senior Pat Todd runs with his teammate. Runners needed to finish together to receive power points.



Don King

Lucky Number Seven

The varsity girls lined up at the starting line. They were about to run their first race of the season and knew they had an extra bit of luck with them since tie-dying their sports bras the night before.

"Before our first race the girls all got together to tie-dye our sports bras green. It was mainly for fun, but it gave us a good bonding that lasted the whole season," said freshman Dawn Cleary.

Tie-dying their sports bras served as a good luck charm for the girls entire season.

Both the boys and girls participated in good luck events such as catching leaves while Coach Rodgers shook a branch and they threw rocks behind their shoulders.

Good Luck Charms and Luck Rituals; the Boys and

Girls Tried Interesting Maneuvers to Bring Luck to the Team

The boys who had an experienced team finished not only first in Districts, but also in Regionals. The boys also took fifth in the State meet. Six of the seven varsity boys were awarded All-District, and three received All-Regional awards.

"We had an experienced older team this year. Four of us were seniors, and we had no freshman on varsity. We worked extremely hard and improved constantly the whole season. We all worked together because this is truly a team not an individual sport," said senior Chris

Loucks.

"The girls varsity team had only one constant senior and four freshmen. Most might think that our girls didn't stand a chance, but we won districts and Dawn Cleary a freshman came in first for the whole Commonwealth district," said sophomore Susan Gibson. The girls also finished second in Regionals and eighth in the state championships.

by Christy Britton



PRACTICE MAKES

perfect Senior Blair Brown putts on the practice green at Lake Ridge Golf Course. Practice was a time to concentrate with the help of their coach.



EVERY LITTLE BIT

helps. Senior Brice Owens washes his golf ball before his next hole. The ball can pick up dirt and sand which can affect a shot.

"FORE!" SENIOR JER-

emy McLaughlin tees off at the first hole at the Lake Ridge Golf Course. The proper swing and timing made for a perfect shot that landed on the green.



Watch the Birdie

Freshman Nick Bland stared at the freshly cut green as he lined up his putt and swung. It rolled smoothly and fell right into the cup. This was Bland's final shot at the Quantico Invitational Tournament in which he led his teammates. The team finished 18th out of 50 teams.

"We're trying to build a competitive program, trying to build it with the leadership of senior players. This should make for a good blend and make us very competitive," said Coach Lou LePore. This was Mr. LePore's first year as coach.

Being on the team required mental skill as well as physical skill. "People just don't understand how difficult golf is. It requires a lot more skill than most sports," said freshman Mitch Johnson.

Practices were held at local golf

courses including Lake Ridge Park and Montclair Country Club. Because players had to provide their own transportation, 60% of the people who tried out, didn't finish the season. It took an extra effort for the

remaining members who chose to commit themselves to daily practices.

This effort helped the team consistently place above fourth in

meets and they finished second in Districts. "This year was the first time in 23 years that we went to regionals," said junior Darren Ohle. Ohle led the team in districts with 81 strokes.

The team had its best finish at The Mercersbeg Academy Invitational Tournament where they finished in first place. The season was ended at regionals where they placed 5th.

by Brad Leiby

Golfers tee off With a New Coach and New Faces.



Golf Front Row: Nick Bland, Steve Crone, Blair Brown, Darren Ohle, Sean Murphy; **Back Row:** Coach LePore, Jeremy McLaughlin, Brice Owens, Jim McLaren, Jim Carney, Mitch Johnson

Place	Event
1st	Quantico/Spotsylvania
1st	Stonewall/N. Stafford
2nd	N. Stafford/Stafford
2nd	W. Springfield/W. Potomac
3rd	Brooke Point/Stonewall
3rd	Brooke Point/Stafford
1st	Mercersberg Invitational
2nd	Districts

WHEN THE TEAM

makes a good play, senior Jared Stroup reacts on the sidelines. Substitutes on the sidelines cheered to pump up the players on the fields.

BEFORE EACH

game the captains of the teams meet in the middle of the field for the handshake and coin toss. Senior Nate Summers' handshake promised a clean game between teams.



Bridgit Kelly



Roberto Santiago



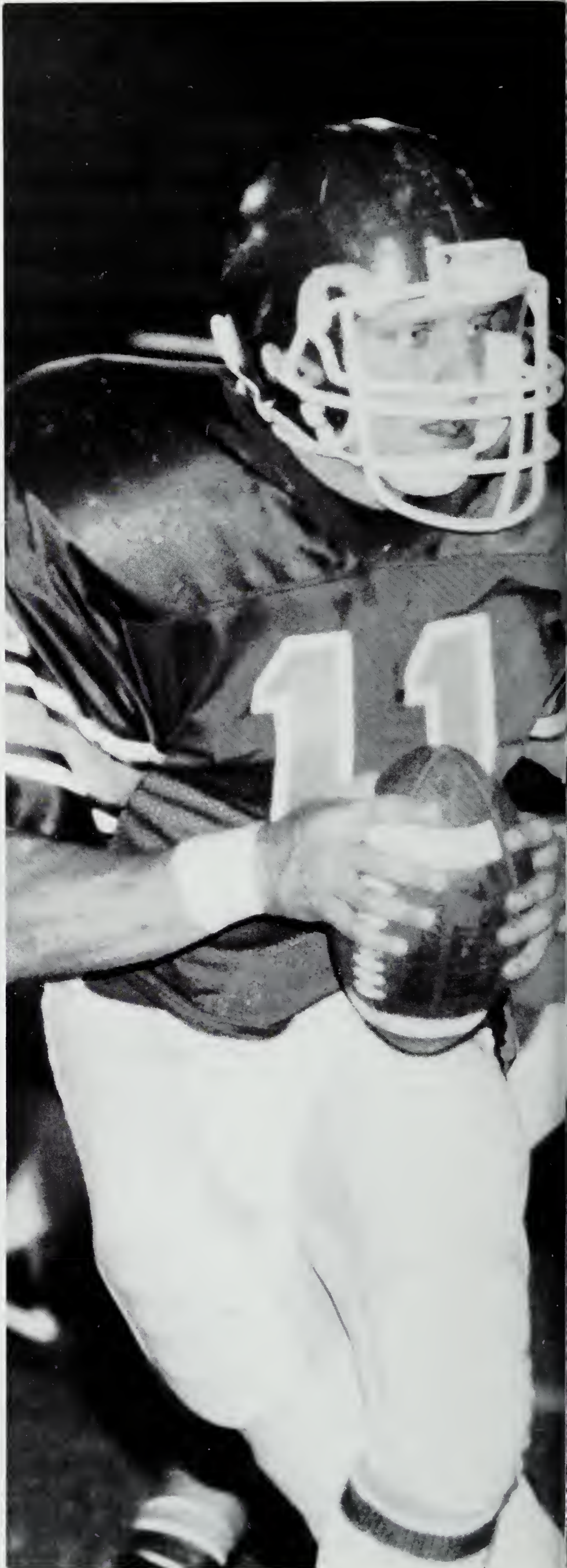
Roberto Santiago

HIT HIM LOW! DE-

fensive tackle B.J. Lowery puts his shoulder down to tackle Gar-Field's receiver. The team went 1-1 against Gar-Field in regular season play.

WHILE QUARTER-

back senior Barry Gauch looks for somebody to throw the football to, he also has to watch for defensive players so he doesn't get tackled.



Bridgit Kelly

Kick Off Time

With Two, Two-point Conversions Vikings Take

Thirty seconds left and Quincy Conner came

away with the game winning interception, not only once but twice during the regular season against Hylton and Brooke Point.

"It was just something I had to do. I saw the quarterback release the ball and I knew I had to get to the ball first and that is just what I did. I'm proud of that," said junior Quincy Conner.

They won the district championship, but could not pull away with the two-point

District Title With a Four and

Zero Record

conversion in the regional game losing to Patrick Henry.

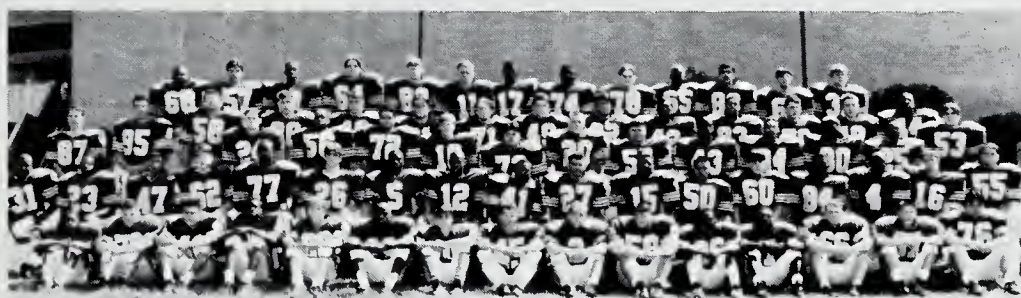
With a winning record, they proved that they could overcome teams like Stonewall to achieve the record of eight wins and three losses. The team went undefeated in district play finishing with a four and zero district record. "When we play, we play up to our potential and it

showed because we succeeded,"

said senior Robbie Berger. "Just if they could have played up to their potential in the regional game, maybe they could have won even bigger titles. They fought too hard to have ended their season that way," said spectator, sophomore Jessica Rysset.

Practicing until dark every day brought district-winning results.

by Krista Clearwater



Varsity Football Front Row: T. Murray, M. Velea, H. Cerda, B. Taylor, B. Sorrell, J. Bravo, A. Lamvros, J. Salisbury, R. Berger, S. Secrist, J. Minsah, D. Brown, J. Storup, D. Russell, C. Thai; **Second Row:** B. McNeal, C.J. Harrell, E. Gavidia, E. Sane, O. Drammeh, J. Epperly, M. Griffin, O. Conner, N. Martyn, K. Anderson, L. Anderson, L. Thompson, J. Guerrero, H. Bombick, N. Barfield, K. Carter, A. Rogozinski, T. Schoegler; **Third Row:** M. Sands, T. Simpson, C. Rachkemmer, J. Deaton, E. Siguenza, J.D. Carroll, M. Siquenza, K. Mensah, M. Holbert, K. Smith, F. Saldana, J. Lighthill; **Fourth Row:** R. Zell, D. Ralph, E. Merck, D. Stewart, J. Luedke, J. Wheaton, E. Weatherholtz, N. Summers, H. Husar, D. Lowery, R. Craft, M. Lehr, M. Voss, E. Hubbard; **Back Row:** J. Howard, A. Slusser, R. Quash, R. Black, S. Cronk, B. Gauch, B.J. Lowery, J. Dauphin, B. Edwards, D. Stanton, Y. Islam, B. FLOWERS, M. McCaffery.

W	Varsity	O
21	Gar-Field	18
22	Osborn Park	16
20	N. Stafford	19
34	Potomac	24
34	Hylton	32
24	Brooke Point	20
7	Robinson	14
28	Stafford	21
27	Stonewall	26
14	Gar-Field	35
26	Patrick Henry	28
8	Season Record	3

"I think that Woodbridge had a really terrific season and did really well because they had a powerful offense and a strong defense that kept the competition close, even if they lost some of the big title games, they still did really well."

— Ryan Schnurr, fan

Tackling Obstacles

The JV football team strode off the field hand in hand. It had been a close game, but another loss. For both the freshman and JV teams the season brought bad luck and restraining injuries to the players. The players fought their way through the season.

Injuries began to plague the teams, even before the season got underway. During the summer practices, sophomore player Terance Murray broke his arm and was out for the rest of the season. Sophomore Hector Cerda was also injured early in the season. "When I hit the running back, everyone else jumped on me and I ended up with a sprained ankle," said Cerda. Sophomore Jon Adams on JV and freshmen Bob Johnson and Wes Hibbard on the freshman team were also injured. Each injury left the player out of the game

for at least two weeks

Games lost by just a few points in the last couple minutes of the game were a source of frustrations for the players. "Our record doesn't seem that great, but we never lost games

Lady Luck Turns her Back

on the JV and Freshman Teams

by more than a couple of points," said sophomore Rickey Black. "It was really hard as a player to accept losing when we were so close," said Black. The JV record

was 4-3-2 and the freshman record was 3-6. "Losing taught us how to work, which is something that we never had to do in our middle schools," said freshman player Bob Johnson.

The freshman team also had a unique addition to their team. Kelli Provow became the first female football player for the team.

by Julie Foxworthy



Bridgit Kelly



J.V. Football Front: Frank Saldana, Jon Saliasbury, John Deaton, Edwin Siguenza, Terance Murray, Hector Cerda; **Second Row:** Jim Bravo, CJ Harrell, BJ Traylor, Arthur Lambros, Jim Sorrell, Jeffrey Mensah; **Third Row:** Omar Drammeh, Travis Cronk, Richey Black, David Ralph, Erick Merck, Darryl Stauton, David Lowery, Mike Voss; **Back Row:** David Russell, Brian McNeil, Eric Sane, Ryan Zell, Erik Gavidia, Brad Flowers, Mike McCaffery

W	JV	O
14	Osborn Park	6
8	North Stafford	42
15	Potomac	6
12	Hylton	19
6	Brooke Point	14
12	James Robinson	12
6	Stafford	6
14	Stonewall	7
26	Gar-Field	6
4	Season Record	3



Freshman Football Front: Darrell Horton, David George, Kelly Provow, Steve Brown, Andrew Weatherby, Justin Jones, Quartez Quarrells, Joey Gallager, Toby Jones; **Second Row:** Pat Ahern, Mike Brown, Ben Wilhite, David Kaplan, Jason Gomez, Deandre Cotton; **Third Row:** Jay Ainsworth, James Hale, Wes Hibbard, Larry Jones, Mike Compton, Rashawd Pope, Chris Horton, Paul McClarren, Danny Phillips; **Back Row:** Mike Bergazzi, Graham Moore, Tinsley Embreiny, Robert Johnson, Tunji Martyn, Trevor Michaelson, Erroll McEachron, Mike Turner, Chris Sagers, Damien Lewis

W	Freshman	O
32	Osborn Park	0
16	North Stafford	34
6	Potomac	22
12	Hylton	34
30	Brooke Point	54
20	Robinson	12
16	Stafford	20
20	Stonewall	15
12	Gar-Field	14
3	Season Record	5



WITH A LITTLE

help from his teammates, sophomore Hector Cerda is lead limping off the field by sophomores Mike Voss and Erik Gavidia. Cerda ended up with a severely sprained ankle.



Bridgit Kelly

WITH A SIGH OF RE-

lief, freshman Tunji Martyn pulls off his helmet after a football game. Freshman and JV teams played on Wednesdays so they could attend the Friday Varsity games.



Bridgit Kelly



Bridgit Kelly

AFTER A TOUCH-

down, freshman Robert Johnson and Nick Rodriguez celebrate on the sidelines. Participation continued on the sidelines as the players cheered on the team.

COMMUNICATION

is the key. Coach Tim Healey discusses the team's performance with his quarterback, sophomore Michael Voss during a short break in the game.

BOXED IN, FRESH-

man Beth Nelson attempts a flick. Players could scoop, pass, slapshot or pass on free hits. The ball however could not be lifted.

LINED UP FOR A

short corner, the defense prepares to go after the ball once hit. Sophomore Rae Melvin and senior Rebecca Woodcock look to the opponent to see where she will hit it.



Seth Lowery



Brian Carino

Just 'Kick a Little'

JV Tops Districts While Varsity Struggles

Coach Robin Woodie sang, "Kick a Little!" The varsity team did not win a game during regular season, but was able to go on to the Regional tournament. To stay motivated they used the country song "Kick a Little" by the band Little Texas. "The song basically said in order to achieve greatness you have to 'kick a little.' It gave us the incentive to work harder and not give up," said senior Linda Ross.

Another motivator for the

girls was Coach Woodie's analogies. She told the team they needed to be a 'bundle of sticks.' If one broke apart then nothing would be accomplished, but if they stayed a bundle then they could get things accomplished. "To sum our season I guess I could say, that which does not kill us makes us stronger," said Coach Woodie.

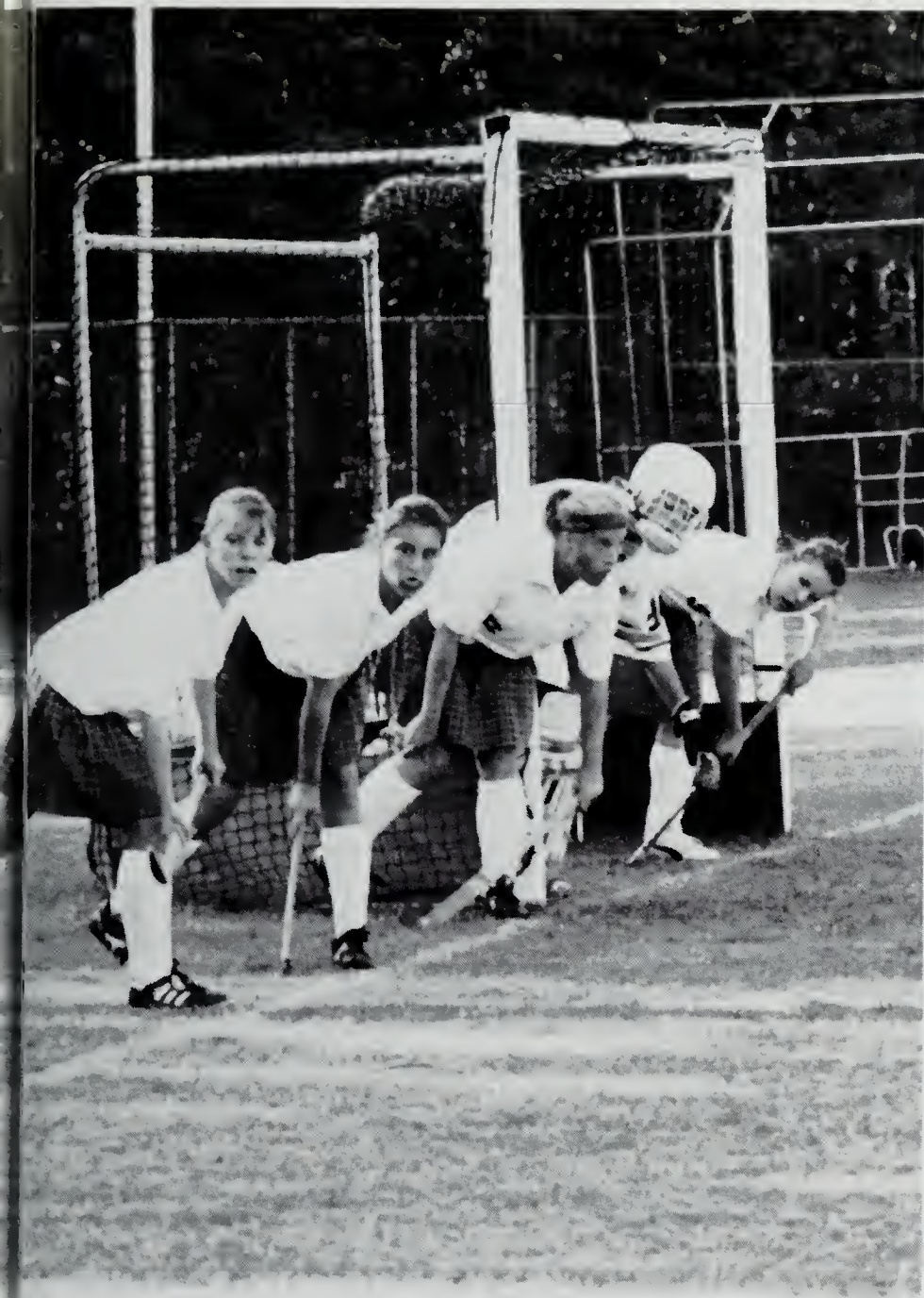
Even though varsity was not very successful, the junior varsity won five games

and tied three. "This year reminded me a lot of when I was a sophomore on JV. The JV had a successful season while the varsity struggled. People do not realize how good we actually are because to most the score indicates how good a team is. But we kept the ball near our opponent's goals the majority of the season, there is just the little problem of our not scoring," said senior Carole Wooley.

by Christy Britton



Brian Carino



Varsity Field Hockey Front Row: Lindsey Northrup, Carole Woolley, Rae Melvin, Christy Britton, Meredith Weaver, Janel Labus. **Second Row:** Marie Louise Kunad, Terri Greer, Krista Clearwater, Caritta Lee, Rebecca Woodcock. **Back Row:** Wendy Broadus, Amanda Lewis, Linda Ross, Kelley Curtin, Andrea Litig, Coach Robin Woodie.



JV Field Hockey Front Row: Beth Schu, Meghan Anderson, Tanya Gregory, Brooke Parker, Erin Lyga. **Second Row:** Casey Powell, Michelle Looney, Rachel Price, Lisa Hantjas, Jen Dunn, Carrie Forgas. **Back Row:** Angelique Smith, Sarah Dail, Nicole Whitfield, Angie Christman, Jen Budrey, Coach Budhey.

W	Varsity	O
0	Cox	5
0	Kempsville	5
0	N. Stafford	4
0	Stafford	2
0	Fauquier	2
1	Brooke Point	2
1	N. Stafford	4
0	Stafford	2
0	Brooke Point	1
1	N. Stafford	4
2	Fauquier	3
1	N. Stafford	2
2	Stafford	1
0	N. Stafford	1
1	Season Record	11

W	JV	O
2	N. Stafford	0
0	Stafford	0
3	Brooke Point	0
2	Stafford	1
1	Fauquier	1
3	Brooke Point	0
2	N. Stafford	1
0	Fauquier	0
5	Season Record	0
	3 Ties	

Captains: Kelley Curtin and Rebecca Woodcock.
First Team All Districts: Rebecca Woodcock and Marie Louise Kunad.
Second Team All District: Terri Greer, Krista Clearwater.
Outstanding Defense: Rebecca Woodcock.
Outstanding Offense: Kelley Curtin.



Seth Lowery

AS SOPHOMORE

Krista Clearwater waits to back up her teammate, sophomore Lindsay Northrup battles for the ball. The offense had to keep the ball up the field.

KNEES BENT, ARMS

and stick out, sophomore Nicole Whitfield practices goalie skills. Goalies had to keep eyes on the ball to make sure the ball stayed out of the goal.

Love is All Around

Sweat dripped onto the court. The girls tennis team had just finished a practice of running, sprinting, and hitting. The team monopolized on the skills they learned and went on to win districts and regionals. They advanced to the state semi-finals before losing to Langley.

The doubles tandem of Heather Danforth and Sara Thayaprasat made it to the state quarter-finals. "We pumped each other up before and during matches, which gave us confidence. It seemed like nothing could stop us," said sophomore Heather Danforth.

After the team won districts, they wanted to show first year coach Paul Colangelo their appreciation. "After we beat Stafford we were supposed to dump water on our coach. He chickened out and cancelled practice," said freshman Megan Curtin.

Tennis Serves up a run at the State Tournament

To win regionals, the team had to defeat E.C. Glass. "When I learned we were going to play E.C. Glass, I got really nervous because I knew they were good. It came down to the final match.

We would've lost if we hadn't won it. After we won, it was a big relief because we knew we were the better team," said freshman Dare Thayaprasat.

Even though practices could be tough, they played games to make them more enjoyable. "When we played Queen of the Court it became very competitive in the top six, but for the rest of us, it let us practice our hitting. This helped me since I had never played before," said senior Jeannett Ostergaard. The excessive drills and sweat took the team all the way to state.

by Kelley Curtin



Girls Tennis Front Row: Marta Gomez, Liz Cackowski, Jeannett Ostergaard; **Second Row:** Sarah Sanchez, Alicia Brown, Sara Coe, Michelle Killik; **Third Row:** Megan Curtin, Dare Thayaprasat, Sara Thayaprasat, Chrissy Moore, Jen Tindall; **Back Row:** Coach Paul Colangelo.

"I have not missed a tennis match in four years. This team has the most competitive and skillful players I have seen at Woodbridge. I loved cheering for the team and following them to the Regional and State Tournaments."

— Mrs. Martha Cackowski, fan

W	O
8 Stonewall	1
5 Hylton	4
7 Gar-Field	2
9 Osbourn Park	0
9 Potomac	0
9 Brooke Point	0
8 Stafford	1
9 Stonewall	0
8 N. Stafford	1
9 Stafford	0
9 N. Stafford	0
9 Brooke Point	0
9 Stonewall	0
9 Stafford	0
8 Cave Springs	1
5 E.C. Glass	4
8 Great Bridge	1
4 Langley	5
17 Season	1
Record	

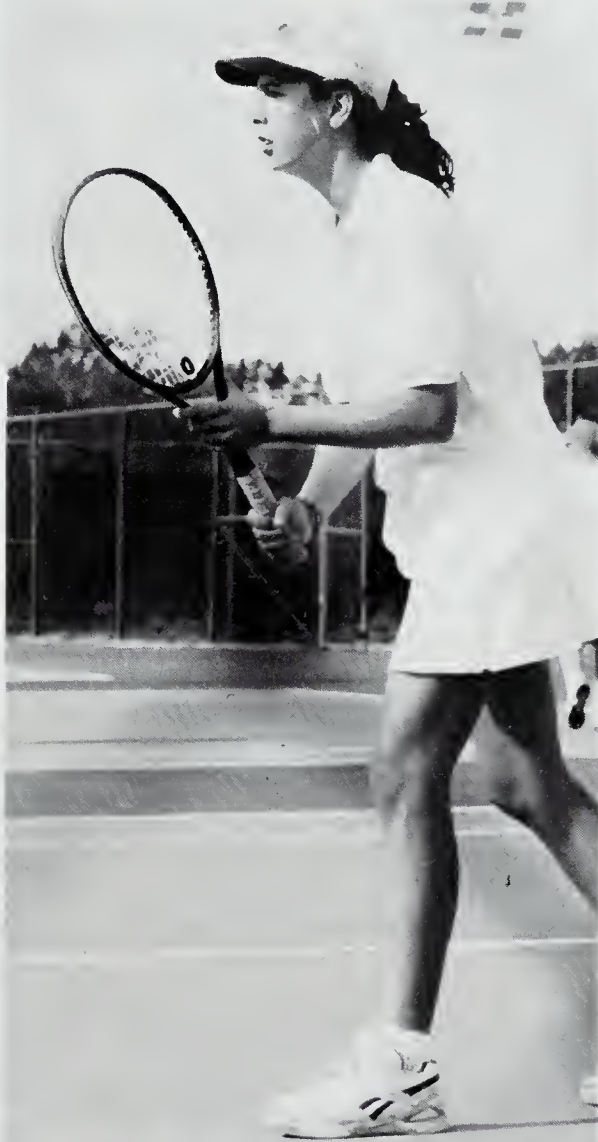


Roberto Santiago



AS SHE APPROACH

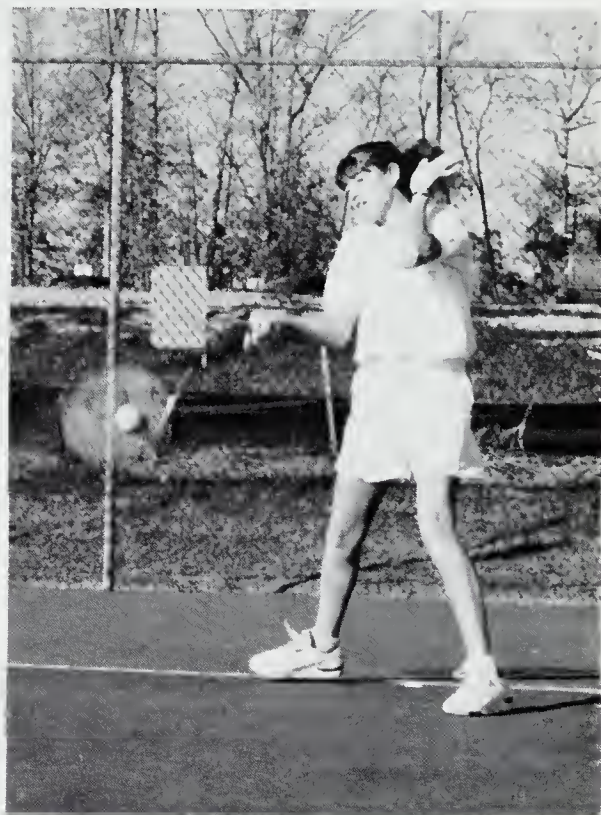
es the net, senior Marta Gomez prepares to volley the ball. Volleying created more angles and cut off the back-court.



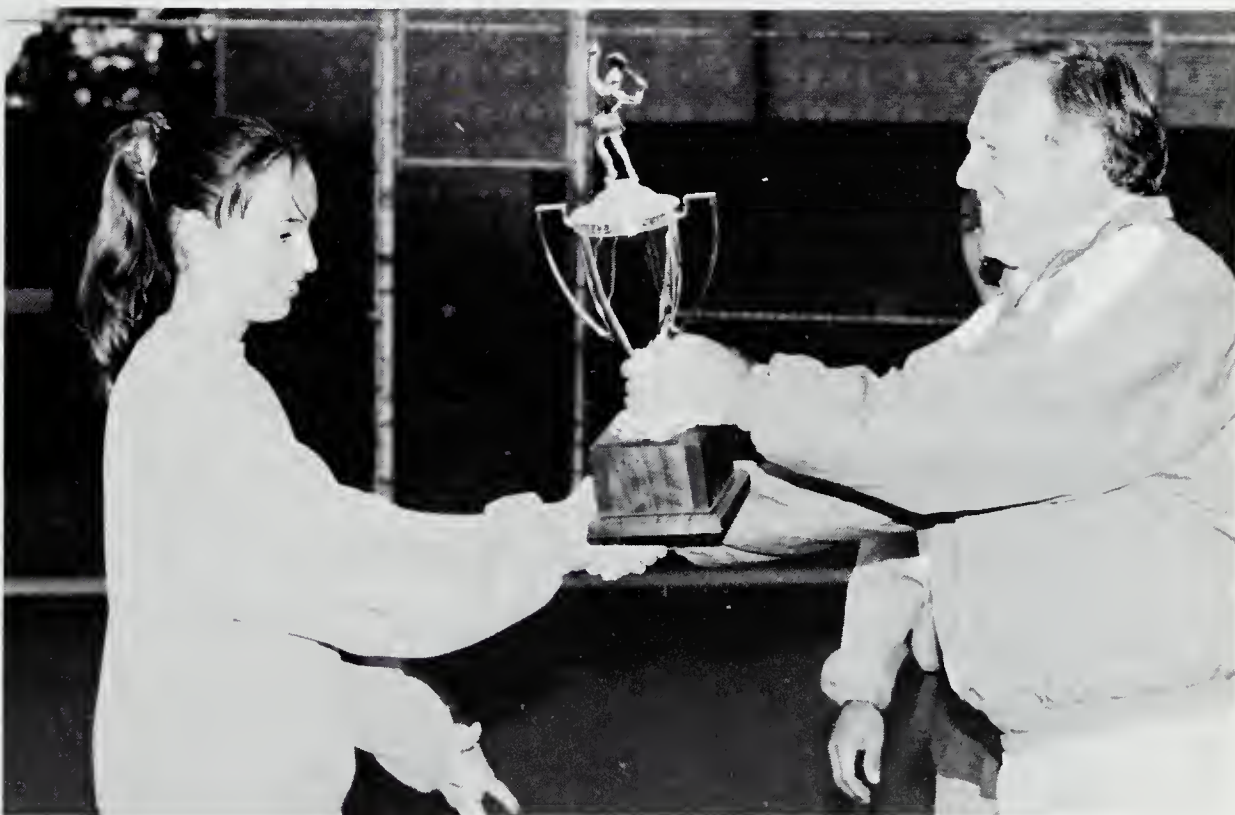
Uthai Thayaprasat

WHILE RETREAT

ing to the baseline, freshman Sarah Sanchez hits a topspin forehand. Topspin enabled the players to add spin and kick to the ball which fooled opponents.



Roberto Santiago



Uthai Thayaprasat

AS SHE CONCENT

rates on the ball, junior Sara Thayaprasat goes for the overhead smash. Overheads exerted an extra force which made the ball harder to be returned.

CONGRATULA-

tions! Senior Liz Cackowski accepts the regional trophy from E.C. Glass Athletic Director Frank Murray. The Vikes defeated E.C. Glass 5-4.

"GREAT JOB!" SEN-
iors Stephanie Schmidt
and Azish Filabi con-
gratulate each other on
a play well done. By en-
couraging their team-
mates, the girls kept
their spirits high.

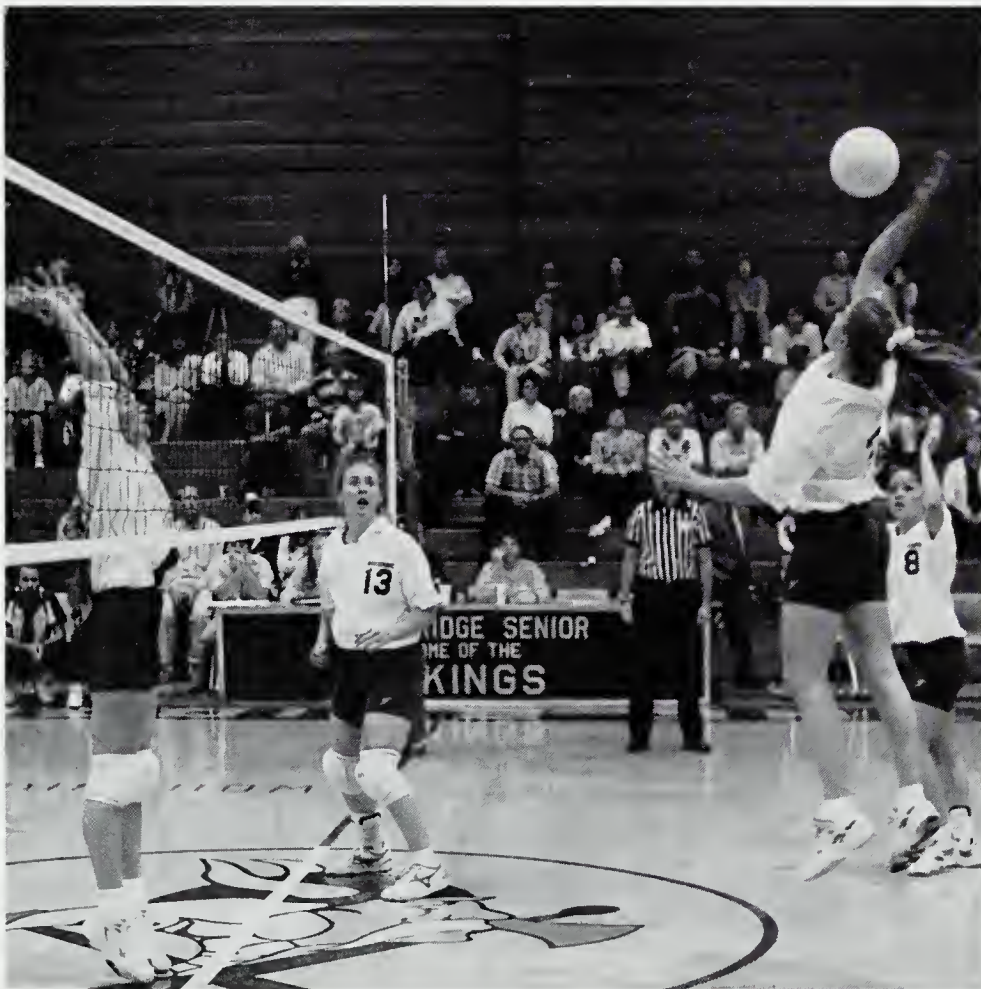
AT A HOME GAME,
senior Jennifer Scott
concentrates on pass-
ing the ball as seniors
Beth Portell and Azish
Filabi support her. The
girls always had to be
on their toes.



Roberto Santiago



Roberto Santiago



Roberto Santiago

JUMP START! SEN-
ior Beth Portell spikes
the ball while seniors
Steph Schmidt and
Cerina Wanzer watch
in anticipation. Team
members relied on
each other to set plans.

SPIKE! SENIOR Jen-
nifer Scott spikes the
ball past her opponent
to score. Despite Scott's
great play, the girls lost
the game to Hylton.



Roberto Santiago

Team Nets Coach

With the Arrival of new Coach, new Uniforms,

Eyes locked, knees bent, junior Claire Fontenot

stared intensely at the volleyball as the opposing team served. Hopefully everything that she had learned during practice would benefit the team's performance. With the arrival of the new coach, Mr. Mike Petock, the varsity volleyball team learned from the experience he brought from California. The team consisted of eleven seniors and one junior.

"Most coaches are really strict and it reflects on the team's performance. Mr. Petock says 'the athlete's attitude reflects the coach.' So he

and new Attitudes, Volleyball

Falls Into Place

never gets down on us because we want to be a united team," said senior Debbie Ward.

The team also received new uniforms. "I think the crowd liked them just as much as we did because we looked more like a professional volleyball team," said senior Steph Schmidt.

Despite their loss to Hylton the girls stayed focused and earned a regional berth. "During a game I mainly

tried to concentrate on being fo-

cused. When we played against Hylton, our adrenaline was pumping and it was hard to stay focused on the game," said senior Jenn Scott.

The coach's encouragement and development of new offensive plays and drilling techniques, such as one he called "buns and orange," along with the addition of new uniforms contributed to the team's performance.

by Kara Artz



Varsity Volleyball Front Row: Jo-Marie Maniwang, Kristin Zercow, Rosie Weber, Debbie Ward, Cerina Wanzer, Sherie Purefoy; **Back Row:** Coach Mike Petock, Beth Portell, Claire Fontenot, Eliza Lehr, Jennifer Scott, Stephanie Schmidt, Jena Moorleghen, Azish Filabi.

"I introduced the way I go about running my program. The girls were very receptive, helpful and open to my ideas and it showed in the way that they played. Looking back, we improved steadily and were at the top of our game the last two weeks. Everything was clicking, it was effortless."

— Mike Petock, Coach

W	Varsity	O
3	Godwin	2
5	Clover Hill	0
2	Western	1
	Branch	
2	Indian River	1
2	Osborn Park	1
0	Hylton	3
2	Osborn Park	0
2	Gar-Field	1
2	Potomac	0
0	Hylton	2
2	Stonewall	0
2	Paul IV	0
2	Osborn	1
2	Gar-Field	0
2	Potomac	0
1	Hylton	2
2	Stonewall	0
2	Stonewall	0
2	Gar-Field	0
2	Patrick Henry	0
0	Hylton	2
18	Season Record	3

Bumpin' Around

The gymnasium became quiet as JV server Susan Lutes gave a final look back to her coach and teammates. The freshman players looked to her as an example; the varsity players saw her as the future of their team. Susan gazed over the opposition's set-up, gripped the ball, then served it to her opponents.

"This year volleyball is more challenging because we do more spiking and ground work," said freshman Melissa Handy. Playing on the high school level provided more competition and the opportunity to learn new skills for the freshmen.

The freshman team had players new to the game. "We went 4-6 this year. The team was full of rookies; for many of the players this was their first try at volleyball," said freshman Melanie White.

Teams Bump, Set and Spike Their Way to Wins

The JV team went undefeated for the first time in 10 years. The victory over Hylton was the one of which they were most proud. "Hylton was a rough game. We just held on and let them make the mistakes. Mr. Hilleary pushed us to work on our passes for that game and it paid off," said sophomore Christine Bohannon.

The JV team had an overall record of 25-0. "We had a lot of serious players who were determined to play well and win. That's what kept us with an undefeated record for the season," said junior Tanya Tilgner.

Three JV players moved up to the varsity team at the end of the year; Susan Lutes, Jessica Hoge, and Niki Ferguson. Excessive serving, offensive and defensive drills led both teams to improve during the season.

by Rebecca Greenberg



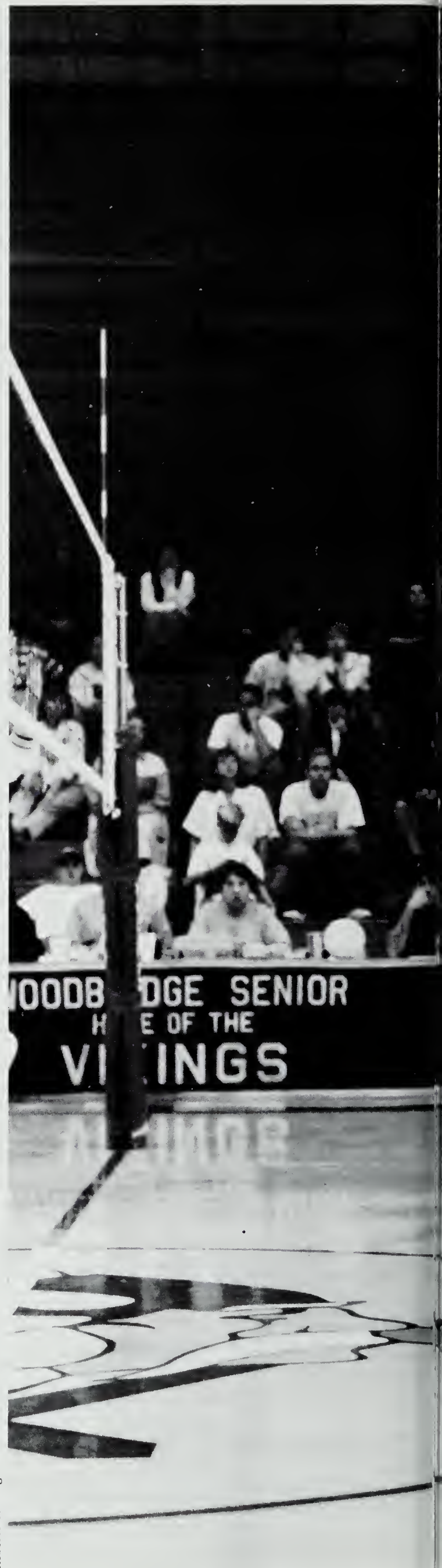
Girls J.V. Volleyball Front Row: Nikki Ferguson, Tanya Tilgner, Sarah Falcono, Morgan Lynn; Middle Row: Jessica Hoge, Kristin Gartner, Stephanie Daniels, Erin VanGorder; Back Row: Coach Richard Hilleary, Christine Bohannon, Susan Lutes, Nashanda Harper.

W	JV	O
3	Hylton	1
2	Osborn Park	0
2	Gar-Field	1
2	Stonewall	0
2	Potomac	0
2	Hylton	1
2	Osborn Park	0
2	Gar-Field	0
2	Stonewall	0
2	Potomac	0
2	Hylton	1
3	Paul VI	0
12	Season Record	0



Girls Freshmen Volleyball Front Row: Dawn Wanzer, Melissa Groadus, Melanie White, Maria Vargas; Back Row: Coach Gretchen Surber, Wendy Waggy, Melissa Saure, Melissa Handy.

W	Freshman	O
2	Osborn Park	0
0	Hylton	2
0	Potomac	2
2	Gar-Field	0
0	Stonewall	2
1	Osborn Park	2
0	Hylton	2
2	Potomac	0
2	Gar-Field	1
1	Stonewall	2
4	Season Record	6





SIDE-OUT! FRESH-

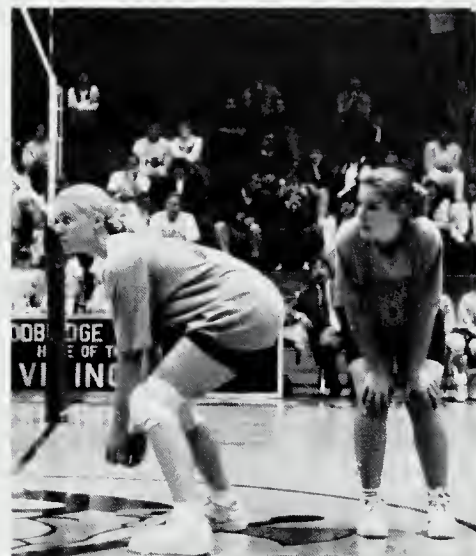
man MVP Melanie White catches the ball after the ref blows the whistle. The freshman team was able to take advantage of their opponents' mistakes.



Roberto Santiago

IN READY POSI

tion, sophomore Jessica Hoge and junior Niki Ferguson await Hylton's serve of the ball. Anticipating their opponents' moves was helpful in planning a defense.



Roberto Santiago



Roberto Santiago

WITH FANS EAGER

ly watching her, junior Niki Ferguson sets the ball for one of her teammates. Despite the presence of the crowd, her concentration was essential.

UPON WINNING A

point, juniors Tanya Tilgner and Susan Lutes congratulate junior Niki Ferguson, and sophomores Erin Van Gorder and Kristin Gartner.

Kings of the Court

Shouts rang out from the packed bleachers. All eyes focused on the player on the court. He drove directly down the court. With a resounding thump, he stuffed the ball through the net and the crowd exploded in cheers.

Players used the pep rallies to prepare themselves and the crowd for the games by dunking. "We had a pep rally before we played Brooke Point. A lot of players on the team this year can dunk, so we all went out there and shot and dunked. It really roused the crowd and at the game that night, we had a large, involved crowd come out and support us," said senior Torrey Farrington.

With such support, the boys beat Gar-Field in their territory for the first time in three years. "My favorite game was the one against Gar-Field. We all thought they'd beat us, but we

won by 15 points. Aaron Demory got two dunks during that game, which gave the whole team a lift," said senior Mike Lozier.

Another uplifting win came when the guys came back to win against Stafford

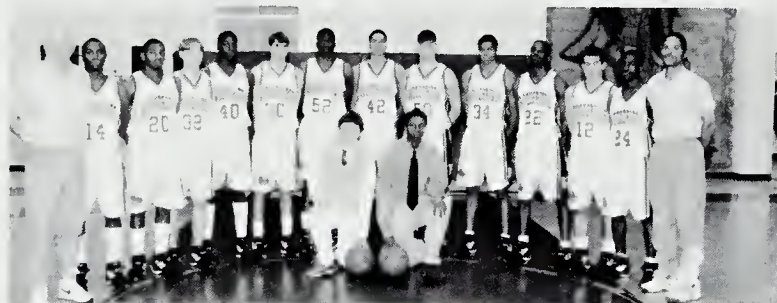
in a close game. "We were down by 11 points with only about 3 minutes left in the game. We came back

and beat them and all of the coaches were sliding around in their chairs. 'I told you so, I told you three minutes was enough!' " said the manager, sophomore Robbie Karnbach.

The boys finished their season with a 20-5 record and then claimed the district title after a win over Stafford, but their season ended with a 62-40 loss to Potomac at home in the regional semifinals on March 23.

by Stephanie Hockman

Boys Shoot Their Way to a District Title



Boys Varsity Basketball Front Row: Robbie Karnbach, Shawn Thompson; **Back Row:** Mr. Don McCool, Torrey Farrington, Lee Thompson, Brian Richards, Dirron Allen, Mike Lozier, Tim Fuller, Justin Dudley, Brant Sanderson, Aaron Demory, Ahmad Dorsett, Ariel Gonzalez, Marcus Griffin, Mr. Will Robinson.

The Starting Five — Torrey Farrington, Marcus Griffin, Ahmad Dorsett, Dirron Allen, and Aaron Demory

W		0
54	Potomac	60
53	Stonewall	39
58	N. Stafford	45
78	St. Christopher	26
51	Gar-Field	55
60	E.C. Glass	48
70	O'Connell	43
43	Good Counsel	48
72	McKinley Tech.	51
66	Hylton	38
59	Stafford	50
46	Potomac	56
64	Brooke Point	52
70	N. Stafford	38
60	Gar-Field	45
42	Brooke Point	35
63	Stafford	40
72	Osborn Park	32
84	Osborn Park	41
72	Stonewall	46
82	Hylton	58
87	N. Stafford	52
66	Stafford	41
55	Pulaski	43
40	Potomac	62
20	Season	5



Brian Carino



RELEASE, ROTATION,

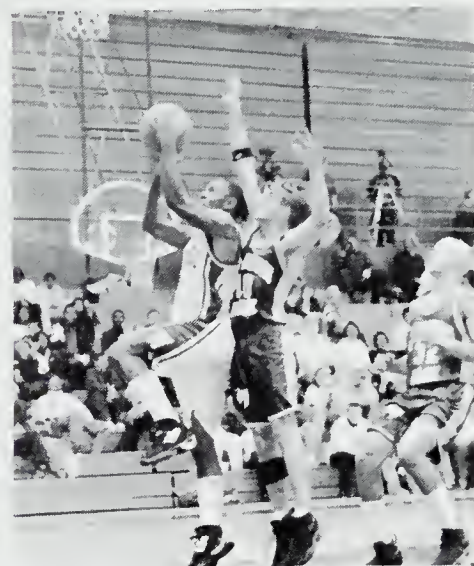
splash. Up against Osbourn Park, junior Brian Richards attempts a jump shot. Skillful and exact shots helped the boys double their score.



Brian Carino

A JUMP AHEAD,

senior Torrey Farrington tries to make a basket. An Osbourn Park player unsuccessfully attempted to reject the shot by jumping up behind Farrington.



Brian Carino



Brian Carino

FASTER THAN A

speeding bullet. Junior Tim Fuller races down the court as an Osbourn Park player stumbles trying to catch up. The team was well known for their speed.

BREAK AWAY BALL.

Junior Aaron Demory goes after the ball before it bounces out of bounds. The team won their two simultaneous games against Osbourn Park.

CHECK OUT THAT

defense! Junior Claire Fotenot reaches out to block her opponent from getting close enough to the basket to score. Good defense helped the girls to be successful.



Roberto Santiago

GATHER 'ROUND

girls! Senior Beth Porttall has the attention of the assistant coach, Mr. Akinson and her teammates as she discusses strategy. Strategy was needed to win games.



Roberto Santiago



Roberto Santiago

UP, UP AND AWAY!

Sophomore Chanel Thomas takes flight as she goes up for a three point shot in a game against Brooke Point. Three point baskets gave girls a chance for extra points.

GET OUTTA MY WAY!

Senior Jennifer Scott attempts to reclaim her possession of the ball. The ball was taken away on a turnover. Turnovers allowed the other team to score points.



Roberto Santiago

Take It to the Hoop

Varsity Girls Take Basketball to new Heights

High fives all around! As the girls varsity basketball team exited the locker room and entered the gym room floor. A wave of applause and a round of high fives were given out to everyone. Girls games were played before the guys varsity games on Friday nights at 6:15. Although the biggest crowds gathered on Friday nights, they also played games during the week. "I like the games on Friday the best because the crowds are very big, and we're always hyped by them. During the week it's harder because we don't have the crowds sup-

Through Defensive Strategy Against Competitors

port, but sometimes it's easier to concentrate," said senior Beth Portell.

The girls record in the District was an undefeated 8-0. Previous years proved Stafford to be their fiercest competition but currently North Stafford and Brooke Point have improved their playing capacity and shown their ability to compete. "The competition this year was very surprising. The teams we played were better than we thought they'd be, but we

knew if we played our best we

could beat them" said freshman Michelle Couch.

The new winning strategies the team had were offered by their new coach Mrs. Sally Gilman. "It looks like their coach is doing a good job. Everyone likes her coaching style, and I think it helps the team out a lot," said freshman Shea Northup.

The work they did was a success when they earned the runners up in the Region losing to Garfield.

by Terri Greer and
Kendalynn Newsham



Varsity Girls Basketball *Front Row:* Chere Marshall, Stephanie Adkins, Laurie Samuels, *Middle Row:* Clair Fontenot, Chanel Thomas, Beth Portell, Tiffany Winston, Amber Lockhart; *Back Row:* Assistant Coach Rob Benson, Jessica Hoge, Marta Gomez, Jen Scott, Kristen Gartner, Assistant Coach Mike Adkins, Coach Sally Gilman.

"The attendance grew tremendously when the tournaments started. The big crowds helped the team gain intensity." Assistant Coach Rob Benson

W		O
86	Potomac	19
53	Stonewall	20
	Jackson	
59	North Stafford	46
44	Garfield	47
46	Whitman	37
44	West Springfield	54
44	Fairfax	57
54	Hylton	48
63	Potomac	31
54	Stafford	45
29	Brooke Point	24
48	North Stafford	43
36	Garfield	51
35	Brooke Point	28
46	Stafford	42
38	Osborn Park	31
55	Osborn Park	51
53	Stonewall	18
	Jackson	
37	Hylton	33



JV Boys Basketball **Front row:** Jeremy Parcels, Umar Bowers, Jason Sosa, Roderick Blaylock; **Middle Row:** Brian McNear, Ras-hand Pope, Carlos Colman, Andy Heulitt, BJ Lowery, Manager Shawn Thompson; **Back Row:** Coach Huckerstein, David Lowery, John Simmons, Dan Stewart, Coach Charles Wilson

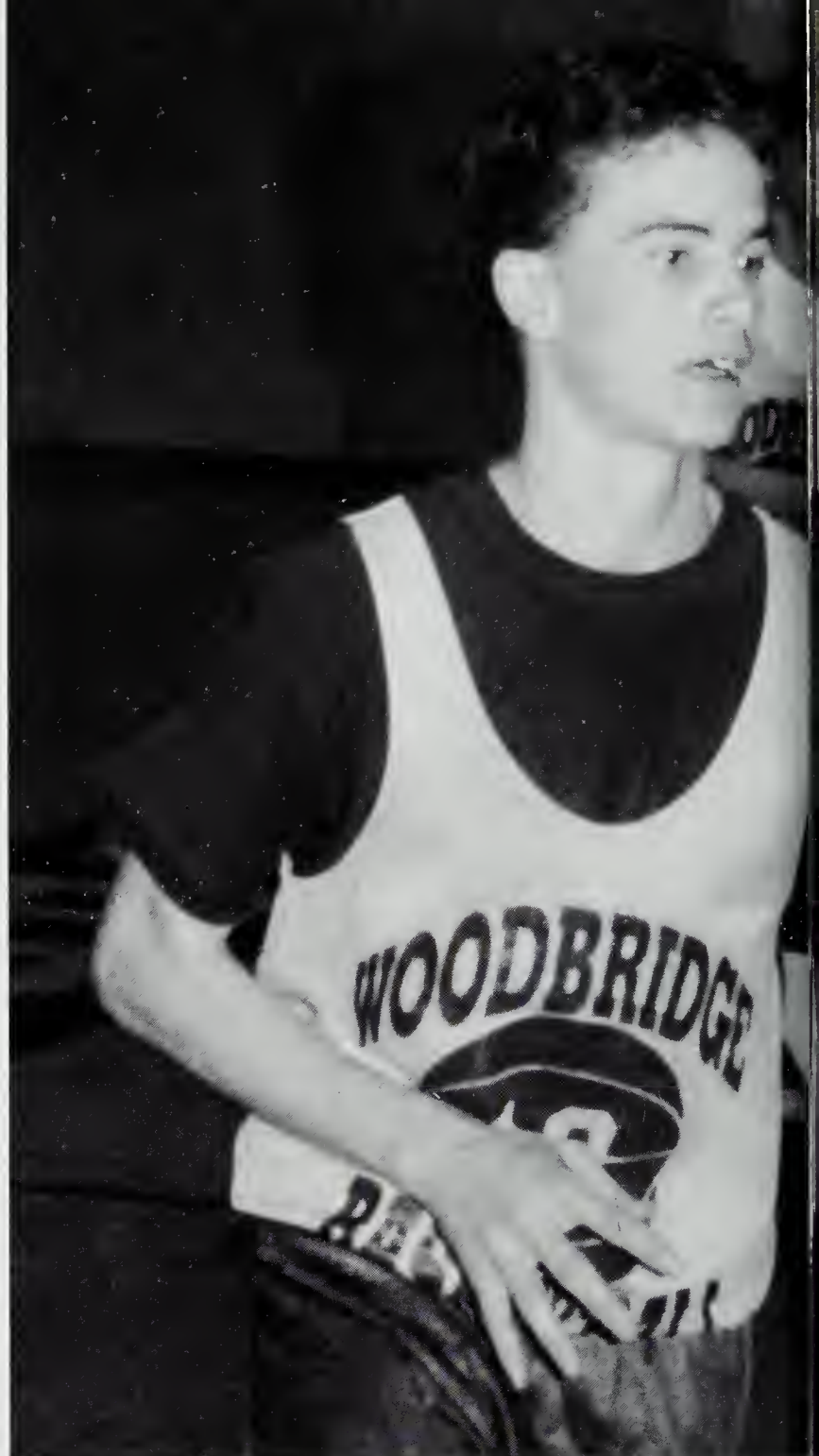


Freshman Basketball **Front Row:** Steve Smith, Cortez Quarles, Avery Griffin, Josh Salzer; **Middle Row:** Coach Mike Wilson, James Hariis, Pat Berram, Antoine Phillips, Myles Overton, Carle Drummond, Josh Whittam, Nick Rodriquez, Andy Tullo, David McGarry, Coach Charles Wilson.

W		O
51	Potomac	49
53	Stonewall	47
55	North Stafford	38
43	Garfield	41
57	O.P.	40
61	Hylton	51
50	Potomac	41
72	Brook Point	58
60	North Stafford	39
76	Stafford	41
60	Brook Point	64
65	O.P.	50
56	Stonewall	59
50	Hylton	55
63	Garfield	53
12	Season Record	3

Freshmen

W		O
45	North Stafford	25
37	Stafford	34
43	Brook Point	33
38	Garfield	30
45	O.P.	24
45	Hylton	41
39	Potomac	35
45	Stonewall	19
32	North Stafford	27
27	Stafford	23
47	Brook Point	39
57	Garfield	37
67	O.P.	41
28	Hylton	43
58	Potomac	44
49	Stonewall	35
15	Season Record	1



Bridgit Kelly



Roberto Santiato

FINE TUNING OF

plays is something that sophomore Umar Bowers finds necessary to perfect game-play. He struggles to guard sophomore BJ Lowery.

AS HE TAKES HIS

time to line up the shot sophomore Dan Stewart concentrates on nothing but the hoop. Concentration was a key part part to be successful at basketball.



Roberto Santiato

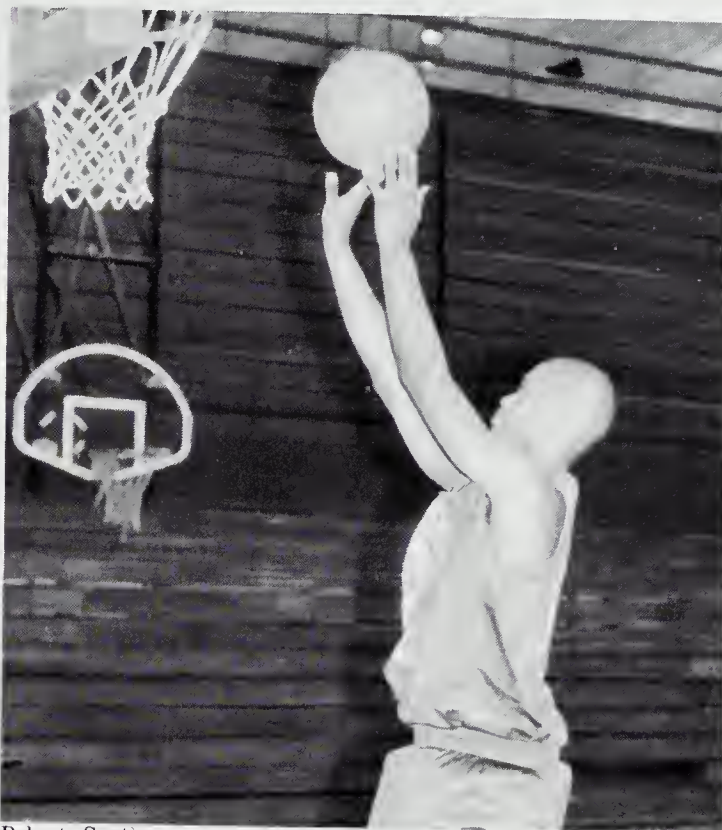


PRACTICE WAS

long and hard for all of the time included for sophomore Jeremy Parcels. He knows that if the team practices all the time it will show in their games.

THE EASY TWO WAS

no problem for Carl Drummond as he shows his team how to take it to the hoop. Drummond was also one of the teams leading scorers.



Roberto Santiago

The Hoop Dreams of Youth

The freshmen and junior

varsity basketball teams were able to give huge efforts toward their goal of an undefeated season, not because of their size, but because of their heart.

Eighty students tried out for the Freshmen and Junior Varsity teams. There were only fifteen open spots per team which allowed the coaches to have their pick.

"I did not make the Freshman basketball team this year, but I am going to keep trying out. There was a lot of talent I noticed on this year's team though," said freshman Jeff Cuellar.

The students that didn't make the basketball team weren't the only

Freshman and Junior Varsity Roll Through the Season

Both Carrying Winning Records

ones to notice the talent.

"I feel pretty lucky this year to make the junior varsity basketball team this season, there was a lot of talented kids," said sophomore Andy Hewlitt.

The coaches had a large pool of players to choose from for both the junior varsity and freshman basketball squads.

"This year I have a very talented freshman squad, we should do well this season," said Coach Mike Wilson.

The feelings of the coaches were al-

so carried on to the players.

"I thought we were going to do well after I saw my teammates and we have done as well as I had expected," said freshman Josh Whitham.

Junior varsity and freshman basketball depended on the whole team giving it their all, which made it possible for them to walk away with a successful season.

by Chris Meadows and Josh Mayne

JV and Freshman Basketball

Life's a Basketball

Despite the fact that a veteran coach led the freshmen basketball team and the J.V. team had a brand new coach, both girls basketball teams used different perspectives toward the same goal. Veteran freshmen coach Lewis Forrest and new-

comer J.V. coach Jimmy Little combined together to give the teams winning seasons.

The goal of the J.V. team was to accomplish an undefeated season. Although they did not achieve this goal, they held an 11-5 season. "Our goal this year is to go undefeated. If we do, I'll be the happiest man in the world," said J.V. assistant coach Mike Adkins.

Players had to adjust to the new style of coaching. "This year is tough because of all the new coaches and their styles. They believe in a press and run style of play and that's really

tiring," said sophomore Julie Foxworthy.

The freshmen players also had to adjust to a new playing style. Most of the players came from different schools and had never played together. "I've never been in any organized

basketball before. I've just played pick-up and stuff," said freshman Jennifer Budney.

The freshmen did not all play on the freshmen team. There were three freshmen on the J.V. team. I have to keep up," said freshman Nikki Jones.

The styles of playing helped the freshmen and J.V. teams prepare for their future on the Varsity basketball team. Freshmen and J.V. girls worked with their coaches to achieve the ultimate goal of a winning season.

by Rebecca Murphy and Rebecca Woodcock

Veteran Coach and New Coach Combine for Winning Seasons



Girl's J.V. Basketball Front Row: Katy Murphy, Stephanie Adkins, Sicily McCants; **Middle Row:** Nikki Jones, Julie Foxworthy, Johanna Izzaguirre, Julia Wright; **Back Row:** Coach Mike Adkins, Michelle Couch, Heather Danforth, Stephanie Daniels, Linsey Rial, Coach Jimmy Little.



Girl's Freshmen Basketball Front Row: Ellen Stevens, Tyree Ellison, Johanna Blanco; **Middle Row:** Mgr. Tim Sidam, Sarah Krimkowitz, Emily Robins, Melissa Metler, Laini Evans, Mgr. Lisa Morey; **Back Row:** Coach Ann Mary Boyd, Laporshia Washington, Kerry Daley, Shirley Andorful, Charleen Cox, Jennifer Budney, Coach Forrest.

J.V.		
W		O
28	Stonewall	12
25	Brooke Point	27
53	N. Stafford	30
59	Osborn Park	45
31	Potomac	24
44	Garfield	34
20	Hylton	43
29	Stafford	22
48	Stonewall	21
35	Brooke Point	43
30	N. Stafford	35
45	Osborn Park	38
52	Potomac	41
39	Garfield	30
32	Hylton	48
39	Stafford	22
11	Season Record	5

Freshmen		
W		O
45	N Stafford	22
23	Stafford	24
36	Brook Pointe	11
34	Gar-Field	17
49	Osbourne Park	14
49	Hylton	13
31	Potomac	35
34	Stonewall	17
23	N Stafford	18
32	Stafford	26
31	Brook Pointe	10
27	Gar-Field	10
33	Osbourne Park	11
35	Hylton	6
27	Potomac	16
40	Stonewall	9
14	Season record	2



Roberto Santiago



DURING A WEEK-

end practice, freshman Shirley Andorful goes up for a layup. Week-end practices gave the players an extra chance to polish up on their skills.



Bridgit Kelly

READY TO GRAB

the rebound, sophomore Katie Murphy boxes out her opponent. Basketball proved to be a physical game because players had to fight for position.



Roberto Santiago



Bridgit Kelly

"WAIT! TIME-OUT!"

said freshman Precious Gooding as she pleads with the referee to call the foul. Players were allowed five fouls before being taken out of the game.

PRACTICE MAKES

perfect. The junior varsity team did the same layup drill before practice. Freshman Nikki Jones went up for her ninth layup in a set of ten.

WATCH YOUR STEP!

Freshman Hilary Hansen practices her scale on the balance beam for the District meet. Precision was important when performing on the four inch wide beam.



Roberto Santiago

AS SOPHOMORE ME-

lanie Agosta chalks up before regionals, she concentrates on her next event. Chalk was important to prevent blisters and to keep the fingers from slipping.



Roberto Santiago



Roberto Santiago

FLYING THROUGH

the air freshman Erin Quaderer practices her jumps. Jumps, tumbling, and dance were elements which judges looked for in the floor exercise.

FOUR FEET ABOVE

the beam, junior Kelly Sakai concentrates on her position. Sakai used her talent on the beam to help her advance to the State finals.



Roberto Santiago

Horsing Around

Gymnastic Team Vaults Ahead of the Competition

The sign on the wall read, "You can lead a horse to

water, but you can't make him drink." This poster was on the wall of the auxiliary gym to inspire the gymnastics team when they practiced. The team attempted new skills during three hours of practice each day.

Each skill learned, gave the team a chance to improve individual and team performance. This was important for the gymnastics team due to the small size of the team. The team had nine athletes which was one third the size of other teams. "It's a small team, but it has a lot

Despite Injuries and the Small

Size of the Team

of strength. We do our best to put 100% into every practice," said senior Dawn Gleichsner.

While the girls competed individually, they also competed as a team. "Even though gymnastics is an individual sport, we have come together and had excellent teamwork," said senior Stephanie Parker.

As the girls worked together as a team, there were injuries. Freshman Erin Quaderer was out for the first half

of the season with a strained ver-

tebrae. Freshman Sarah Kotchman broke her ankle and senior Dawn Gleichsner sprained her ankle.

Although the season was riddled with injuries, the team took third in the district and fourth in the region. Junior Kelly Sakai qualified to compete in states. "We have improved a lot to make the team one of the strongest the school has had in years," said sophomore Melanie Agosta.

by Mads Hansen and Kelley Curtin



Gymnastics Front Row: Mgr. David Kaplan, Dawn Gleichsner, Theresa Dietrich, Hilary Hansen, Stephanie Parker, Mgr. Christina Cone; **Back Row:** Melanie Agosta, Sarah Kotchman, Kelly Sakai, Erin Quaderer, Stephanie Gleichsner.

N. Stafford	2nd
South Lakes Inv.	12th
Park View, Stonewall,	
Gar-Field	3rd
Park View Inv.	3rd
Washington Lee Inv.	3rd
Osborn Park	1st
Stafford	1st
Brooke Point	2nd
Districts	3rd
Region	4th

Stride to the Top

Excitement and nervous anticipation charged the air of the arena. As the runners waited for the starting gun, the arena filled with silence. BANG! The runners exploded as the crowd cheered wildly.

The indoor track team faced challenges brought upon by change. Instead of having sev-

eral coaches to help runners focus on their skills, they only had two coaches to train the entire team. However, this fact did not have an impact on the season. "Having two coaches did not affect the season. We won two district championships," said Coach Jim Rodgers.

Weather caused complications. Because of snow, the runners arrived late to the Virginia Tech meet. "When we arrived, the 300 meter was just about to start. We didn't get

Indoor Track Jumps and Sprints its Way to District Gold

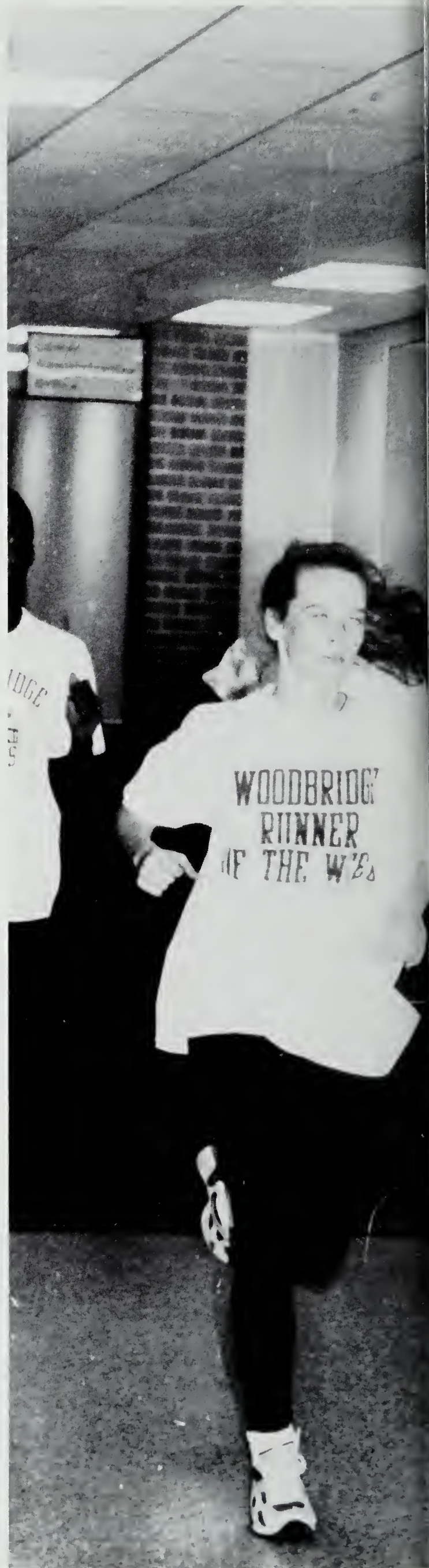
to warm-up, so we didn't run as well as we could," said sophomore George Johnson. Problems arose because of the temperatures. "Districts was tough, because the weather was so

cold. The long-jump pit was frozen,

so we had to wait three hours for it to thaw out," said freshman Autumn Baltimore.

Weather did not prevent victory. The boys won Districts for the third year in a row, while the girls won for the second time. By winning Districts, the girls fulfilled their accomplishments. "Winning Districts gives you a goal to strive for. Each year, you want to keep it," said sophomore Melissa Bernacki. The boys went on to capture a Reg. title.

by Caritta Lee



Roberto Santiago



Boys' Indoor Track Front Row: Frank Saladano, William Brooks, Kodi Smith, Robbie James, Kingsley Mensah, Delvon McCormick, James Long, Jared Stroup, Duane Brown; **Middle Row:** Coach Jim Rodgers, Mike Simms, Doug Windland, Steve Arnold, Chris Motsek, Anthony Iheme, Nick Zizzo, Derik Burrows, Chris Davis, George Johnson, Boyd Gunnell, Joe Carroll; **Back Row:** Coach Jeff Custer, Pat Todd, Mike Miliken, Chris Carlsen, Jon Simmons, Mike Small, Steve Jones, Matt Lehr, Kevin Libby, Chris Loucks, Coach Haig Gojekian.



Girls' Indoor Track Front Row: Dawn Cleary, Mary Gilhooly, Debbie Rothlein, Megan Farrell, Jennifer Tossas, Jennifer Barnett, Mamie Pekanyande, Rachel Diaz, Deshay Jones, Cerina Wanzer; **Middle Row:** Katie McAllister, Cecilia Riek, Heather Thorstad, Sara Lyng, Jennifer McNamara, Deanna Thorstad, Susan Gibson, Melissa Bernacki, Becky Graham, Shannon Farrell, Autumn Baltimore, Kristin Nicotia; **Back Row:** Jennifer Isherwood, Jennifer Gray, Alison Keehan, Jennifer Dunn, Lenka Bodnarova, Shannon Bailey, Ernestine Kamanda, Lisa Greiling, Nicole Miranda, Alysia Barton, Amber Wright, Monique Brown, Fatima Aniteye, Coach Haig Gojekian, Coach Jeff Custer.

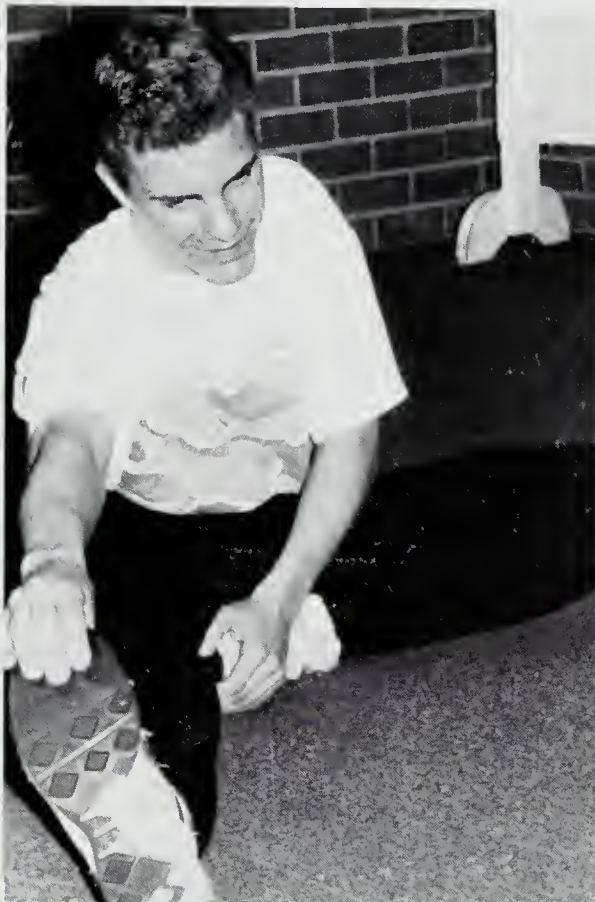
At the Richmond Invitational, senior Mike Simms' pole vault snapped as he cleared a height of 13 feet. Seniors Pat Todd, Chris Loucks, Simms, and junior Steve Jones composed the 4x800 relay, which ran in States. Both teams captured Districts.

B		G
1	Osborn Park/Hylton	1
1	Potomac/Stonewall	1
1	Gar-Field/Potomac/Stonewall	2
8	Richmond Invitational	10
1	Hylton/Stonewall	1
12	Fork Union	13
8	Virginia Tech	10
1	Districts	1
1	Regionals	4



S-T-R-E-T-C-H IT

out. Freshman Kevin Libby stretches his legs before practice. For the first time, sprinters and distance runners stretched together to help unite the team.



Roberto Santiago

GO! JUNIOR DUANE

Brown explodes off the starting blocks. Brown, sophomores Joe Carroll, George Johnson, and B.J. Lowery finished in the top 3 at Regionals for the 4x200 relay.



Roberto Santiago



Roberto Santiago

AFTER SCHOOL,

junior Shannon Farrell and sophomore Kodi Smith keep on track while warming up. Distance runners ran 45 minutes, to an hour, covering distances of 2-6 miles.

IN STEP WITH EACH

other, senior Kingsley Mensah and sophomore Frank Saldana practice for the 60 meter. Sprinters needed a strong start to gain a lead.

Indoor Track



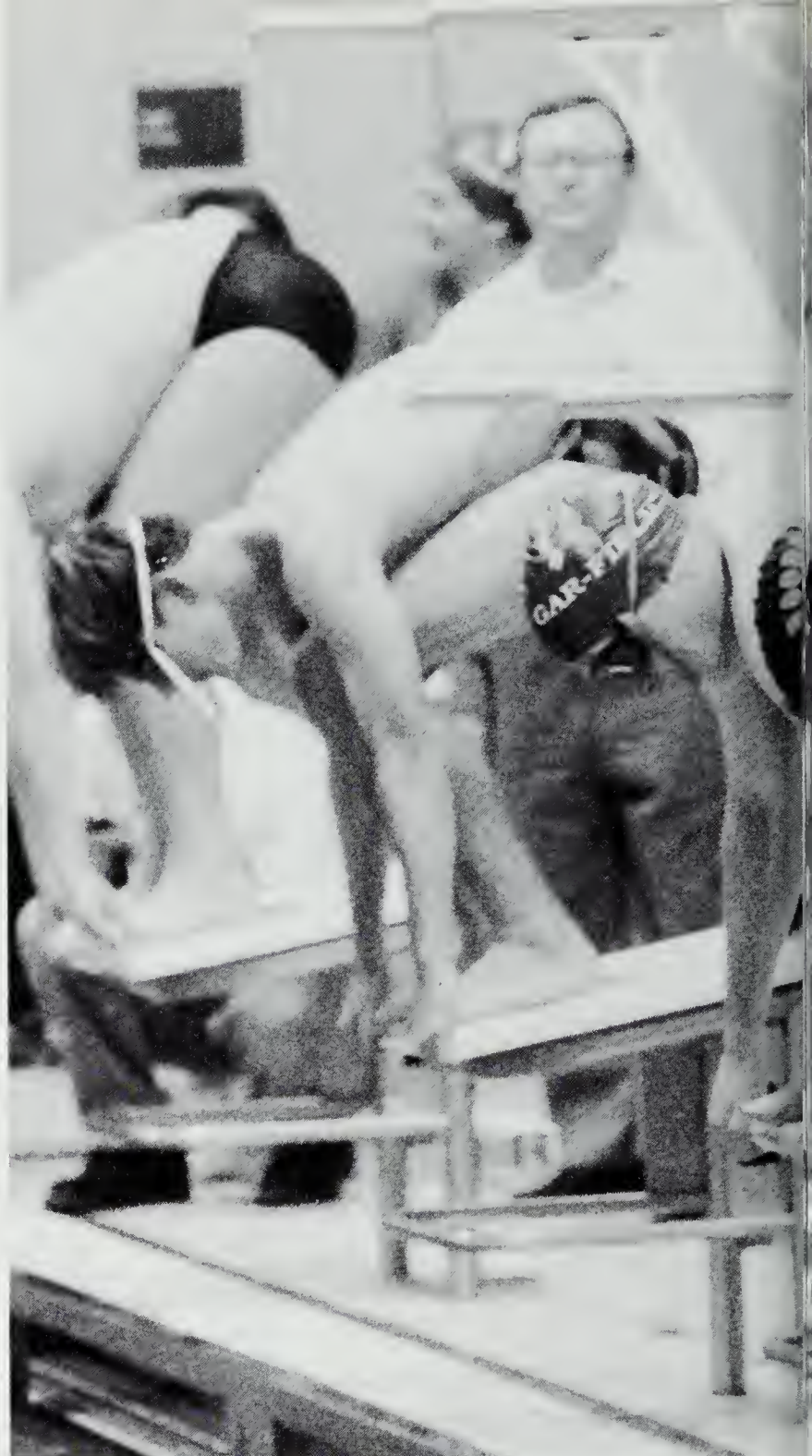
Boys Swimming *Front Row:* Andrew Harrison, Travis Girard, Ben McKelvey, Brian Crissler, Josh Gomez, Kevin Bako; *Middle Row:* Aaron Hewitt, Shawn Brown, Adam Weddington, Matt Bissell, Brent Dickenson, Matt Sheels, Tommy Quimby, Danny Wittman; *Back Row:* Mark Snyder, Mike Hawk, Simon Baldwin, Marc Barriteau, Mike Hicks, Tom Bishop, Daniel Harrison, Jason Weddington, Dave Tonnese.



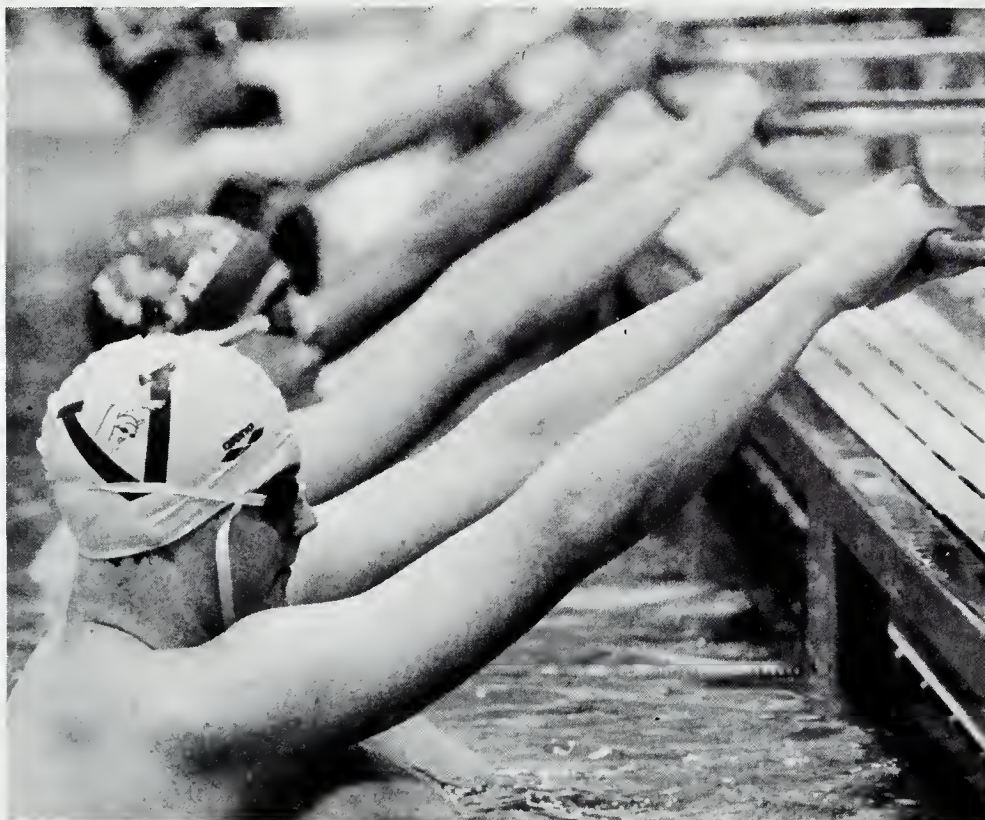
Girls Swimming *Front Row:* Nancy Rosenow, Brooke Taylor, Olga Troyanskaya, Bethany Lindberg, Sara Coe, Kate Skeele, Beth Schu; *Middle Row:* Angela Gress, Krissy Tonnese, Tania Kawasaki, Romina Goncalves, Blair McVeigh, Jennifer Sikorski, Jenny Opsut, Ann Palmer, Meghan Anderson, Loretta Claytor; *Back Row:* Dave Tonnese, Jennifer Blanton, Leslie Swanson, Elizabeth Vernon, Tara Brennan, Kim Johnson, Dominique Kanouse, Devon Tice, Rachel Rogozinski, Melissa Pillifant, Lisa Swanson, Monika Scott, Mark Snyder.

B		G
1st	Gar-Field	1st
1st	Brooke Point	1st
1st	Osborn	1st
1st	North	1st
	Stafford	
1st	Stonewall	1st
1st	Stafford	1st

The girl's swim team finished first in the regional tournament for the first time in the history of swimming by upsetting Hylton. They won by one race.



Segall Majestic



Segall Majestic

WHILE CONCEN-

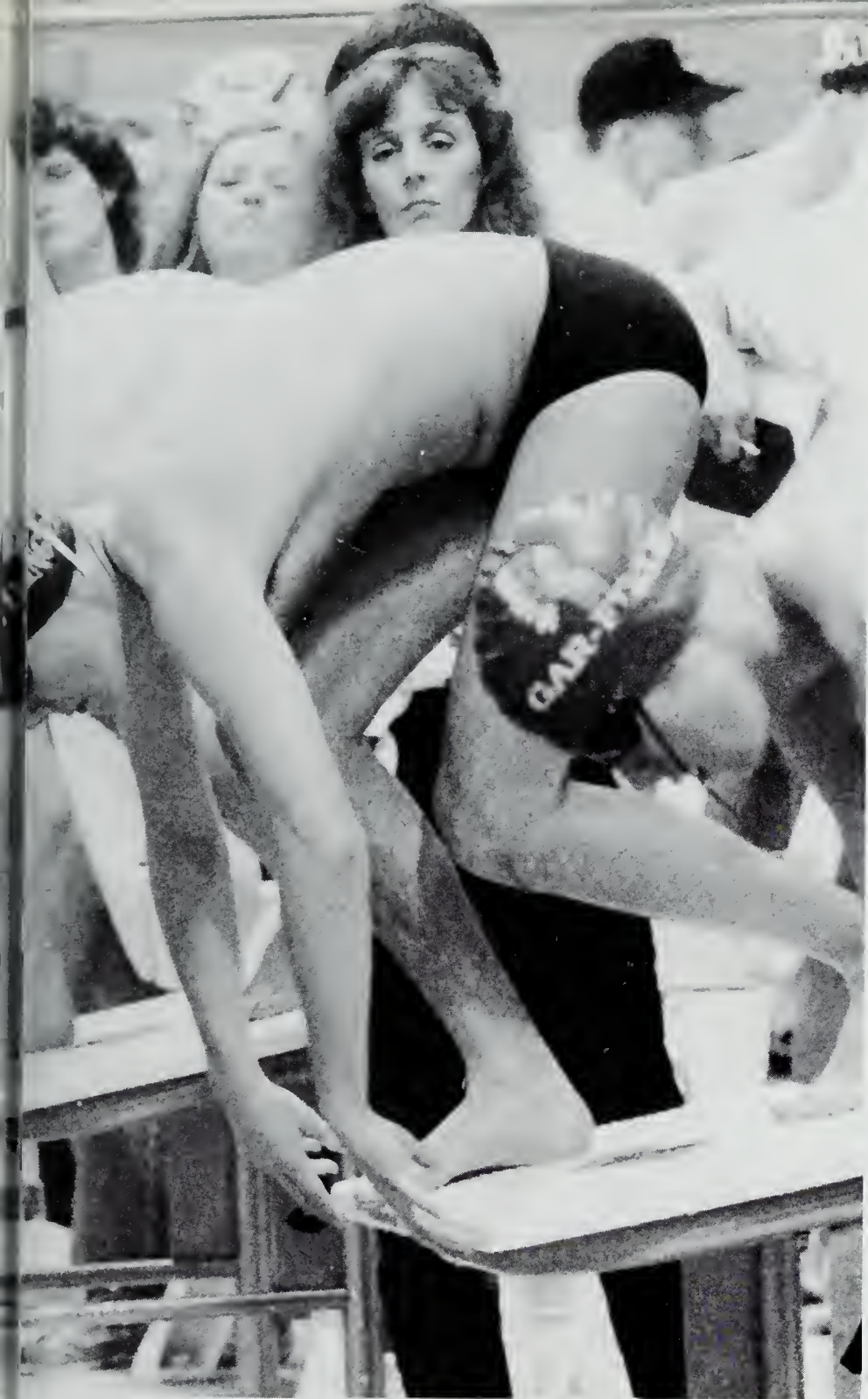
trating on making a good start, junior Mike Hawk waits for the starting beep. Swimmers who swam the backstroke started in the water and pushed off the wall.

"IS THERE ANYONE

ahead of me?" Junior Ann Palmer swims the backstroke in the Individual Medley. In this competition, each swimmer swims two laps of each stroke.



Segall Majestic

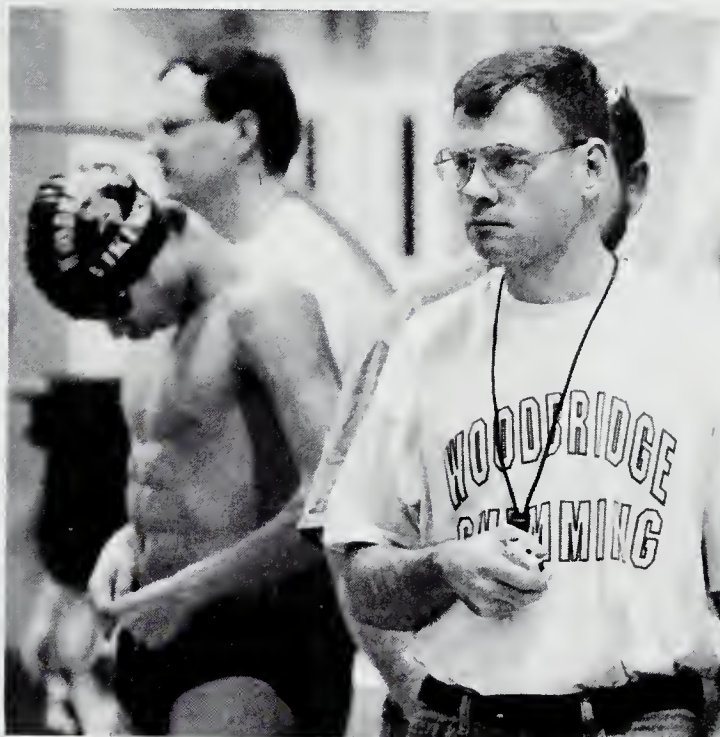


EIGHT SWIMMERS

participated in each race. Junior Aaron Hewitt crouched and prepared for his entry dive for the 100 meter freestyle race against Gar-field High School.

PARENTS OFTEN

volunteered to time the races. Mark Sikorski, father of freshman Jennifer Sikorski was one of three timers for the 200 meter butterfly race at Chinn Park.



Segall Majestic

Different Strokes

The still and quiet wa-

ter invited the eight swimmers to dive in and disrupt its calmness. Suddenly the silence was shattered with a loud beep from the stop watch. The athletes jumped off the blocks and pierced the smooth water with violent kicks and splashes. The race had begun.

Headed by Mr. Dave Tonneson, the boys and girls swimming teams went undefeatead with a 7-0 record. Both of the teams were Commonwealth District Champs. Part of the teams' success is due to the strength given by the new freshmen swimmers.

"I like how well the team has done this year because it makes my senior year more memorable. I credit our success to the underclassmen" said

Both the Boys and Girls Swim Teams Splash Toward an

Undefeated Season Complete With Endless

Practices and Water Polo

senior Leslieanne Swanson.

This year each member had to pay 300 dollars to join. This money went to the Devil's Reach Sports Club, where the teams practiced, for use of their pool. "Since I love to swim, my parents said they would pay the money as long as I keep my grades up," said sophomore Devon Tice.

The teams held practice three times a week. "In practice we do a lot of hard swims. We almost never stop and only take a few breaks," said sophomore Mike Hicks. To get the athletes to and from practice, the parents set up a car pool system with

one another.

The swim team had a way to relieve stress and relax after a successful meet. "Everyone on the team really gets along with one another. If we win a meet, we all play water polo which is a lot of fun," said freshman Rachel Rogozinski. The boys and girls swim team capped off a victorious season by placing first at the District meet.

By Rebecca Greenberg and Brad Leiby

Swimming

AT ONE OF THE

many strenuous practices, senior Damon Stewart wrestles with sophomore Chris Lee. Practices consisted of running, take down drills, and live wrestling.

A SIGN OF SPORTS-

manship, senior Damon Stewart shakes Stonewall opponent's hand during introductions before a meet. Stewart, weighing in at 135 lbs., won the match by a pin.



Douglas Stewart



Douglas Stewart

Making the Weight

Two Seniors Lead the Team to District Second

The hearts were racing, the blood was flowing, and the team was psyched up. Following tradition, the wrestlers slapped the sign above the locker room for good luck, as they ran onto the mat.

But good luck was not the only thing that made this team successful. It took time and dedication too. "Wrestling is on the mind 24 hours a day. It's not just on the mats, but you have to incorporate it around your daily life," said junior John Mumley.

The legality of inflicting pain upon your opponent in wrestling is the way to distinguish it among other sports. "Wrestling is the only sport in school that allows intense pain. I call it intense legal pain," said senior Rob Meyerson. However, to avoid this pain themselves, the athletes went through a strenuous workout every day. "I've played a lot of sports before, and none have been as tough as wrestling practice; it really whipped me into shape," said senior Brent Maloney.

Another characteristic of wrestling that distinguished it, is the variety of sizes and ages a student could be to participate. "With only two seniors leading the team, we've got a lot of small students wrestling. Their size doesn't measure up to their dedication, they're little guys with big hearts. They really grow with the sport," said coach Richard Hilleary.

by Kellie Malinowski and
Jodi Couch



Robert Meyerson



Varsity Wrestling Front Row: Ben Freer, Darren Ohle, Chris Neblett, Dan Abe, Steve Patton; **Middle Row:** Jimmy Dutrow, Cal Kee, John Mumley, Darryl Stanton, Nathan Gibson, Chris Lee, Doug Quaderer; **Back Row:** Coach Helleary, Rob Meyerson, Damon Stewart, Shawn Dickerson, Brent Maloney, Shanon Pyktel, Melissa Seitz (manager)



J.V. Wrestling Front Row: Mark Delecourt, Eli Bishopp, Kelli Provo, Todd Westgate, Tony Bertrand, Rudy Jones, Tim La-Hockey, Chris Najum; **Middle Row:** Masa Abe, David Waters, Jeff McKinnon, Trevor Michealson, Chris Sagers, Bob Johnson, Jim Cowardin, Juan Escabar, Brian Nelson; **Back Row:** Coach Newell, Bobby Ferguson, Phillip Majors, William Majors, Josh Vinnie, Justin May, Tom Shin, Rebecca Tomez (Manager), Coach Hilleary.

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44	Brooke Point	24
24	Osborn Park	44
52	Brooke Point	12
56	Riverdale	18
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27	Stafford	24
52	Jameswood	6
33	Stafford	24
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64	G.W.Danville	12
12	Season Record	5
	Tie 1	

W		O
51	Potomac	18
44	Brooke Point	24
40	Stafford	39
51	N. Stafford	12
69	Osborn Park	12
36	Stonewall	30
6	Season Record	0



Roberto Santiago

TO PIN HIS OPPO-
nent, senior Rob Meyerson goes for his Stonewall opponent's wrist. Gaining wrist control helps to turnover the opponent onto his back and then pin.

"LOOK INTO MY
eyes!" Junior Phillip Majors stares at his opponent as he concentrates. Majors waited for the opportunity to shoot in for a take down against Stonewall.

Bodily Movements

Sharper! Keep your head up! Bigger smiles! Needs more attitude! Show your personality! Point those toes! No slide kicking! Stand up straight! Hands in fists, not blades! Those were just nine of the many phrases that were impounded into each girls' head.

The Vikette dance team consisted of 38 girls, under the direction of Mrs. Pam Coan Epler and Mrs. Ginny Schoegler. This was the largest the team had been in three years. The team had six captains and three ambassadors. Having such a large team had its pros and cons. "It makes a bigger impression at competitions and games if you have a big team. However it takes a lot more work to try and perfect our dances with so many girls" said senior Kara Wesley, ambassador.

Practices were held three times a week as well as on weekends and at

Vikettes Call it Routine Through Practice and Perfection

night. Weekend practices were held four times during the year for nine hours. During these practices, routines for basketball, football, and competition were learned and then polished. "I feel that the Vikettes do a good job. All the hard work and practice is worth it. When it's time for them to perform, it's not like other schools where no one watches them. Students here respect them and appreciate what they do. They're good crowd pleasers," said freshman Josh Whitham.

The Vikettes were state champions in their division, after competing at the American All-Star Dance competition. This entitled them to compete at Nationals in Nashville, Tennessee. They also competed at Miss Capital City in Baltimore, Maryland.

by Heather James



Vikettes Front Row: Karen Shull, Maggie Piczak, Heather James, Amy Burns, Tammy Tavares, Sarah Flannagan. **Second Row:** Maronetha Nesmith, Laura Rosynek, Melissa May, Angela Pi, Tricia Ricciuti, Michelle Ruch, Allison Johnston, Kelley Luciano, Stephanie Morris. **Third Row:** Kristin Ambery, Sabrina Carpenter, Angela Chapman, Dorie Pi, Natalie Myers, Karden Kelly, Kristin Legore, Megan Rossi, Tiffany Papul. **Back Row:** Melisa Shank, Lindsey Paul, Nicole Summers, Julie Burns, Holly Baker, Amelia Vernon, Andrea Flanagan, Kara Wesley, Dana Panepinto, Danielle Detwiler.

Vikettes Win Superior in Jazz, Pom, and Kick at Competition



Roberto Santiago



HIT THAT MOVE!

Freshman Maronetha Nesmith concentrates on hitting her moves sharply. Sharpness was an important part of dancing. It made the moves look better.



Roberto Santiago

SHAKE THOSE

poms! Senior Tammy Tavares concentrates on hitting the next move. Performing in the bleachers at pep rallies allowed a limited amount of space.



Roberto Santiago



Roberto Santiago

CHEESE IT! SENIOR

Stephanie Morris and freshman Kelley Luciano keep their big smiles while dancing to "My Sharona" at the homecoming football game.

"OK, TIME IS AL-

most up!" While waiting to perform their dance at a football game, freshmen Holly Baker and Julie Burns keep their smiles as they stay hooked up.

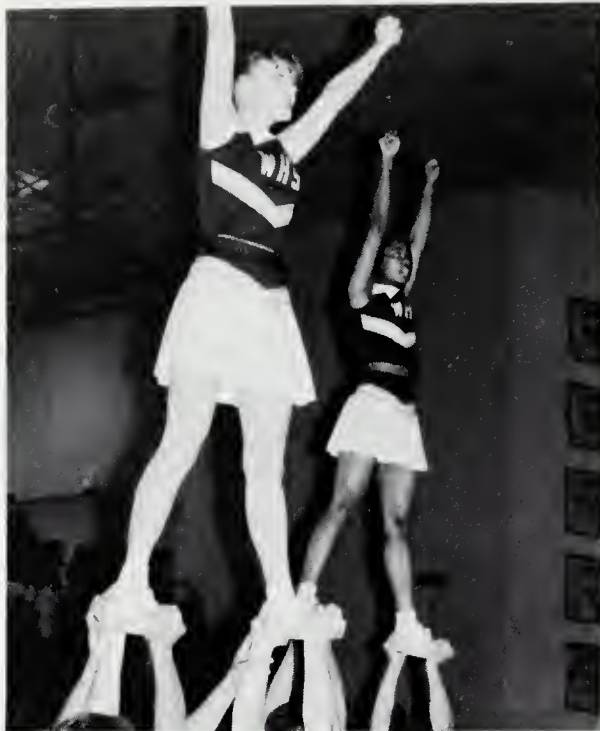
Vikettes

TOWERING HIGH

above the gym, seniors Elisabeth Moore and Vanessa Cantave stand in the V formation. Stunts were an exciting way to get students motivated before a game.

GONNA FLY NOW!

Senior Treva Greer is held in a Tennessee Turn by senior Jeff Bass. The cheerleaders used guys to experiment with new stunts for the homecoming game.



Roberto Santiago



Segal Magestic



Roberto Santiago

FULL OF PEP AND

spirit senior Rachel Woolfolk cheers the Vikes on to victory. The cheerleaders kept the crowd pumped during the football games.

GO, VIKES, GO! SEN-

ior Allison Kaplan leads the cheerleaders onto the floor during a pep rally, "Hey" was a routine performed to the music of the band.



Roberto Santiago

We've Got Spirit

Diversity of Talent and Hours of Hard Work Help

Excite-
ment
filled the

crowd as the cheerleaders performed their dance routine at the pep rally. Behind the bright smiles at games and pep rallies were hours of conditioning and perfecting cheers and techniques.

Aside from cheering at games and pep rallies, cheerleaders prepared for the district competition in March and tryouts for the All-American team. "We are looking forward to the competition because we are working with a choreographer from the George Mason cheerleaders," said senior Elisabeth Moore. Competition included

The Varsity Cheerleaders Invigorate the Crowd

cheering, dancing, and tumbling.

Conditioning was important for cheerleaders. "It makes me mad when people say that cheerleading is not a sport. We have to practice hard everyday and be good at gymnastics," said senior Krista Ludwig.

New members to the squad added strength and talent. "We gained seven new members this season. Our greatest strength is diversity of talent and our ability to cooperate in order to

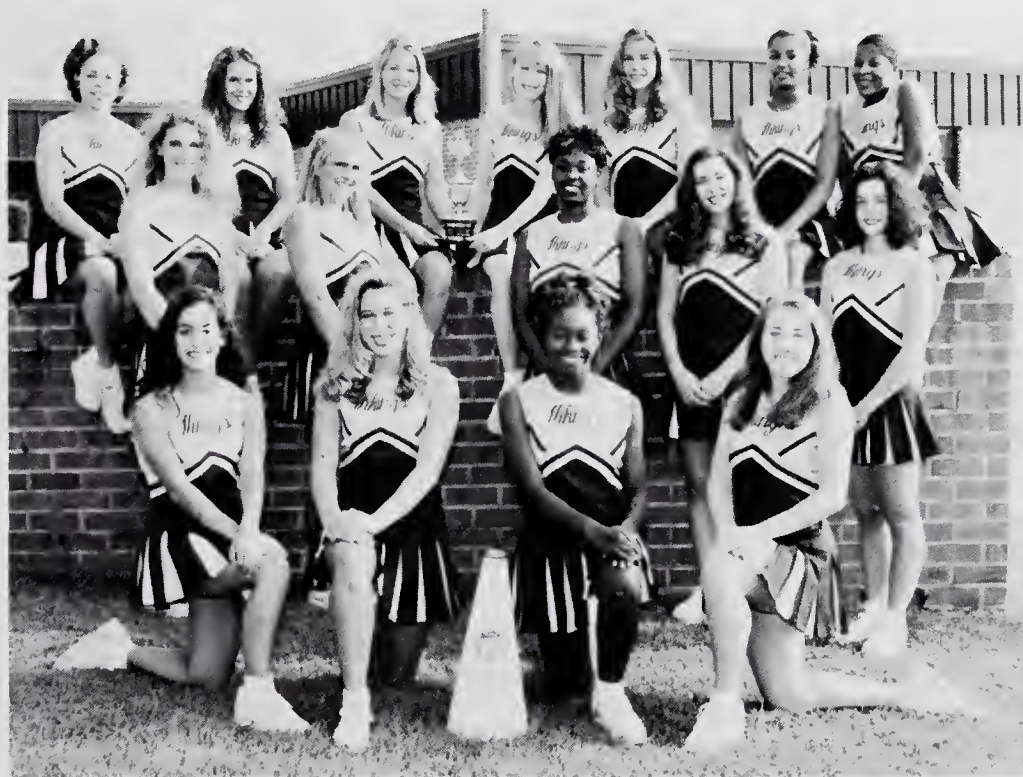
meet our
goals or
over-

come a problem," said junior Ashley Rinehart.

Honors were given to exceptional cheerleaders. Junior Lili Castilla was picked to be an All-American. "Being an All-American is basically an honor. We are invited to cheer at places like Hawaii and London. I want to cheer in college," said Castilla.

Cheerleading was a sport of practice, conditioning and bonding. Hours of work went into invigorating the crowd.

by Summer Stewart and
Leslianne Swanson



Varsity cheerleading **Front Row:** Lili Castilla, Jennifer Torre, Melissa Baker, Ashley Rinehart; **Middle Row:** Elizabeth Cowardin, Nora Houston, Tamica Green, Allison Kaplan, Heather Moor; **Back Row:** Rachel Woolfolk, Allison Nichols, Sydney Sentman, Elisabeth Moore, Krista Ludwig, Vanessa Cantave, Treva Greer.

The Varsity Cheerleaders received four awards at the National Cheerleading Association Camp. The squad received the Top Team Award, the Most Spirited Award, the Safety First Award, the Most Together Team Award, and walked away with Superior Performance Ribbons and the Spirit Stick.

Cheerful Chicks

The crowd went wild. Five minutes before the game against Gar-Field, the basketball team took the court. Waiting for them on the floor was the freshmen cheerleading squad. They chanted and clapped for the team as they prepared themselves for play.

The JV and Freshmen cheerleaders had already prepared themselves for the game. During the football and basketball seasons, they had practice three days a week and games the other two days. Unlike other athletics, the cheerleading season lasted the entire year. "People do not realize how hard we work. We have something almost every day. Our constitution is really strict. If we break rules, we have to run sprints or sit out a game," said sophomore Christina Bull.

After spending two hours practicing together, cheerleaders kept each

other full of spirit and pep. "Before games, we make signs and stuff for each other that say good luck to get each other pumped up and get rid of the nerves," said freshman Julie Nelson.

With Spirit on Their Side, They are Full of Cheer

Cheerleaders shared their spirit with the crowd and the teams they supported. "I had a lot of fun actually cheering at football games — not organized cheers, but when the crowd actually got into it and cheered with us," said freshman Jill Ingram.

Cheerleaders were at all home JV and Freshmen events. They also sold programs at varsity football games. Throughout the year, the girls made signs for the sports teams that were displayed in the main hallway. Cheerleaders did a variety of things to support teams.

by Tiffany Paul



JV Cheerleading Front Row: Elizabeth Gleaton, Emanita Dewitt, **Captain** Christina Bull, Carolyn Stegon; **Middle Row:** Rebekah Donahue, Danielle Eure, Shannon Peverill, Alexis Tompkins; **Back Row:** Jocelyn Park, **Captain** Jenni Gray, Lisa Hale, Amanda Boyle, Jenny Williamson.



Freshmen Cheerleading Front Row: **Captain** Jennifer Myers, **Captain** Shannon Tate; **Middle Row:** Wambaki Reel, Logan Garretson, **Captain** Melissa Hunt, Aubrey Poe, Melissa Ayers; **Back Row:** Aletia Anderson, Jill Ingram, Julie Nelson, Tiffany Yates, Erynne Brotherton.

JV and Freshmen placed 1st and 2nd in NCA's JV competition at camp



Bridgit Kelly



FANS, YELL GREEN

and gold! Green and gold, let's go! Freshman Wambaki Reel gets the crowd fired up. Cheerleaders were there for the crowd, as well as the team.



Segall Majestic Photography

LET'S GO VIKES!

Freshman Eryne Brotherton cheers on the freshmen football team. Freshmen cheerleaders spent Tuesdays and Thursdays after school supporting the team.



Segall Majestic Photography



Bridgit Kelly

GO! GO! DEFENSE,

go! Freshman Shannon Tate leads the cheerleaders in a cheer. Tate was one of the team captains, along with Jennifer Myers and Melissa Hunt.

ALWAYS COCA-CO-

la. After cheering at a game, sophomores Carolyn Stegon and Jenni Gray wait for a drink. Beverages helped to ease dry throats after cheering.

Exposing It All

When 3,000 Students Cram in, Pages are Left With No Vacancy Valhalla 1995 Staff

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Bridgit Kelly

Hold still. Senior April Suchland parts senior Nicole Lamond's hair with a pick after washing it. Suchland was preparing to trim Lamond's hair.

A day in the life of Ginger Dance, Beverly D'Baylor, and William Runamile, three friends with a pocket full of money and a car full of gas.

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Beginning their day, the bunch headed down Old Bridge Rd. for a blueberry bagel knot at Chesapeake Bagel Bakery. After filling up their bellies, the buds left to burn some. . .

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 Atop the 20 foot deck
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 could see Ginger and
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Ginger was in great need of a groovy new wardrobe, so the group gathered at Georgetown Cotton, and from there went to the Gap. Finally they stopped off at Sam Goody and bought Green Day and...

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In search of a place to
 rest, the girls went to
 the food court to in-
 dulse in ice cream.
 They shared a gigan-
 tic bowl of Irish-
 cream coffee ice
 cream with. . .

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Junior Mints sprin-
 kled on top. After get-
 ting filled with junk
 food, they jumped into
 their jade colored
 Jeep. They jetted to
 William's house to
 chill out. William's .
 . .

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Key wouldn't work.
 He kept trying to
 knock the door down,
 Beverly gave it a try
 and kicked the door
 open. They sat down
 and talked about the
 plans to go to kary-
 oke night at Carlos O'
 Kelly's. Feeling . . .

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Lackadaisical, the friends looked at highlights from Lalopalooza and licked lemon-flavored lollipops. They then decided to watch reruns of . . .

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News interruptions of the new 104th Congress. The trio had heard enough info on the new Congress in school and decided to get back to Melrose place. Right when Sidney was about to kiss Jake. . .

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O.J. Simpson's face flashed on the screen; another news interruption, but this time it was of the O.J. Simpson trial. The three-some watched the news broadcasts, because the trial was like a soap opera. In the middle of the prosecutors arguments Ginger's . . .

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Pager went off. It was her mother checking up on her. Ginger decided it was time for a snack and went on a . . .

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Quest for food. They quickly drove over to Dairy Queen to quiet their bellies with DQ shakes and Barbecue sandwiches . . .

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“Ready to leave,” William asked the other two. The girls hopped back in the jeep and decided to do a little bit more shopping. Since they were running low on funds they decided to be thrifty and shop at the . . .

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Salvation Army. Bev found a really stylin shirt for six bucks. Beverly bought a vel-vet slip dress and Ginger found 70ish shoes and a striped sweater. After purchasing their “new” clothes, they decided to skip over to the school’s . . .

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U.S. Open. Pete Sampras was playing Jim Courier, Bev's heart skipped a beat every time Pete's face was shown on the screen.

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Victory was gained by Sweet Petel! They met up with Ma Bell, Opie, Johnny Ryall, and Paul at Brittany's for . . .

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Editors Note

To the Editors: Your heart and soul has made the best book ever. Thanks for everything. To the Staff: Thanks for putting up with me during the deadlines and thanks for your help, the books look great. To Mrs. Moulen: I can't believe we survived. Thanks for everything and I hope the book is "consistent, but different." To Mr. Stanley (aka "the little helper"): Thanks for lightening up the room with jokes and sarcasm. The headlines look great in Academics. To Mr. Hearne: Thanks for letting me out of class every deadline day. You have no idea how much I appreciate it.

Tennis courts to work off those extra twinkies. Thinking they were terrific they aced, volleyed, and practiced their ground strokes and perfected their serves. The girls all psyched up from their game went to Beverly's house to watch the . . .

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Wing Night. The gang only paid a dime a wing. After Brittanys they headed over to the school library to . . .

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Xerox some info off of the internet that the school had recently gotten access to. Being at school reminded them of the excessive amount of homework awaiting them at home, half of which was due . . .

Xanten, Nicole 128

Yesterday. The trio decided to go home, and finish up all their work and also to catch up on some . . .

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Zzz's. The three friends decided that they would one day attempt another adventure. Zen again, maybe not.
 Z end.

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Colophon

The 1500 copies of the 1995 Valhalla were printed by Herff Jones Yearbook Company in Gettysburg, Pennsylvania. Each book cost \$35-\$40 due to a progressive price increase. Publishing Representative Annette Rollyson and Customer Service Adviser Barb Merson aided in publication.

The cover is a school-designed lithograph. The applied colors are forest HJ #350 and black HJ#950 and gold foil. The cover has been turned on 160 point binders board.

The end sheets are also school-designed. They are printed on 100# white vibracolor stock. The applied lithographic ink is forest #350. Cover and divider logos are printed in Brush Hand type.

The 326 pages are printed on 80# bordeaux enamel stock with 64 pages of four color process. The signatures are smythe sewn and have been rounded and backed. Body type is 10 point Century Schoolbook, captions are 8 point Century Schoolbook bolded, all headlines are printed in Brush Hand type.

All four color process senior portraits, black and white underclassmen and faculty portraits were taken by Segall Majestic Photography Studios based in Baltimore, Maryland.

The 1994 Valhalla received an All American rating with four Marks of Distinction from the National Scholastic Press Association; a First Place with two All-Columbian honors from the Columbia Scholastic Press Association; an All Southern from the Southern Interscholastic Press Association; and a Trophy Class award from the Virginia High School League.

The Valhalla Staff would like to thank Mr. Drew Stanley, our yearbook little helper, for all of the time he volunteered to help us. We would also like to thank him for lending us his computer expertise, we couldn't have done this without him.

Exhaust All Options

Confusion Spreads Like Wild

Fire, Melting Away the Snow

The 1994 *Farmer's Almanac* predicted that the winter of 1994 would be far worse than the winter of 1993. Their prediction never came true. Excessive snow and sleet plagued students' weekends, but all traces of winter weather disappeared by Monday morning. The weather caused long stretches of school days without breaks, resulting in cabin fever among students. The smell of grass and dirt permeated students' consciousness when mulch was spread around the school grounds. The mulch came from the excessive number of trees cut down to put in Old Bridge Elementary School. Heads spun and confusion rang clear as students with the last name initials of I, L, Q, U, R, Z, rotated between four guidance counselors in just one year. Rumors about the 4 x 4 block scheduling spread like wildfire as school officials held an excessive number of meetings and visits to investigate it. Students scheduled for eight classes instead of the traditional seven.



Bridgit Kelly



"It's been a hard day's night and I've been working like a dog. It's been a hard day's night, I should be sleeping like a log." Sophomore Janna Coyne takes a break from marching band practice to relax before practice starts again. Marching band practiced an excessive average of 10 hours a week, including practice at rehearsals and performing at football games. On Tuesdays, Wednesdays, and Thursdays they practiced from 3:00 pm to 4:30 pm. They devoted Fridays to run through the music they planned to play at the football games, practicing after school until 3:00 p.m. The marching band had to be back at the school at 6:00 pm to dress and warm up for the game. The band's pre-show performance, including the national Anthem, began at 7:45 p.m. They performed again with guard at halftime, and then sat in the stands, starting cheers like the "Hey" cheer to pump up the crowd. Their day finally ended at 10:30 pm.

In Excess



While taking a break from watching the Auto Mechanics display, junior Brodie Marrow shows his friend, sophomore Joe Mainey, the carburetor he assembled in his Auto Mechanics class.



Bridgit Kelly

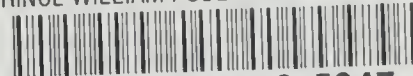
While sitting at the manufacturing display on Career Day, freshman Joey Card plays with the cars that his class both designed and built. Manufacturing used the display to encourage prospective students to enroll.





Nellamor Enriquez

"Sitting on the dock of the bay watching the tide roll away." The crew team boarded their shells on the dock of the Occoquan River, but they did much more than waste time. Crew practiced an average of 140 hours in only a seven week season. Every day after school, from 2:30 pm to 5:30 pm (and sometimes later weather permitting), crew practiced at the Oxford Boat House. Regattas were held on Saturdays from 7:00 am to 3:30 pm at the Sandy Run Boat House, a five minute row from their boat house, but a 20 minute drive. Lightweights had to watch their weight in order to be eligible to row. When rowers weighed in, those considered overweight (boys over 140 lbs and girls over 120 lbs) were not permitted to row. In order to keep their weight low, each boat held pasta parties each Friday night before regattas where all members of the boat would bring pasta and low fat foods to share.



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